



Región del Sureste Asiático de la OMS

Regional report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-se-asia-region-4/>.

Prevalencia de obesidad

Niños



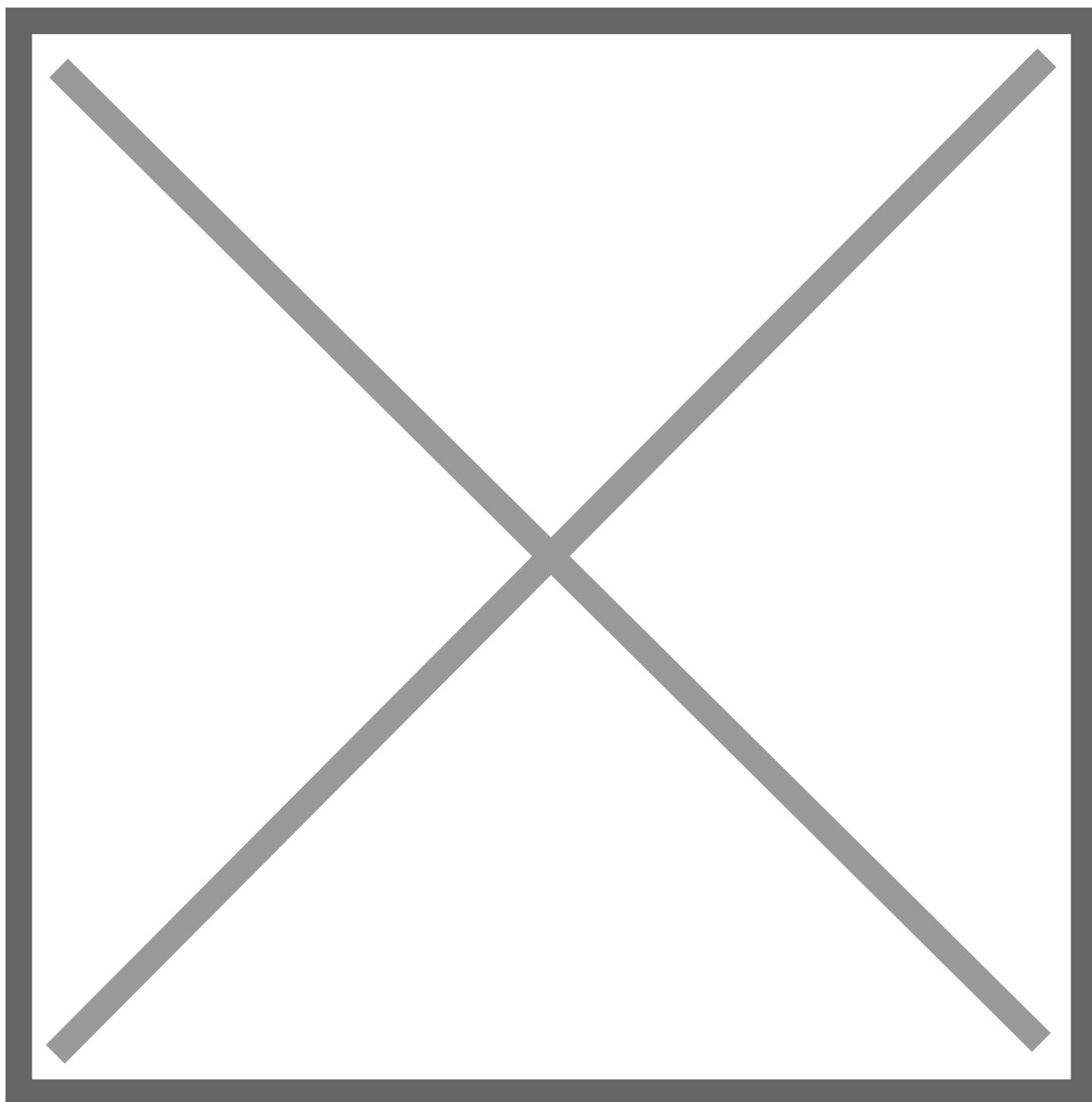
Tipo de encuesta:

Countries marked with a * are using self-reported data.

Notas:

Different methodologies have been used to collect this data and so it is not strictly comparable.

