



# SZO âllameriÂjka regija

## Regional report card - children

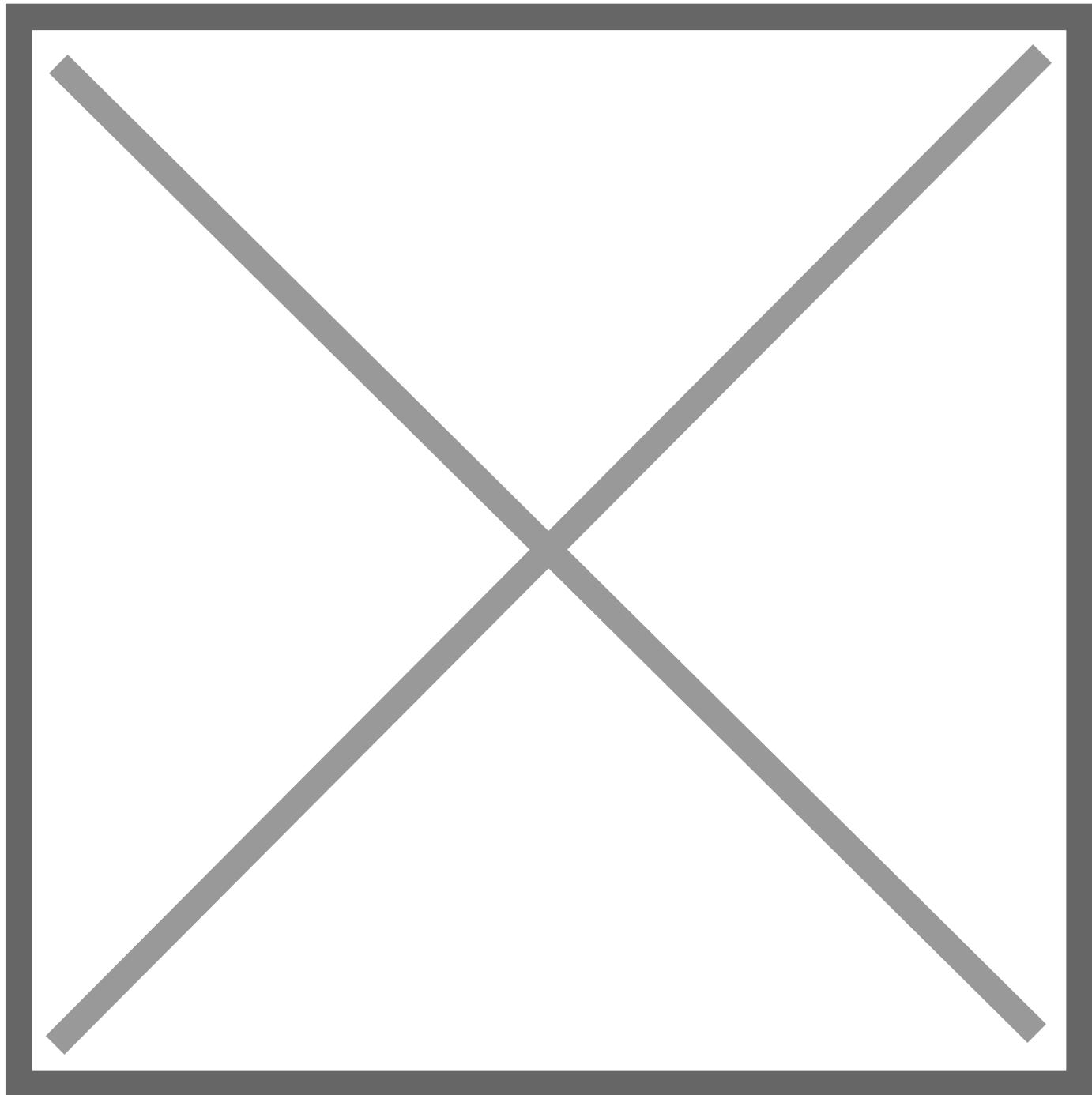
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-americas-region-3/>



