



# WHO-Region Europa

## Regional report card

*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-european-region-5/>.*



## Adipositasprävalenz

### Erwachsene



**Umfragetyp:**

Countries marked with a \* are using self-reported data.

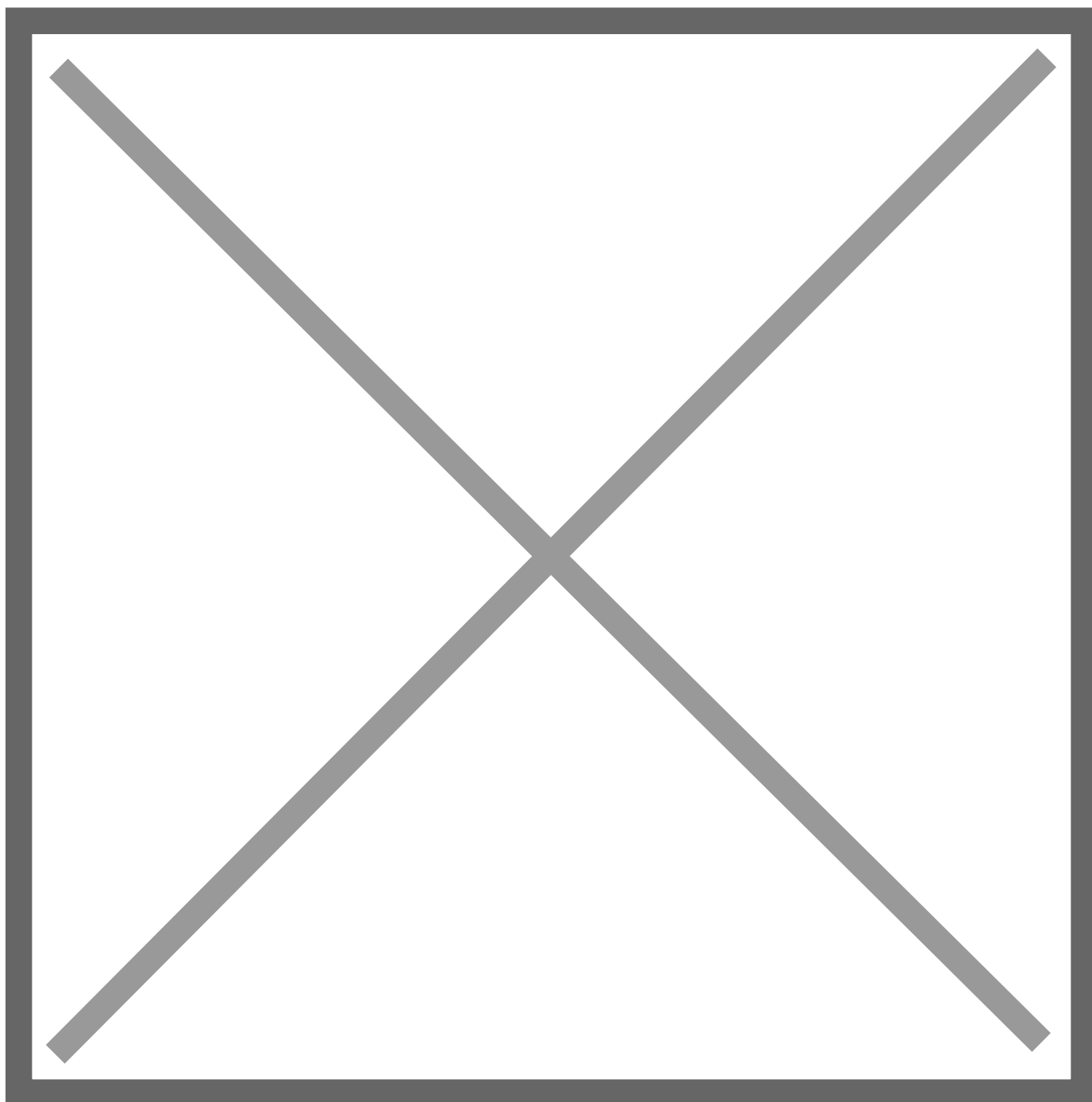
**Anmerkungen  
(nur in  
englischer  
Sprache  
verfügbar):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

Wenn nicht anders angegeben, bezieht sich Übergewicht auf einen BMI zwischen 25 kg und 29,9 kg/m<sup>2</sup>, Adipositas auf einen BMI über 30 kg/m<sup>2</sup>.

---

## Männer



### Umfragetyp:

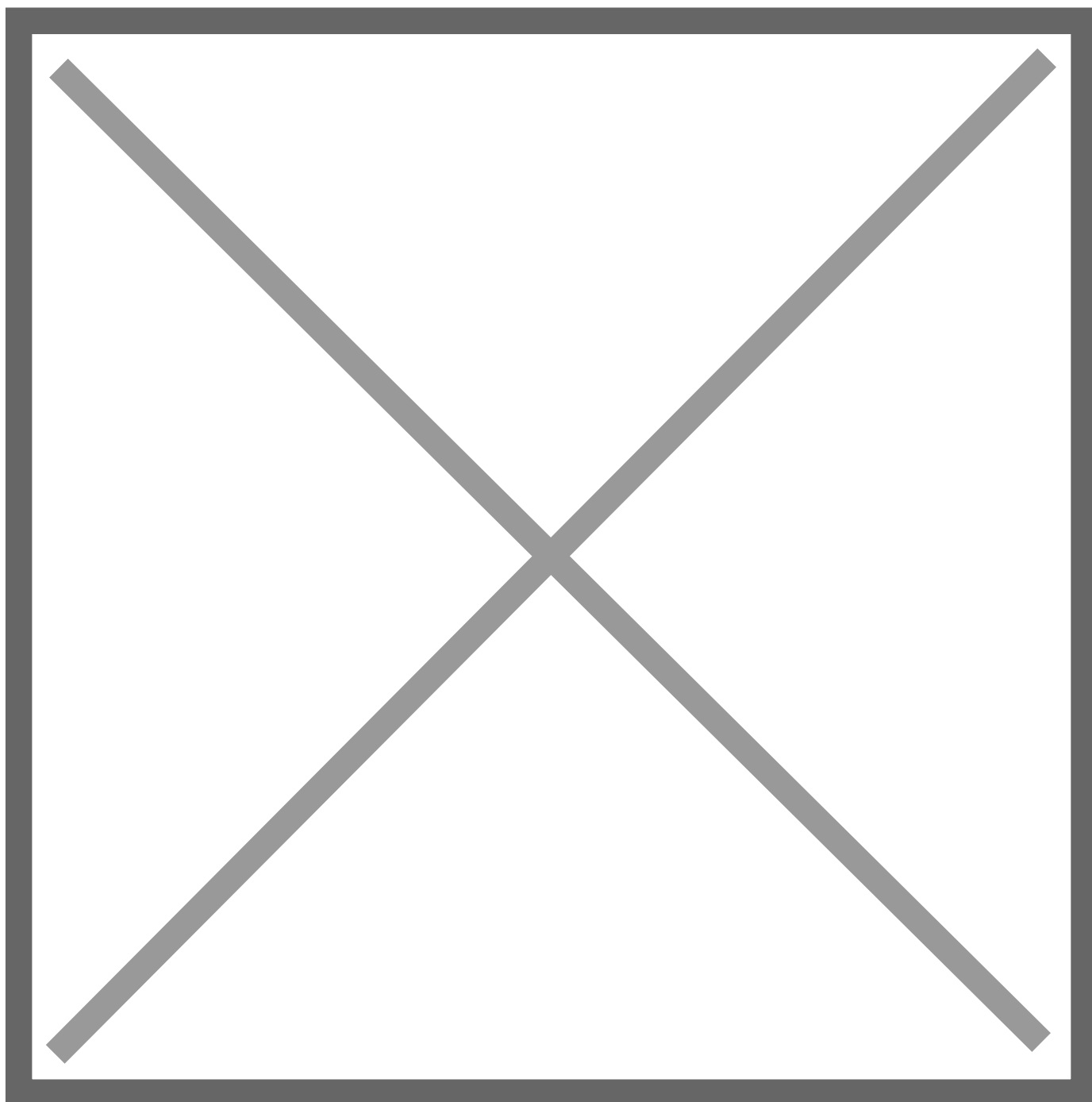
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## Frauen



### Umfragetyp:

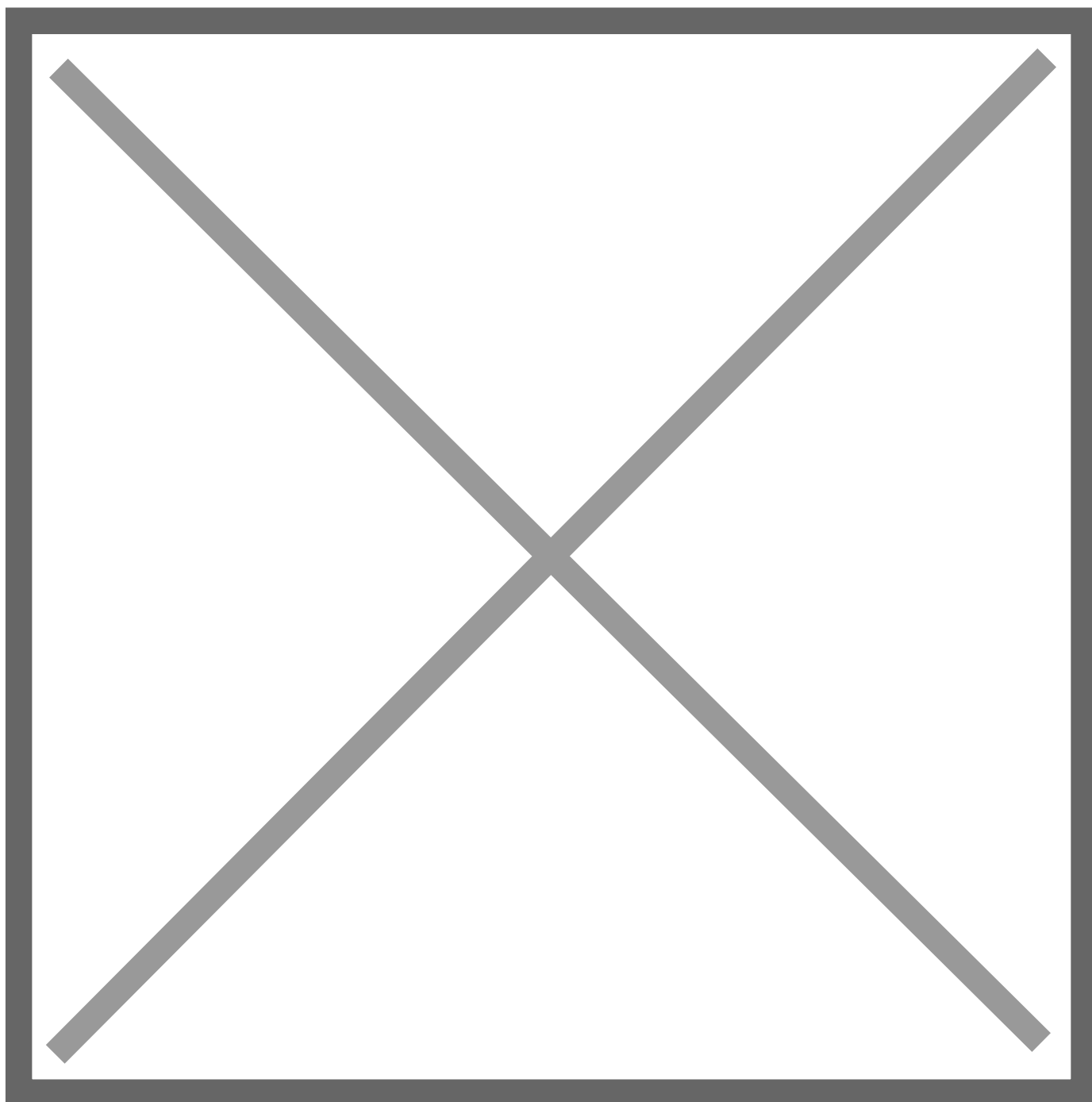
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## Kinder



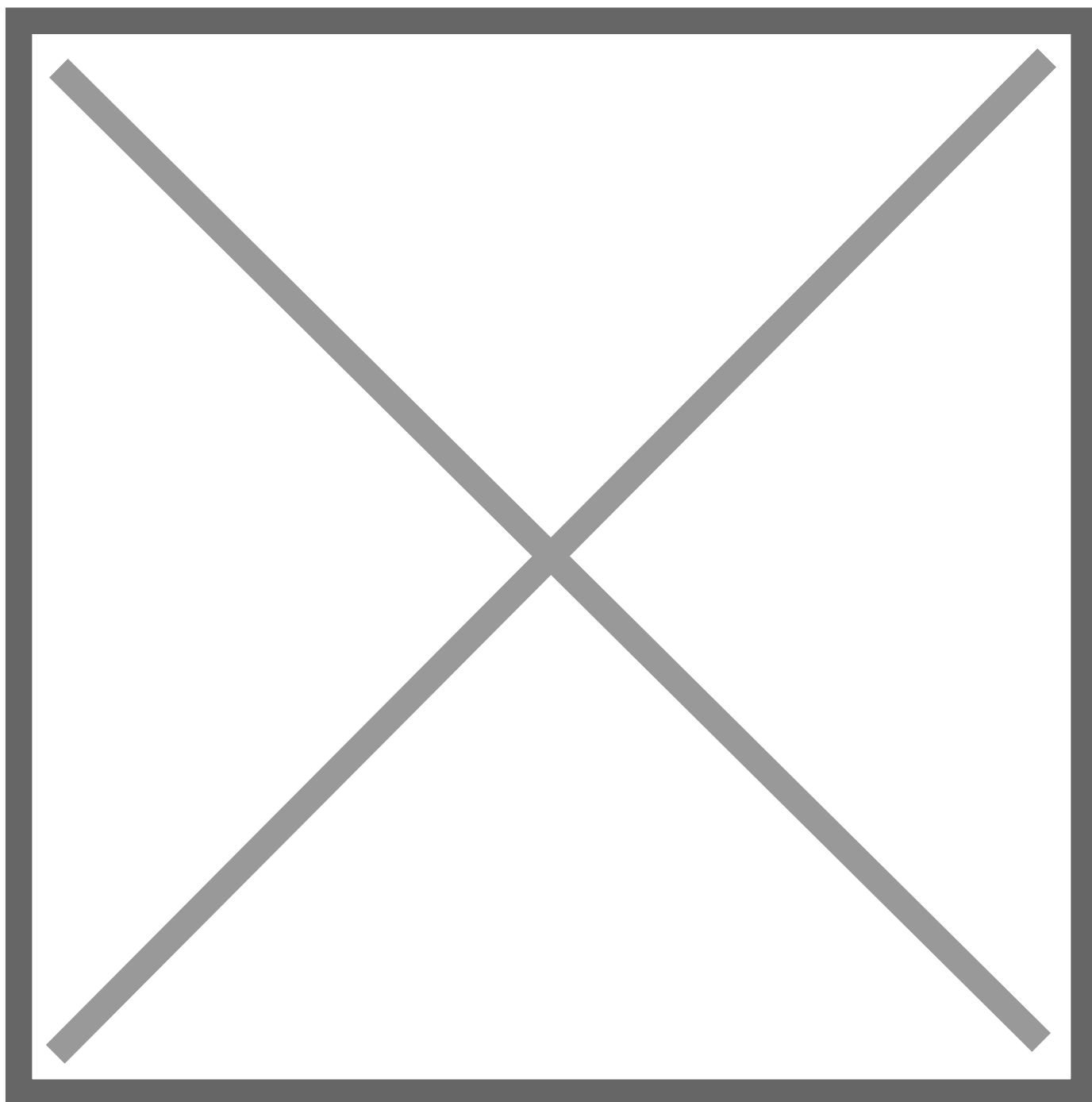
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Sprache  
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## Jungen



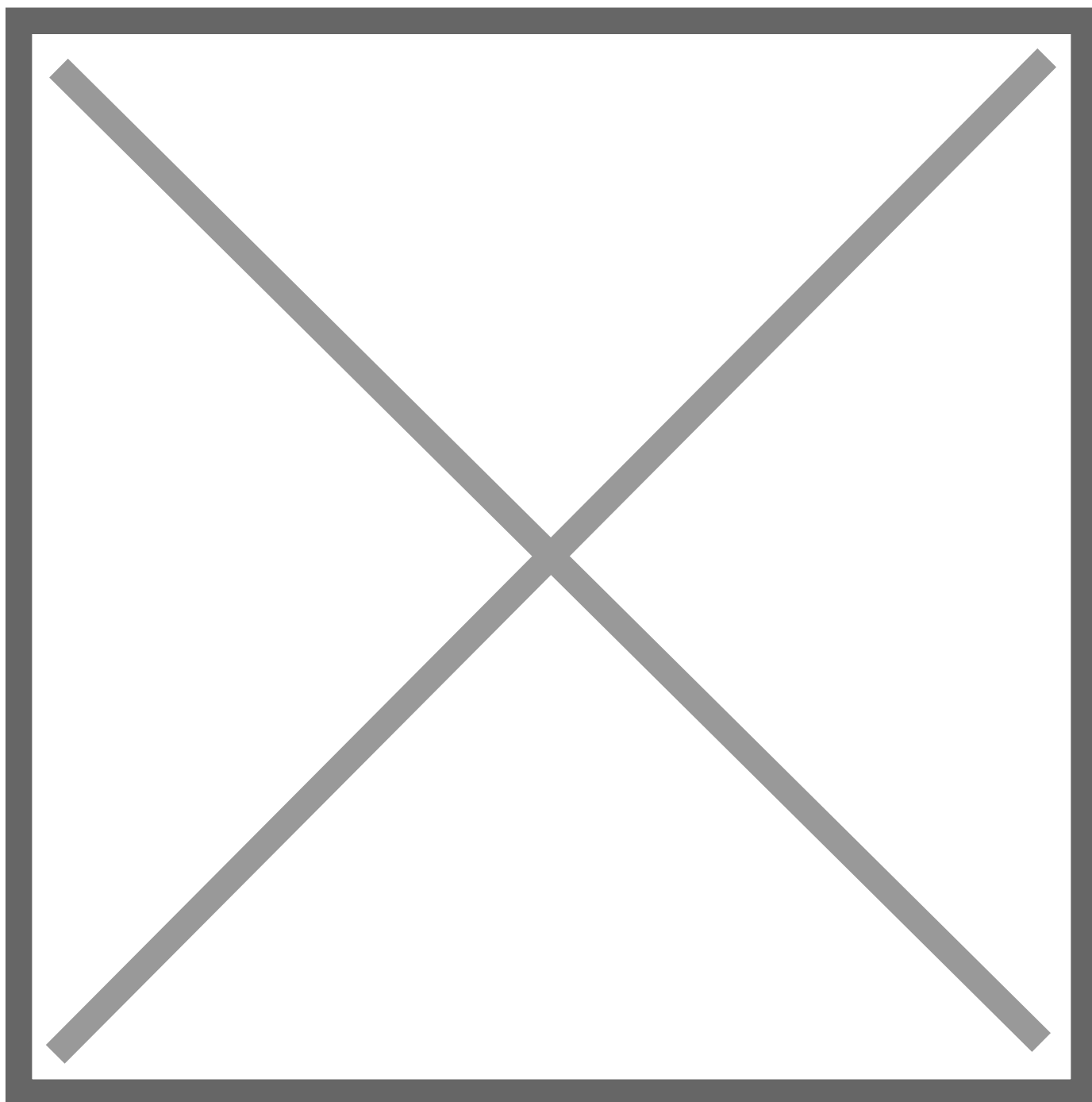
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## Mädchen



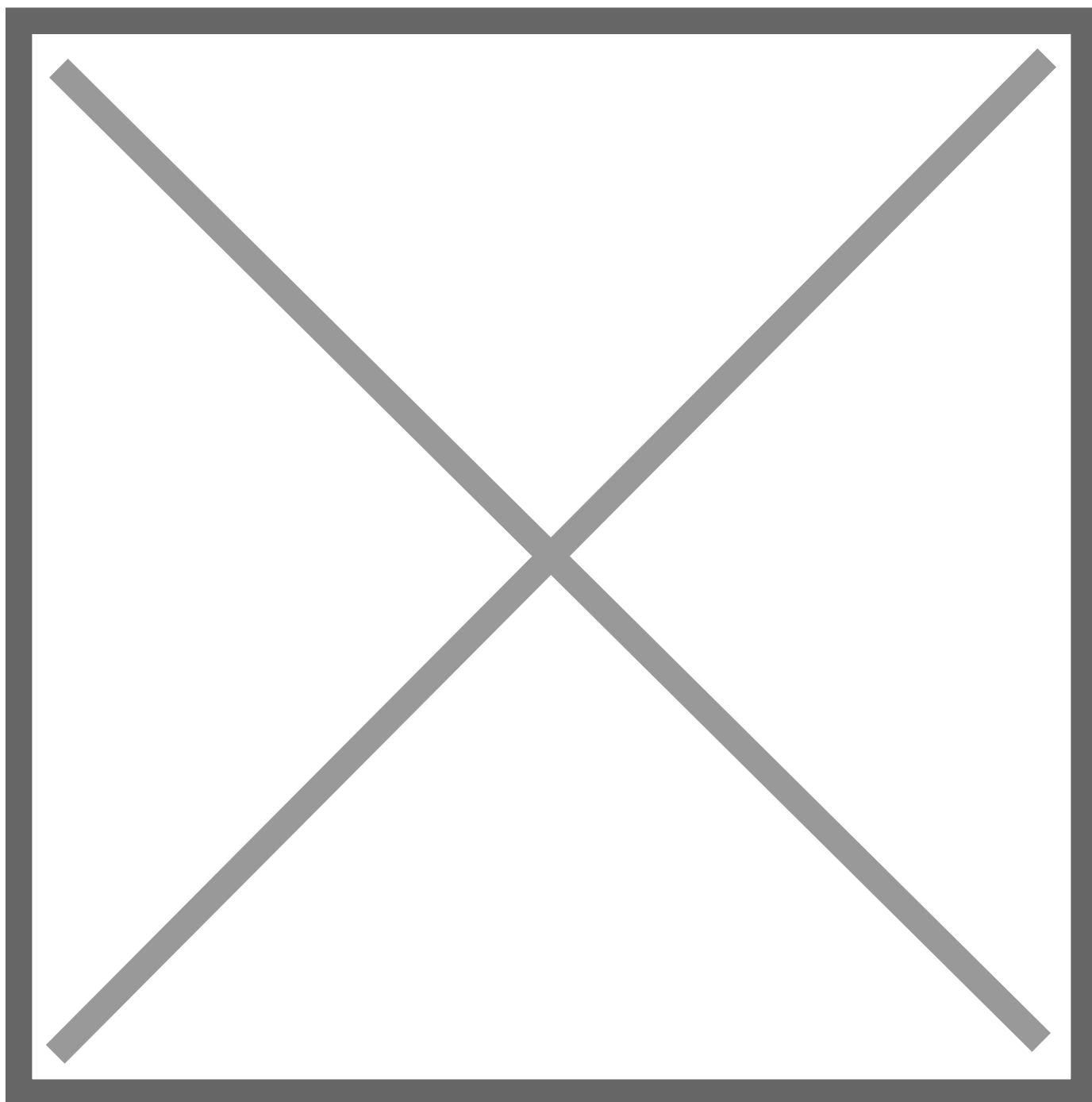
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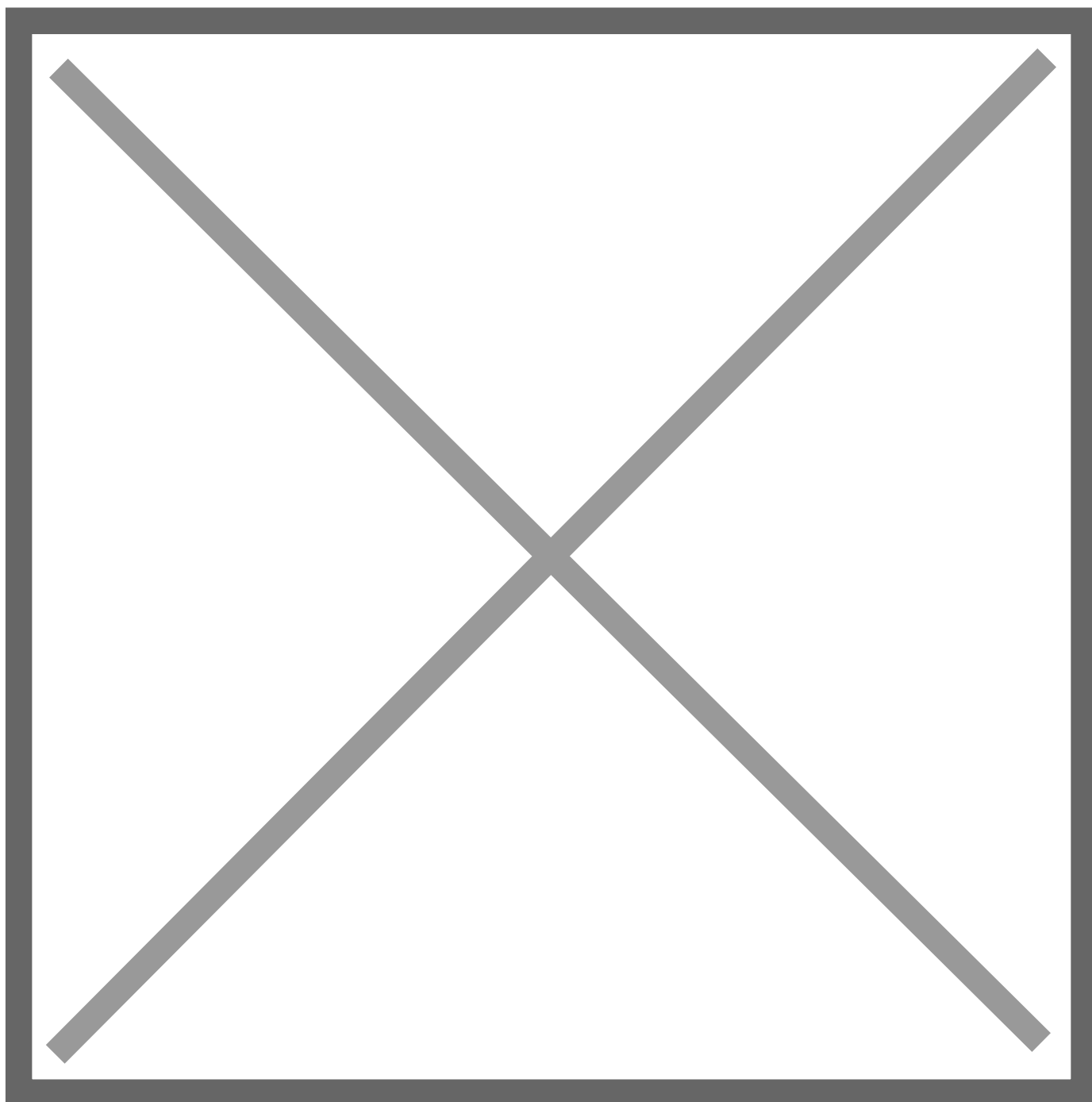
## 0-5 years



**Anmerkungen**  
(nur in  
englischer  
Sprache  
verfügbar):

Different methodologies have been used to collect this data and so it is not strictly comparable.

