

Chauffører

WHO sydøstasiatisk region

Report cards

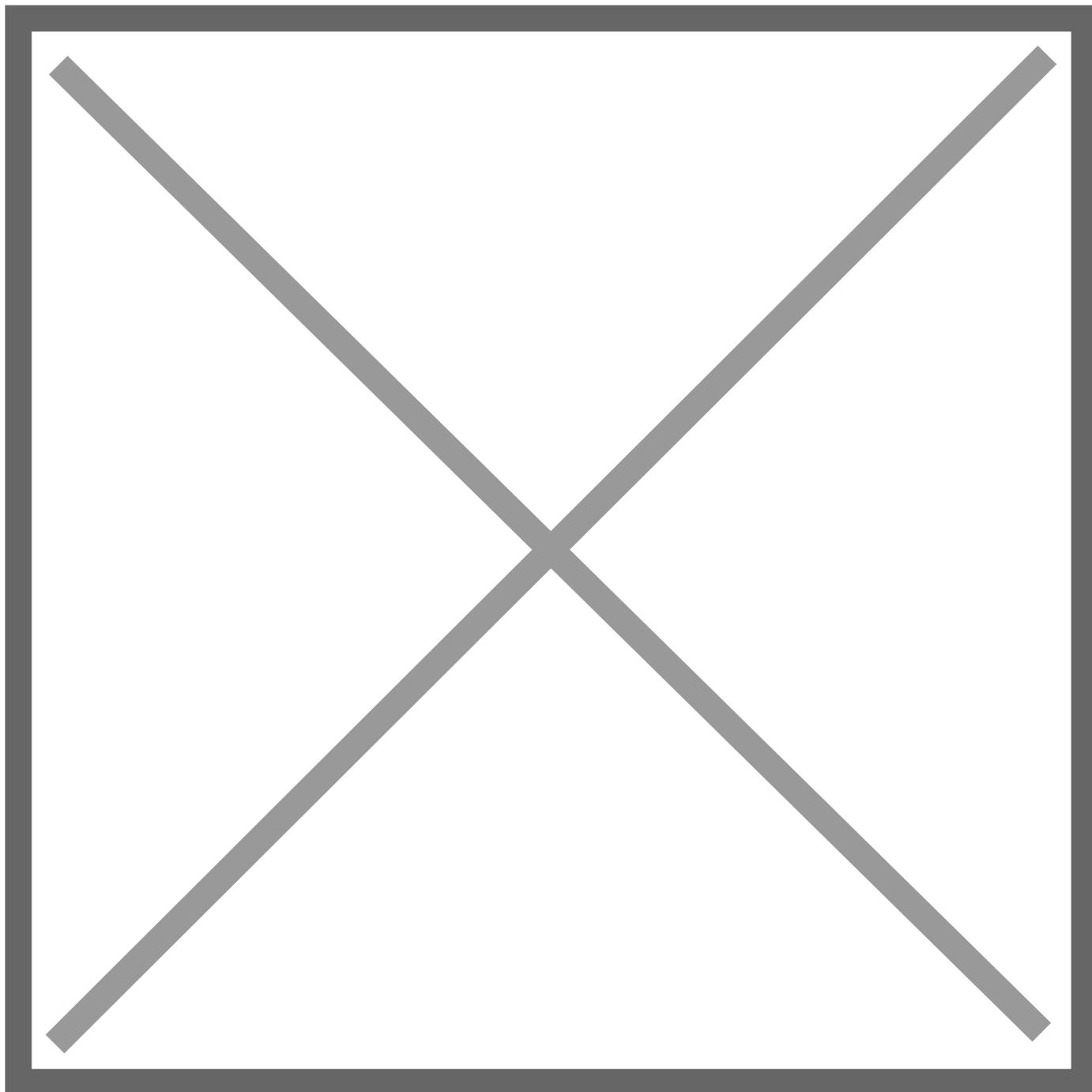
Our report cards collate all the most-recent graphics for this region. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

[Report card \(adult data\)](#)

[Report card \(child data\)](#)

Utilstrækkelig aktivitet

Voksne, 2022



Undersøgelsestype:

Selvrapporteret

Alder:

18+

Area covered:

National

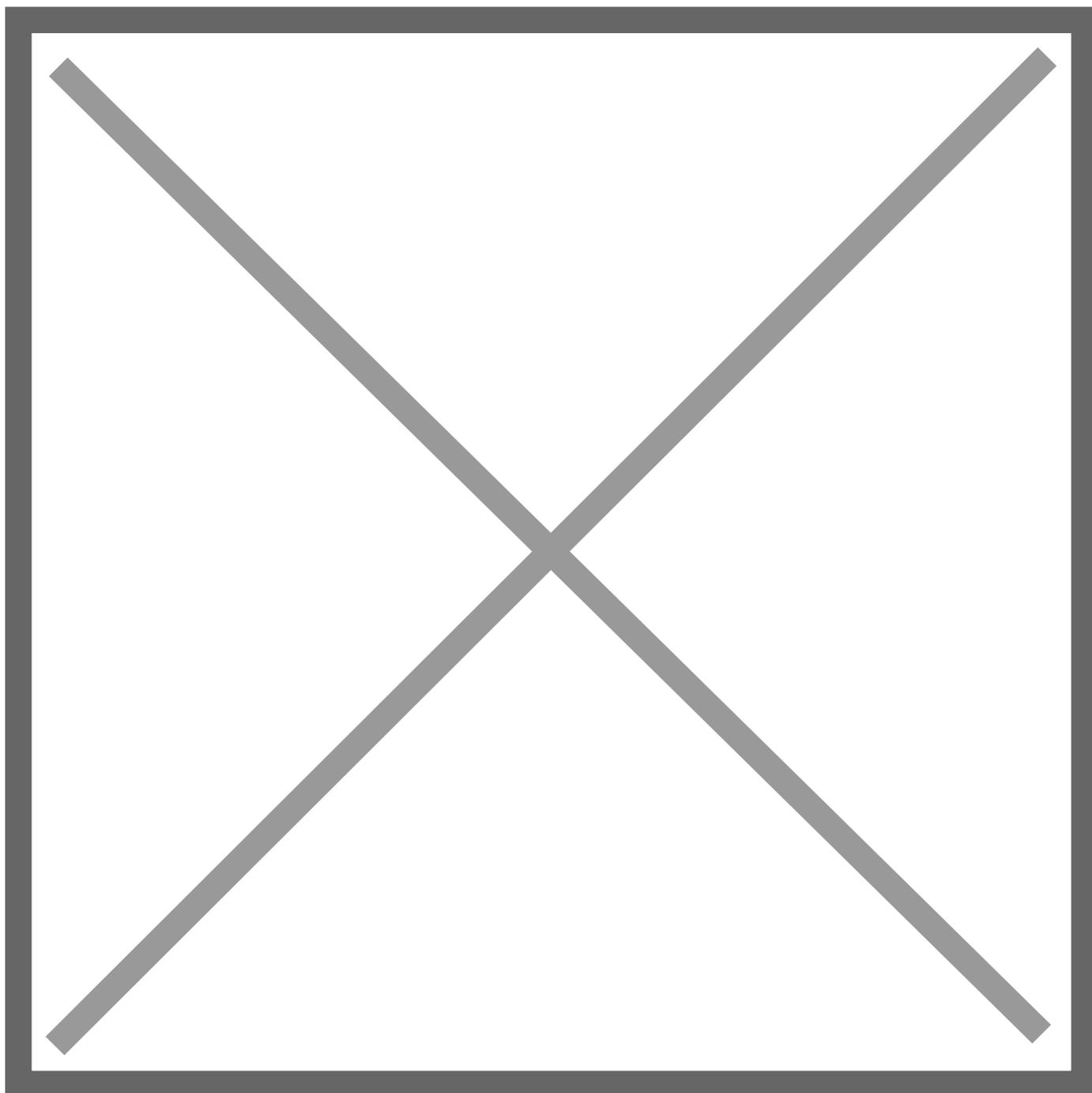
Referencer:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitioner (kun tilgængelig på engelsk):

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Mænd, 2022

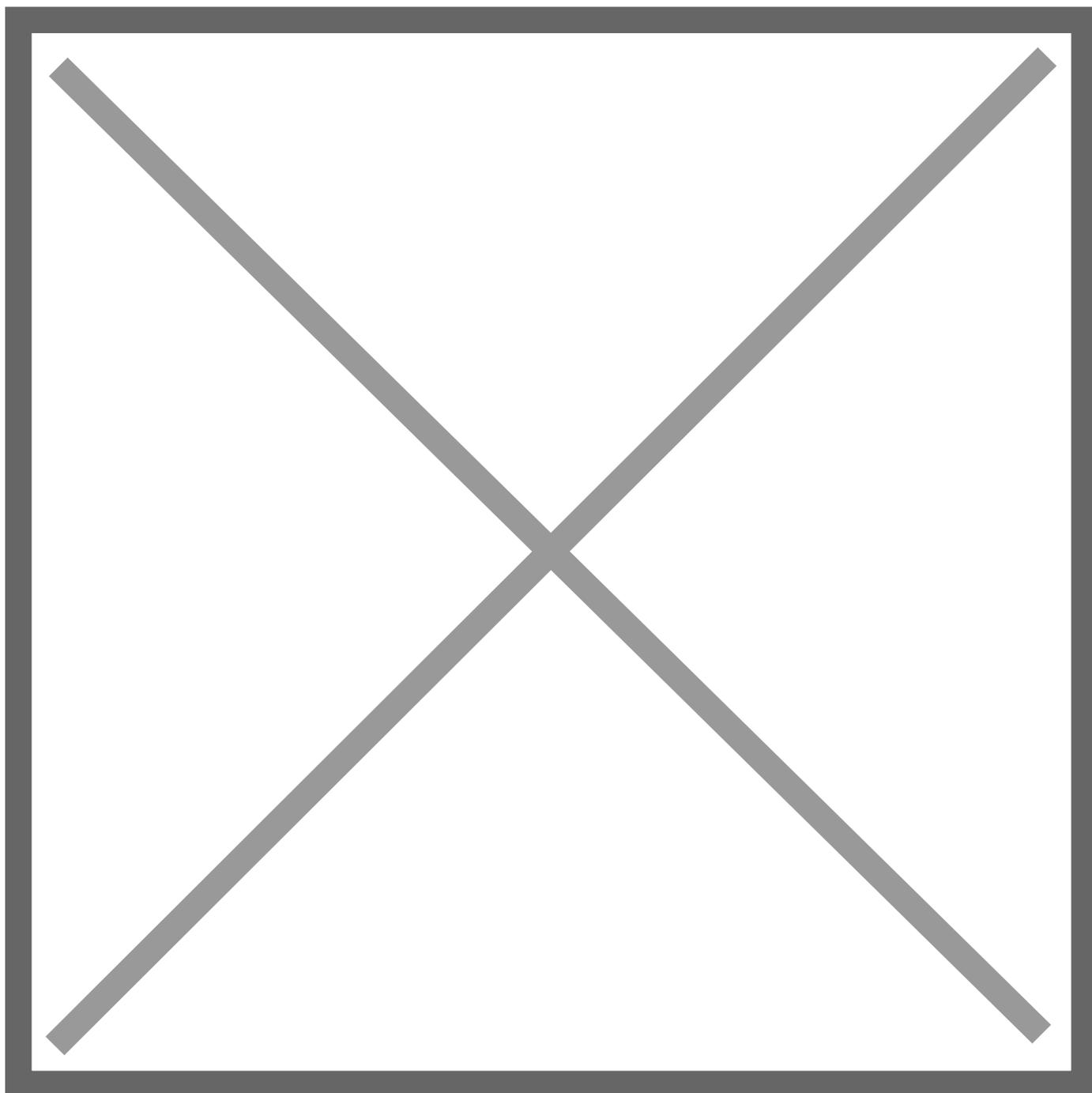


Undersøgelsestype:	Selvrapporteret
Alder:	18+
Area covered:	National
Referencer:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

**Definitioner (kun
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engelsk):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Kvinder, 2022