Chicos



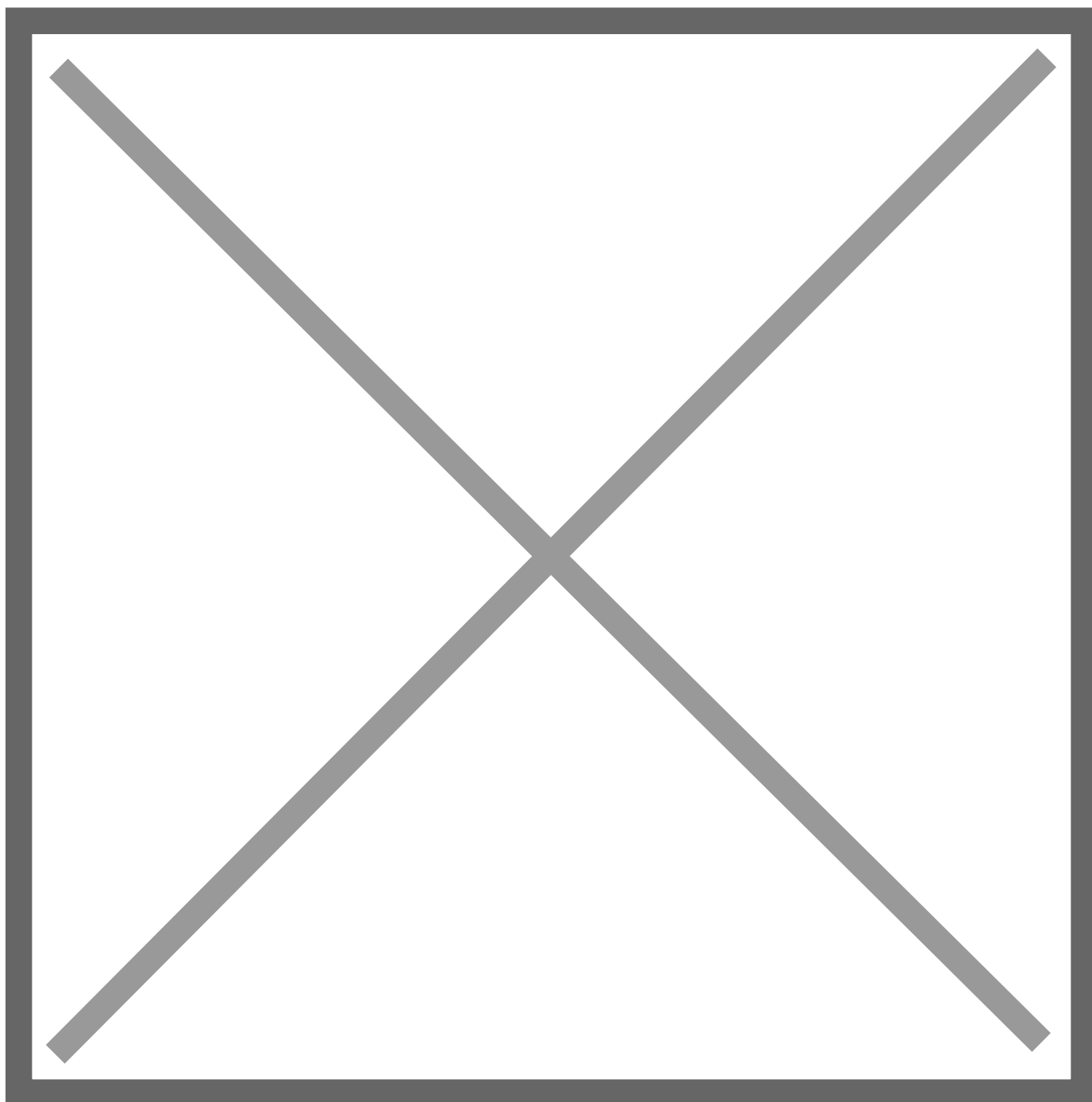
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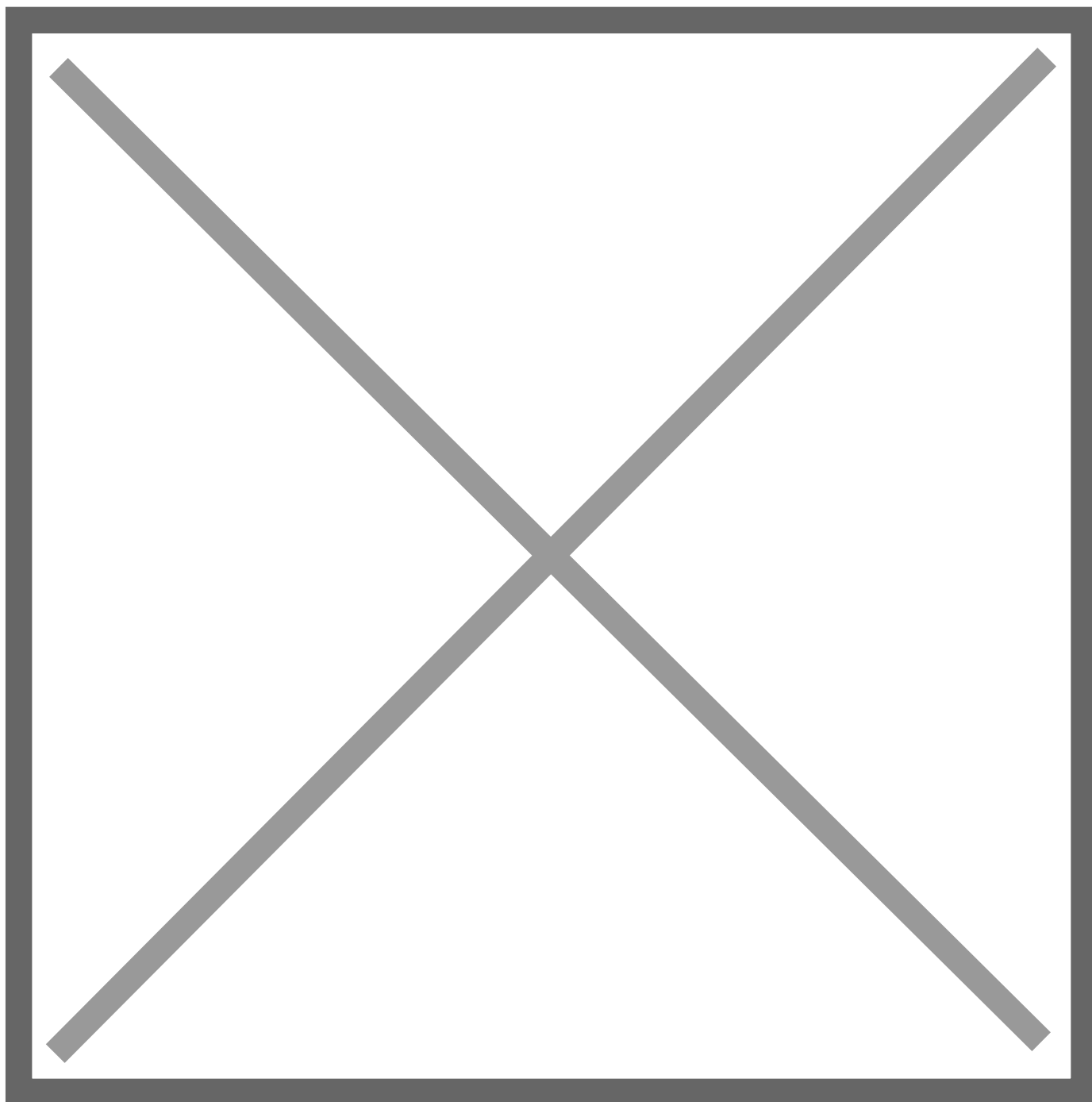
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Actividad insuficiente

Niños, 2016



Tipo de encuesta:

Autodeclarado

Edad:

11-17

Referencias:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

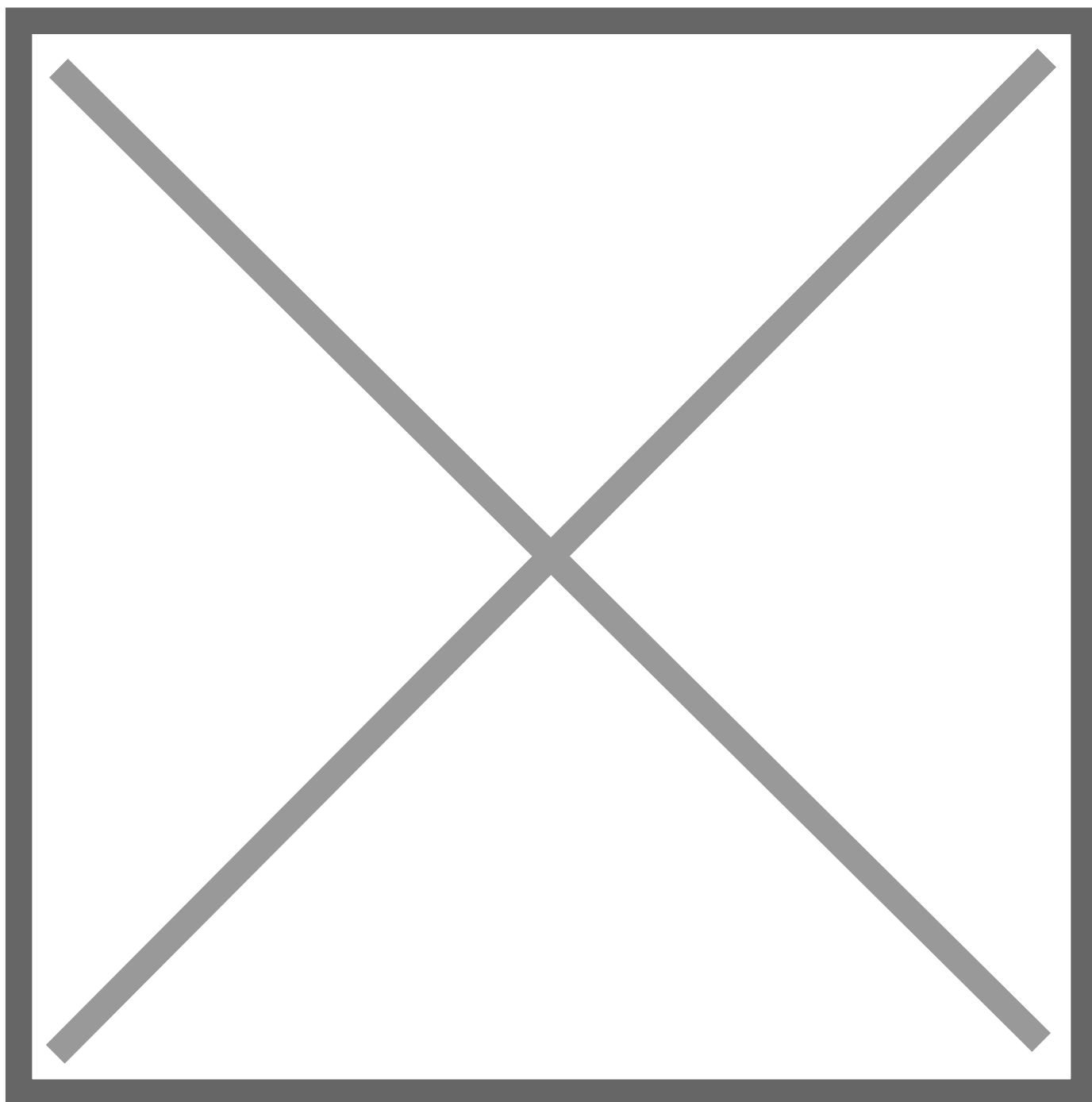
Notas:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definiciones
(solo
disponible en
inglés):**

% Adolescents insufficiently active (age standardised estimate)

Chicos, 2016



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Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

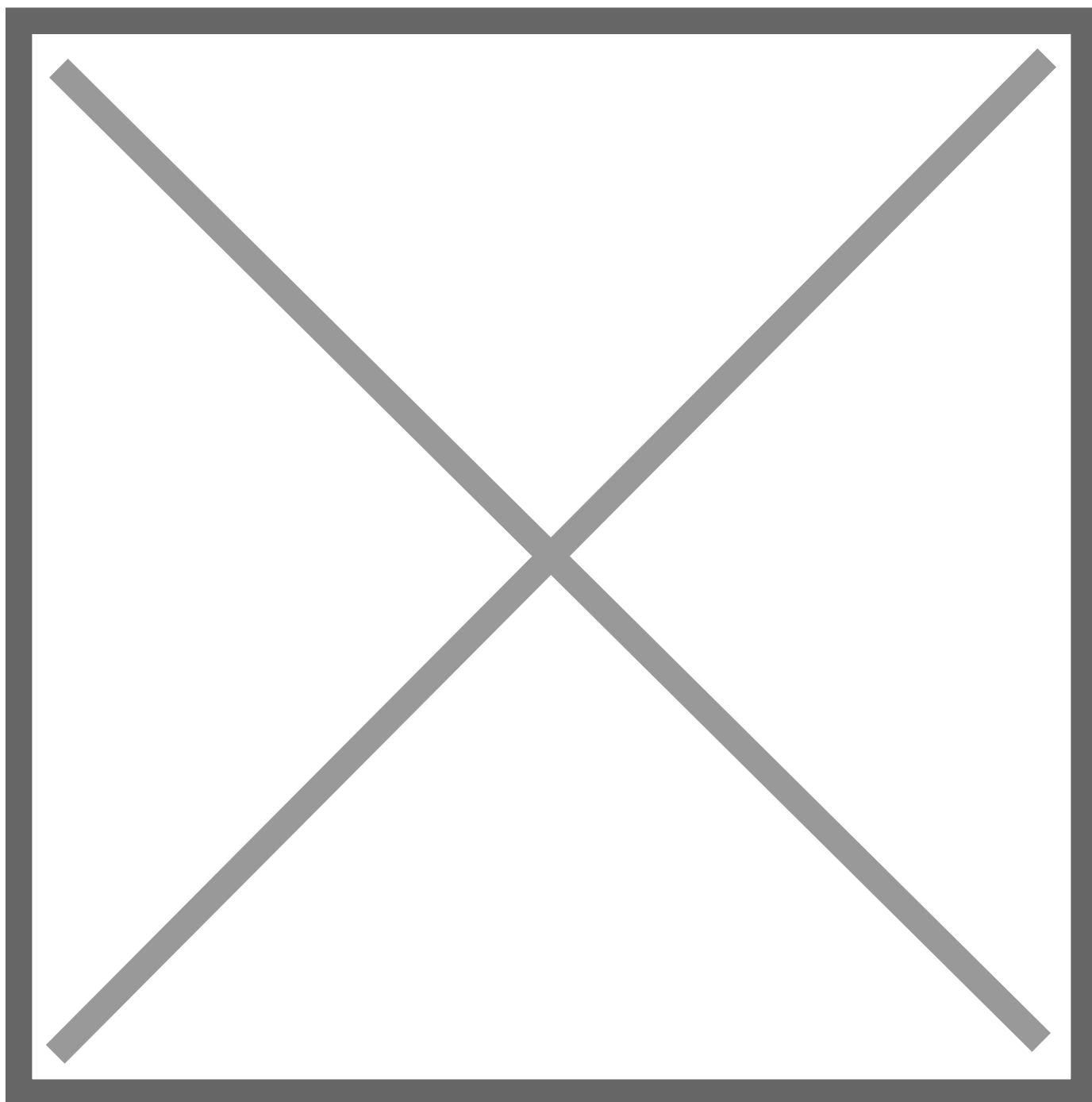
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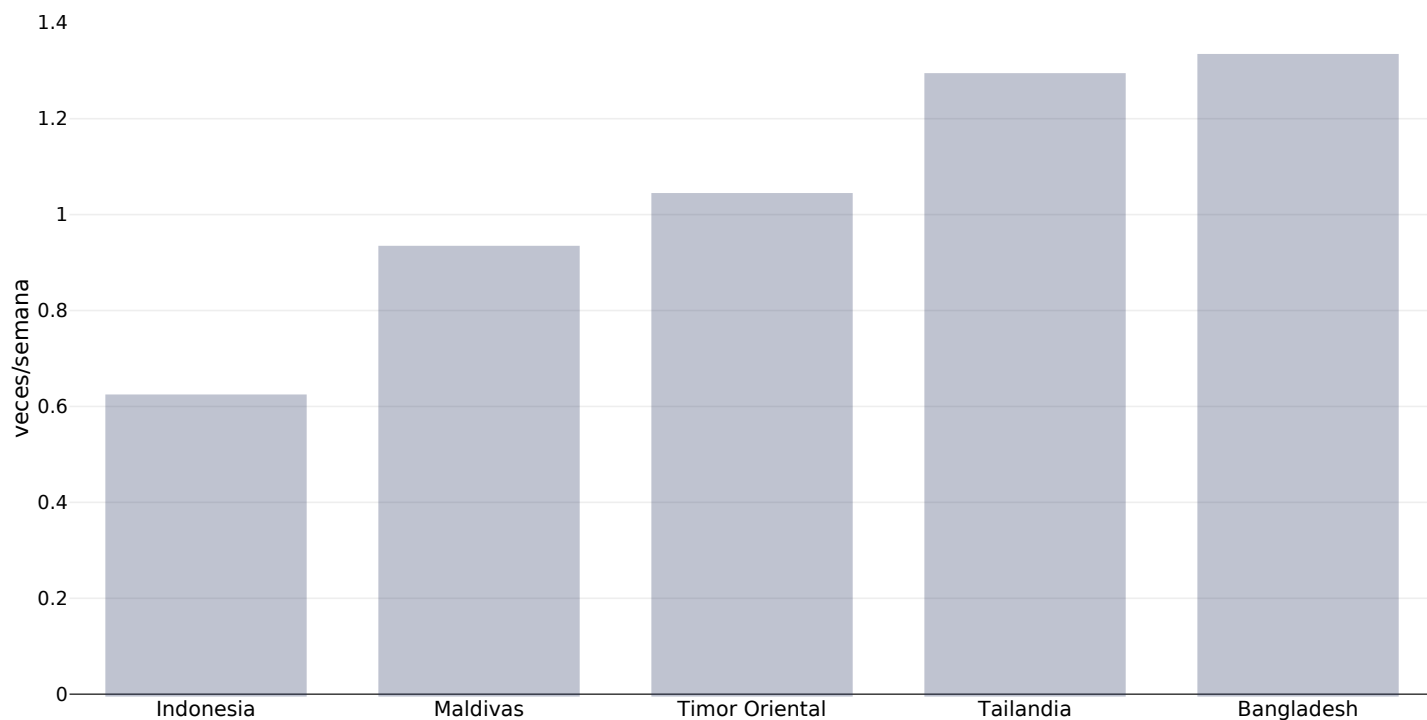
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Frecuencia media diaria de consumo de refrescos carbonatados