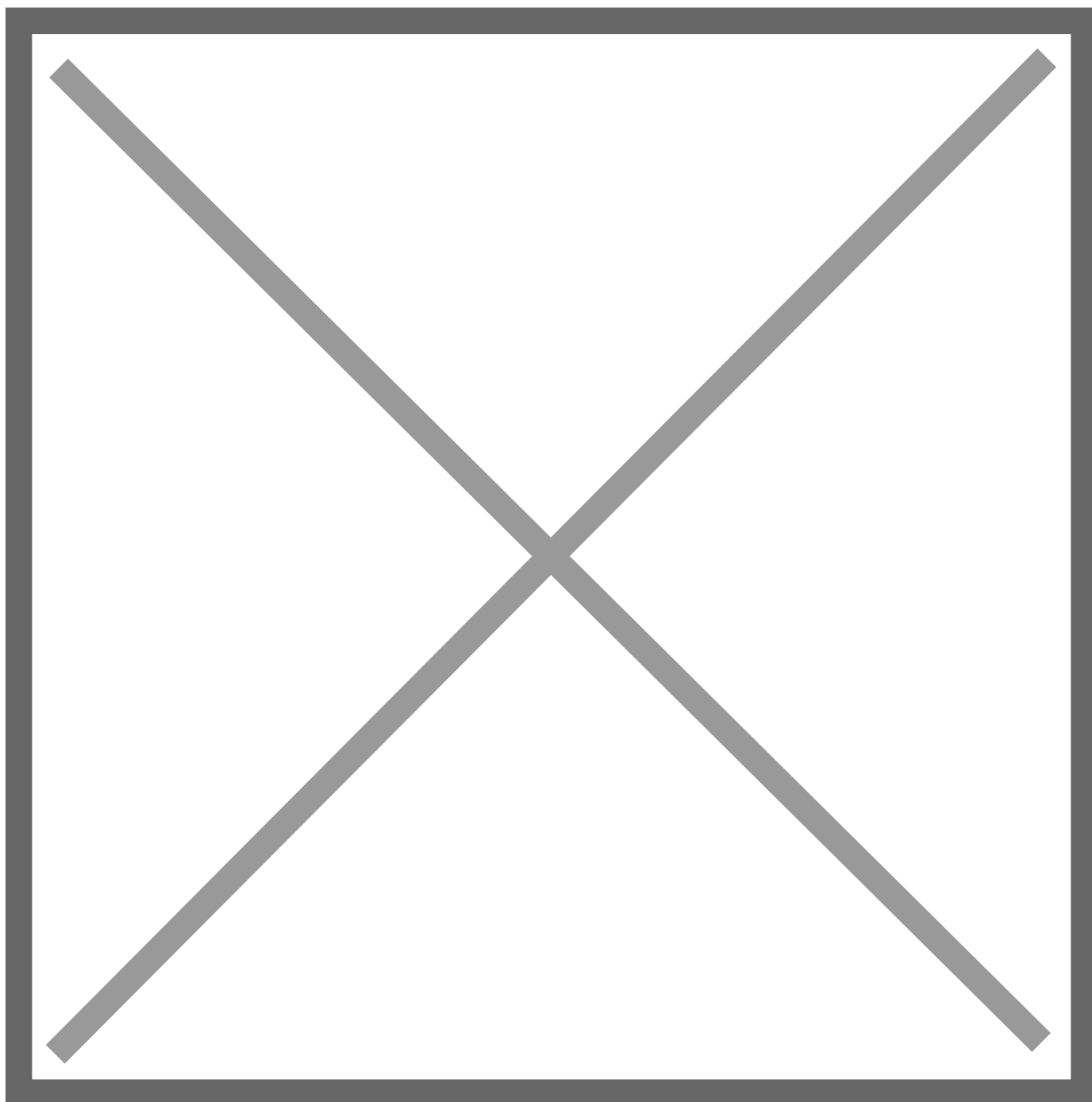
## 0-5 years boys



**Anmerkungen  
(nur in  
englischer  
Sprache  
verfügbar):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

## 0-5 years girls

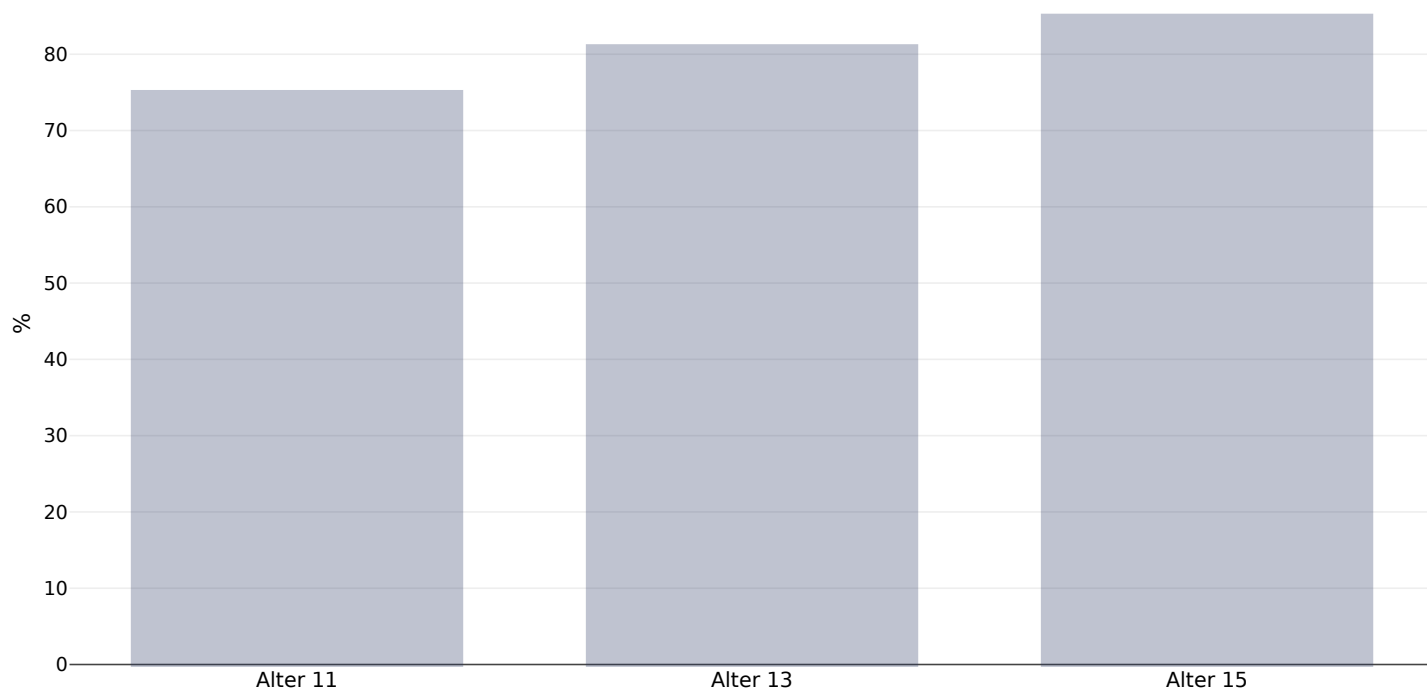


**Anmerkungen  
(nur in  
englischer  
Sprache  
verfügbar):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

## Unzureichende Aktivität

### Jungen, 1986-2023



#### Geltungsbereich:

French speaking

#### Referenzen:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

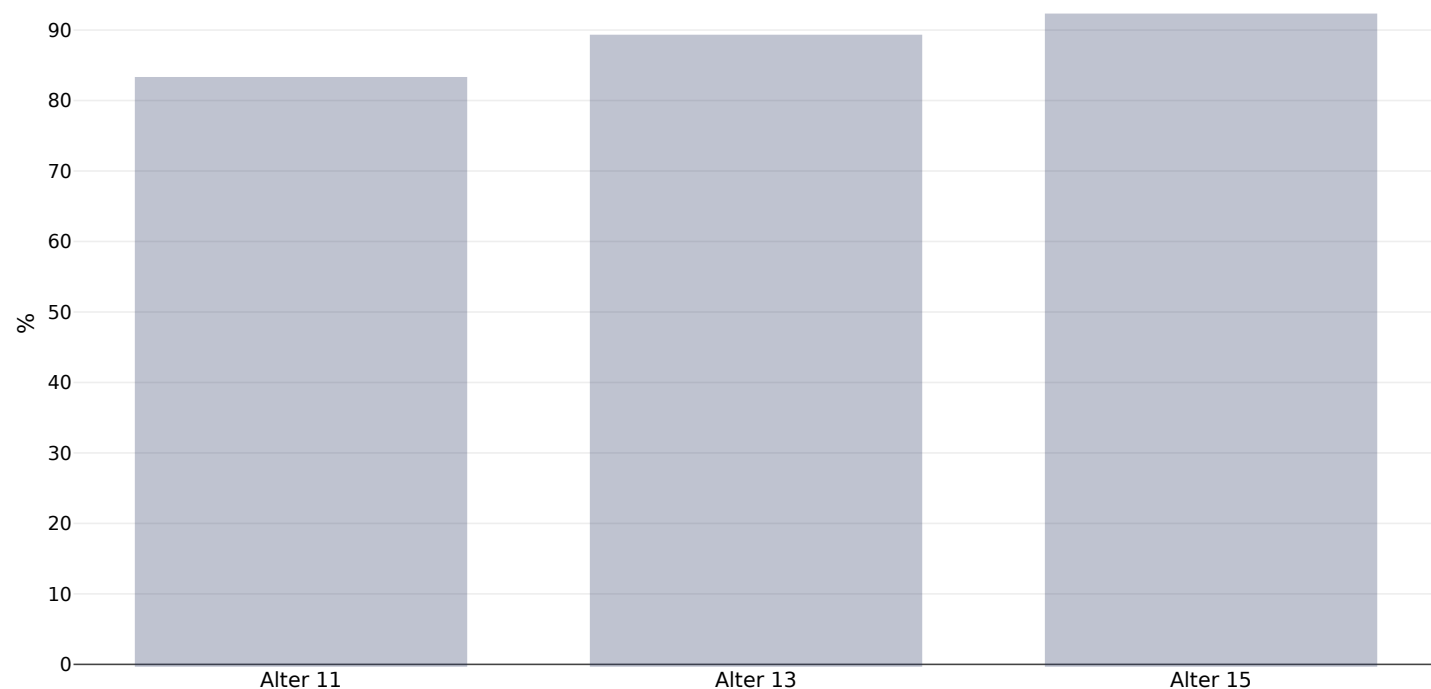
#### Anmerkungen (nur in englischer Sprache verfügbar):

Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

#### Definitionen (nur in englischer Sprache verfügbar):

% reporting less than 60 minutes of MVPA daily

## Mädchen, 1986-2023



### Geltungsbereich:

French speaking

### Referenzen:

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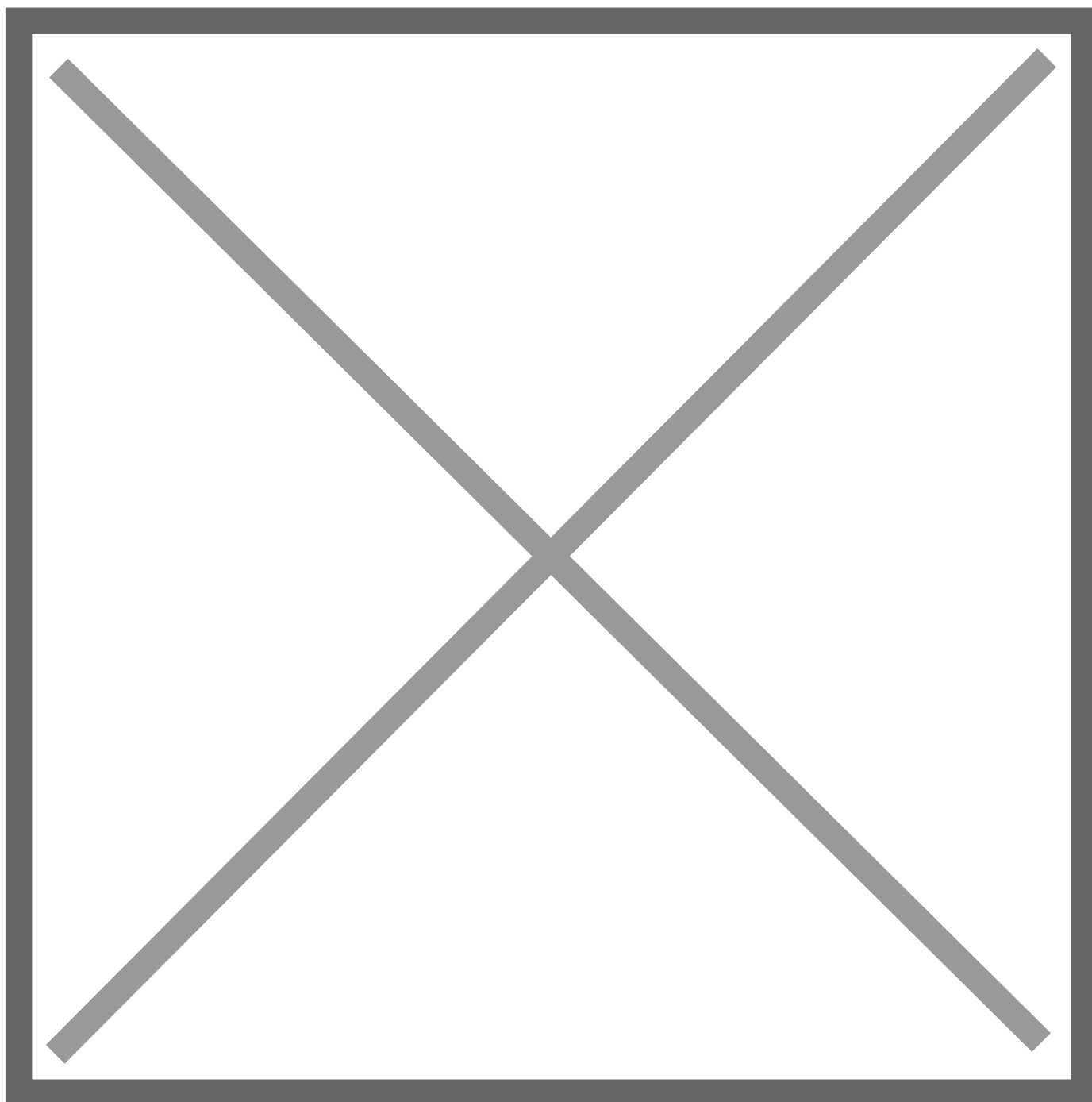
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### Definitionen (nur in englischer Sprache verfügbar):

% reporting less than 60 minutes of MVPA daily

## Erwachsene, 2022



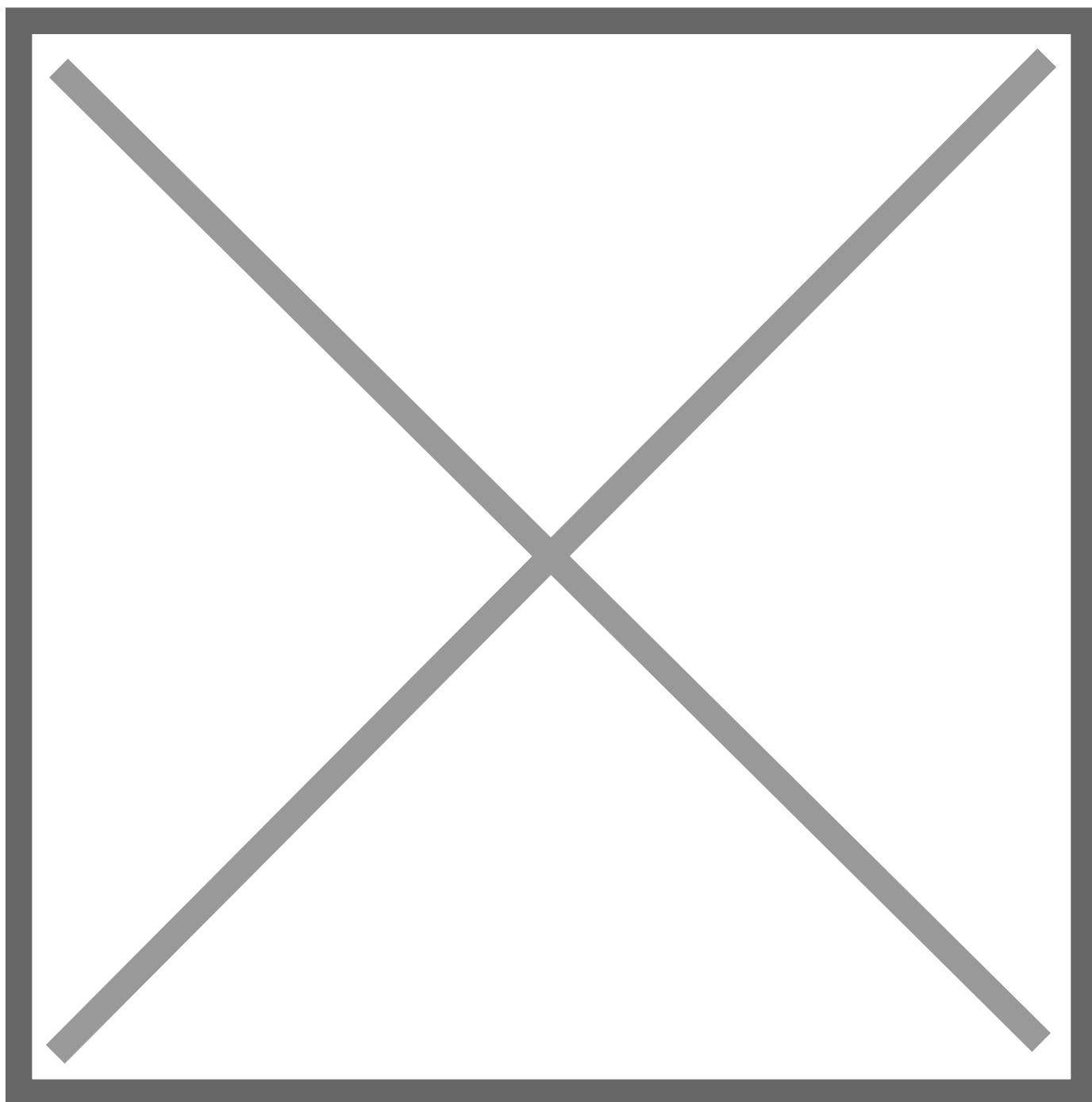
|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Umfragetyp:</b>      | Selbst berichtet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Alter:</b>           | 18+                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Geltungsbereich:</b> | National                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Referenzen:</b>      | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

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## Männer, 2022

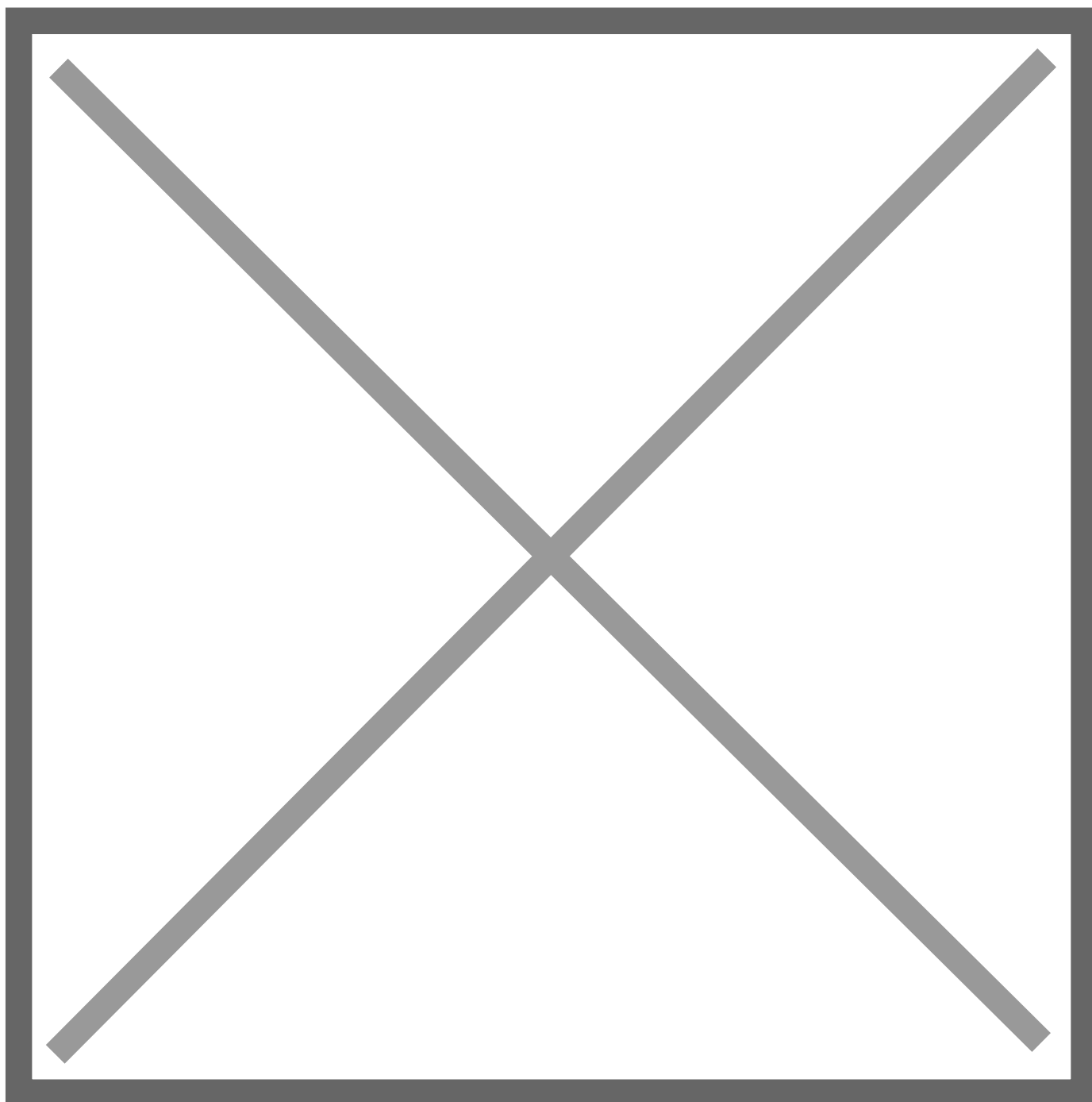


|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Umfragetyp:</b>      | Selbst berichtet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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## Frauen, 2022



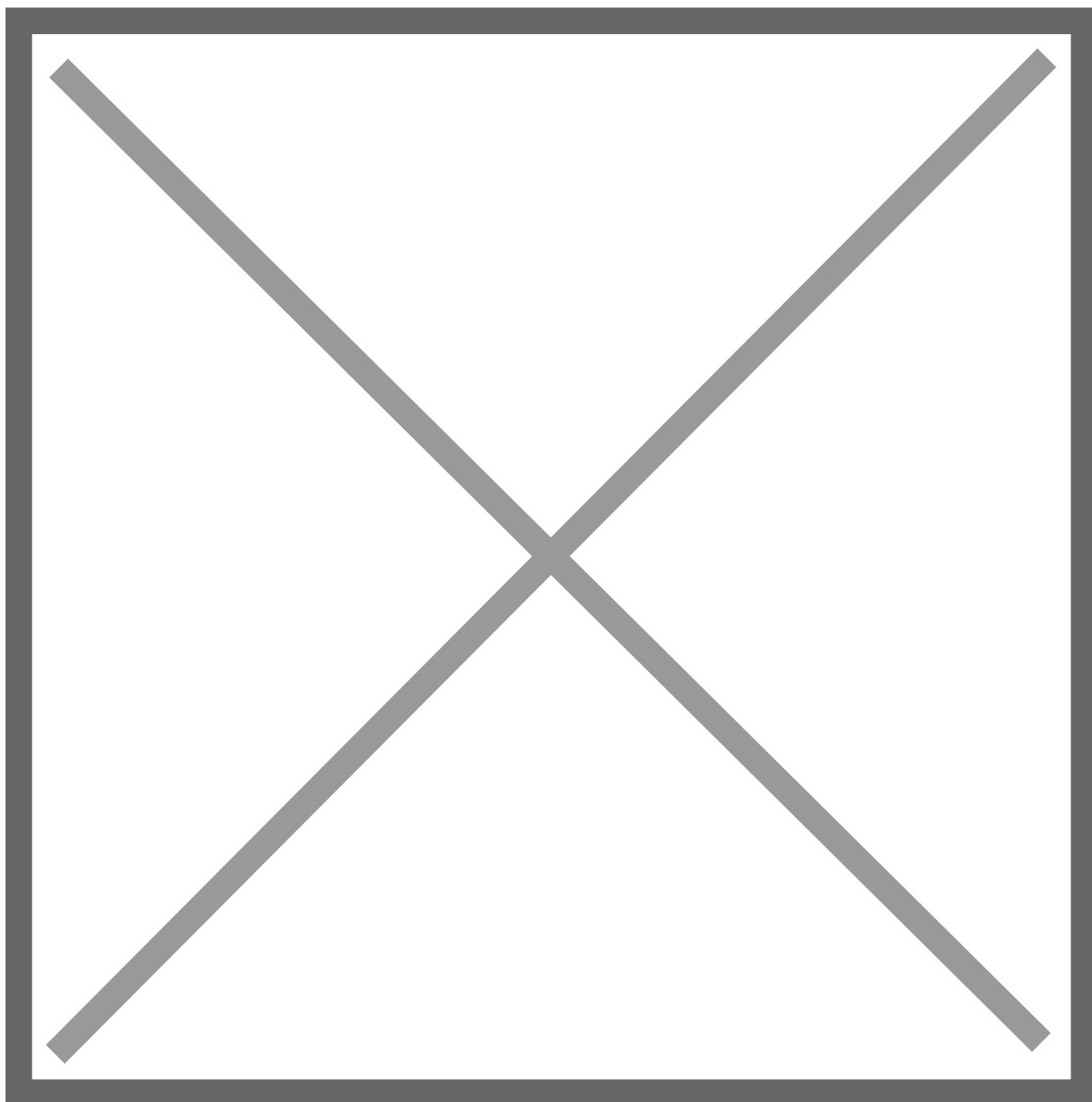
|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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---

## Kinder, 2016-2022



**Geltungsbereich:**

National

**Referenzen:**

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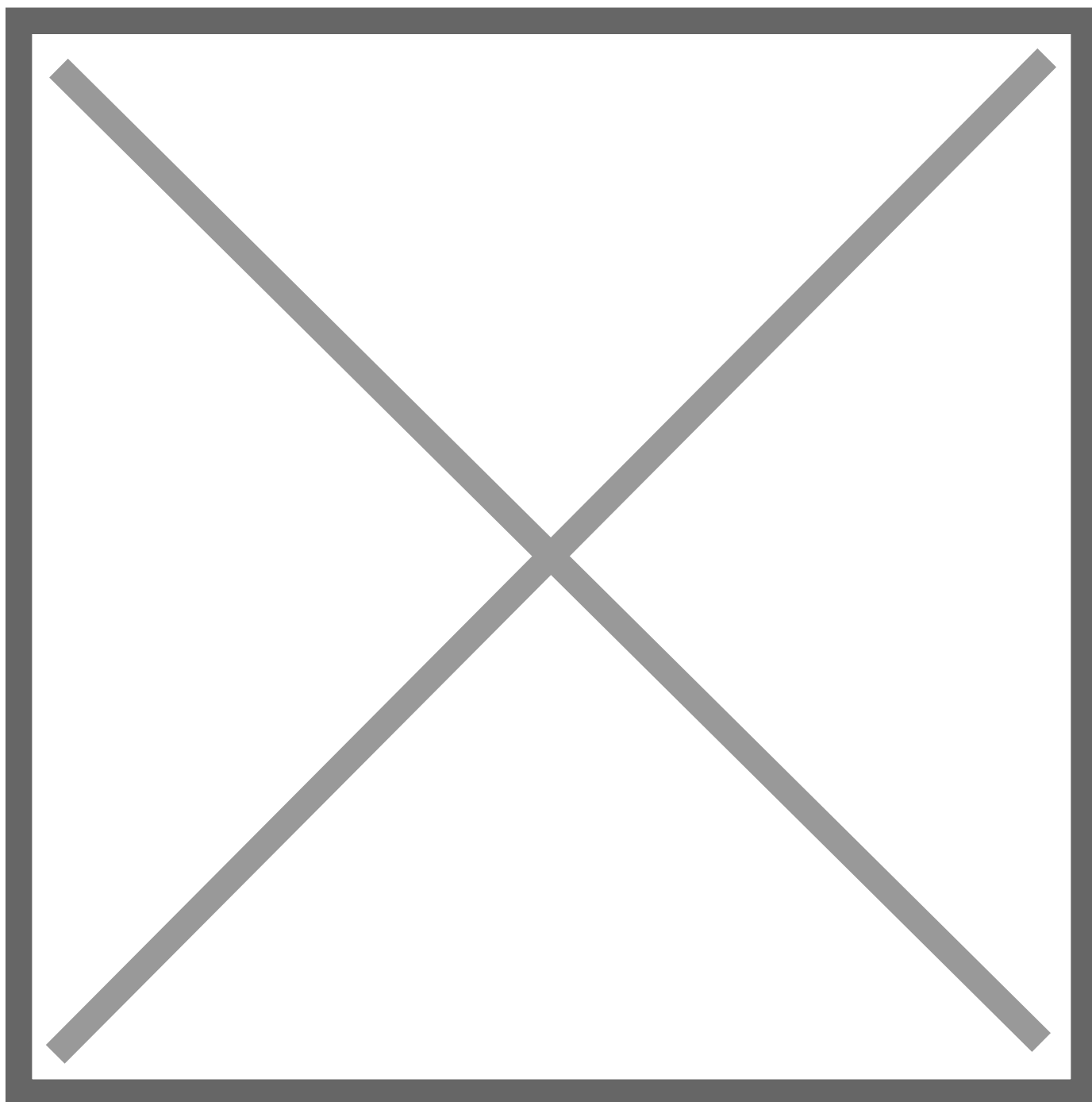
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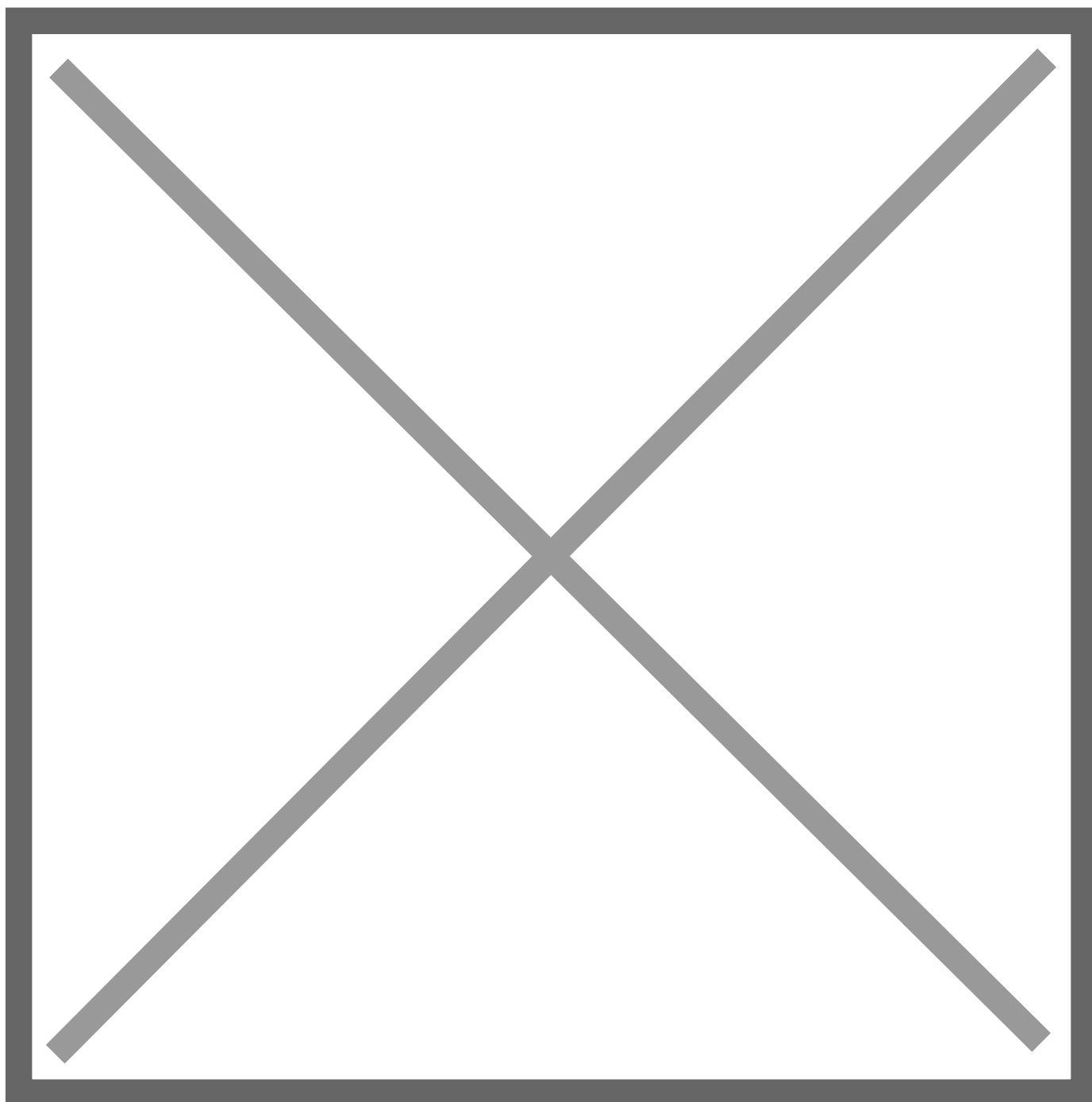
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Sprache  
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## Mädchen, 2016-2022



