



WHO Amerika

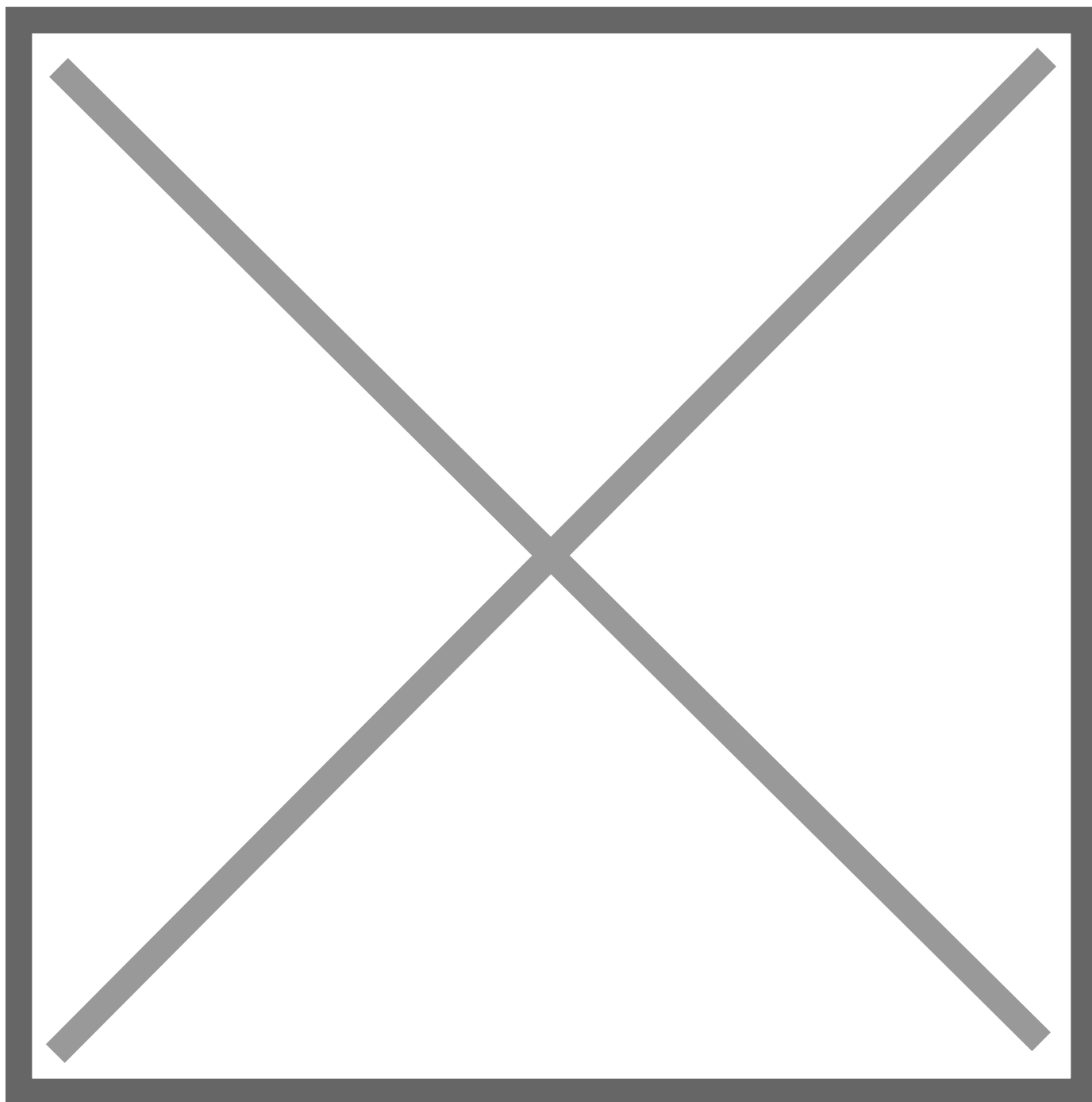
Regional report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-americas-region-3/>.

Prevalence obesity

Děti



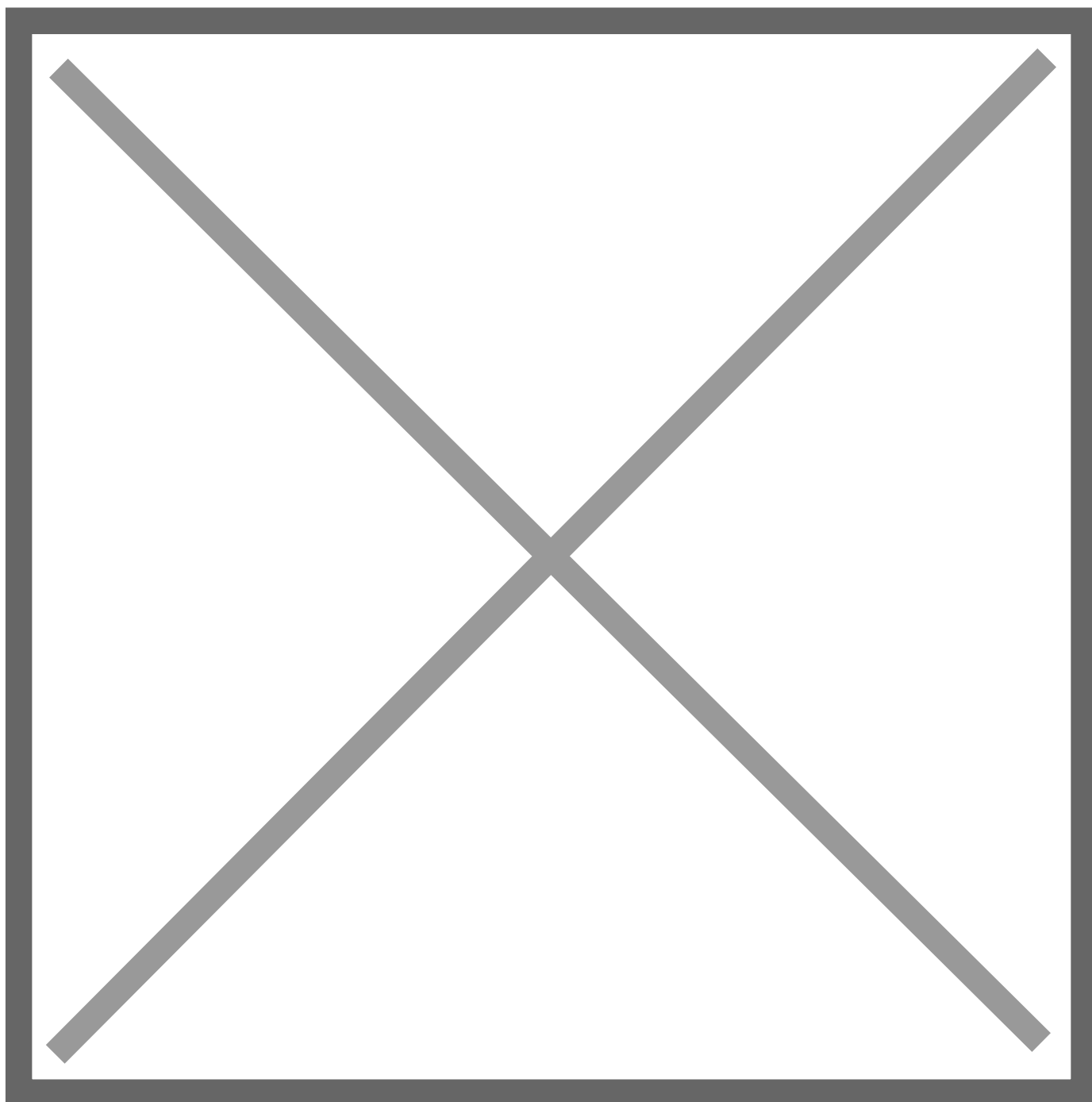
**Typ
průzkumu:**

Countries marked with a * are using self-reported data.

Poznámky:

Different methodologies have been used to collect this data and so it is not strictly comparable.