## RazÅ¡irjenost debelosti

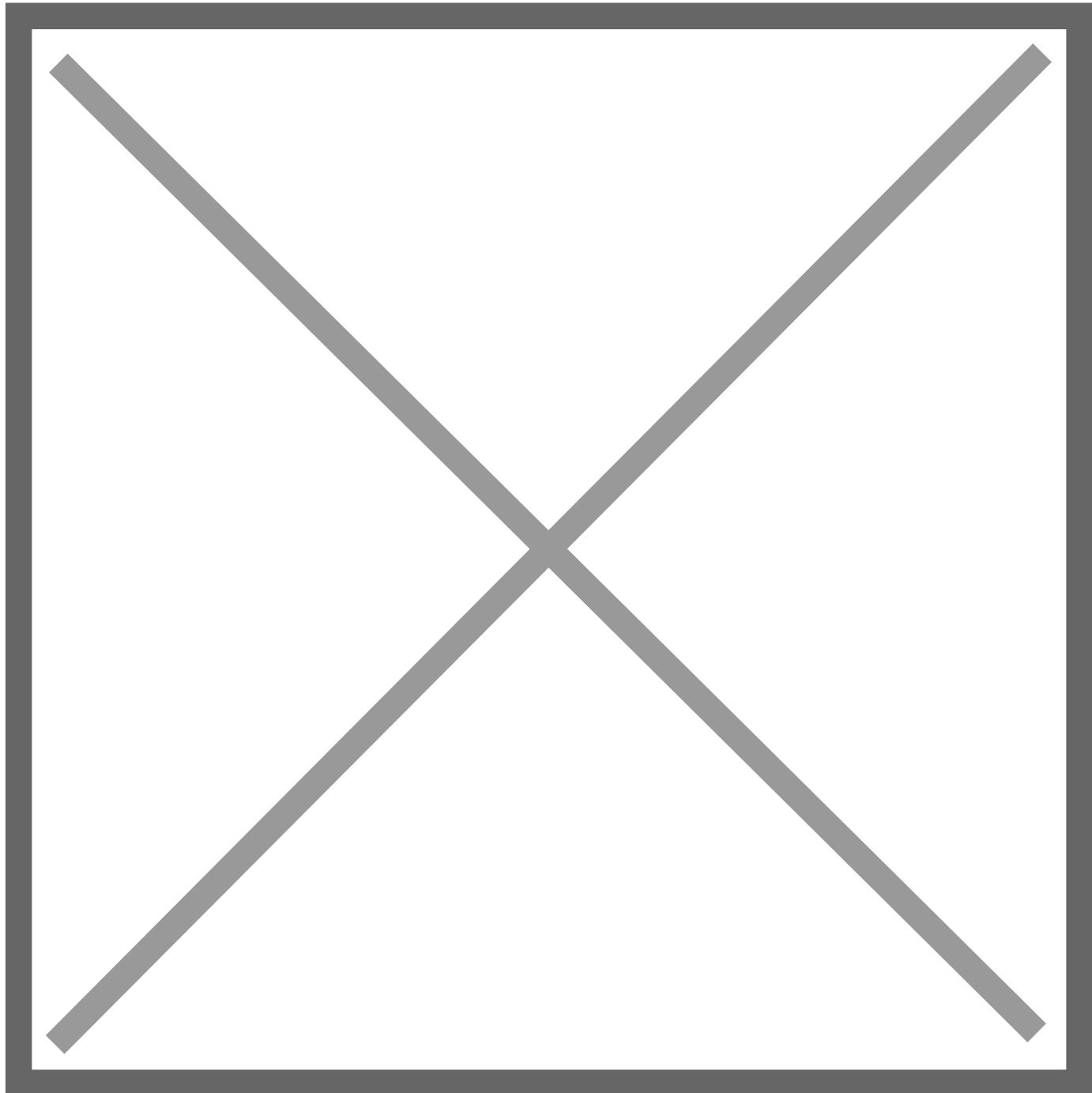
### Otroci

**Vrsta ankete:**

Countries marked with a \* are using self-reported data.