**Geltungsbereich:**

National

**Referenzen:**

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

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Sprache  
verfügbar):**

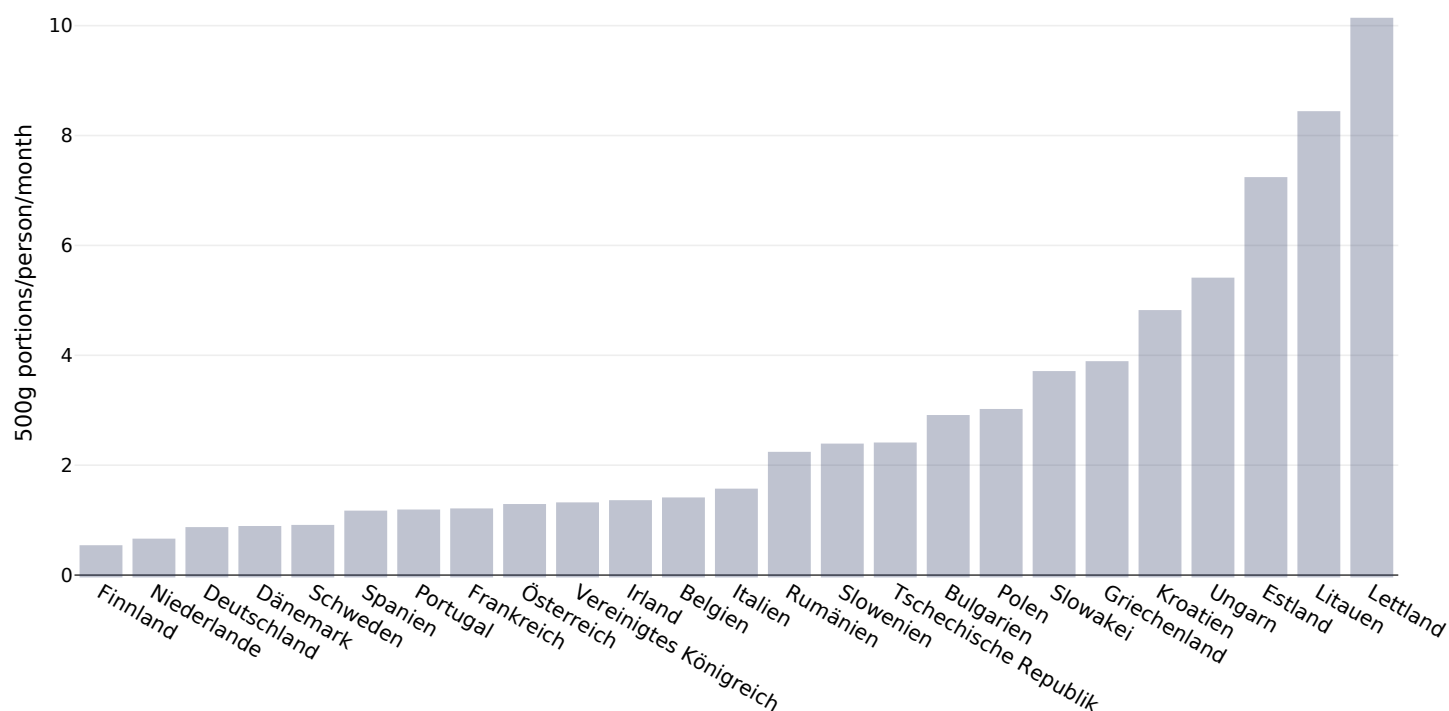
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Sprache  
verfügbar):**

% reporting less than 60 minutes of MVPA daily

## Zuckerkonsum

### Erwachsene, 2016



**Referenzen:**

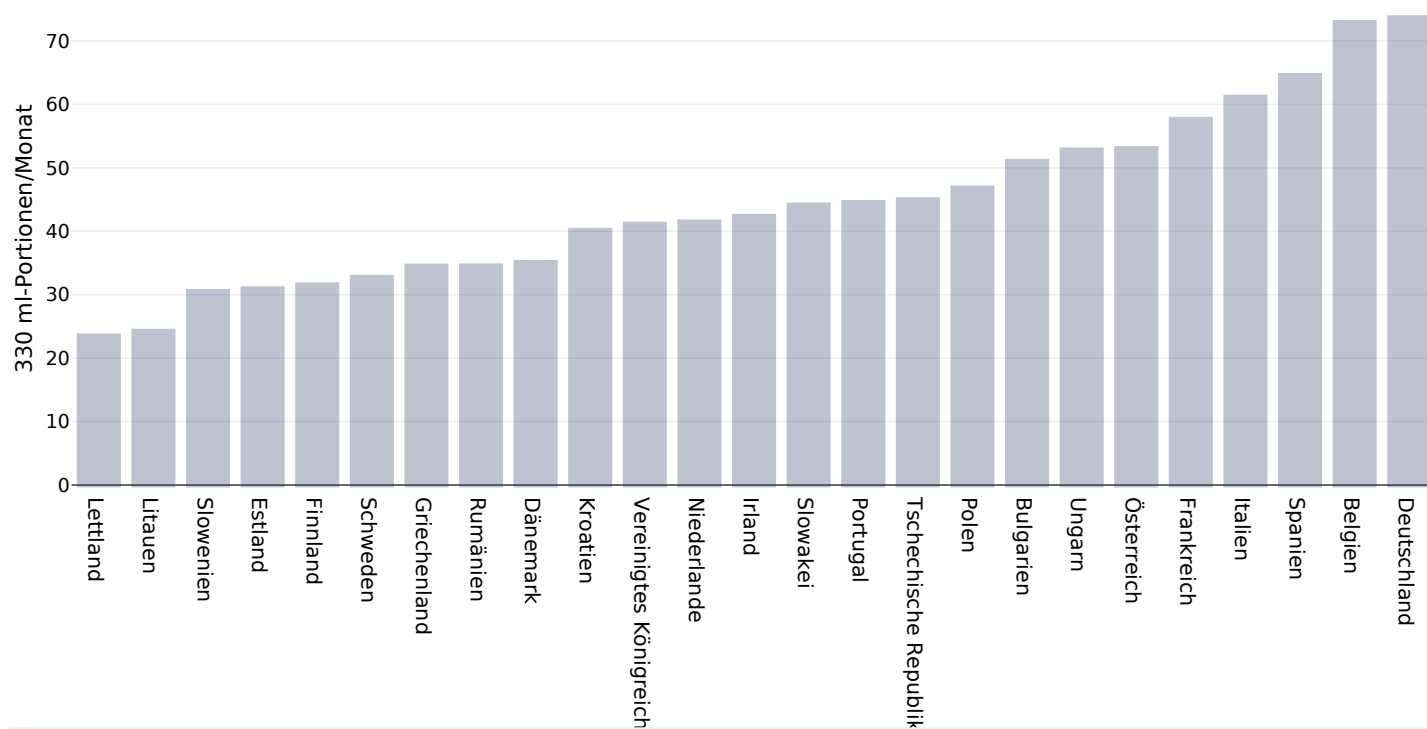
Source: Euromonitor International

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

Sugar consumption (Number of 500g sugar portions/person/month)

## Geschätzter Verzehr von zuckerhaltigen Getränken pro Kopf

### Erwachsene, 2016

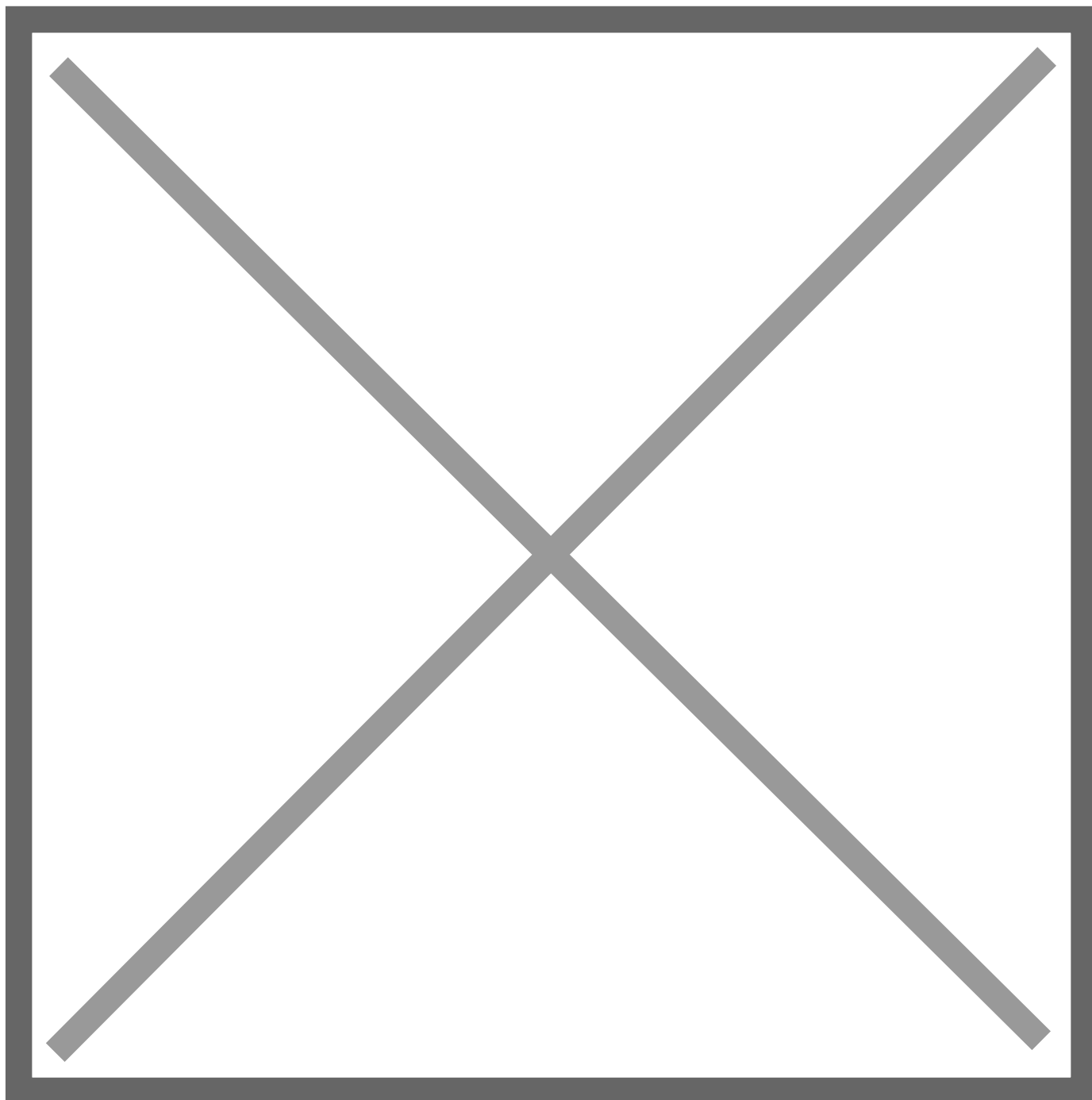


Referenzen:

Source: Euromonitor International

## Prävalenz von mindestens täglichem Verzehr von kohlenensäurehaltigen Erfrischungsgetränken

**Kinder, 2010-2022**



**Geltungsbereich:**

National

**Referenzen:**

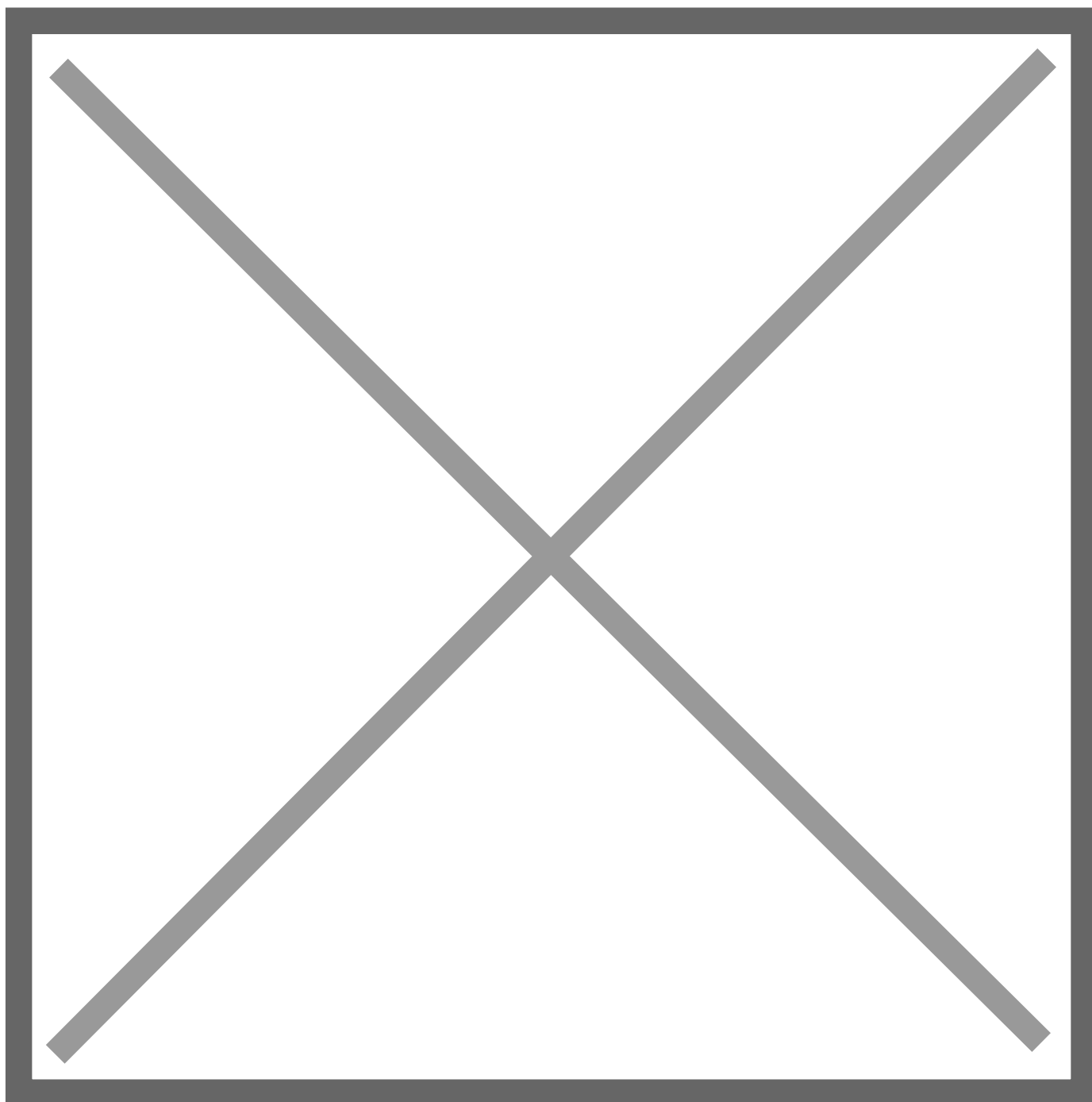
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..>

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Proportion who reported drinking sugary soft drinks daily (at least once)

## Jungen, 2010-2022



**Geltungsbereich:**

National

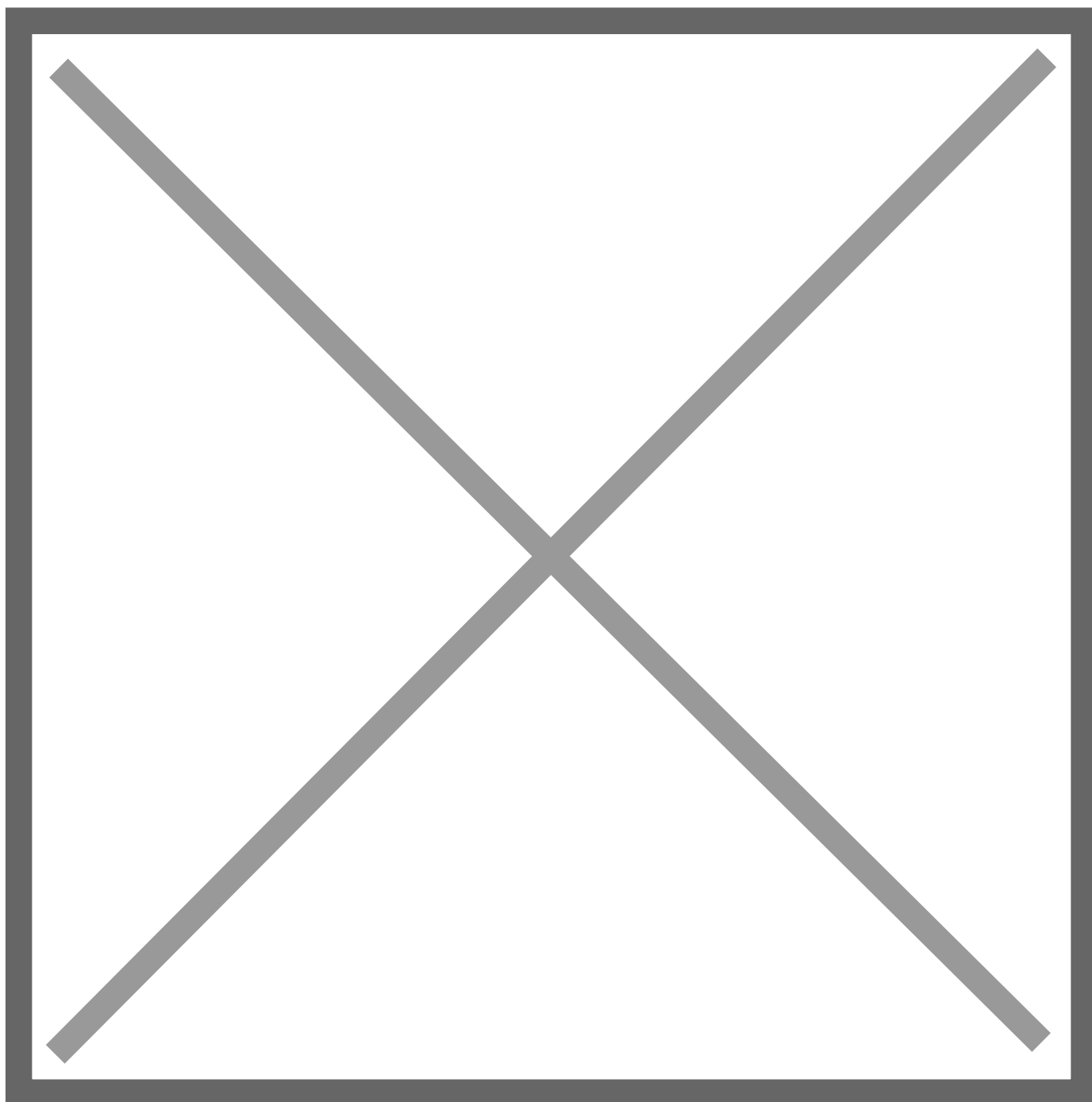
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englischer  
Sprache  
verfügbar):**

Proportion who reported drinking sugary soft drinks daily (at least once)

## Mädchen, 2010-2022



**Geltungsbereich:**

National

**Referenzen:**

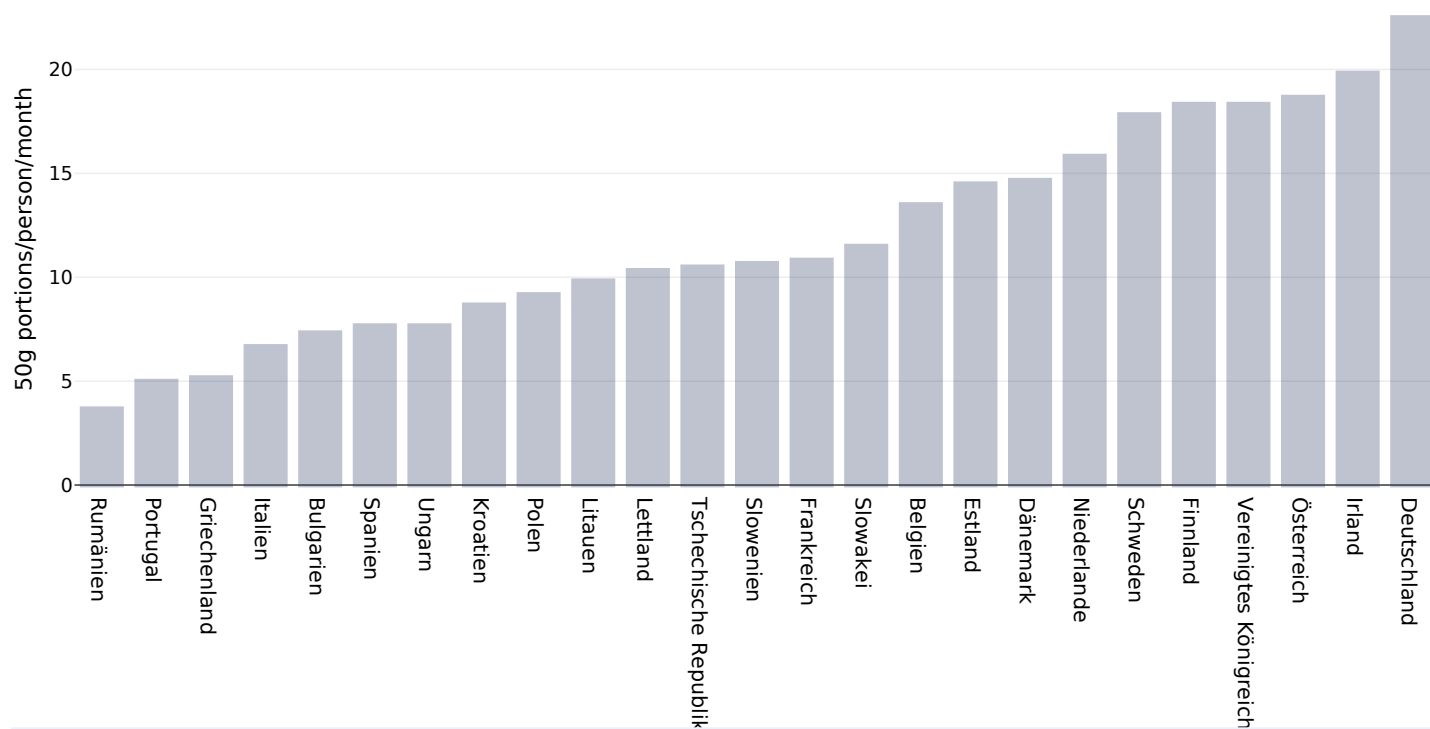
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**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Proportion who reported drinking sugary soft drinks daily (at least once)

## Süßwarenkonsum

### Erwachsene, 2016



**Referenzen:**

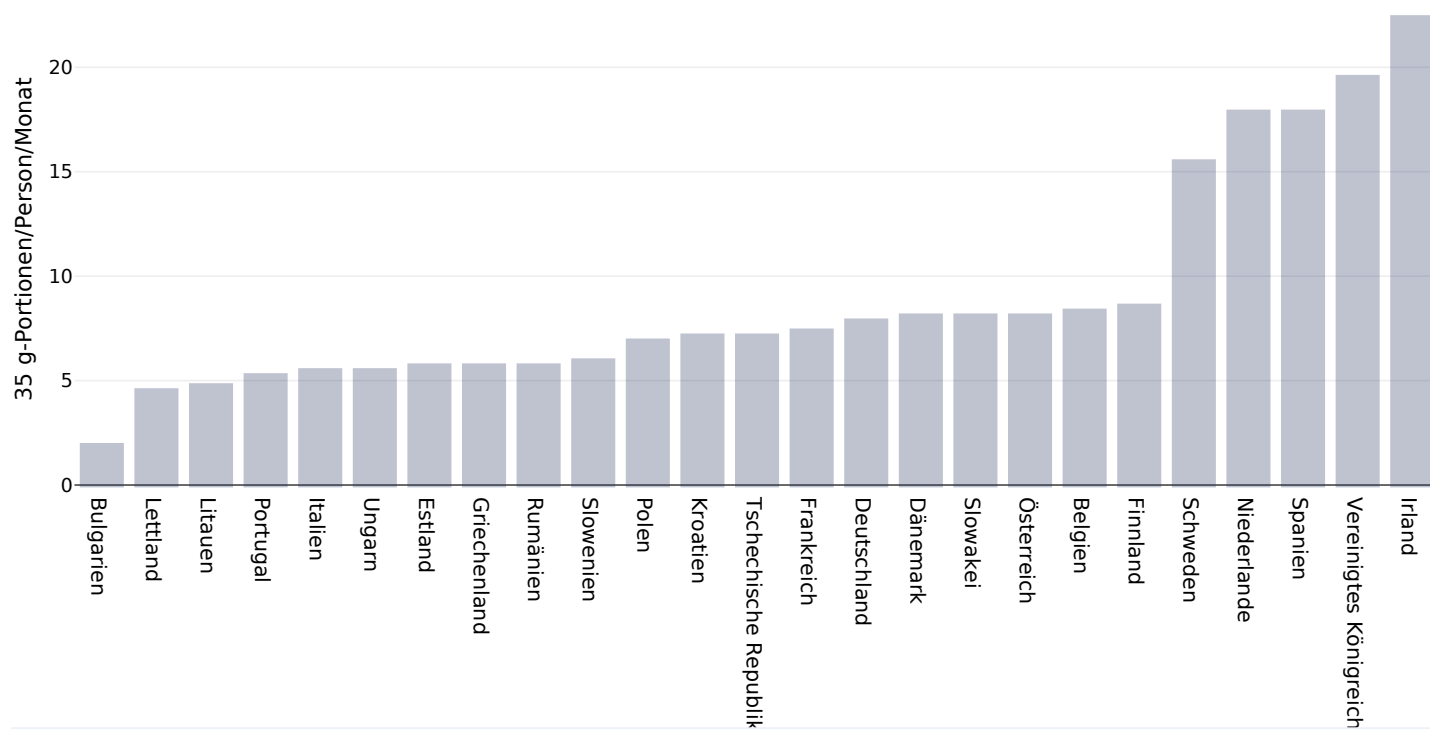
Source: Euromonitor International

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)