Chlapci



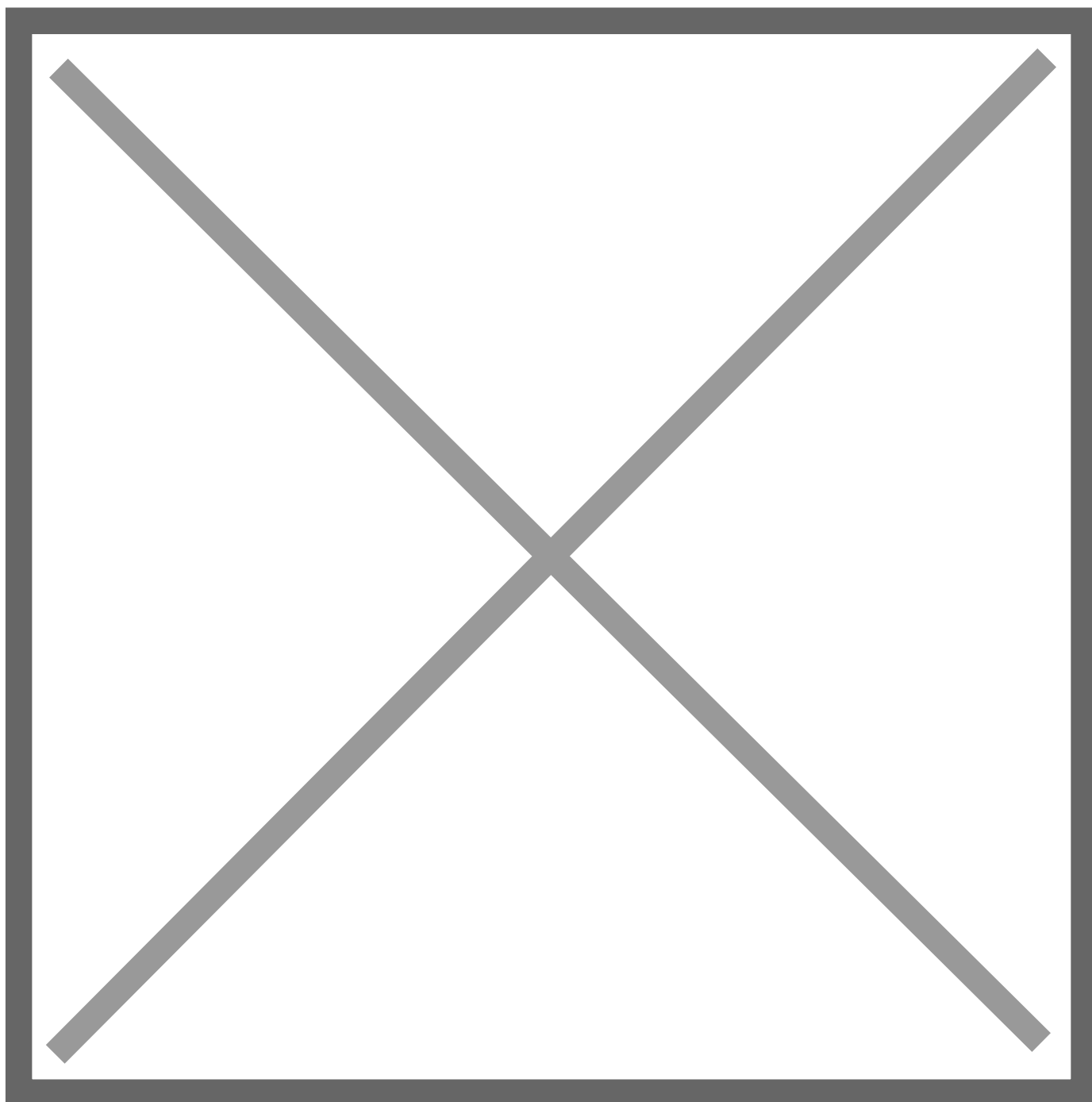
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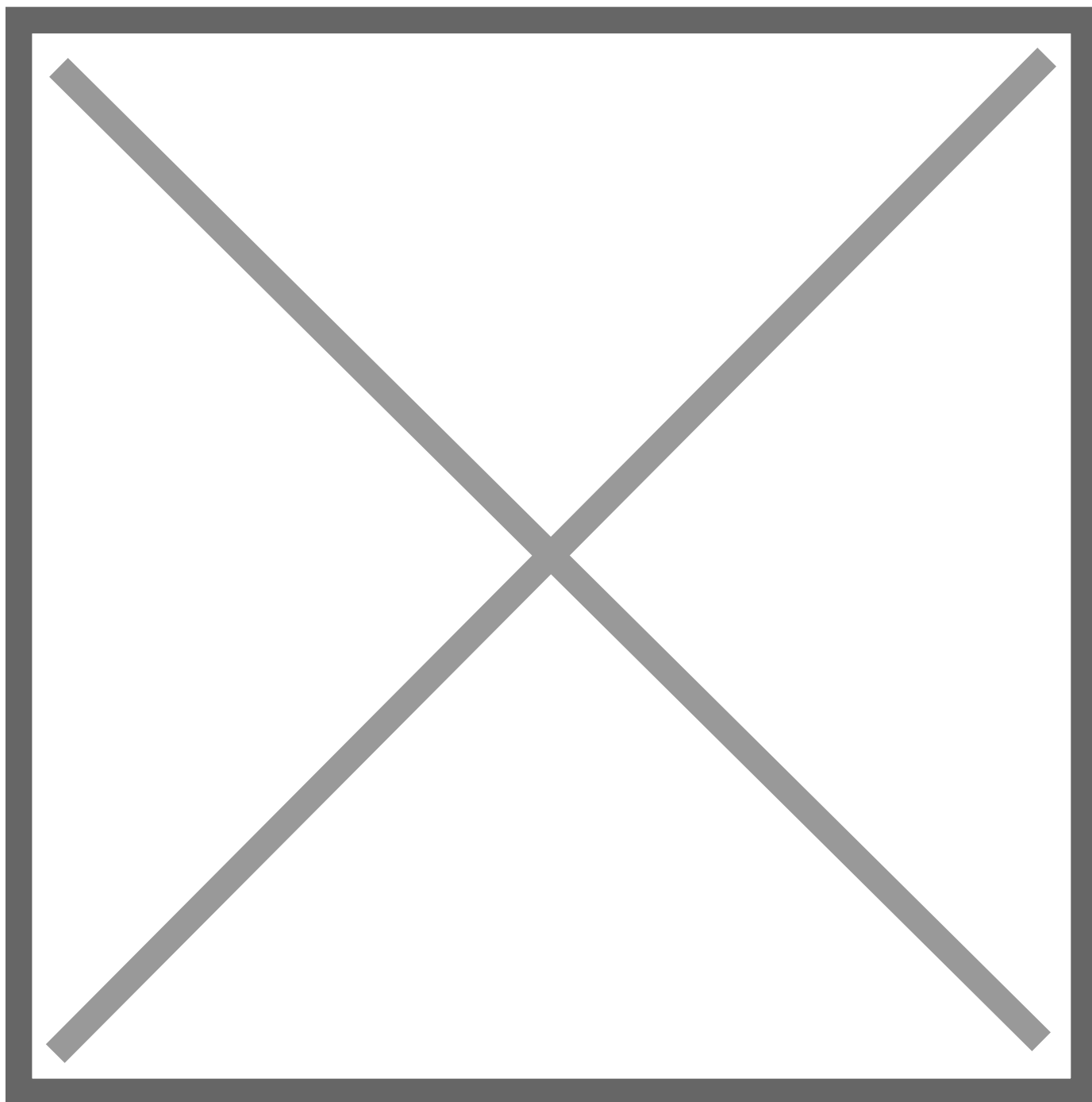
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Nedostatek nĚj aktivita