Niños, 2014-2015



Tipo de encuesta:

Medido

Edad:

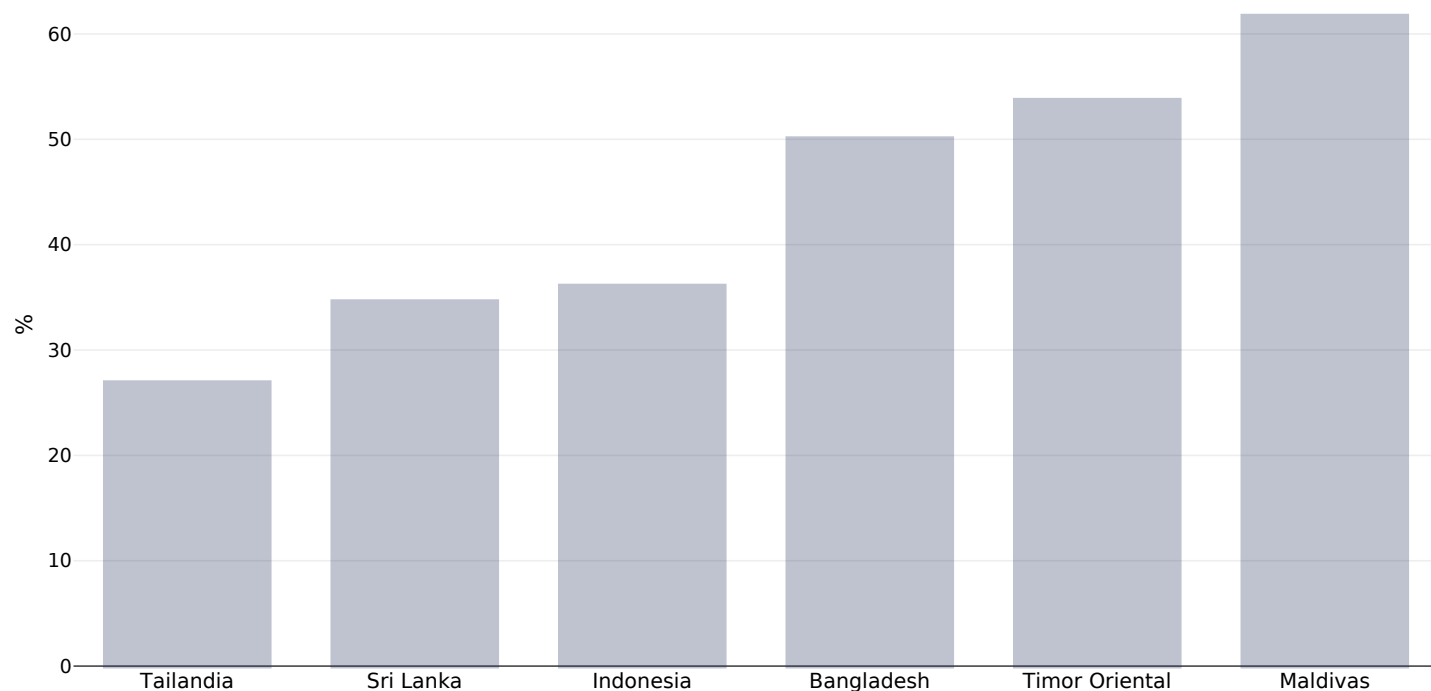
12-17

Referencias:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalence of less-than-daily fruit consumption

Niños, 2008-2015



Tipo de encuesta:

Medido

Edad:

12-17

Referencias:

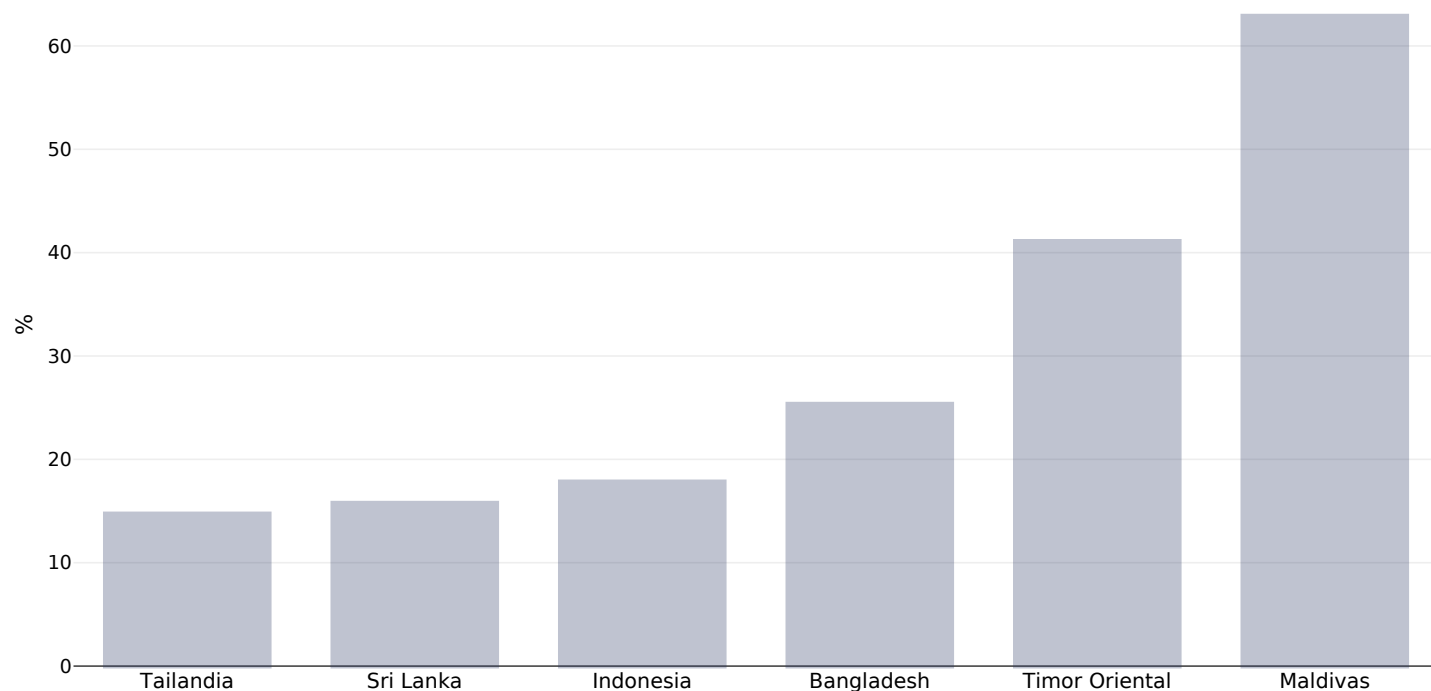
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definiciones (solo disponible en inglés):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

Niños, 2008-2015



Tipo de encuesta:

Medido

Edad:

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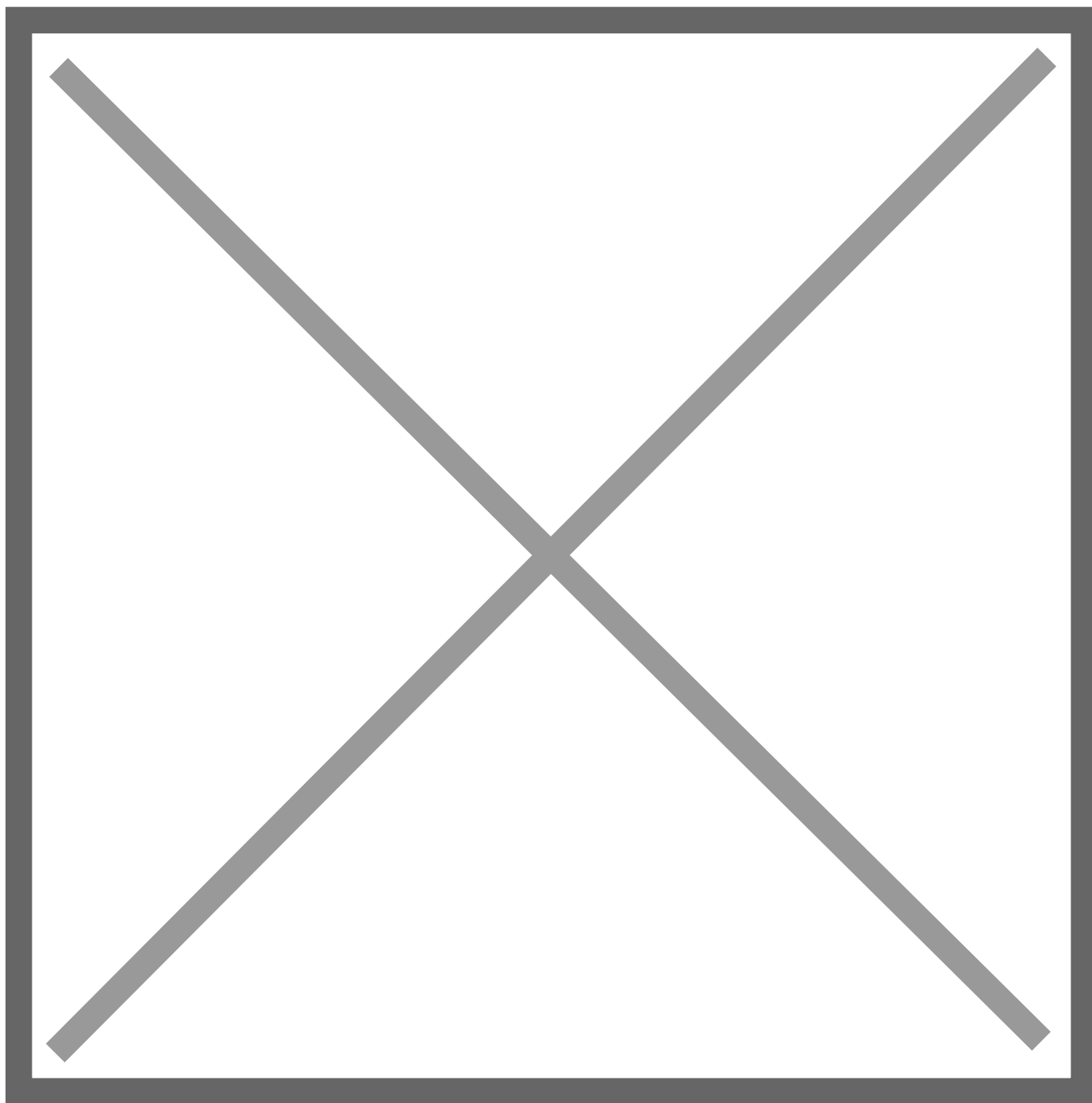
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Definiciones (solo disponible en inglés):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Frecuencia media semanal de consumo de comida rápida