## Konsum von süßen/herzhaften Snacks

### Erwachsene, 2016



**Referenzen:**

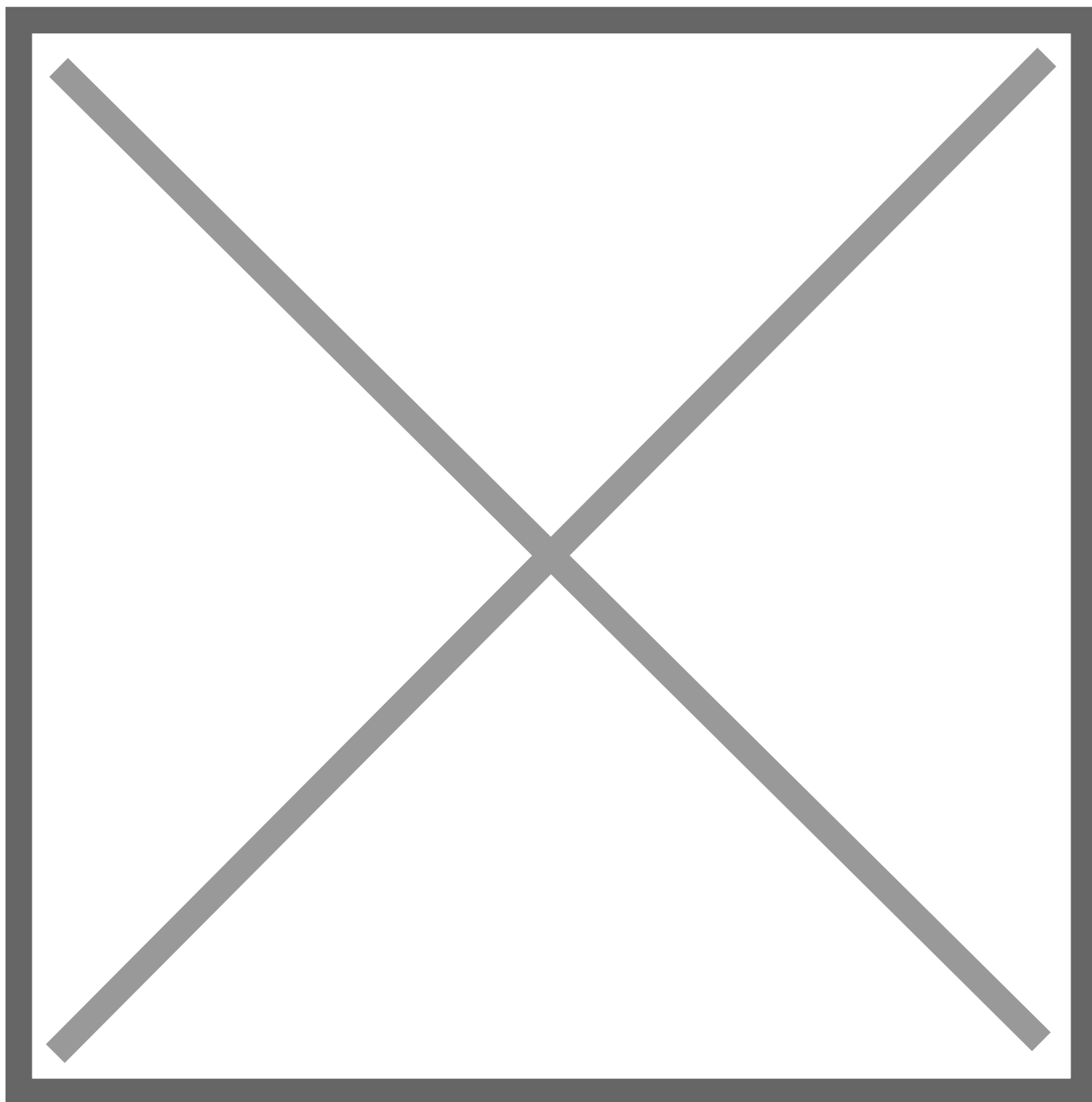
Source: Euromonitor International

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)

## Geschätzter Obstverzehr pro Kopf

Erwachsene, 2017



|                    |                                                                                                                                                 |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Umfragetyp:</b> | Gemessen                                                                                                                                        |
| <b>Alter:</b>      | 25+                                                                                                                                             |
| <b>Referenzen:</b> | Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a> |

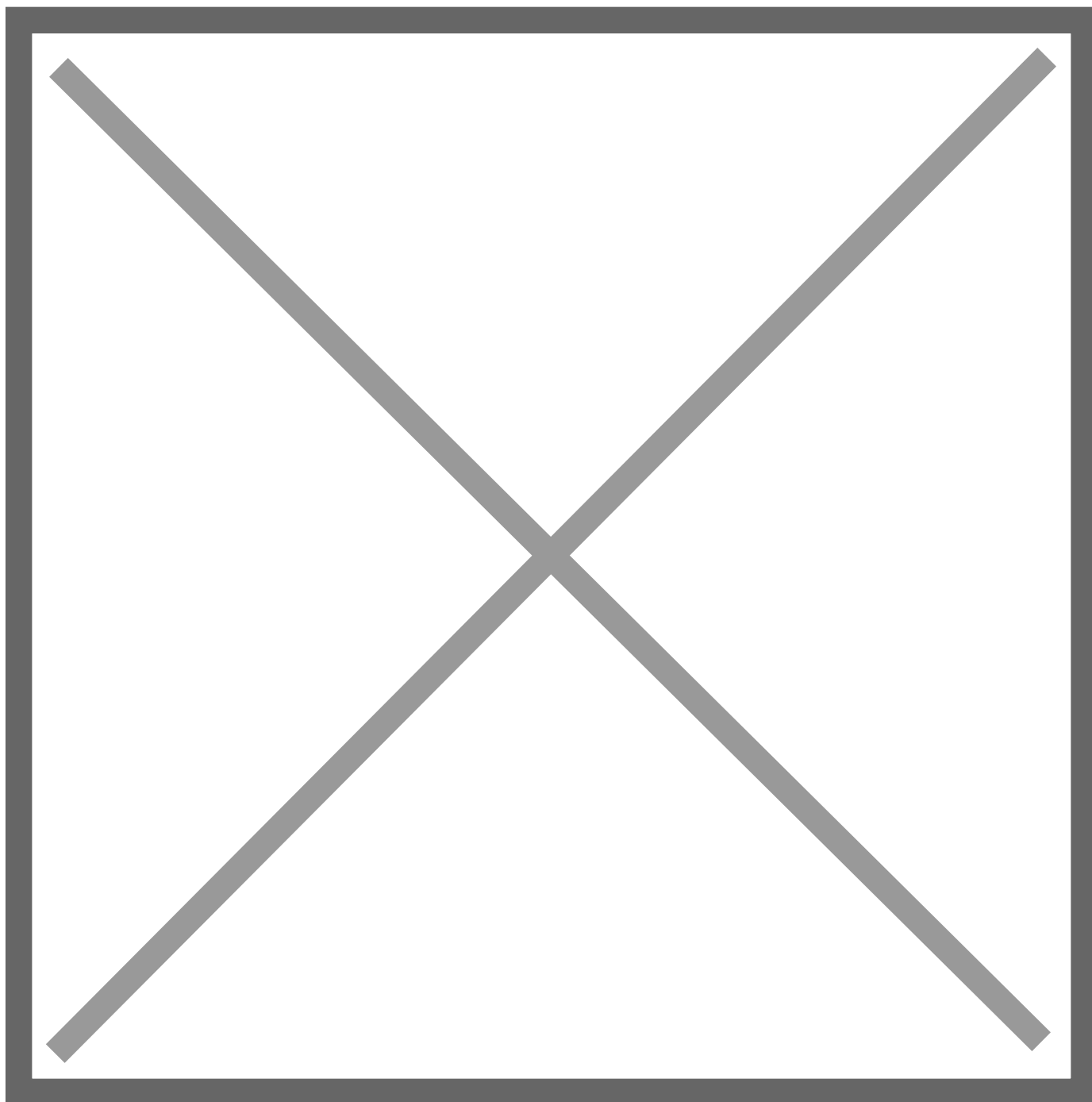
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Estimated per-capita fruit intake (g/day)

## Prevalence of less-than-daily fruit consumption

**Kinder, 2010-2014**



**Umfragetyp:**

Gemessen

**Referenzen:**

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

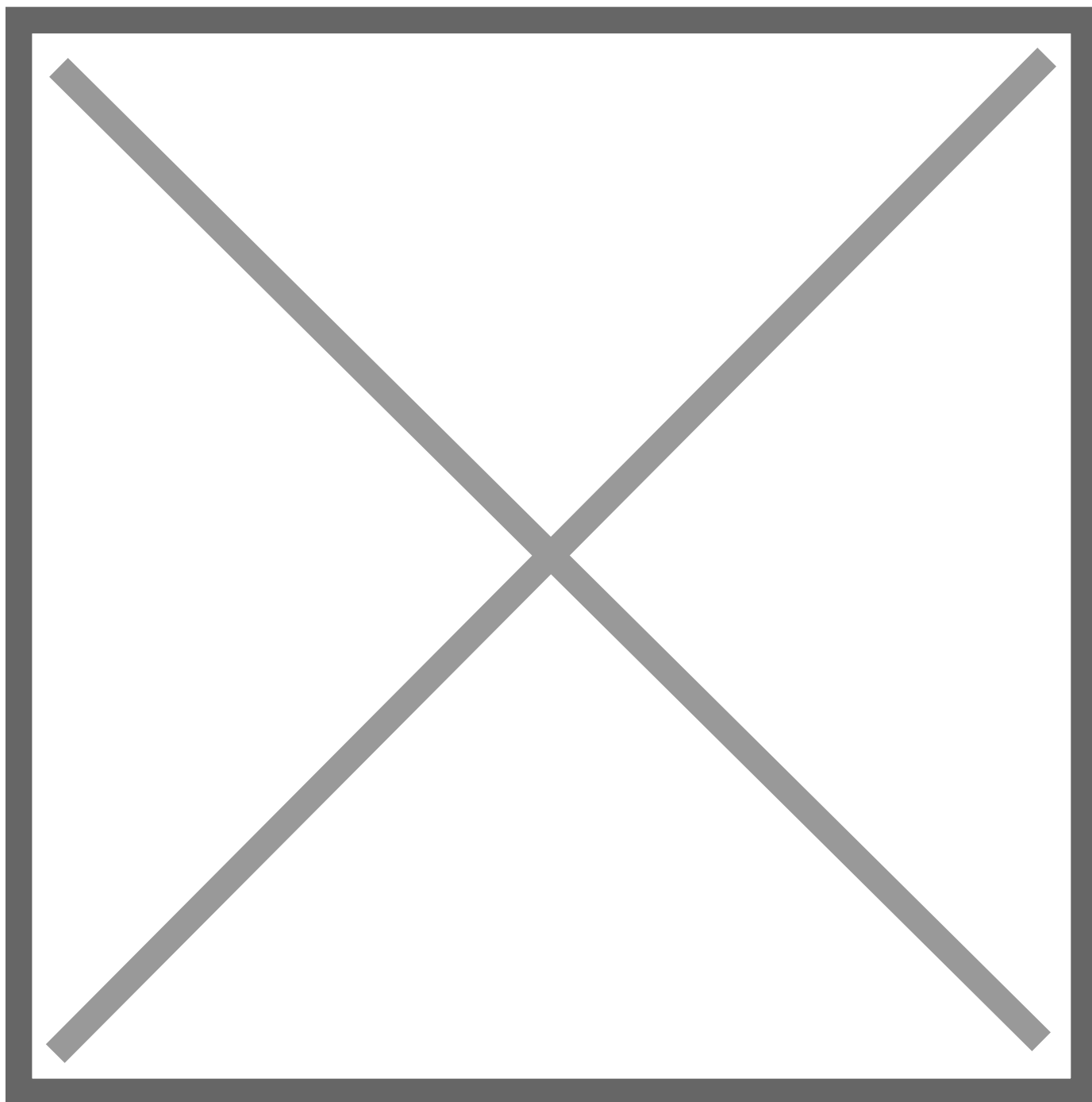
**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

---

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Prevalence of less-than-daily vegetable consumption

**Kinder, 2010-2014**



**Umfragetyp:**

Gemessen

**Alter:**

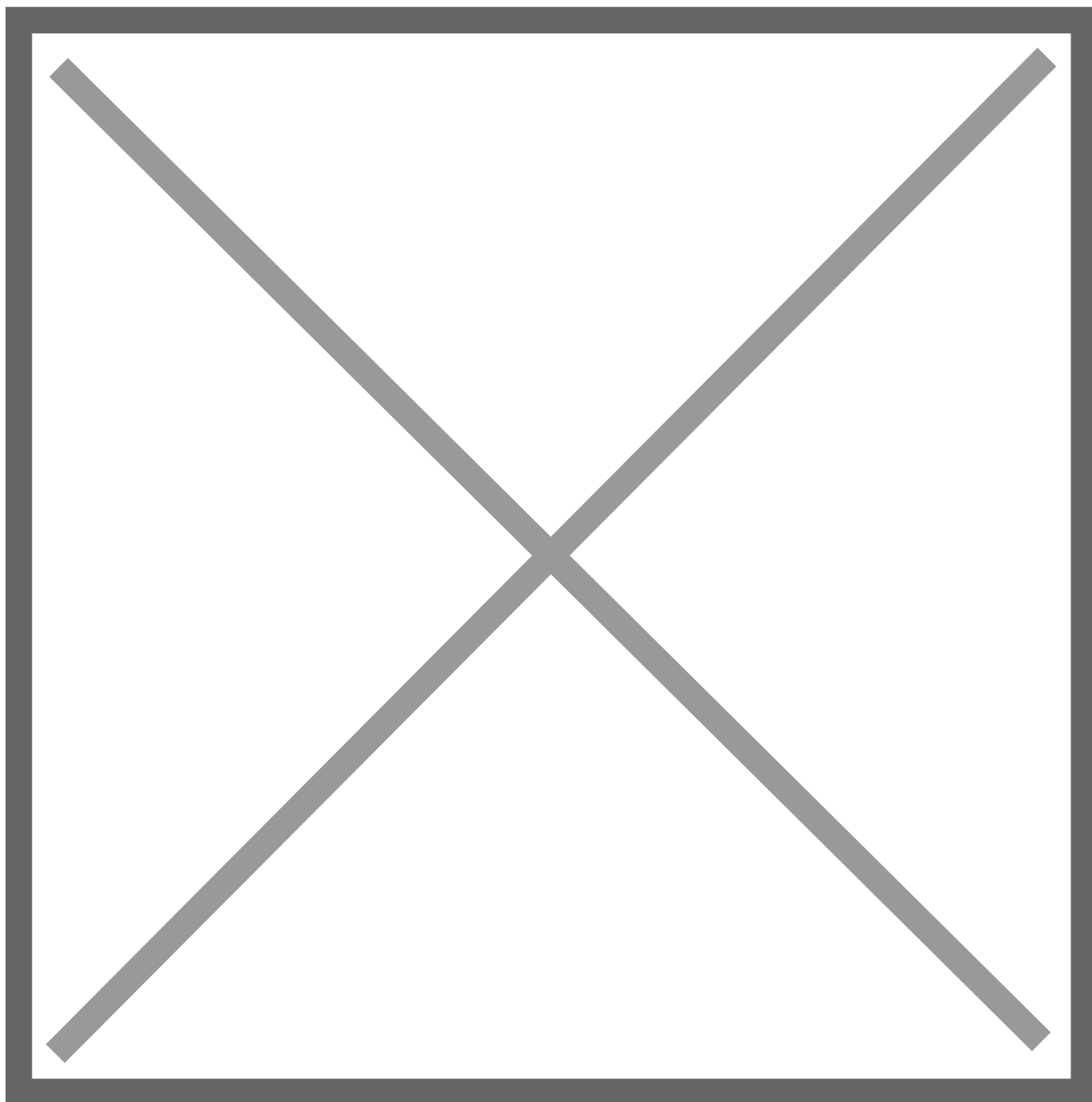
12-17

**Referenzen:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Geschätzter Verzehr von verarbeitetem Fleisch pro Kopf

Erwachsene, 2017



**Umfragetyp:**

Gemessen

**Alter:**

25+

**Referenzen:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

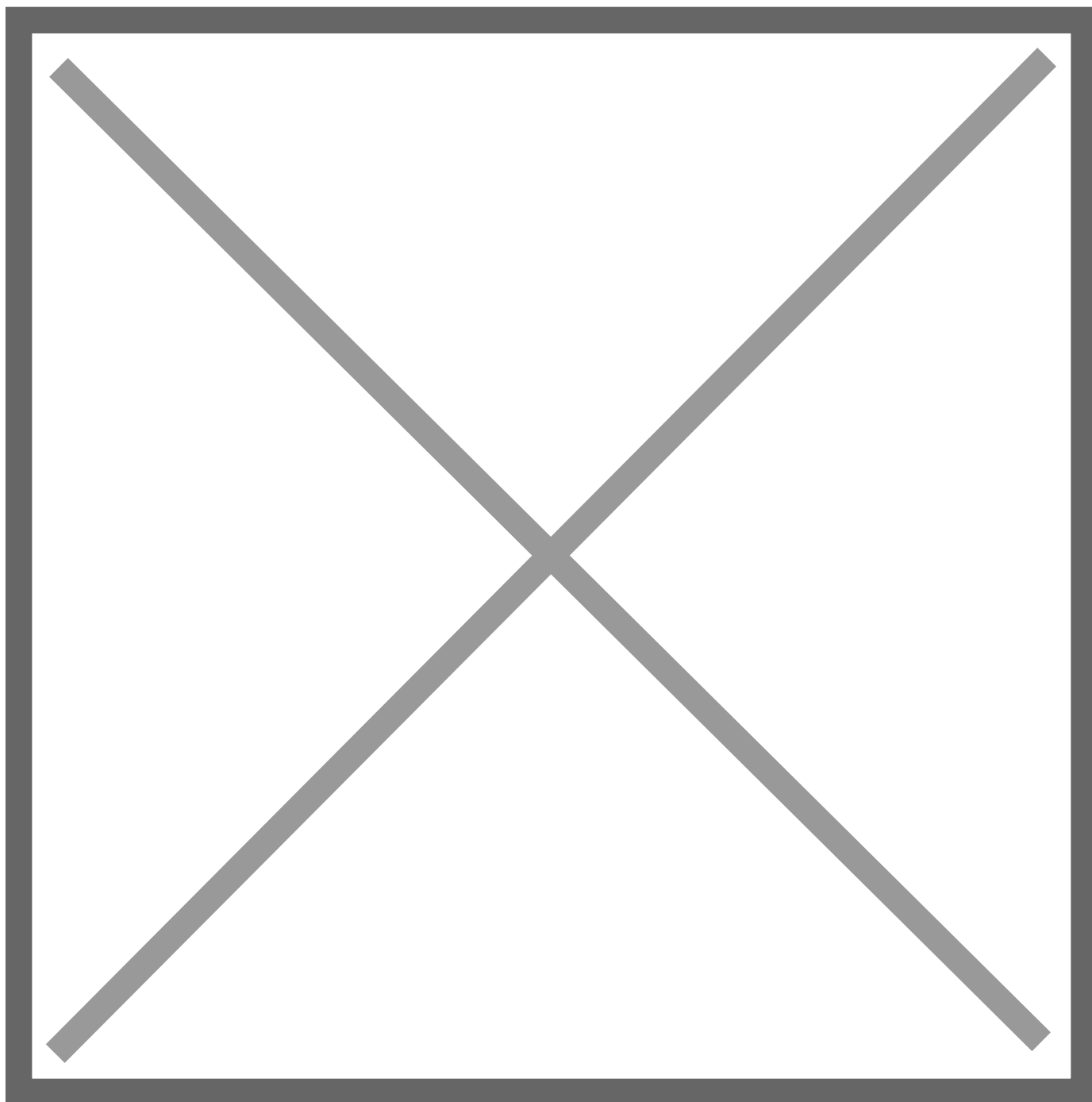
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Estimated per-capita processed meat intake (g per day)

## Geschätzte Verzehr von Vollkornprodukten pro Kopf

Erwachsene, 2017



|                    |                                                                                                                                                 |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Umfragetyp:</b> | Gemessen                                                                                                                                        |
| <b>Alter:</b>      | 25+                                                                                                                                             |
| <b>Referenzen:</b> | Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a> |

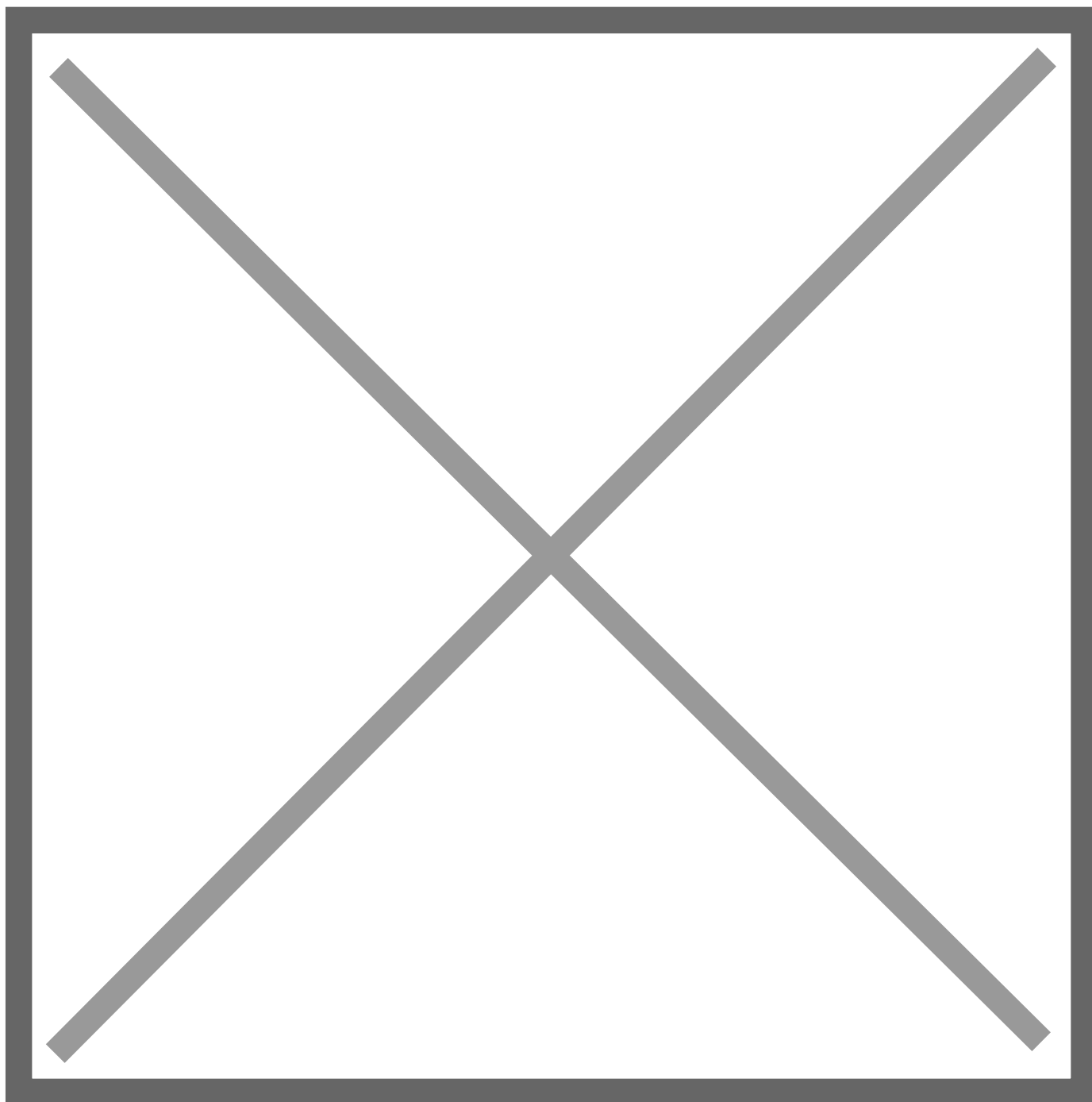
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Estimated per-capita whole grains intake (g/day)

## Psychische Gesundheit - Depressionsstörungen

Erwachsene, 2021



**Alter:** 20+

**Geltungsbereich:** National

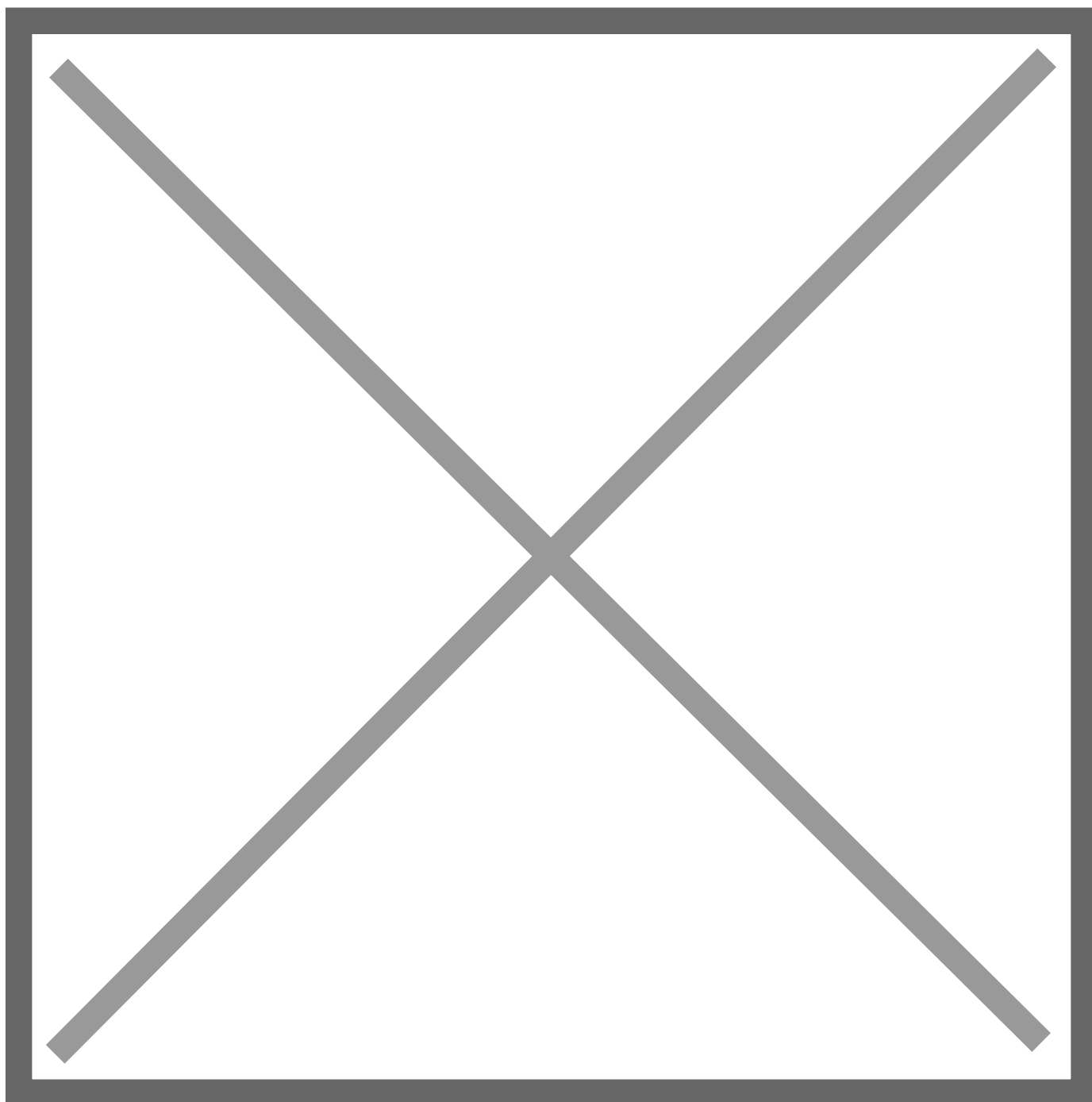
**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depression per 100,000 population (adults 20+ years)

## Männer, 2021



**Alter:** 20+

**Geltungsbereich:** National

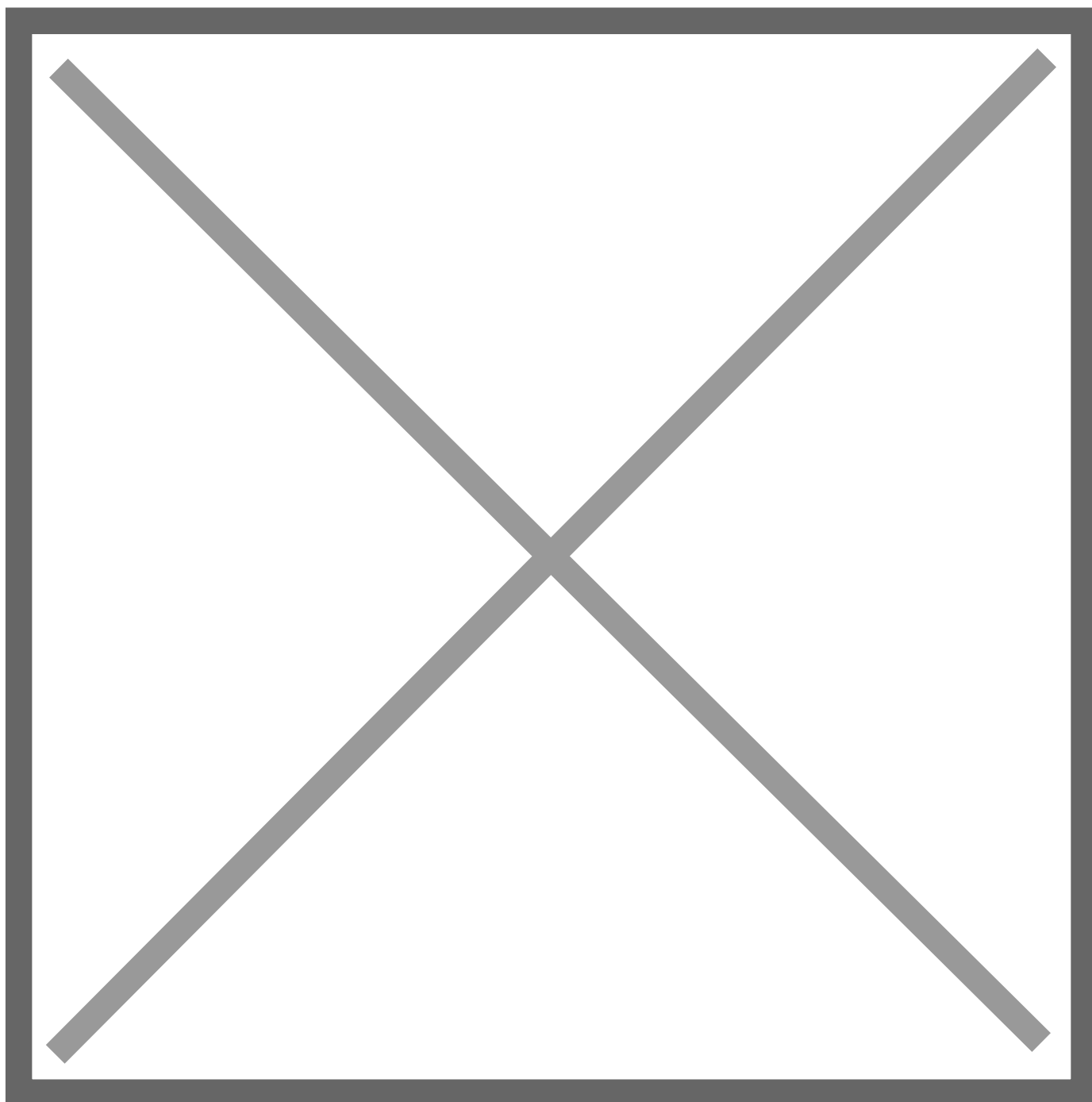
**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depression per 100,000 population (adults 20+ years)

