

# **Conducători auto OMS Regiunea Pacificului de Vest**

## **Report cards**

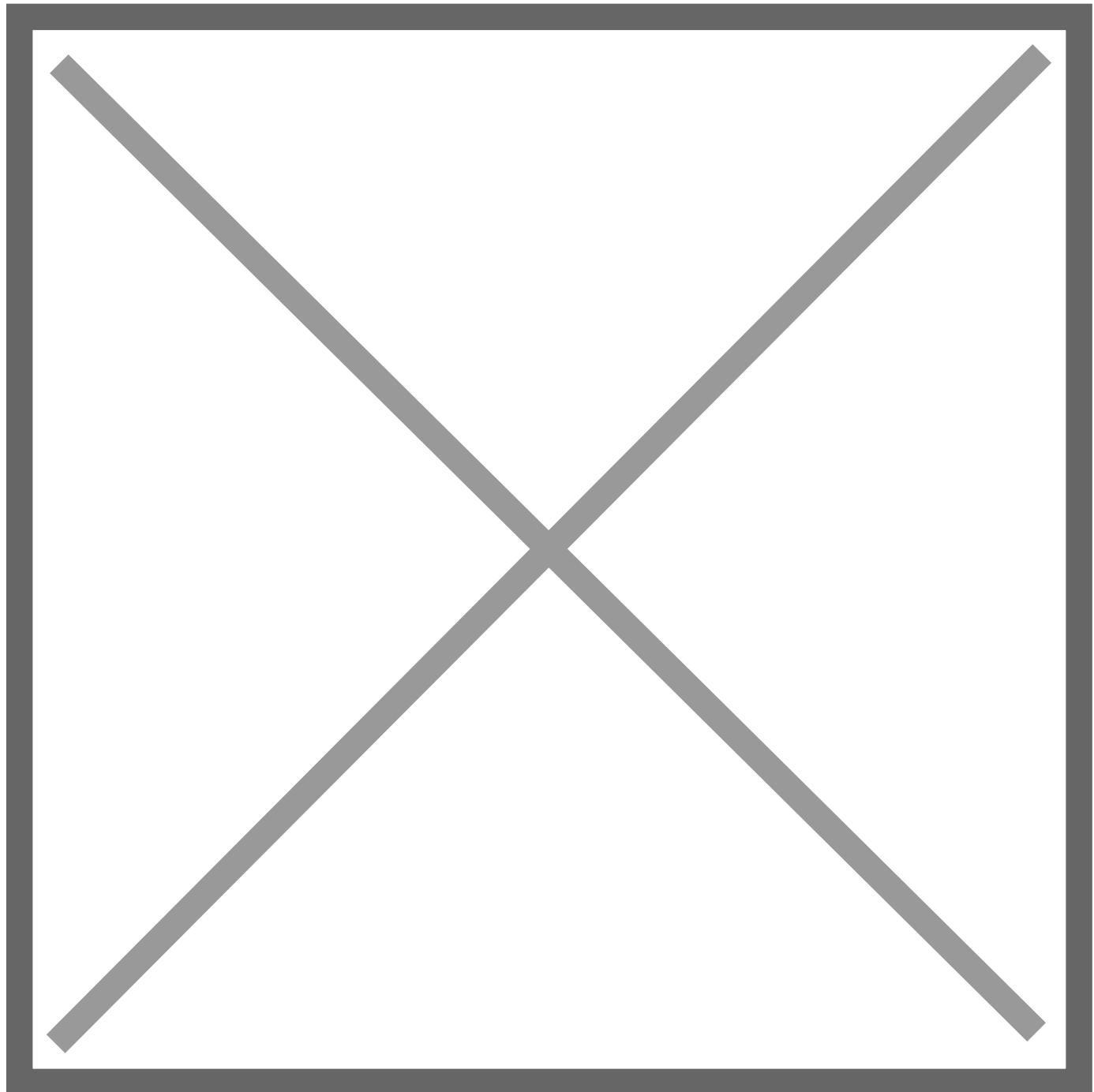
Our report cards collate all the most-recent graphics for this region. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

**Report card (adult data)**

**Report card (child data)**

## **Activitate insuficientă**

**Adulți, 2016-2022**



**Tip de studiu:**

Auto-raportat

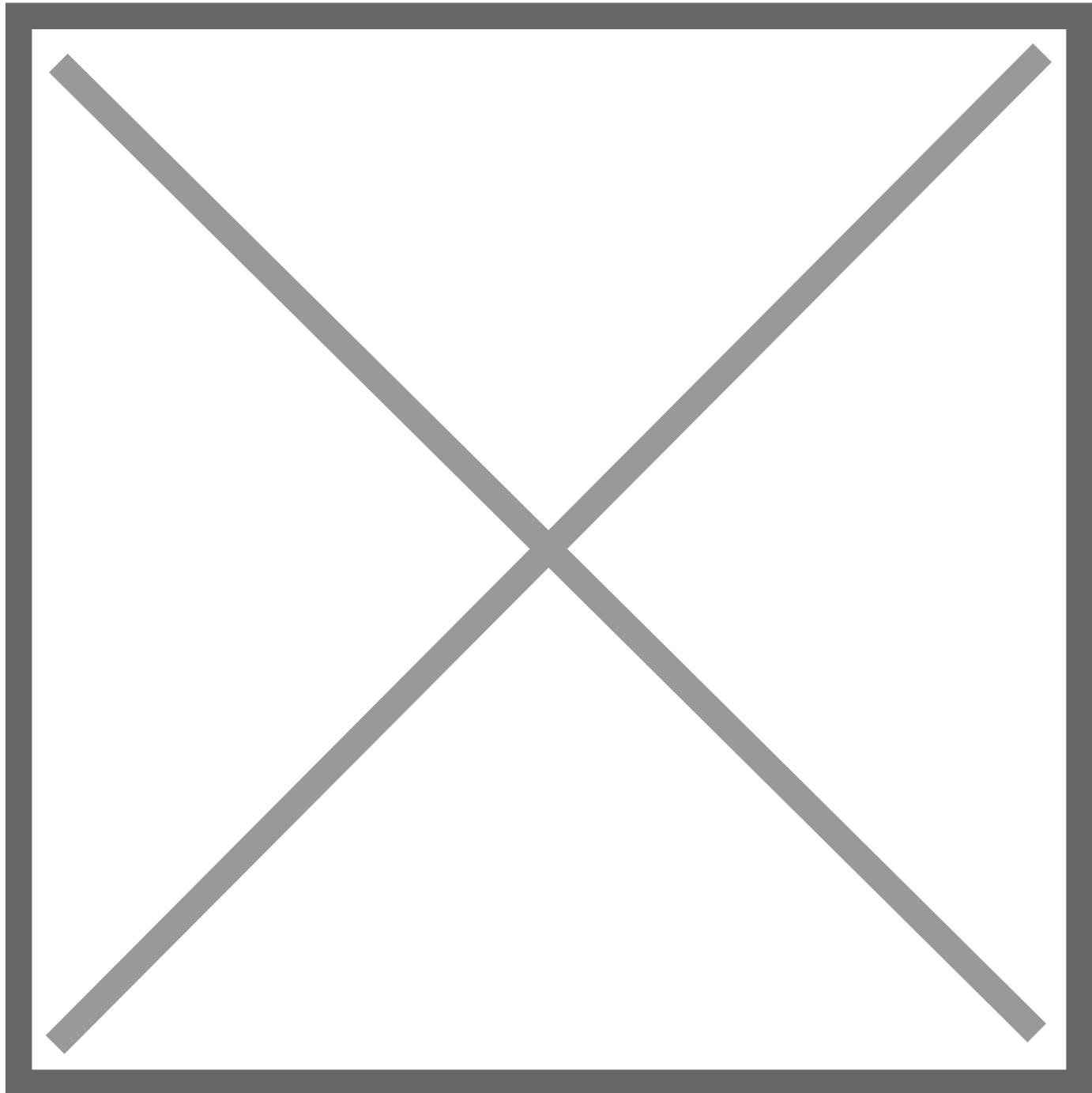
**Zona acoperită:**

Național

**Bibliografie:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(--\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(--))

**Definiții  
(disponibile  
numai în  
limba  
engleză):** Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Bărbăti, 2016-2022



**Tip de studiu:**

Auto-raportat

**Zona acoperită:**

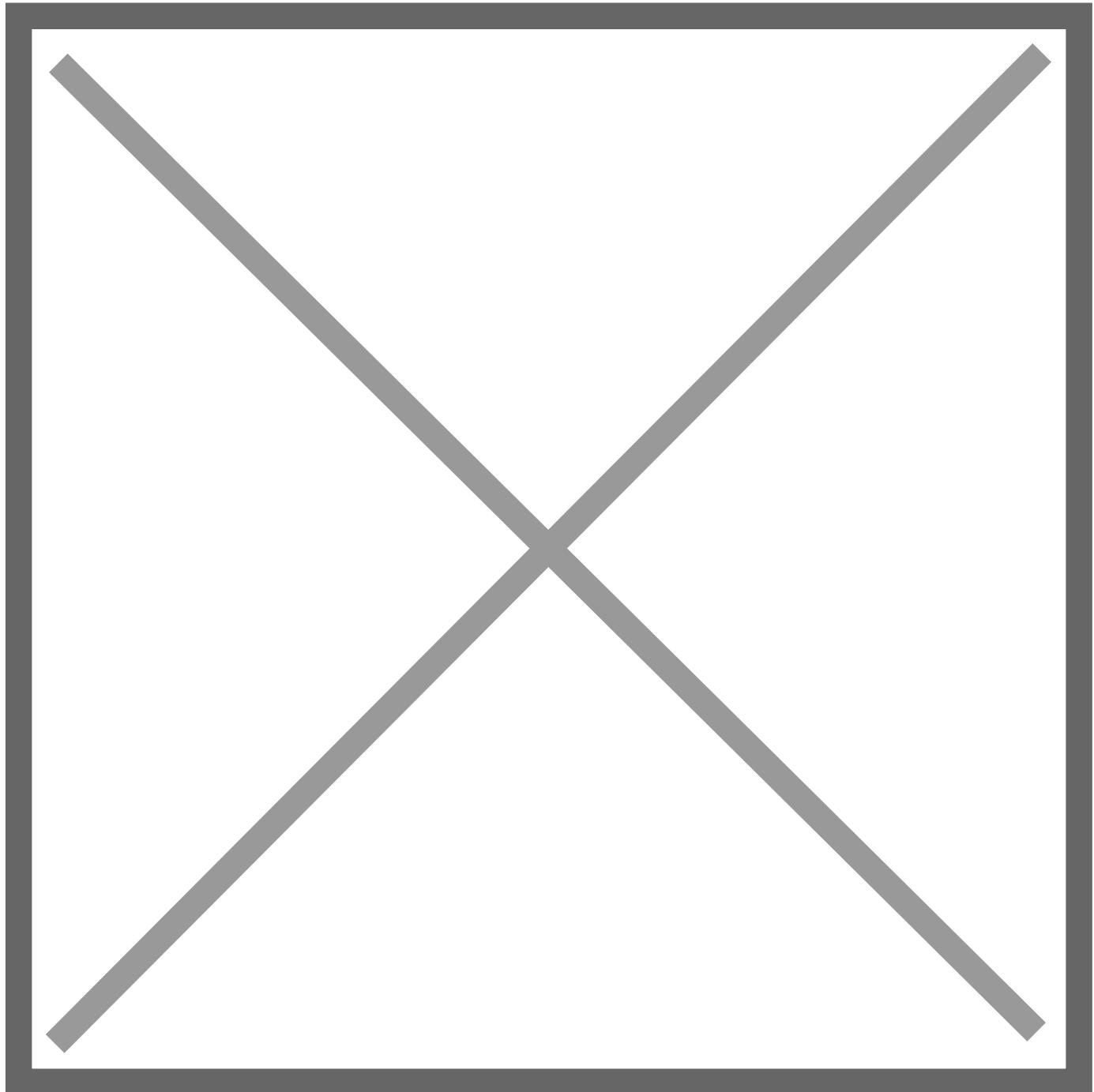
Național

**Bibliografie:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(--\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(--))