Undersøgelsestype: Selvrapporteret

Alder: 18+

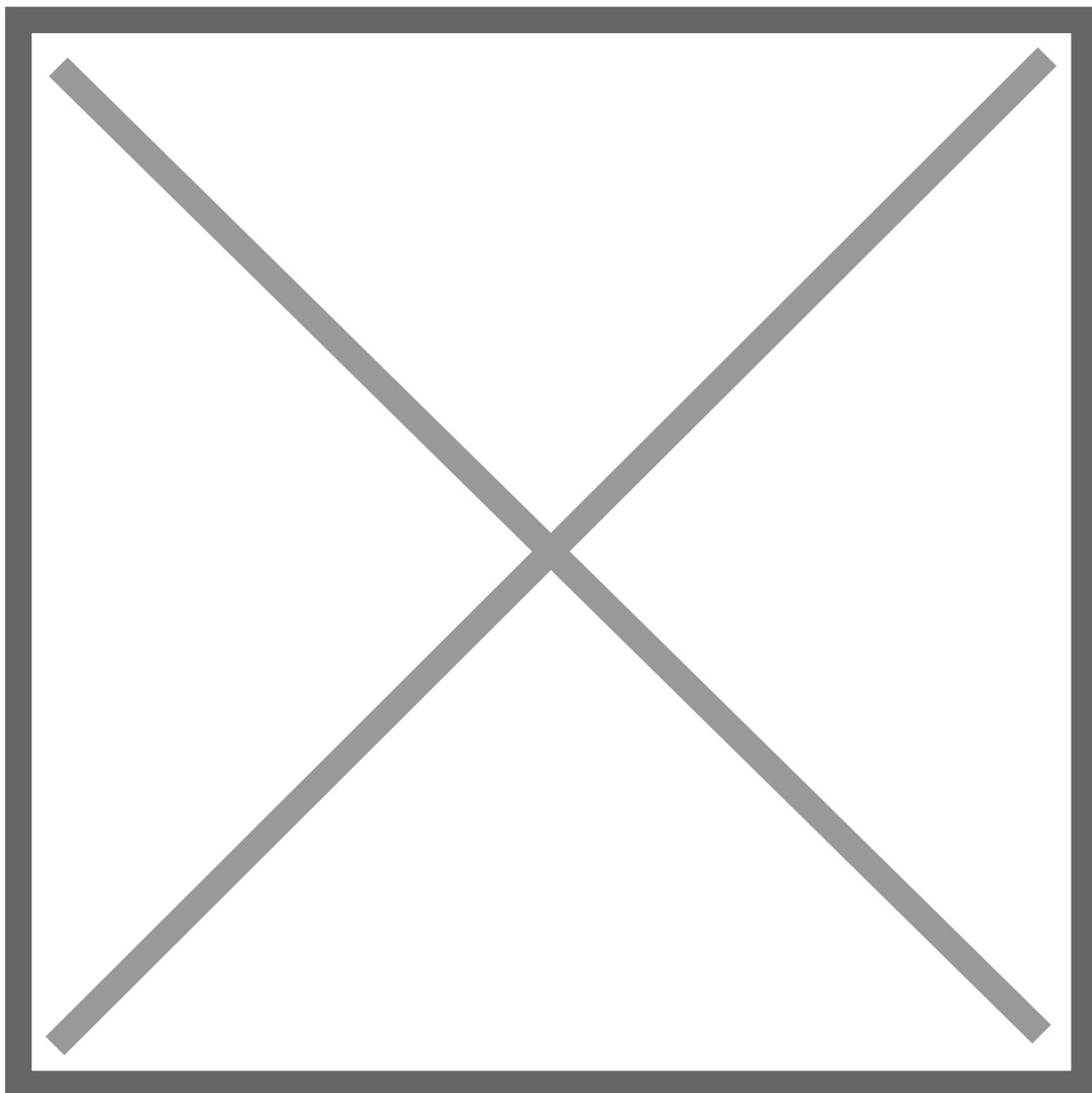
Area covered: National

Referencer: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definitioner (kun
tilgængelig på
engelsk):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Børn, 2016



Undersøgelsestype:

Selvrapporteret

Alder:

11-17

Referencer:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

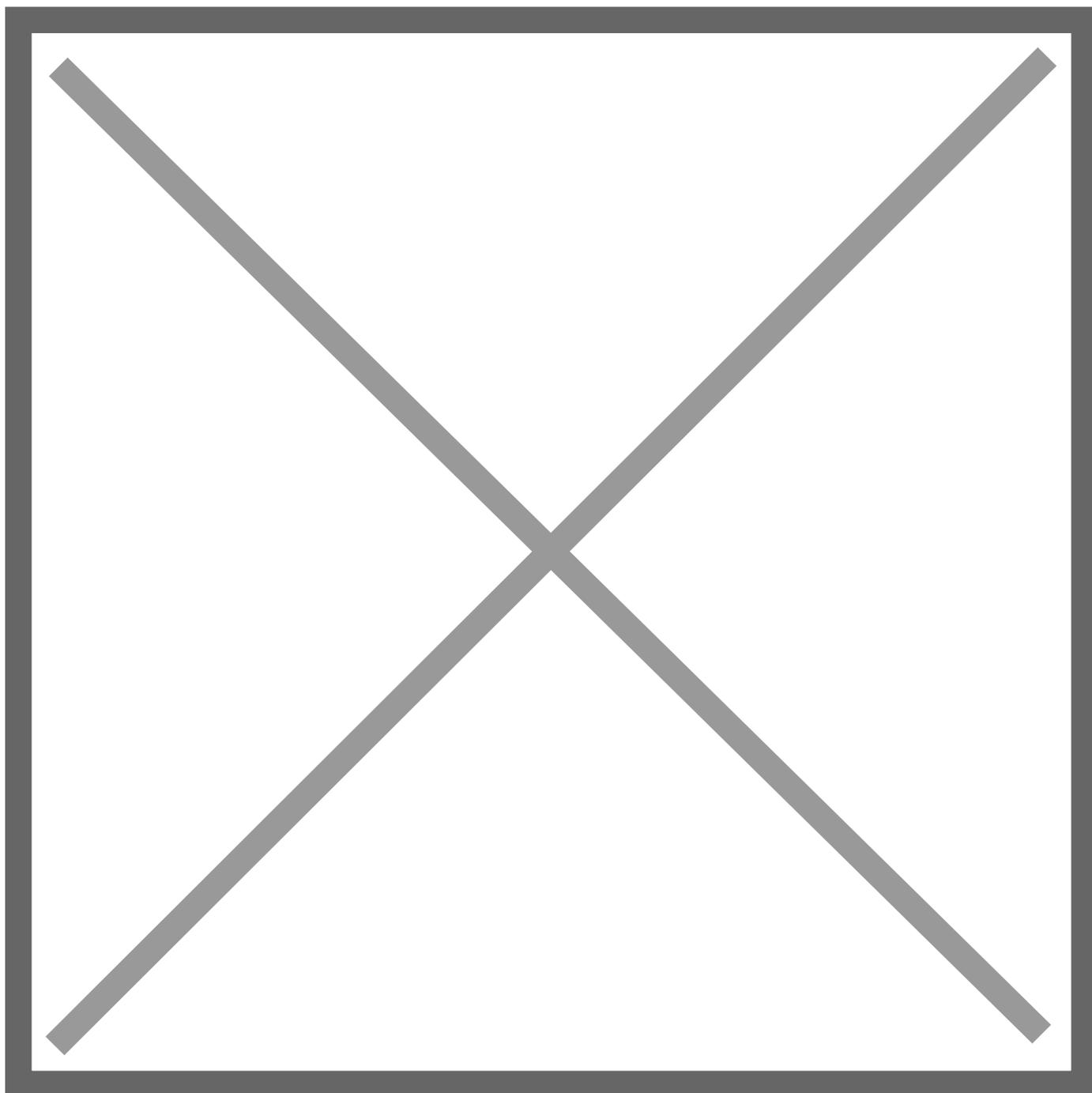
**Noter (kun
tilgængelige på
engelsk):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (kun
tilgængelig på
engelsk):**

% Adolescents insufficiently active (age standardised estimate)

Drengene, 2016



Undersøgelsestype: Selvrapporeret

Alder: 11-17

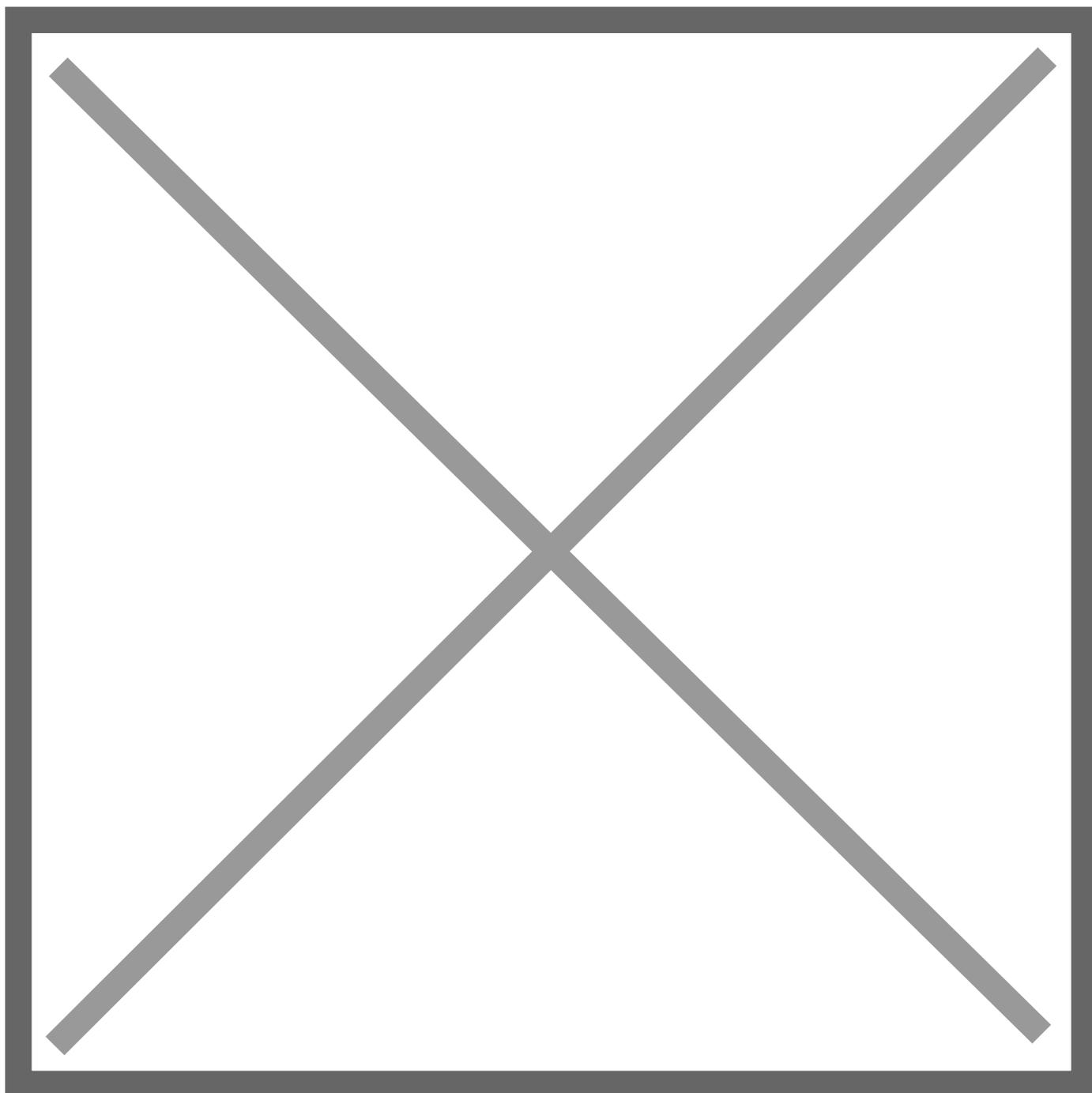
Referencer: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Noter (kun tilgængelige på engelsk): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (kun
tilgængelig på
engelsk):**

% Adolescents insufficiently active (age standardised estimate)

