








































Prevalence of adult overweight & obesity (%)














| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Afghanistan | Low income | 2018 | National | 18-69 | 25.90 | 11.90 | 25.60 | 23.50 | 25.80 | 17.00 |
|  Albania | Upper-middle income | 2022 | National | 16+ | 51.00 | 11.30 | 37.50 | 13.40 | 44.20 | 12.40 |
|  Algeria | Upper-middle income | 2016-2017 | National | 18-69 | 34.20 | 14.10 | 33.20 | 30.10 | 33.80 | 21.80 |
|  American Samoa | High income | 2017-2018 | National | 18+ | - | 77.10 | - | 82.70 | - | 80.20 |
|  Andorra | High income | 2017-2018 | National | 18-75 | 42.50 | 13.00 | 27.00 | 14.40 | 35.20 | 13.60 |
|  Angola | Lower-middle income | 2023-2024 | National | 20-49 | 8.80 | 2.60 | 17.90 | 9.40 | 13.40 | 6.00 |
|  Anguilla | | 2016 | National | 18-69 | 36.00 | 30.40 | 27.40 | 46.50 | 31.70 | 38.50 |
|  Antigua and Barbuda | High income | 1993 | | 40+ | - | 25.00 | - | 60.00 | - | 43.10 |
|  Argentina | Upper-middle income | 2018 | National | 18+ | 38.70 | 31.40 | 29.10 | 33.40 | 33.70 | 32.40 |
|  Armenia | Upper-middle income | 2016 | National | 18-69 | 31.40 | 14.00 | 25.10 | 25.00 | 28.20 | 19.50 |
|  Aruba | High income | 2023 | National | 18-69 | 35.80 | 42.80 | 30.90 | 48.00 | 32.90 | 45.80 |














| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|------------------|--|---|--|---|---|--|
|  Australia | High income | 2022-2023 | National | 18+ | 38.60 | 32.50 | 29.60 | 30.90 | 34.00 | 31.70 |
|  Austria | High income | 2022 | National | 18+ | 42.70 | 18.70 | 27.60 | 16.70 | 35.00 | 17.70 |
|  Azerbaijan | Upper-middle income | 2017-2018 | National | 18-69 | 38.80 | 14.70 | 30.90 | 26.50 | 34.80 | 20.60 |
|  Bahamas | High income | 2019 | National | 18-69 | 35.20 | 31.80 | 25.80 | 54.80 | 28.00 | 43.60 |
|  Bahrain | High income | 2018 | National | 18+ | 38.70 | 33.00 | 30.90 | 42.50 | 35.50 | 36.90 |
|  Bangladesh | Lower-middle income | 2022 | National | M: 20+; F: 20-49 | 18.10 | 1.90 | 30.00 | 8.40 | - | - |
|  Barbados | High income | 2011 | National | 25+ | 34.20 | 23.40 | 30.80 | 43.40 | 32.40 | 33.80 |
|  Belarus | Upper-middle income | 2020 | National | 18-69 | 39.40 | 16.60 | 28.70 | 21.20 | 34.10 | 18.90 |
|  Belgium | High income | 2023-2024 | National | 18+ | 36.20 | 16.90 | 29.20 | 17.20 | 32.70 | 17.00 |
|  Belize | Upper-middle income | 2017 | National | 20-55 | - | 31.20 | - | 49.40 | - | 40.90 |
|  Benin | Lower-middle income | 2017-2018 | National | 15-49 | - | - | 16.40 | 9.40 | - | - |
|  Benin | Lower-middle income | 2015 | National | 18-69 | 14.40 | 4.70 | 17.00 | 10.10 | 15.70 | 7.40 |















| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Bermuda | High income | 2013-2014 | National | 18+ | 49.60 | 29.40 | 29.60 | 40.00 | 40.20 | 34.40 |
|  Bhutan | Lower-middle income | 2023 | National | 15-69 | 33.60 | 8.60 | 33.10 | 16.90 | 33.30 | 12.50 |
|  Bolivia | Lower-middle income | 2019 | National | 18-69 | 39.10 | 20.80 | 35.10 | 31.80 | 37.10 | 26.20 |
|  Bosnia and Herzegovina | Upper-middle income | 2012 | National | 25-64 | 49.90 | 20.30 | 31.90 | 24.10 | 40.40 | 22.30 |
|  Botswana | Upper-middle income | 2024 | National | 18-69 | 19.00 | 7.50 | 28.60 | 31.30 | 24.90 | 22.20 |
|  Brazil | Upper-middle income | 2024 | Regional | 18+ | 40.50 | 24.40 | 33.90 | 26.70 | 36.90 | 25.70 |
|  British Virgin Islands | | 2009 | National | 25-64 | 45.00 | 28.40 | 32.20 | 43.90 | 39.20 | 35.50 |
|  Brunei Darussalam | High income | 2022-2023 | National | 18-69 | 36.90 | 23.90 | 30.50 | 39.20 | 33.30 | 32.40 |
|  Bulgaria | High income | 2022 | National | 18+ | 49.70 | 13.70 | 34.90 | 9.90 | 42.00 | 11.70 |
|  Burkina Faso | Low income | 2021 | National | 20-49 | - | - | 18.10 | 7.30 | - | - |
|  Burkina Faso | Low income | 2013 | National | 25-64 | 10.80 | 2.90 | 7.20 | 6.00 | 8.90 | 4.50 |
|  Burundi | Low income | 2016-2017 | National | 15-49 | - | - | 6.10 | 1.70 | - | - |













| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|-----------------|------------|--|---|--|---|---|--|
|  Cabo Verde | Upper-middle income | 2020 | National | 18-69 | 27.50 | 6.70 | 32.40 | 22.50 | 29.90 | 14.30 |
|  Cambodia | Lower-middle income | 2021-2022 | National | 20-49 | - | - | 26.30 | 6.30 | - | - |
|  Cambodia | Lower-middle income | 2010 | National | 25-64 | 10.50 | 1.10 | 16.30 | 2.70 | 13.50 | 1.90 |
|  Cameroon | Lower-middle income | 2018 | National | 15-49 | - | - | 23.50 | 13.60 | - | - |
|  Cameroon | Lower-middle income | 2003 | Regional | 15+ | 21.60 | 6.50 | 28.60 | 19.50 | 25.10 | 13.00 |
|  Canada | High income | 2022-2024 | National | 18-79 | 39.60 | 34.80 | 30.20 | 32.10 | 34.90 | 33.50 |
|  <i>Canary Islands (Sp.)</i> | | 2021 | <i>National</i> | <i>18+</i> | <i>37.93</i> | <i>18.14</i> | <i>33.02</i> | <i>18.05</i> | <i>35.44</i> | <i>18.10</i> |
|  <i>Caribbean Netherlands</i> | | 2021 | <i>National</i> | <i>15+</i> | <i>37.80</i> | <i>42.60</i> | <i>31.50</i> | <i>42.60</i> | <i>34.70</i> | <i>42.60</i> |
|  Cayman Islands | High income | 2023 | National | 18-69 | 41.00 | 24.60 | 32.70 | 41.10 | 37.00 | 32.70 |
|  Central African Republic | Low income | 2017 | Regional | 25-64 | 12.80 | 6.90 | 19.30 | 12.70 | 16.00 | 9.70 |
|  Chad | Low income | 2014-2015 | National | 15-49 | - | - | 9.00 | 2.50 | - | - |
|  Chad | Low income | 2007 | Regional | 25-64 | 21.50 | 8.40 | 23.80 | 19.90 | 22.90 | 13.70 |













| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|------------|-------|--|---|--|---|---|--|
|  Chile | High income | 2016-2017 | National | 15+ | 43.30 | 30.30 | 36.40 | 38.40 | 39.80 | 34.40 |
|  China | Upper-middle income | 2015 | National | 18-59 | 36.36 | 6.30 | 28.87 | 6.79 | 33.07 | 6.51 |
|  Colombia | Upper-middle income | 2022 | Urban only | 18-80 | 37.90 | 15.60 | 36.60 | 27.60 | 37.20 | 21.70 |
|  Comoros | Lower-middle income | 2012 | National | 15-49 | - | - | 24.60 | 11.80 | - | - |
|  Comoros | Lower-middle income | 2011 | National | 25-64 | 22.10 | 5.50 | 30.00 | 22.40 | 25.90 | 13.50 |
|  Congo | Lower-middle income | 2011-2012 | National | 15-49 | - | - | 17.30 | 8.80 | - | - |
|  Congo | Lower-middle income | 2004 | Regional | 25-64 | 15.50 | 2.50 | 22.10 | 15.00 | 18.70 | 8.60 |
|  Cook Islands | | 2022 | National | 18-69 | 18.30 | 74.20 | 16.10 | 76.80 | 17.60 | 75.00 |
|  Costa Rica | High income | 2008-2009 | National | 20-64 | 43.50 | 18.90 | 35.30 | 31.30 | 39.40 | 25.10 |
|  Cote d'Ivoire | Lower-middle income | 2021 | National | 20-49 | - | - | 24.10 | 14.70 | - | - |
|  Cote d'Ivoire | Lower-middle income | 2005 | National | 15-64 | 18.60 | 5.10 | 24.80 | 11.20 | 22.00 | 8.50 |















| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Croatia | High income | 2022 | National | 18+ | 49.30 | 21.10 | 33.90 | 12.70 | 41.30 | 16.70 |
|  Cuba | Upper-middle income | 2018-2019 | National | 15+ | 35.50 | 17.70 | 33.90 | 25.00 | 34.70 | 21.40 |
|  Cyprus | High income | 2022 | National | 18+ | 42.60 | 16.10 | 27.10 | 11.60 | 34.60 | 13.80 |
|  Czechia | High income | 2022 | National | 18+ | 45.50 | 18.50 | 32.30 | 17.10 | 38.70 | 17.80 |
|  Democratic Republic of Congo | Low income | 2023-2024 | National | 20-49 | 8.10 | 1.30 | 15.30 | 7.60 | 11.70 | 4.50 |
|  Denmark | High income | 2023 | National | 16+ | 40.40 | 18.10 | 28.40 | 19.20 | 34.20 | 18.70 |
|  Dominica | Upper-middle income | 2007-2008 | National | 15-64 | 20.90 | 8.60 | 29.20 | 32.70 | 24.90 | 20.20 |
|  Dominican Republic | Upper-middle income | 2013 | National | 15-49 | 27.80 | 13.00 | 29.70 | 20.80 | 28.10 | 16.60 |
|  Ecuador | Upper-middle income | 2018 | National | 18-69 | 39.40 | 20.30 | 36.50 | 30.90 | 37.90 | 25.70 |
|  Egypt | Lower-middle income | 2021-2022 | National | 15-49 | - | - | 30.10 | 55.80 | - | - |
|  Egypt | Lower-middle income | 2016-2017 | National | 15-69 | 29.00 | 24.80 | 25.30 | 48.80 | 27.30 | 35.70 |
|  El Salvador | Upper-middle income | 2014-2015 | National | 20+ | 39.50 | 19.50 | 36.60 | 33.20 | 37.90 | 27.30 |
|  England | | 2022 | National | 16+ | 39.00 | 28.00 | 31.00 | 30.00 | 35.00 | 29.00 |













| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|--------------------|--|---|--|---|---|--|
|  Equatorial Guinea | Upper-middle income | 2011 | National | M: 15-59; F: 15-49 | 18.70 | 4.50 | 25.00 | 12.70 | 21.40 | 8.30 |
|  Eritrea | Low income | 2010 | National | 15-49 | 3.50 | 0.40 | 4.80 | 1.20 | 4.20 | 0.80 |
|  Estonia | High income | 2022 | National | 18+ | 41.30 | 20.70 | 30.10 | 23.30 | 35.20 | 22.10 |
|  Eswatini | Lower-middle income | 2024 | National | 18-69 | 25.10 | 12.10 | 28.70 | 37.50 | 26.90 | 24.70 |
|  Ethiopia | Low income | 2016 | National | M: 15-59; F: 15-49 | 3.10 | 0.40 | 6.00 | 1.50 | 4.40 | 1.00 |
|  Falkland Islands (Islas Malvinas) | | 2019 | National | 18+ | 44.30 | 24.60 | 30.30 | 32.20 | - | - |
|  Federated States of Micronesia | Lower-middle income | 2023-2024 | Regional | 18+ | - | - | - | - | 24.00 | 57.90 |
|  Federated States of Micronesia | Lower-middle income | 2014 | Regional | 18-69 | 26.60 | 27.50 | 25.10 | 49.60 | 26.00 | 37.10 |
|  Fiji | Upper-middle income | 2024-2025 | National | 18-69 | 30.40 | 30.40 | 28.10 | 48.30 | 29.30 | 38.90 |
|  Finland | High income | 2023 | National | 20+ | 44.10 | 26.90 | 34.20 | 29.60 | 39.10 | 28.30 |
|  France | High income | 2022 | National | 18+ | 37.70 | 15.10 | 25.30 | 15.30 | 31.20 | 15.20 |
|  French Guiana | | 2019 | National | 15+ | 34.00 | 15.00 | 28.00 | 23.00 | 30.00 | 19.00 |
|  French Polynesia | High income | 2019-2021 | National | 18-69 | 30.60 | 49.20 | 24.40 | 53.10 | 27.50 | 51.10 |














| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Gabon | Upper-middle income | 2019-2021 | National | 15-49 | 20.90 | 8.00 | 23.30 | 24.70 | 22.10 | 16.20 |
|  Gambia | Low income | 2019 | National | 35+ | 21.30 | 3.90 | 27.90 | 20.20 | 24.60 | 12.00 |
|  Georgia | Upper-middle income | 2016 | National | 18-69 | 35.30 | 30.20 | 27.90 | 36.00 | 31.40 | 33.20 |
|  Germany | High income | 2019 | National | 18+ | 41.60 | 19.10 | 27.50 | 19.00 | 34.50 | 19.00 |
|  Ghana | Lower-middle income | 2023 | National | 18-69 | 15.20 | 4.50 | 26.90 | 22.80 | 20.90 | 13.40 |
|  Gibraltar (UK) | High income | 2021 | National | 16+ | 44.10 | 28.90 | 30.70 | 28.80 | 36.80 | 28.90 |
|  Greece | High income | 2022 | National | 18+ | 50.80 | 12.30 | 35.70 | 11.60 | 42.90 | 12.00 |
|  Greenland | High income | 2018 | National | 15-94 | - | 24.00 | - | 32.00 | - | 28.00 |
|  Grenada | Upper-middle income | 2010-2011 | National | 25-64 | 34.40 | 13.90 | 32.60 | 36.60 | 33.50 | 25.20 |
|  Guadeloupe | | 2019 | National | 15+ | 36.00 | 14.00 | 30.00 | 23.00 | 33.00 | 19.00 |
|  Guam | High income | 2023 | National | 18+ | 37.30 | 35.40 | 33.10 | 35.40 | 34.90 | 35.40 |
|  Guatemala | Upper-middle income | 2017 | National | 15-49 | - | - | 40.00 | 26.10 | - | - |
|  Guinea | Lower-middle income | 2018 | National | 15-49 | - | - | 18.20 | 8.40 | - | - |
|  Guyana | High income | 2016 | National | 18-69 | 25.80 | 14.00 | 27.80 | 34.00 | 26.70 | 23.60 |













| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Haiti | Lower-middle income | 2016-2017 | National | 15-49 | - | - | 20.50 | 11.20 | - | - |
|  Honduras | Lower-middle income | 2011-2012 | National | 15-49 | - | - | 29.20 | 22.10 | - | - |
|  Hong Kong | High income | 2020-2022 | National | 15-84 | 30.70 | 8.70 | 21.20 | 5.20 | 25.70 | 6.90 |
|  Hungary | High income | 2022 | National | 18+ | 40.70 | 24.60 | 32.10 | 20.00 | 36.20 | 22.20 |
|  Iceland | High income | 2019 | National | 18+ | 47.10 | 24.30 | 33.10 | 20.50 | 39.70 | 22.30 |
|  India | Lower-middle income | 2019-2021 | National | 15-49 | 18.90 | 4.00 | 17.60 | 6.40 | 18.30 | 5.20 |
|  Indonesia | Upper-middle income | 2013 | National | 19+ | 16.30 | 3.00 | 24.20 | 8.20 | 20.20 | 5.60 |
|  Iran | Upper-middle income | 2021 | National | 18+ | 39.60 | 17.20 | 36.80 | 31.20 | 38.10 | 25.00 |
|  Iraq | Upper-middle income | 2015 | National | 18+ | 33.10 | 25.60 | 30.60 | 42.60 | 31.90 | 33.50 |
|  Ireland | High income | 2023-2024 | National | 15+ | 41.00 | 22.00 | 30.00 | 20.00 | 35.00 | 21.00 |
|  Isle of Man | High income | 2019 | National | 18+ | 40.60 | 31.40 | 34.30 | 27.70 | 36.40 | 29.00 |
|  Israel | High income | 2018-2020 | National | 21+ | 43.00 | 18.90 | 33.70 | 16.60 | 38.30 | 17.70 |















| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|-----------------------------|-------|--|---|--|---|---|--|
|  Italy | High income | 2023-2024 | National | 18-69 | 40.70 | 11.20 | 24.60 | 9.60 | 32.60 | 10.40 |
|  Jamaica | Upper-middle income | 2016-2017 | National | 15-75 | 24.00 | 14.90 | 26.40 | 41.20 | 25.20 | 28.60 |
|  Japan | High income | 2023 | National | 20+ | 26.80 | 4.70 | 16.70 | 4.40 | 21.40 | 4.60 |
|  Jersey | | 2023 | National | 16+ | 38.00 | 22.00 | 28.00 | 20.00 | 33.00 | 21.00 |
|  Jordan | Lower-middle income | 2023 | National | 20-49 | - | - | 32.20 | 31.90 | - | - |
|  Jordan | Lower-middle income | 2017 | National | 18-90 | 41.20 | 36.10 | 29.10 | 48.20 | 44.70 | 32.70 |
|  Kazakhstan | Upper-middle income | 2012 | National | 15+ | 36.80 | 15.90 | 32.70 | 30.60 | 34.70 | 23.50 |
|  Kenya | Lower-middle income | 2022 | National | 20-49 | 14.60 | 4.20 | 27.50 | 17.30 | 21.10 | 10.80 |
|  Kiribati | Lower-middle income | 2018 | South Tarawa and Butaritari | 18+ | - | - | - | - | 28.60 | 56.70 |
|  Kiribati | Lower-middle income | 2015-2016 | National | 18-69 | 44.60 | 32.10 | 28.70 | 55.60 | 35.50 | 45.60 |
|  Kuwait | High income | 2024 | National | 19+ | - | 30.25 | - | 35.48 | 41.35 | 33.80 |
|  Kyrgyzstan | Lower-middle income | 2021 | National | 15-49 | - | - | 27.20 | 17.00 | - | - |













| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Kyrgyzstan | Lower-middle income | 2013 | National | 25-64 | 31.80 | 17.60 | 34.50 | 29.00 | 33.10 | 23.10 |
|  Laos | Lower-middle income | 2013 | National | 18-64 | 17.90 | 3.50 | 20.90 | 7.10 | 19.70 | 5.60 |
|  Latvia | High income | 2022 | National | 18+ | 42.20 | 21.90 | 33.20 | 24.40 | 37.10 | 23.30 |
|  Lebanon | Lower-middle income | 2023 | National | 15-49 | - | - | 28.60 | 25.00 | - | - |
|  Lebanon | Lower-middle income | 2016-2017 | National | 18-69 | 44.70 | 26.60 | 31.40 | 27.50 | 37.90 | 27.00 |
|  Lesotho | Lower-middle income | 2023-2024 | National | 20-49 | 15.30 | 4.60 | 26.50 | 35.40 | 21.00 | 20.40 |
|  Liberia | Low income | 2022 | National | 18-69 | 15.80 | 17.70 | 23.30 | 22.20 | 19.40 | 19.90 |
|  Libya | Upper-middle income | 2022-2023 | National | 18-69 | 30.00 | 22.00 | 25.70 | 36.30 | 27.90 | 28.90 |
|  Lithuania | High income | 2022 | National | 16+ | 43.10 | 19.80 | 34.20 | 20.70 | 38.20 | 20.30 |
|  Luxembourg | High income | 2022 | National | 18+ | 40.90 | 19.00 | 23.60 | 14.70 | 32.70 | 17.00 |
|  Madagascar | Low income | 2021 | National | 15-49 | - | - | 11.20 | 2.70 | - | - |
|  Madeira (Pt.) | | 2019-2020 | National | 18+ | 42.20 | 14.80 | 34.70 | 18.60 | 38.20 | 16.80 |
|  Malawi | Low income | 2024 | National | 20-49 | - | - | 19.90 | 8.20 | - | - |
|  Malawi | Low income | 2016 | Regional | 18+ | 11.00 | 2.00 | 22.00 | 13.00 | 16.60 | 7.60 |















| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Malaysia | Upper-middle income | 2024 | National | 18+ | 33.90 | 19.30 | 26.70 | 27.50 | 30.50 | 23.10 |
|  Maldives | Upper-middle income | 2020-2021 | National | 15-69 | 32.40 | 14.10 | 36.50 | 22.80 | 34.30 | 18.10 |
|  Mali | Low income | 2023-2024 | National | 20-49 | - | - | 21.40 | 12.90 | - | - |
|  Malta | High income | 2022 | National | 18+ | 41.00 | 29.00 | 31.20 | 23.00 | 36.30 | 26.10 |
|  Marshall Islands | Upper-middle income | 2023 | National | 18+ | - | - | - | - | 29.50 | 43.40 |
|  Marshall Islands | Upper-middle income | 2016-2017 | National | 15-49 | - | - | 27.60 | 45.10 | - | - |
|  Marshall Islands | Upper-middle income | 2002 | National | 15-64 | 33.20 | 26.60 | 28.30 | 37.10 | 30.90 | 31.60 |
|  Martinique | | 2019 | National | 15+ | 36.00 | 13.00 | 32.00 | 25.00 | 34.00 | 20.00 |
|  Mauritania | Lower-middle income | 2019-2021 | National | 15-49 | - | - | 26.90 | 26.90 | - | - |
|  Mauritania | Lower-middle income | 2006 | Regional | 15-64 | 23.20 | 8.60 | 27.90 | 31.50 | 25.70 | 20.90 |
|  Mauritius | Upper-middle income | 2015 | National | 18+ | 38.30 | 11.10 | 32.60 | 25.80 | 35.20 | 19.10 |
|  Mayotte | | 2019 | National | 15+ | 30.00 | 16.00 | 26.00 | 34.00 | 28.00 | 26.00 |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Mexico | Upper-middle income | 2023 | National | 20+ | 40.10 | 36.10 | 34.60 | 41.60 | 37.30 | 38.90 |
|  Moldova | Upper-middle income | 2021 | National | 18-69 | 49.40 | 21.40 | 33.00 | 24.00 | 41.20 | 22.70 |
|  Mongolia | Upper-middle income | 2023 | National | 15-49 | 40.40 | 17.00 | 35.00 | 18.00 | 37.70 | 17.50 |
|  Montenegro | Upper-middle income | 2022 | National | 16+ | 50.70 | 9.30 | 28.60 | 6.00 | 39.40 | 7.60 |
|  Morocco | Lower-middle income | 2017-2018 | National | 18+ | 31.60 | 11.00 | 34.40 | 29.00 | 33.00 | 20.00 |
|  Mozambique | Low income | 2024 | National | 18-69 | 12.70 | 5.00 | 23.30 | 14.90 | 19.30 | 11.20 |
|  Myanmar | Lower-middle income | 2017-2018 | National | 15-49 | 11.40 | 2.00 | 22.90 | 7.30 | 17.20 | 4.70 |
|  Namibia | Lower-middle income | 2013 | National | 15-49 | 8.10 | 3.40 | 18.30 | 13.20 | 13.30 | 8.40 |
|  Nauru | High income | 2023 | National | 15-49 | - | - | 16.10 | 60.60 | - | - |
|  Nauru | High income | 2004 | National | 15-64 | 26.50 | 55.70 | 21.80 | 60.50 | 24.10 | 58.10 |
|  Nepal | Lower-middle income | 2022 | National | 20-49 | 26.20 | 5.90 | 26.00 | 8.40 | 26.10 | 7.20 |
|  Netherlands | High income | 2024 | National | 20+ | 39.70 | 14.90 | 30.70 | 17.10 | 35.10 | 16.00 |
|  New Caledonia | High income | 2021 | National | 18-64 | 33.00 | 34.00 | 23.00 | 42.00 | 28.10 | 38.40 |



| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  New Zealand | High income | 2024-2025 | National | 15+ | 37.90 | 32.50 | 28.60 | 35.80 | 33.20 | 34.20 |
|  Nicaragua | Lower-middle income | 2007-2009 | Regional | 20-60 | 30.90 | 11.90 | 34.70 | 29.80 | 33.10 | 22.00 |
|  Niger | Low income | 2021 | National | 18-69 | 7.70 | 3.90 | 12.50 | 6.30 | 9.80 | 4.90 |
|  Nigeria | Lower-middle income | 2023-2024 | National | 20-49 | - | - | 18.80 | 11.20 | - | - |
|  Nigeria | Lower-middle income | 1991-1994 | | 20+ | - | 6.50 | - | 9.10 | - | 7.80 |
|  Niue | | 2025 | National | 15-69 | 24.50 | 65.50 | 14.70 | 76.50 | 19.70 | 70.90 |
|  North Macedonia | Upper-middle income | 2017 | National | 18+ | 53.30 | 11.10 | 37.20 | 9.90 | 45.20 | 10.50 |
|  Northern Ireland | | 2024-2025 | National | 16+ | 44.00 | 29.00 | 29.00 | 31.00 | 36.00 | 30.00 |
|  Northern Mariana Islands | High income | 2023 | National | 18+ | - | - | - | - | 31.00 | 41.00 |
|  Norway | High income | 2022 | National | 18+ | 42.00 | 18.30 | 30.90 | 15.10 | 36.70 | 16.80 |
|  Oman | High income | 2017 | National | 18+ | 40.10 | 23.20 | 30.00 | 39.30 | 35.50 | 30.70 |
|  Pakistan | Lower-middle income | 2018 | National | 15-49 | - | - | 24.20 | 13.90 | - | - |












| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Pakistan | Lower-middle income | 2013-2014 | Regional | 18-69 | 26.50 | 12.10 | 26.10 | 17.10 | 26.40 | 14.90 |
|  Palau | High income | 2023 | National | 18+ | - | - | - | - | 33.20 | 42.40 |
|  Palau | High income | 2011-2013 | National | 25-64 | 35.10 | 40.30 | 30.60 | 45.40 | 32.90 | 42.90 |
|  Palestine | Lower-middle income | 2022 | National | 18-69 | 31.40 | 24.70 | 28.10 | 38.80 | 29.80 | 31.60 |
|  Panama | High income | 2019 | National | 18+ | 39.60 | 27.70 | 33.30 | 42.30 | 36.40 | 36.30 |
|  Papua New Guinea | Lower-middle income | 2007-2008 | National | 15-64 | 25.20 | 5.10 | 25.20 | 8.70 | 25.30 | 6.80 |
|  Paraguay | Upper-middle income | 2022 | National | 18-69 | - | 27.50 | - | 37.50 | - | 32.40 |
|  Peru | Upper-middle income | 2024 | National | 15+ | 37.40 | 21.10 | 35.70 | 29.90 | 36.50 | 25.70 |
|  Philippines | Lower-middle income | 2021-2022 | National | 20-59 | 28.30 | 7.30 | 31.70 | 12.20 | 30.20 | 10.00 |
|  Poland | High income | 2025 | National | 20+ | 48.80 | 15.30 | 35.70 | 12.60 | 41.90 | 13.90 |
|  Portugal | High income | 2022 | National | 18+ | 42.90 | 16.00 | 32.30 | 15.60 | 37.20 | 15.80 |
|  Puerto Rico | High income | 2023 | National | 18+ | 37.30 | 34.20 | 33.10 | 37.60 | 35.10 | 36.00 |
|  Qatar | High income | 2012 | National | 18-64 | 32.30 | 39.50 | 25.10 | 43.20 | 28.70 | 41.40 |
|  Reunion | | 2019 | National | 15+ | 30.00 | 12.00 | 27.00 | 20.00 | 28.00 | 16.00 |



| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|-----------------------|-------|--|---|--|---|---|--|
|  Romania | High income | 2022 | National | 18+ | 58.10 | 10.40 | 41.40 | 10.20 | 49.40 | 10.30 |
|  Russian Federation | High income | 2020-2022 | National (15 regions) | 35-74 | 44.00 | 30.00 | 33.70 | 39.50 | 38.40 | 35.20 |
|  Rwanda | Low income | 2021-2022 | National | 18-69 | 10.20 | 1.30 | 18.60 | 7.40 | 14.30 | 4.30 |
|  Saint Kitts and Nevis | High income | 2007-2008 | National | 25-64 | 36.20 | 37.90 | 30.50 | 52.50 | 33.50 | 45.00 |
|  Saint Lucia | Upper-middle income | 2019-2020 | National | 18-69 | 29.40 | 20.60 | 30.70 | 46.10 | 30.10 | 34.90 |
|  Saint Vincent and the Grenadines | Upper-middle income | 2013-2014 | National | 18-69 | 28.10 | 13.20 | 26.40 | 40.80 | 27.30 | 26.90 |
|  Samoa | Upper-middle income | 2019-2020 | National | 15-49 | - | - | 18.50 | 66.90 | - | - |
|  Samoa | Upper-middle income | 2013 | National | 18-64 | 35.00 | 44.80 | 21.80 | 68.60 | 28.90 | 55.80 |
|  Sao Tome and Principe | Lower-middle income | 2008 | National | 25-64 | 21.40 | 6.60 | 25.10 | 16.50 | 23.30 | 11.70 |
|  Saudi Arabia | High income | 2024 | National | 15+ | 46.30 | 22.80 | 42.60 | 23.50 | 45.10 | 23.10 |
|  Scotland | | 2024 | National | 16+ | 41.00 | 27.00 | 28.00 | 35.00 | 34.00 | 31.00 |
|  Senegal | Lower-middle income | 2015 | National | 18-69 | - | - | - | - | 15.80 | 6.40 |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Senegal | Lower-middle income | 2010-2011 | National | 15-49 | 6.10 | 1.00 | 15.50 | 5.80 | 10.90 | 3.50 |
|  Serbia | Upper-middle income | 2022 | National | 18+ | 50.70 | 13.90 | 31.60 | 9.50 | 40.90 | 11.70 |
|  Seychelles | High income | 2023 | National | 18-74 | 32.60 | 27.20 | 28.90 | 48.60 | 31.00 | 38.00 |
|  Sierra Leone | Low income | 2021 | National | 15-49 | - | - | 27.80 | 13.10 | - | - |
|  Sierra Leone | Low income | 2013 | National | 15-49 | 6.70 | 1.50 | 13.40 | 5.00 | 10.10 | 3.30 |
|  Singapore | High income | 2023-2024 | National | 18-74 | 33.90 | 13.10 | 21.10 | 12.30 | 27.40 | 12.70 |
|  Slovakia | High income | 2022 | National | 18+ | 51.30 | 19.40 | 32.00 | 15.00 | 41.30 | 17.10 |
|  Slovenia | High income | 2022 | National | 18+ | 43.80 | 21.90 | 32.50 | 14.20 | 37.80 | 17.90 |
|  Solomon Islands | Lower-middle income | 2015 | National | 15-49 | 25.50 | 8.80 | 29.50 | 17.90 | 27.50 | 13.10 |
|  Somalia | Low income | 2019 | National | 15-49 | - | - | 24.40 | 15.10 | - | - |
|  South Africa | Upper-middle income | 2021-2022 | National | 18+ | 22.90 | 15.30 | 26.60 | 41.30 | 25.30 | 32.10 |
|  South Korea | High income | 2022 | National | 20+ | 40.50 | 8.63 | 23.50 | 5.71 | 32.30 | 7.28 |
|  Spain | High income | 2023-2024 | National | 18+ | 47.00 | 15.20 | 32.90 | 15.10 | 39.80 | 15.20 |
|  Sri Lanka | Lower-middle income | 2022 | National | 18-60 | 25.60 | 6.40 | 29.60 | 12.60 | 27.70 | 9.60 |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Sudan | Low income | 2016 | National | 18-69 | 15.90 | 6.70 | 20.70 | 14.90 | 17.90 | 10.30 |
|  Suriname | Upper-middle income | 2016-2017 | National | 20+ | 38.50 | 17.00 | 33.30 | 27.00 | - | - |
|  Sweden | High income | 2024 | National | 16-84 | 40.60 | 18.00 | 29.90 | 18.40 | 35.30 | 18.20 |
|  Switzerland | High income | 2022 | National | 16+ | 39.80 | 14.70 | 24.00 | 12.10 | 31.80 | 13.40 |
|  Syrian Arab Republic | Low income | 2003 | National | 20-65 | 37.30 | 15.50 | 31.10 | 22.50 | 34.20 | 18.90 |
|  Taiwan | High income | 2013-2014 | National | 19+ | - | - | - | - | - | 8.20 |
|  Taiwan | High income | 2003-2006 | National | 19+ | - | 6.10 | - | 6.40 | - | 6.20 |
|  Tajikistan | Lower-middle income | 2023 | National | 20-49 | - | - | 30.70 | 18.70 | - | - |