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

**Femei, 2016-2022**



**Tip de studiu:**

Auto-raportat

**Zona acoperită:**

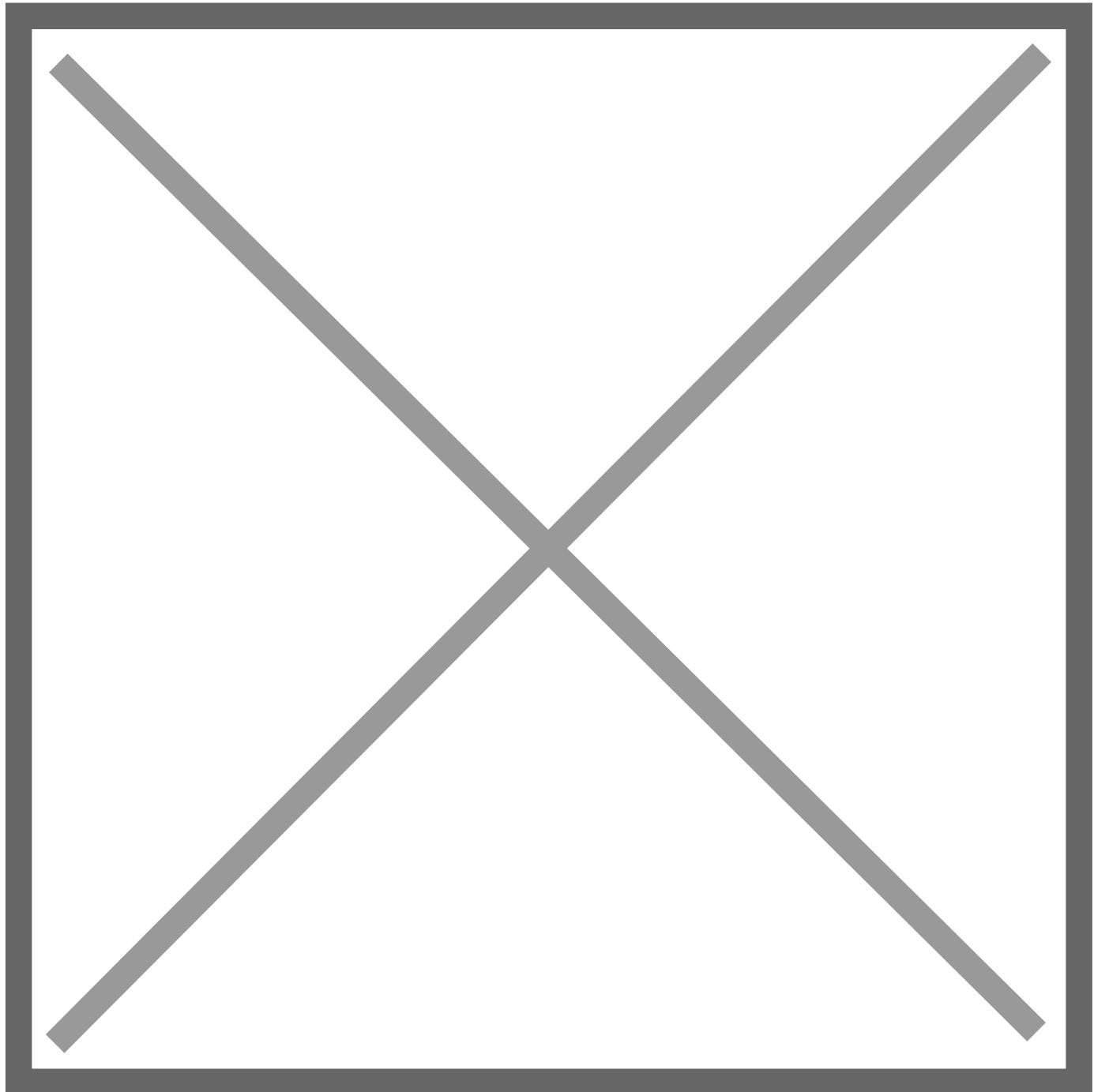
Național

**Bibliografie:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(--\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(--))

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

**Copii, 2016**



**Tip de studiu:**

Auto-raportat

**Vârstă:**

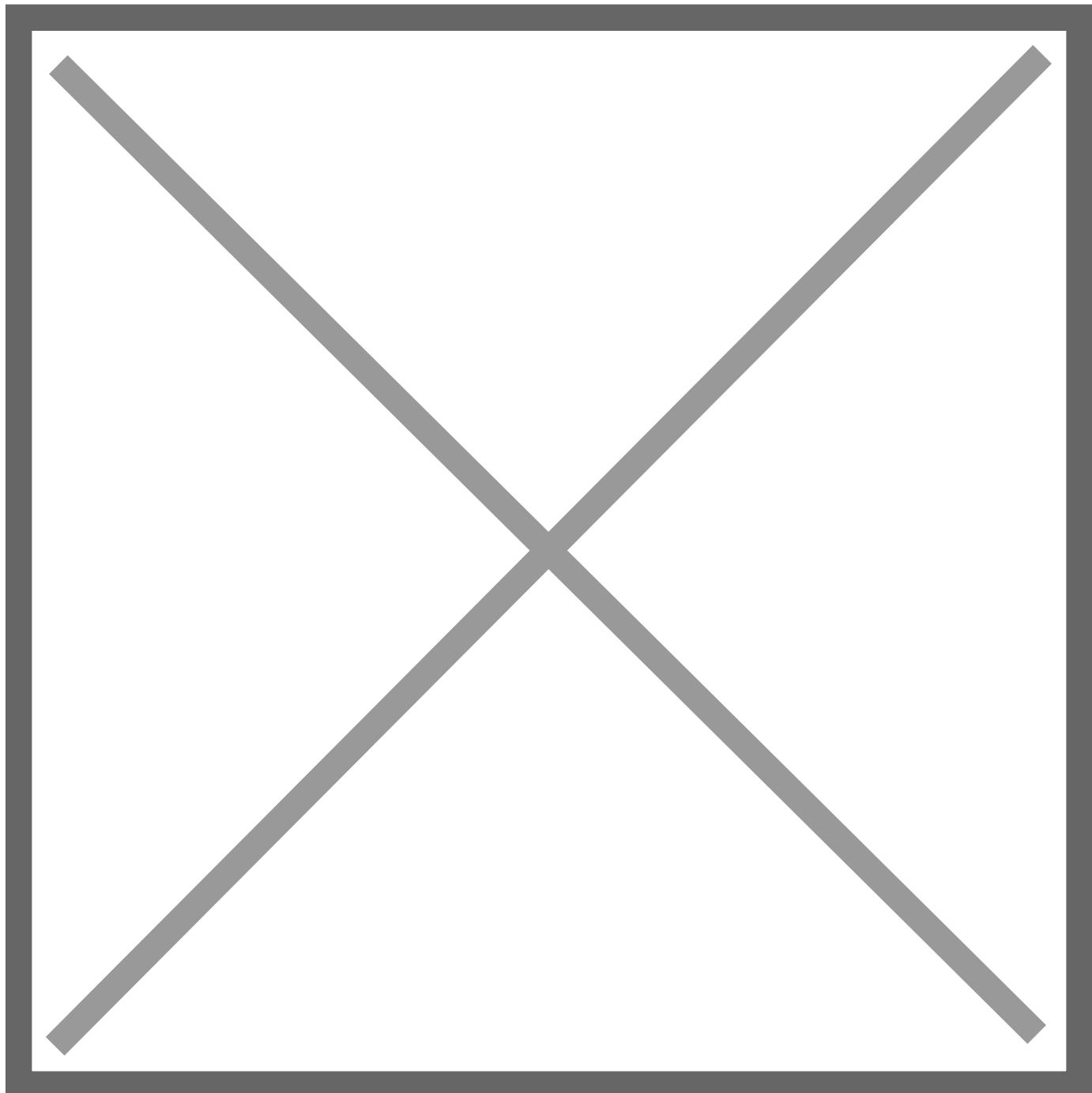
11-17

**Bibliografie:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

<b>Note (disponibile numai în limba engleză):</b>	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
<b>Definiții (disponibile numai în limba engleză):</b>	% Adolescents insufficiently active (age standardised estimate)

**Băieți, 2016**



**Tip de studiu:**

Auto-raportat

**Vârstă:**

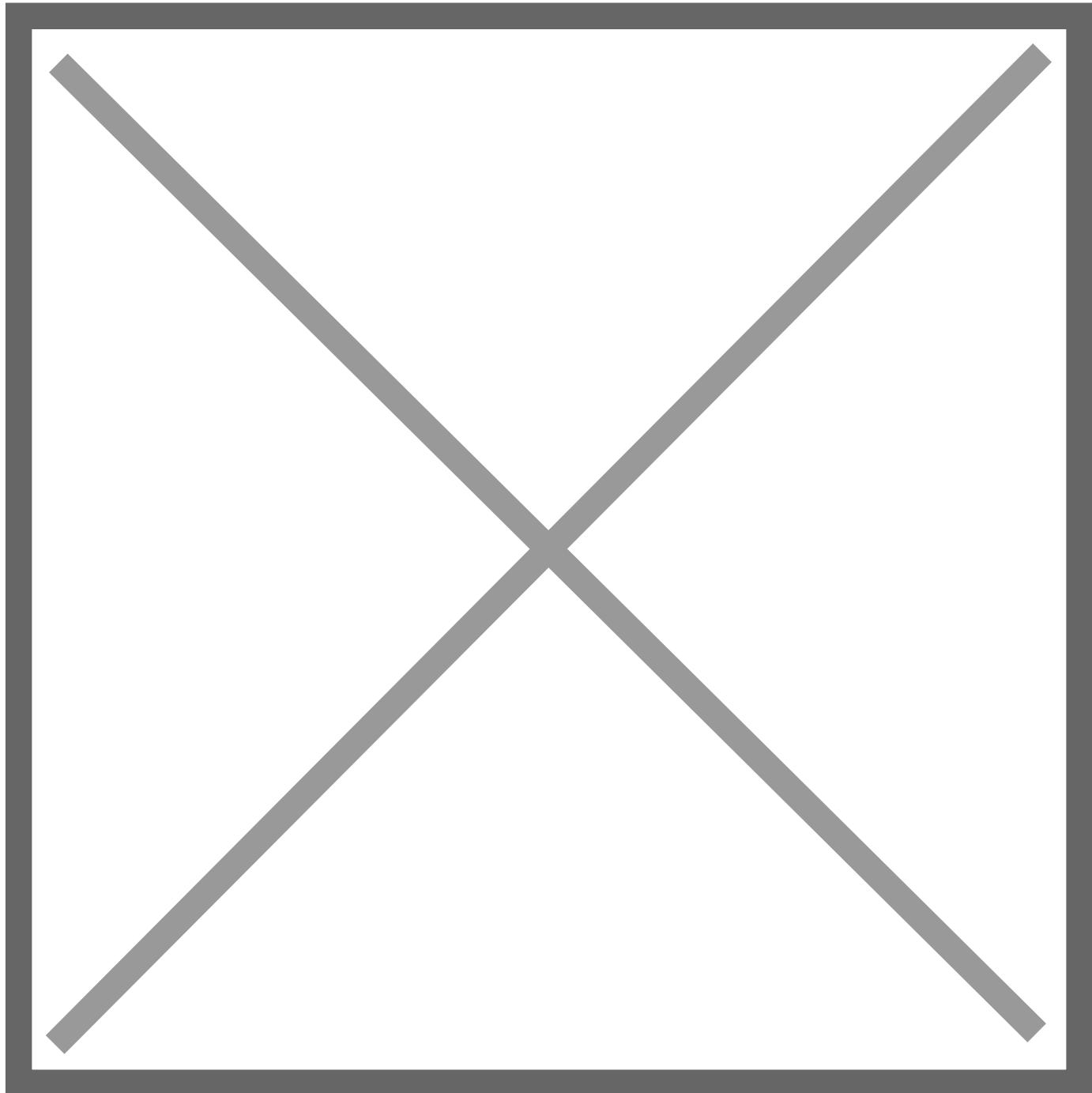
11-17

**Bibliografie:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

<b>Note (disponibile numai în limba engleză):</b>	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
<b>Definiții (disponibile numai în limba engleză):</b>	% Adolescents insufficiently active (age standardised estimate)