Piger, 2016



Undersøgelsestype: Selvrapporeret

Alder: 11-17

Referencer: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

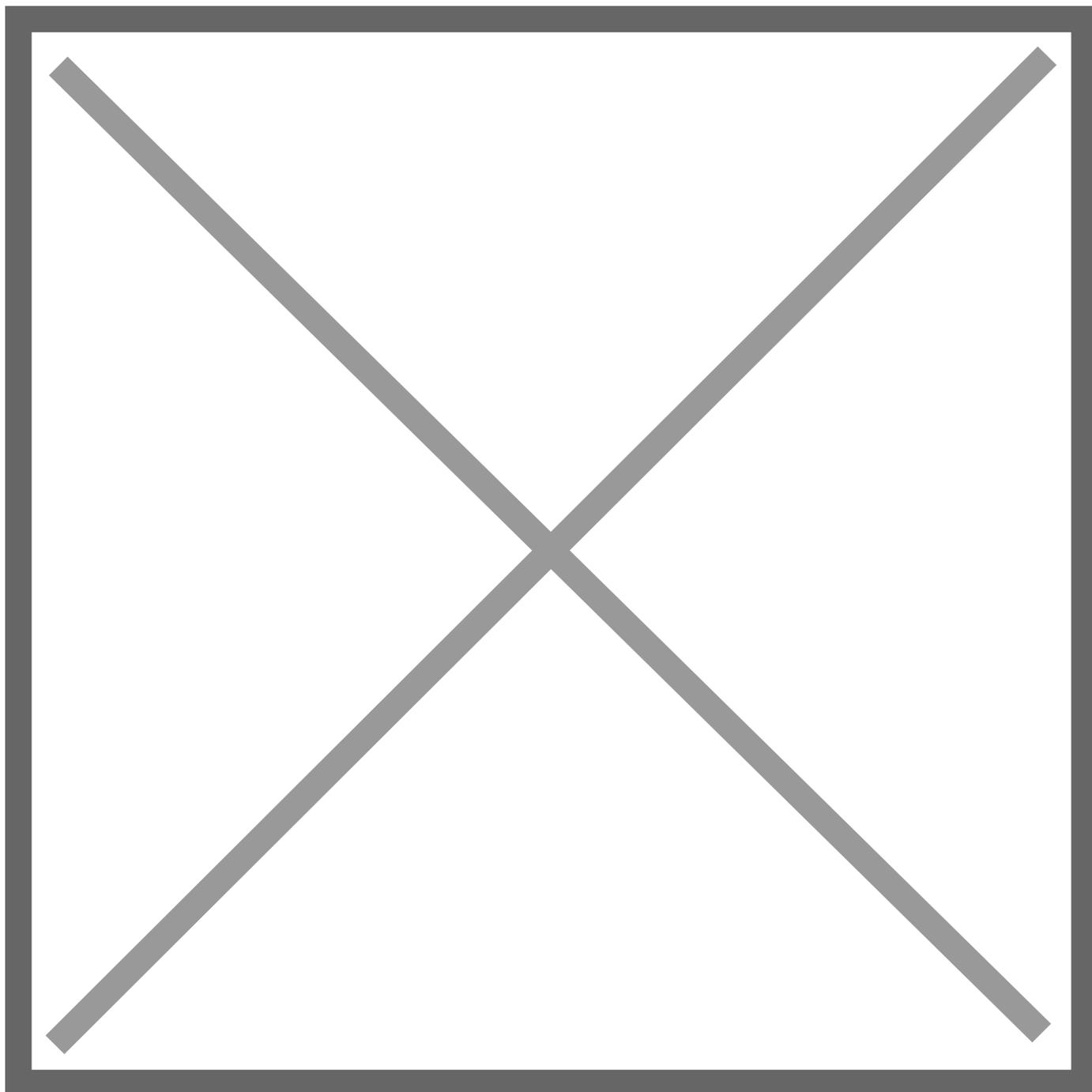
Noter (kun tilgængelige på engelsk): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (kun
tilgængelig på
engelsk):**

% Adolescents insufficiently active (age standardised estimate)

Gennemsnitlig daglig hyppighed af indtagelse af kulsyreholdige læskedrikke

Børn, 2014-2015



Undersøgelsestype:

Målt

Alder:

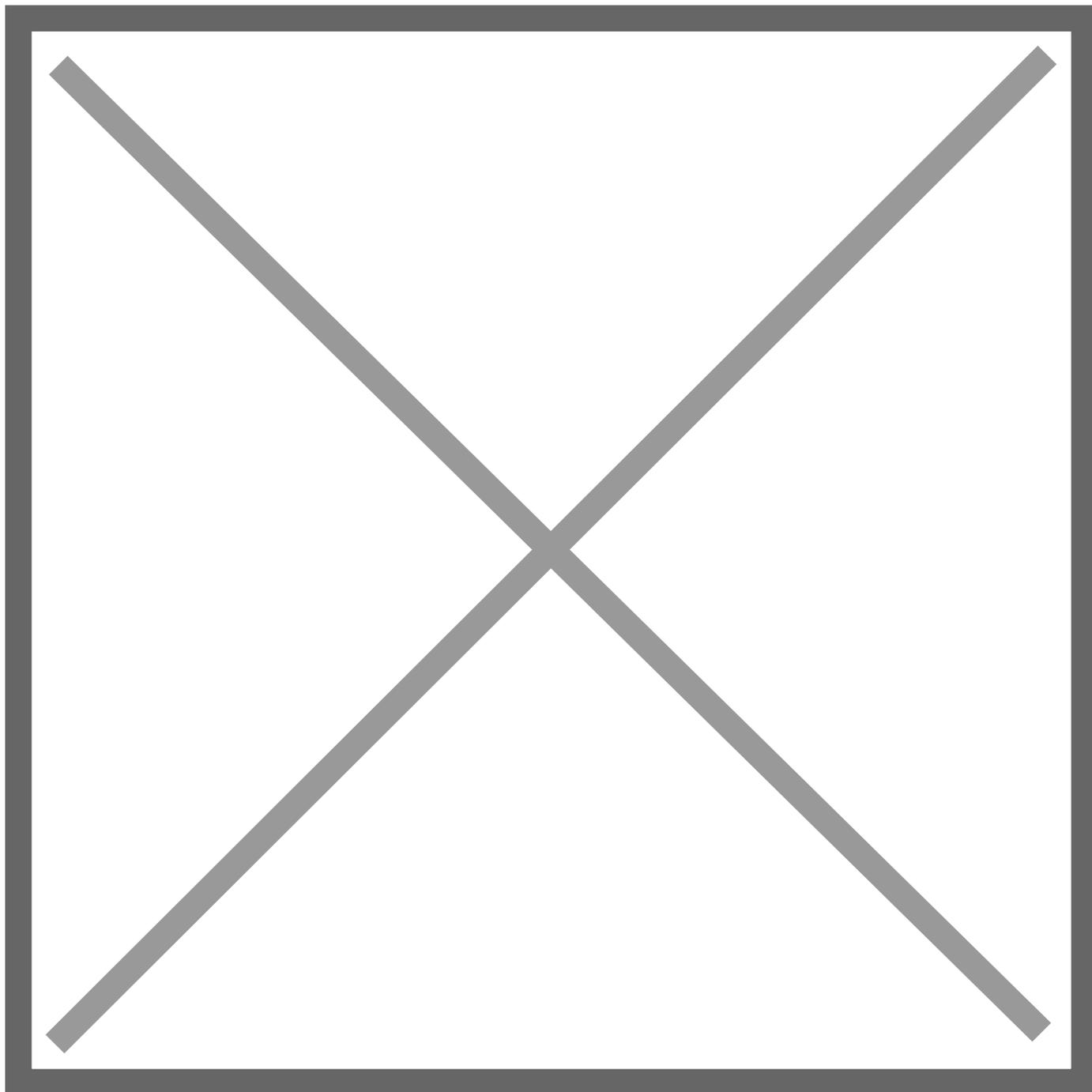
12-17

Referencer:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Anslået frugtindtag pr. indbygger

Voksne, 2017



Undersøgelsestype:

Målt

Alder:

25+

Referencer:

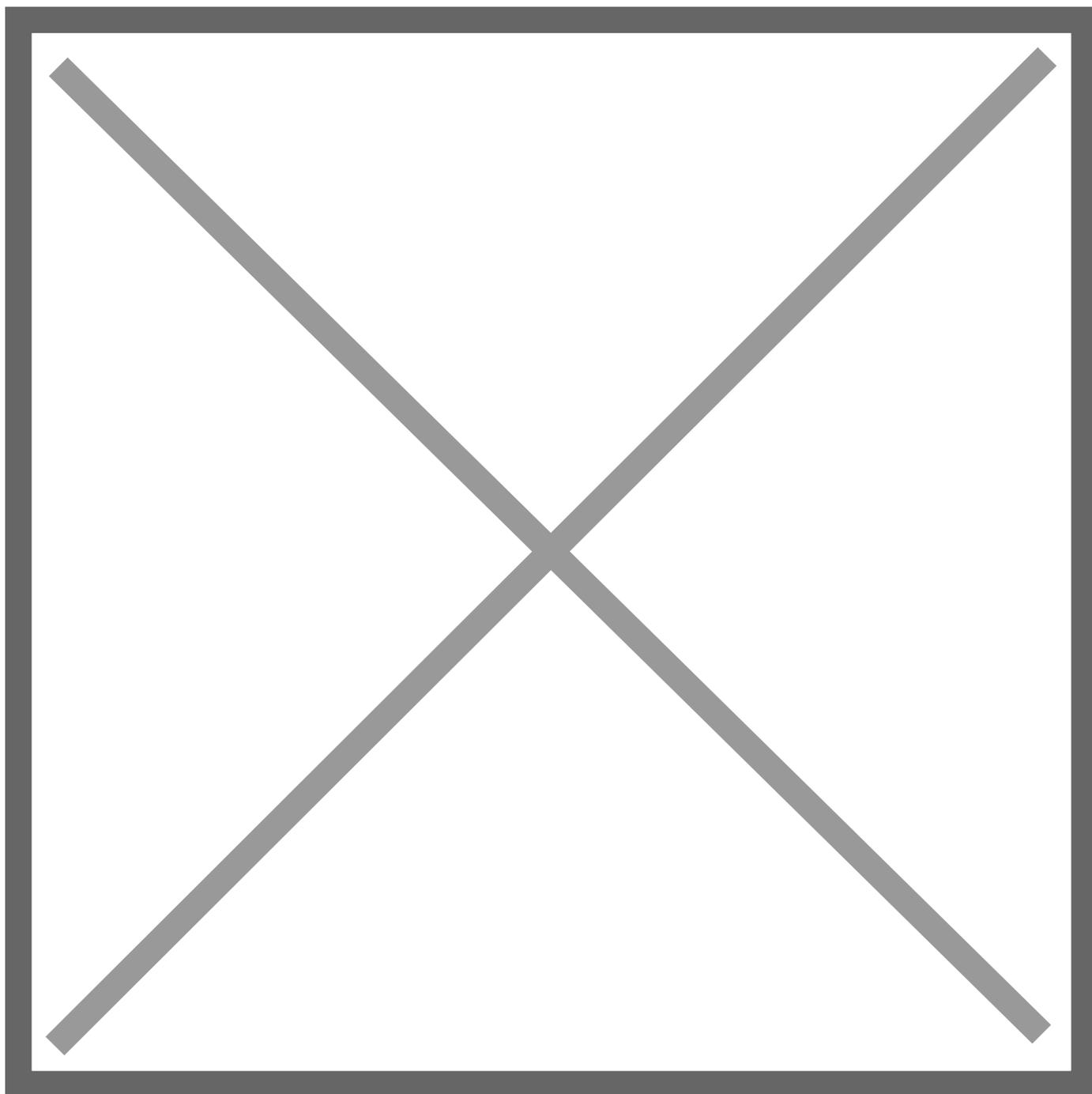
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definitioner (kun
tilgængelig på
engelsk):**

Estimated per-capita fruit intake (g/day)

Prevalence of less-than-daily fruit consumption

Børn, 2008-2015



Undersøgelsestype:

Målt

Alder:

12-17

Referencer:

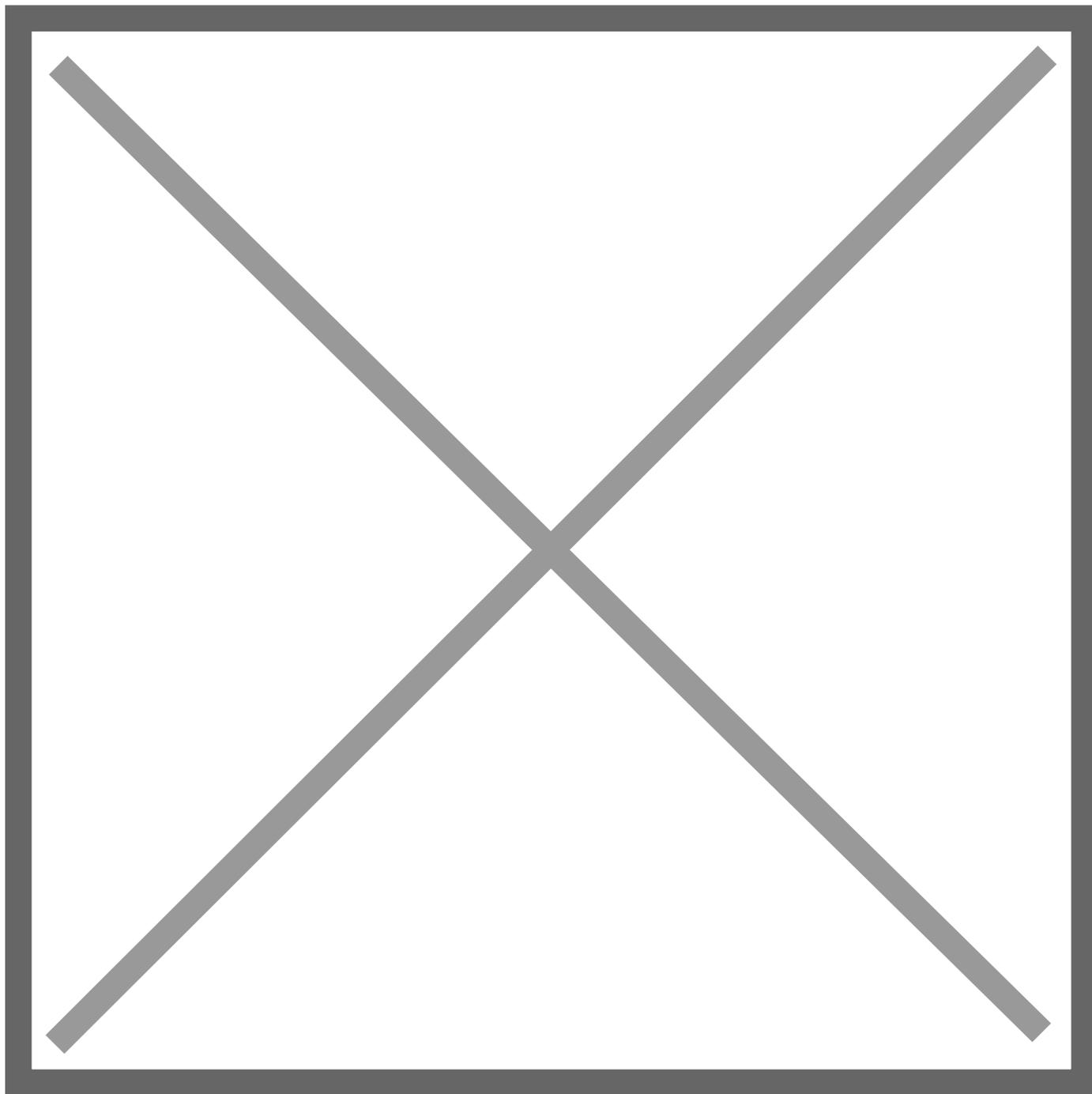
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitioner (kun tilgængelig på engelsk):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

Børn, 2008-2015



Undersøgelsestype:

Målt

Alder:

12-17

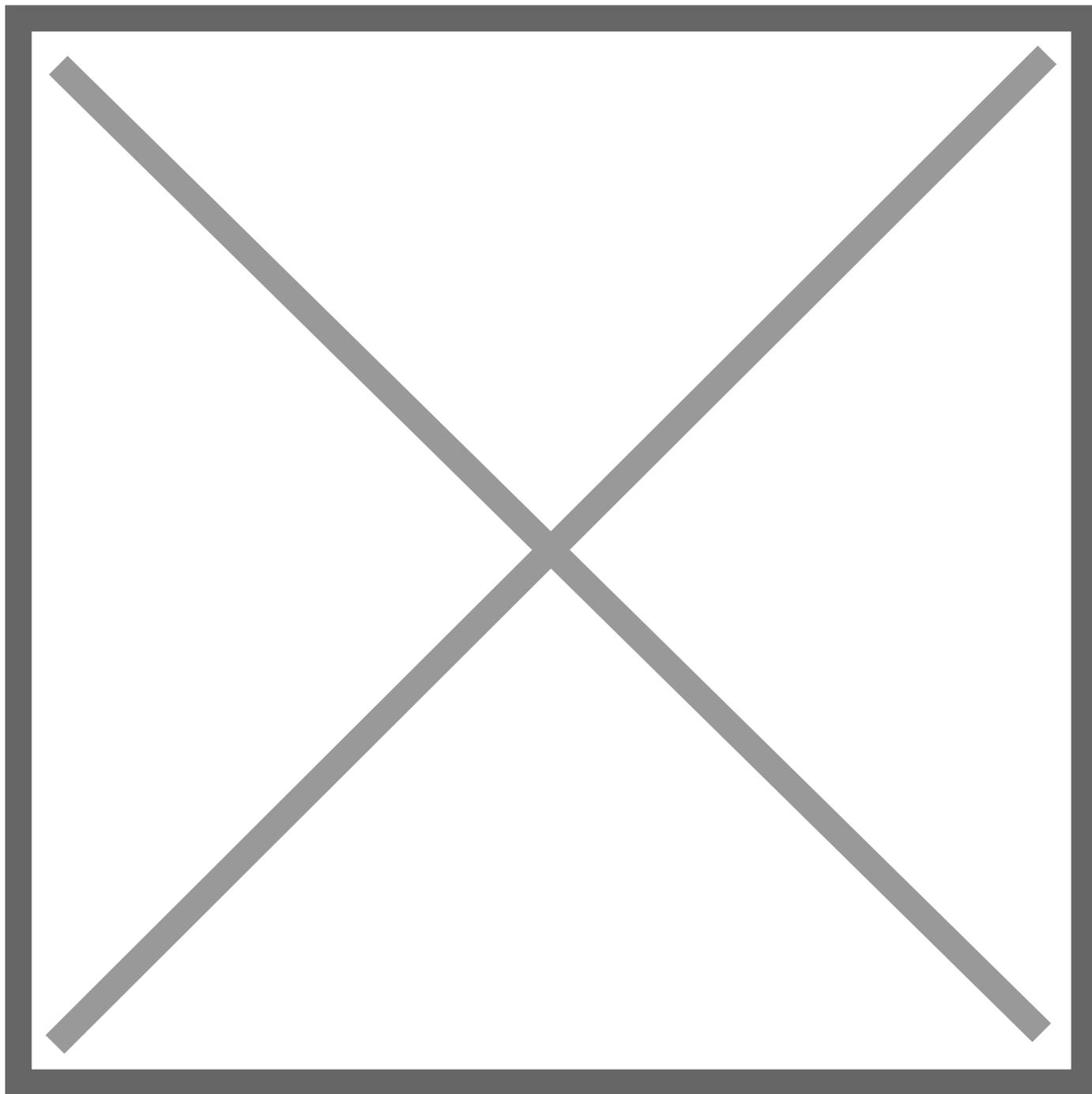
Referencer:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitioner (kun tilgængelig på engelsk):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Gennemsnitlig ugentlig hyppighed af indtagelse af fastfood Børn, 2014-2015



Alder:

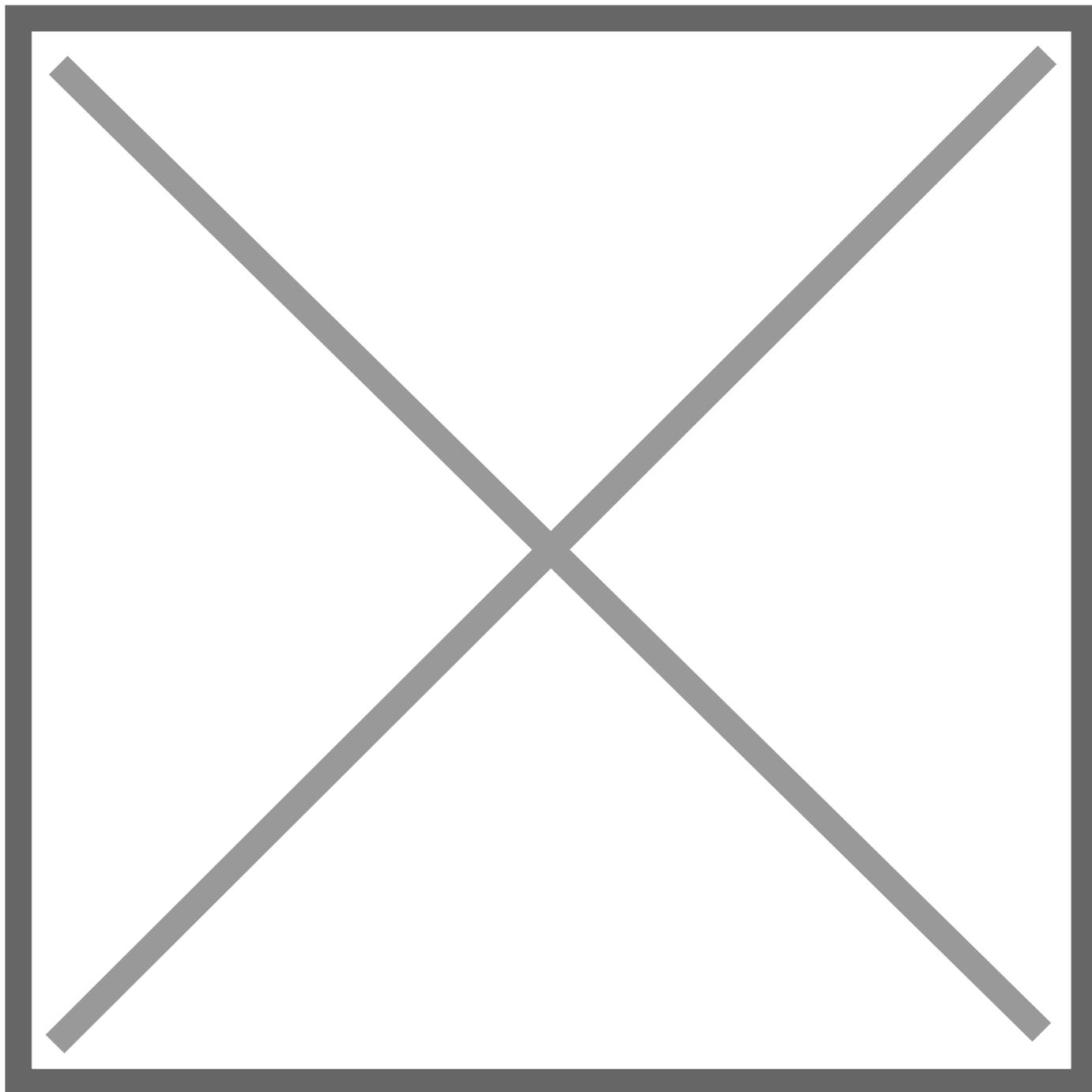
12-17

Referencer:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Anslået indtag af forarbejdet kød pr. indbygger

Voksne, 2017



Undersøgelsestype:

Målt

Alder:

25+

Referencer:

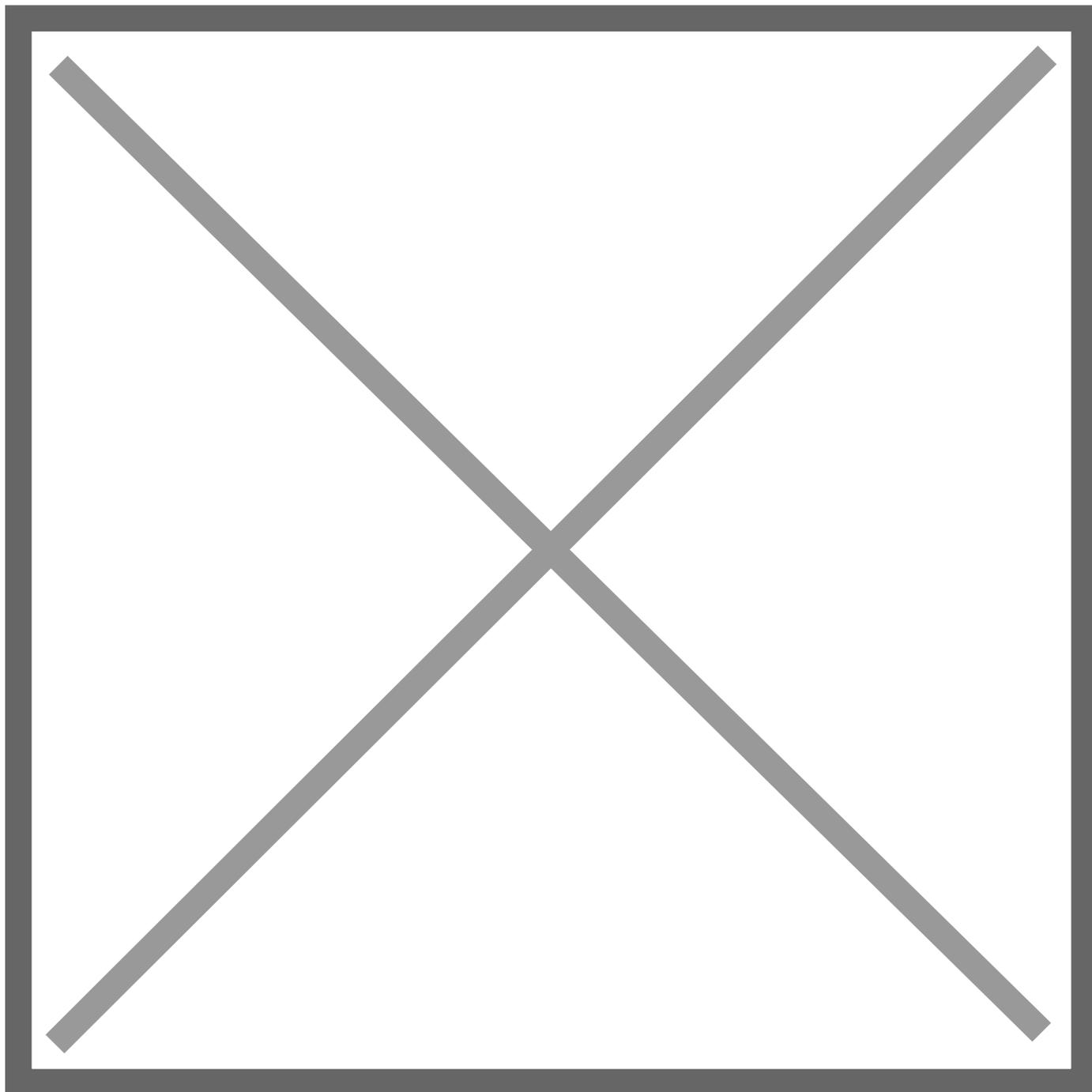
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definitioner (kun
tilgængelig på
engelsk):**

Estimated per-capita processed meat intake (g per day)

Anslået indtag af fuldkorn pr. indbygger

Voksne, 2017



Undersøgelsestype:

Målt

Alder:

25+

Referencer:

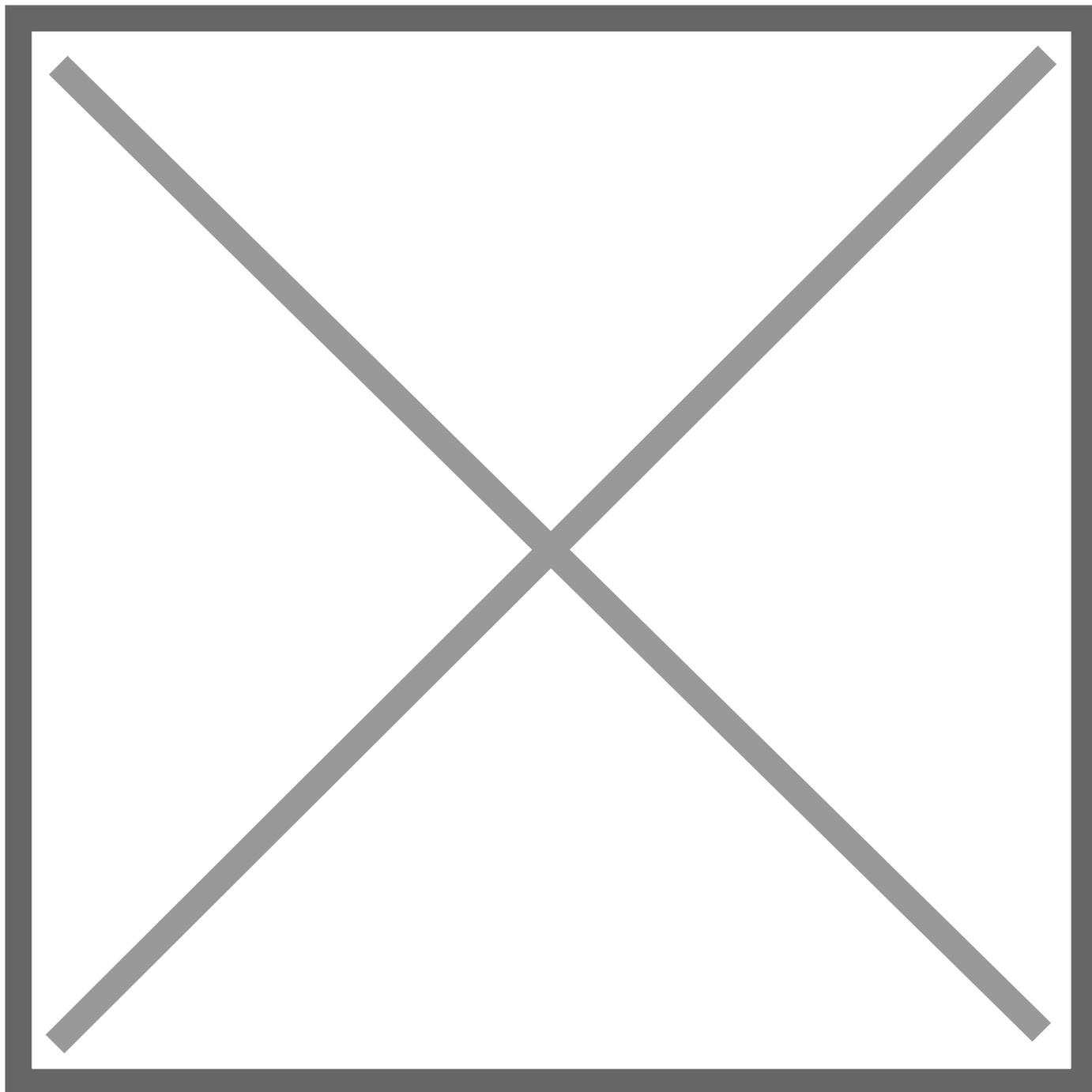
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definitioner (kun
tilgængelig på
engelsk):**

Estimated per-capita whole grains intake (g/day)

Psykkisk sundhed - depressionslidelser

Voksne, 2021



Alder: 20+

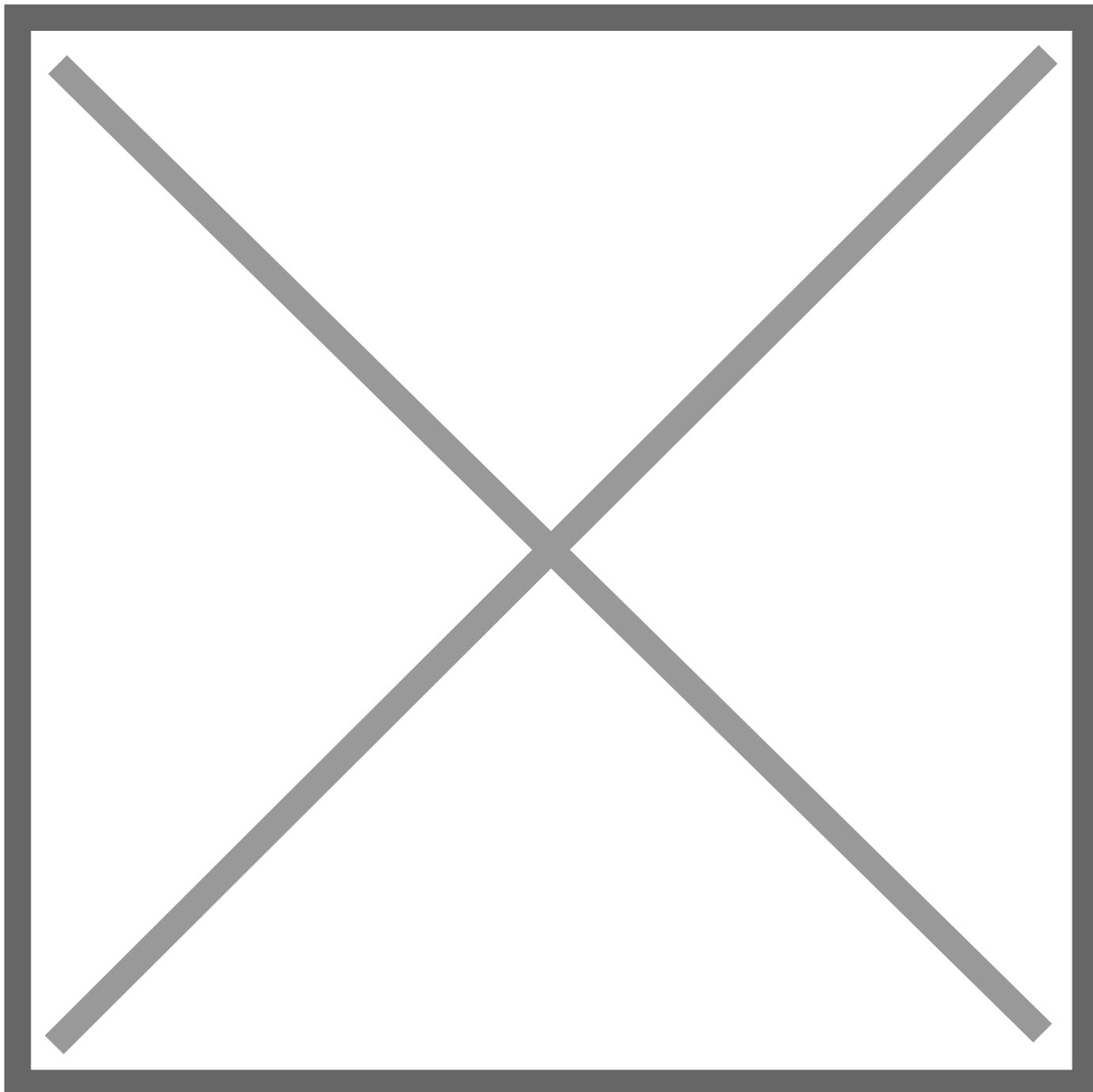
Area covered: National

Referencer: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
tilgængelig
på engelsk):**

Number living with depression per 100,000 population (adults 20+ years)

Mænd, 2021



Alder: 20+

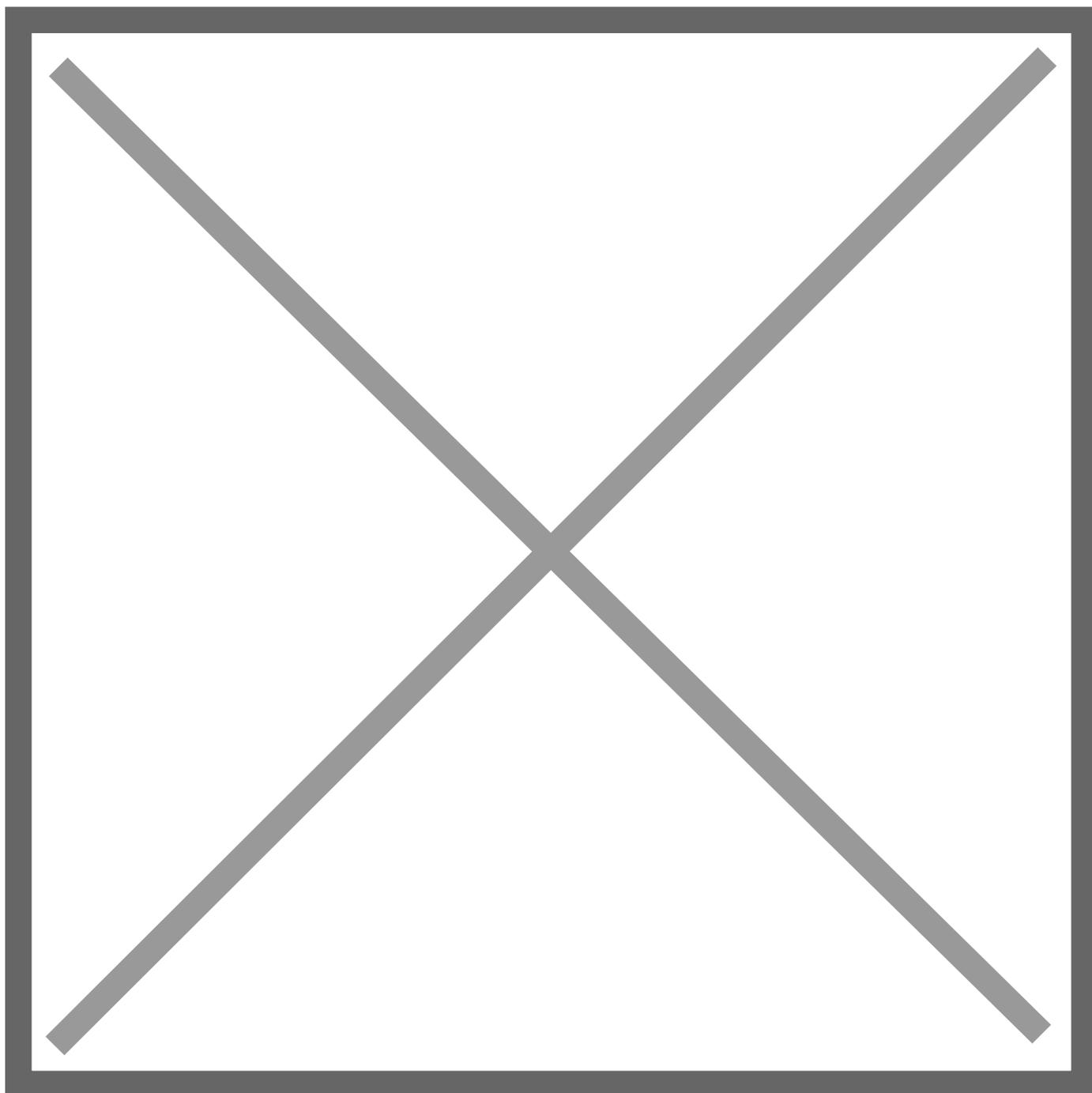
Area covered: National

Referencer: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
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på engelsk):**