Niños, 2014-2015

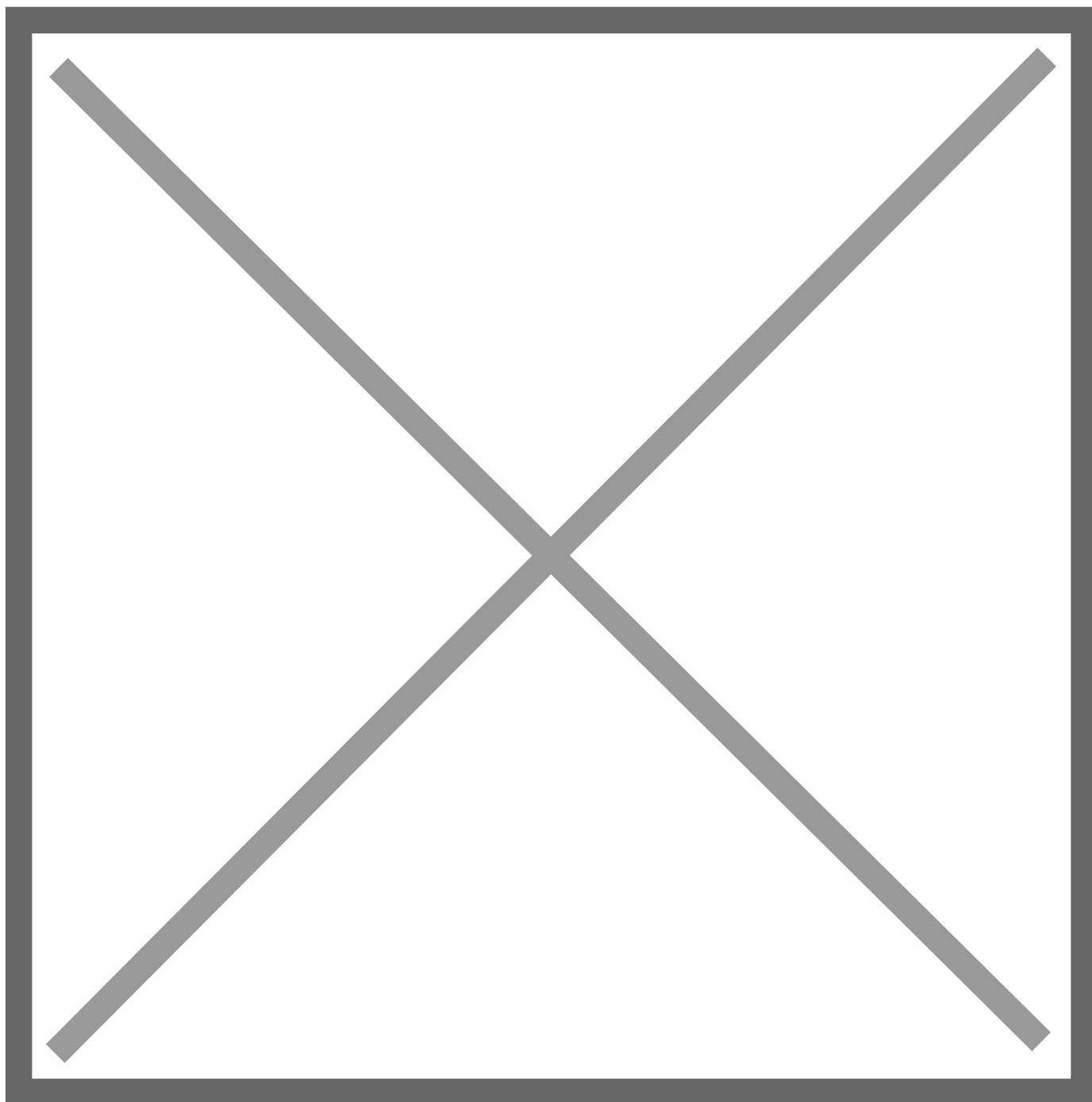


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Salud mental: trastornos de depresión

Niños, 2021



**Zona
abarcada:**

Nacional

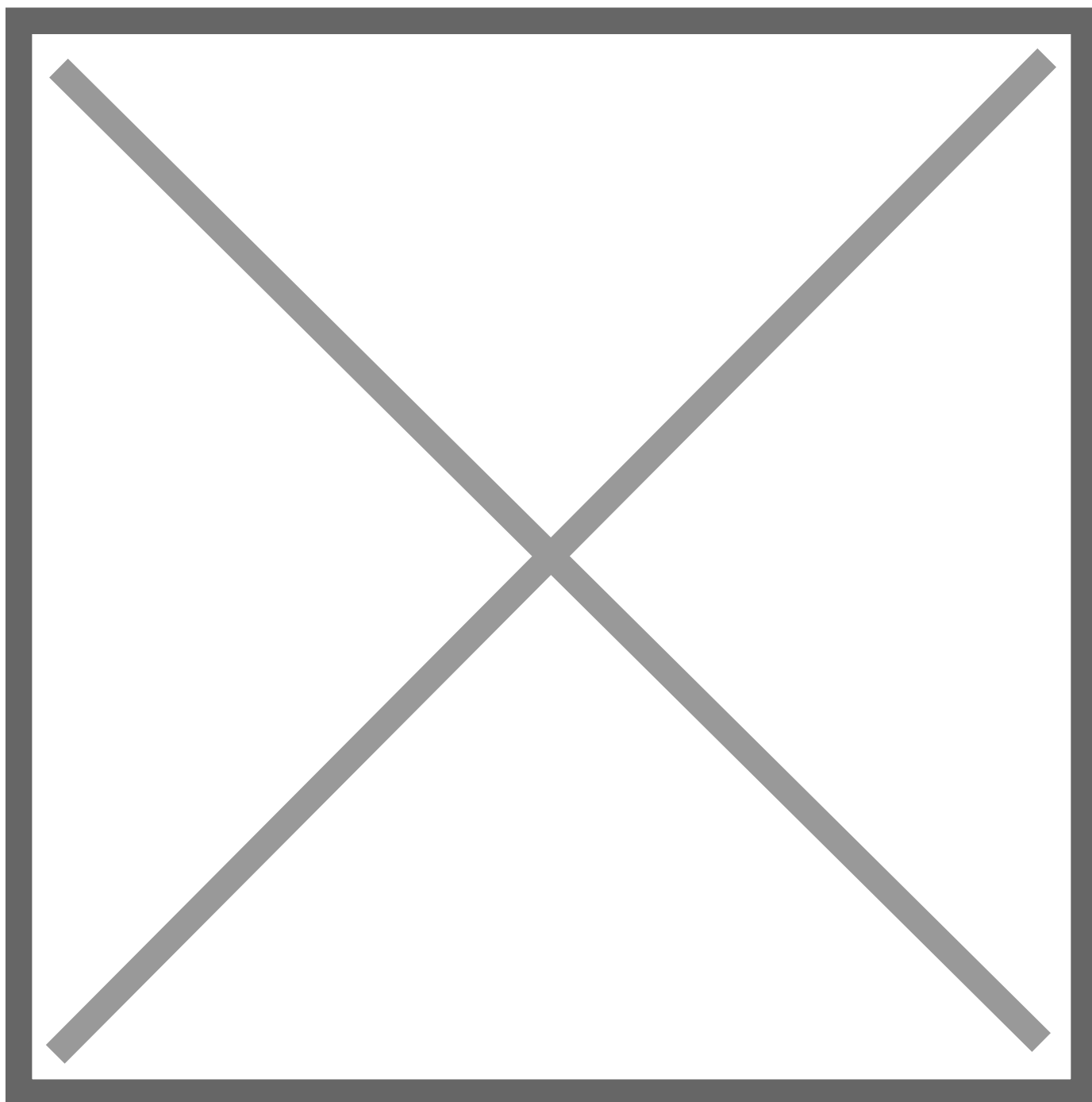
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definiciones
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Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chicos, 2021