DĚ ti, 2016-2022

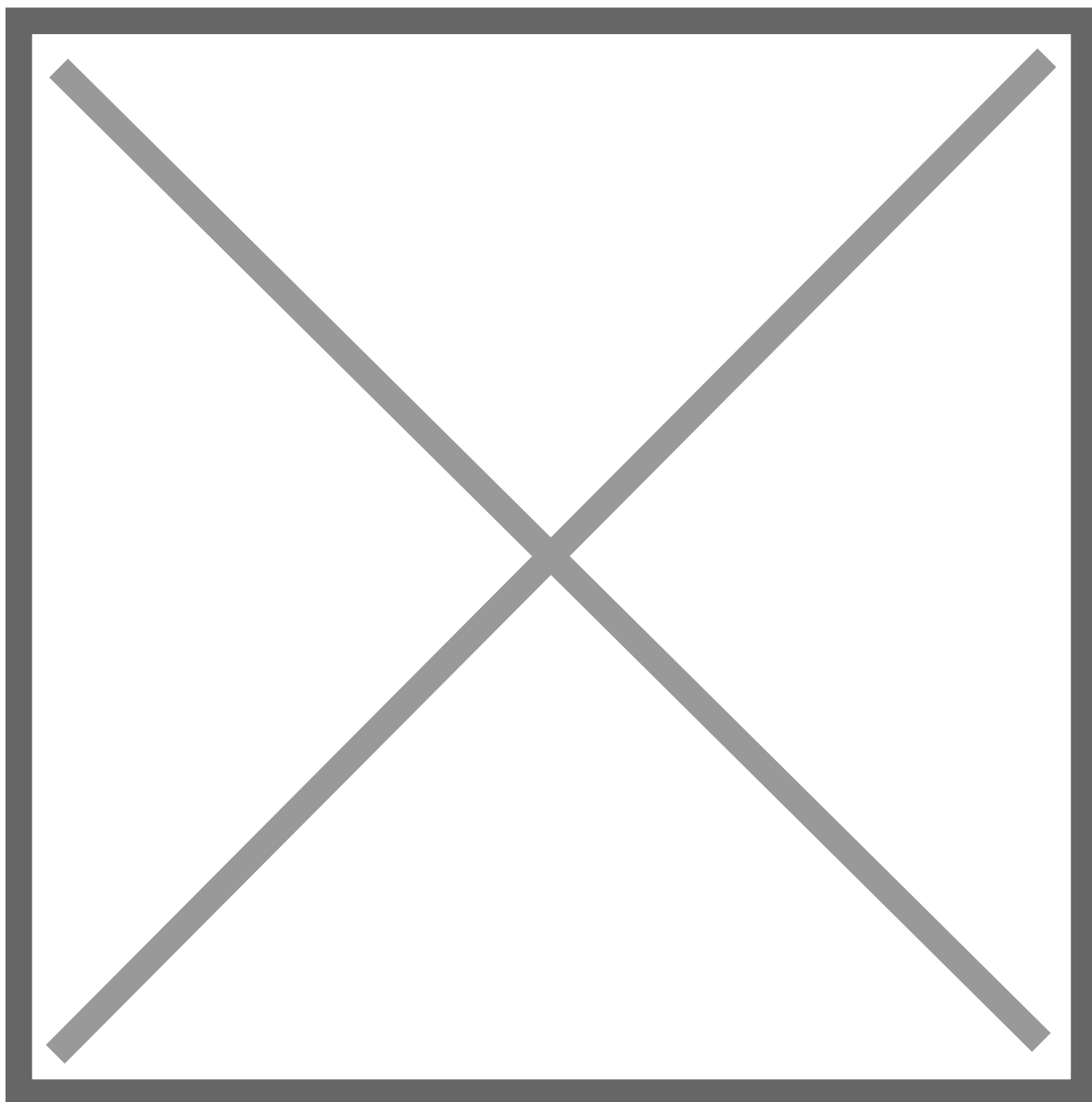
**Reference:**

RakiĚ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, BakalĚr P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

Poznámky: Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Definice
(kÃ½ dispozici
pouze
vÃ½ angliÃ½
tinÃ½): % reporting less than 60 minutes of MVPA daily

Chlapci, 2016-2022

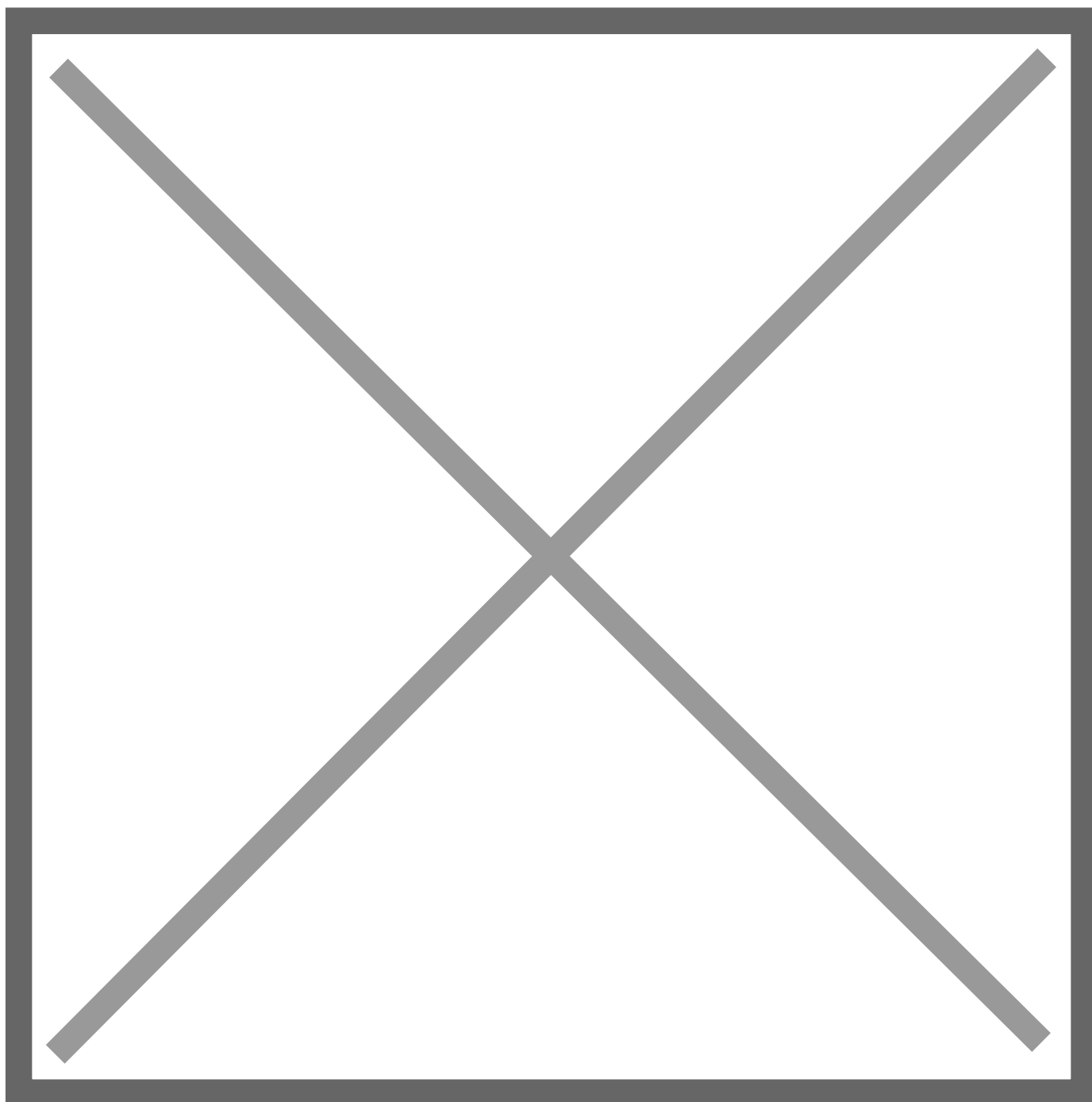
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Dávky, 2016-2022



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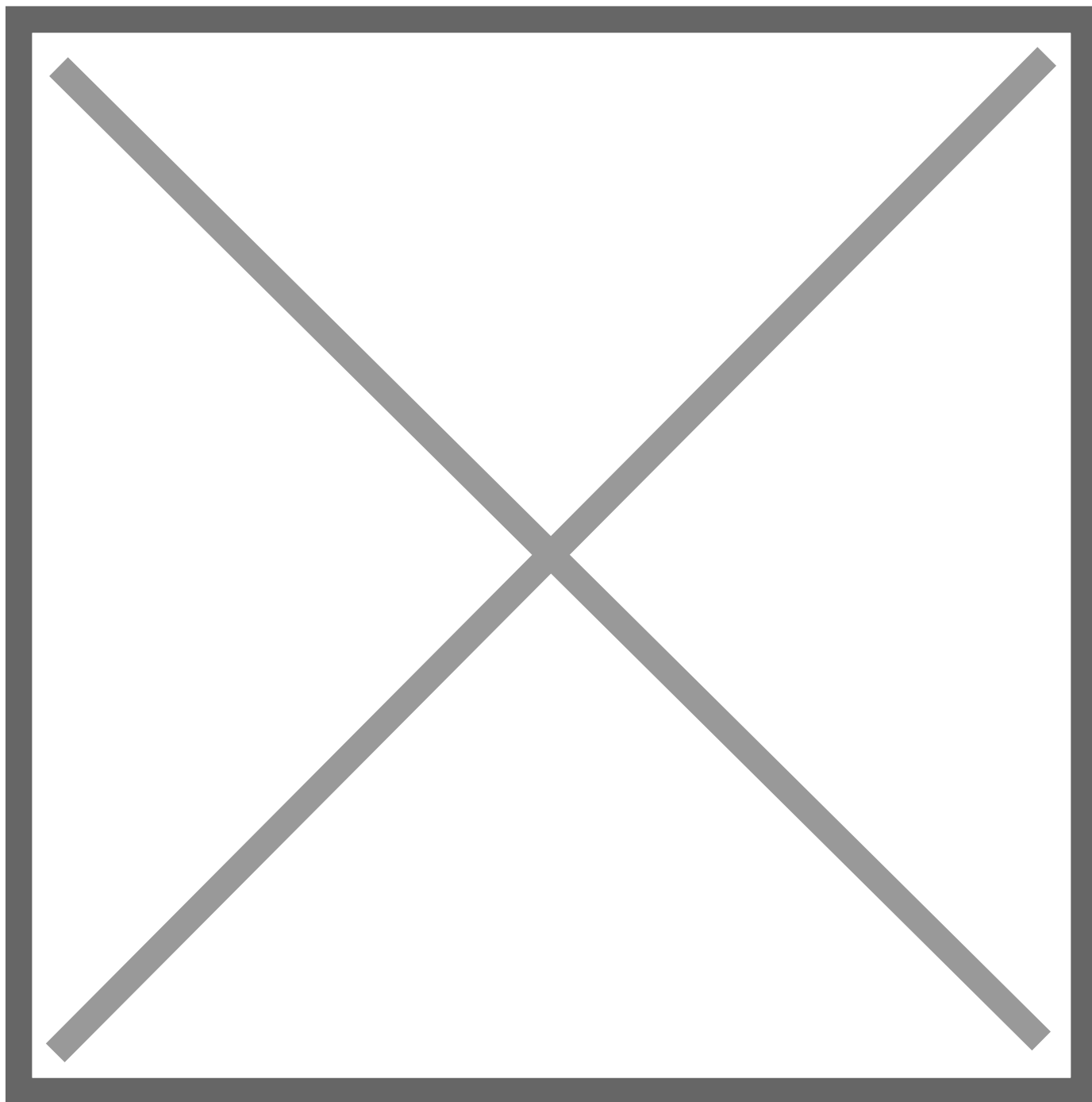
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vÃ angliÄ
tinÄ): % reporting less than 60 minutes of MVPA daily