**Fete, 2016**



**Tip de studiu:**

Auto-raportat

**Vârstă:**

11-17

**Bibliografie:**

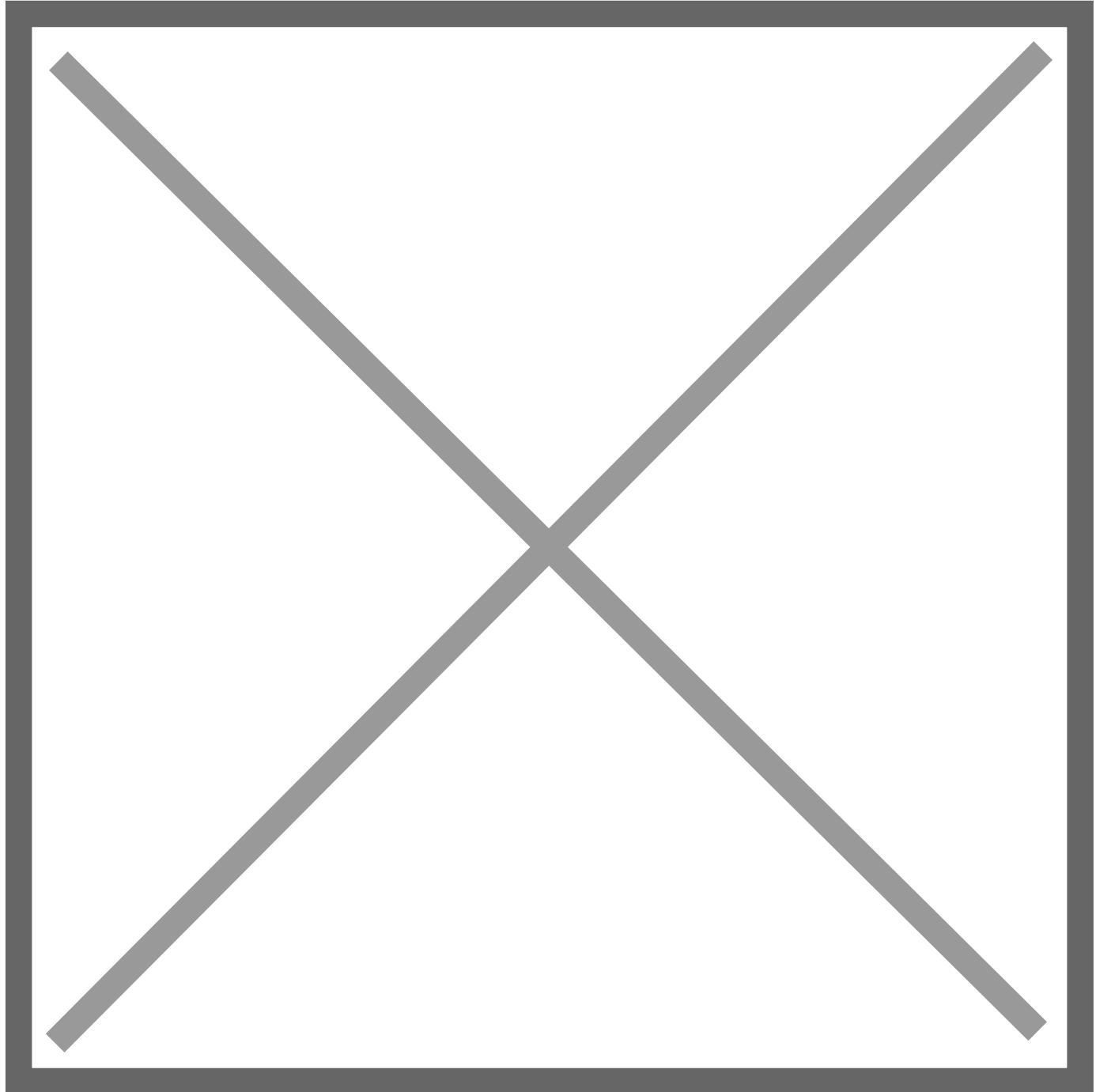
Global Health Observatory data repository, World Health Organisation,

<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

<b>Note (disponibile numai în limba engleză):</b>	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
<b>Definiții (disponibile numai în limba engleză):</b>	% Adolescents insufficiently active (age standardised estimate)

**Frecvență medie zilnică a consumului a băuturilor răcoritoare carbogazoase**

**Copii, 2010-2015**



**Tip de studiu:**

Măsurat

**Vârstă:**

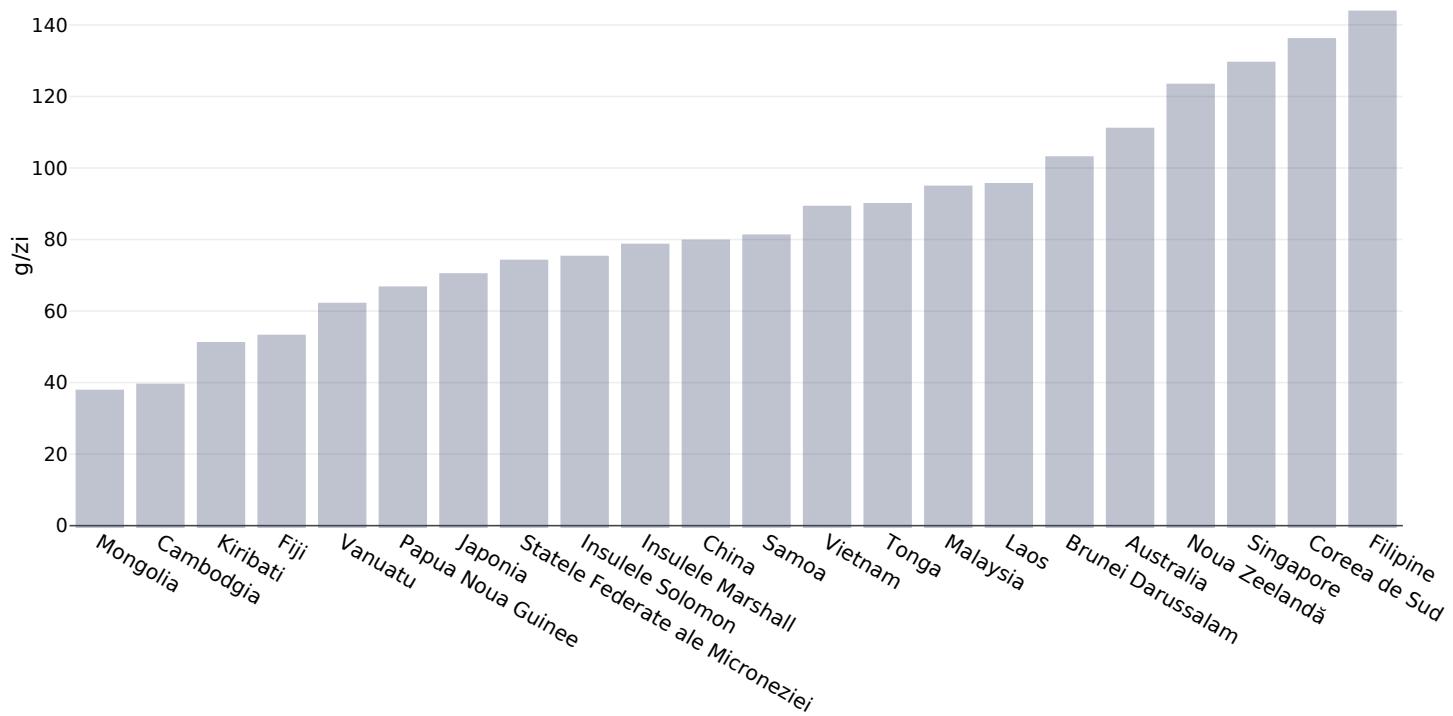
12-17

**Bibliografie:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

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## Consum estimat de fructe pe cap de locuitor

**Adulți, 2017**



**Tip de studiu:**

Măsurat

**Vârstă:**

25+

**Bibliografie:**

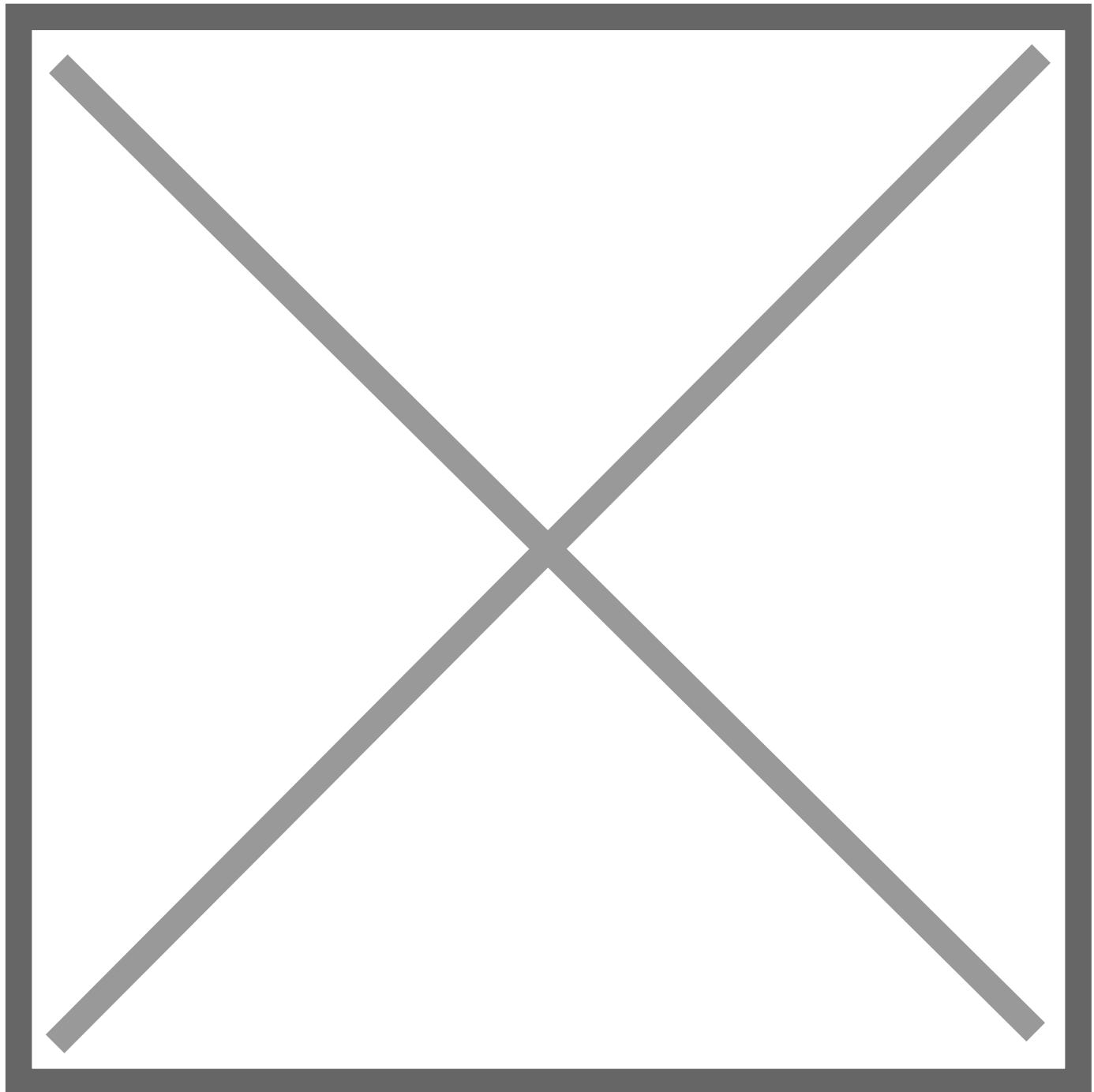
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Estimated per-capita fruit intake (g/day)

