



WHO - západní Pacifik

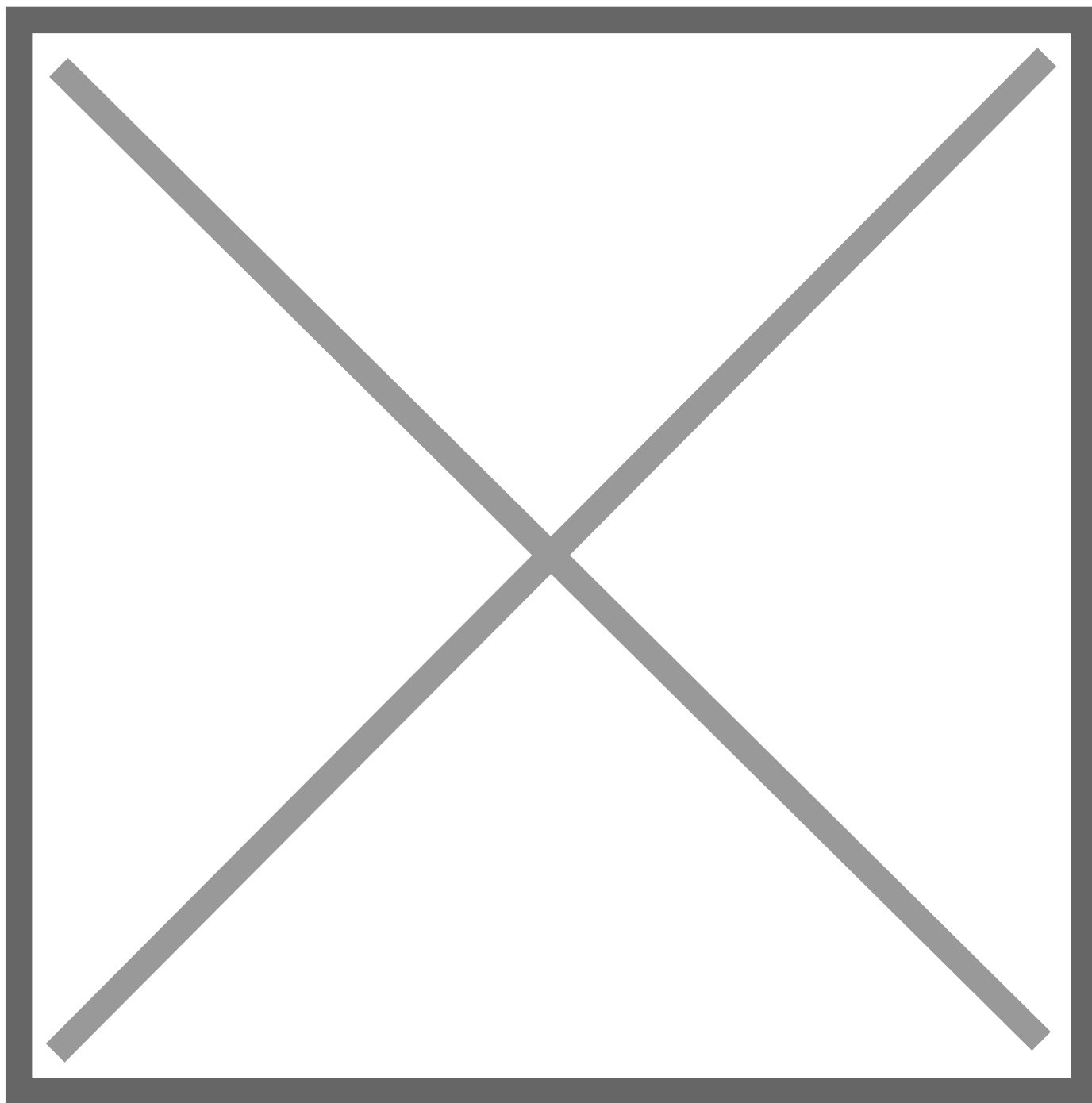
Regional report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-western-pacific-region-7/>.

Prevalence obezity

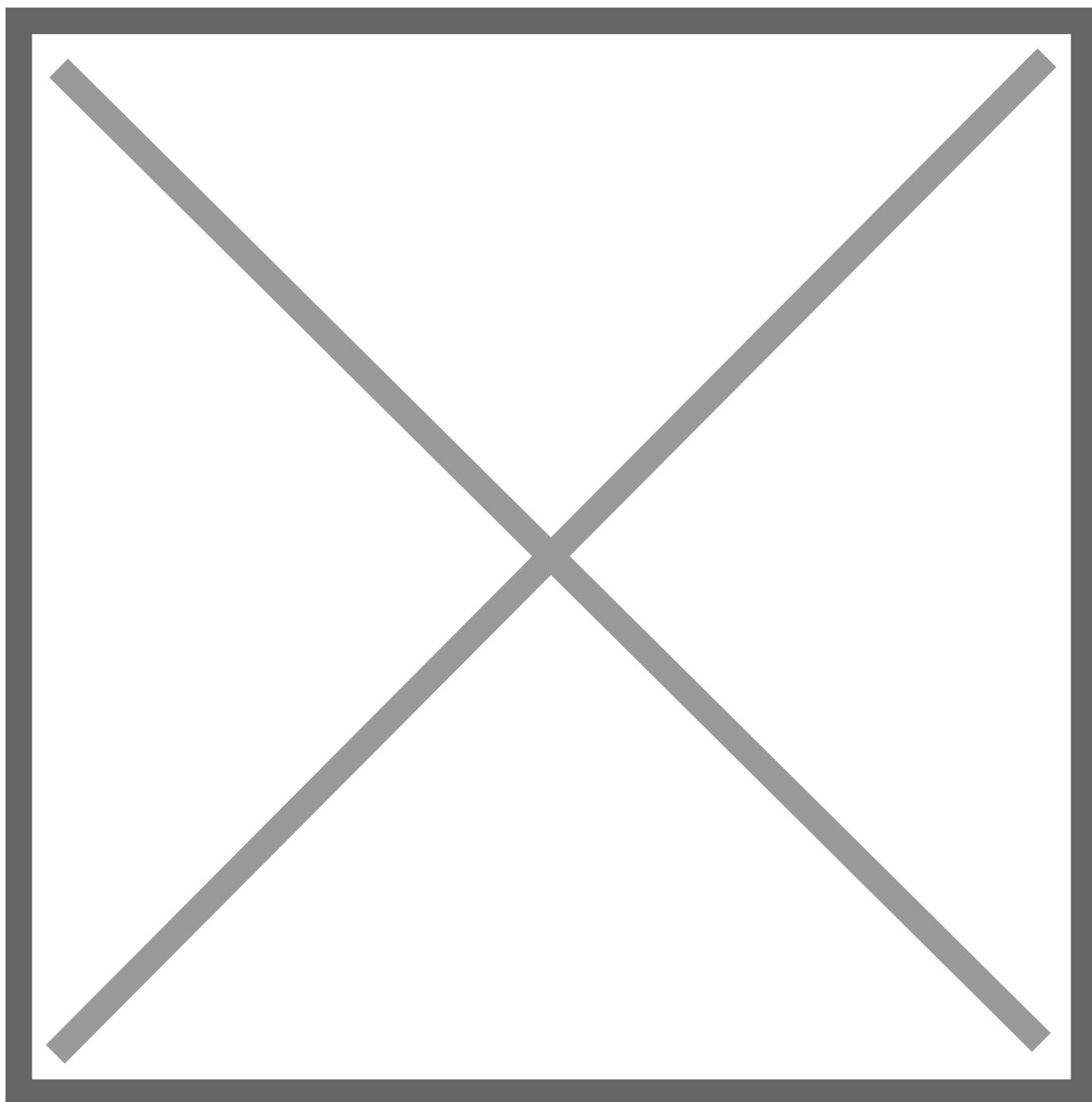
Dospívá I

**Poznámky:**

Different methodologies have been used to collect this data and so it is not strictly comparable.

Pokud není uvedeno jinak, nadváha znamená BMI mezi 25 a 29,9 kg/m², obezita znamená BMI vyšší než 30 kg/m².

Muži

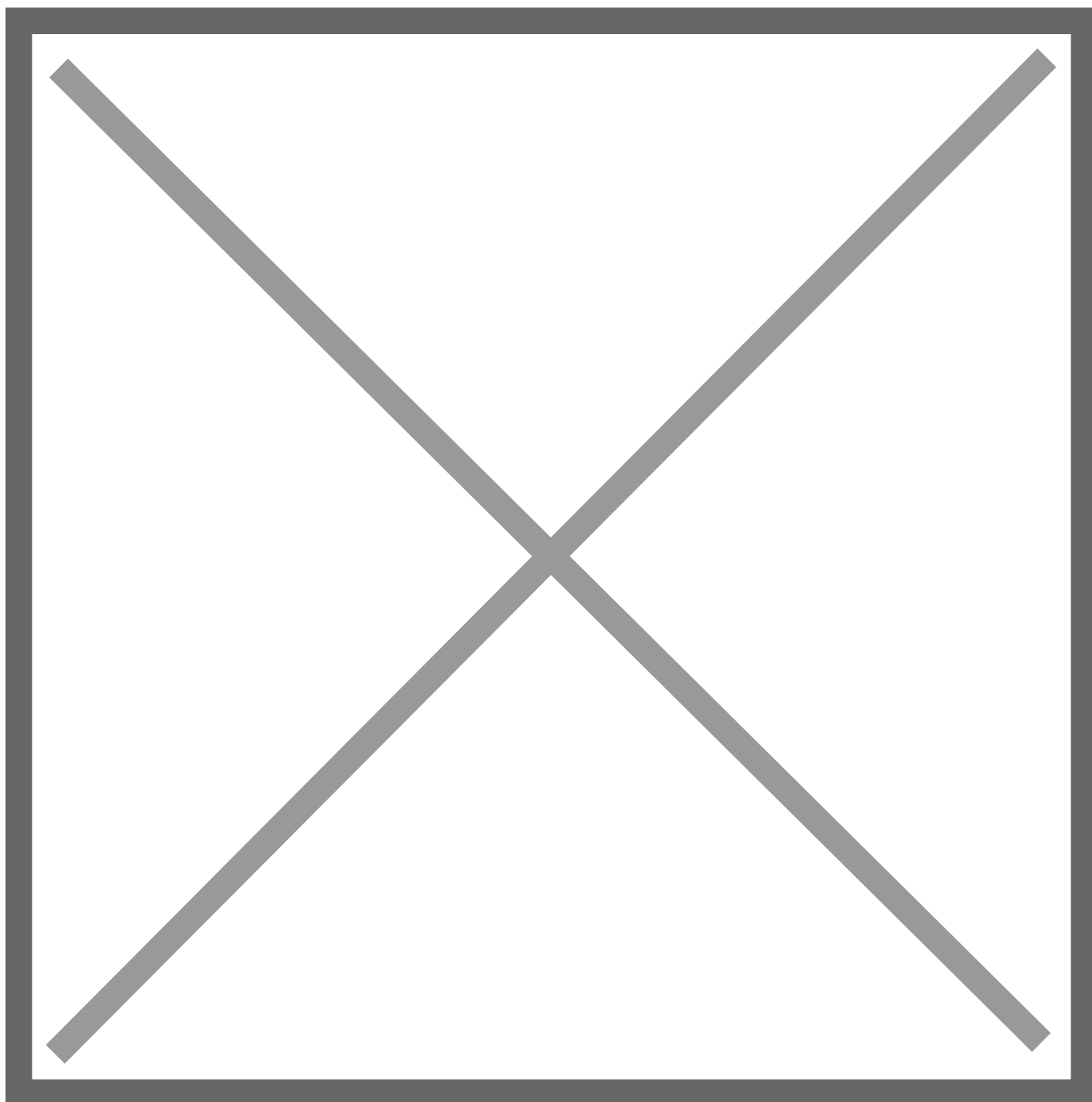


Poznámky:

Different methodologies have been used to collect this data and so it is not strictly comparable.

Pokud není uvedeno jinak, nadvěšha znamená BMI mezi 25 a 29,9 kg/m², obezita znamená BMI vyšší než 30 kg/m².

Ā½eny



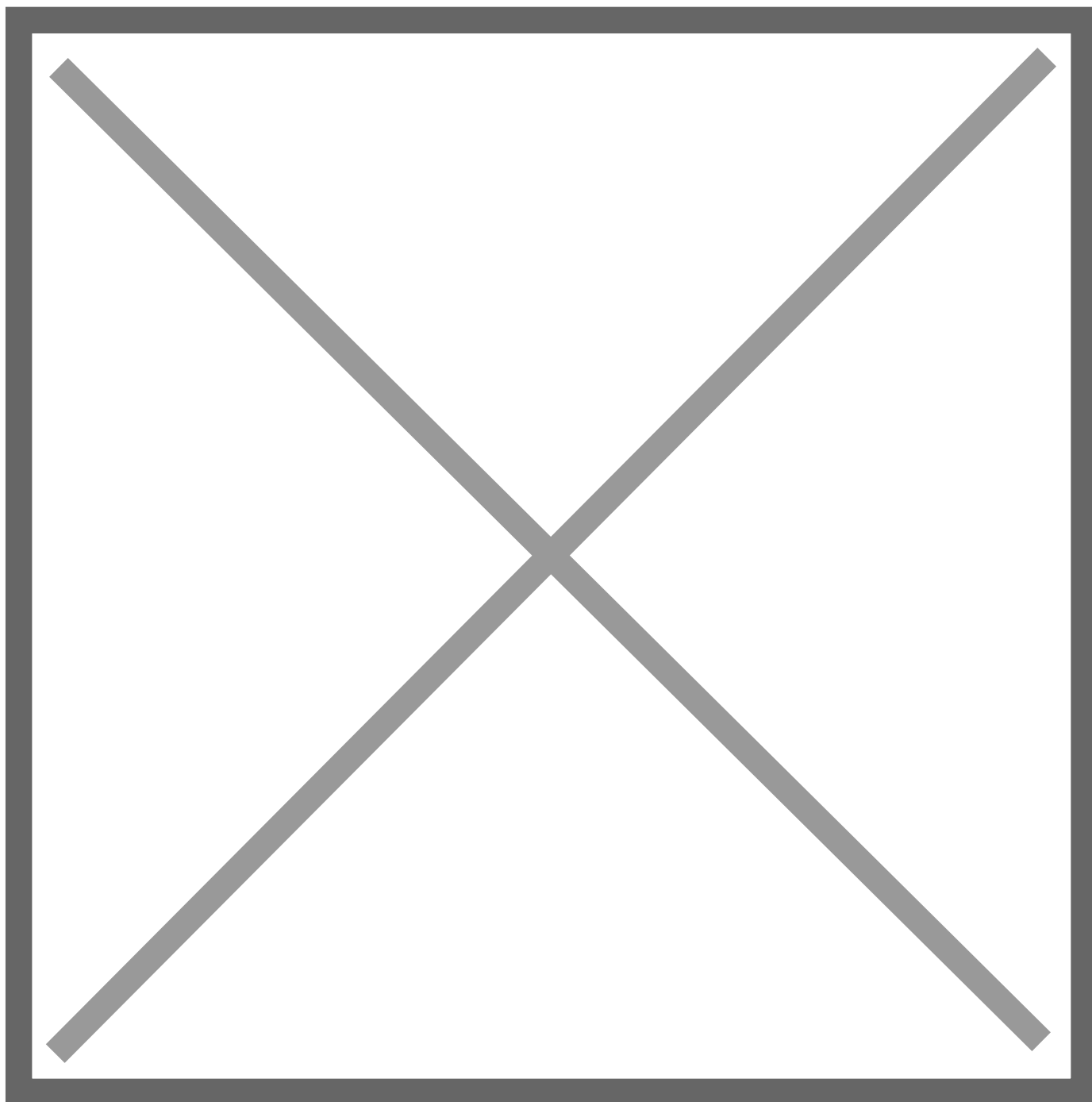
Poznámky:

Different methodologies have been used to collect this data and so it is not strictly comparable.

Pokud nenĀ uvedeno jinak, nadvĀĭha znamenĀ; BMI mezi 25Ā aĀ 29,9Ā kg/mĀ², obezita znamenĀ; BMI vyĀĀĀ neĀ¼ 30Ā kg/mĀ².