Prevalence spotů eby alespoň jednoho syceněho nealkoholickěho nãipoje denně

Chlapci, 2021-2022



**Pokrytí
oblast:**

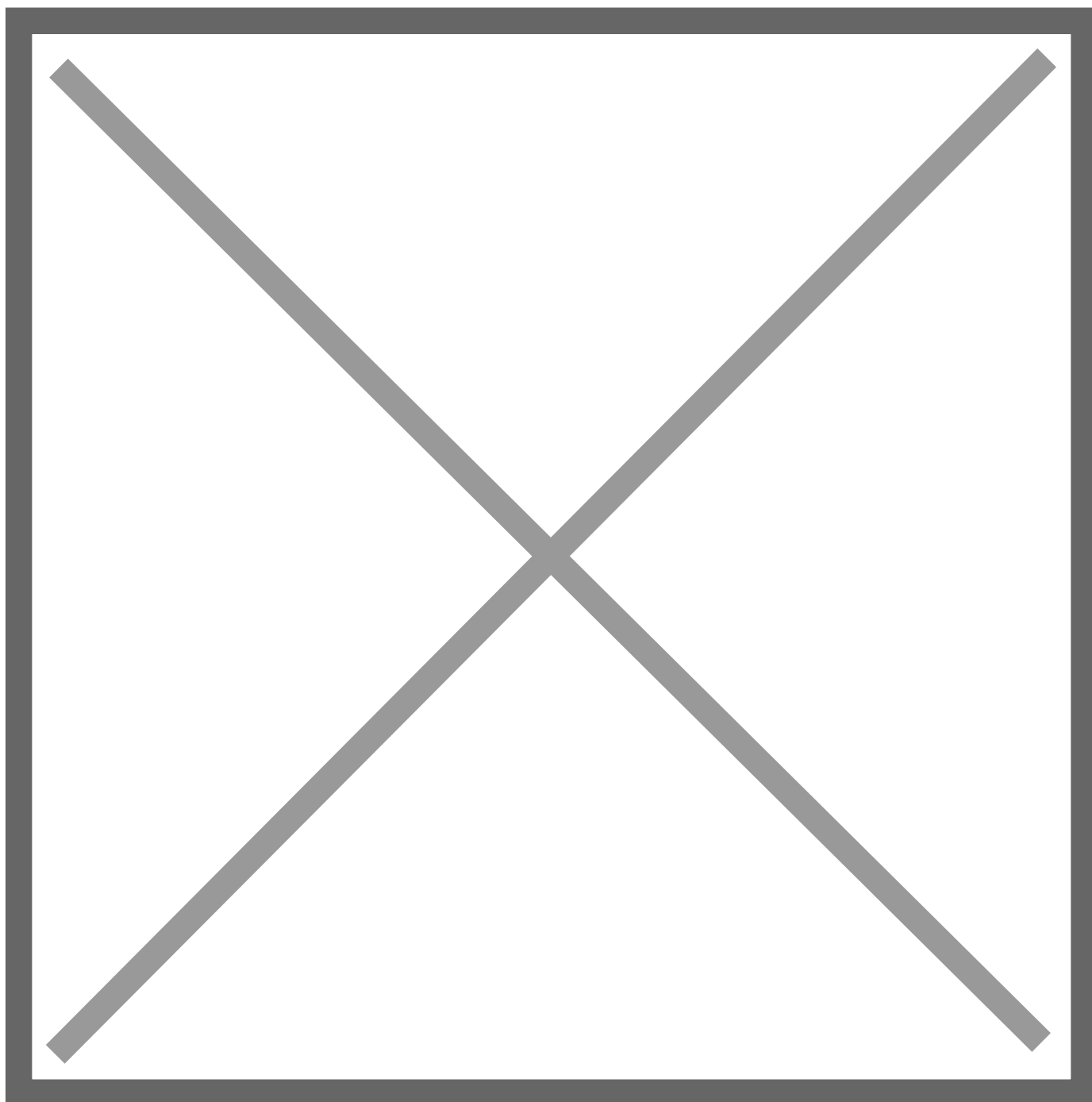
Nãirodně

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Definice
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pouze
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tinÄ):

Proportion who reported drinking sugary soft drinks daily (at least once)

Dávky, 2021-2022



**Pokrytí
oblast:**

Národní

Reference:

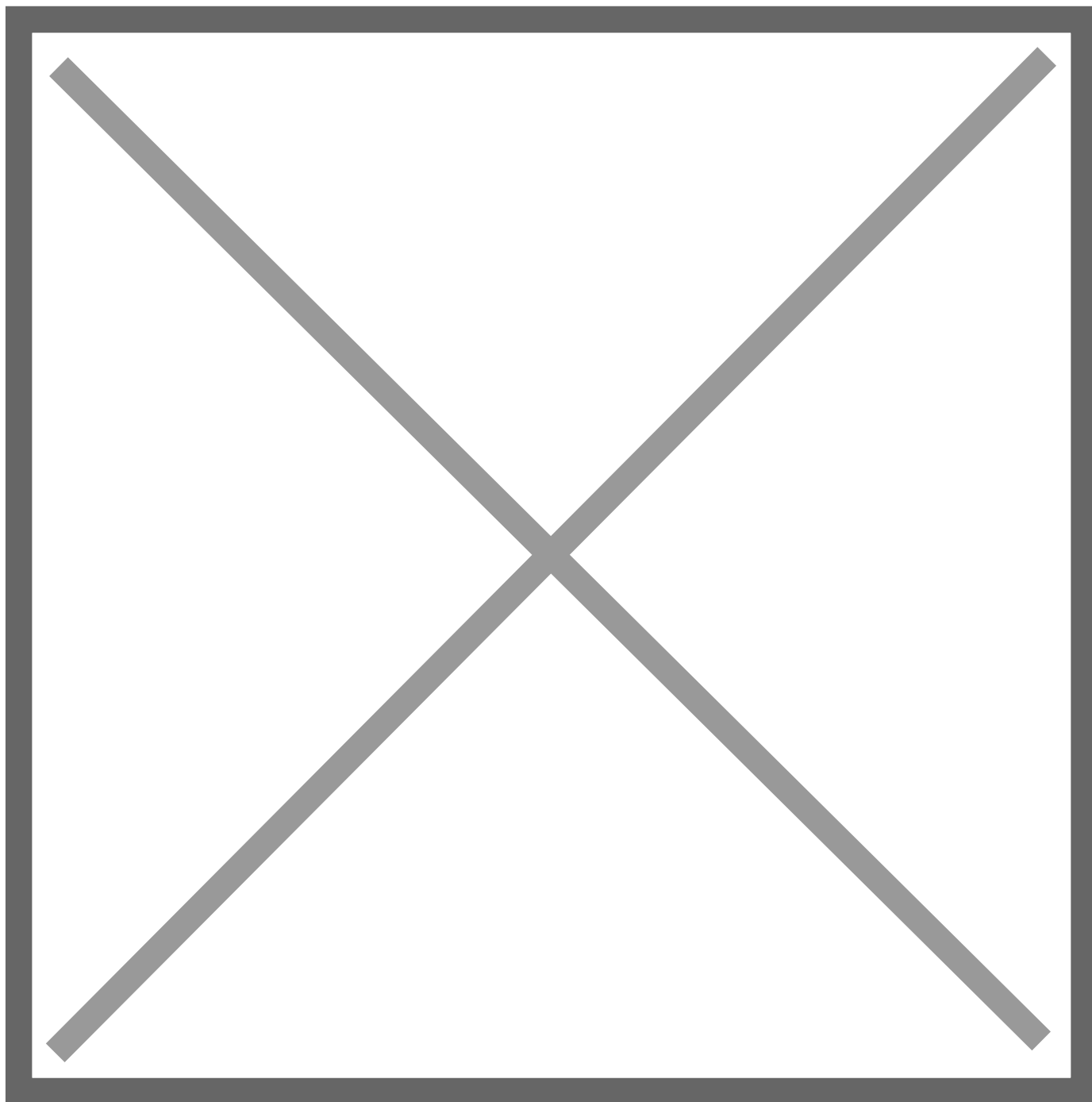
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Definice
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tinÄ):