## **Prevalence of less-than-daily fruit consumption**

**Copii, 2010-2015**



**Tip de studiu:**

Măsurat

**Vârstă:**

12-17

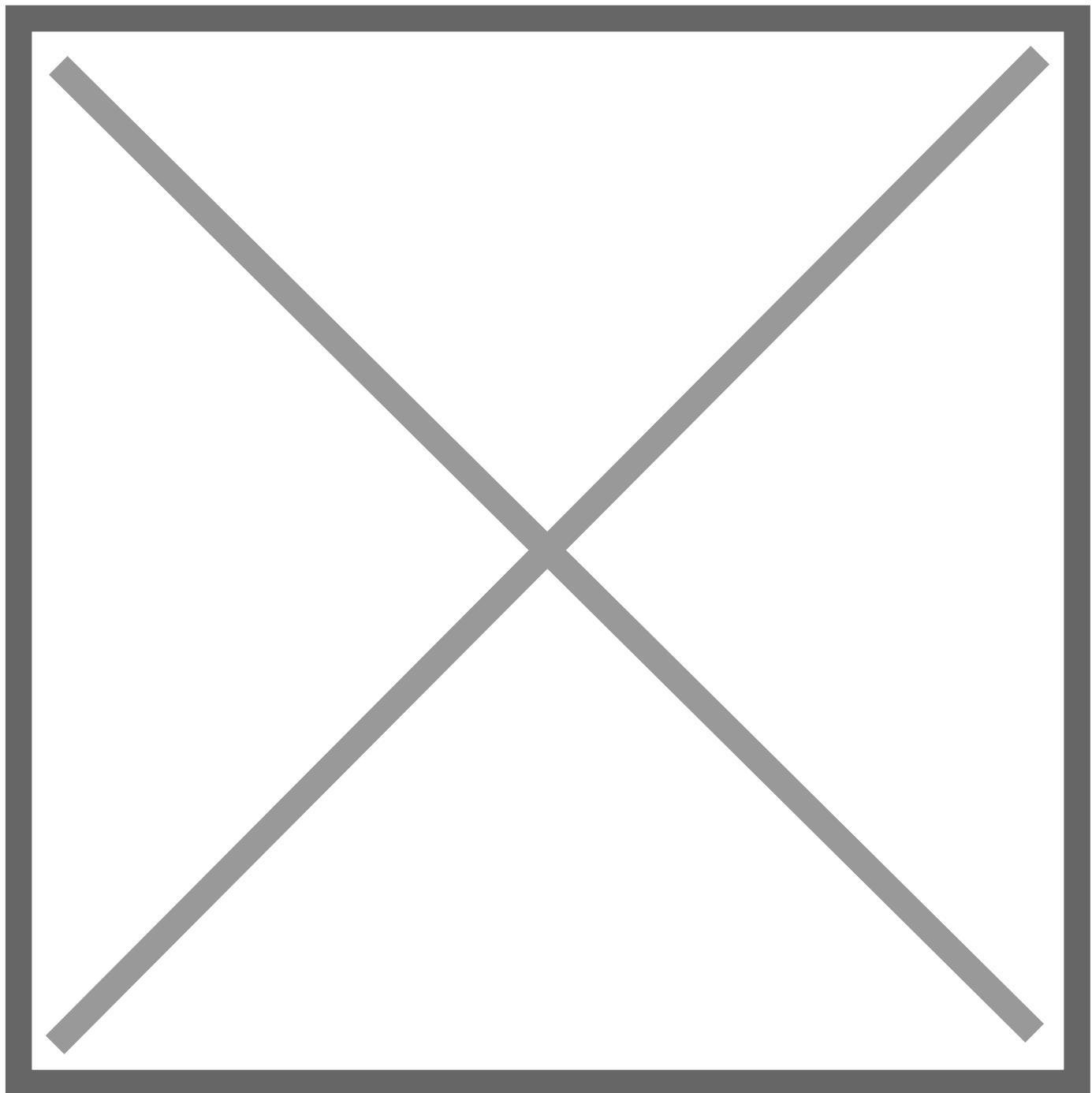
**Bibliografie:** Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## **Prevalence of less-than-daily vegetable consumption**

**Copii, 2010-2015**



**Tip de studiu:**

Măsurat

**Vârstă:**

12-17

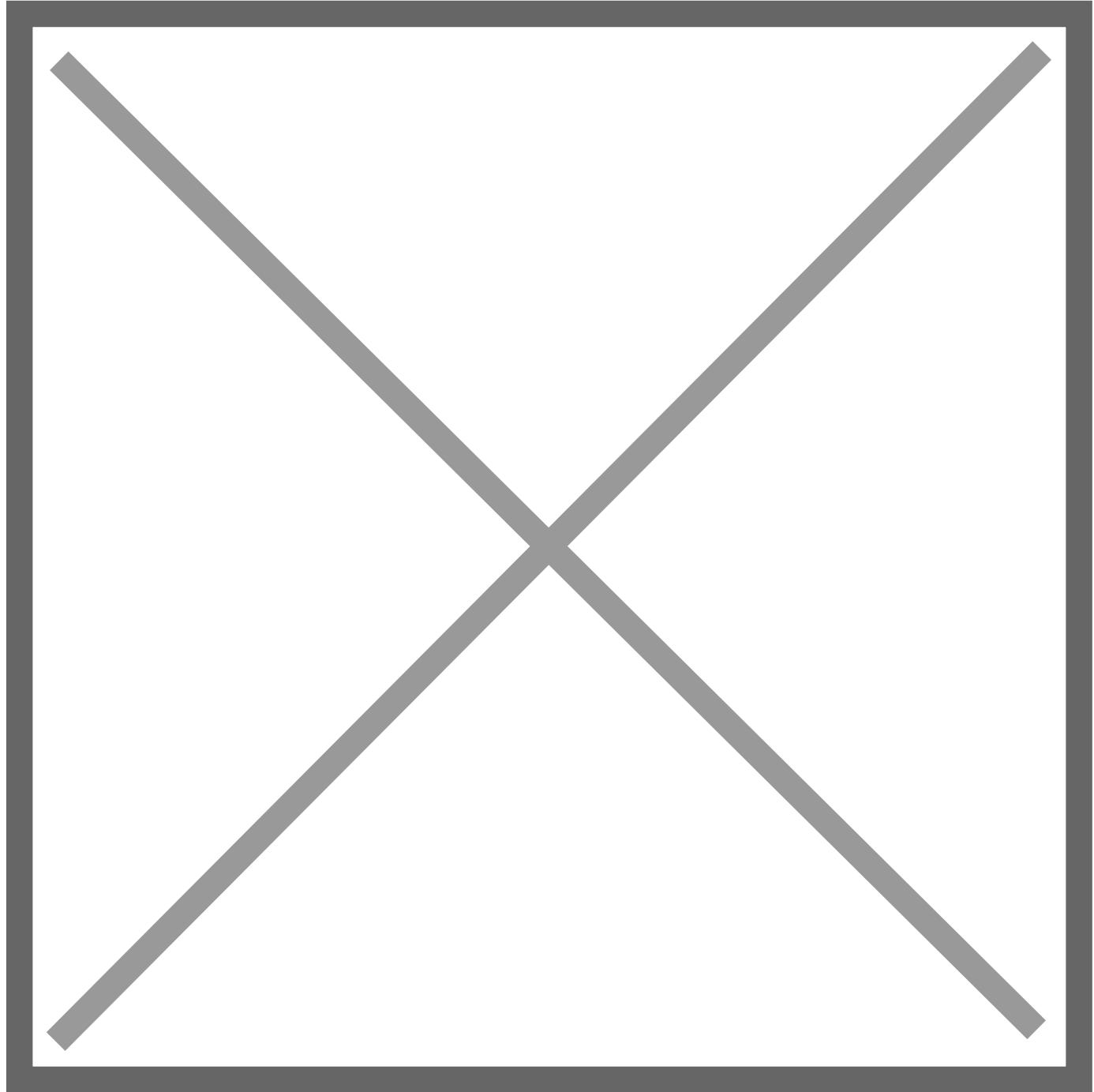
**Bibliografie:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

**Frecvența medie săptămânală a consumului de mâncăruri de tip fast-food**

**Copii, 2010-2015**



Vârstă:

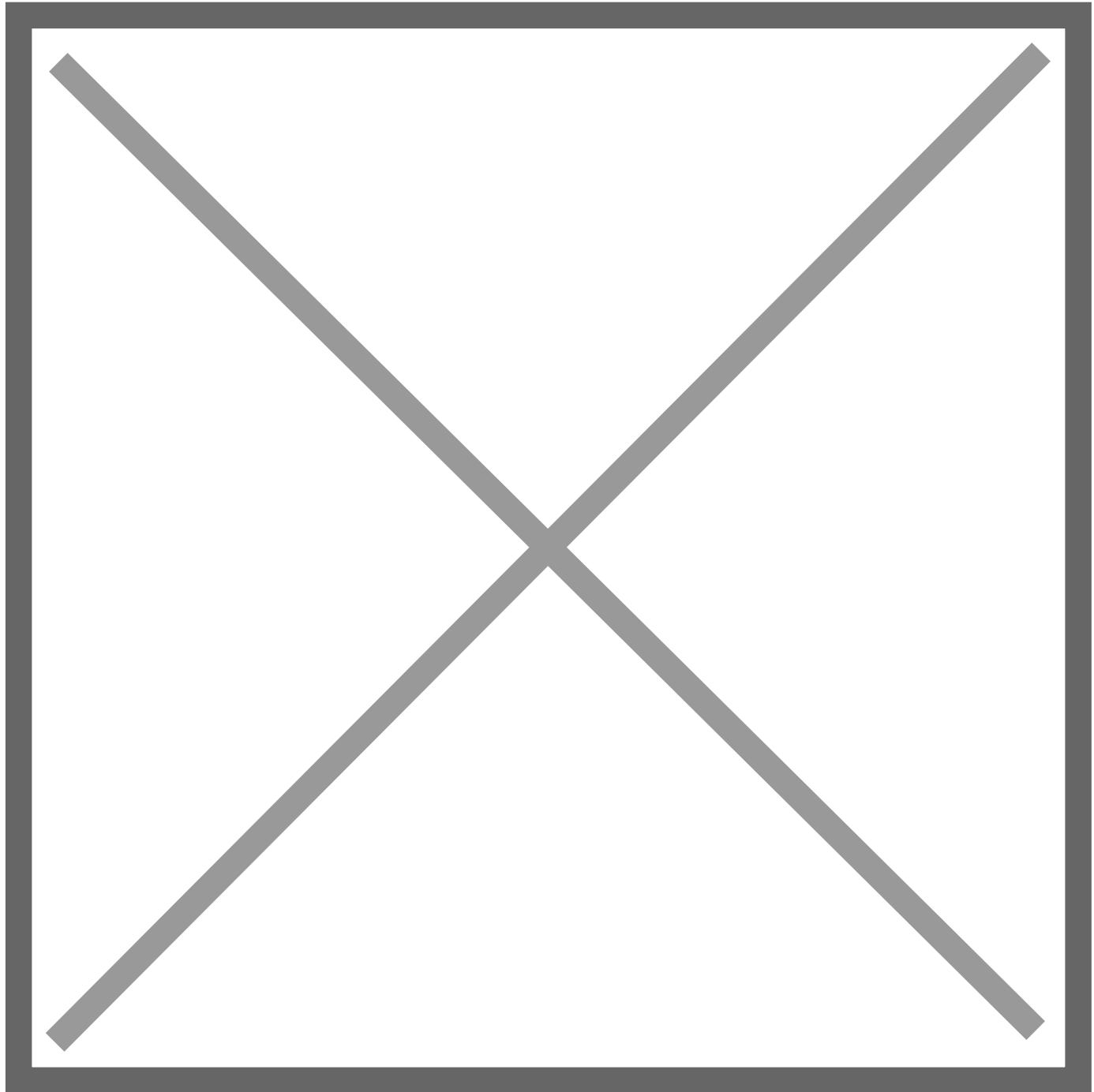
12-17

**Bibliografie:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

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## **Consum estimat de carne procesată pe cap de locuitor**