## Frauen, 2021



**Alter:** 20+

**Geltungsbereich:** National

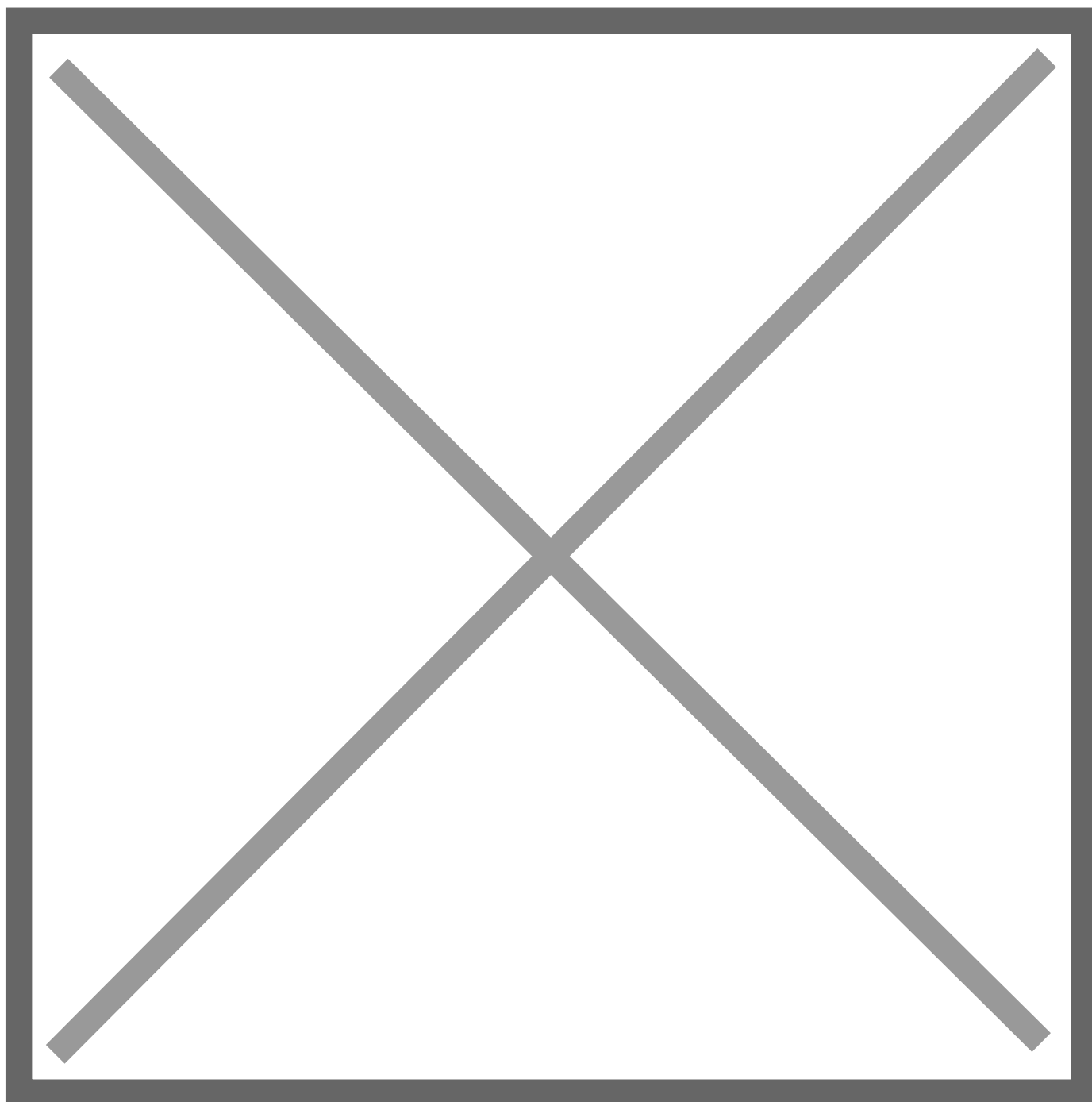
**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depression per 100,000 population (adults 20+ years)

## Kinder, 2021



**Geltungsbereich:**

National

**Referenzen:**

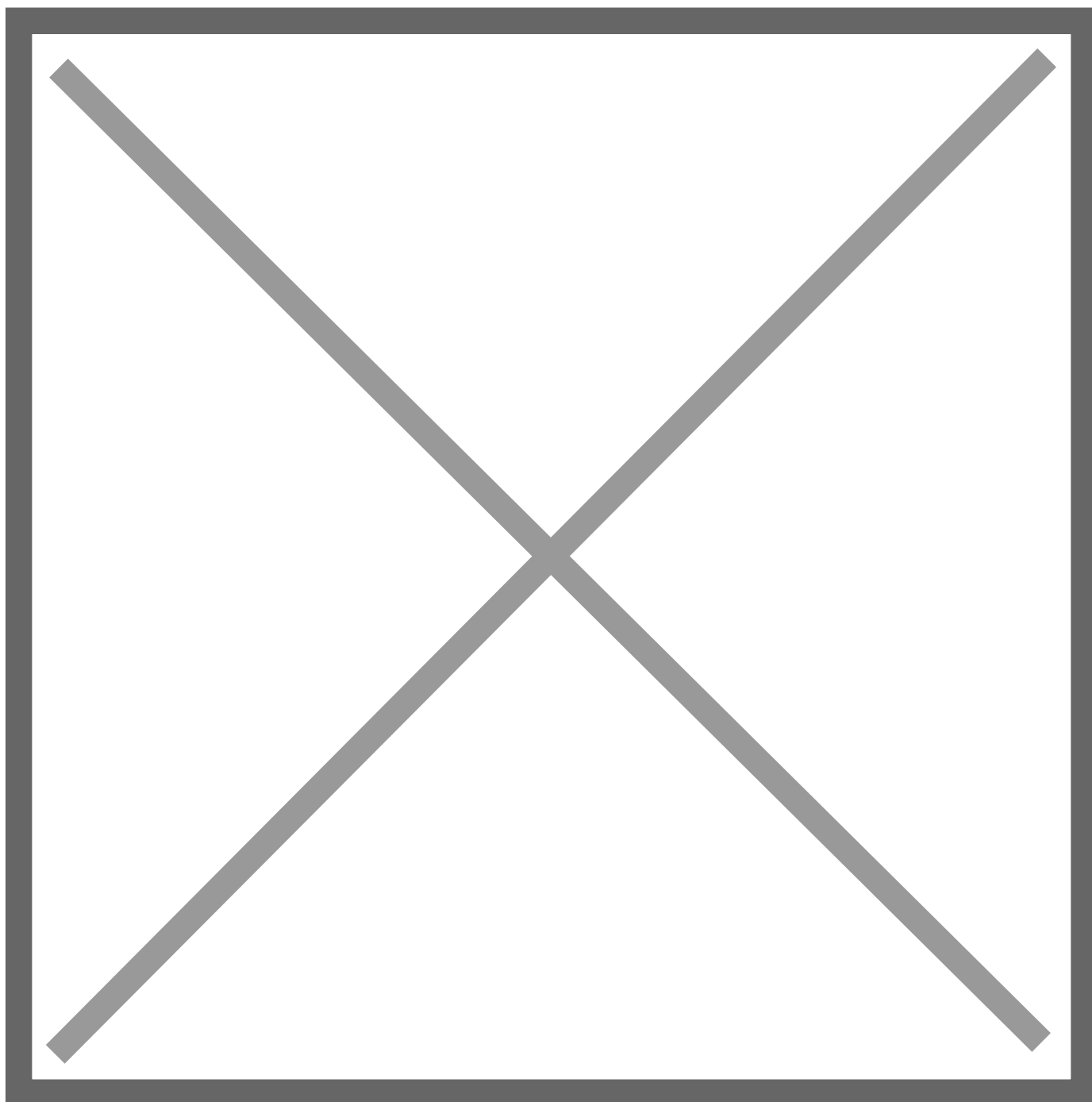
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Jungen, 2021



**Geltungsbereich:**

National

**Referenzen:**

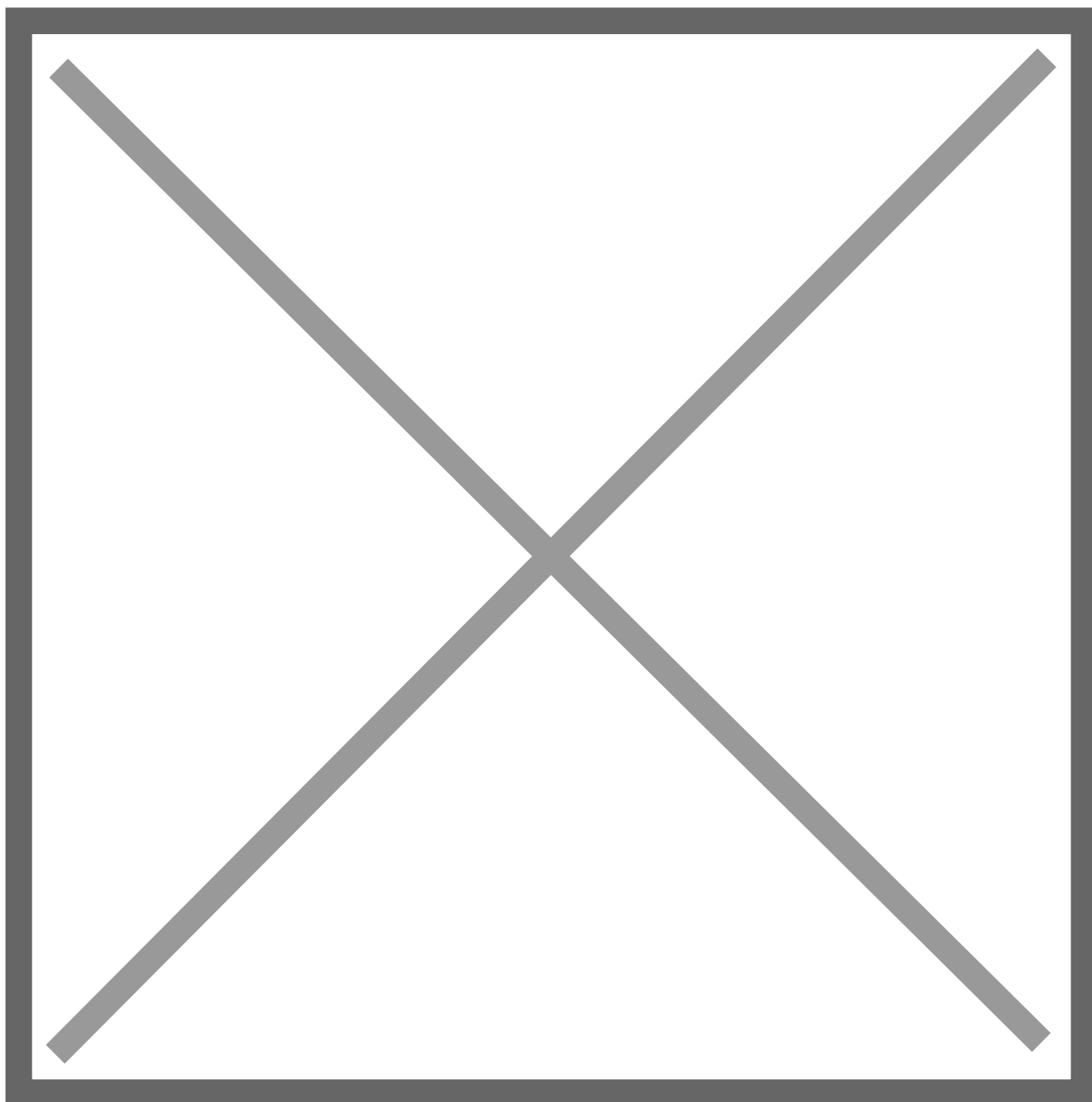
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Mädchen, 2021



**Geltungsbereich:**

National

**Referenzen:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

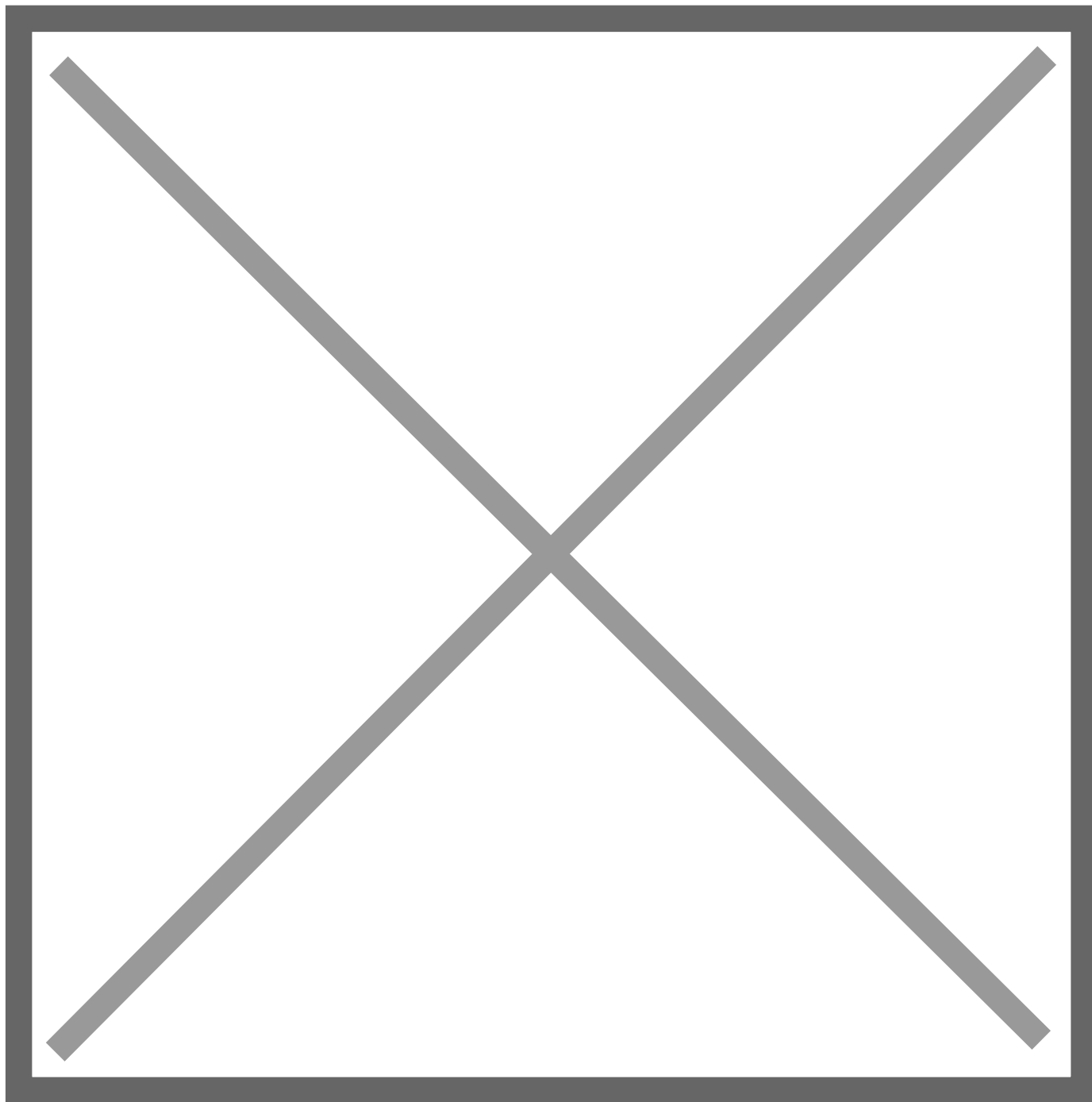
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Psychische Gesundheit - Angststörungen

Erwachsene, 2021



**Alter:** 20+

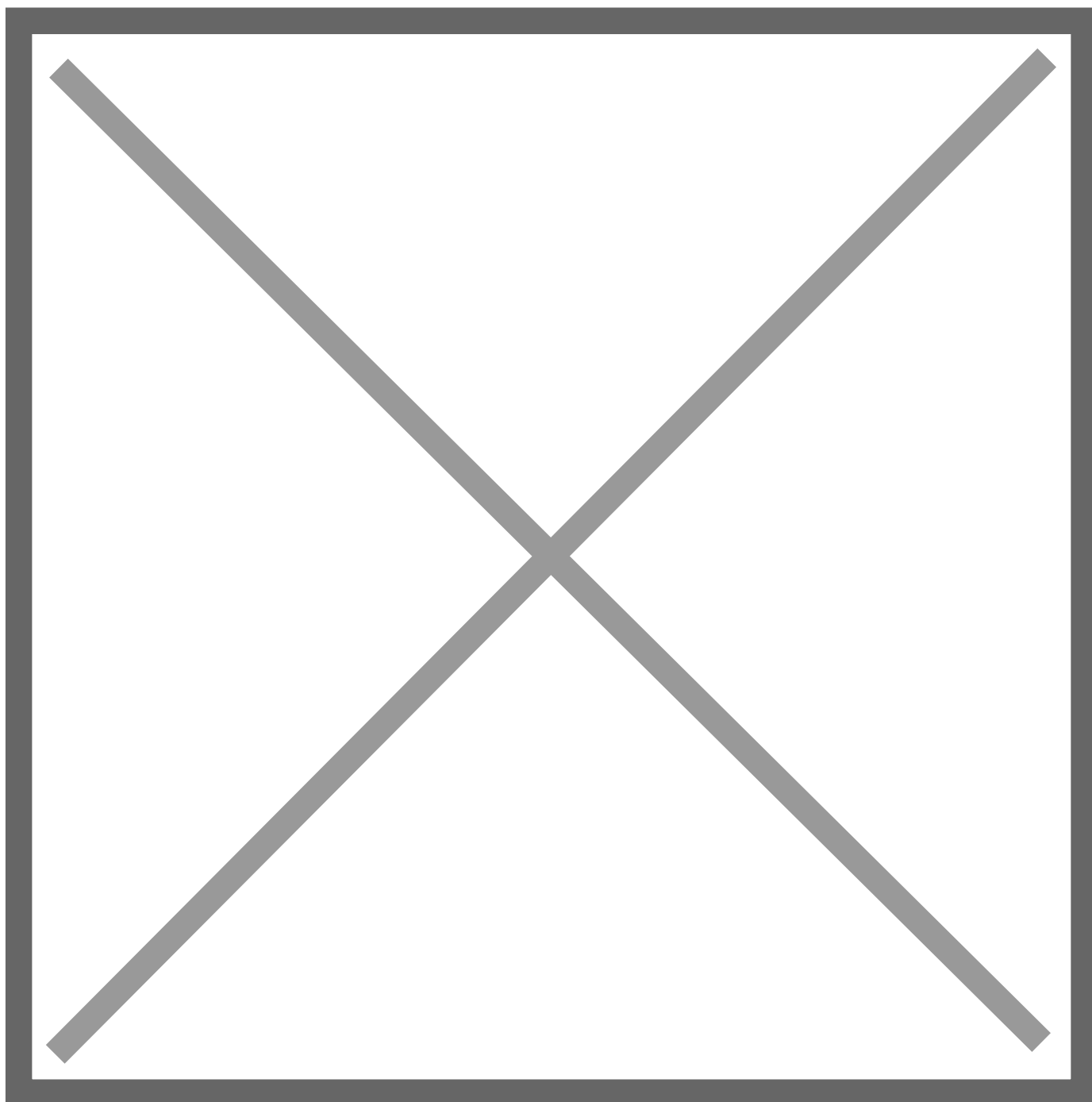
**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

---

Number living with anxiety per 100,000 population

## Männer, 2021

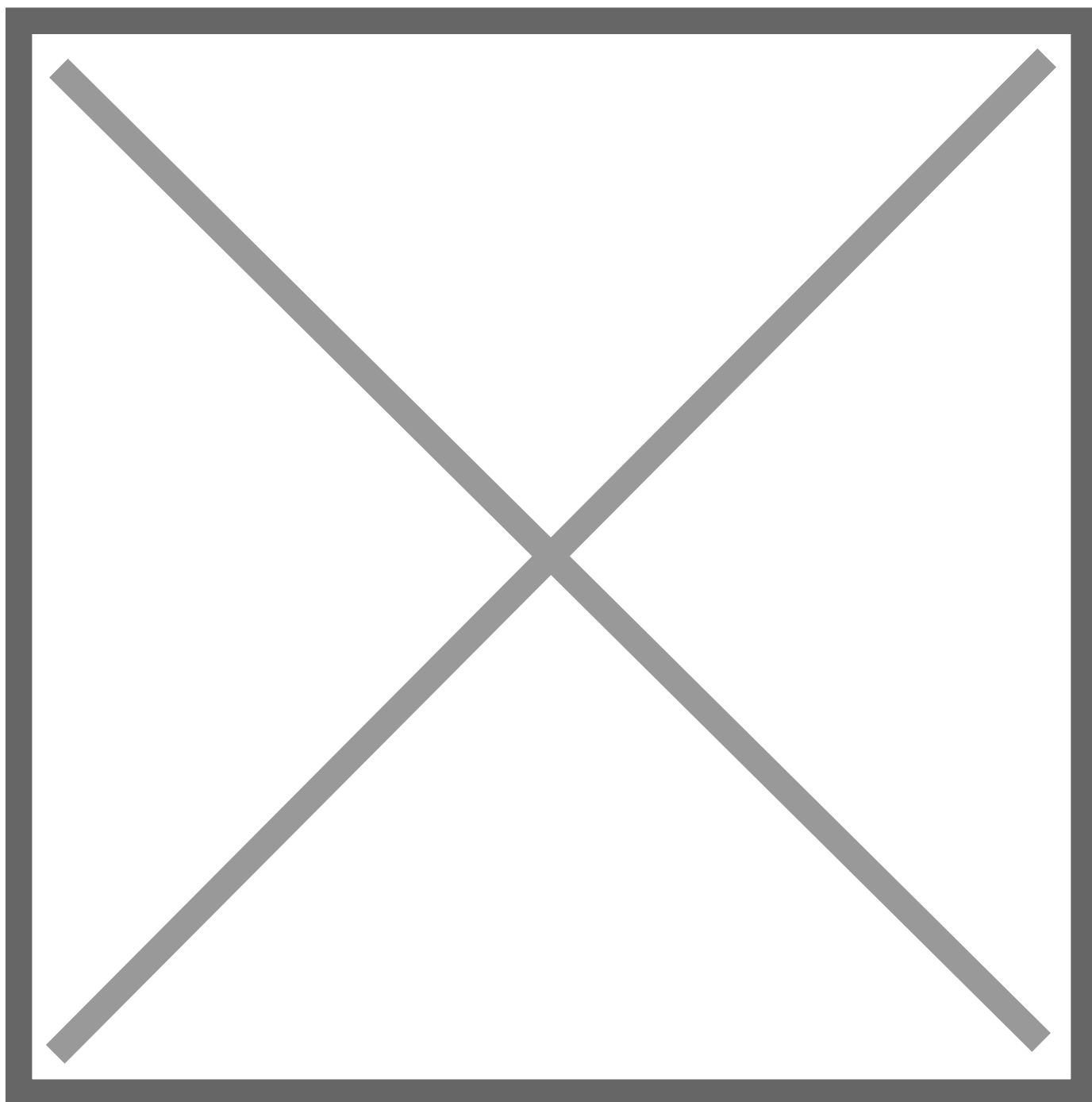


**Alter:** 20+

**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitionen (nur in englischer Sprache verfügbar):** Number living with anxiety per 100,000 population

## Frauen, 2021

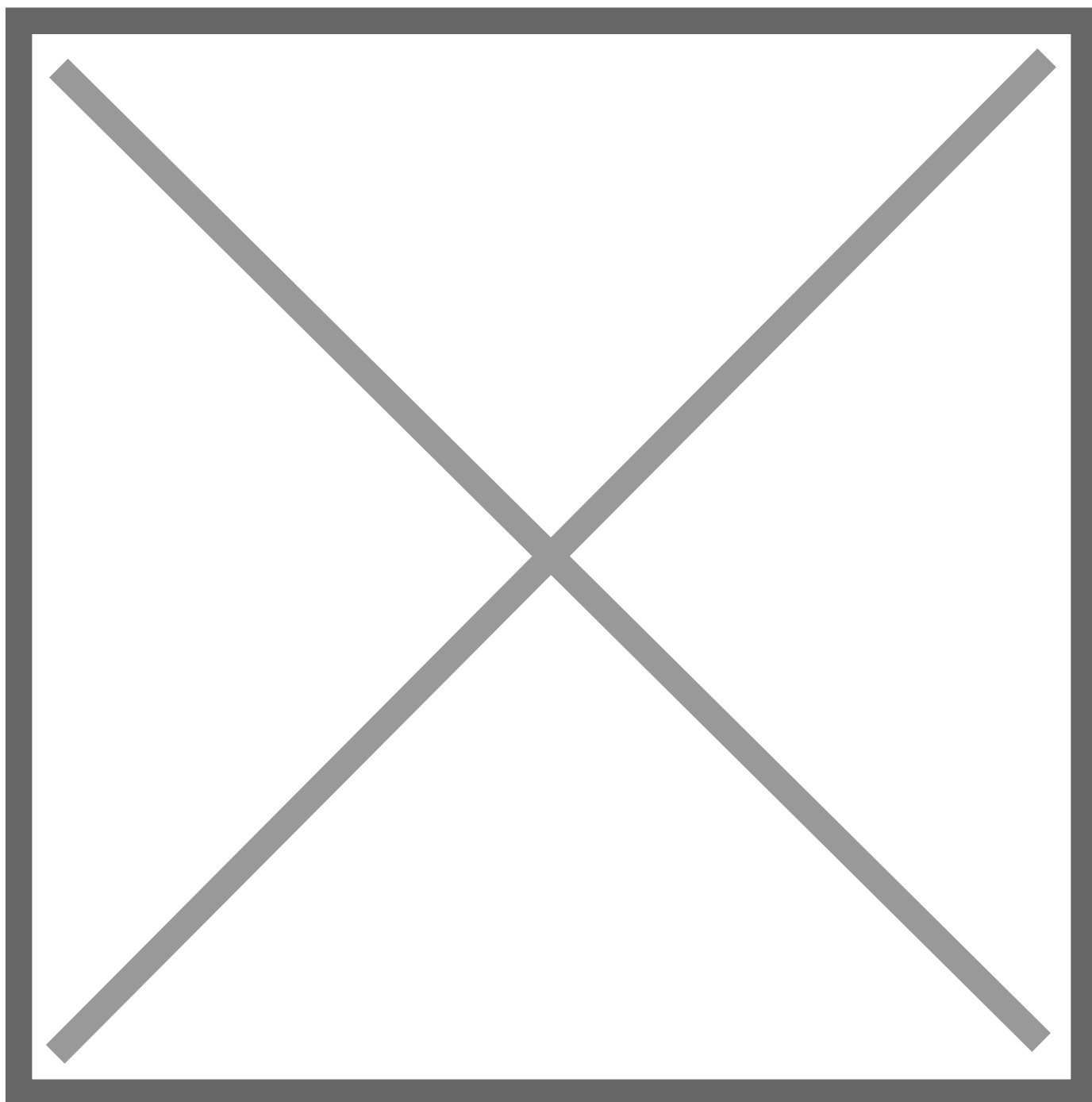


**Alter:** 20+

**Referenzen:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitionen (nur in englischer Sprache verfügbar):** Number living with anxiety per 100,000 population