**Opombe (na voljo samo v angleščini):**

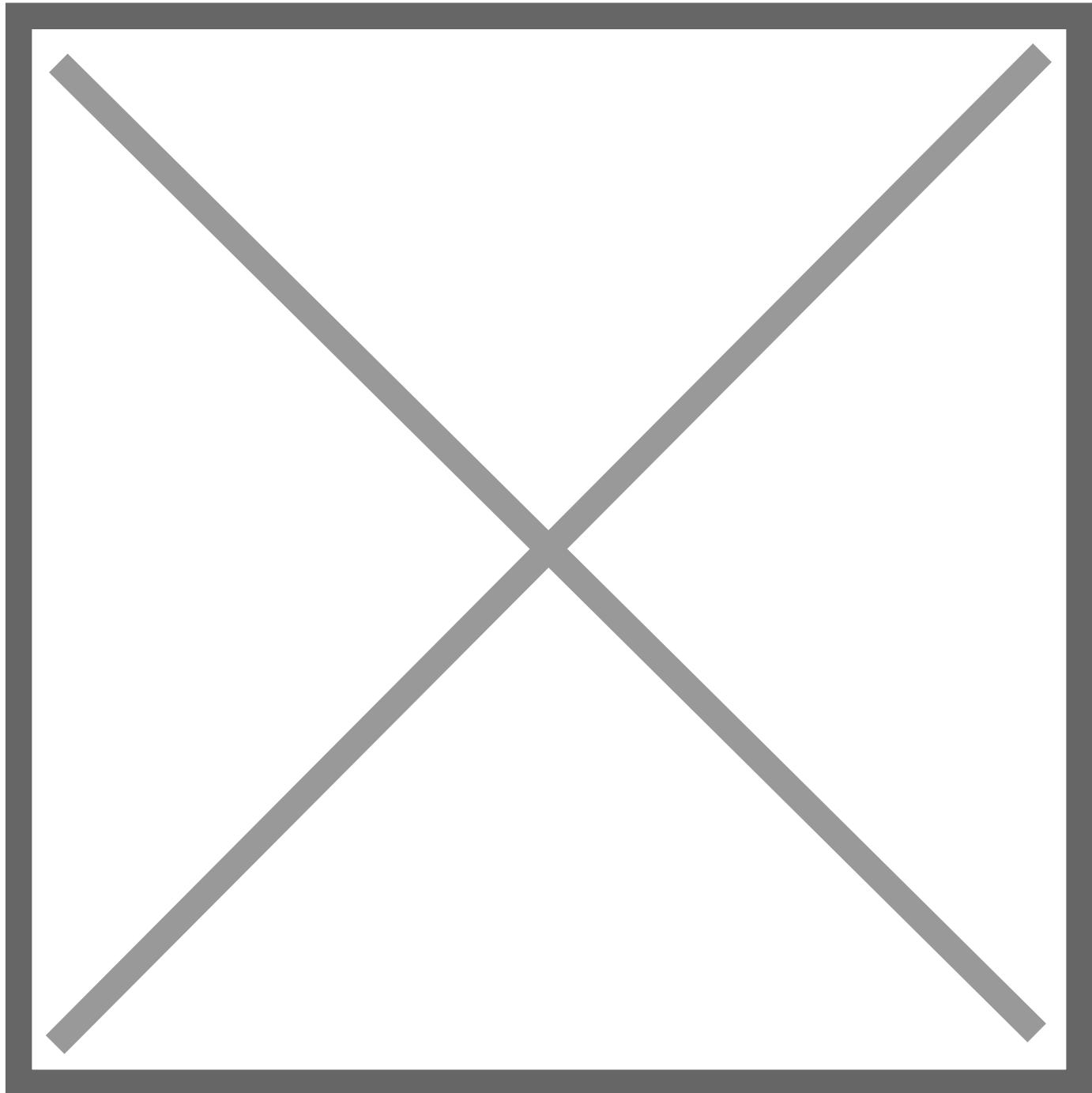
Different methodologies have been used to collect this data and so it is not strictly comparable.