**Adulți, 2017**



**Tip de studiu:**

Măsurat

**Vârstă:**

25+

**Bibliografie:**

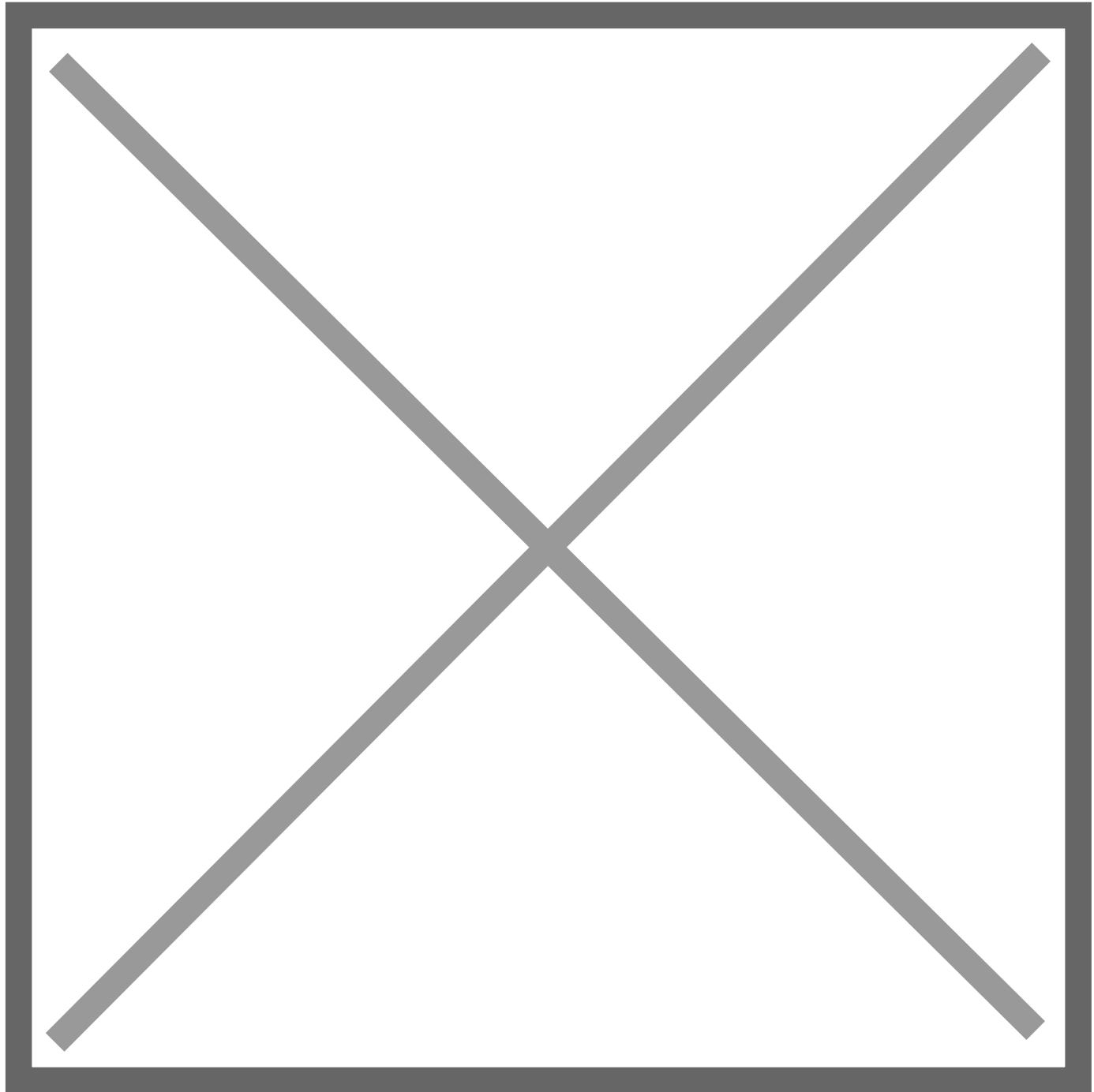
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definiții  
(disponibile  
numai în  
limba  
engleză):

Estimated per-capita processed meat intake (g per day)

## **Consum estimat de cereale integrale pe cap de locuitor**

**Adulți, 2017**



**Tip de studiu:**

Măsurat

**Vârstă:**

25+

**Bibliografie:**

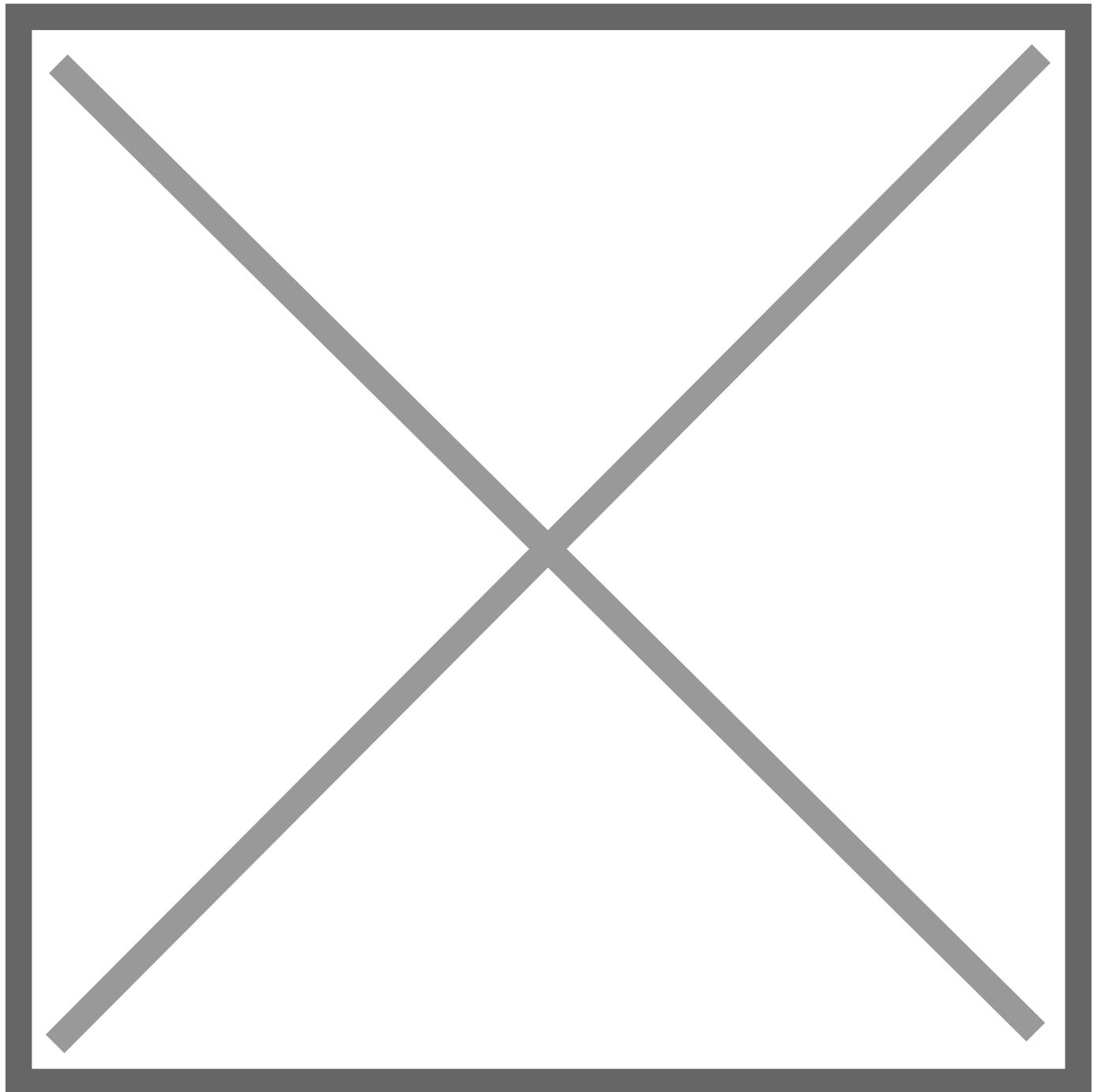
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definiții  
(disponibile  
numai în  
limba  
engleză):

Estimated per-capita whole grains intake (g/day)

## **Sănătate mintală - tulburări depresive**

**Adulți, 2021**



**Vârstă:**

20+

**Zona acoperită:**

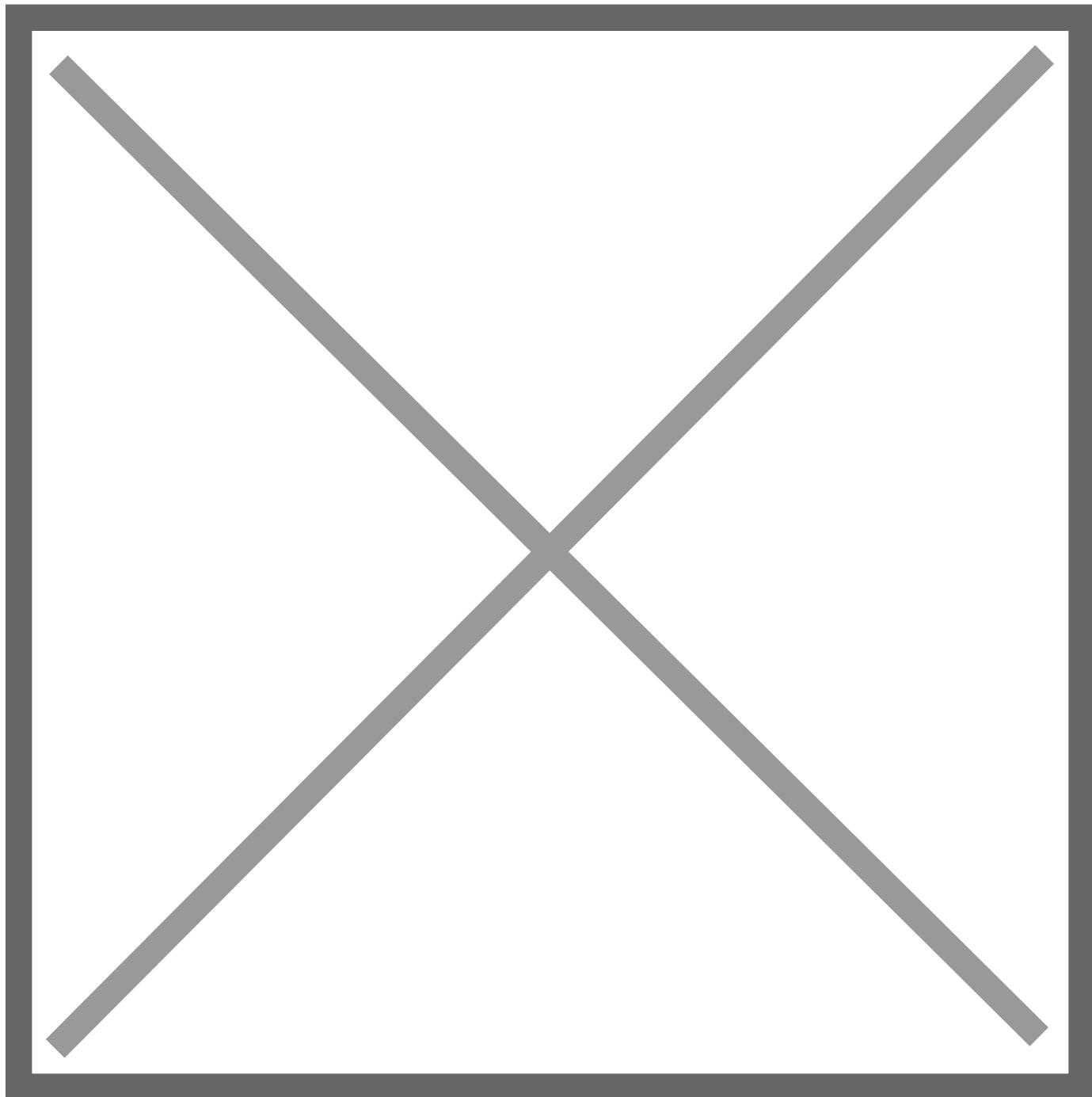
Național

**Bibliografie:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depression per 100,000 population (adults 20+ years)

**Bărbăti, 2021**



**Vârstă:**

20+

**Zona acoperită:**

Național

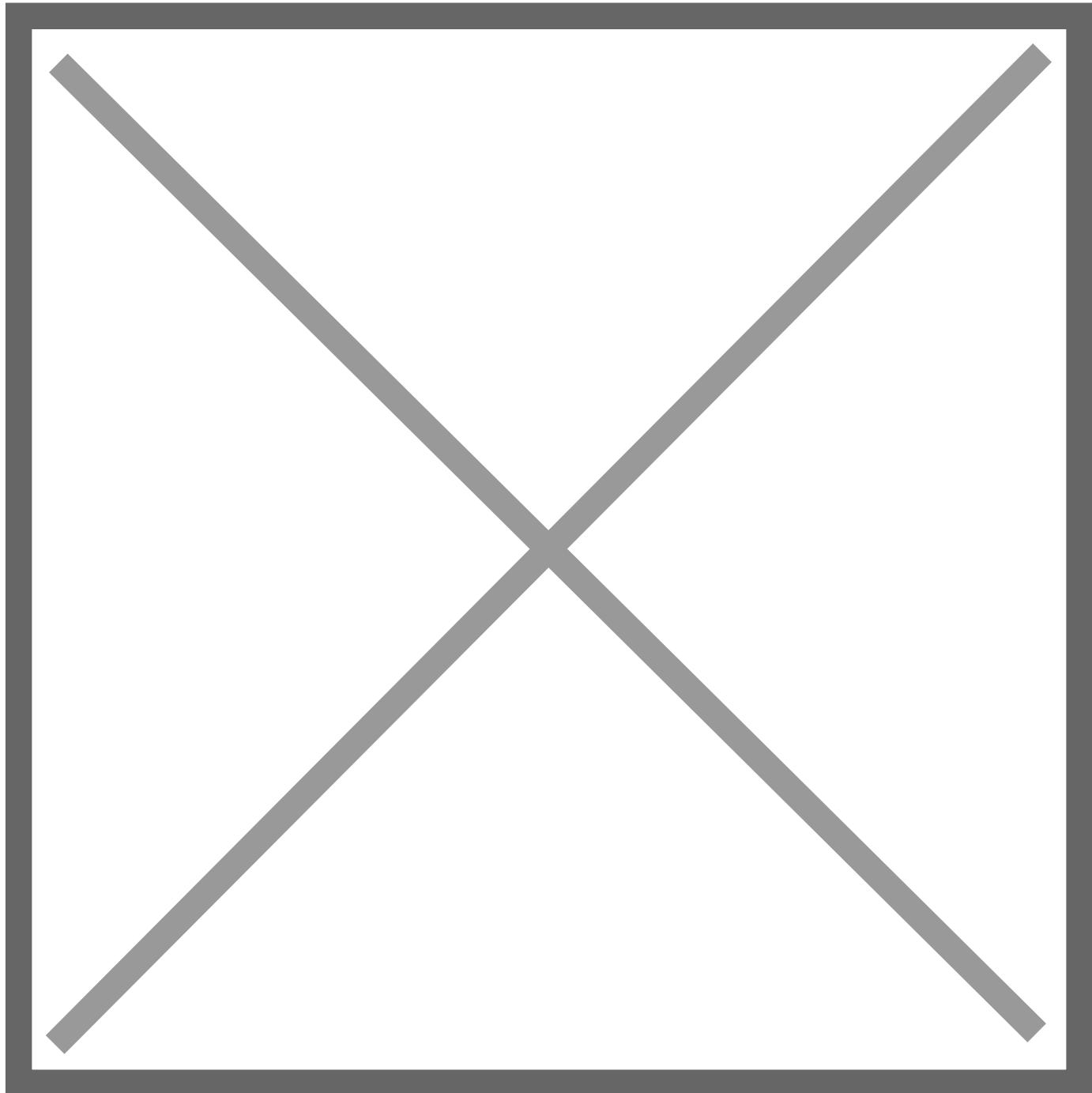
**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depression per 100,000 population (adults 20+ years)