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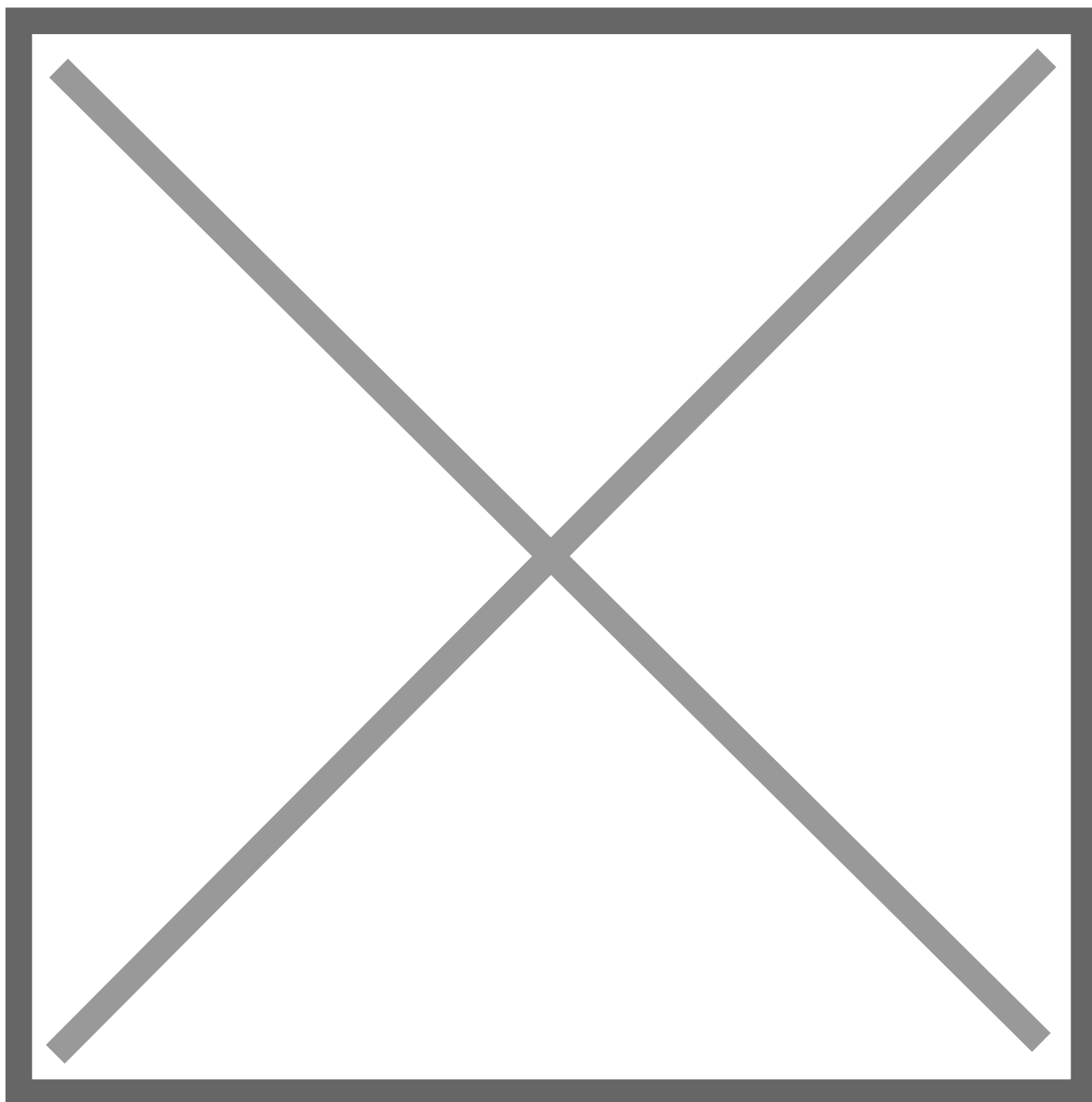
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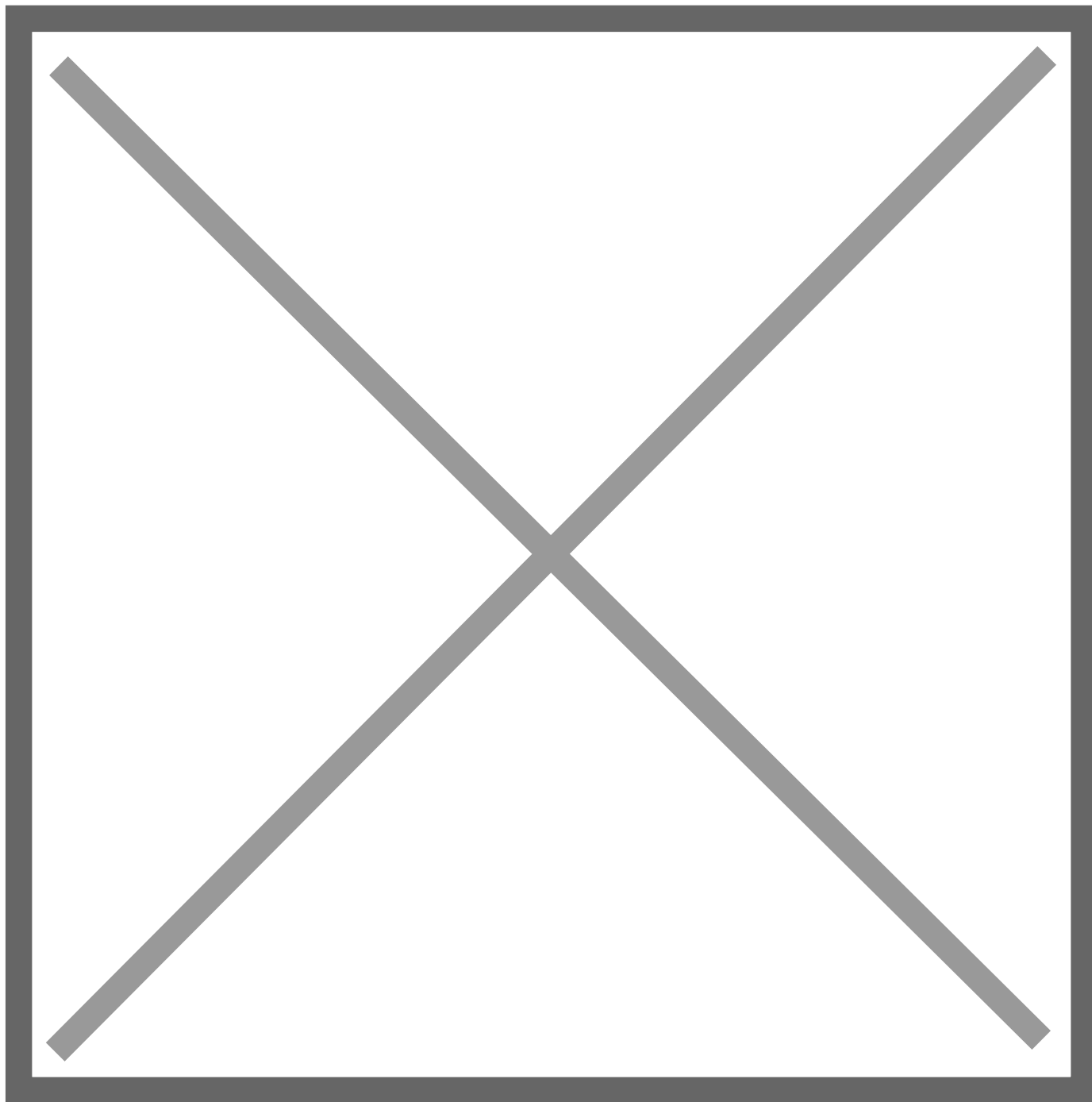
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Salud mental: trastornos de ansiedad