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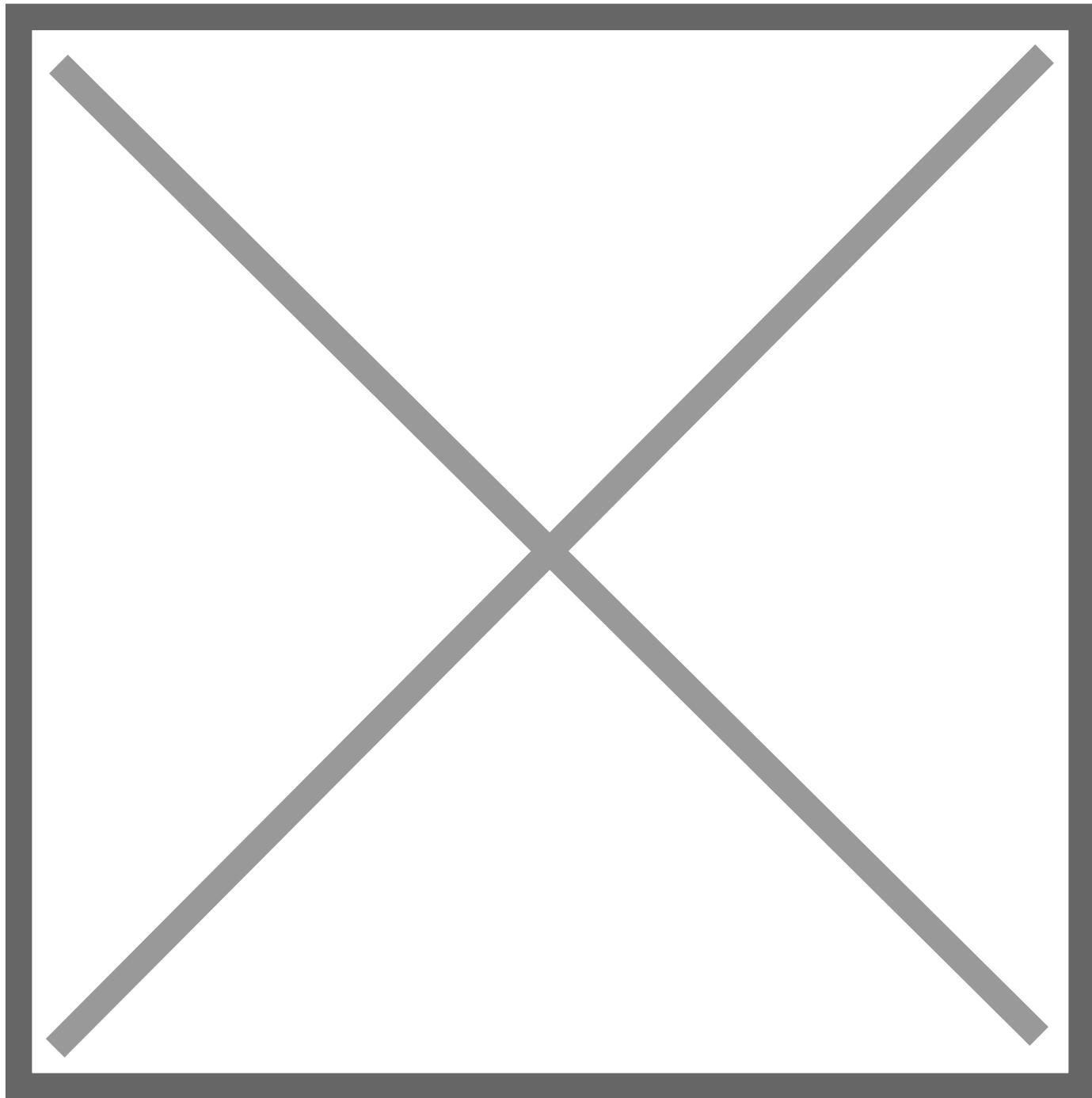
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Countries marked with a \* are using self-reported data.