Nedostatek nář aktivita

Dospělí IŘ, 2016-2022



Typ
průzkumu:

Samohlášená

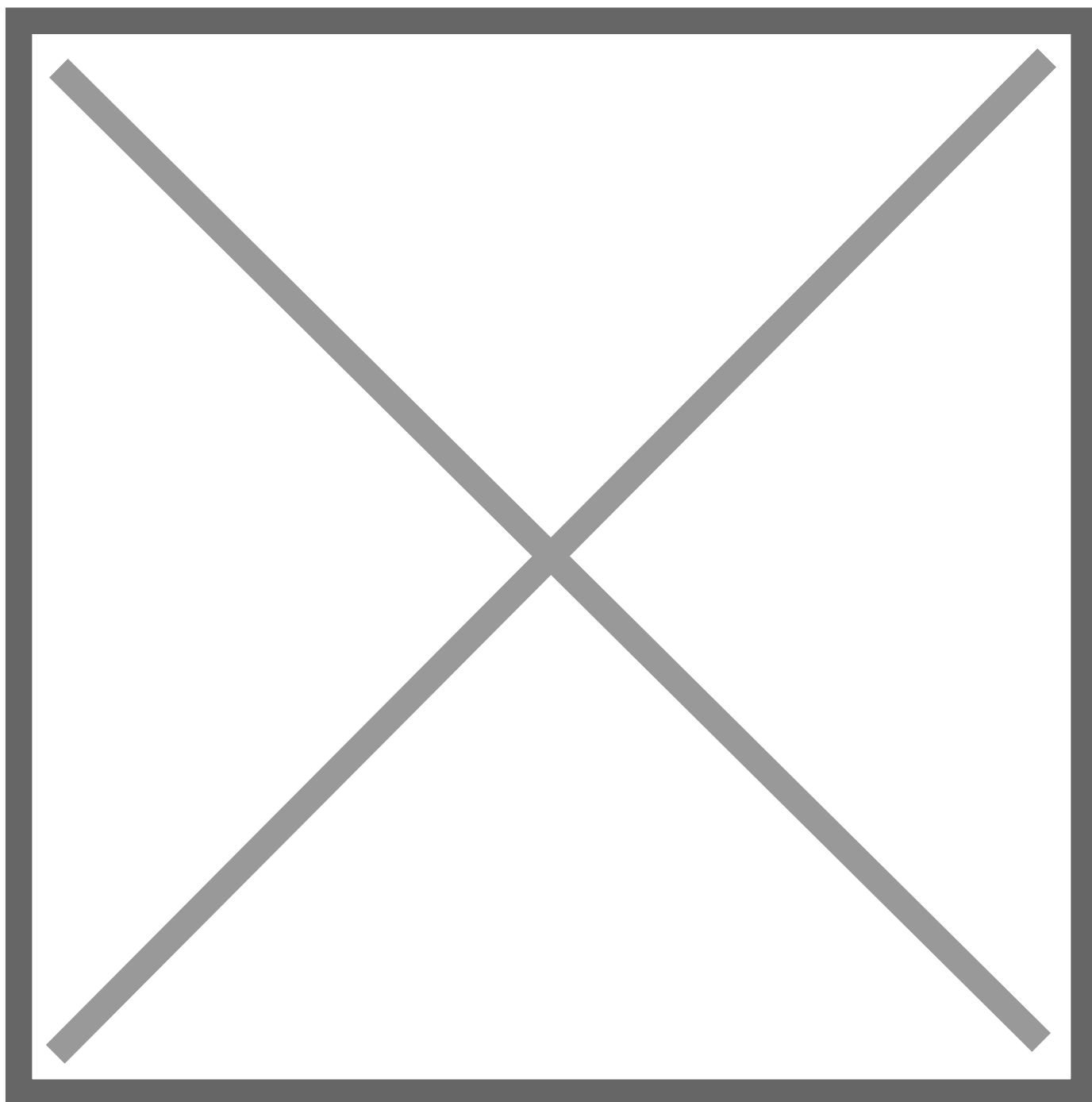
Pokrytá
oblast:

Národní

Reference: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definice (k dispozici pouze v angličtině): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Muži, 2016-2022



**Typ
průzkumu:**

Samohlášení

**Pokrytí
oblast:**

Národní

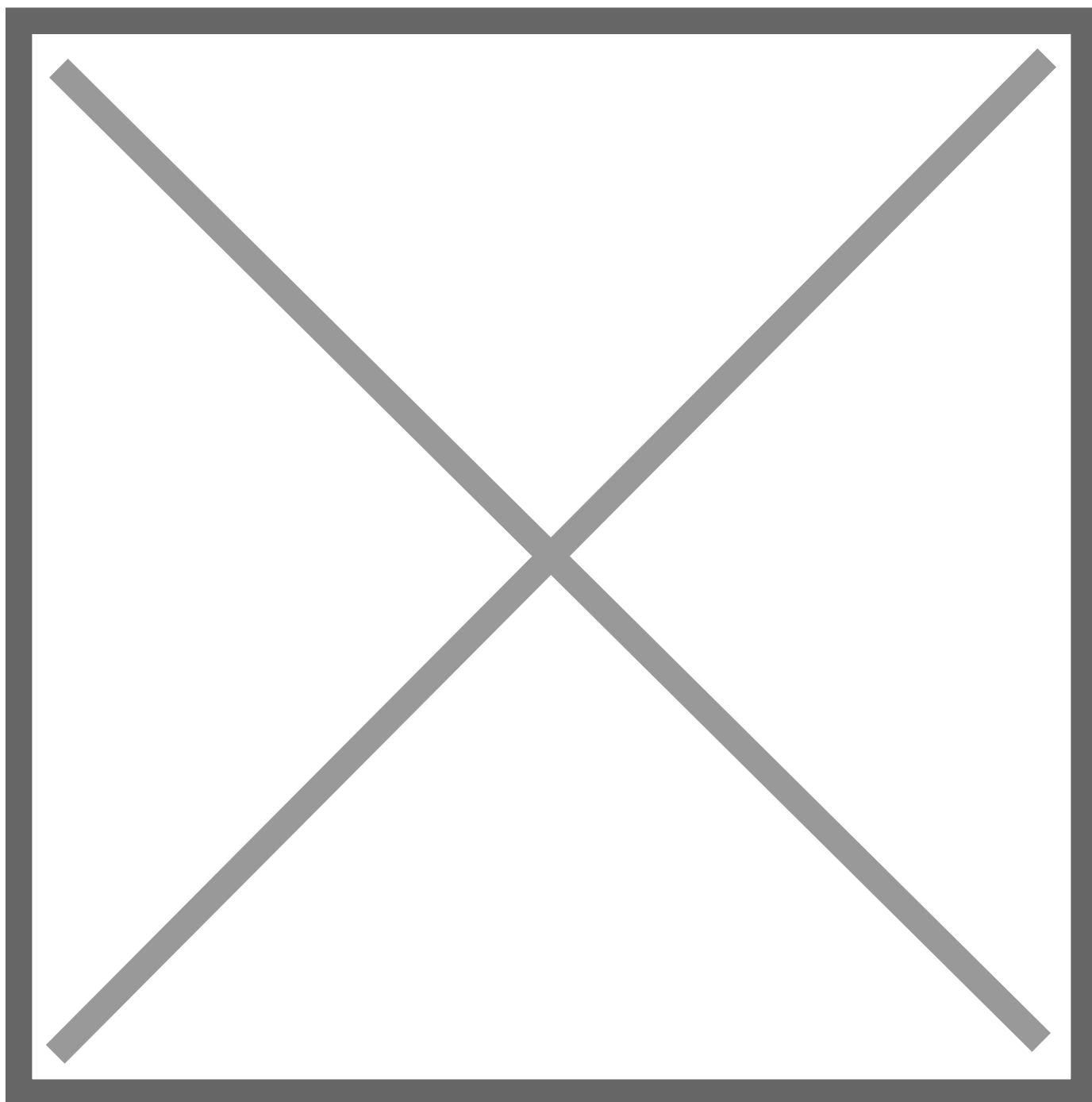
Reference:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definice
(k dispozici
pouze
v angličtině):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Á½eny, 2016-2022



**Typ
průzkumu:**

Samohlášení

**Pokrytí
oblast:**

Národní

Reference:

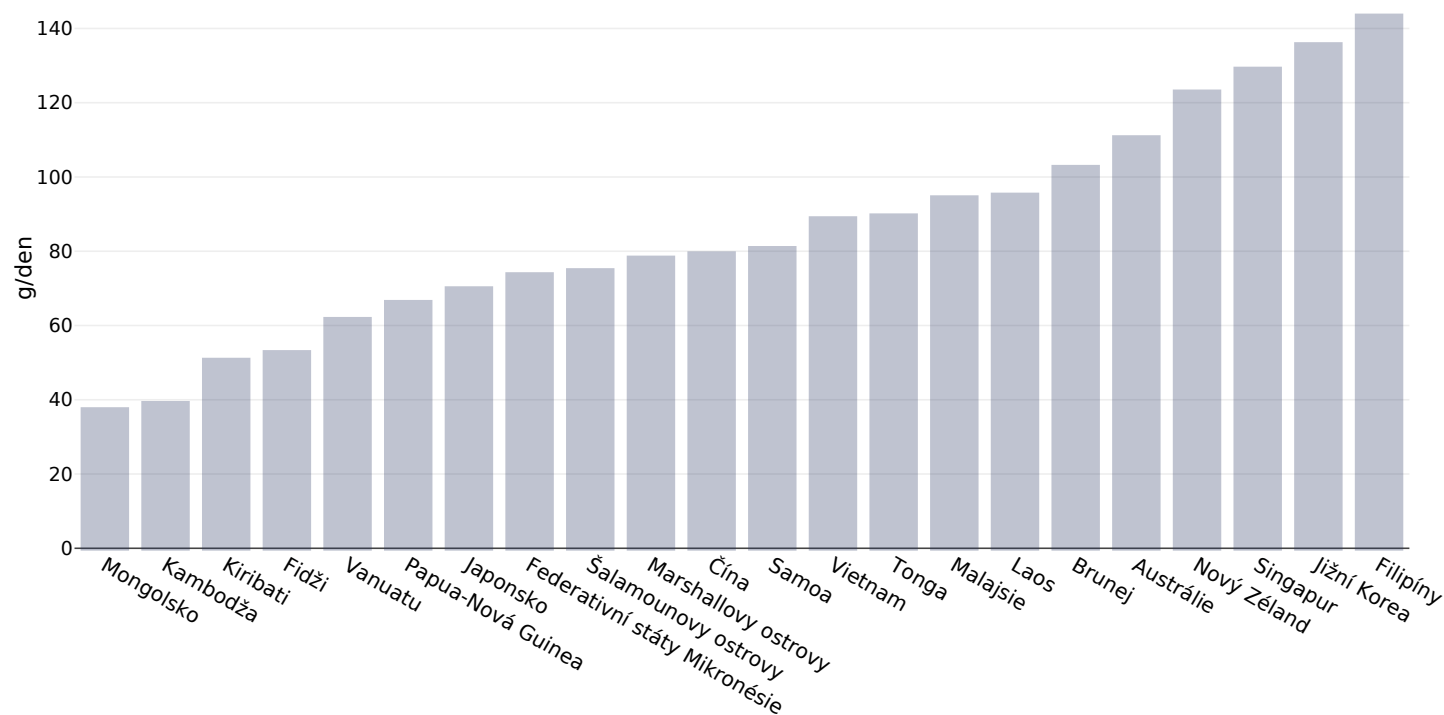
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definice
(k dispozici
pouze
v angličtině):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Odhadovaná polovina průměrné konzumace ovoce na osobu

Dospělí, 2017



**Typ
průzkumu:**

Naměřeno en

Věk:

25+

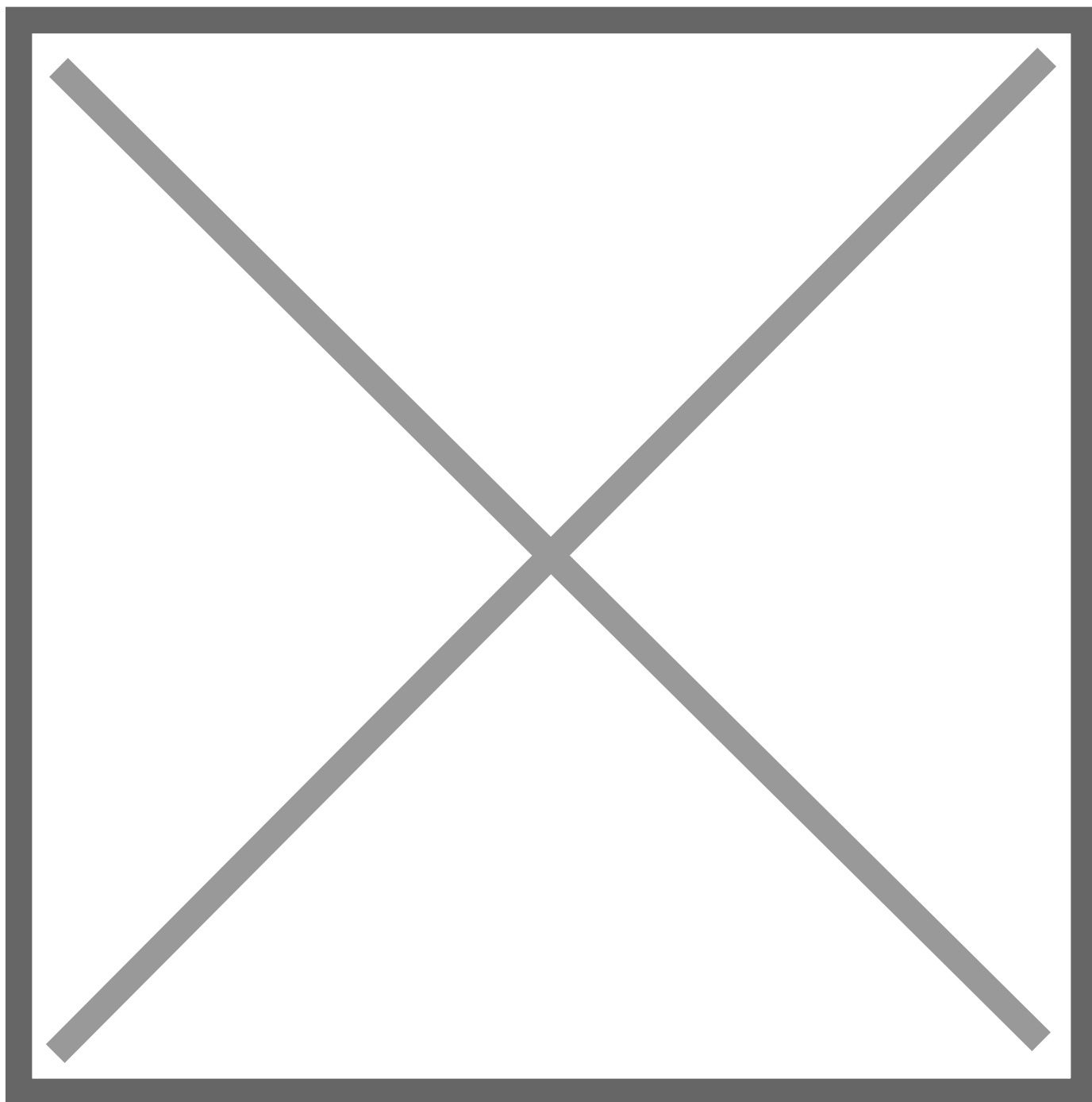
Reference:

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definice
(k dispozici
pouze
v angličtině):**

Estimated per-capita fruit intake (g/day)

Odhadovaná polovina průměrné zprávy o masu na osobu Dospělí, 2017



Typ
průzkumu:

Název

Věk:

25+

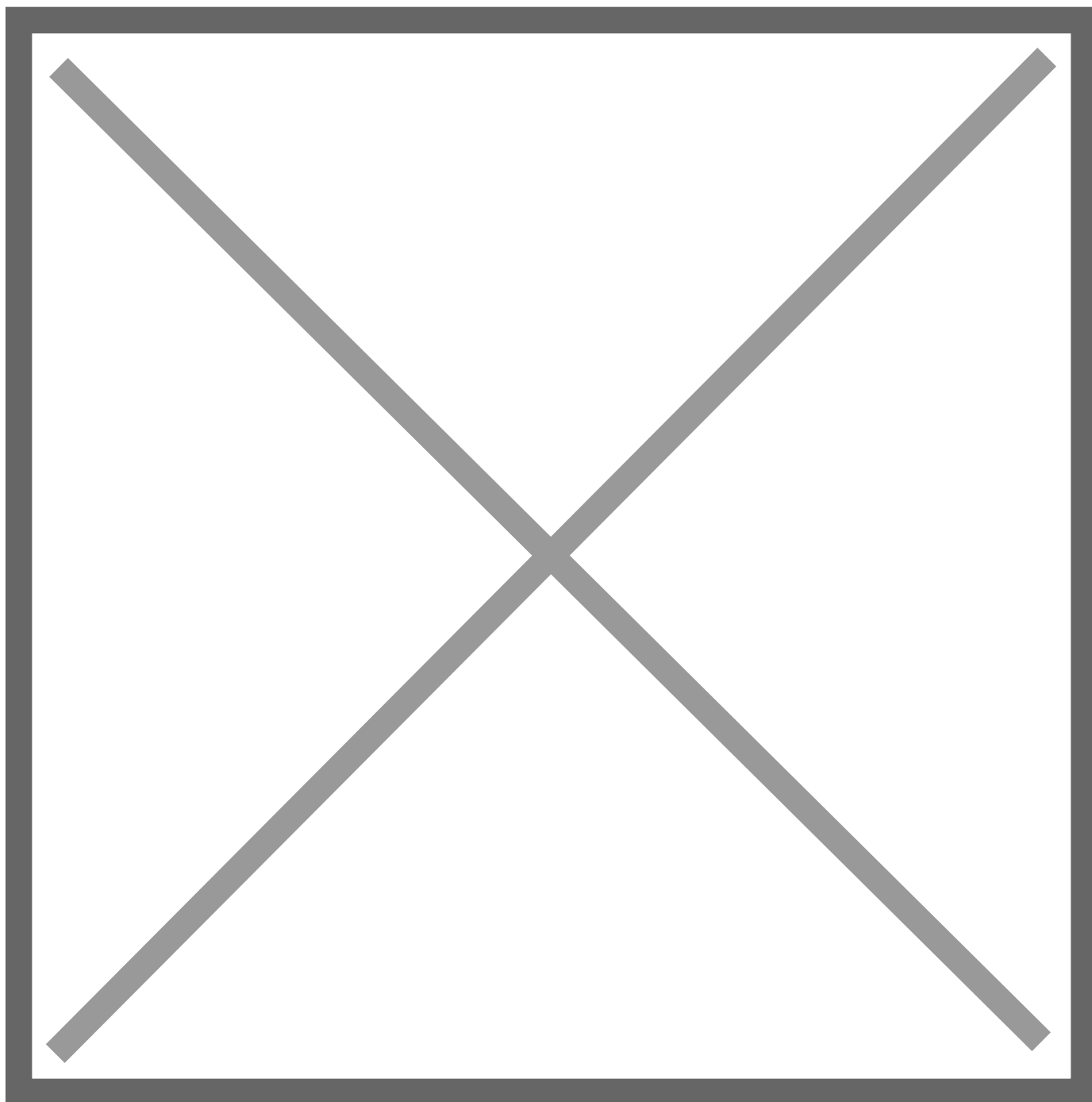
Reference:

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definice
(k dispozici
pouze
v angličtině):

Estimated per-capita processed meat intake (g per day)

Odhadovaná polovina průměrné celozrnné potravin na osobu Dospělí, 2017



Typ
průzkumu:

Naměřeno a zpracováno

Věk:

25+

Reference:

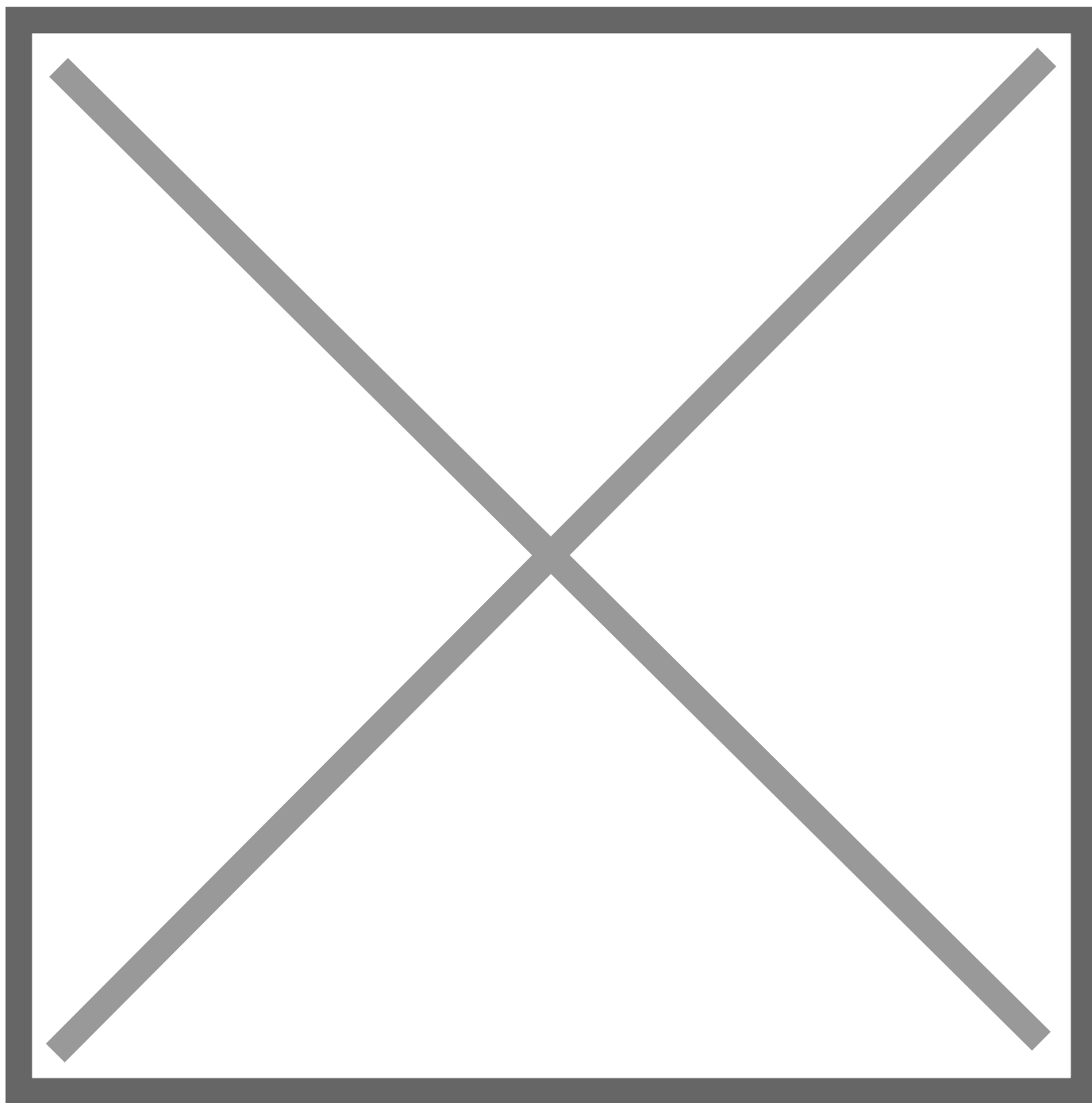
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definice
(k dispozici
pouze
v angličtině):**

Estimated per-capita whole grains intake (g/day)

DuÅ¡evnÄ½ zdravÄ½ Ä½ stavy deprese

DospÄ½ IÄ½, 2021



VÄ½ k:

20+

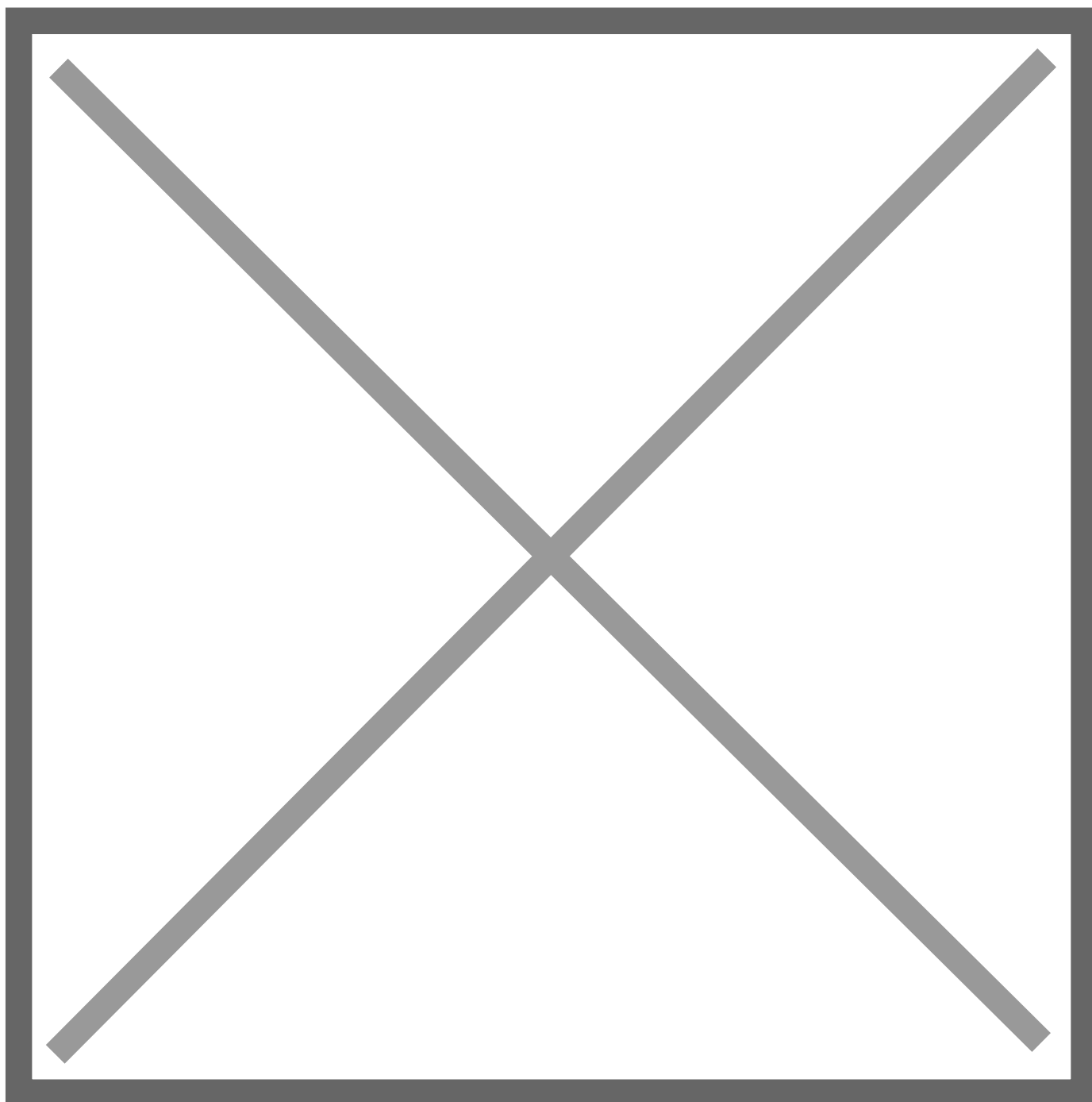
PokrytÄ½
oblast:

NÄ½rodnÄ½

Reference: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(kde dispozice
pouze
v angličtině):
Number living with depression per 100,000 population (adults 20+ years)

Muži, 2021



Věk:

20+

Pokrytá
oblast:

Národní

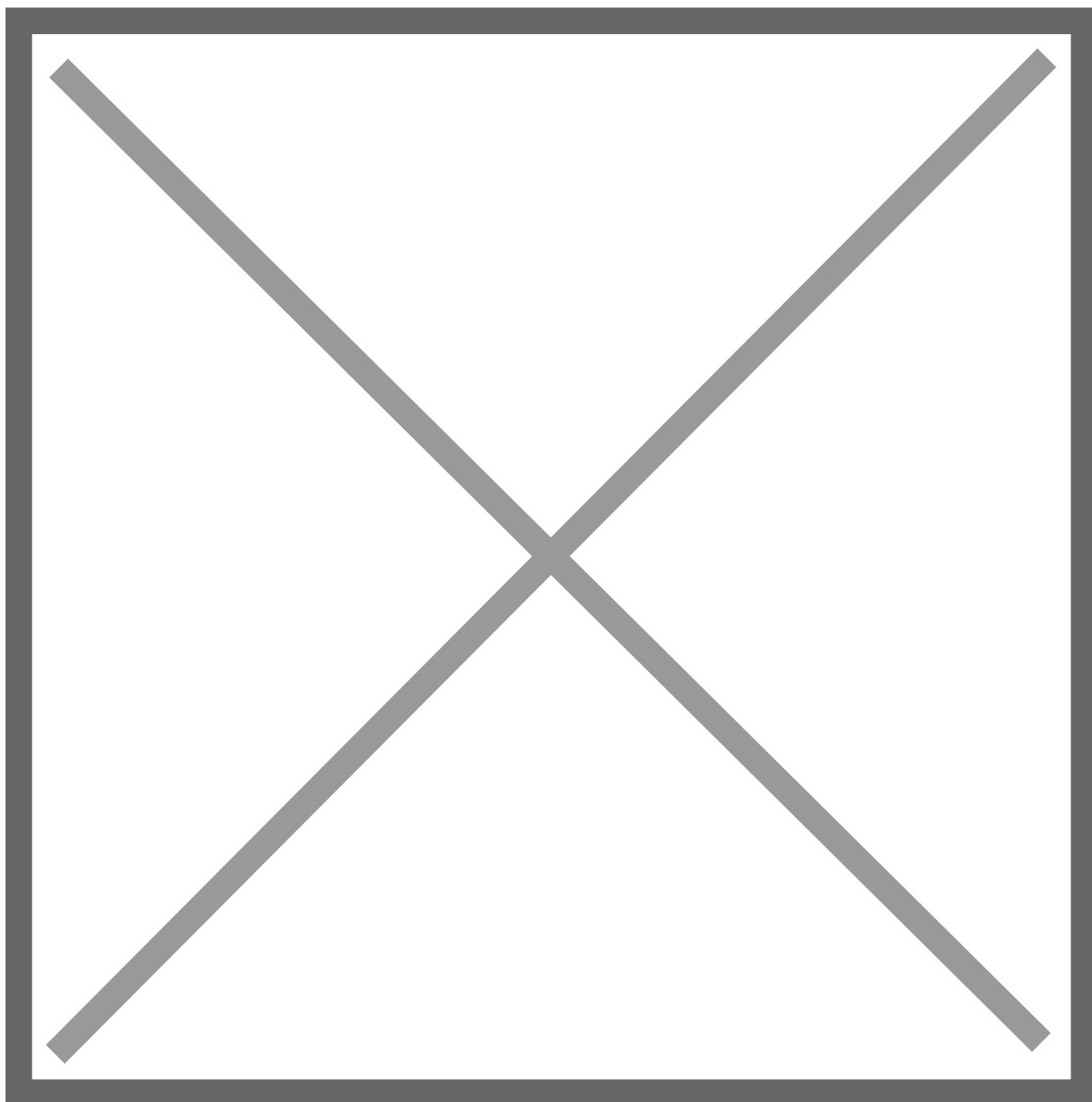
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(k dispozici
pouze
v angličtině):

Number living with depression per 100,000 population (adults 20+ years)

Ā½eny, 2021



VÄ k:

20+

PokrytÄ oblast:

NÄrodnÄ

Reference:

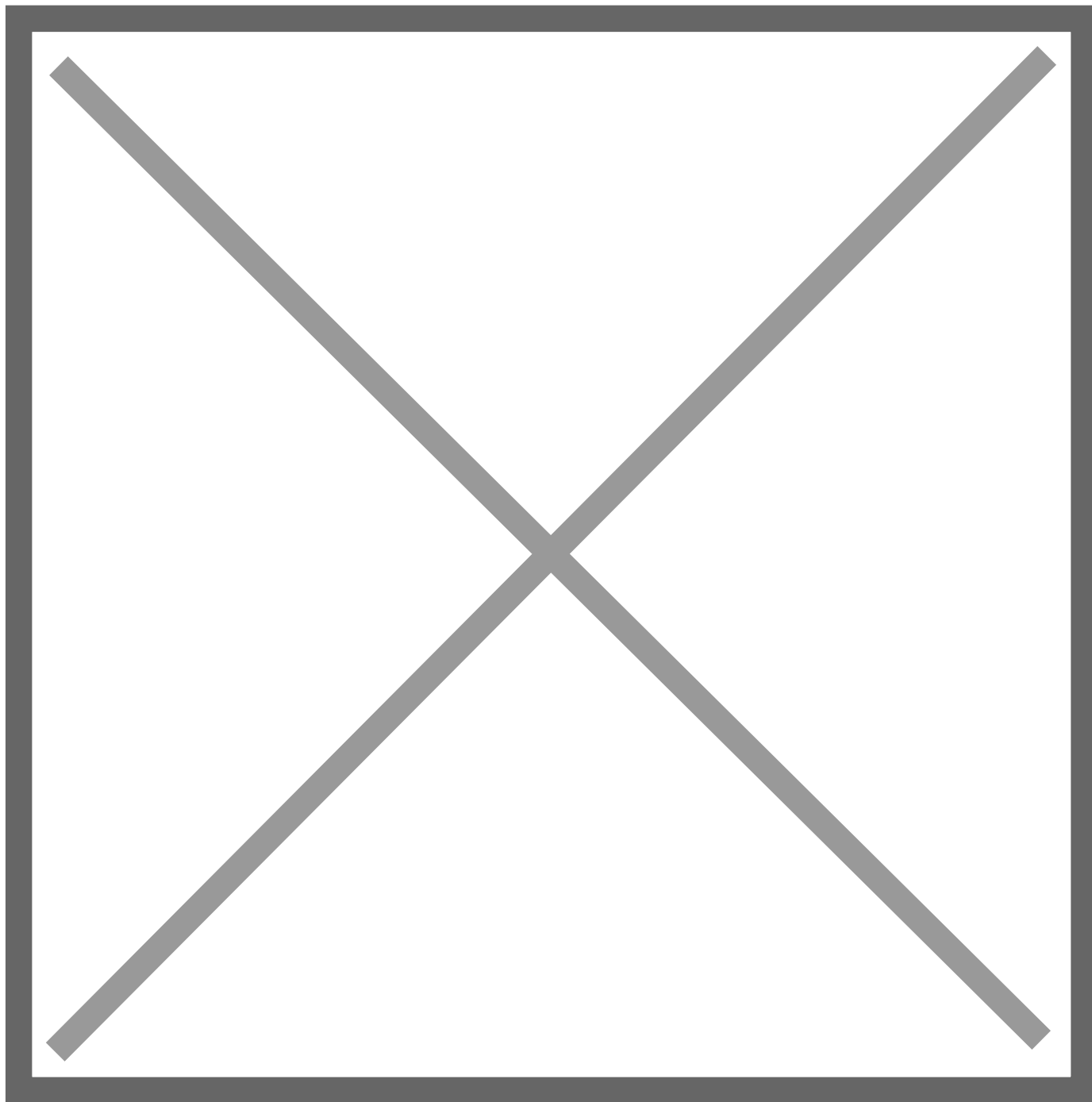
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(k dispozici
pouze
v angličtině):

Number living with depression per 100,000 population (adults 20+ years)

Duševní zdraví a stavy úzkosti

Dospělí, 2021



Věk k:

20+

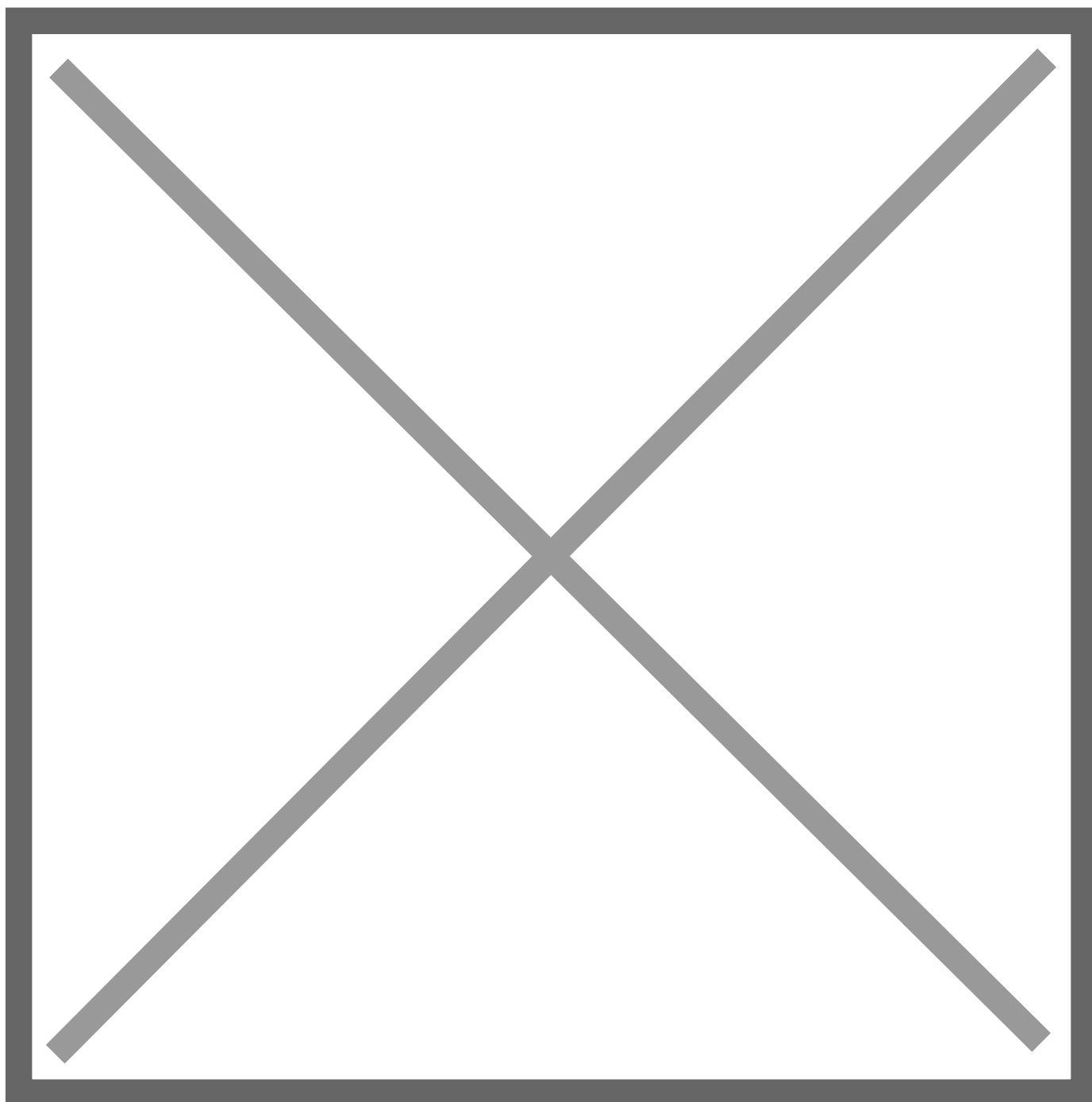
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½):