**Femei, 2021**



**Vârstă:**

20+

**Zona acoperită:**

Național

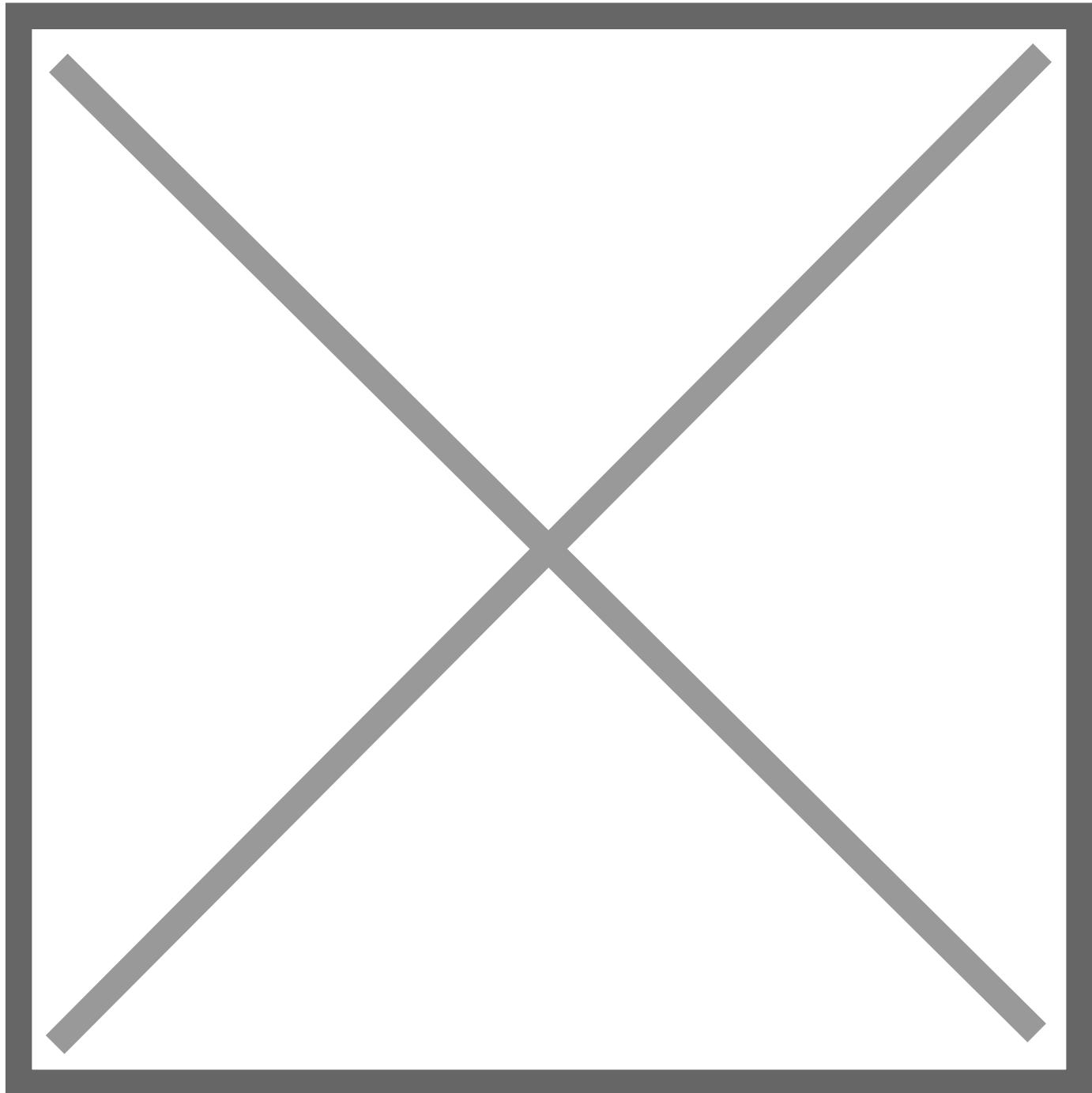
**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depression per 100,000 population (adults 20+ years)

**Copii, 2021**



**Zona  
acoperită:**

National

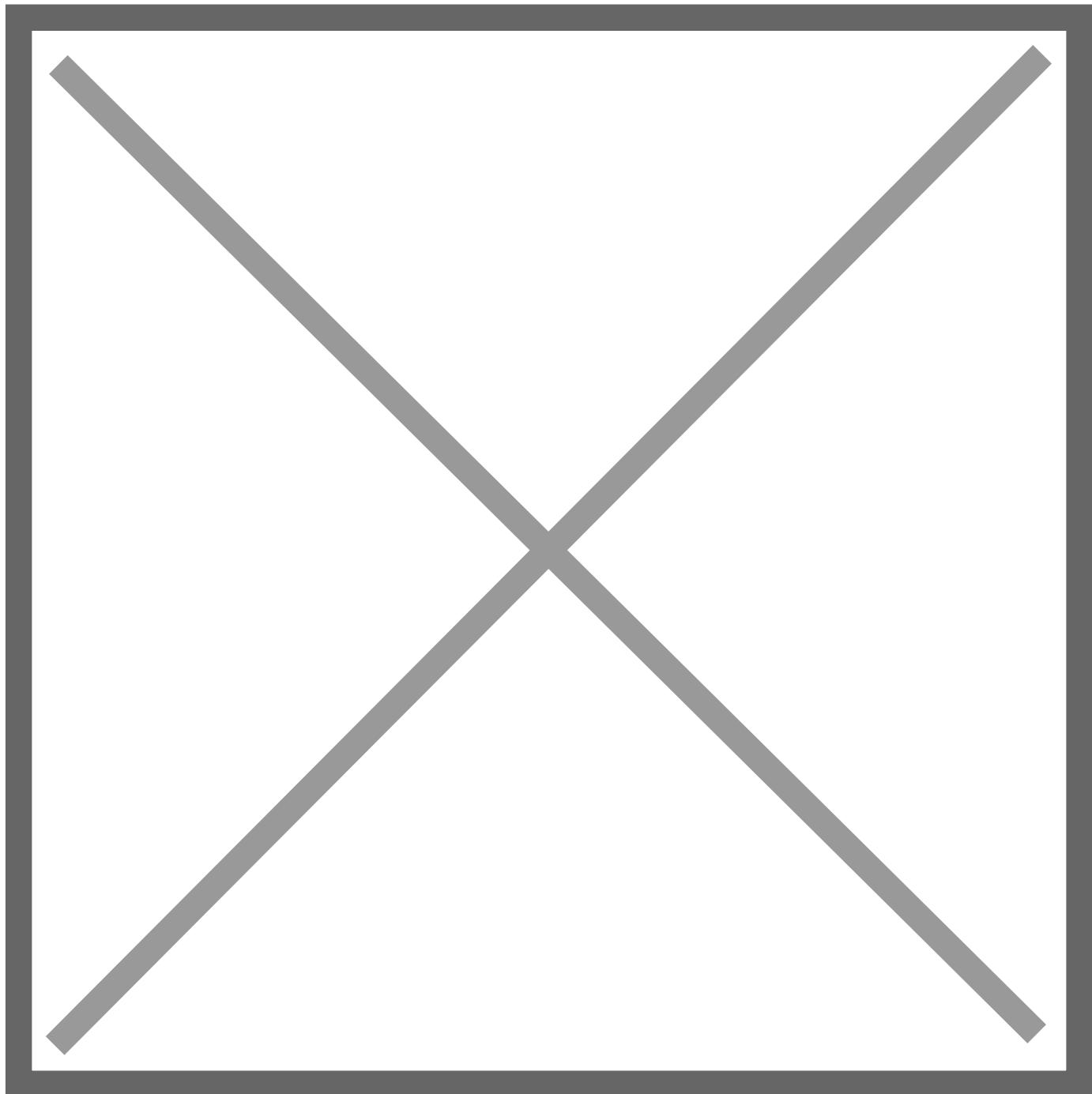
**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

**Băieți, 2021**



**Zona  
acoperită:**

Național

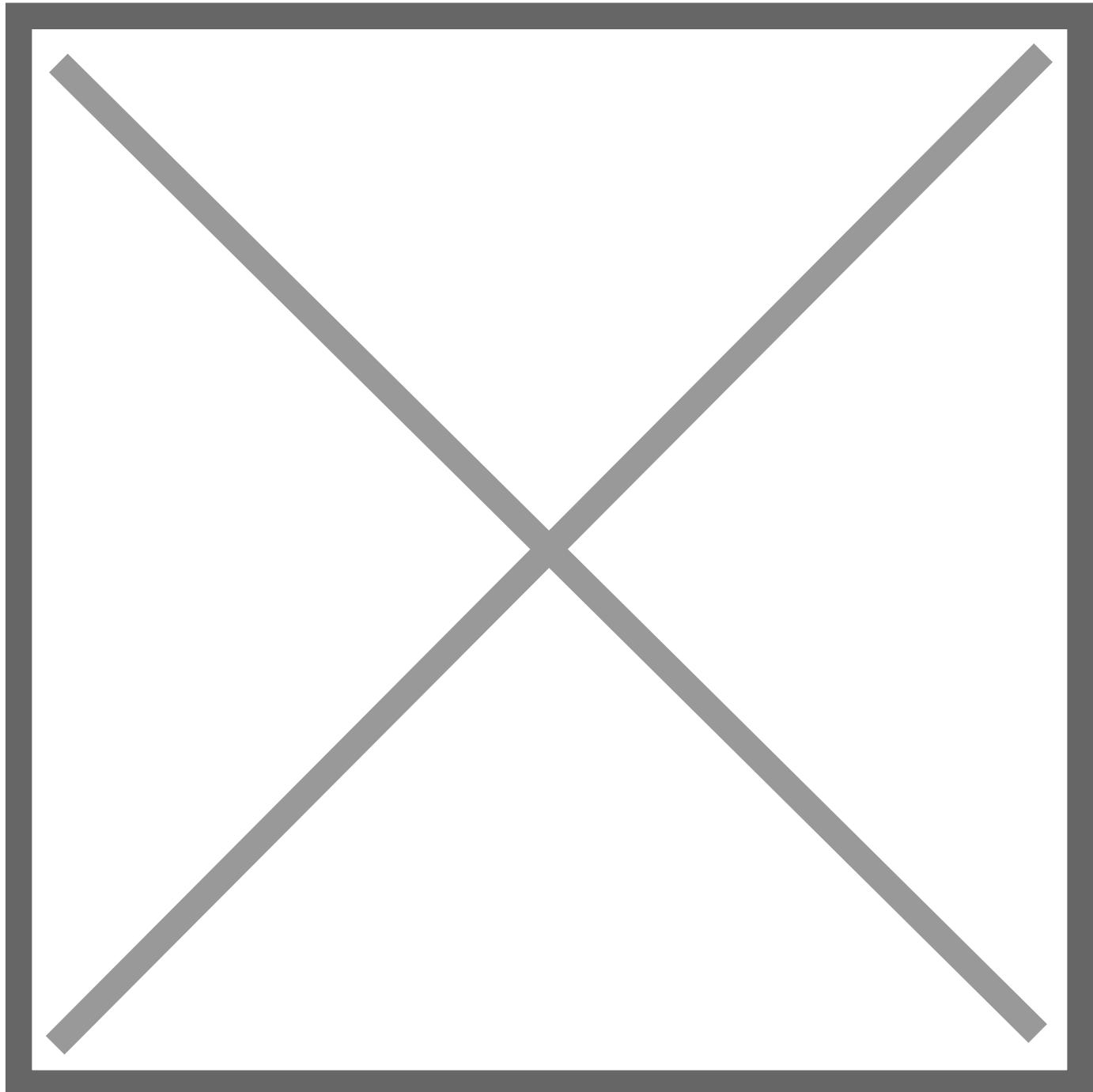
**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