Proportion who reported drinking sugary soft drinks daily (at least once)

Průměrná denní frekvence konzumace sycených nealkoholických nápojů

Děti, 2009-2015



Typ
průzkumu:

Naměřeno en

Věk k:

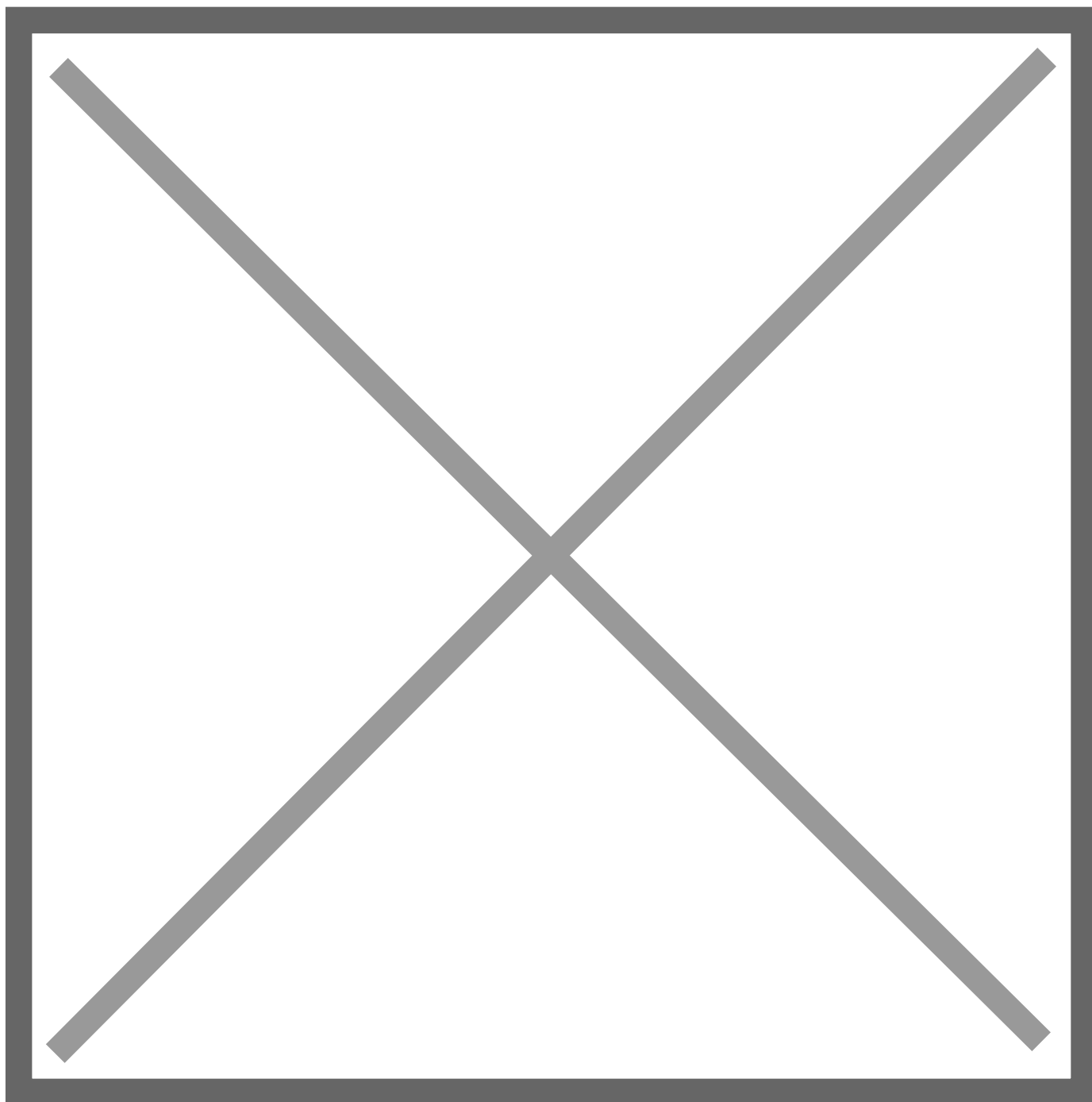
12-17

Reference:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalence of less-than-daily fruit consumption

DÄ ti, 2009-2015



Typ
prÄzkumu:

NamÄ Ä enÄ©

VÄ k:

12-17

Reference:

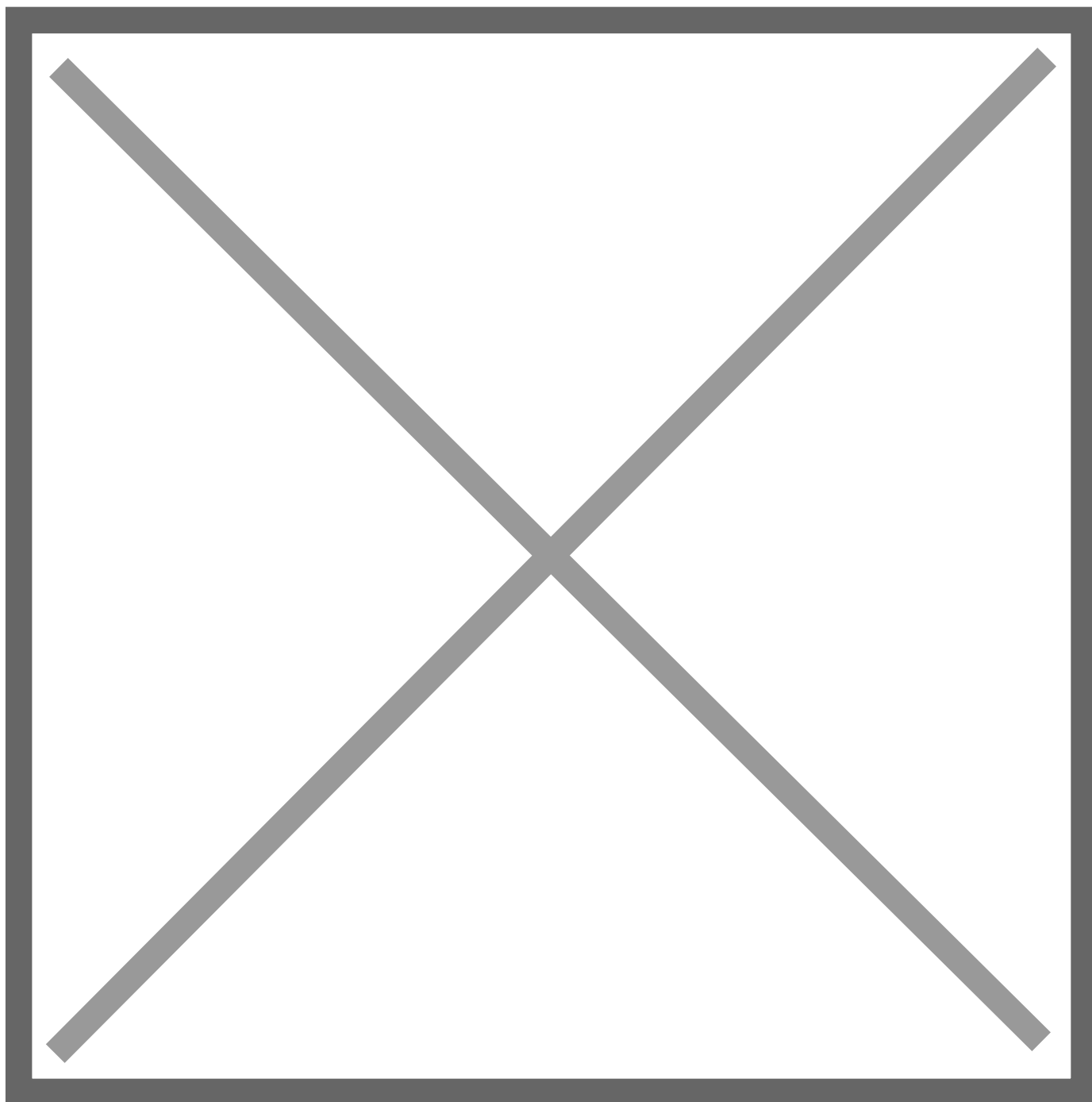
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definice
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pouze
vÅ angliÄ
tinÄ):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

DÄ ti, 2009-2015



Typ
prÄzkumu:

NamÄ Ä enÄ©

VÄ k:

12-17

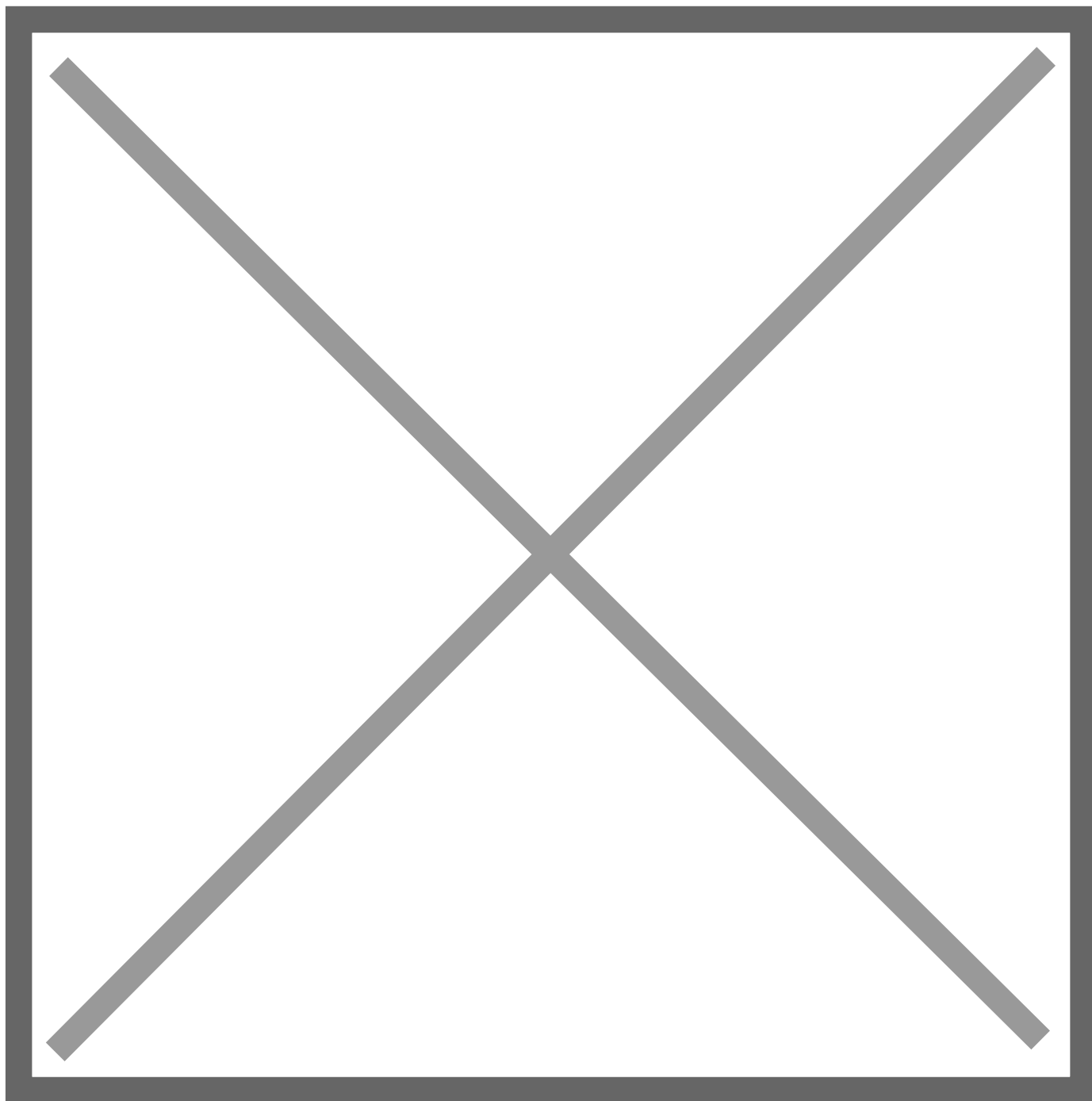
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Definice
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Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Průměrná; týdenní frekvence konzumace rychlého občerstvení

Děti, 2009-2015



Věk k:

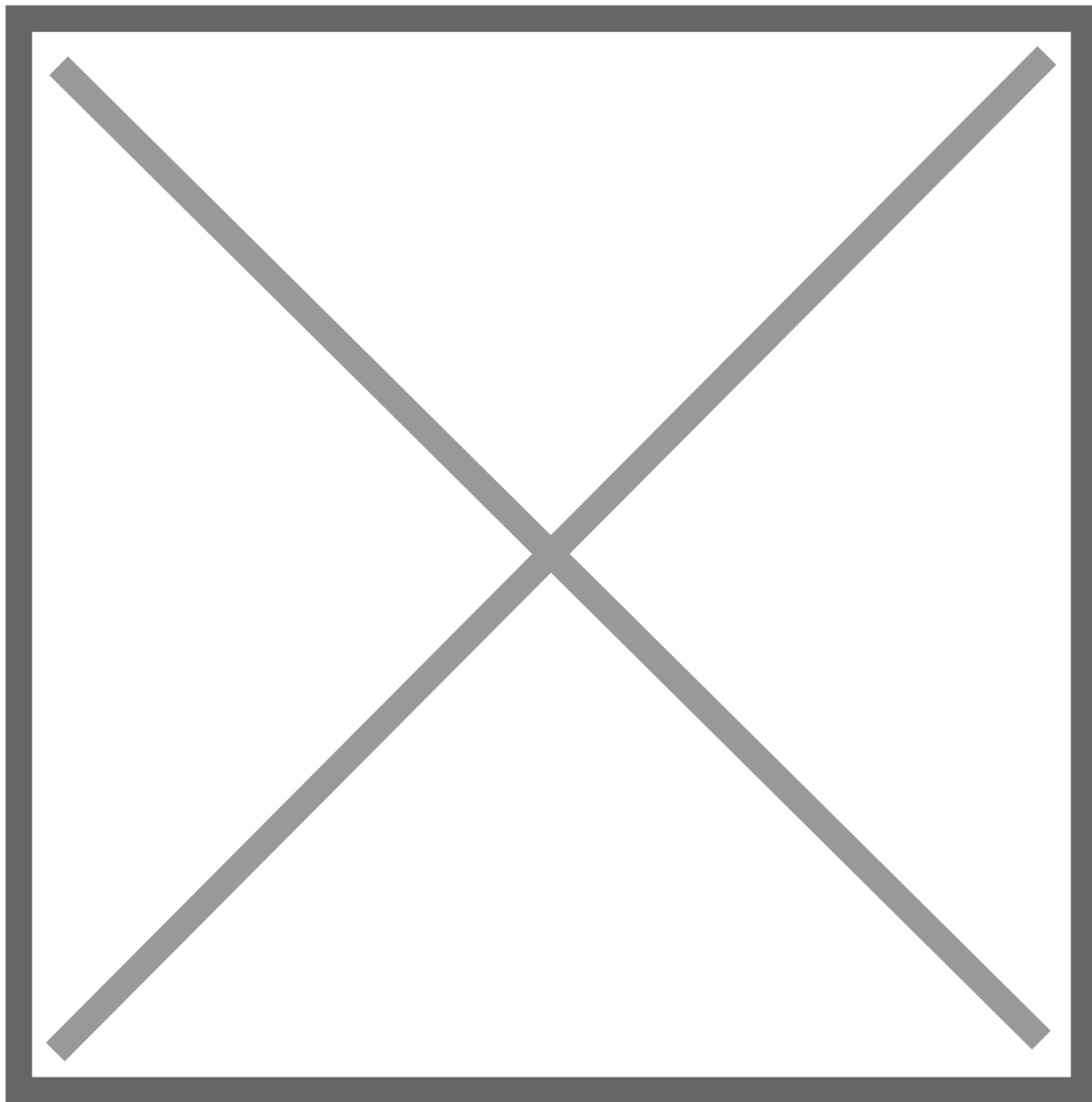
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DuÅ¡evnÄ½ zdravÄ½ Ä½ stavy deprese