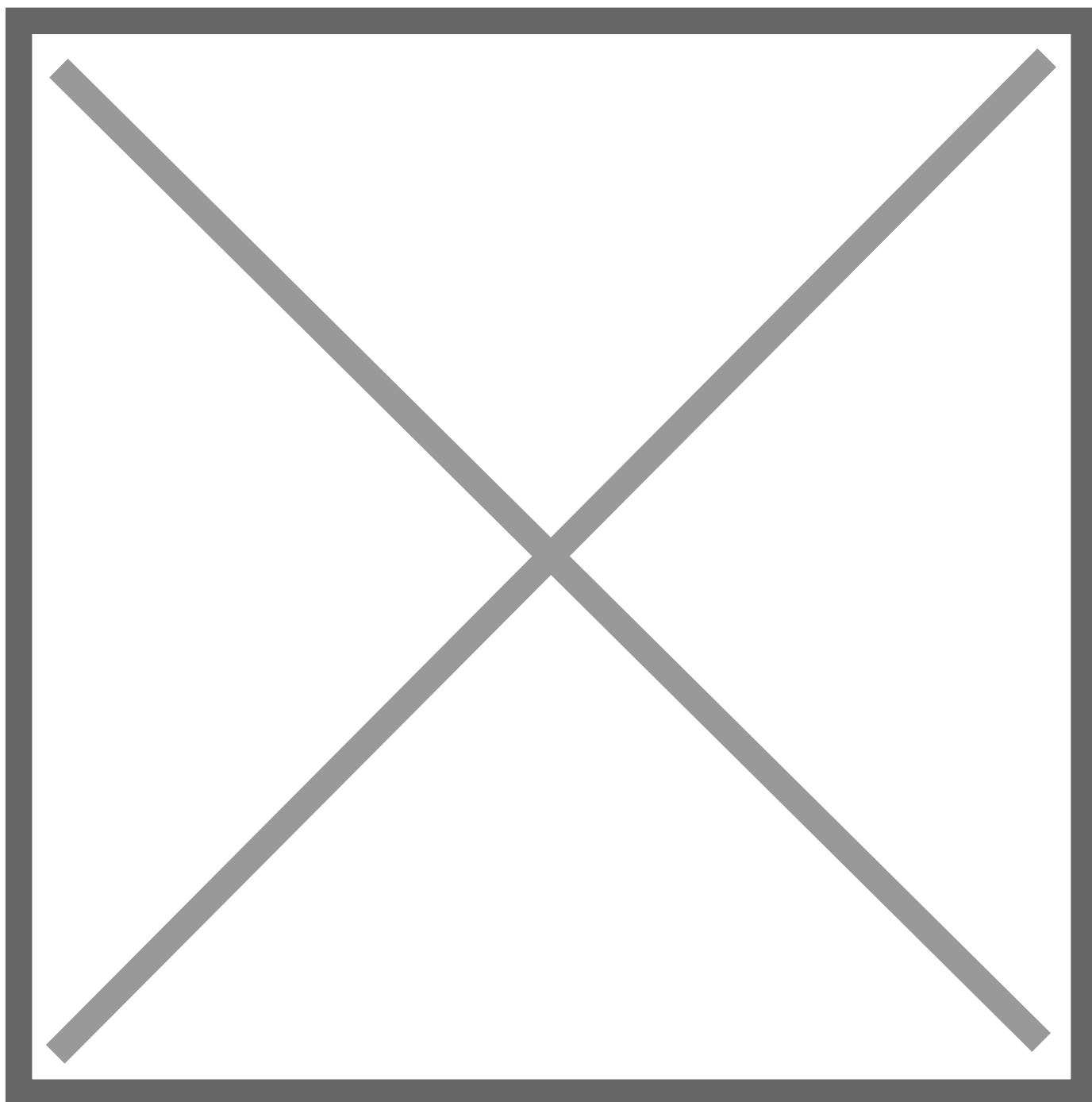
## Kinder, 2021



### Referenzen:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

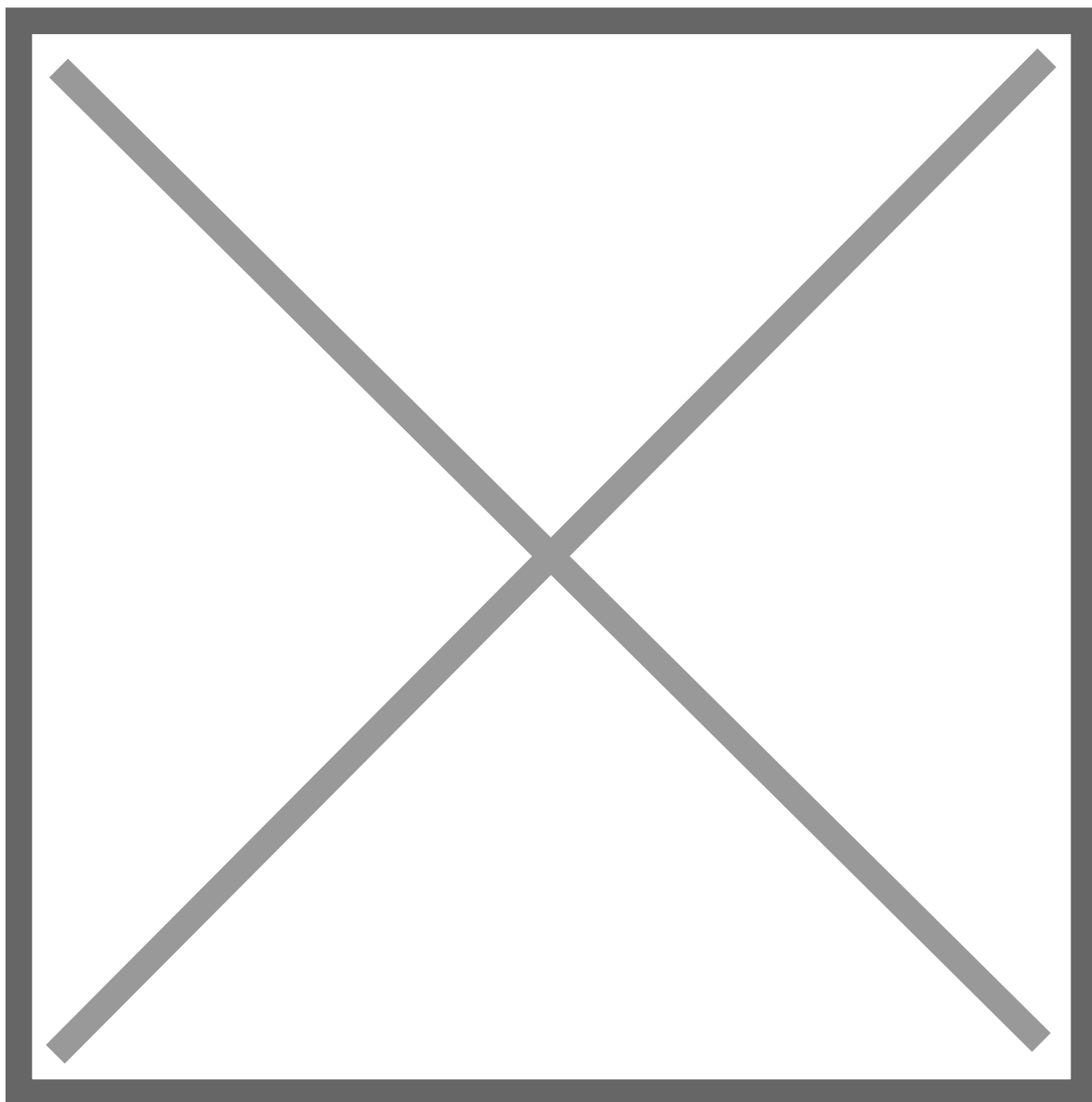
## Jungen, 2021



### Referenzen:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Mädchen, 2021

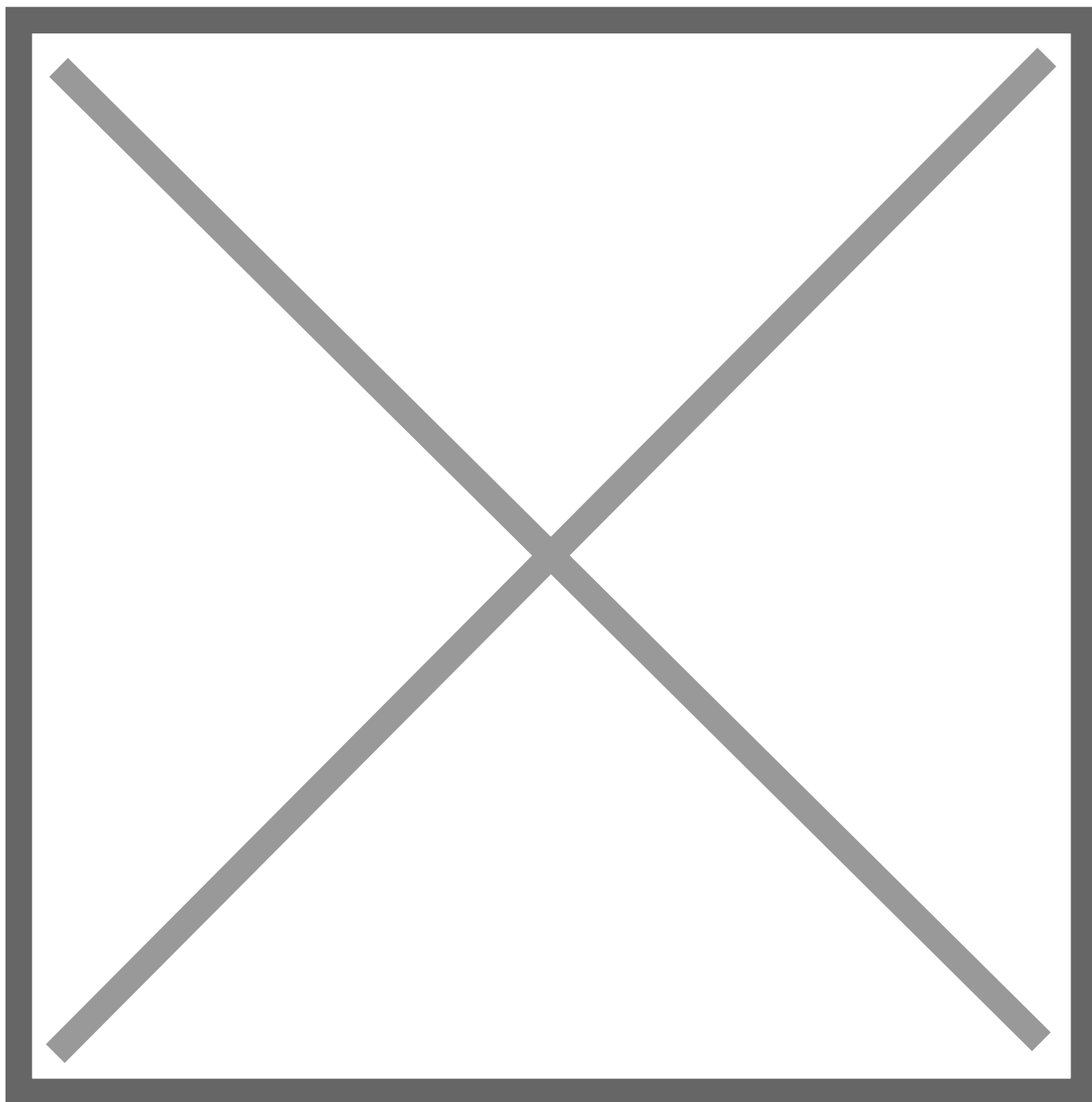


### Referenzen:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Speiseröhrenkrebs

**Männer, 2022**



|                         |          |
|-------------------------|----------|
| <b>Alter:</b>           | 20+      |
| <b>Geltungsbereich:</b> | National |

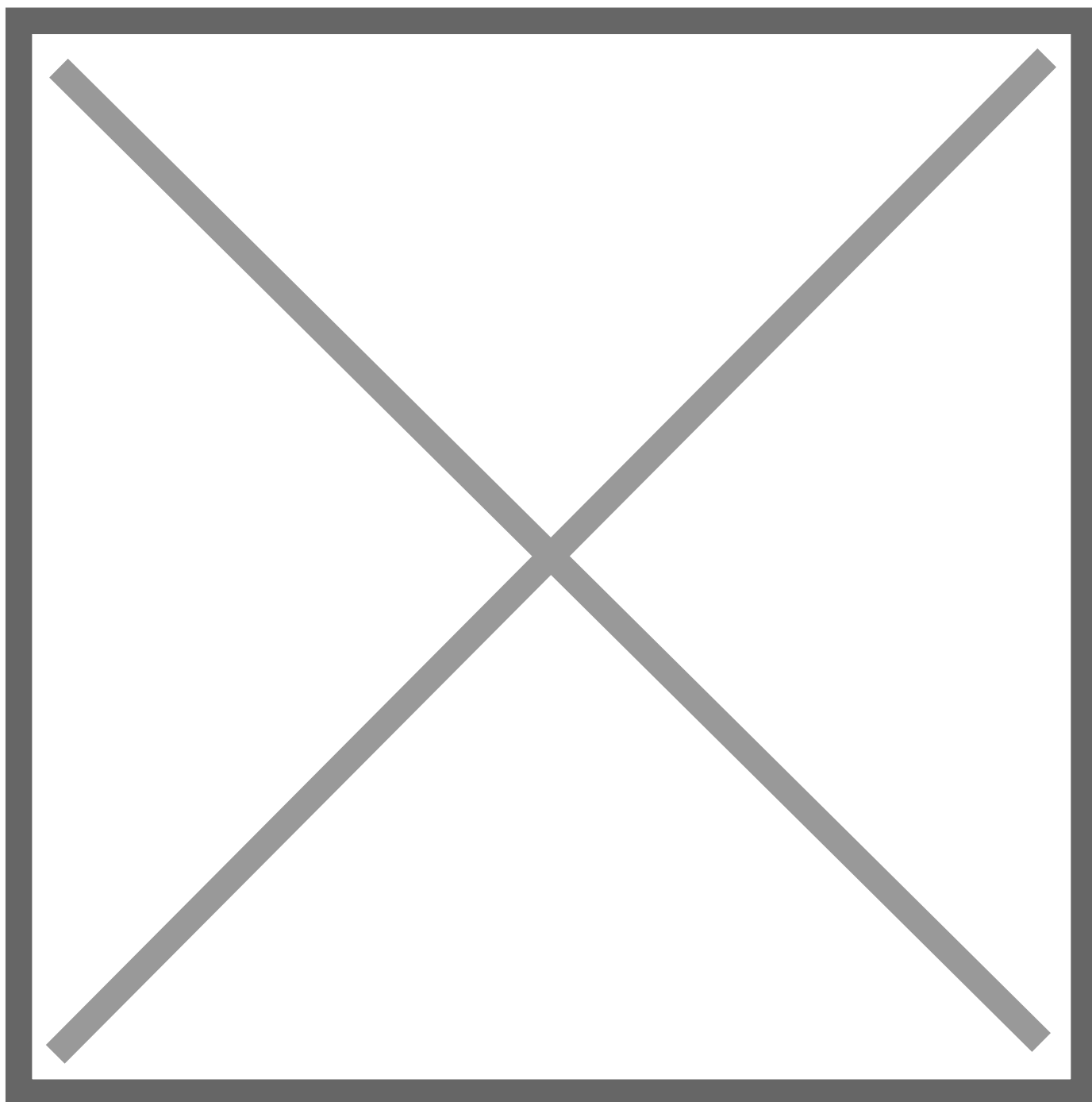
**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Indicence per 100,000

## Frauen, 2022



**Alter:** 20+

**Geltungsbereich:** National

**Referenzen:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

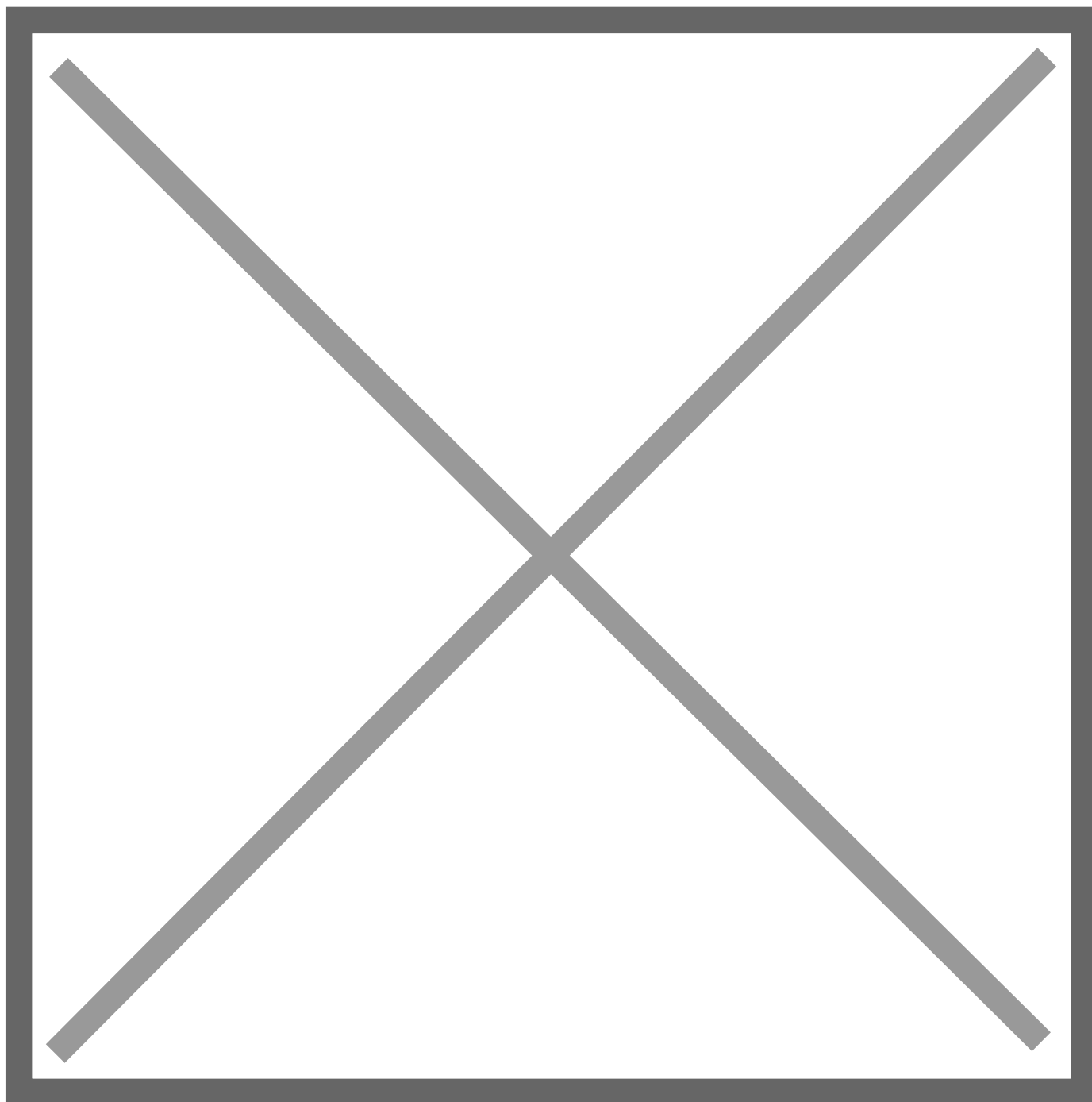
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Indicence per 100,000

## Brustkrebs

Frauen, 2022



**Geltungsbereich:**

National

**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

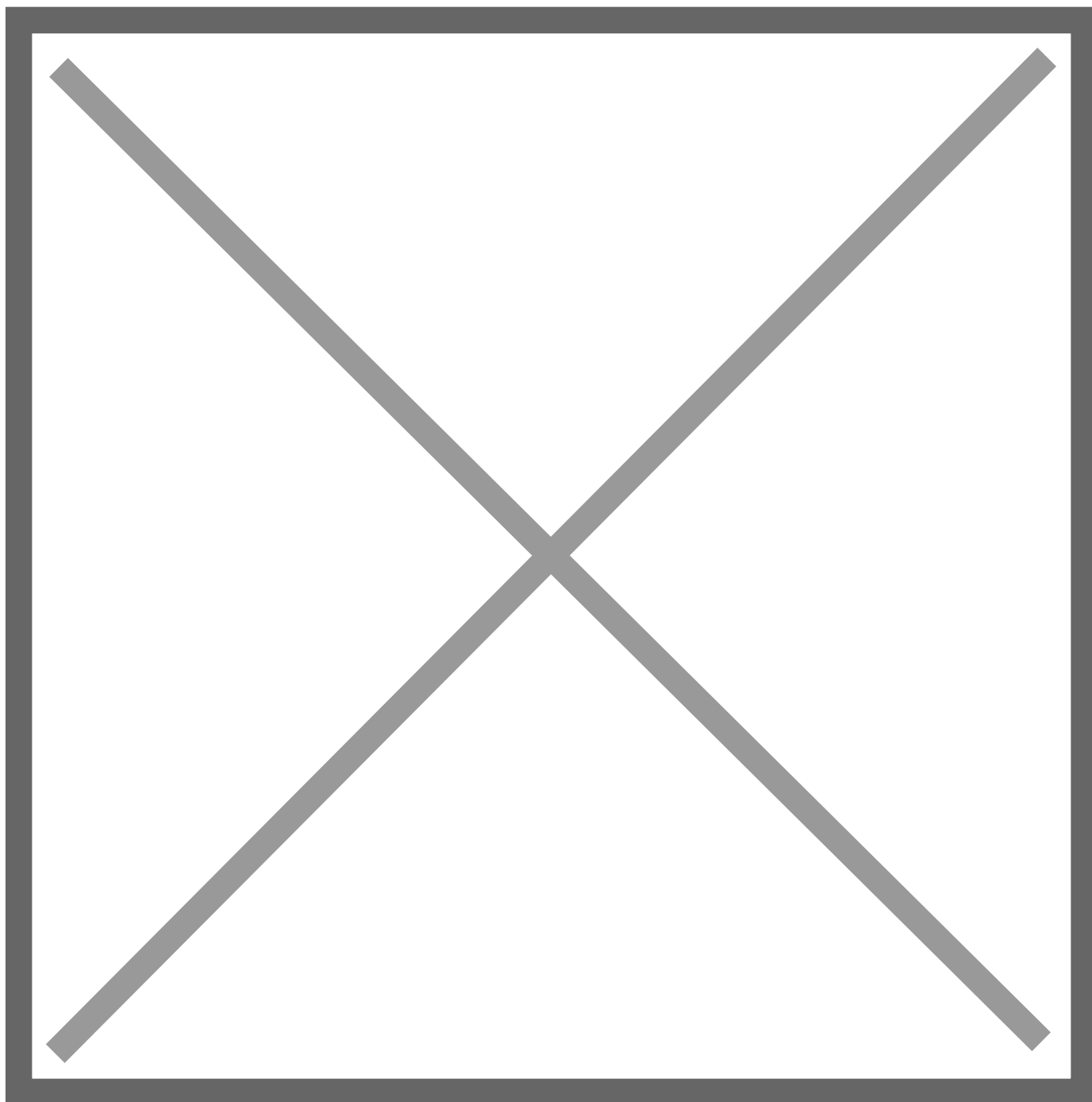
Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):

---

Incidence per 100,000

## Dickdarmkrebs

### Männer, 2022



**Geltungsbereich:**

National

**Referenzen:**

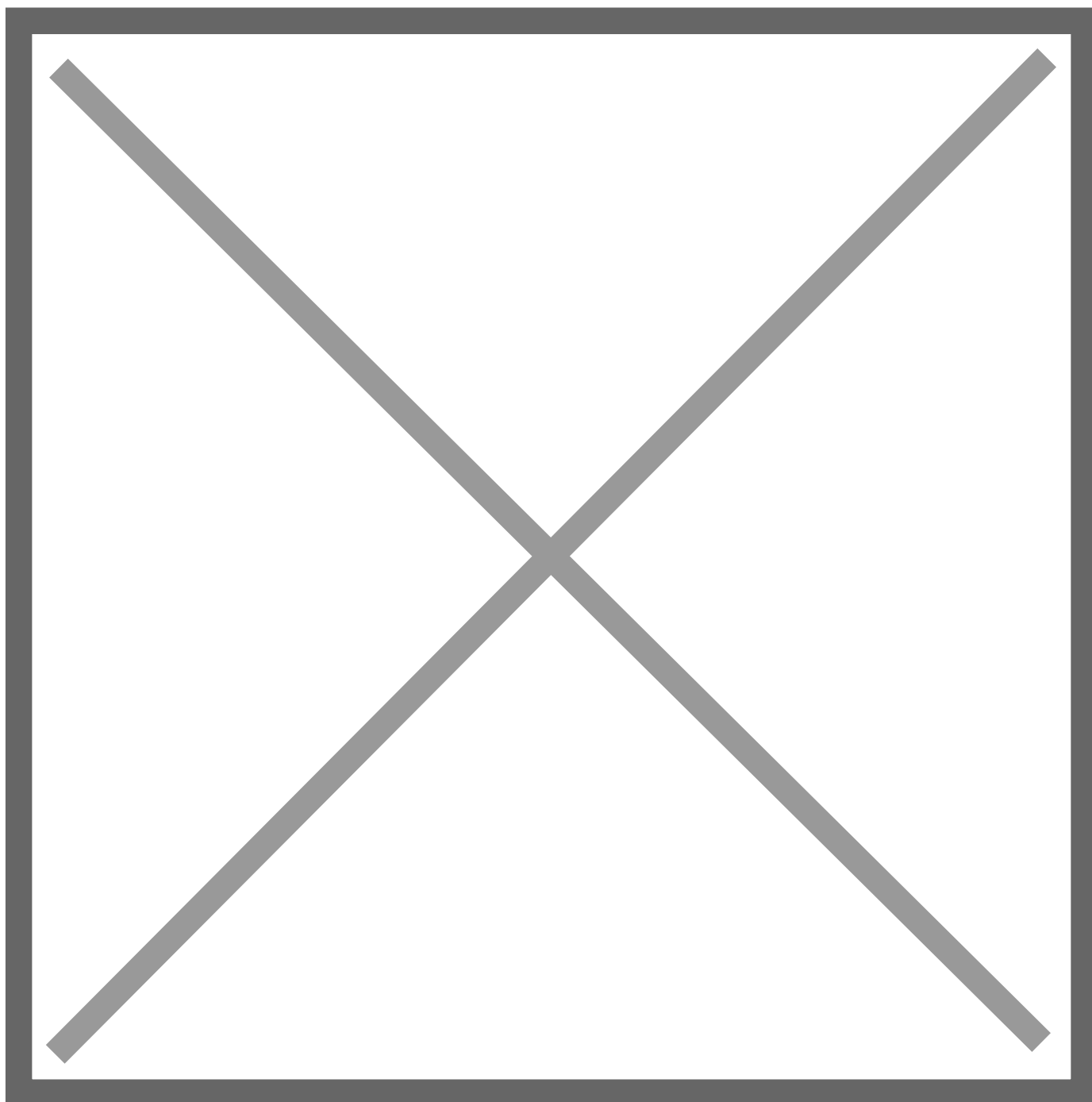
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):

---

Incidence per 100,000

## Frauen, 2022



**Geltungsbereich:**

National

**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

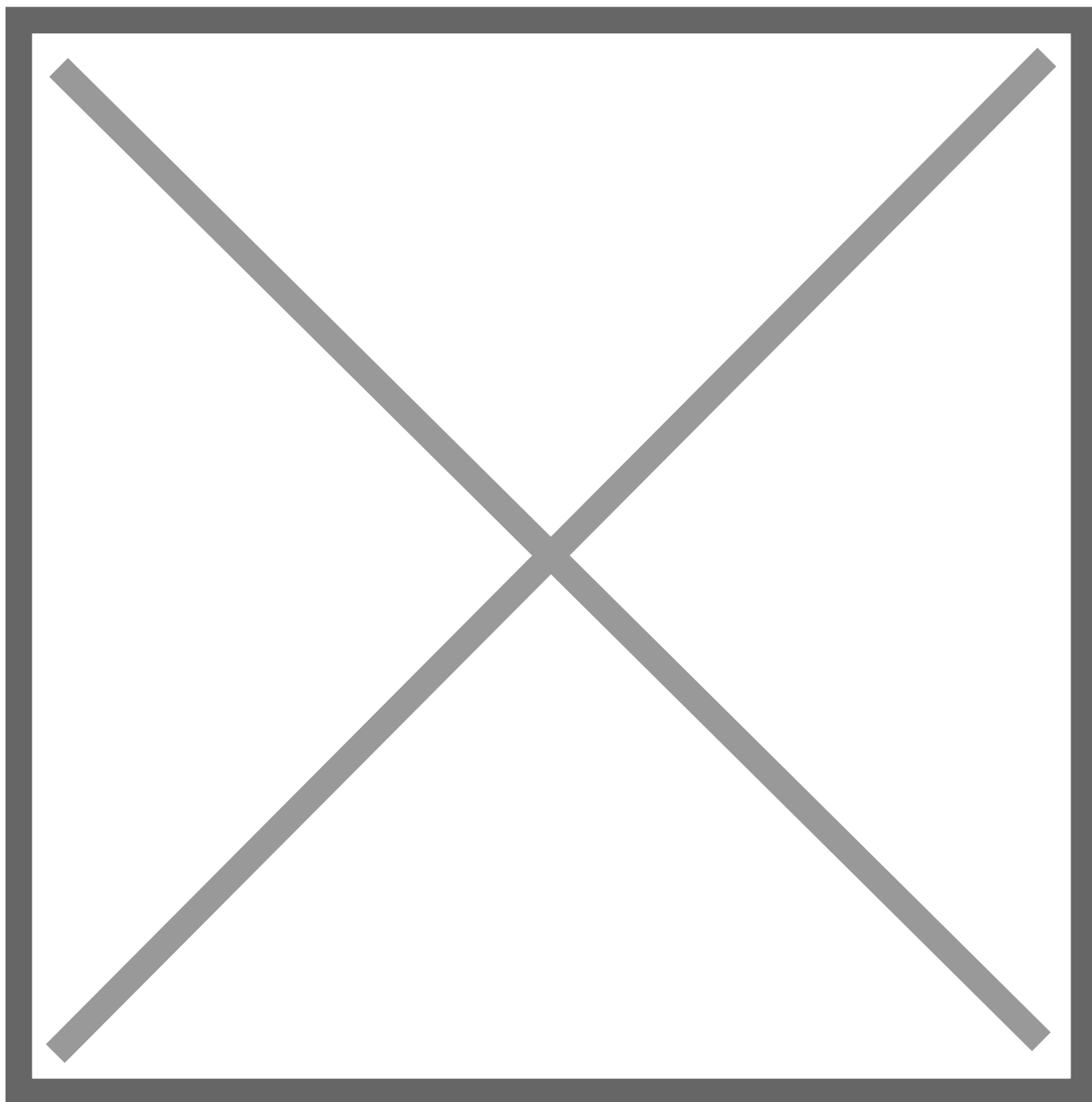
Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):