Number living with anxiety per 100,000 population

Muži, 2021



Věk:

20+

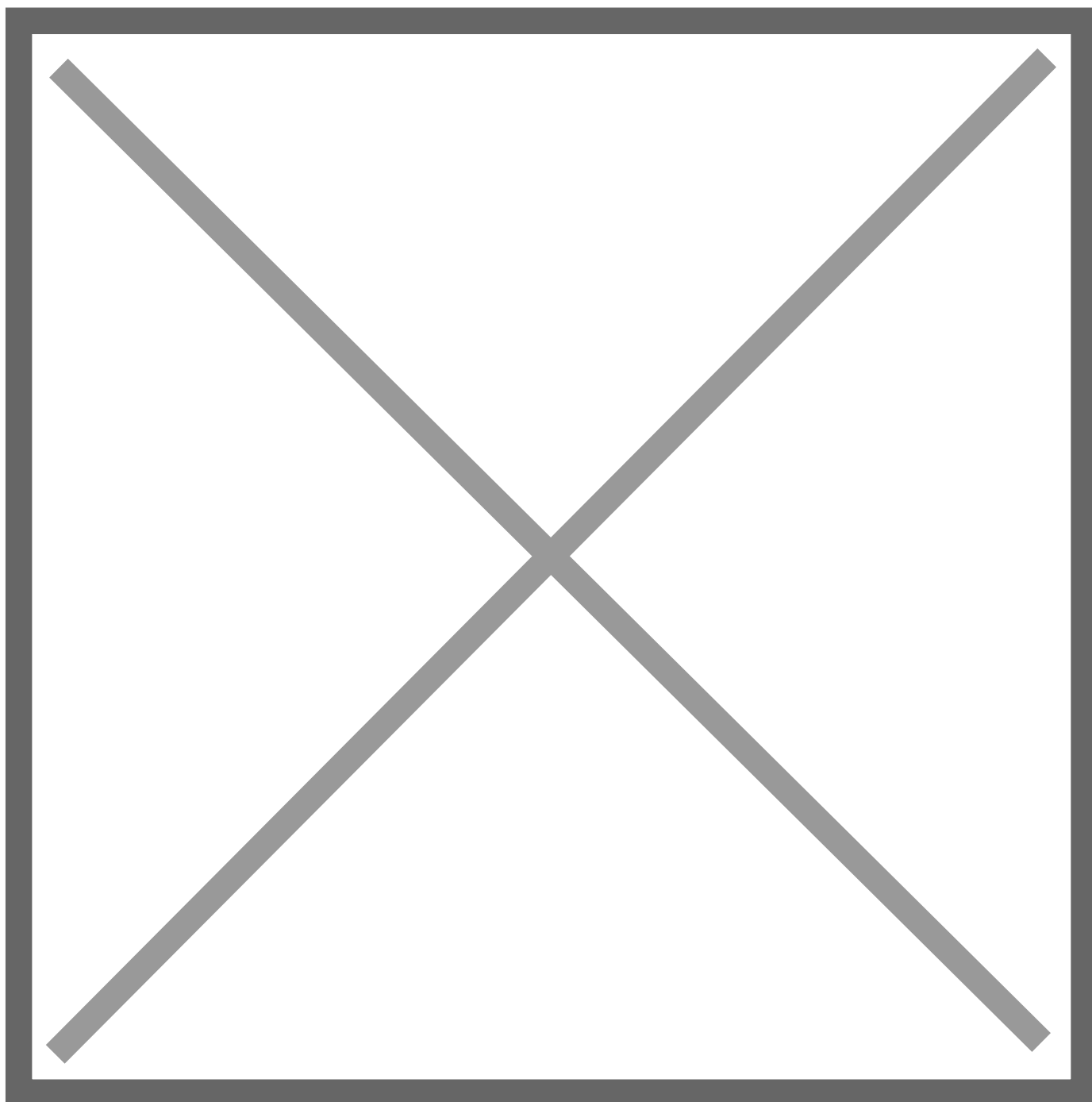
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definice
(k dispozici
pouze
v angličtině):

Number living with anxiety per 100,000 population

1/2eny, 2021



Věk k:

20+

Reference:

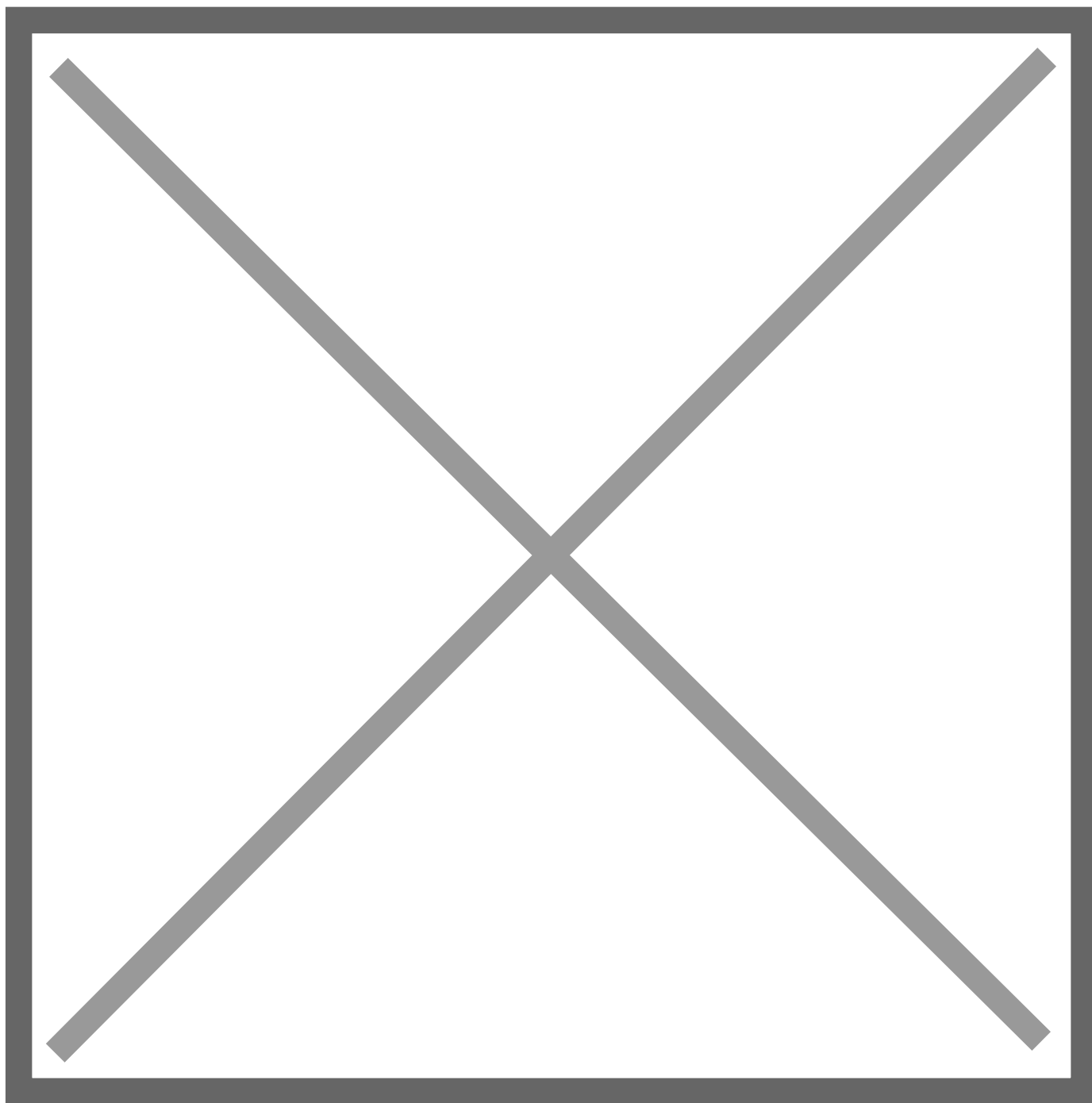
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definice
(k dispozici
pouze
v angličtině):

Number living with anxiety per 100,000 population

Rakovina jícnu

Muži, 2022



Věk k:

20+

Pokrytá
oblast:

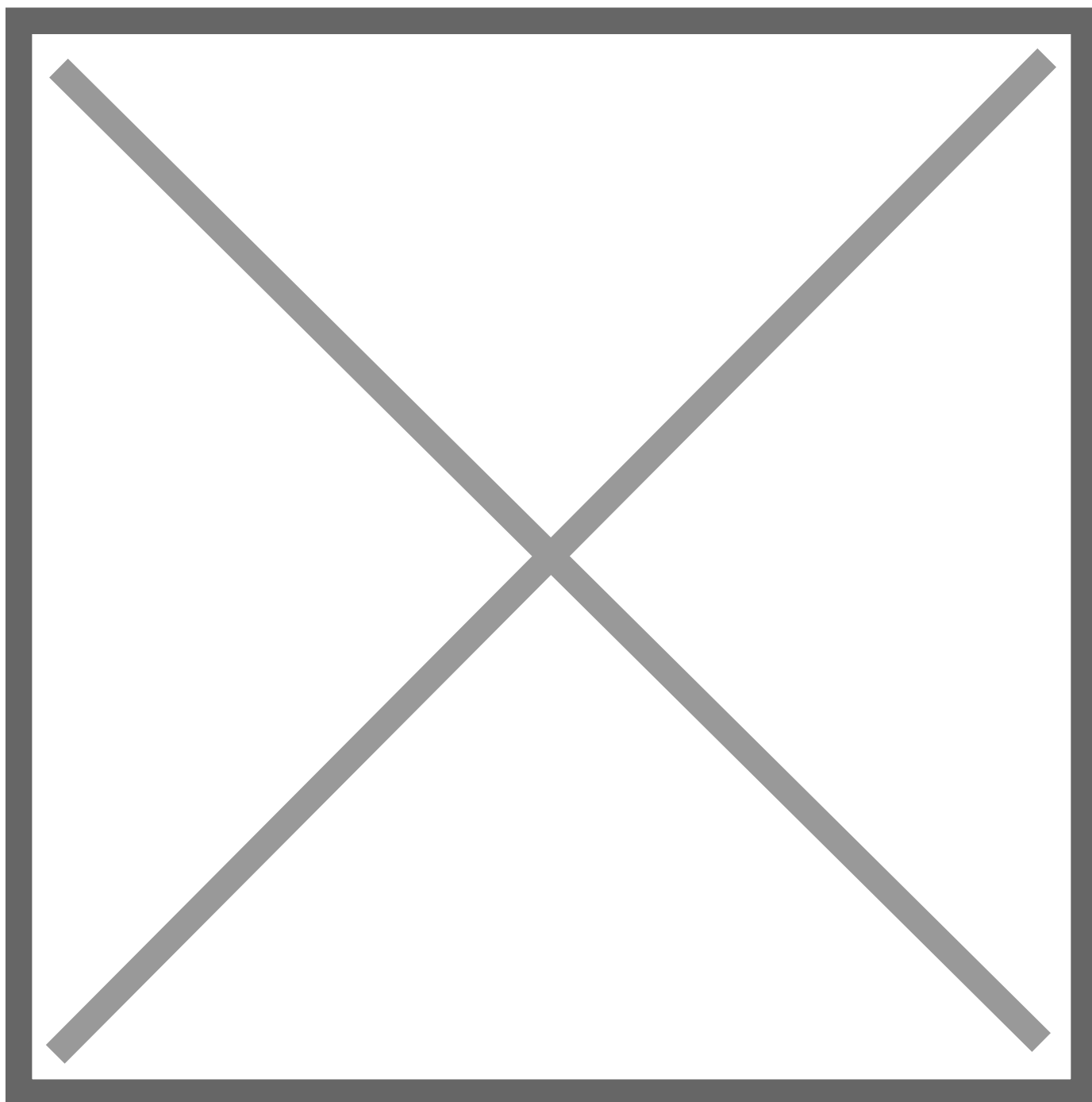
Národní

Reference: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(když dispozice
pouze
v angličtině):

Indicence per 100,000

1/2eny, 2022



Věk:

20+

Pokrytí
oblast:

Národní

Reference:

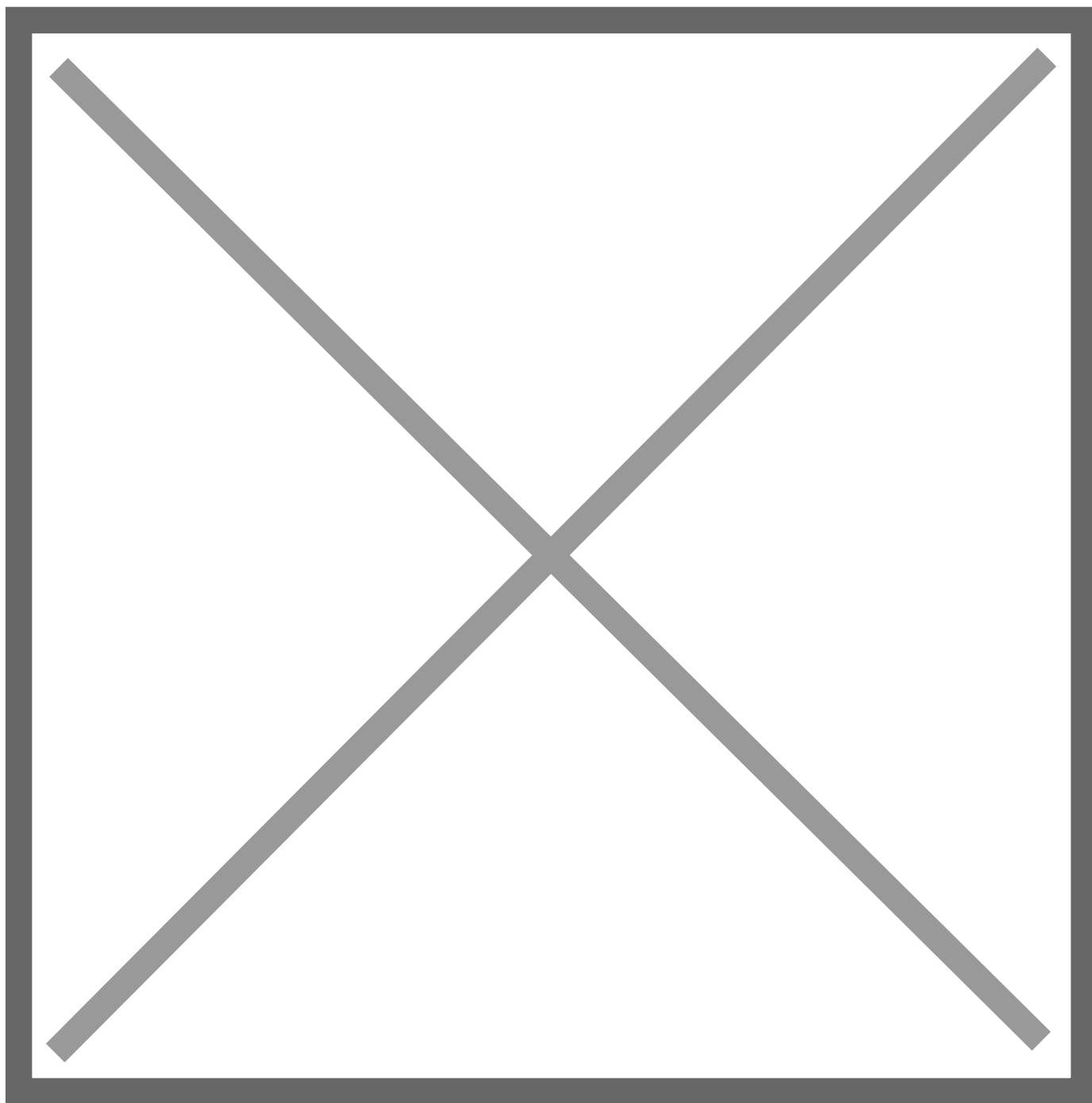
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definice
(k dispozici
pouze
v angličtině):**

Indicence per 100,000

Rakovina prsu

Číslo, 2022



**Pokrytí
oblast:**

Národní

Reference:

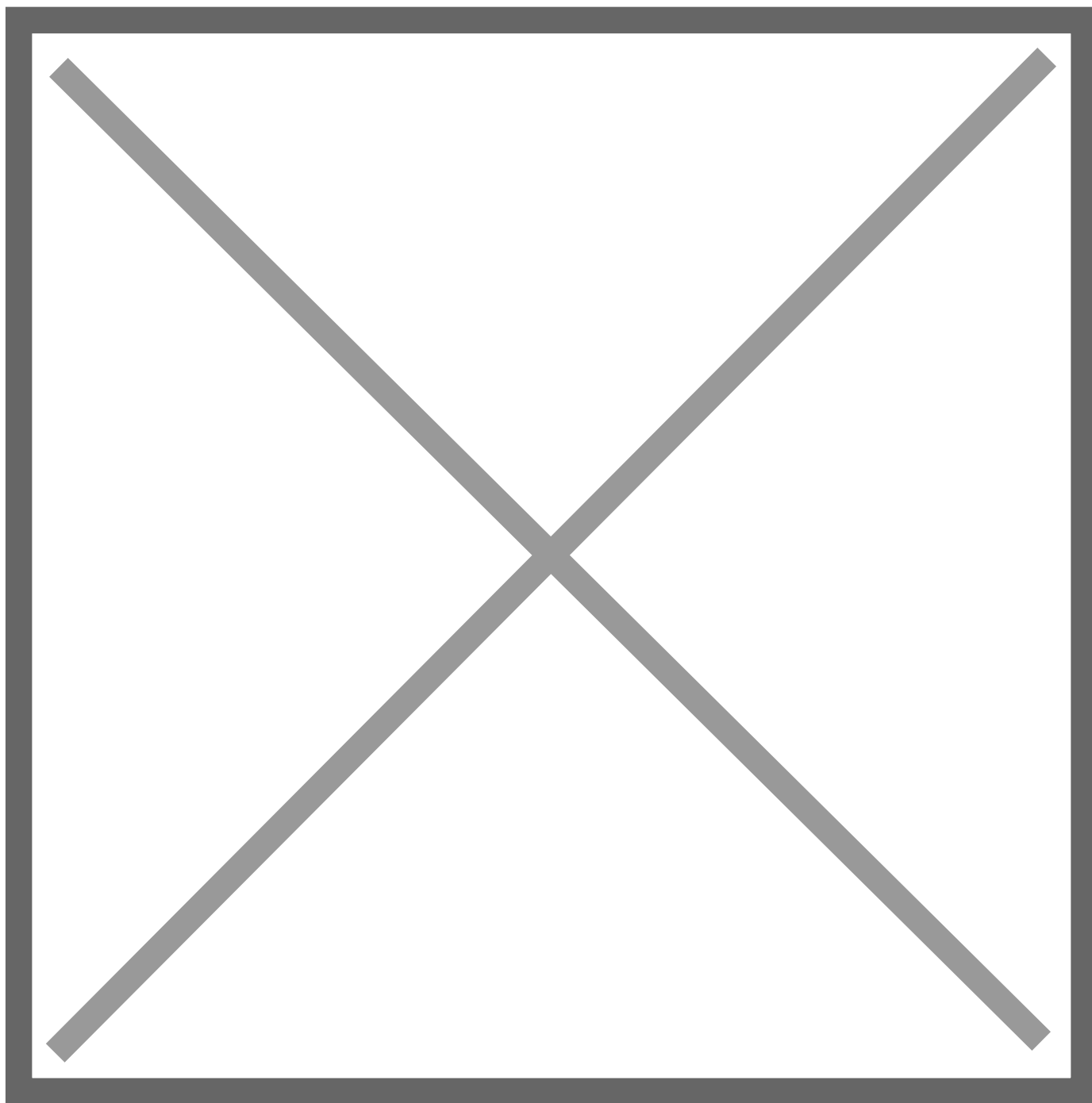
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(k dispozici
pouze
v angličtině):

Incidence per 100,000

Rakovina tlustého střeva a konečníku

Muži, 2022



Věk:

20+

Pokrytá
oblast:

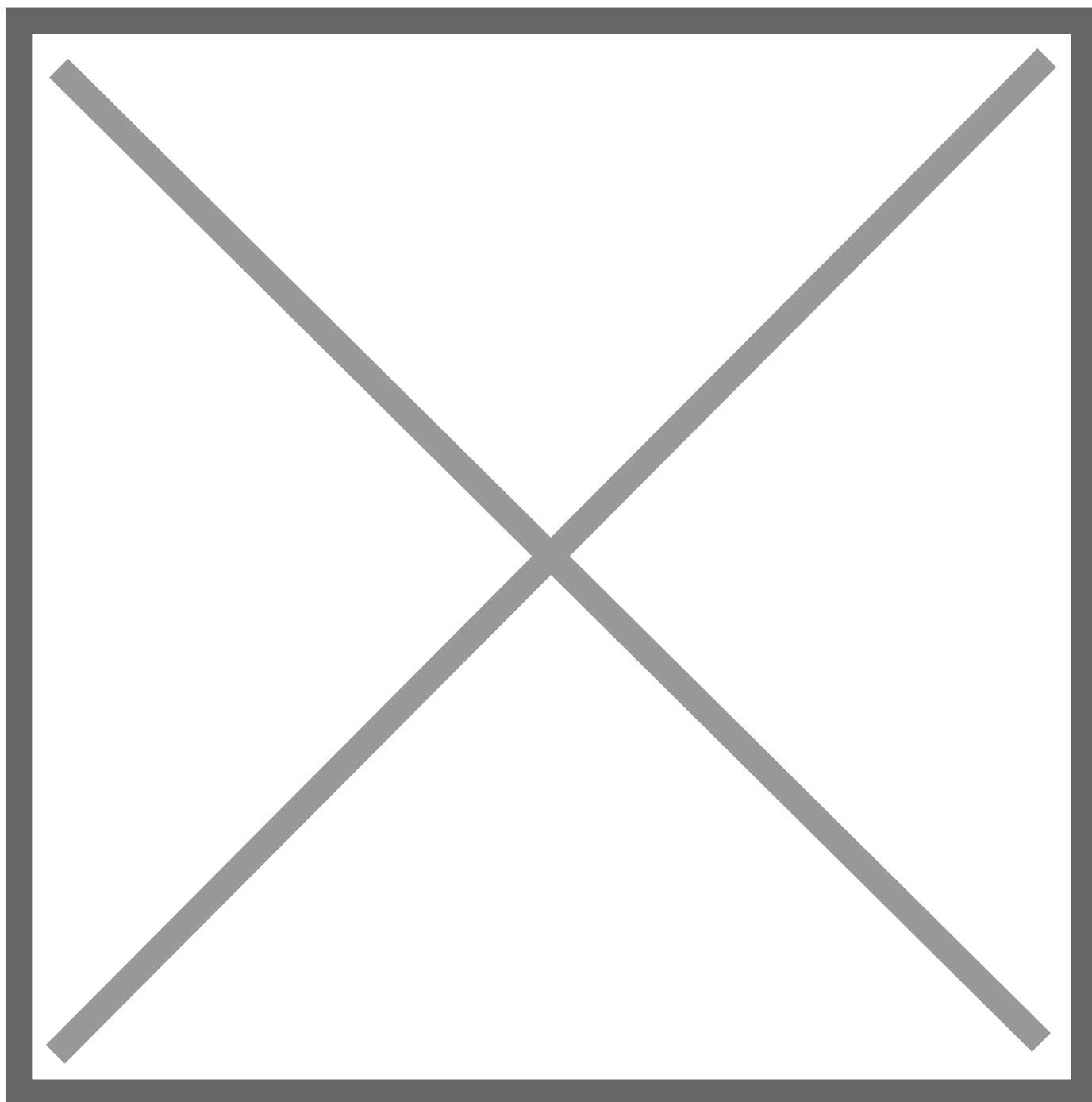
Národná

Reference: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(když dispozice
pouze
v angličtině):

Incidence per 100,000

1/2eny, 2022



VĚ k:

20+

**Pokrytí
oblast:**

Nĕrodnĕ

Reference:

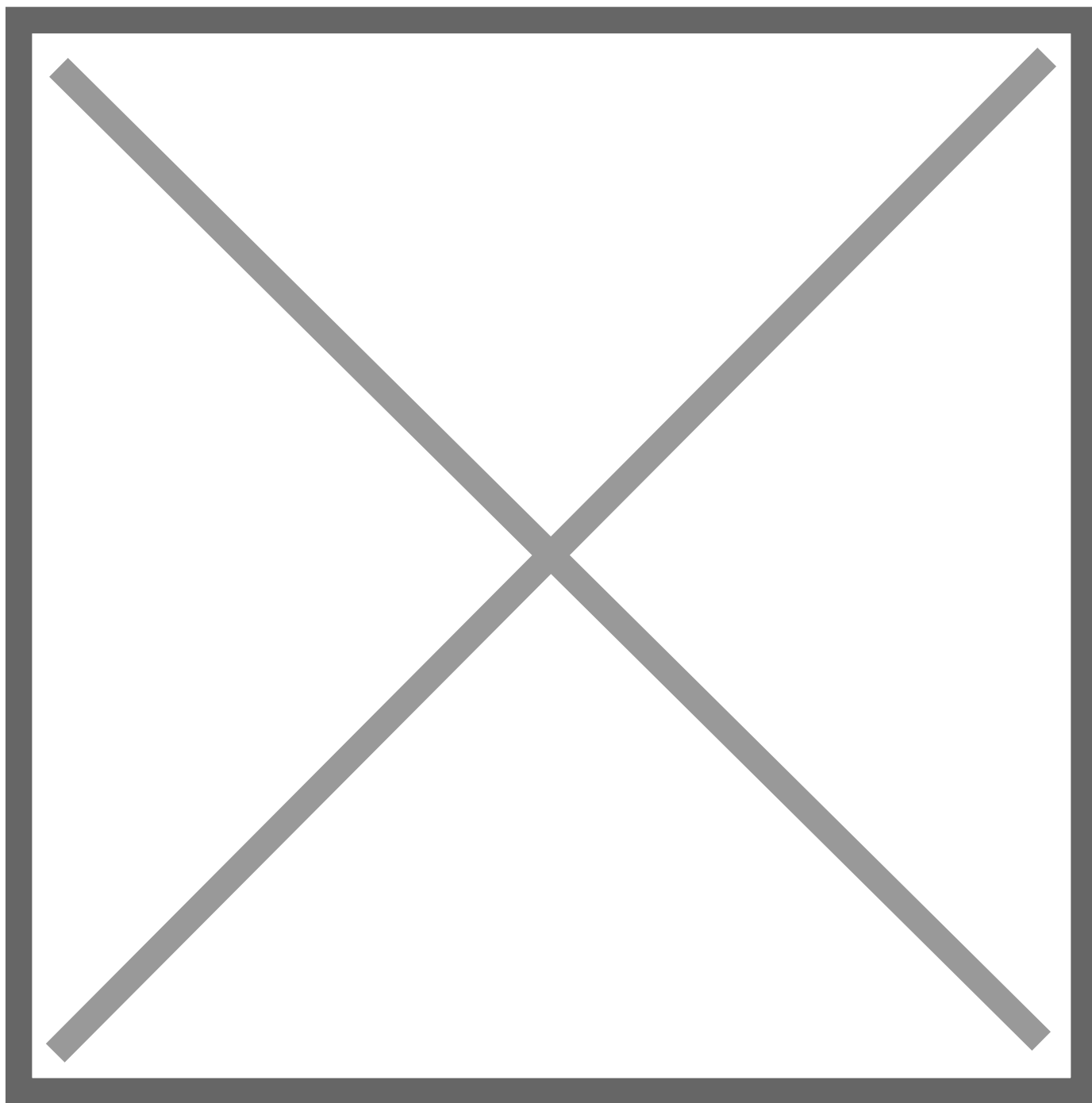
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(k dispozici
pouze
v angličtině):

Incidence per 100,000

Rakovina slinivky bĚĤ iĤĤnĤ

MuĤĤĤi, 2022



VĤĤ k:

20+

**PokrytĤĤ
oblast:**

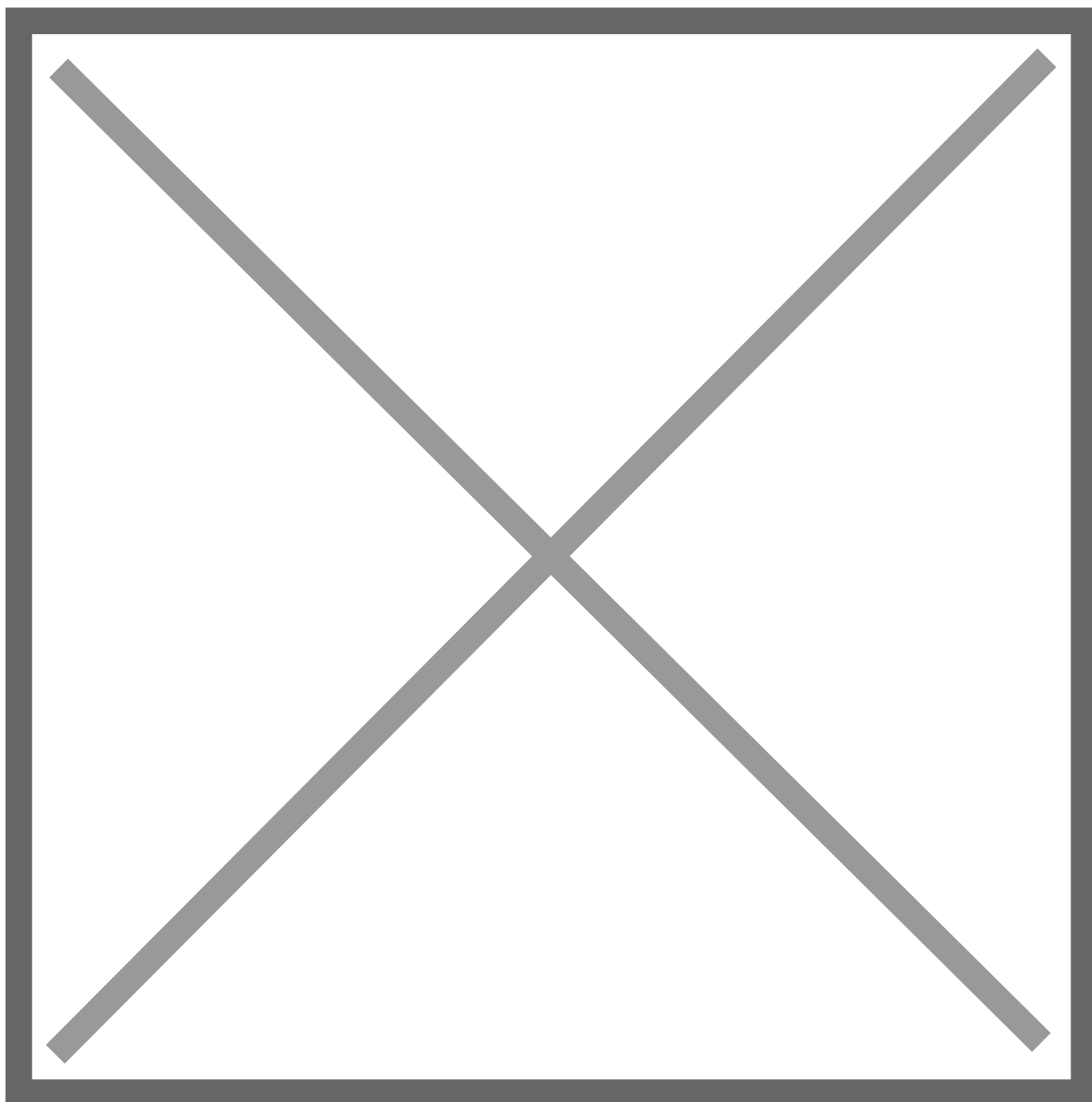
NĤĤrodnĤ

Reference: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(když dispozice
pouze
v angličtině):

Incidence per 100,000

1/2eny, 2022



VĚ k:

20+

**Pokrytí
oblast:**

Nĕrodnĕ

Reference:

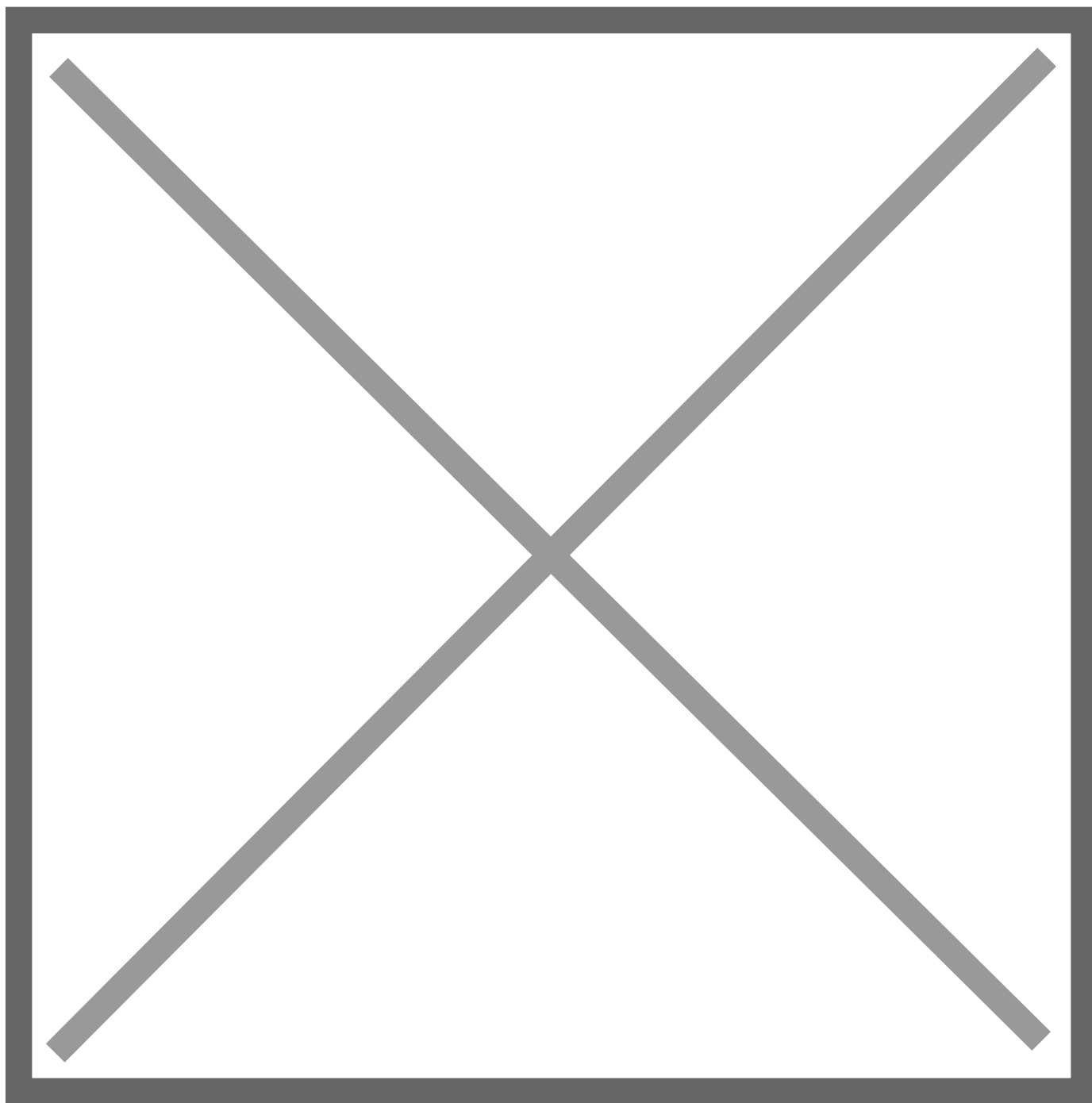
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(k dispozici
pouze
v angličtině):