**Fete, 2021**



**Zona  
acoperită:**

Național

**Bibliografie:**

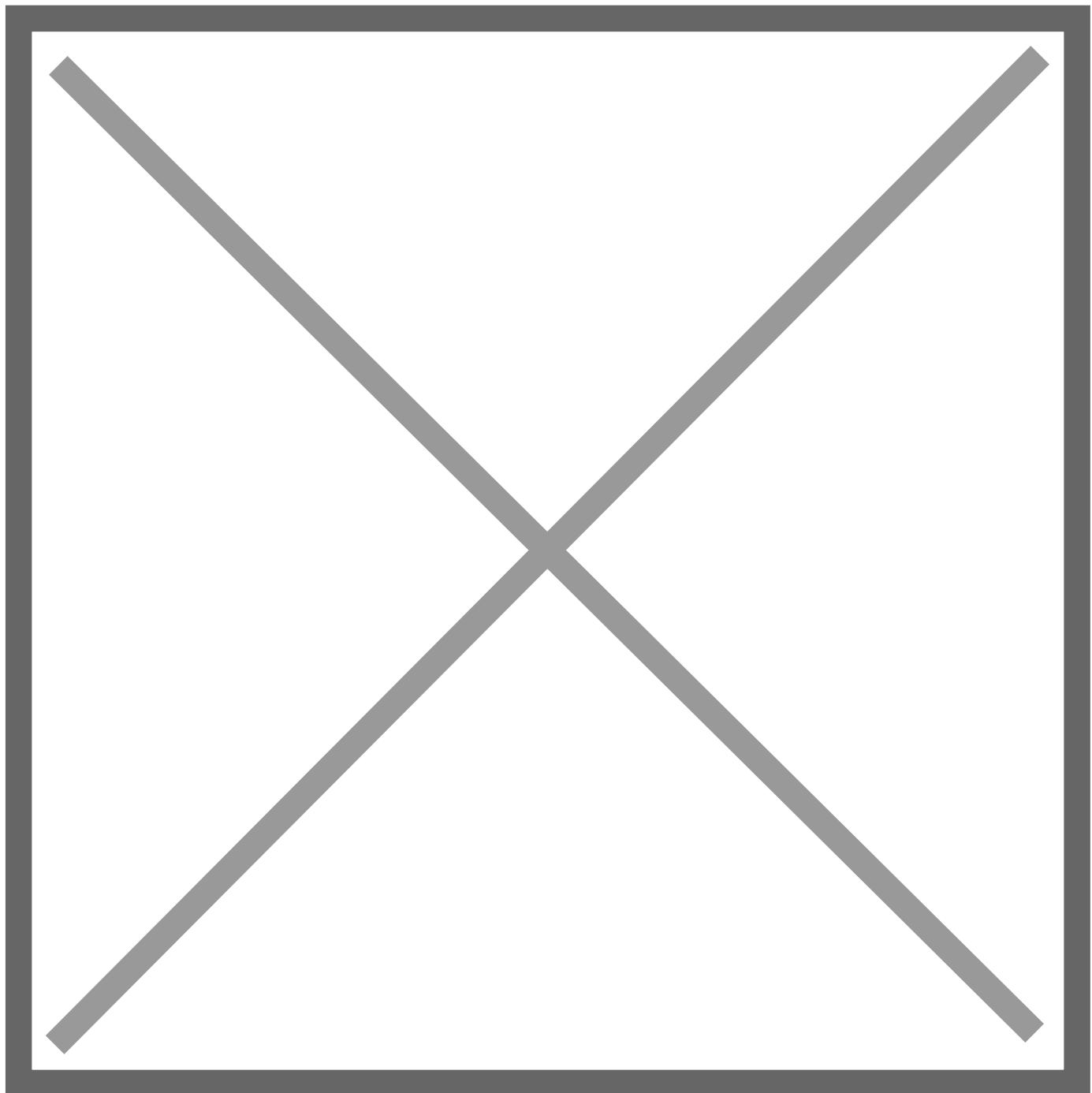
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definiții  
(disponibile  
numai în  
limba  
engleză):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Sănătate mintală - tulburări de anxietate

Adulți, 2021



Vârstă:

20+

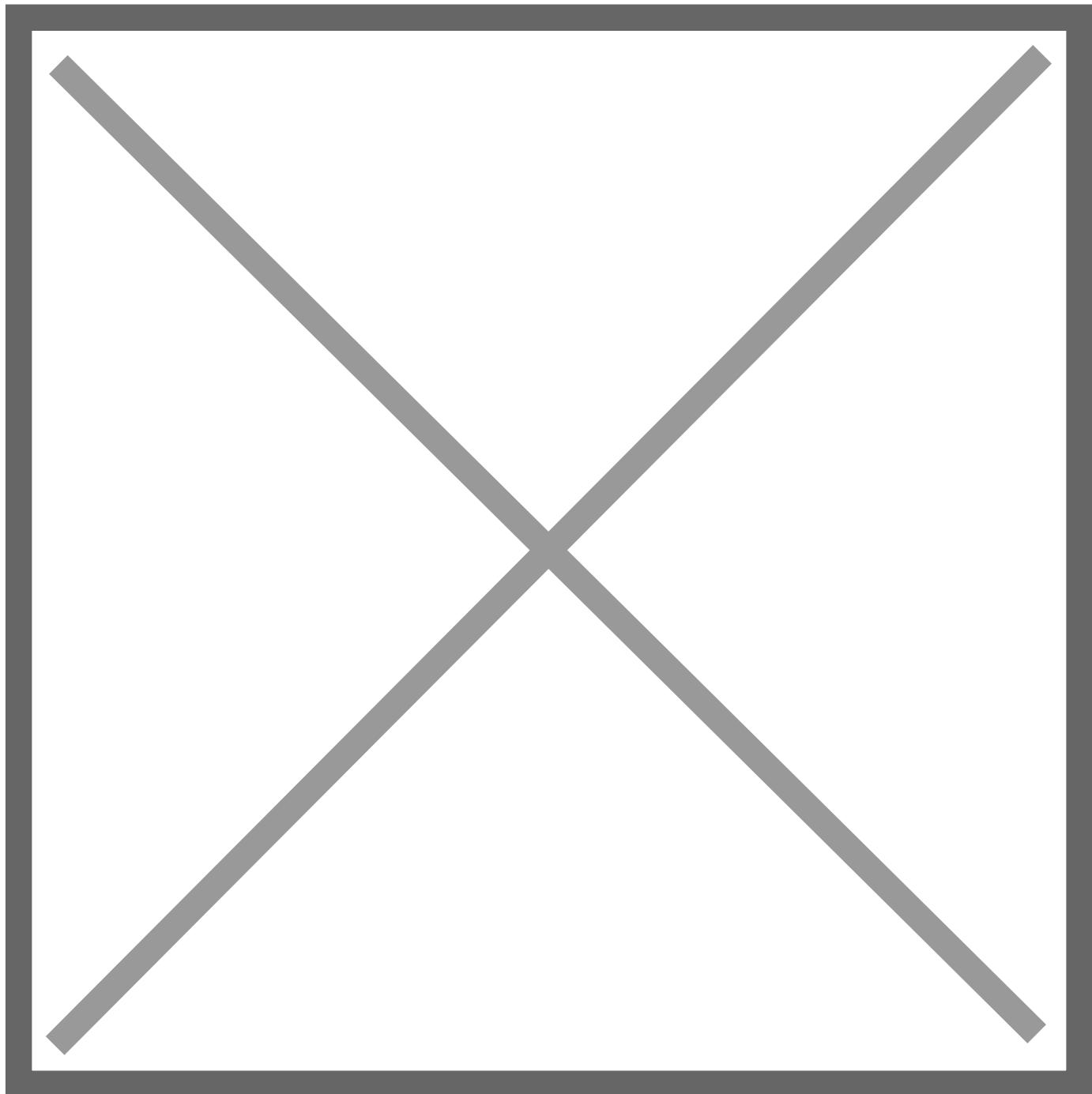
Bibliografie:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiții  
(disponibile  
numai în  
limba  
engleză):

Number living with anxiety per 100,000 population

Bărbăti, 2021



Vârstă:

20+

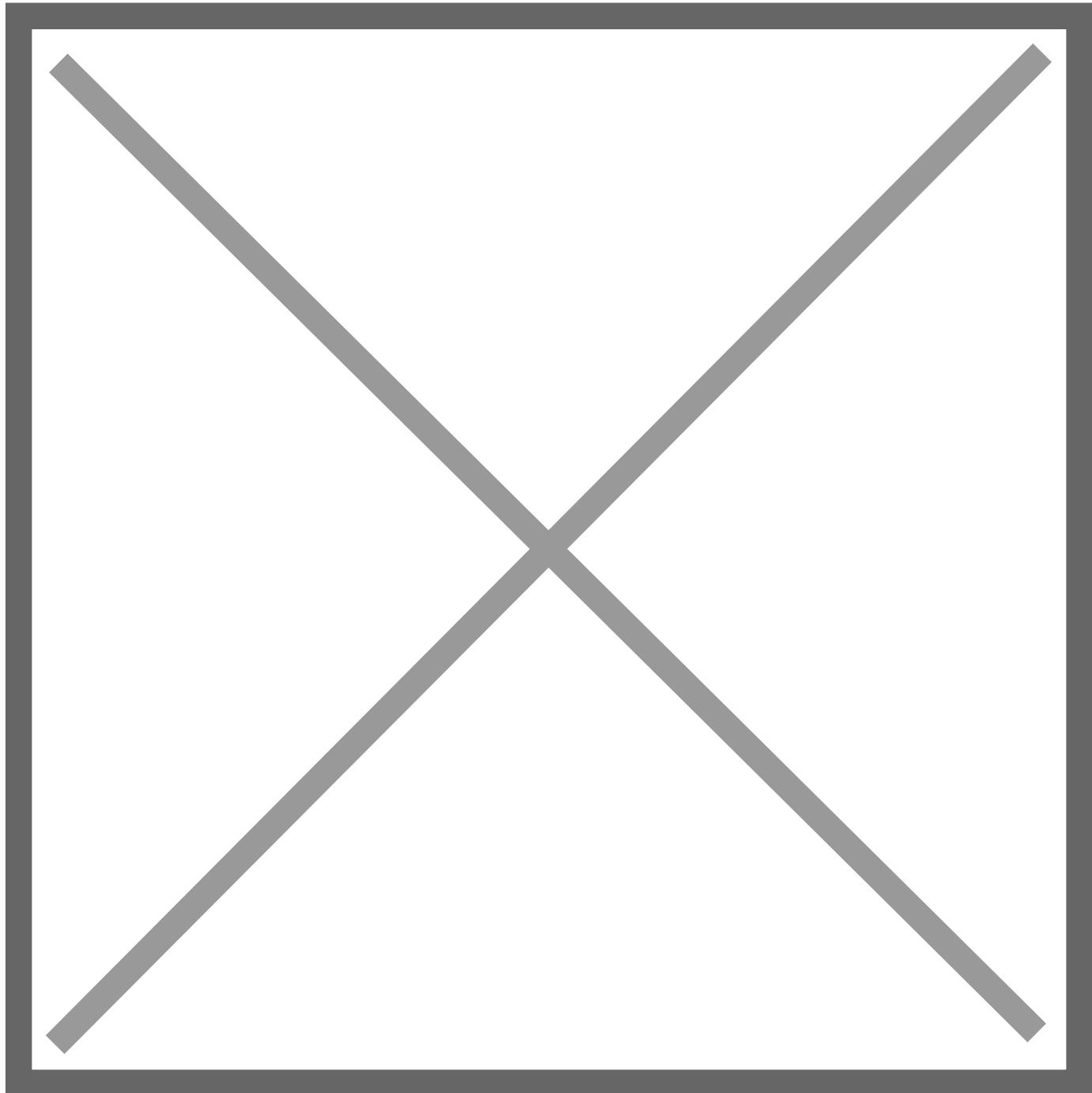
Bibliografie:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiții  
(disponibile  
numai în  
limba  
engleză):