---

Incidence per 100,000

## Bauchspeicheldrüsenskrebs

**Männer, 2022**



|                         |          |
|-------------------------|----------|
| <b>Alter:</b>           | 20+      |
| <b>Geltungsbereich:</b> | National |

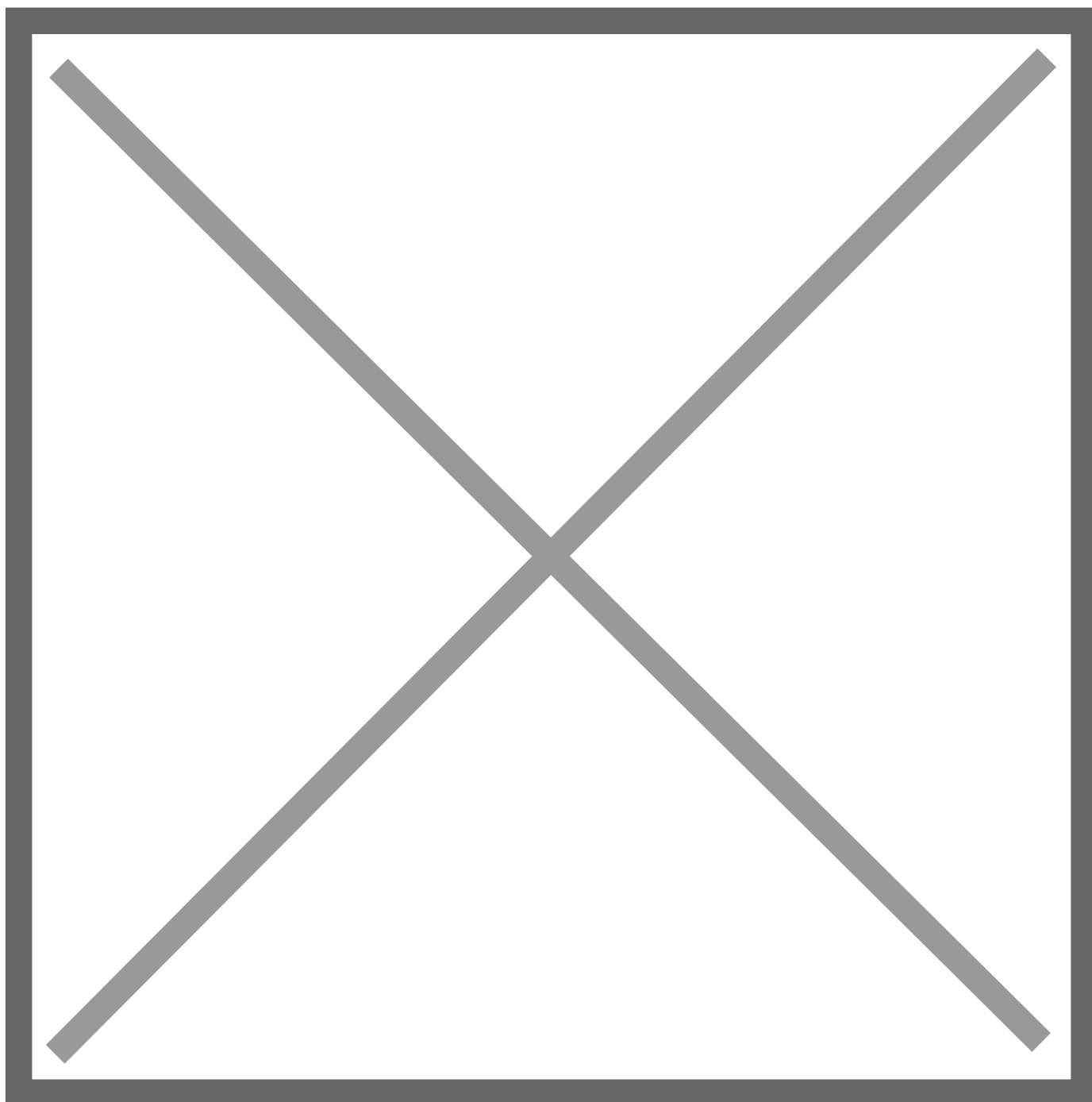
**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Incidence per 100,000

## Frauen, 2022



**Alter:** 20+

**Geltungsbereich:** National

**Referenzen:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

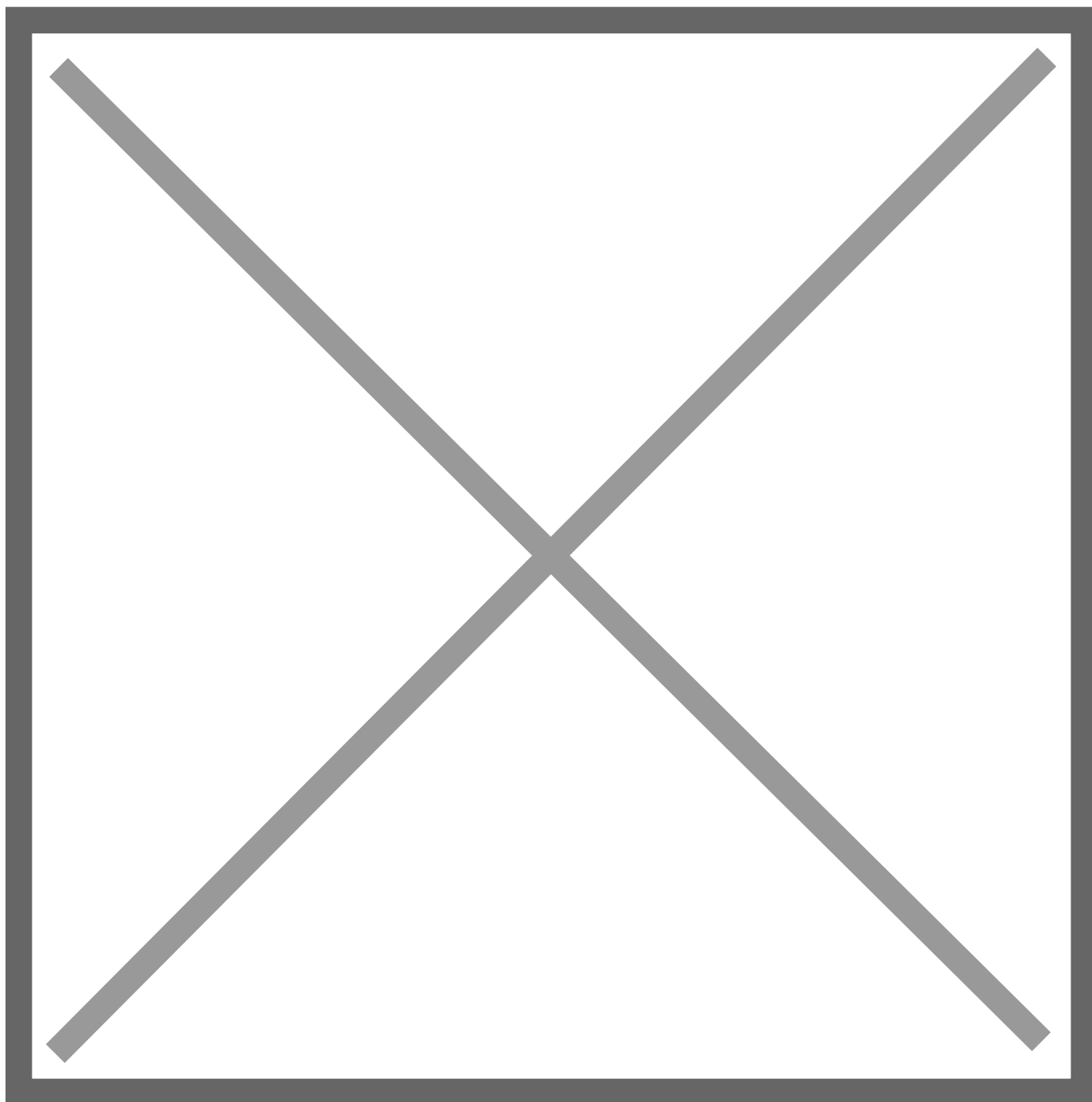
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Incidence per 100,000

## Gallenblasenkrebs

**Männer, 2022**



|                         |          |
|-------------------------|----------|
| <b>Alter:</b>           | 20+      |
| <b>Geltungsbereich:</b> | National |

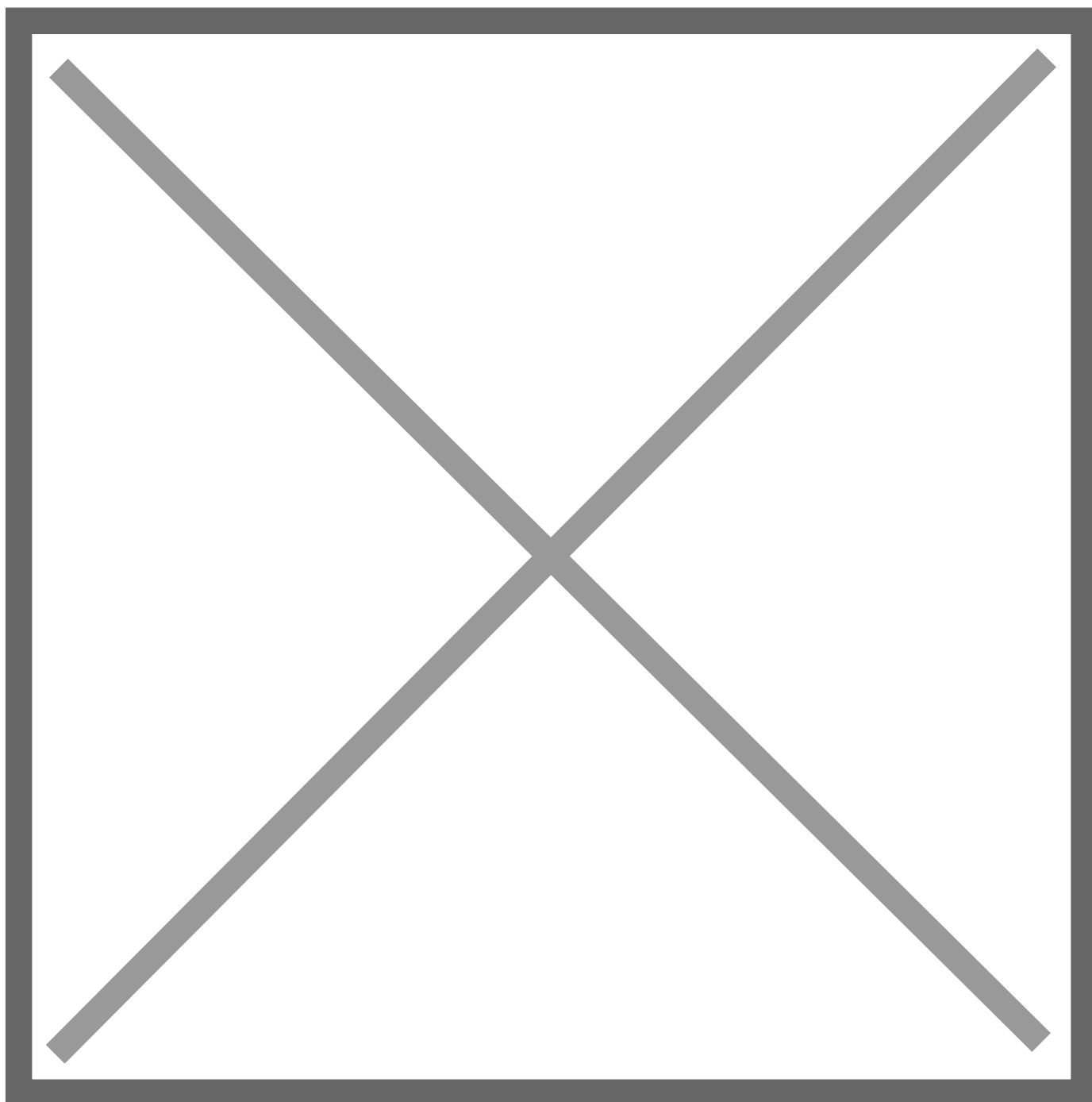
**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Indicence per 100,000

## Frauen, 2022



**Alter:** 20+

**Geltungsbereich:** National

**Referenzen:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

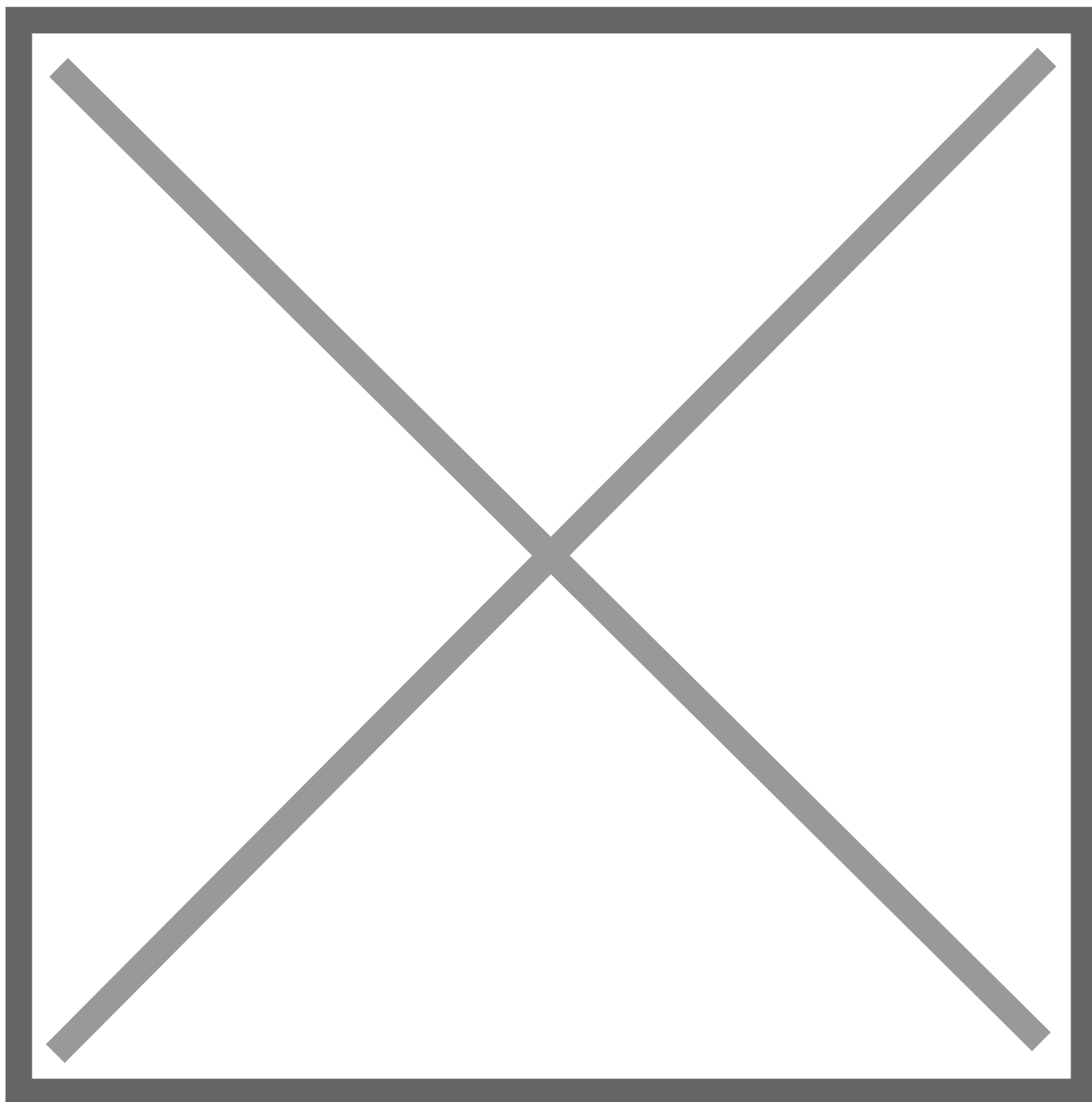
Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):

---

Indicence per 100,000

## Nierenkrebs

**Männer, 2022**



|                         |          |
|-------------------------|----------|
| <b>Alter:</b>           | 20+      |
| <b>Geltungsbereich:</b> | National |

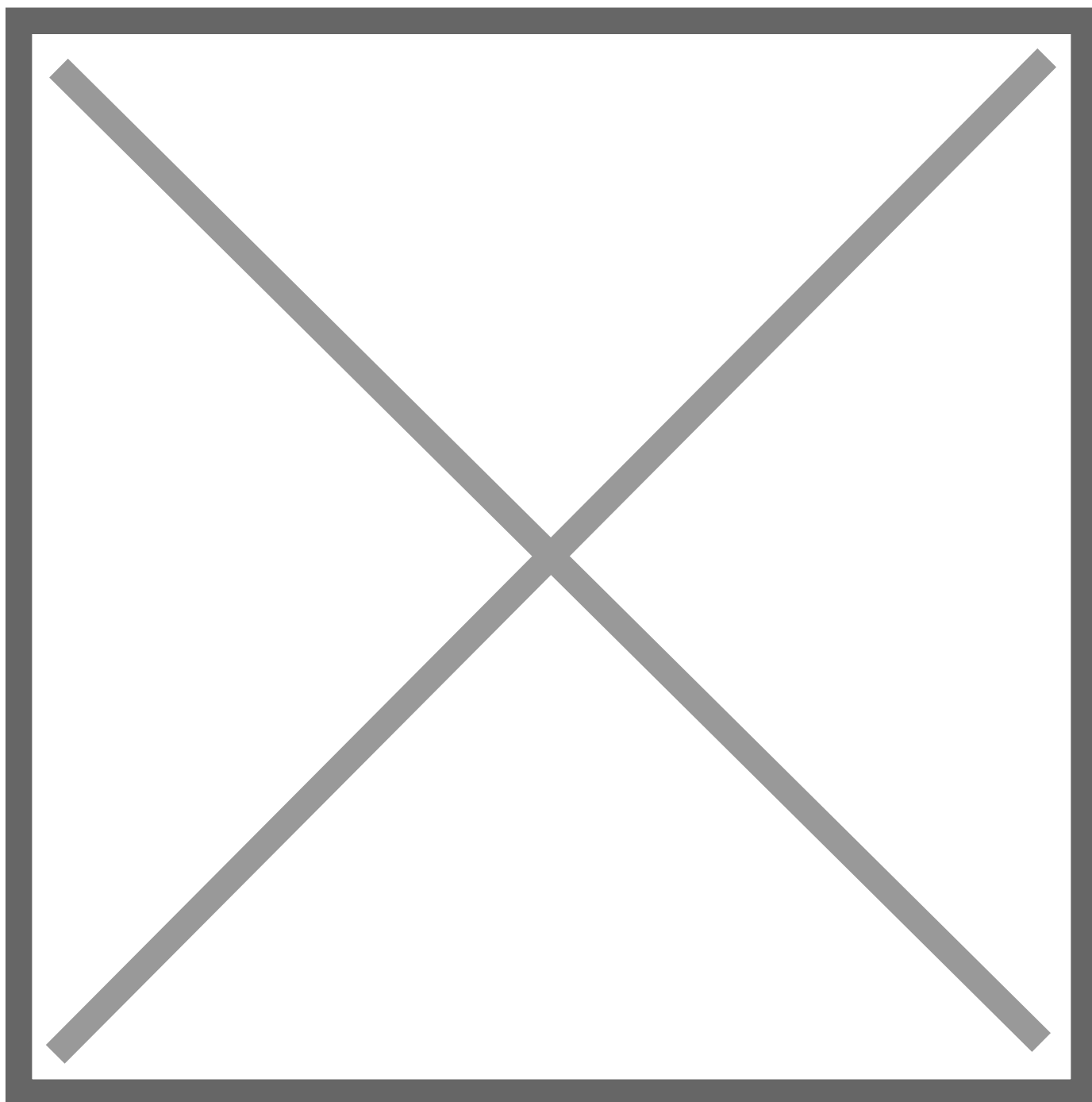
**Referenzen:**

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

Incidence per 100,000

## Frauen, 2022



**Alter:** 20+

**Geltungsbereich:** National

**Referenzen:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

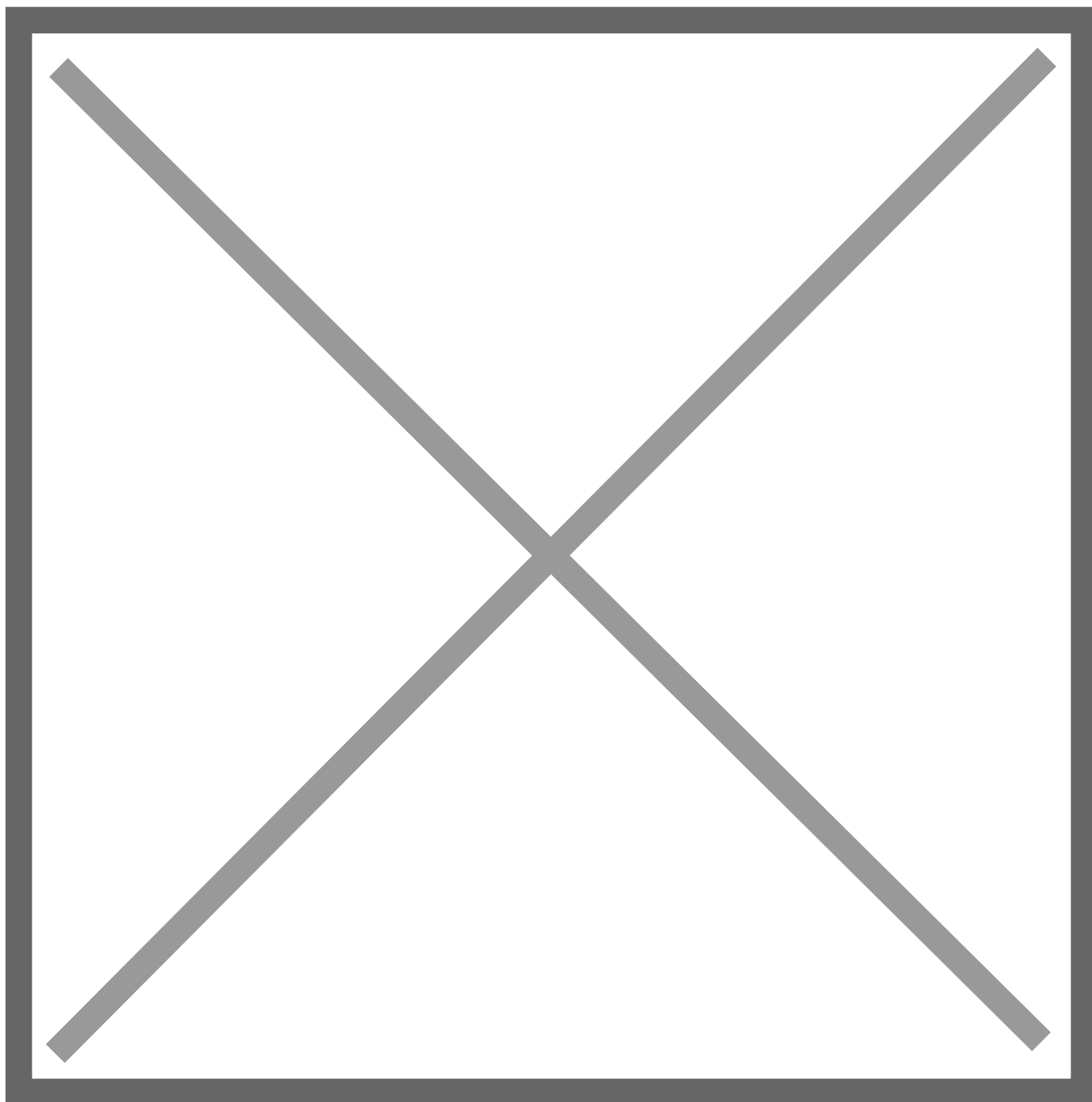
Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):

---

Incidence per 100,000

## Gebärmutterkrebs

Frauen, 2022



**Alter:** 20+

**Referenzen:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

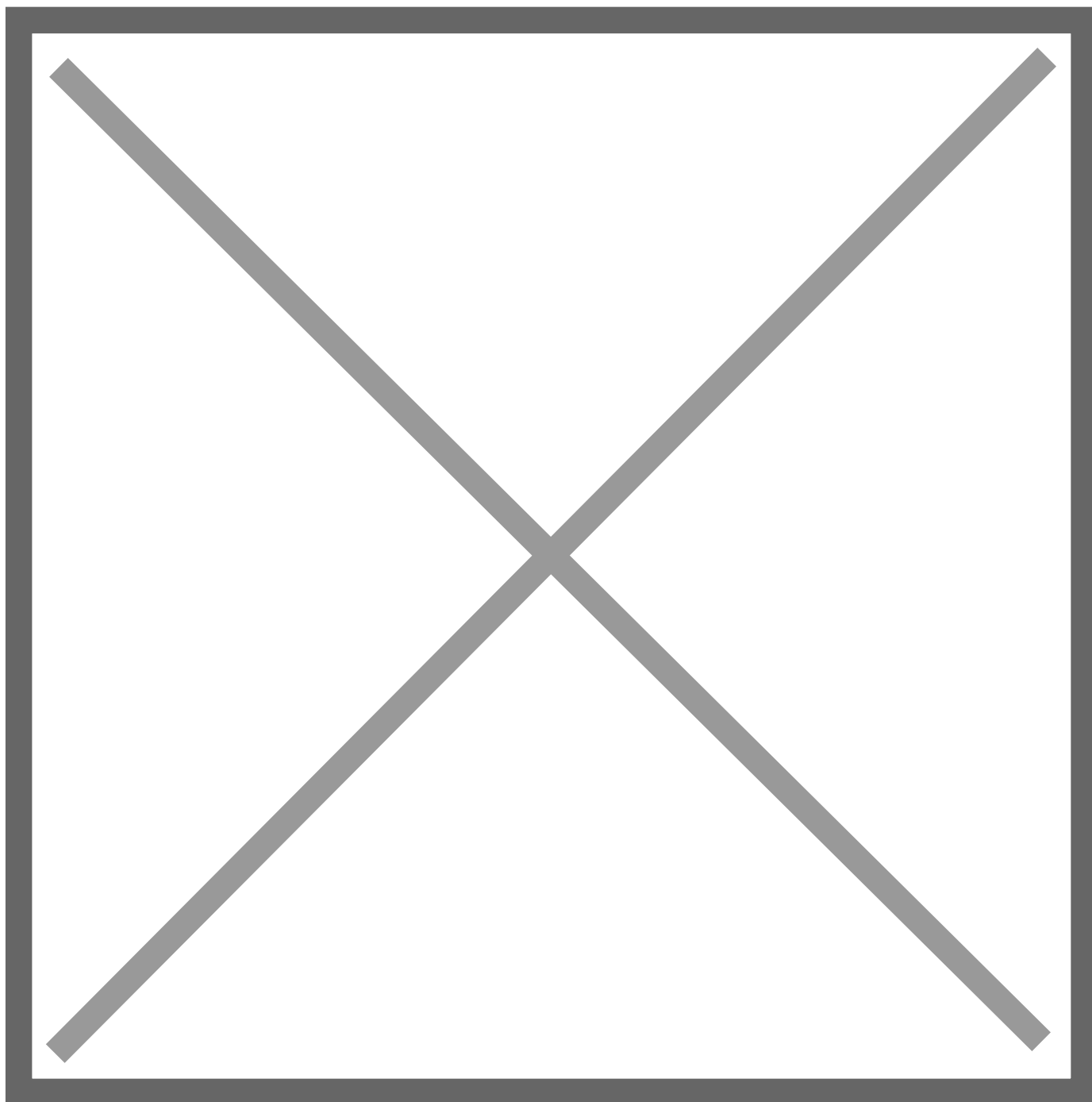
**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