DÄ½ ti, 2021



**PokrytÄ½
oblast:**

NÄ½rodnÄ½

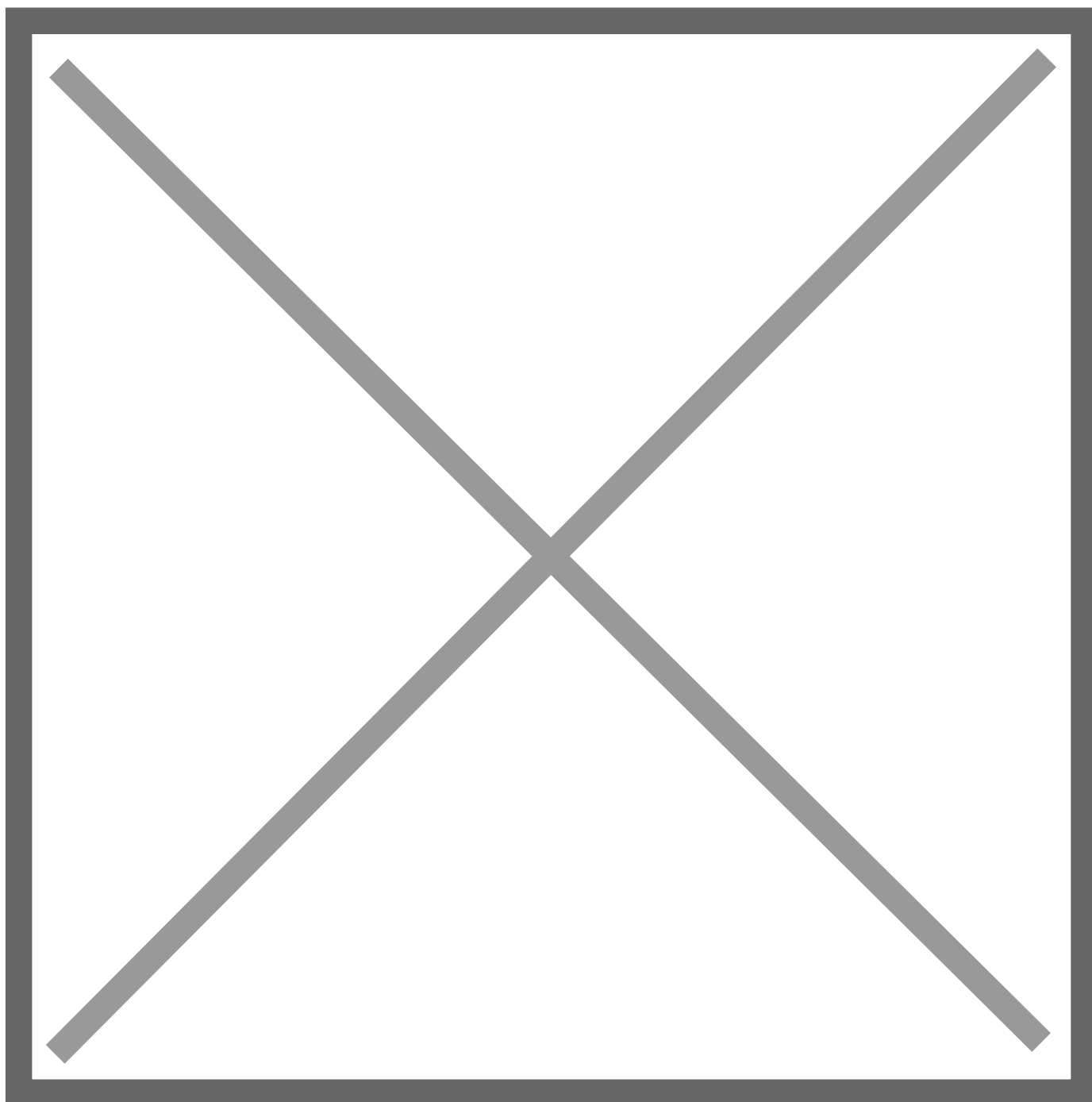
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
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Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021



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Národní

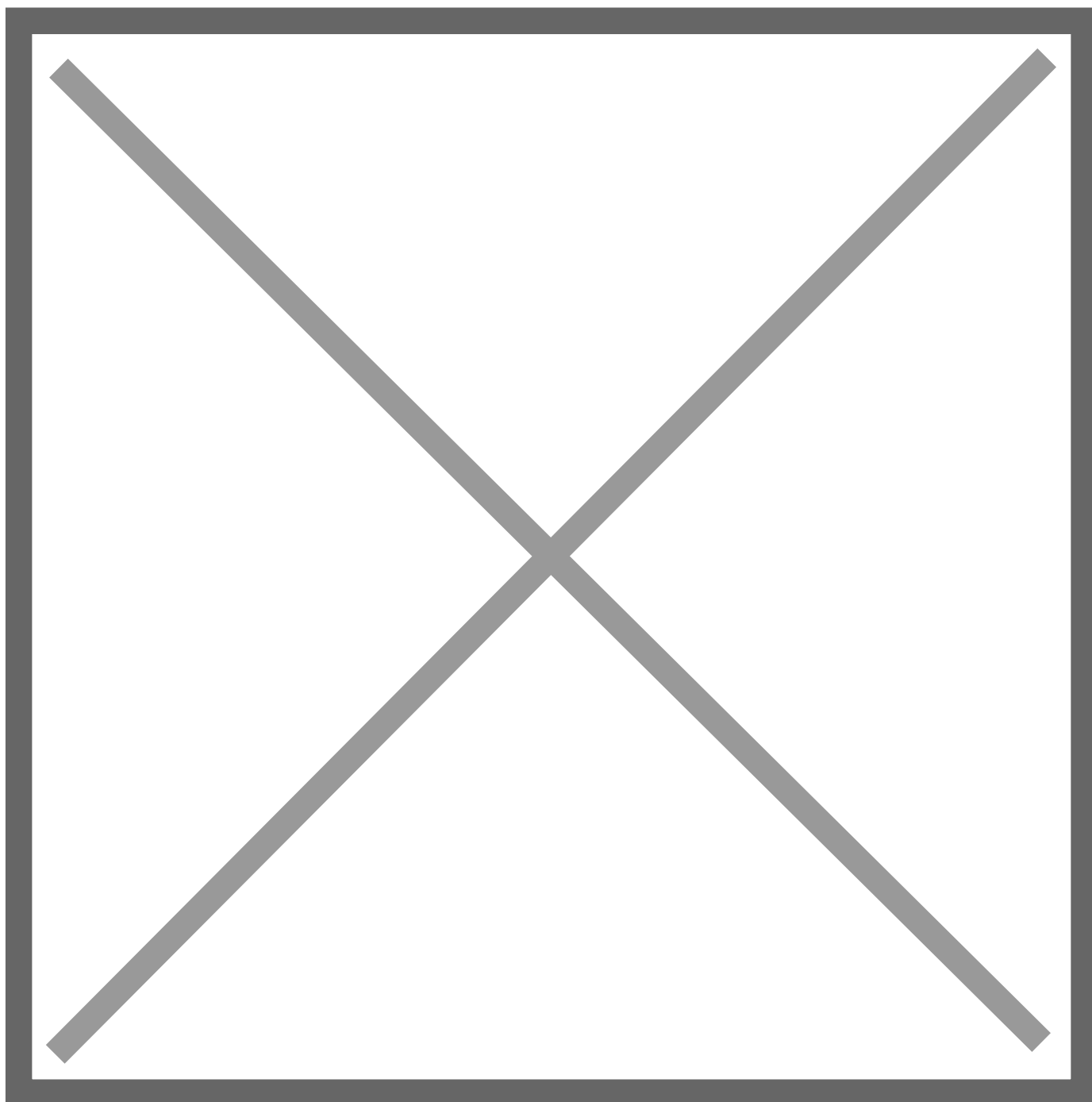
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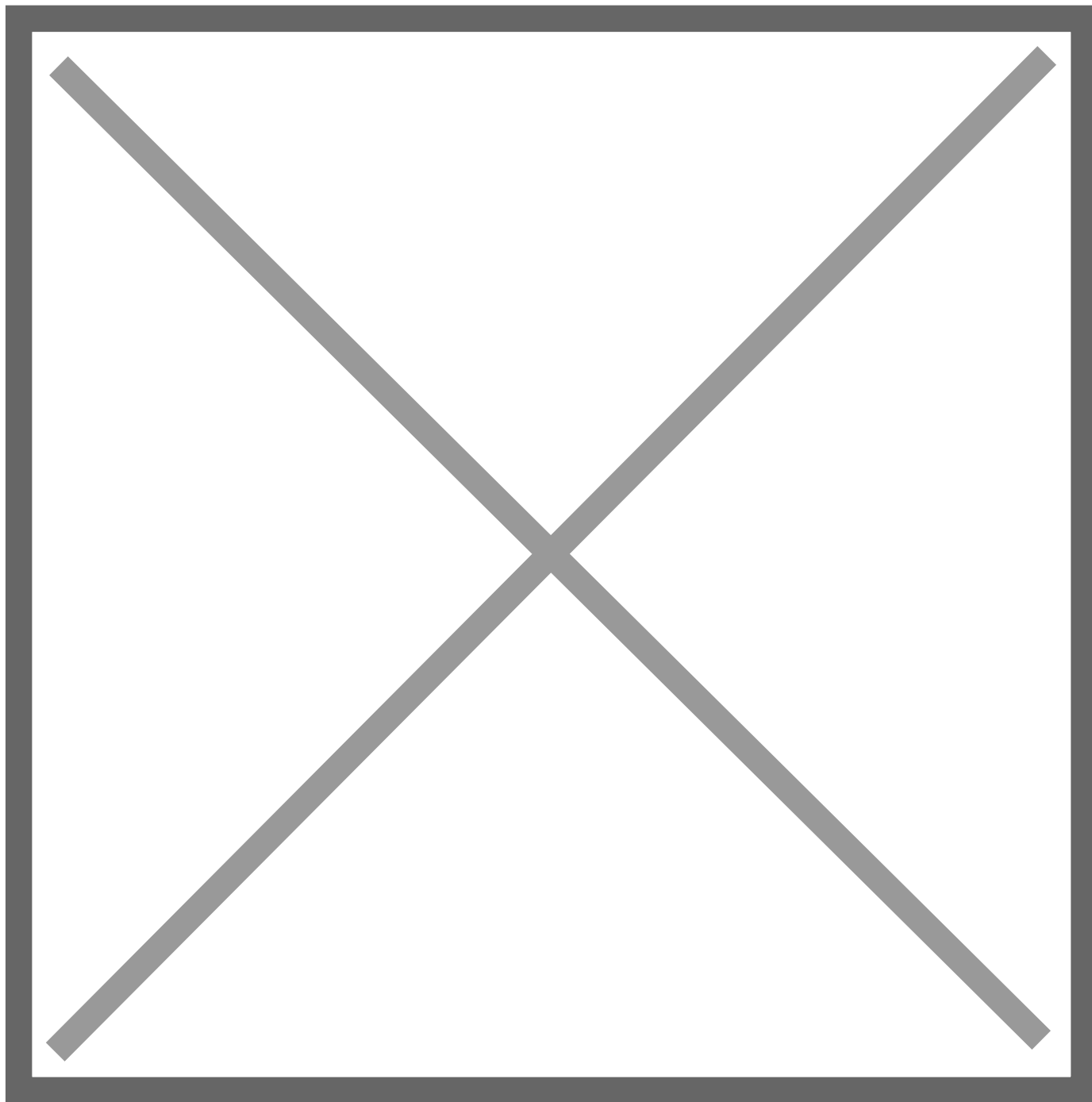
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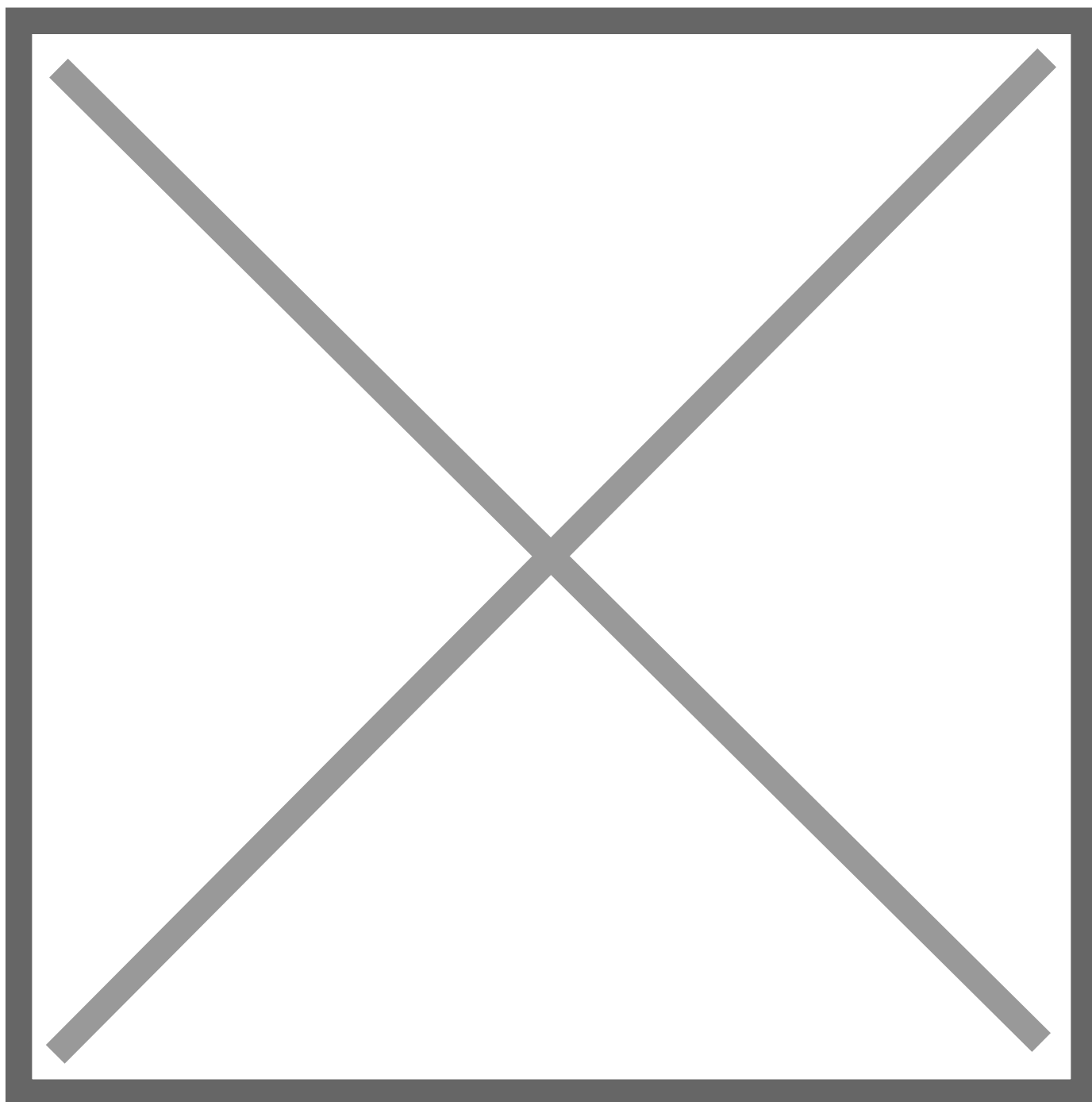
DuÅ¡evnÅ¡ zdravÅ¡ aĽ stavu Åºzkosti