Number living with anxiety per 100,000 population

Femei, 2021



Vârstă:

20+

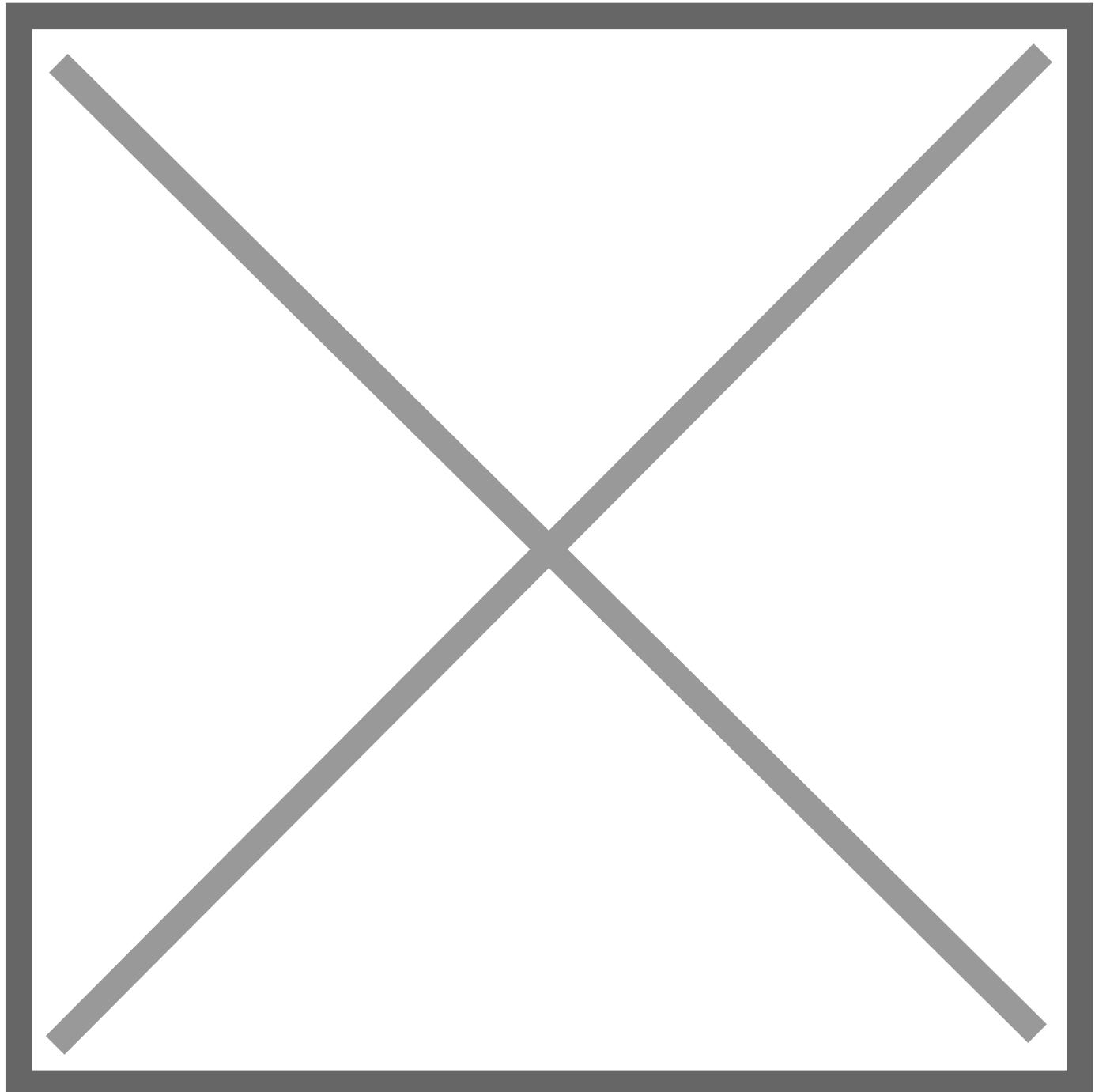
Bibliografie:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definiții  
(disponibile  
numai în  
limba  
engleză):

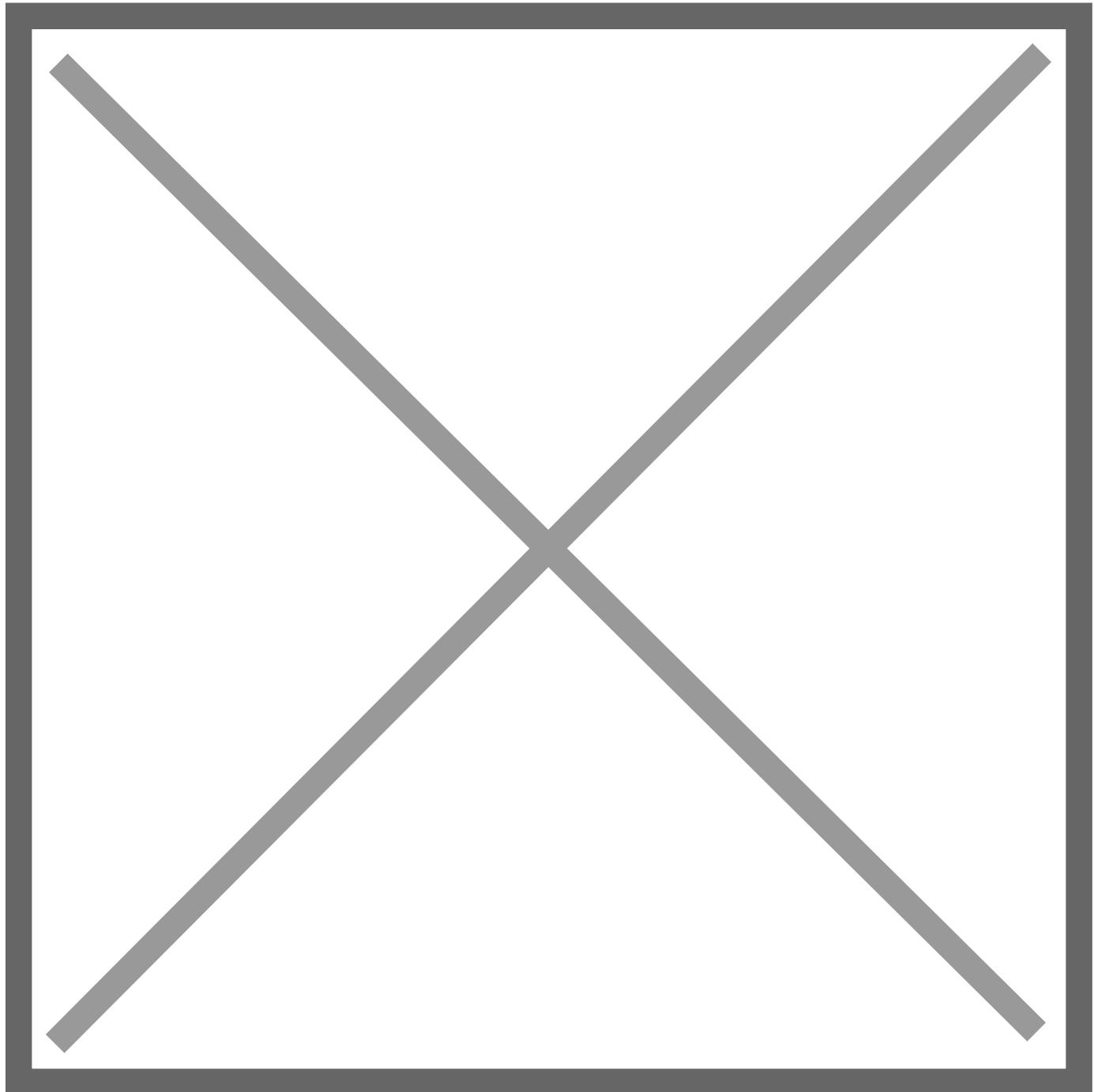
Number living with anxiety per 100,000 population

## Copii, 2021

**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

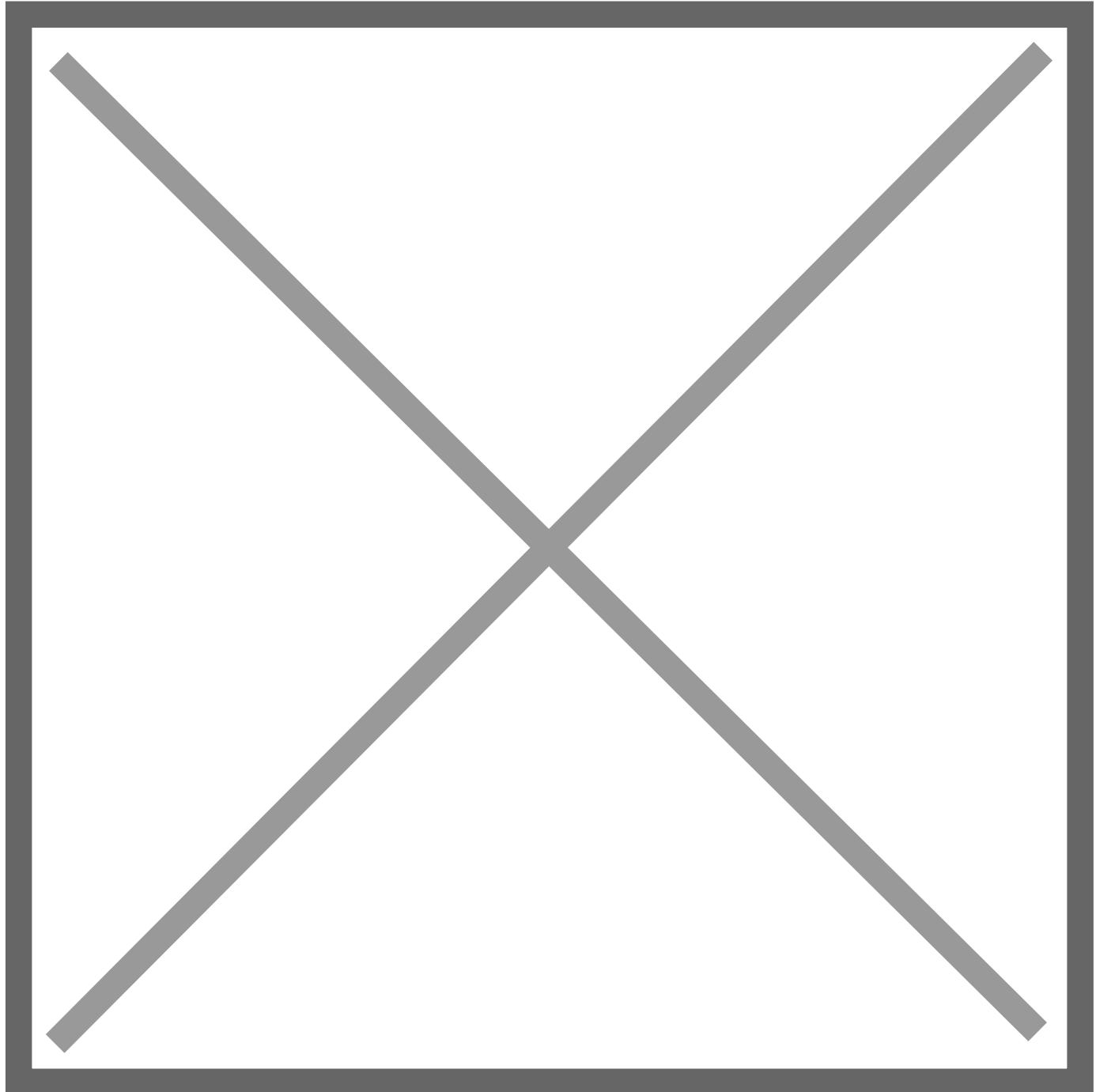
## Băieți, 2021



### Bibliografie:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Fete, 2021



**Bibliografie:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025