---

Incidence per 100,000

## Erhöhter Blutdruck

Erwachsene, 2015



### Referenzen:

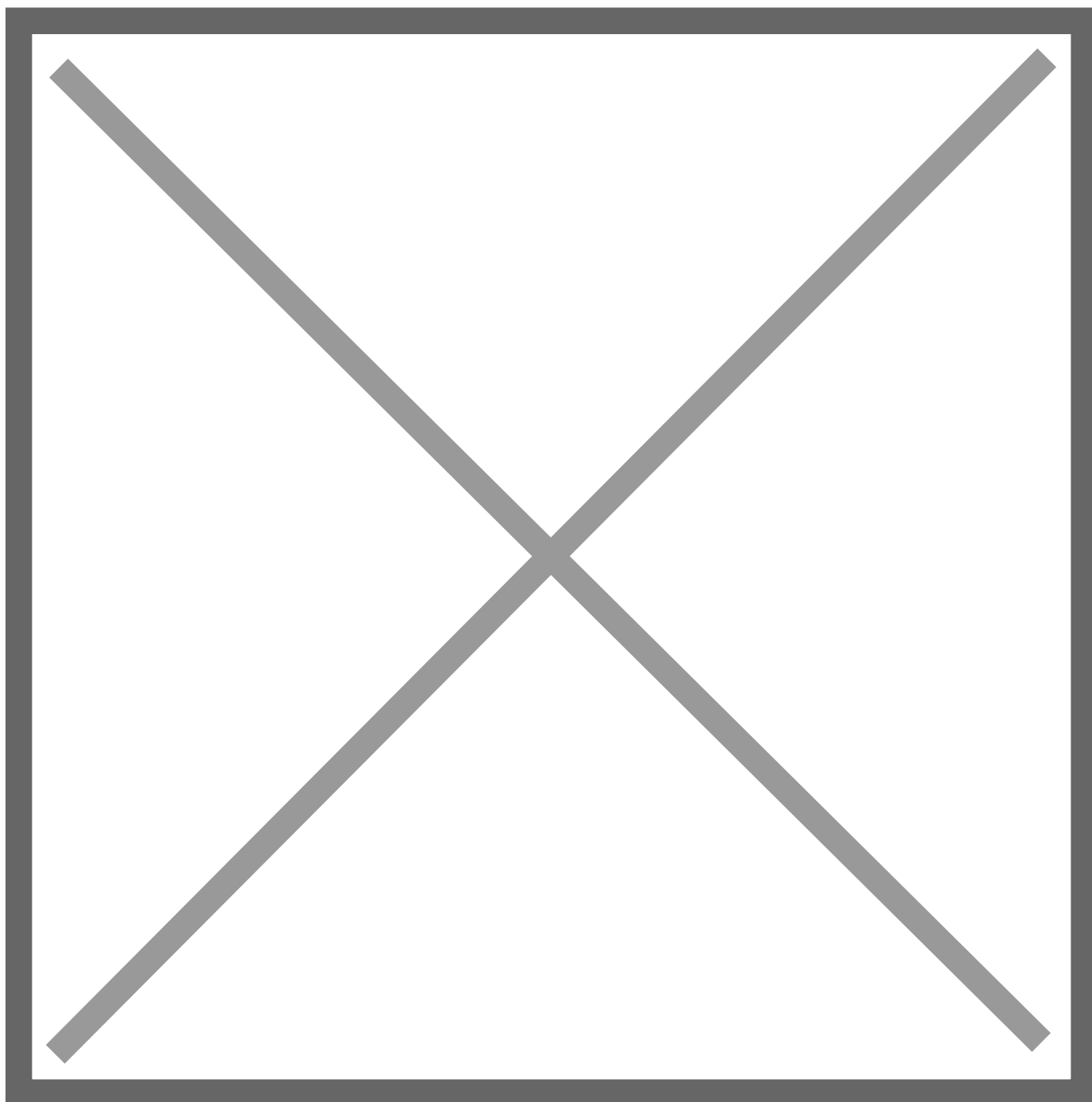
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

---

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Männer, 2015



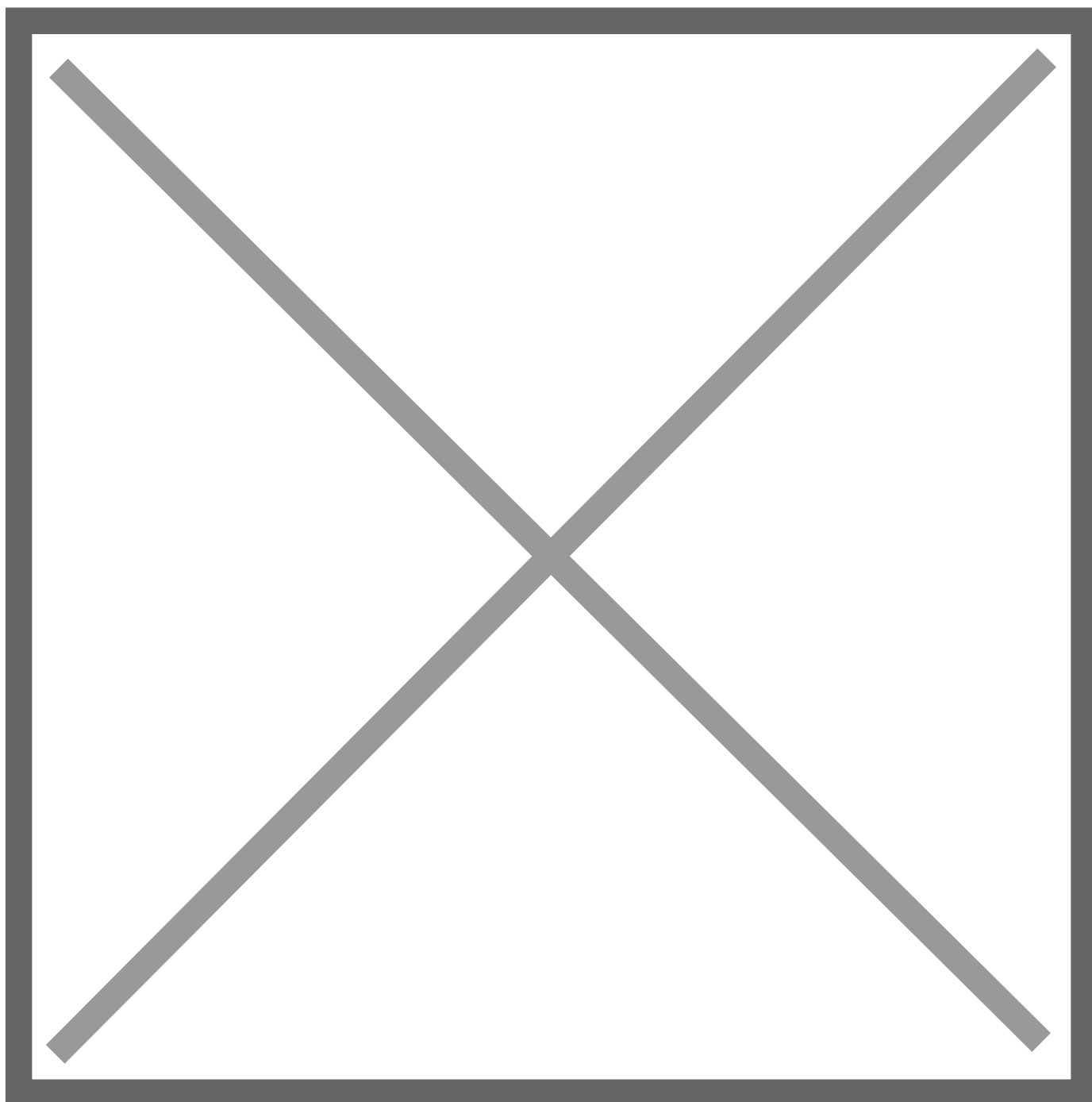
### Referenzen:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

### Definitionen (nur in englischer Sprache verfügbar):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Frauen, 2015



### Referenzen:

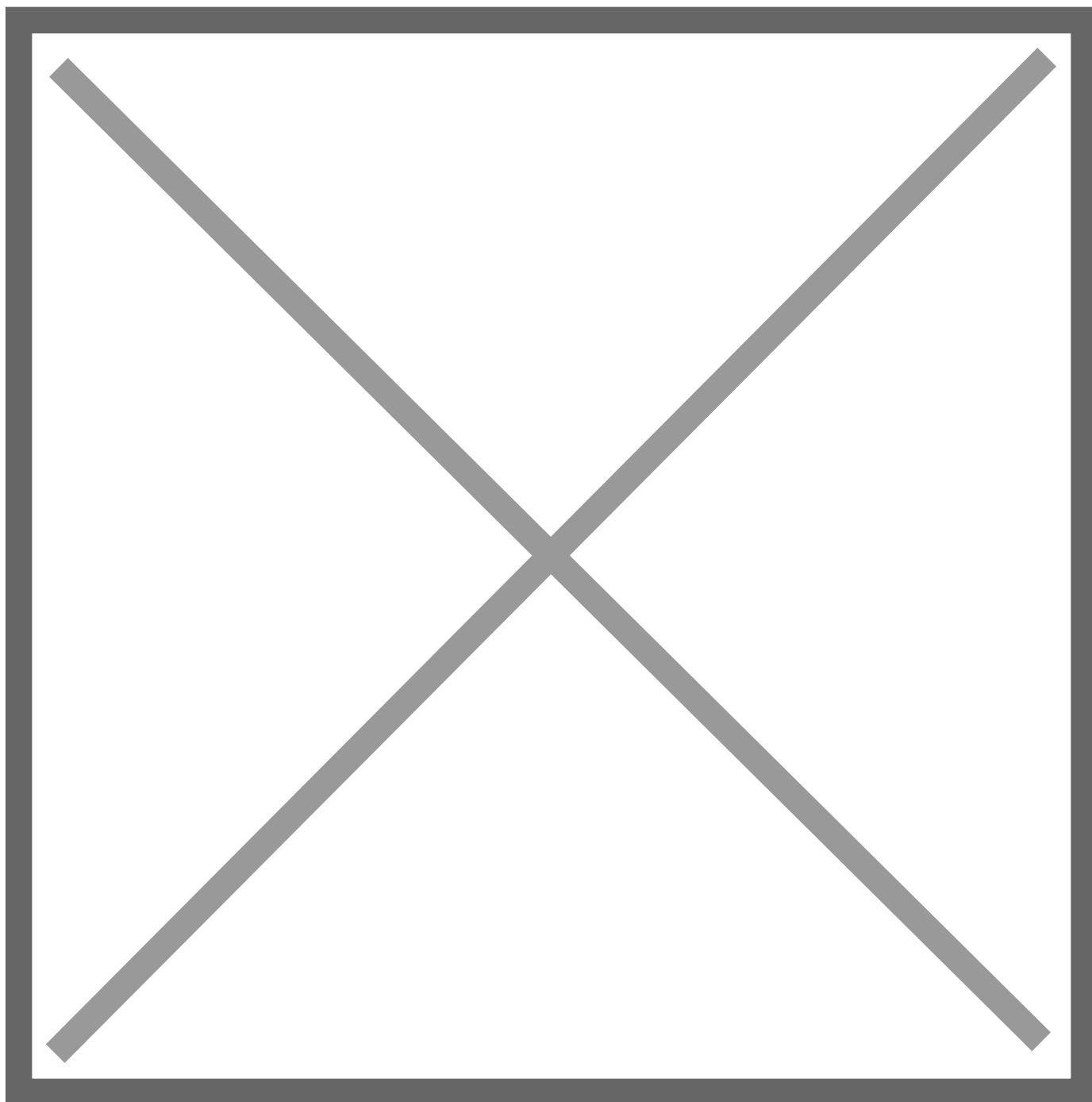
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

### Definitionen (nur in englischer Sprache verfügbar):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Erhöhtes Cholesterin

Erwachsene, 2008

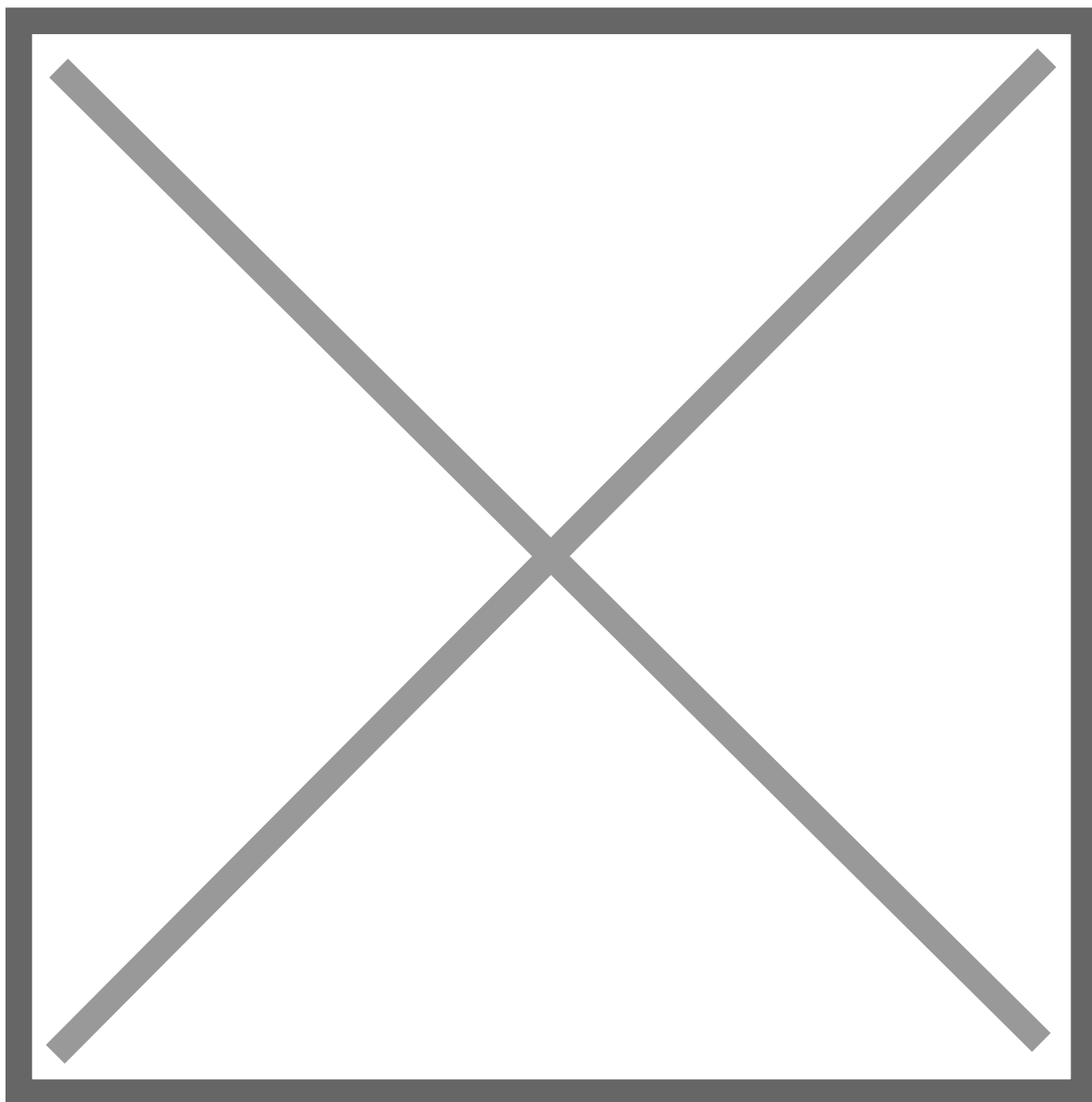


**Referenzen:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitionen  
(nur in  
englischer  
Sprache  
verfügbar):**

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

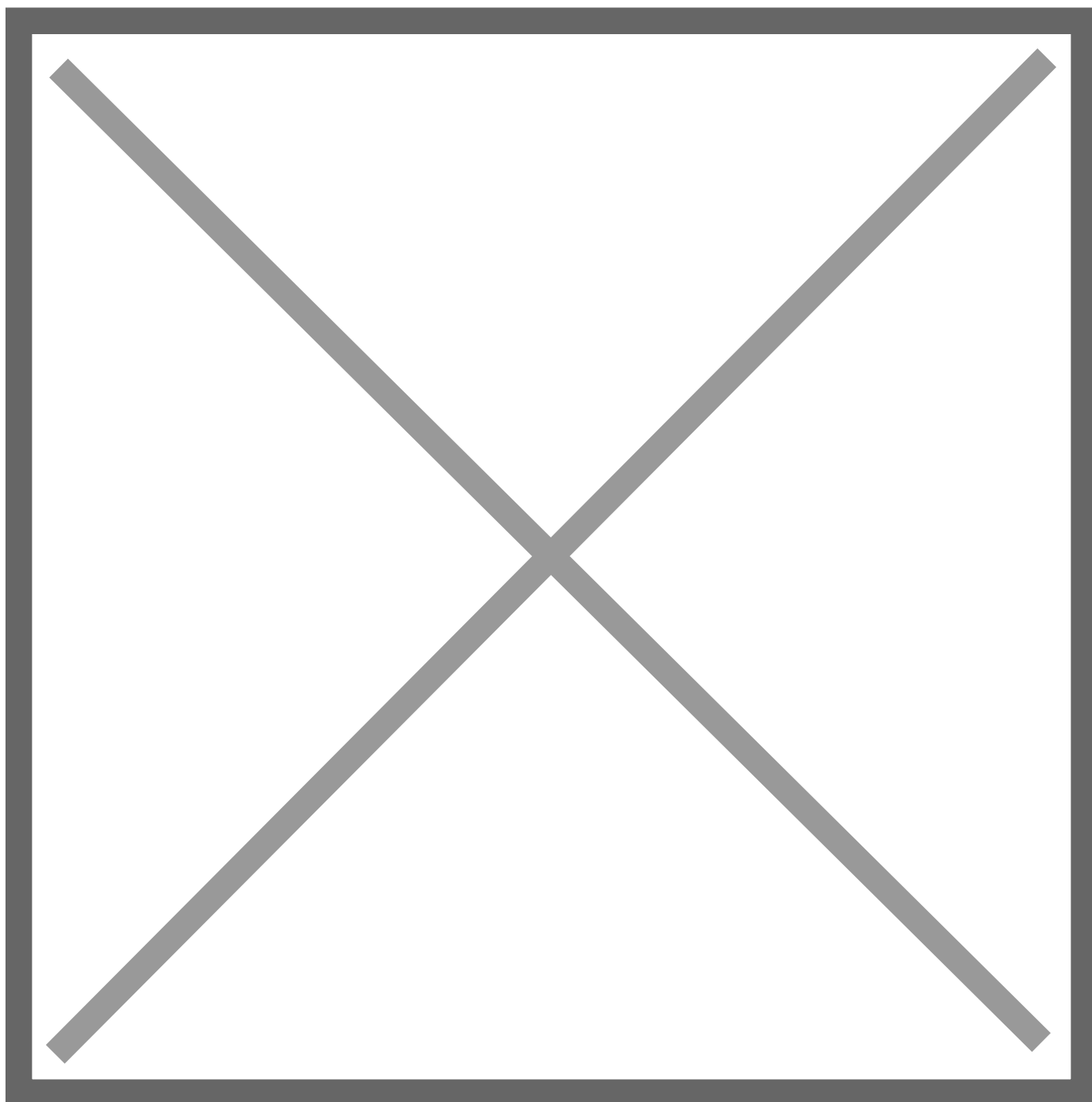
## Männer, 2008



**Referenzen:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar): % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

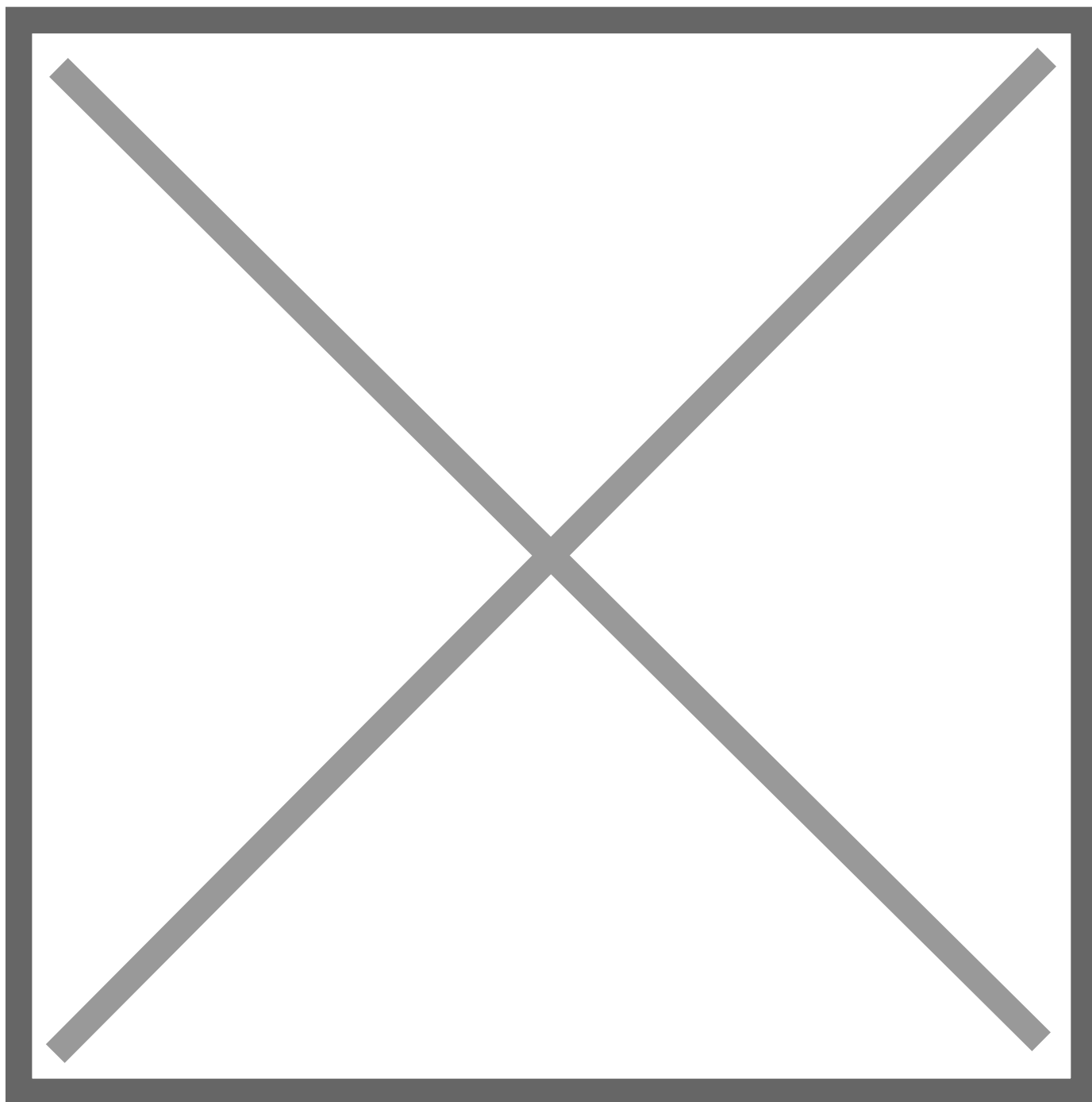
## Frauen, 2008



|                                                                        |                                                                                                                                                                             |
|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Referenzen:</b>                                                     | Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a> |
| <b>Definitionen</b><br>(nur in<br>englischer<br>Sprache<br>verfügbar): | % Raised total cholesterol ( $\geq 5.0$ mmol/L) (age-standardized estimate).                                                                                                |

## Erhöhter Nüchternblutzucker

**Männer, 2014**



### Referenzen:

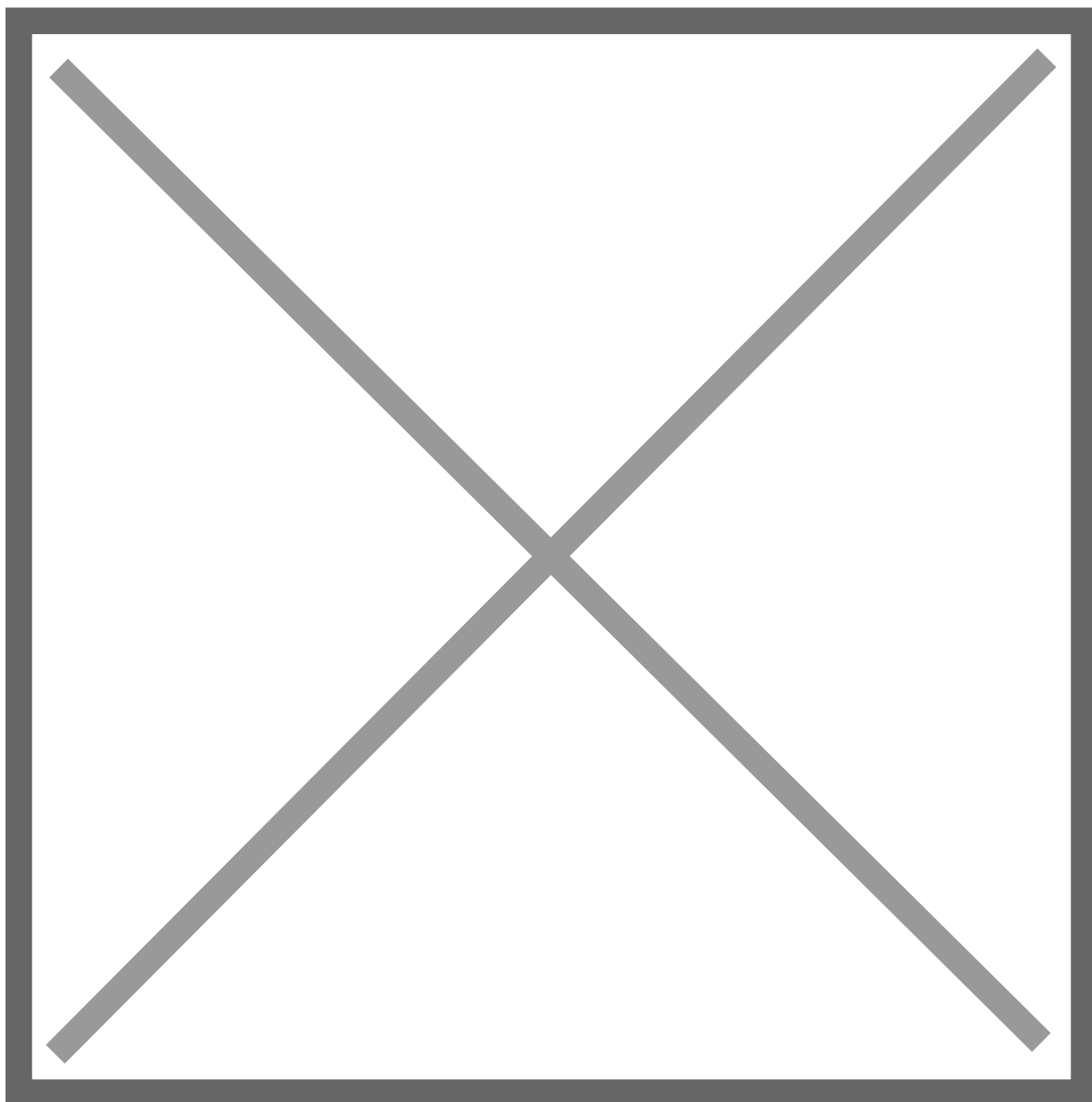
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitionen**  
(nur in  
englischer  
Sprache  
verfügbar):

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

---

## Frauen, 2014



### Referenzen:

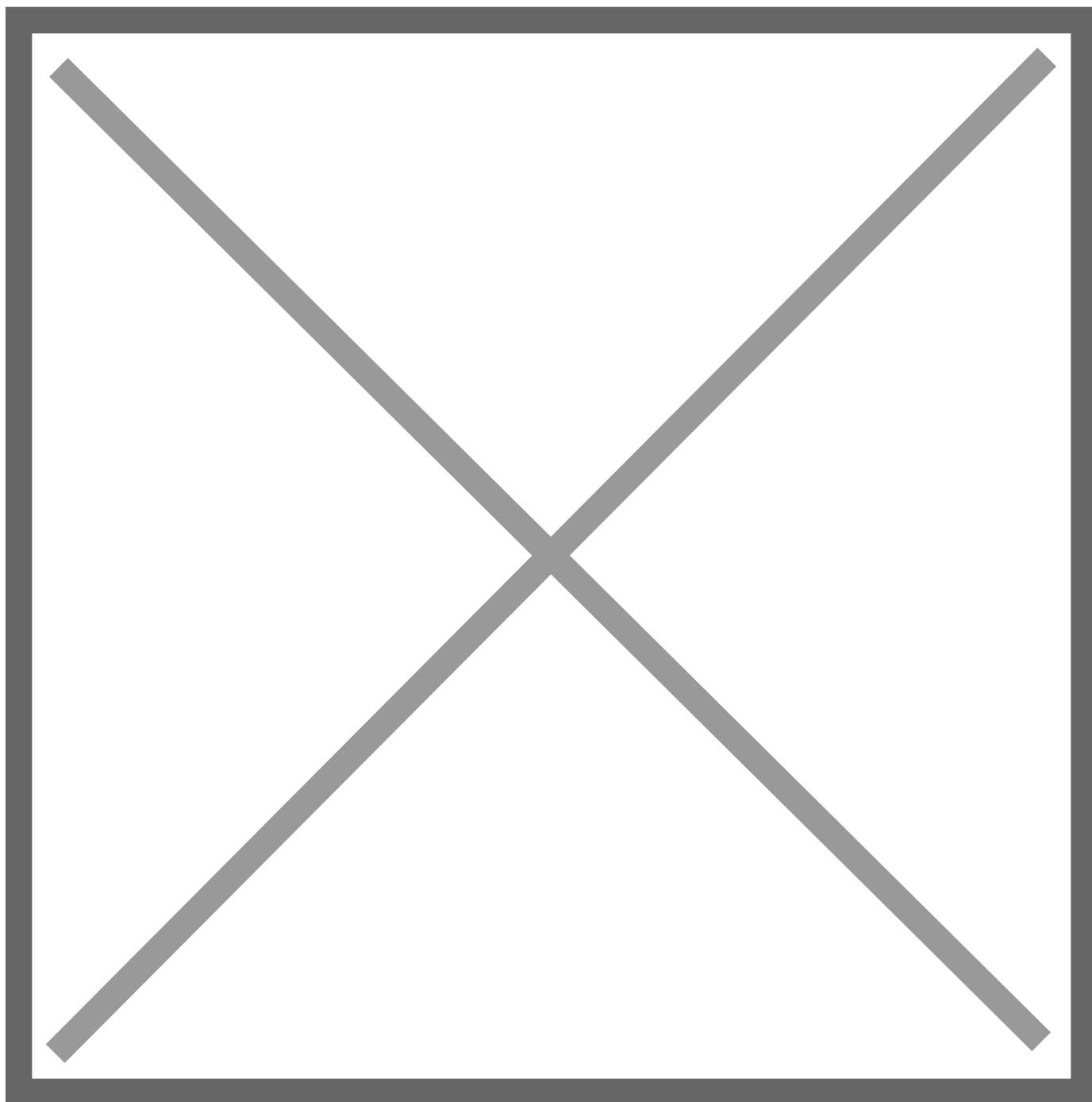
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

### Definitionen (nur in englischer Sprache verfügbar):

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Diabetes-Prävalenz

Erwachsene, 2024



### Referenzen:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

PDF created on July 16, 2025