Number living with depression per 100,000 population (adults 20+ years)

Kvinder, 2021



Alder: 20+

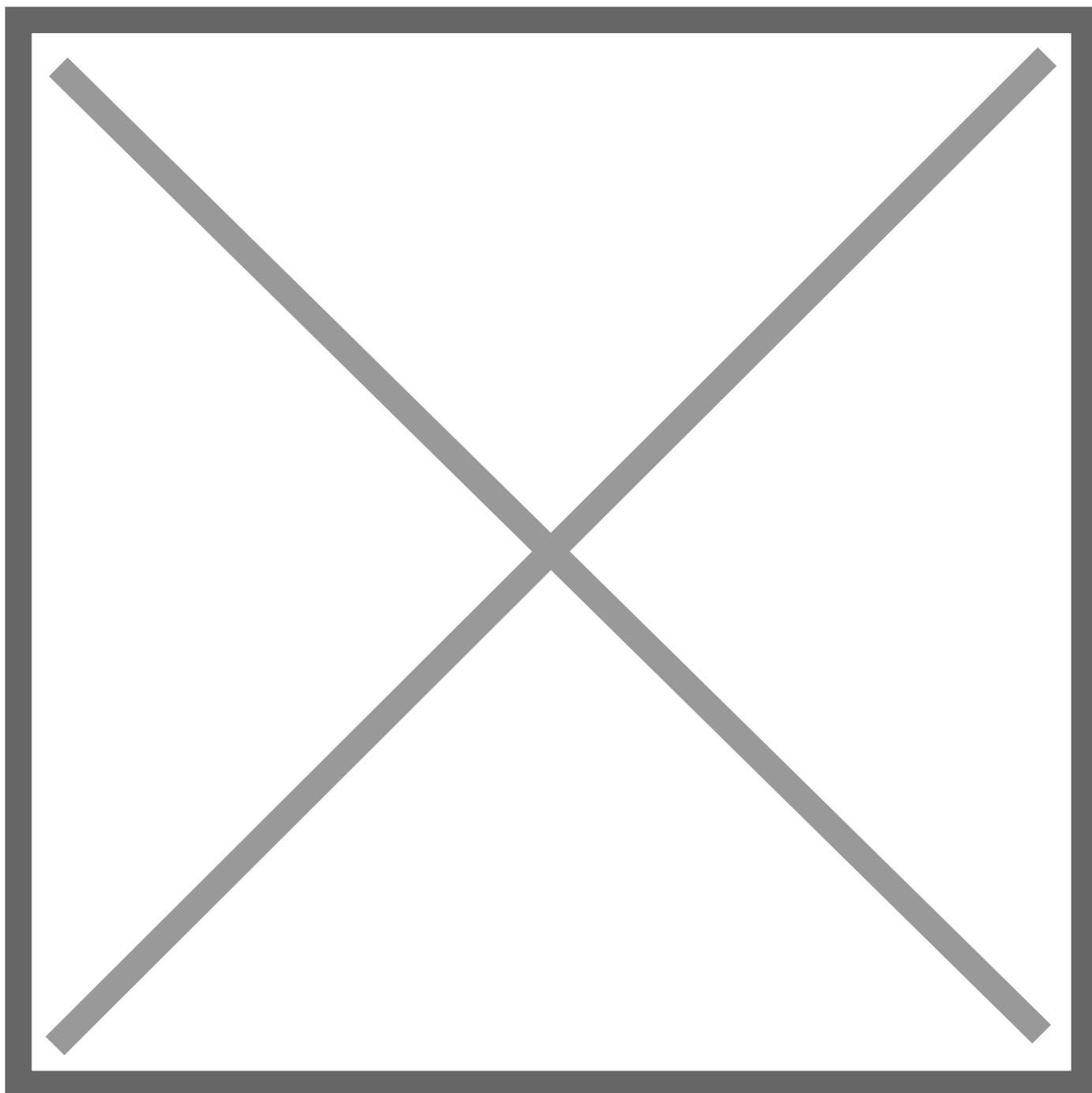
Area covered: National

Referencer: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
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på engelsk):**

Number living with depression per 100,000 population (adults 20+ years)

Børn, 2021



Area covered:

National

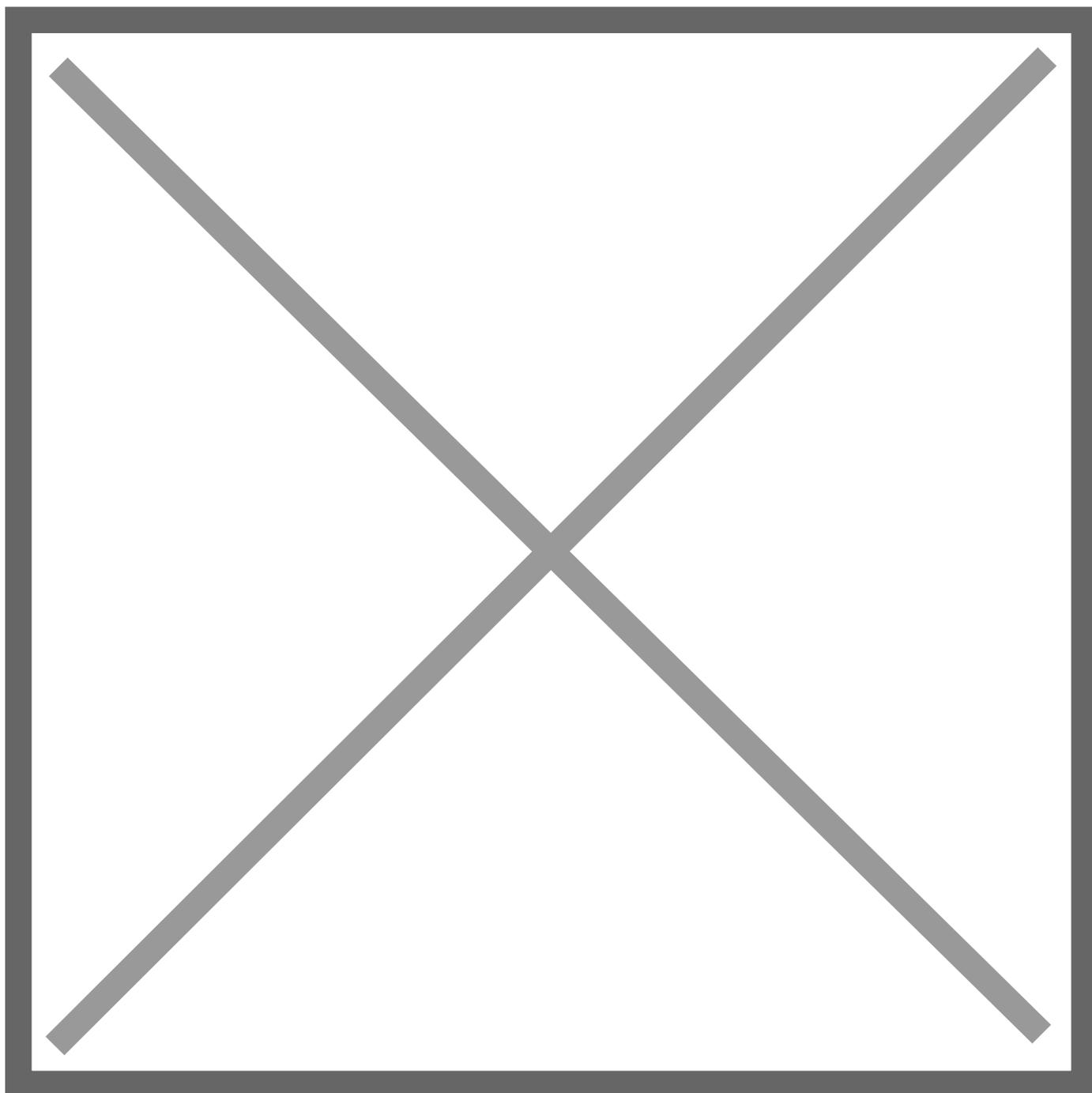
Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
tilgængelig
på engelsk):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Drenge, 2021



Area covered:

National

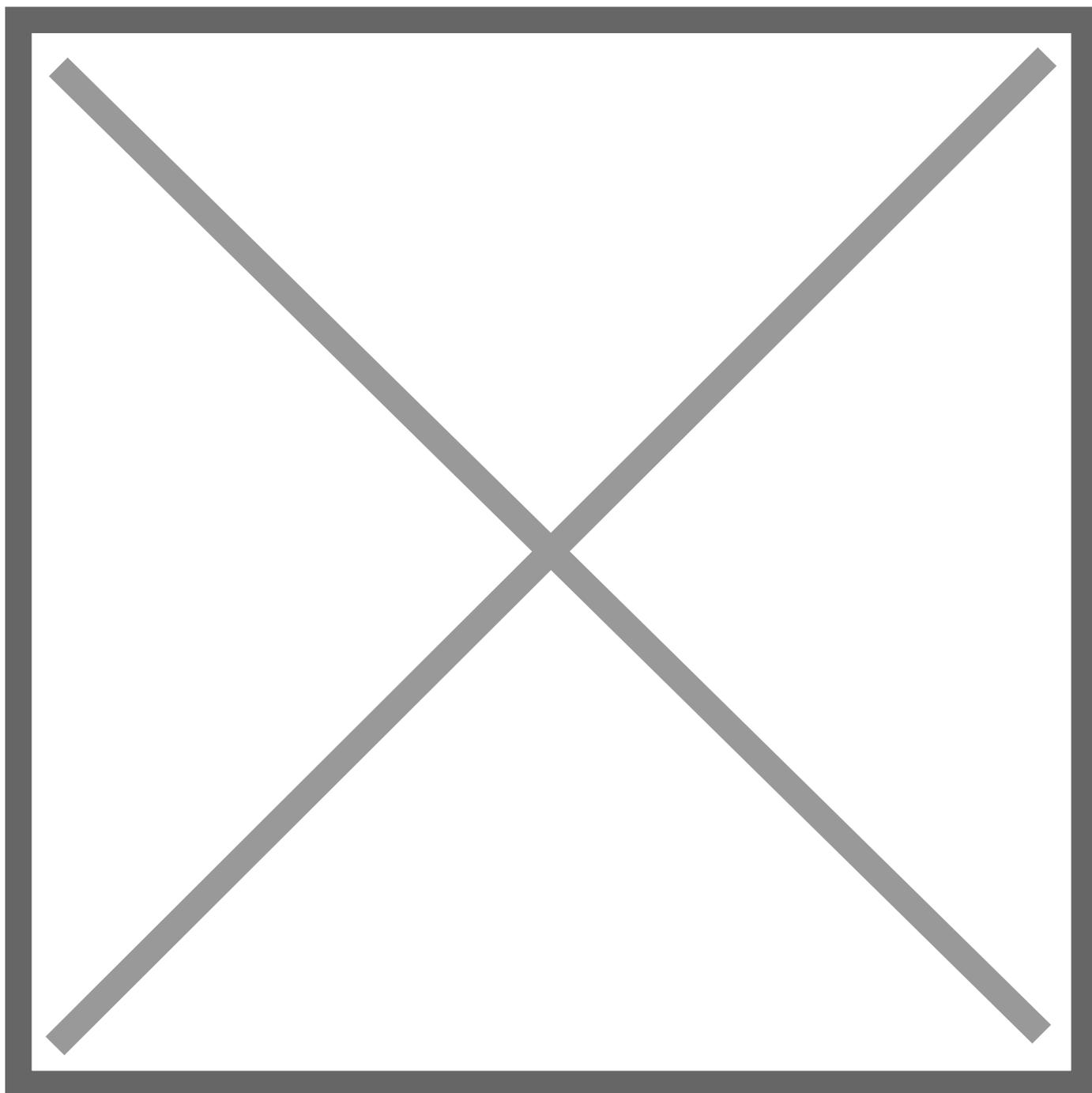
Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
tilgængelig
på engelsk):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Piger, 2021