Incidence per 100,000

Rakovina $\frac{3}{4}$ luÄ nÄku

MuÄ $\frac{3}{4}$ i, 2022



VÄ k:

20+

PokrytÄj
oblast:

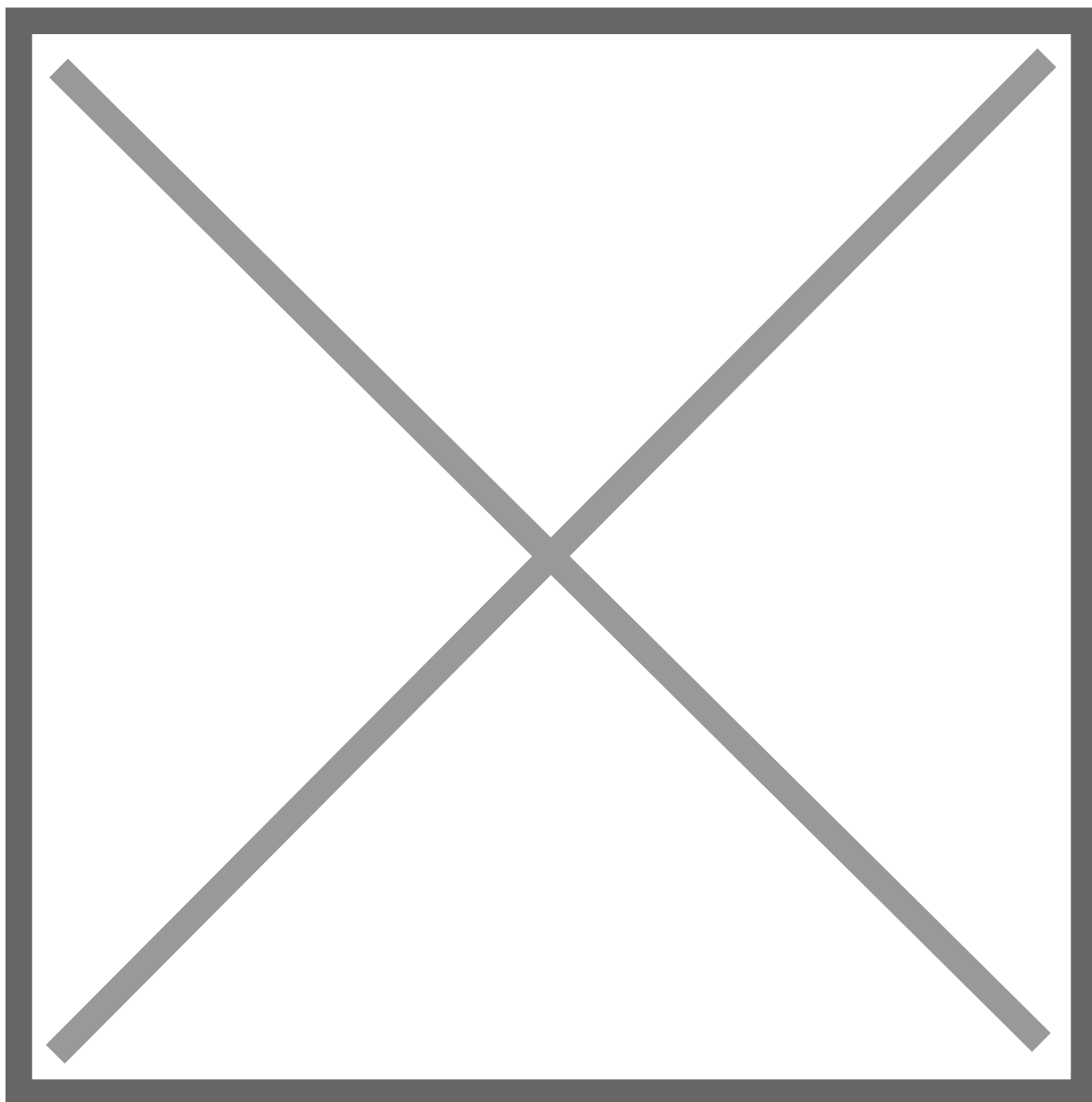
NÄjrodnÄ

Reference: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(když dispozice
pouze
v angličtině):

Indicence per 100,000

1/2eny, 2022



VĚ k:

20+

**Pokrytí
oblast:**

Nĕrodnĕ

Reference:

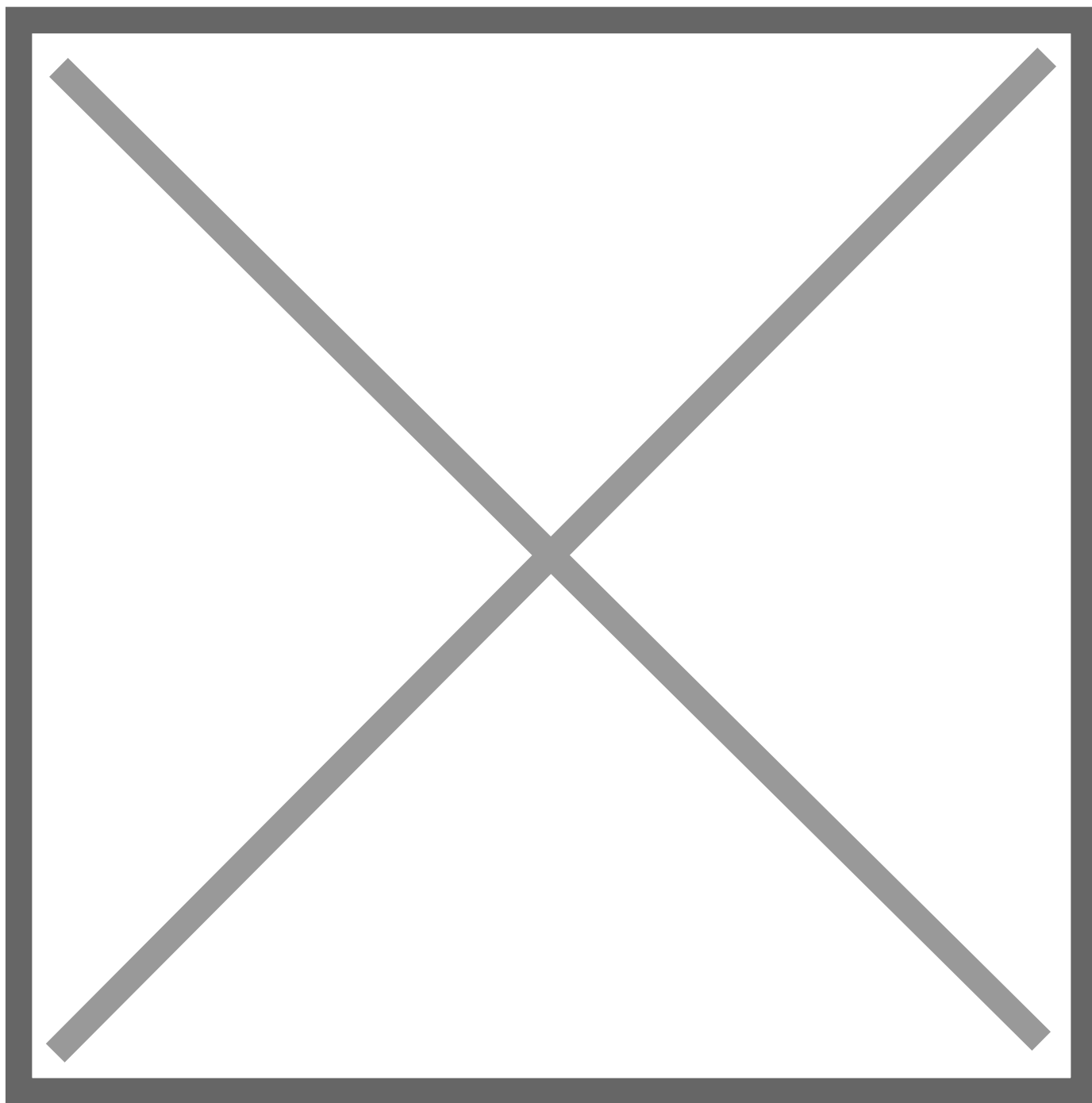
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(k dispozici
pouze
v angličtině):

Indicence per 100,000

Rakovina ledvin

Muži, 2022



Věk:

20+

Pokrytá
oblast:

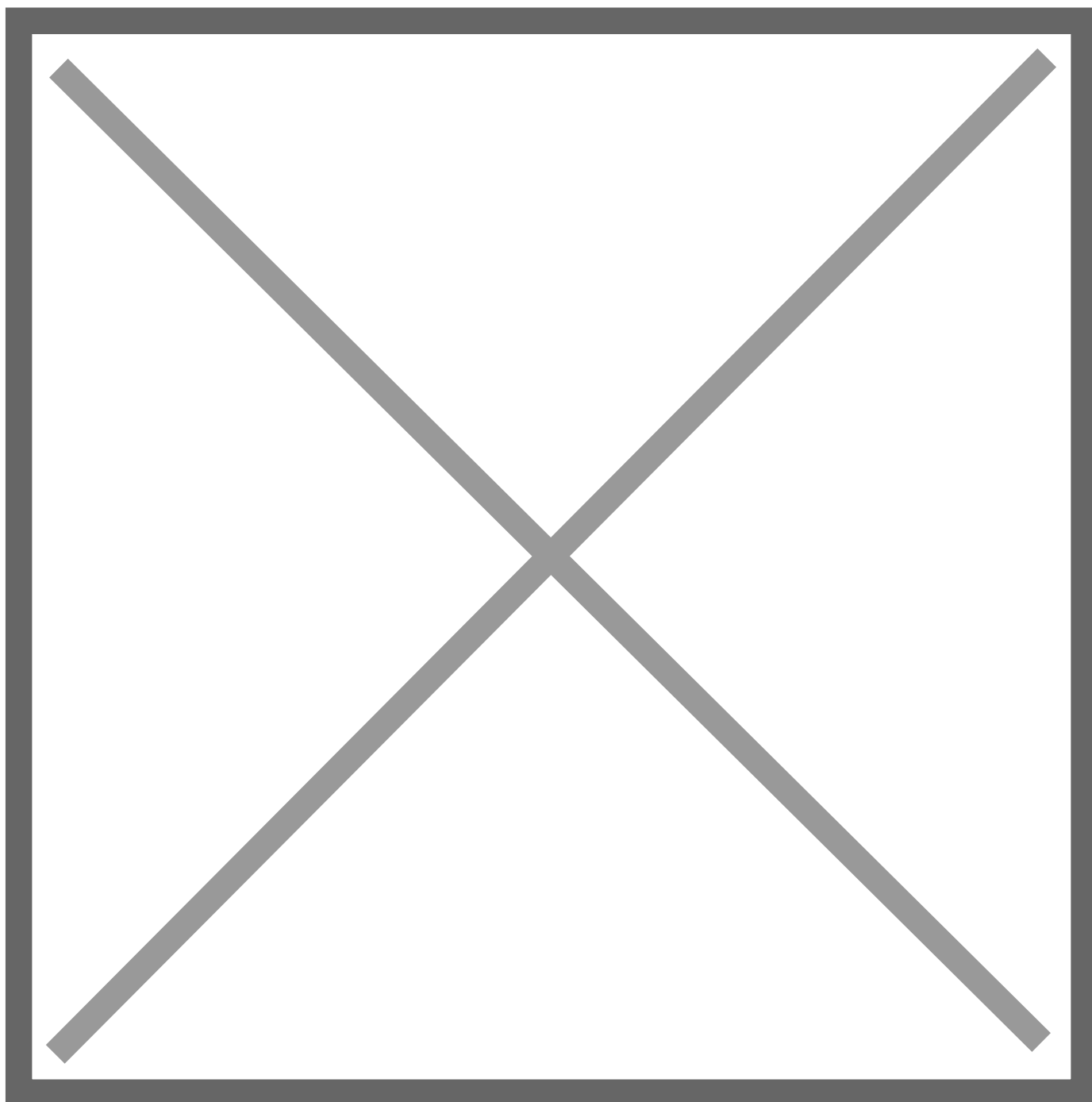
Národní

Reference: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(když dispozice
pouze
v angličtině):

Incidence per 100,000

1/2eny, 2022



Věk:

20+

Pokrytí
oblast:

Národní

Reference:

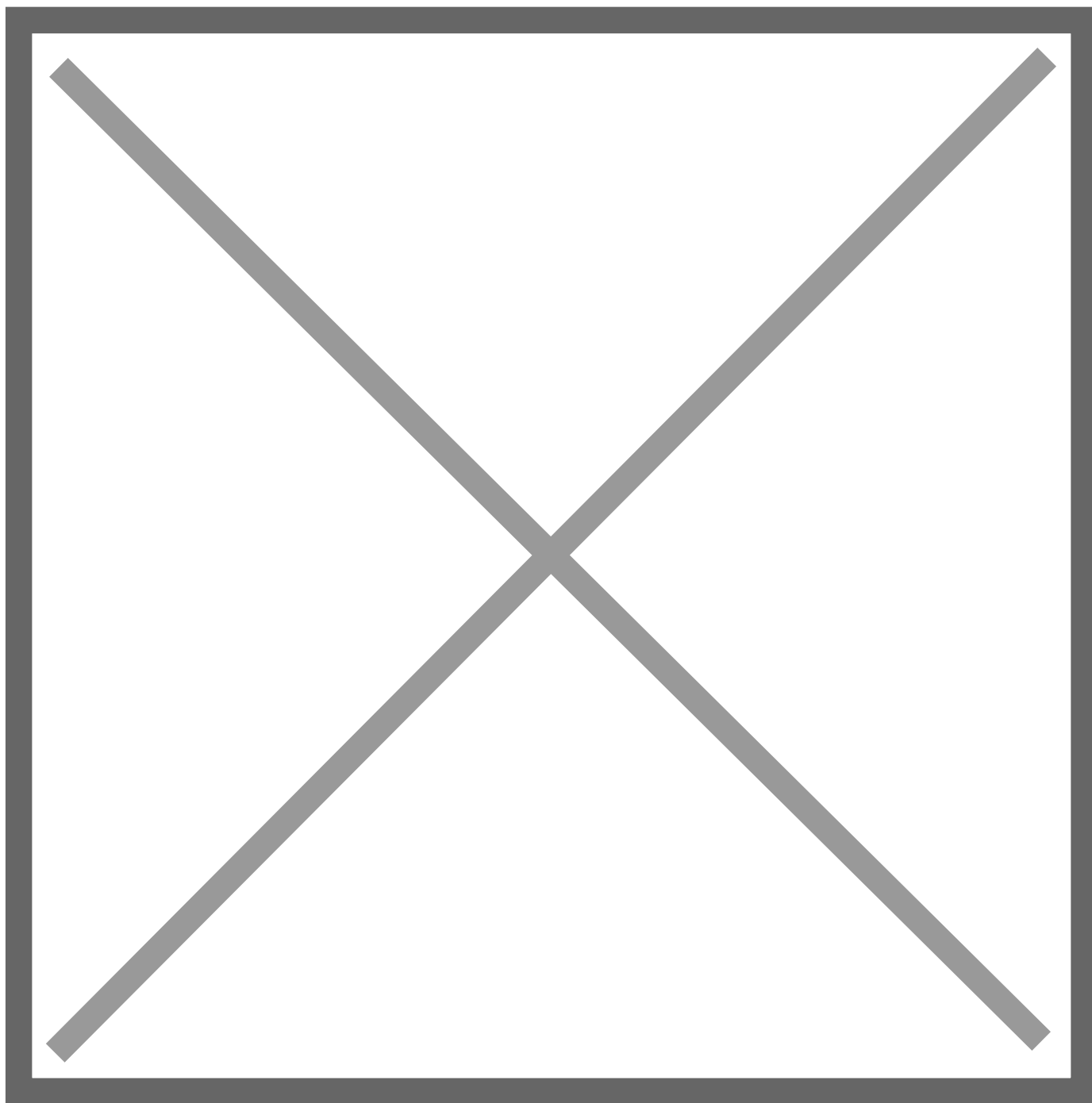
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Definice
(k dispozici
pouze
v angličtině):

Incidence per 100,000

Rakovina dĚlohy

Ā½eny, 2022



VĀ k:

20+

Reference:

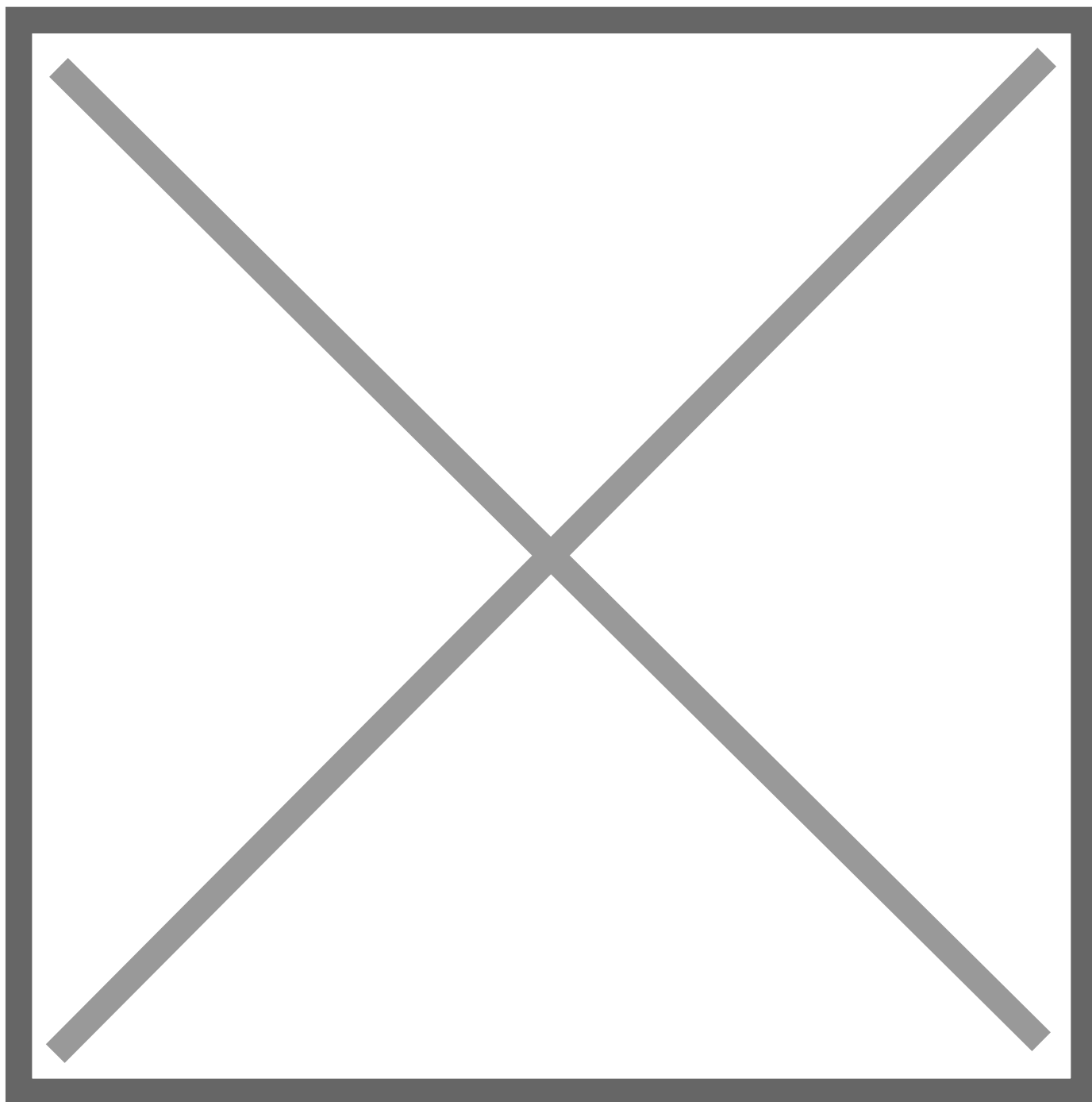
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definice
(k dispozici
pouze
v angličtině):