**Opombe (na voljo samo v angleščini):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

**Nezadostna aktivnost****Otroci, 2016****Vrsta ankete:**

Samoprijavljeni

**Starost:**

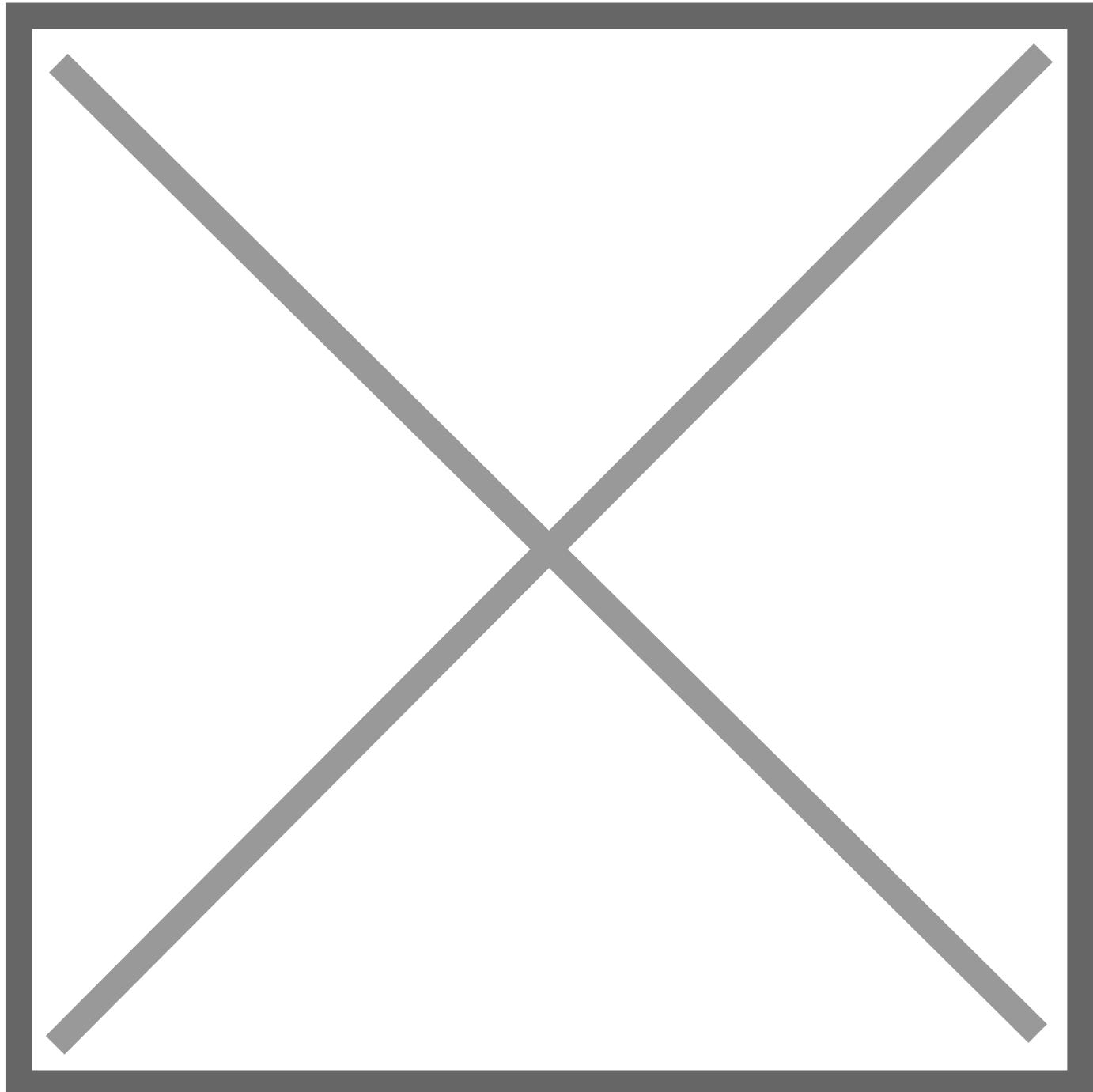
11-17

**Literatura:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Opombe (na voljo samo v angleščini):** % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na voljo samo v angleščini):** % Adolescents insufficiently active (age standardised estimate)