Area covered:

National

Referencer:

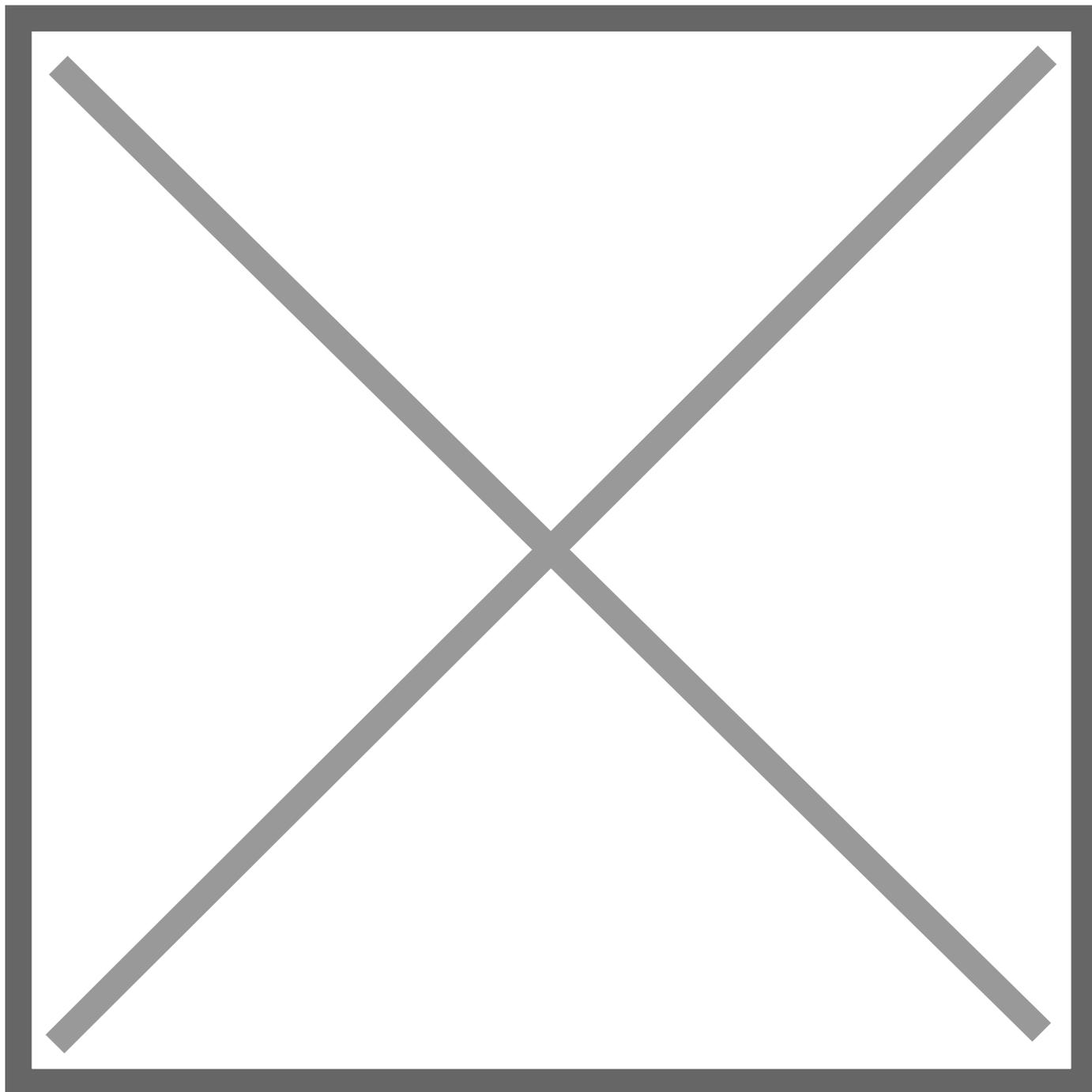
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner
(kun
tilgængelig
på engelsk):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Psykisk sundhed - angstlidelser

Voksne, 2021



Alder:

20+

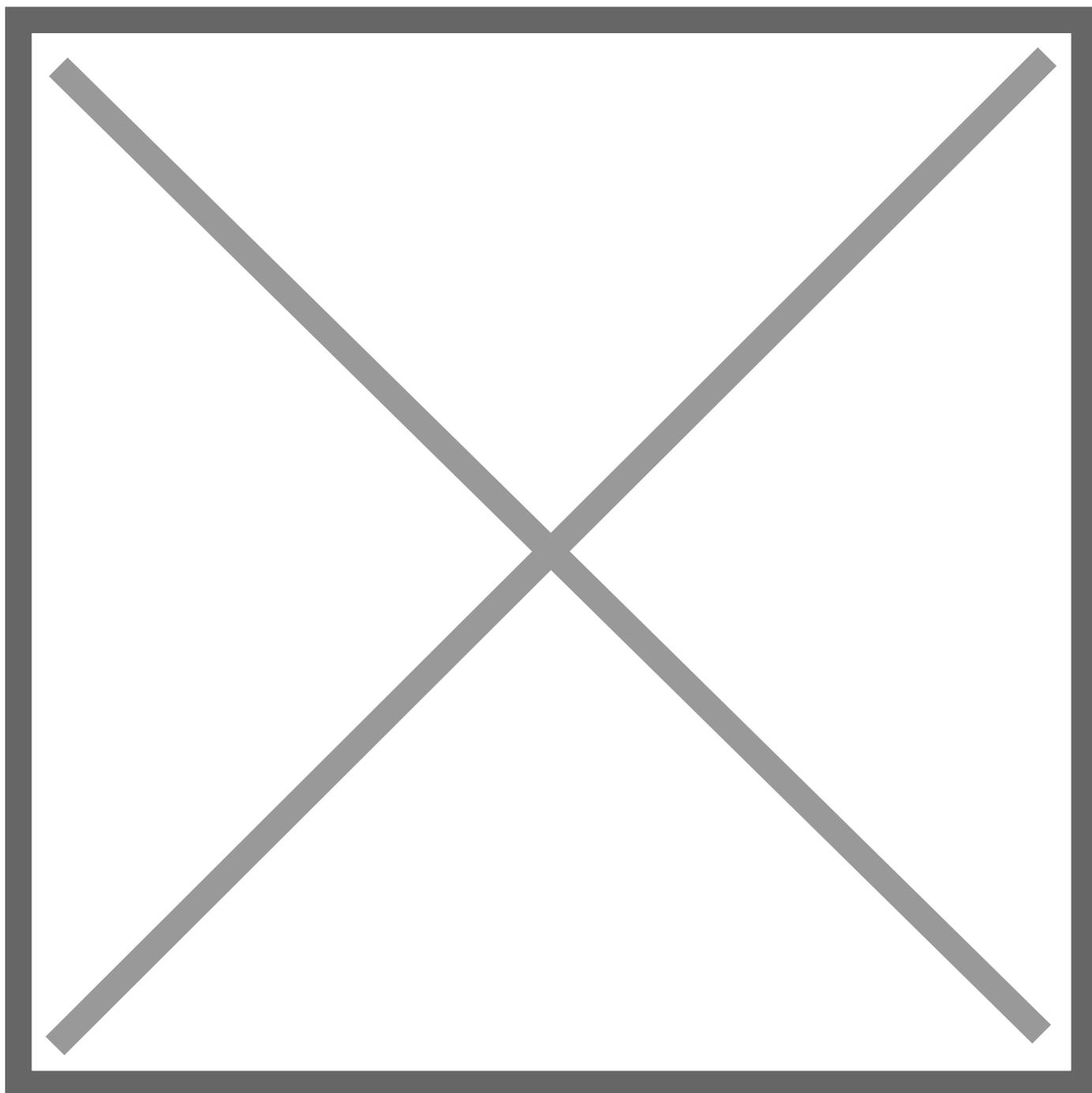
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitioner
(kun
tilgængelig
på engelsk):**

Number living with anxiety per 100,000 population

Mænd, 2021

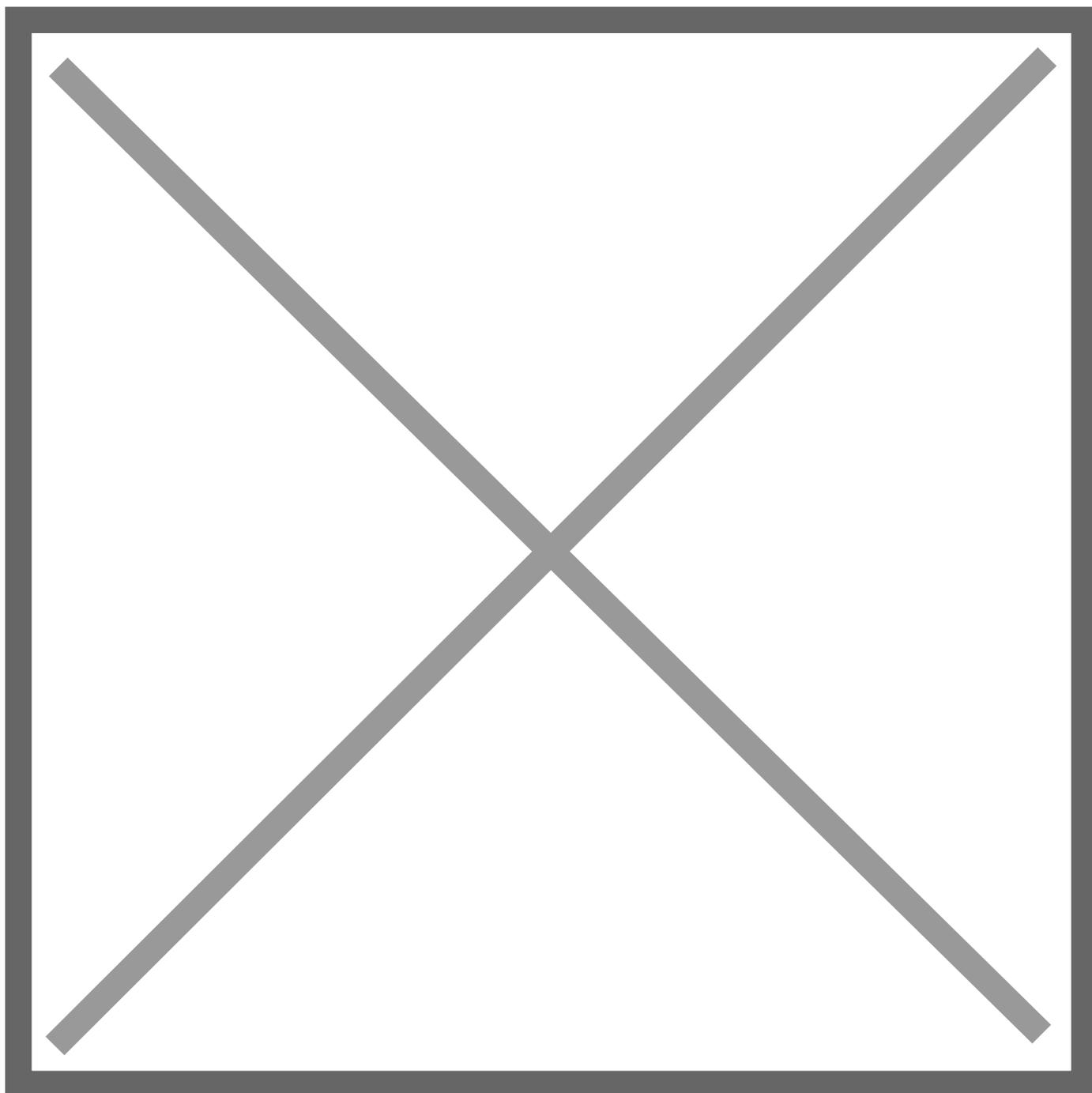


Alder: 20+

Referencer: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitioner (kun tilgængelig på engelsk): Number living with anxiety per 100,000 population