Incidence per 100,000

Zvýšená krevní tlak

Dospělí, 2015



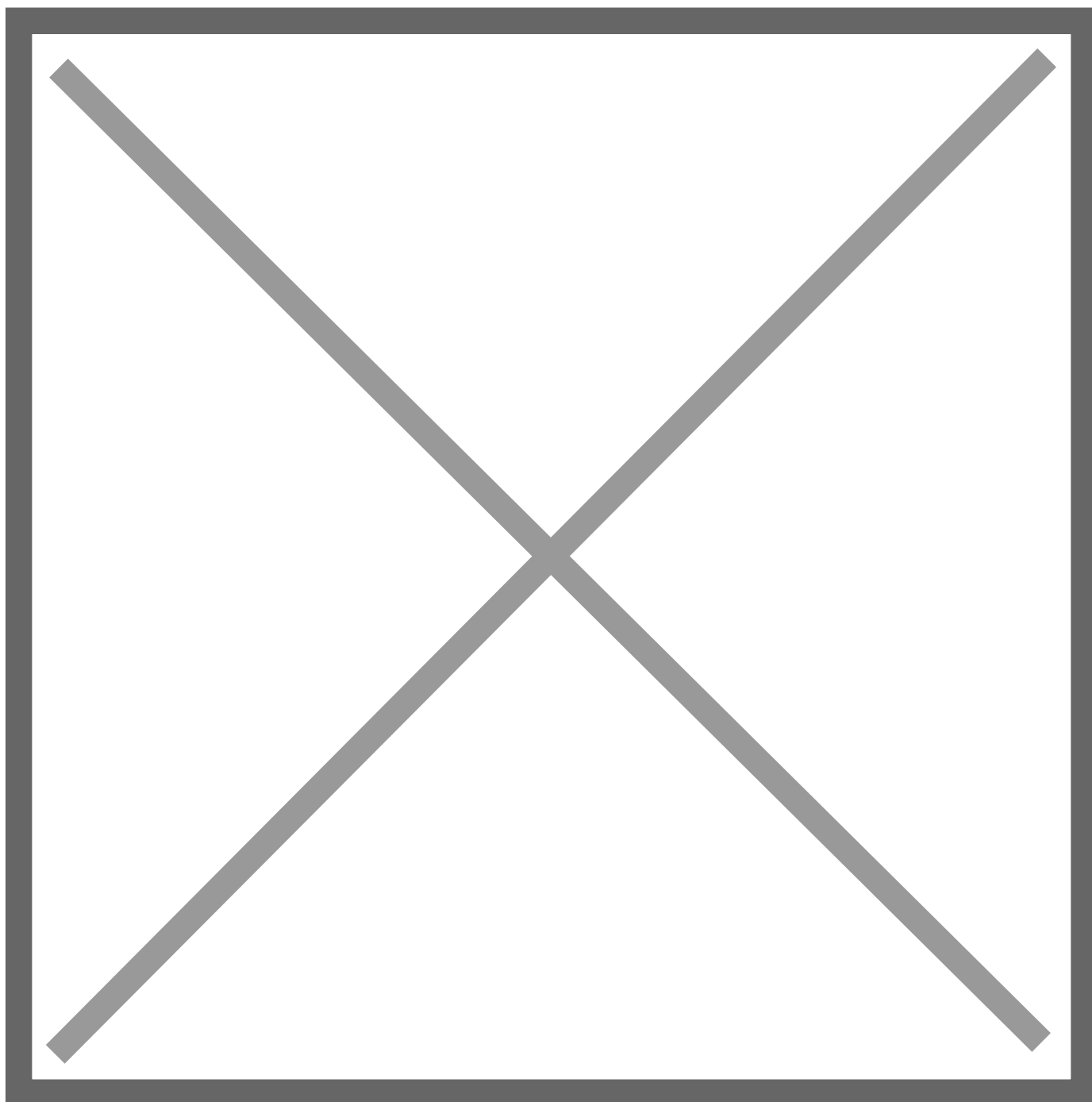
Reference:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definice
(k dispozici
pouze
v angličtině):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Muži, 2015



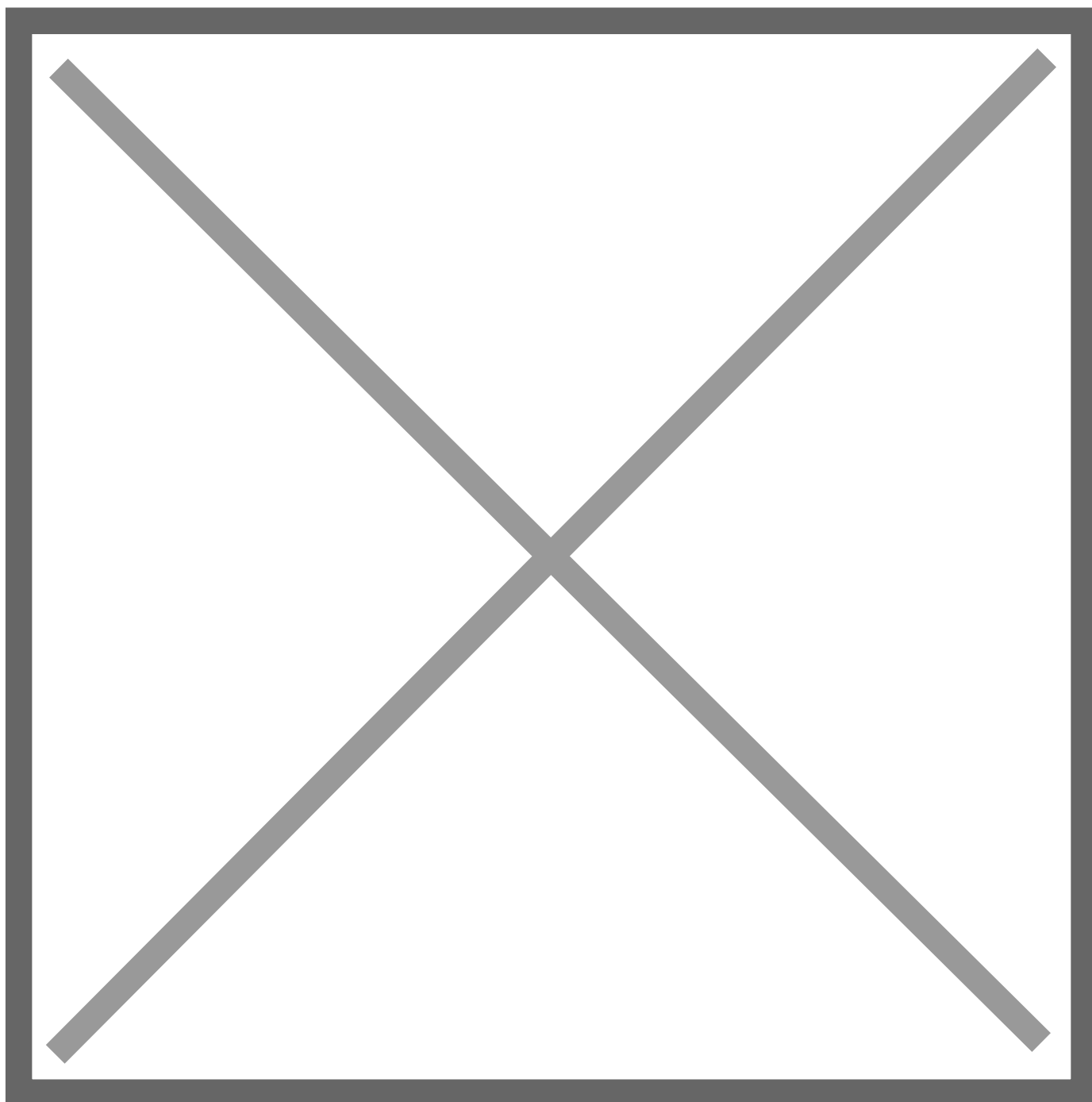
Reference:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definice
(k dispozici
pouze
v angličtině):**

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Adults, 2015



Reference:

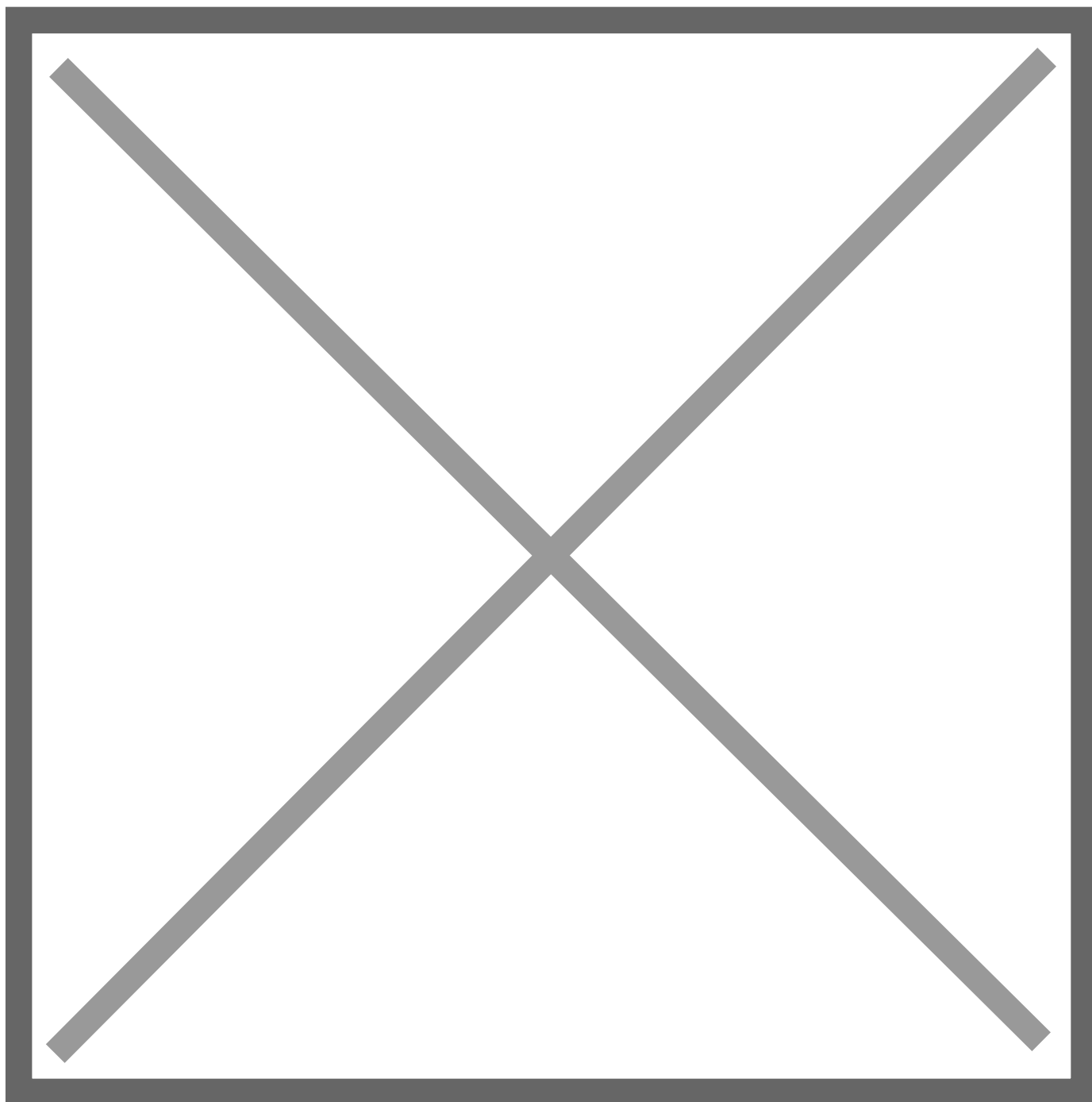
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definice
(k dispozici
pouze
v angličtině):**

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Zvýšený cholesterol

Dospělí, 2008

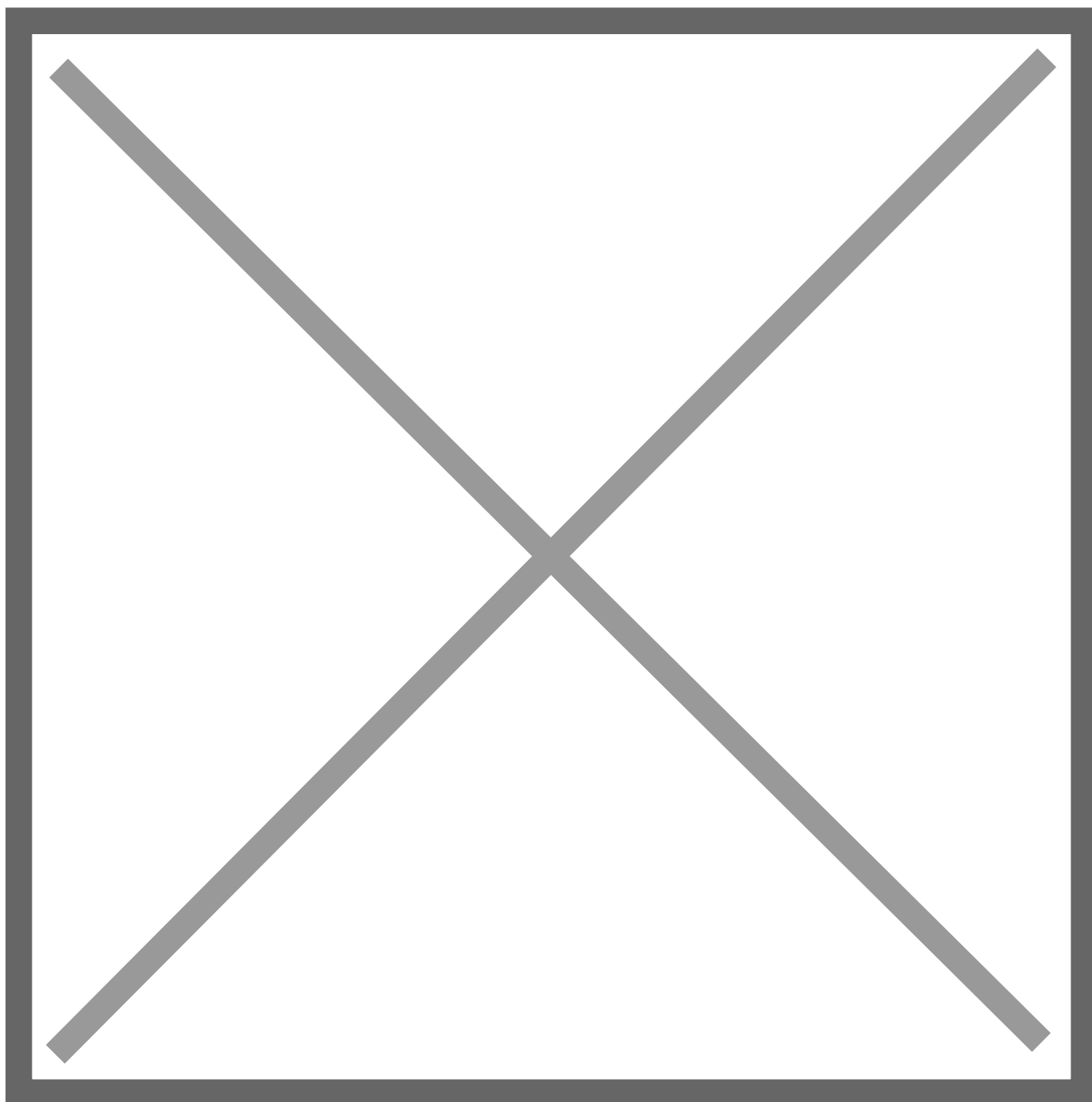


Reference: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definice
(k dispozici
pouze
v angličtině):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