**DeÄki, 2016****Vrsta ankete:**

Samoprijavljeni

**Starost:**

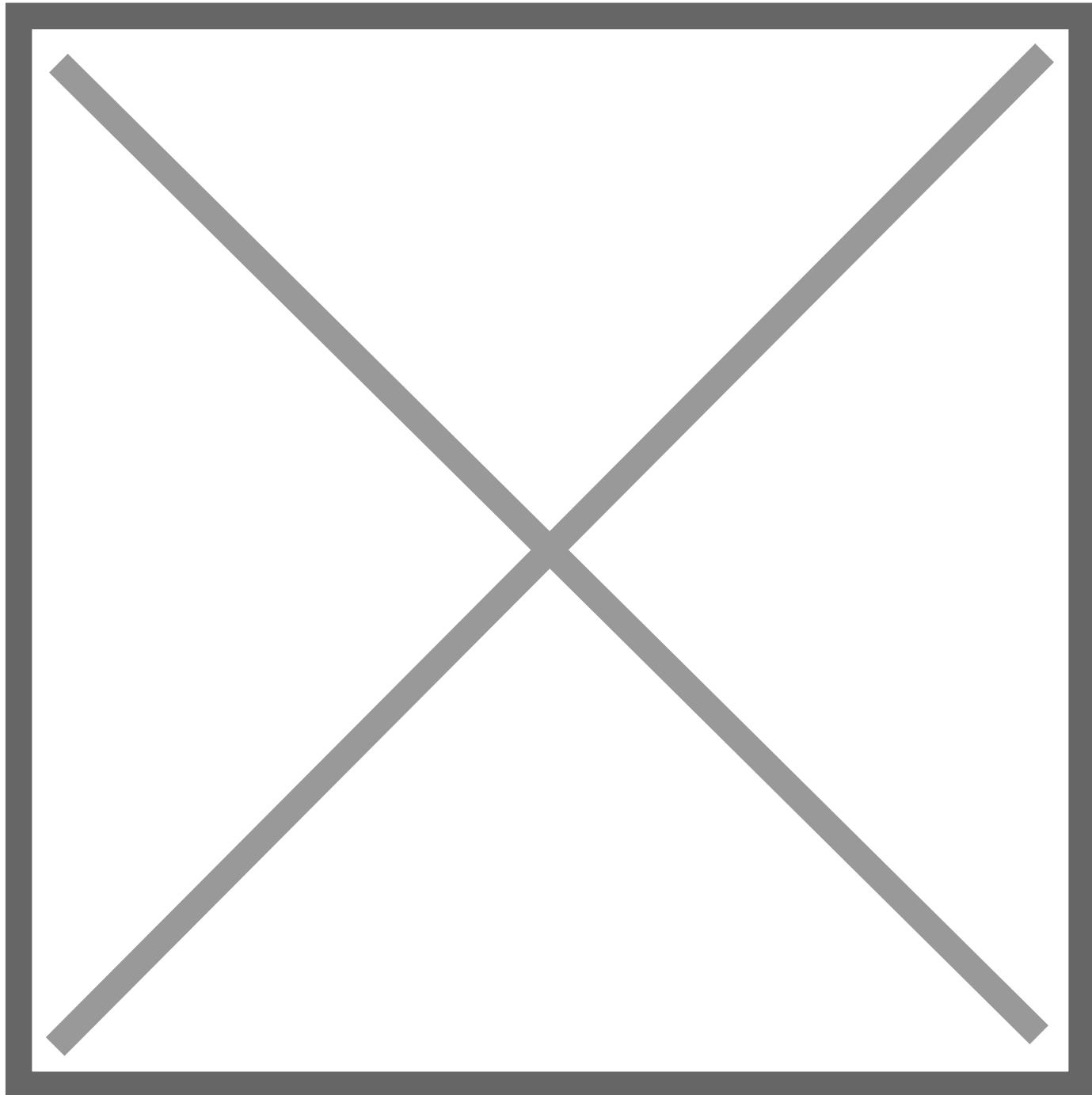
11-17

**Literatura:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

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**Deklice, 2016****Vrsta ankete:**

Samoprijavljeni

**Starost:**

11-17

**Literatura:**

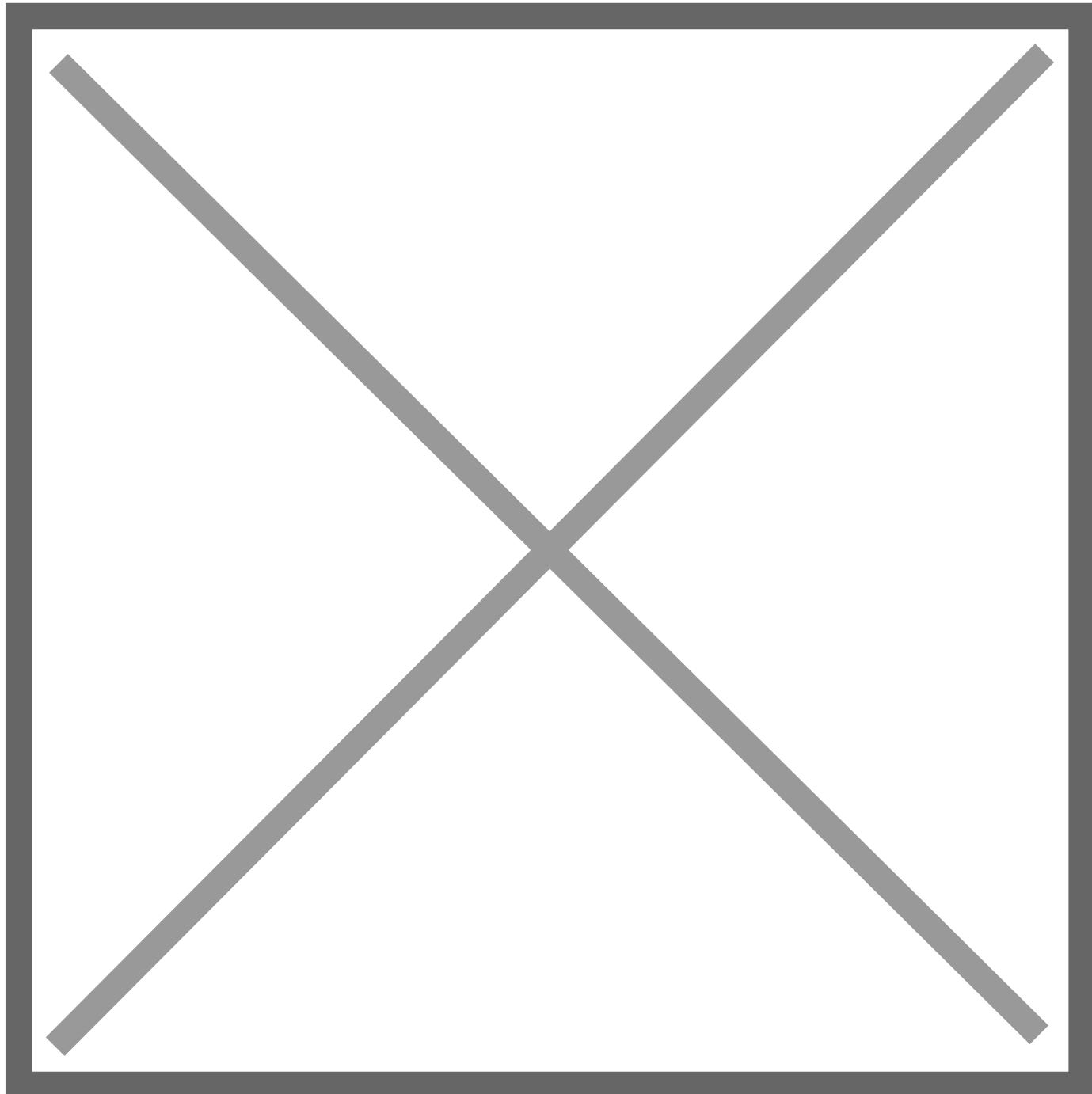
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**Definicije (na voljo samo v angleščini):** % Adolescents insufficiently active (age standardised estimate)