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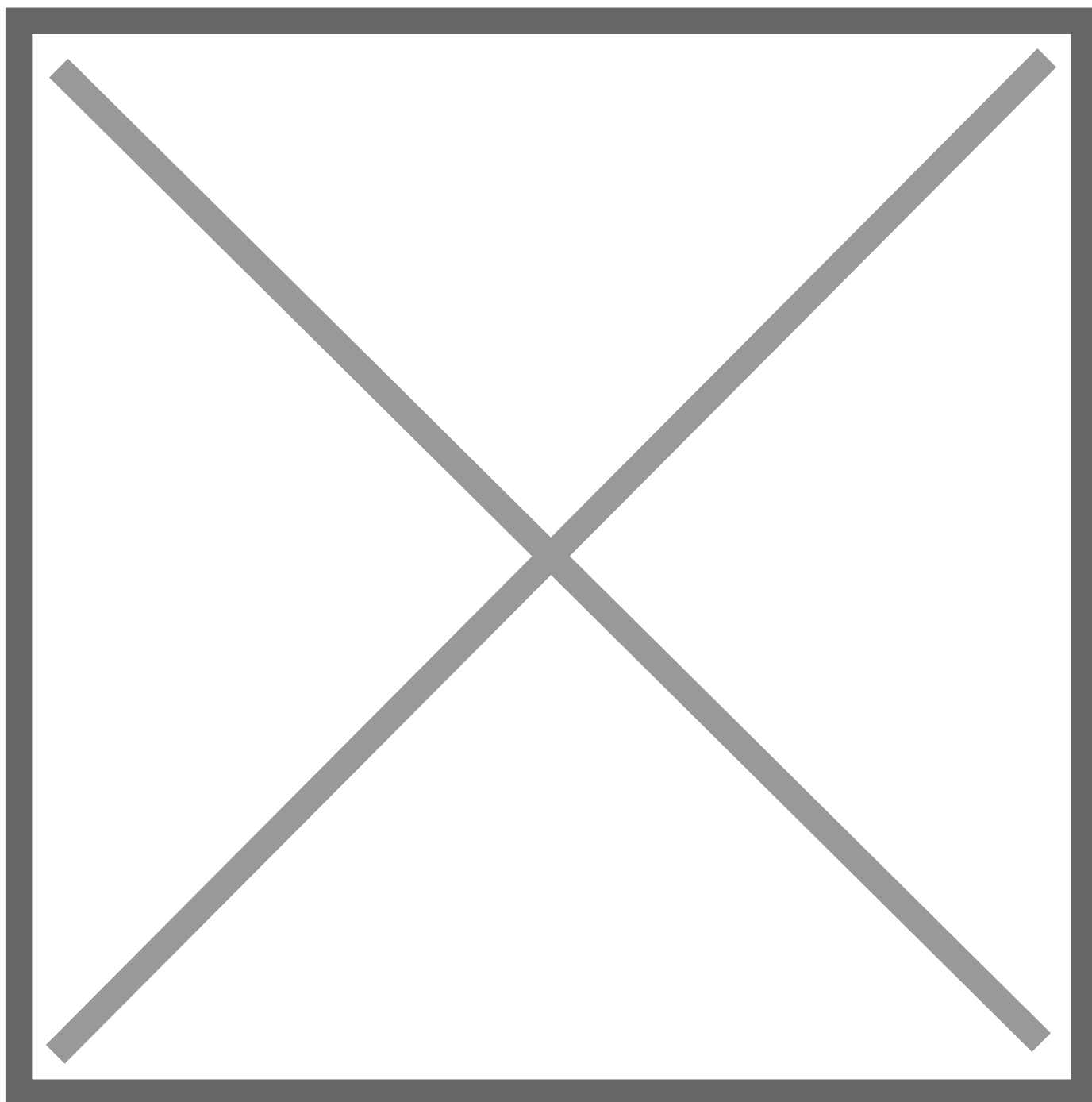
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