|  Tajikistan | Lower-middle income | 2016-2017 | National | 18-69 | 37.80 | 11.90 | 27.80 | 15.40 | 33.20 | 13.50 |
|  Tanzania | Lower-middle income | 2022 | National | 20-49 | 13.30 | 3.40 | 21.80 | 14.00 | 17.60 | 8.70 |
|  Thailand | Upper-middle income | 2024-2025 | National | 15+ | 29.30 | 12.80 | 29.60 | 18.10 | 29.50 | 15.60 |
|  Timor-Leste | Lower-middle income | 2016 | National | 15-49 | 8.30 | 1.50 | 5.30 | 0.70 | 6.80 | 1.10 |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  Togo | Low income | 2021-2022 | National | 18-69 | 14.70 | 5.30 | 23.30 | 18.10 | 19.10 | 11.70 |
|  Tokelau | | 2005 | National | 15-64 | 24.30 | 58.60 | 21.50 | 67.80 | 22.80 | 63.40 |
|  Tonga | Upper-middle income | 2017 | National | 18-69 | 22.80 | 66.80 | 12.30 | 82.80 | 16.10 | 77.10 |
|  Trinidad and Tobago | High income | 2024 | National | 18-69 | 29.30 | 24.90 | 28.40 | 39.30 | 28.90 | 31.60 |
|  Tunisia | Lower-middle income | 1997 | National | 20-60 | 23.30 | 6.70 | 28.20 | 22.70 | - | - |
|  Turkey | Upper-middle income | 2023 | National | 15+ | 41.30 | 20.00 | 29.70 | 30.80 | 35.50 | 25.40 |
|  Turkmenistan | Upper-middle income | 2018 | National | 18-69 | 38.40 | 12.70 | 27.90 | 17.50 | 33.40 | 15.00 |
|  Tuvalu | Upper-middle income | 2015 | National | 18-69 | 27.00 | 70.70 | 18.50 | 55.20 | 23.20 | 62.20 |
|  Uganda | Low income | 2023 | National | 18-69 | 10.70 | 6.20 | 18.40 | 12.30 | 14.60 | 9.30 |
|  Ukraine | Upper-middle income | 2019 | National | 18-69 | 37.80 | 20.10 | 30.40 | 29.80 | 34.30 | 24.80 |
|  United Arab Emirates | High income | 2017-2018 | National | 18-69 | 45.70 | 25.10 | 34.30 | 30.60 | 40.10 | 27.80 |
|  United Kingdom | High income | 2014 | National | 18+ | 40.50 | 19.80 | 31.40 | 20.40 | 35.60 | 20.10 |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|--|---------------------|-----------|----------|-------|--|---|--|---|---|--|
|  United States | High income | 2021-2023 | National | 20+ | 36.20 | 38.40 | 28.60 | 41.30 | 32.10 | 40.30 |
|  Uruguay | High income | 2013-2014 | National | 15-64 | 38.60 | 22.10 | 31.30 | 25.10 | 34.80 | 23.70 |
|  Uzbekistan | Lower-middle income | 2019 | National | 18-69 | 34.00 | 21.50 | 31.80 | 25.50 | 32.90 | 23.50 |
|  Vanuatu | Lower-middle income | 2023 | National | 15-49 | - | - | 30.60 | 23.50 | - | - |
|  Vanuatu | Lower-middle income | 2013 | National | 15-49 | 24.80 | 11.10 | 30.80 | 18.80 | 27.80 | 14.90 |
|  Venezuela | | 2014-2017 | National | 20+ | 38.20 | 22.20 | 31.20 | 26.70 | 34.50 | 24.60 |
|  Vietnam | Lower-middle income | 2021 | National | 18-69 | 17.20 | 2.10 | 17.50 | 2.20 | 17.40 | 2.10 |
|  Wales | | 2024-2025 | National | 16+ | 43.90 | 24.20 | 31.00 | 25.10 | 37.30 | 24.70 |
|  Wallis and Futuna | | 2019 | National | 18-69 | 23.80 | 66.70 | 16.60 | 73.70 | 20.00 | 70.40 |
|  Yemen | Low income | 2013 | National | 15-49 | - | - | 15.70 | 8.00 | - | - |
|  Zambia | Lower-middle income | 2024 | National | 20-49 | - | - | 22.40 | 10.70 | - | - |

| Country | Income group | Year | Area | Age | Males Overweight (BMI 25-29.9kg/m ²) | Males Obesity (BMI ≥30kg/m ²) | Females Overweight (BMI 25-29.9kg/m ²) | Females Obesity (BMI ≥30kg/m ²) | All adults Overweight (BMI 25-29.9kg/m ²) | All adults Obesity (BMI ≥30kg/m ²) |
|---|---------------------|------|----------|-------|--|---|--|---|---|--|
|  Zambia | Lower-middle income | 2017 | National | 18-69 | 13.20 | 3.00 | 20.20 | 12.30 | 16.70 | 7.50 |
|  Zimbabwe | Lower-middle income | 2015 | National | 15-49 | 9.70 | 2.30 | 22.30 | 12.60 | 16.30 | 7.70 |

[For individual source references, please refer to the country's obesity prevalence page via the interactive map.](#)

Data in italics is self-reported.

Due to limited data availability not all surveys are directly comparable, see further survey details for information.

Date last updated March 9, 2026