Kvinder, 2021

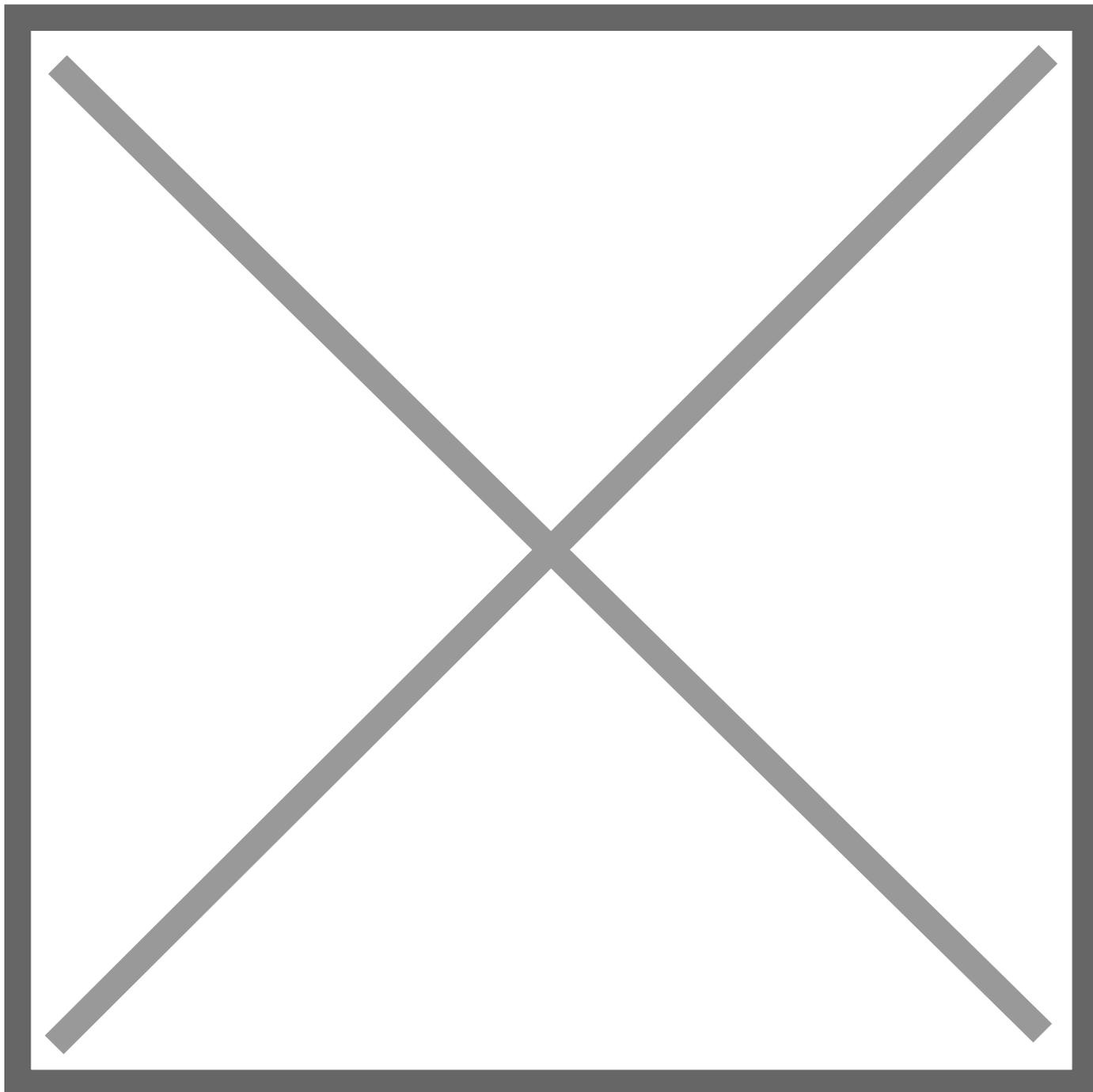


Alder: 20+

Referencer: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitioner (kun tilgængelig på engelsk): Number living with anxiety per 100,000 population

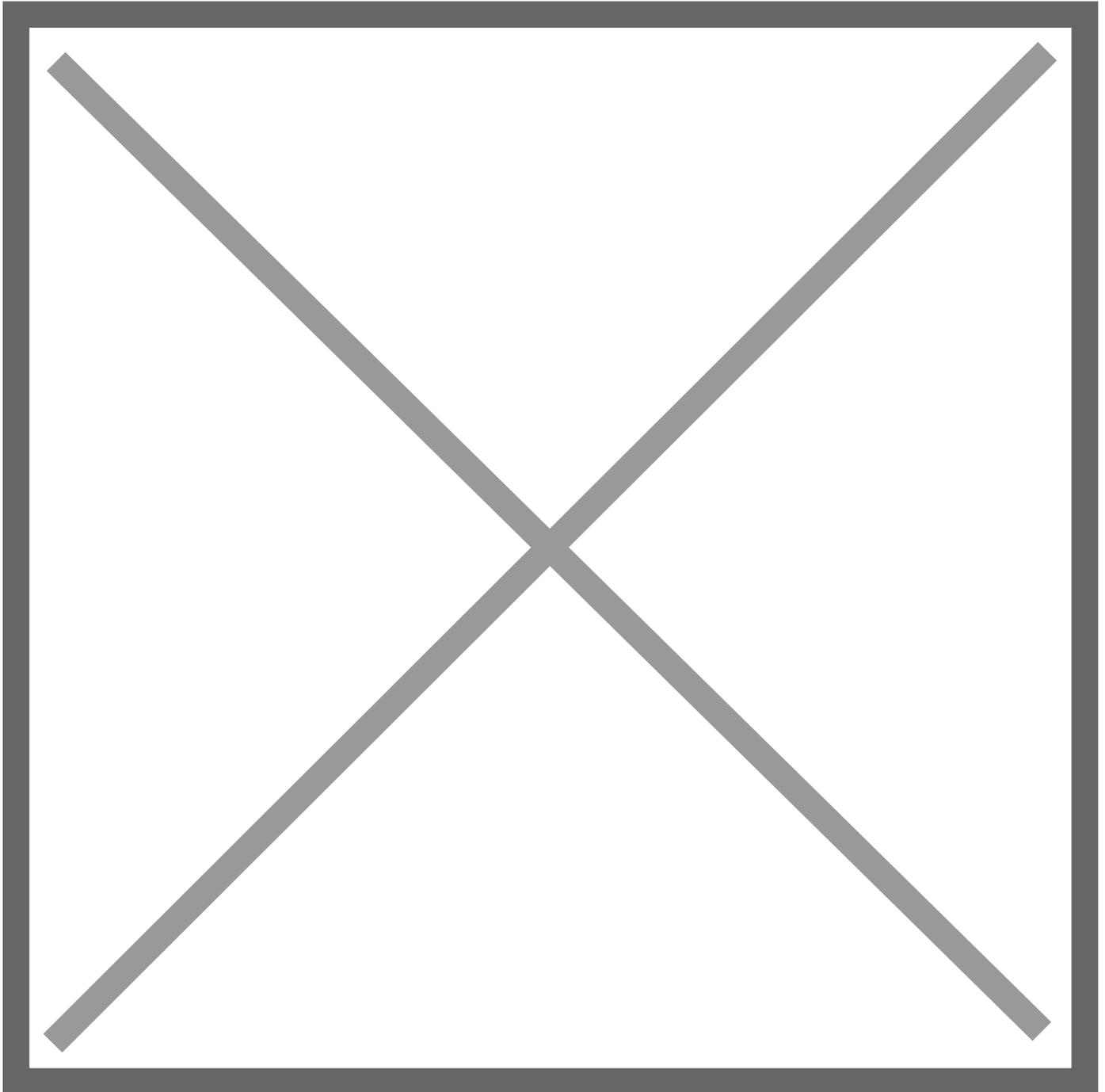
Børn, 2021



Referencer:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

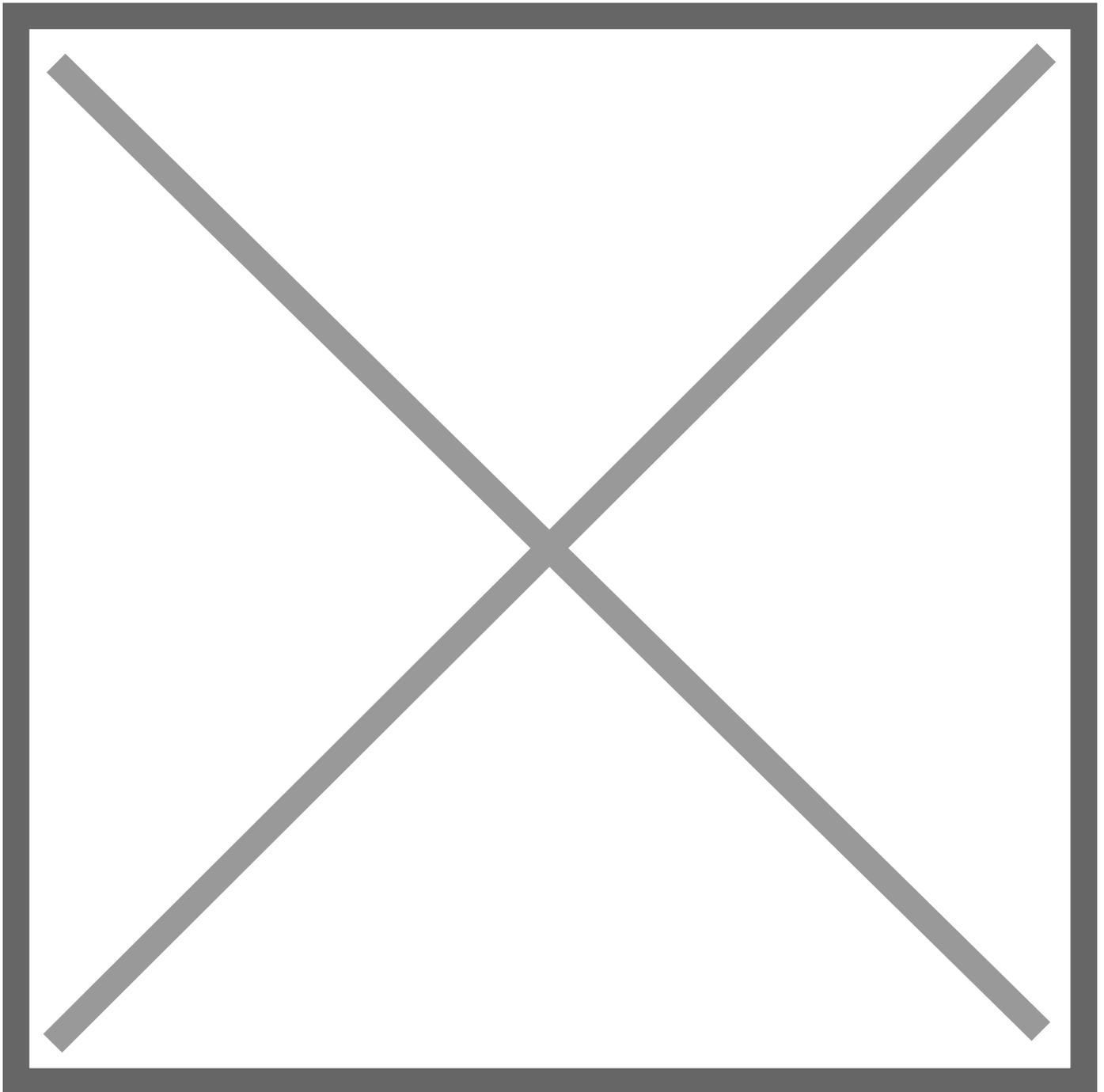
Drenge, 2021



Referencer:

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Piger, 2021



Referencer:

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PDF created on July 16, 2025