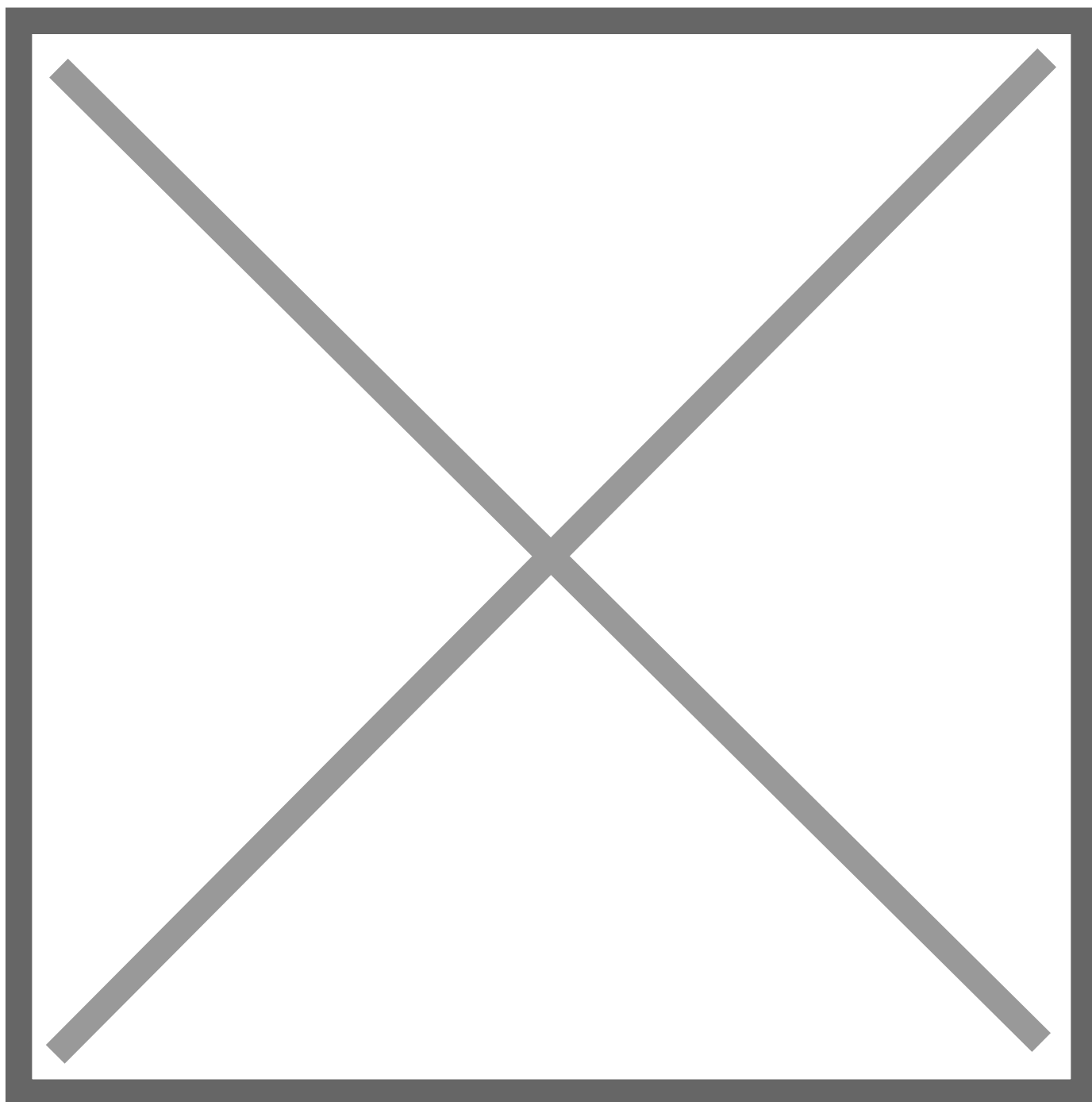
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