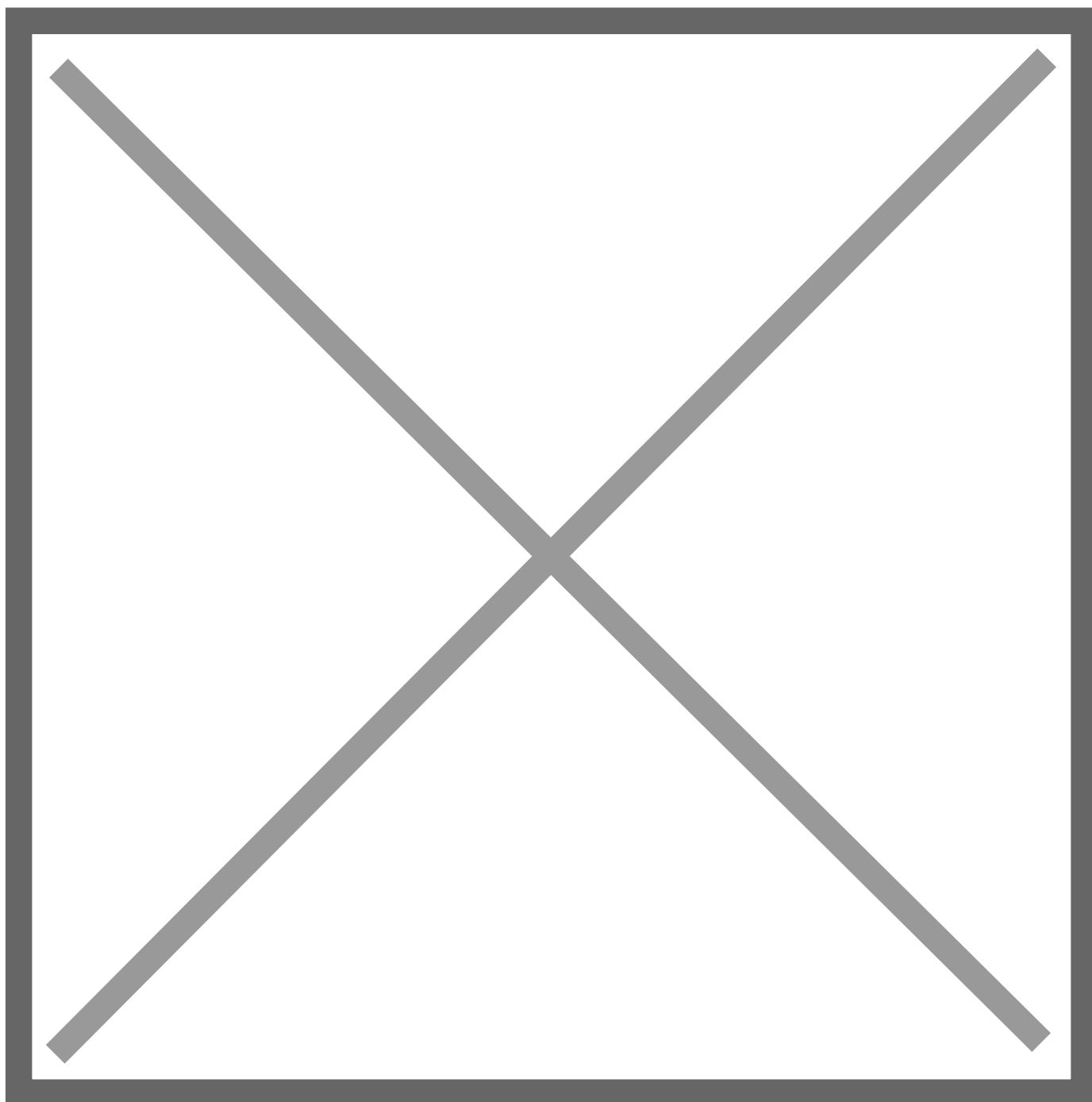
Muži, 2008



Reference: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definice
(k dispozici pouze v angličtině):
% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

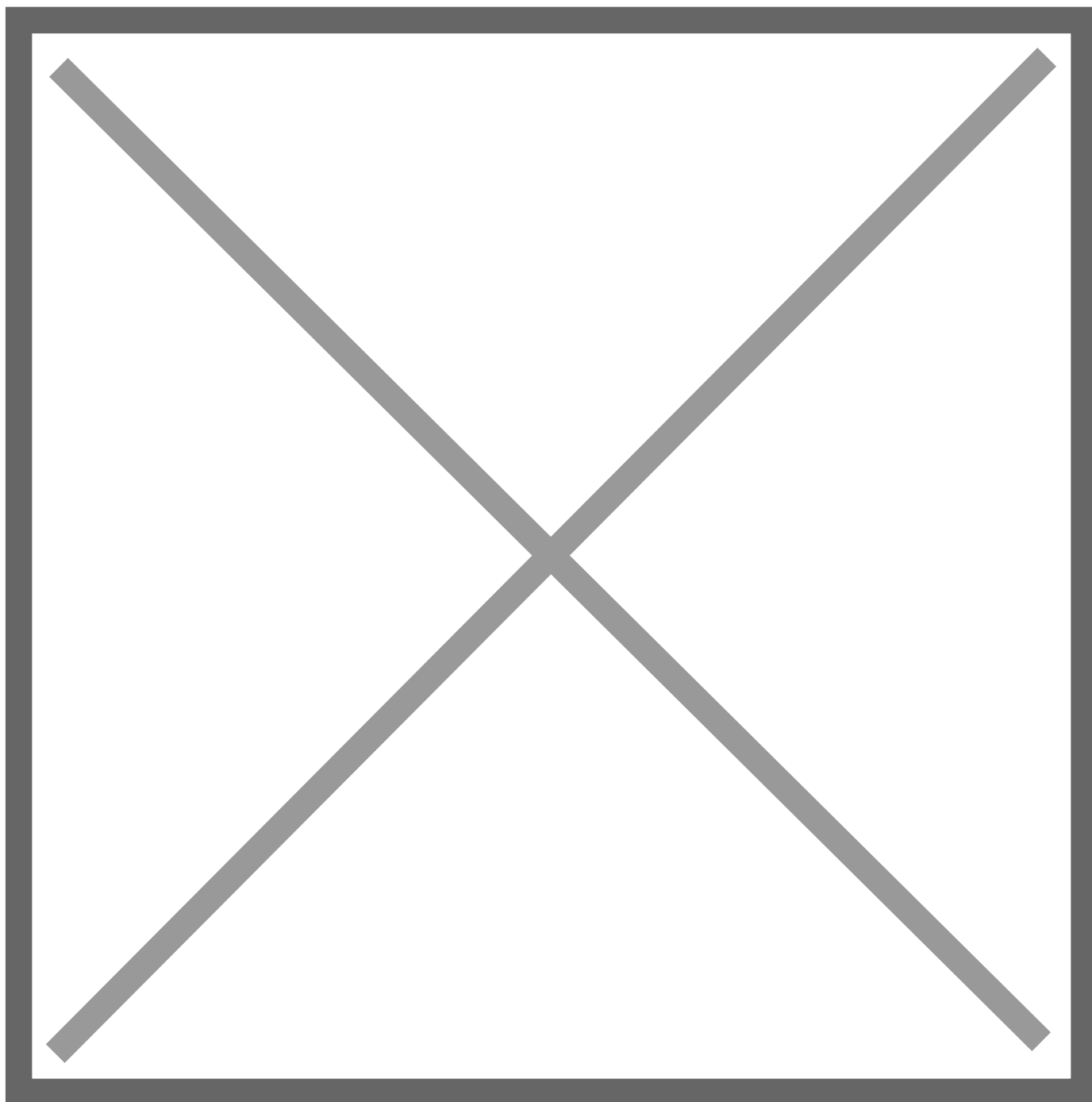
Adults, 2008



Reference: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definice
(k dispozici pouze v angličtině): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Zvýšená hladina glukózy v krvi nalačno Muži, 2014



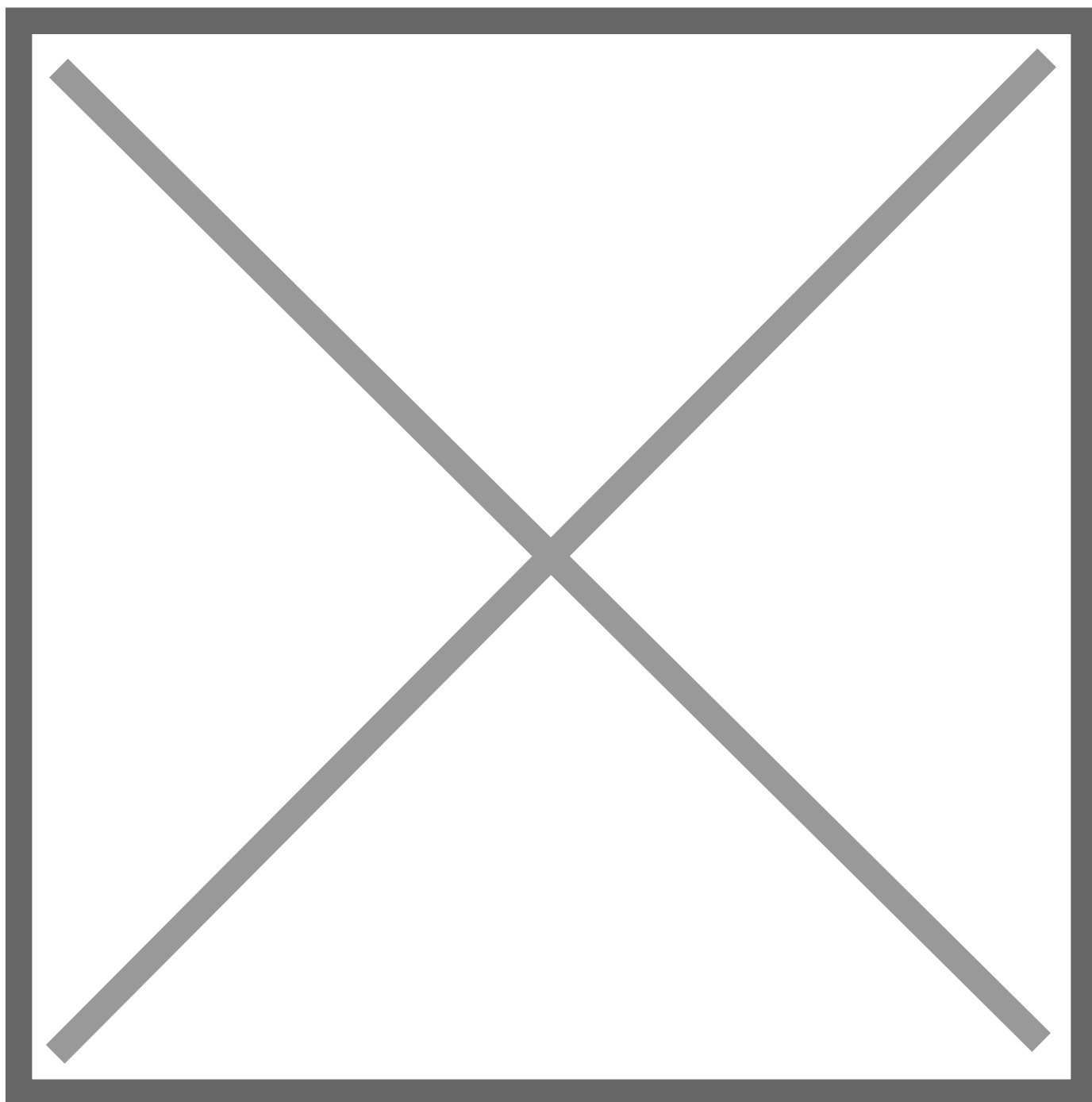
Reference:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definice
(k dispozici
pouze
v angličtině):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Adults, 2014



Reference:

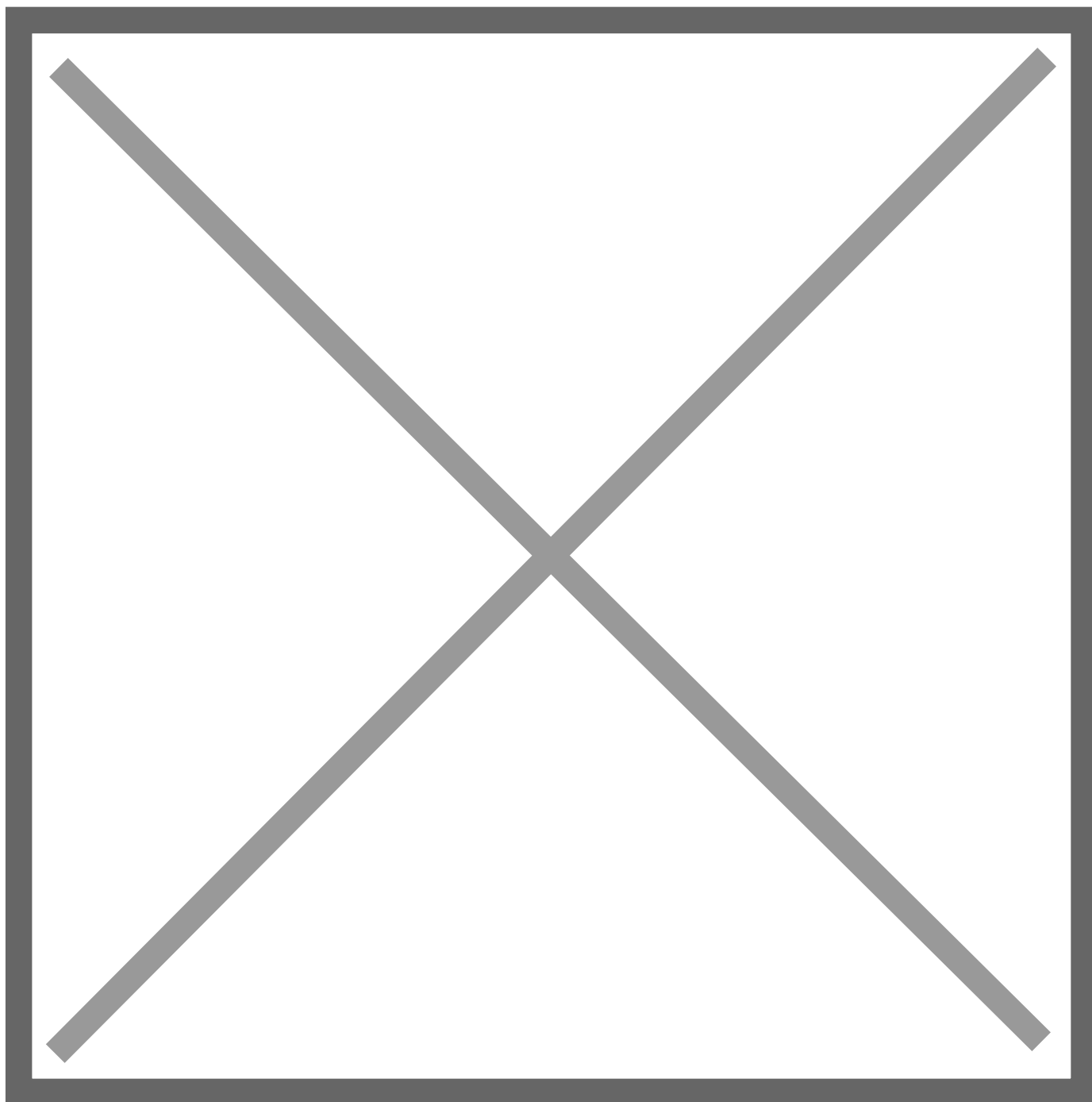
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definition
(když dispozice
pouze
v angličtině):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

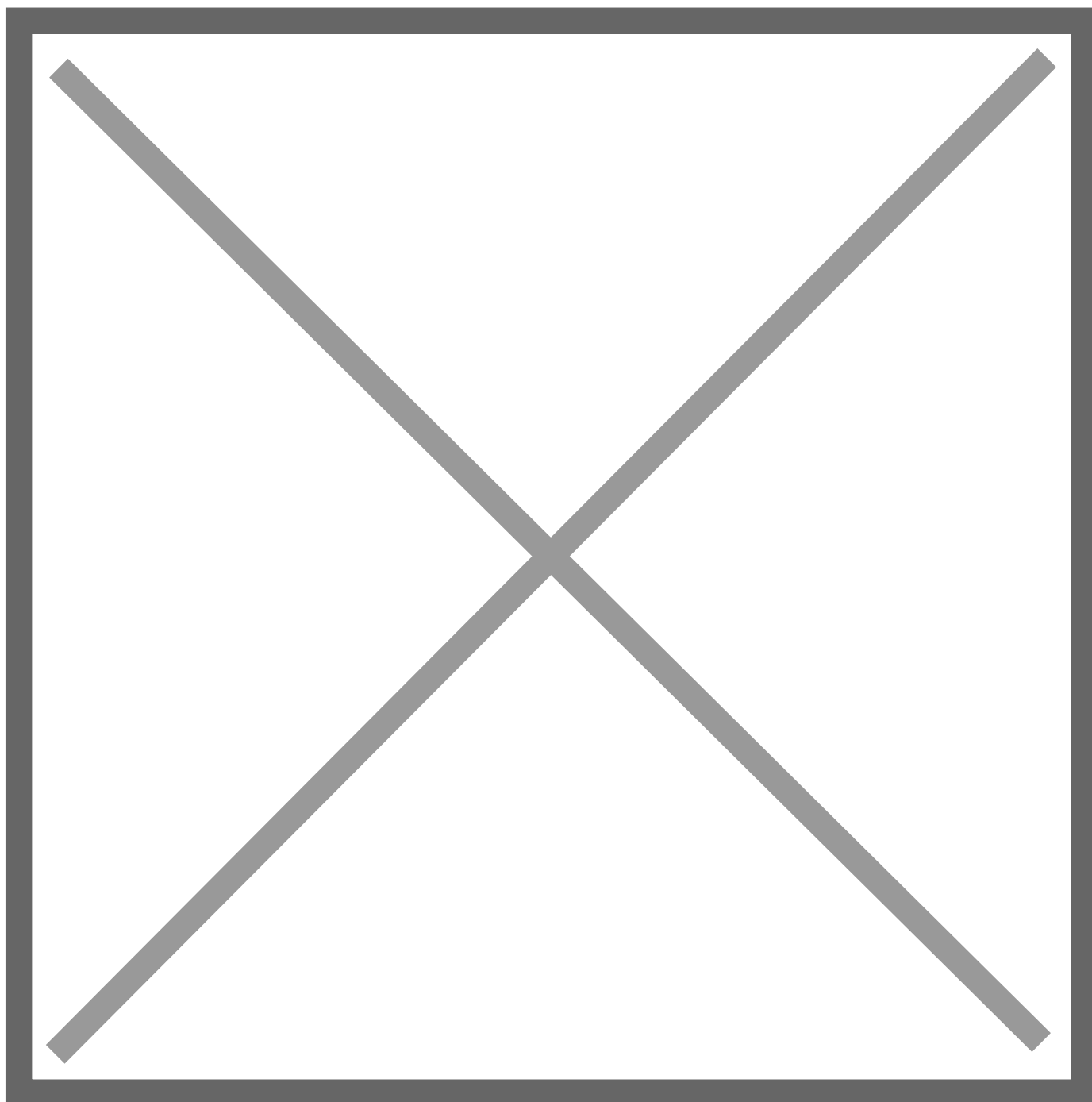
Prevalence diabetu

Dospělí IÄ, 2021-2024

**Reference:**

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

Dospělí I, 2021-2024



Reference:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

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