## Razširjenost najmanj dnevnega učivanja gaziranih brezalkoholnih pijskih

Dečki, 2021-2022



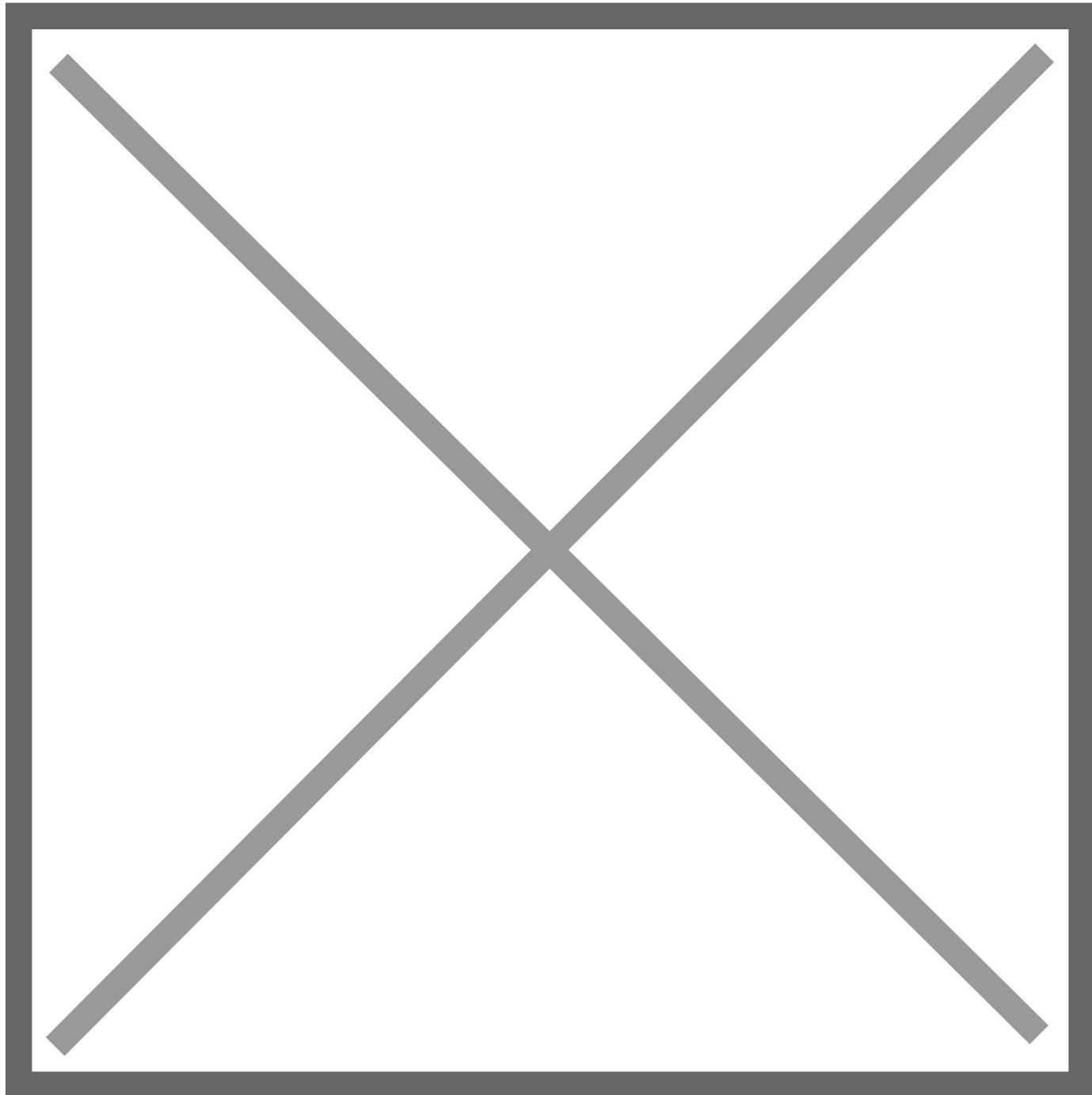
Zajeto območje:  
je:

Na državnini ravni

**Literatura:** Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org..>

**Definicije (na voljo samo v angleščini):**

Proportion who reported drinking sugary soft drinks daily (at least once)

**Deklice, 2021-2022****Zajeto območje:**  
 je:

Na državnini ravni

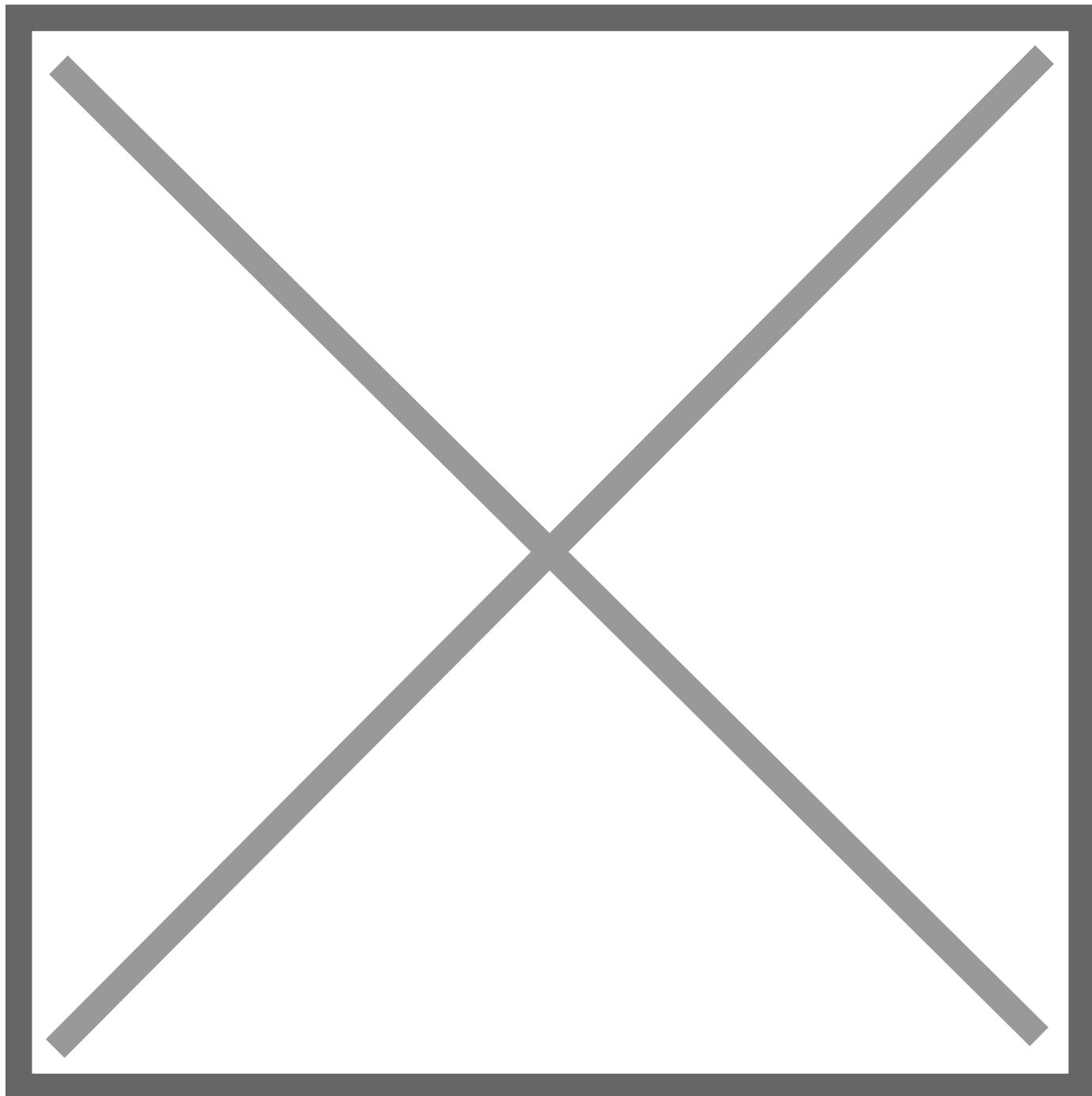
**Literatura:** Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org.>. Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org.>

**Definicije (na voljo samo v angleščini):**

Proportion who reported drinking sugary soft drinks daily (at least once)

## **Povprečje na dnevna pogostost učinkivanja gaziranih brezalkoholnih pijadi**

**Otroci, 2009-2015**



**Vrsta ankete:**

Izmerjeni

**Starost:**

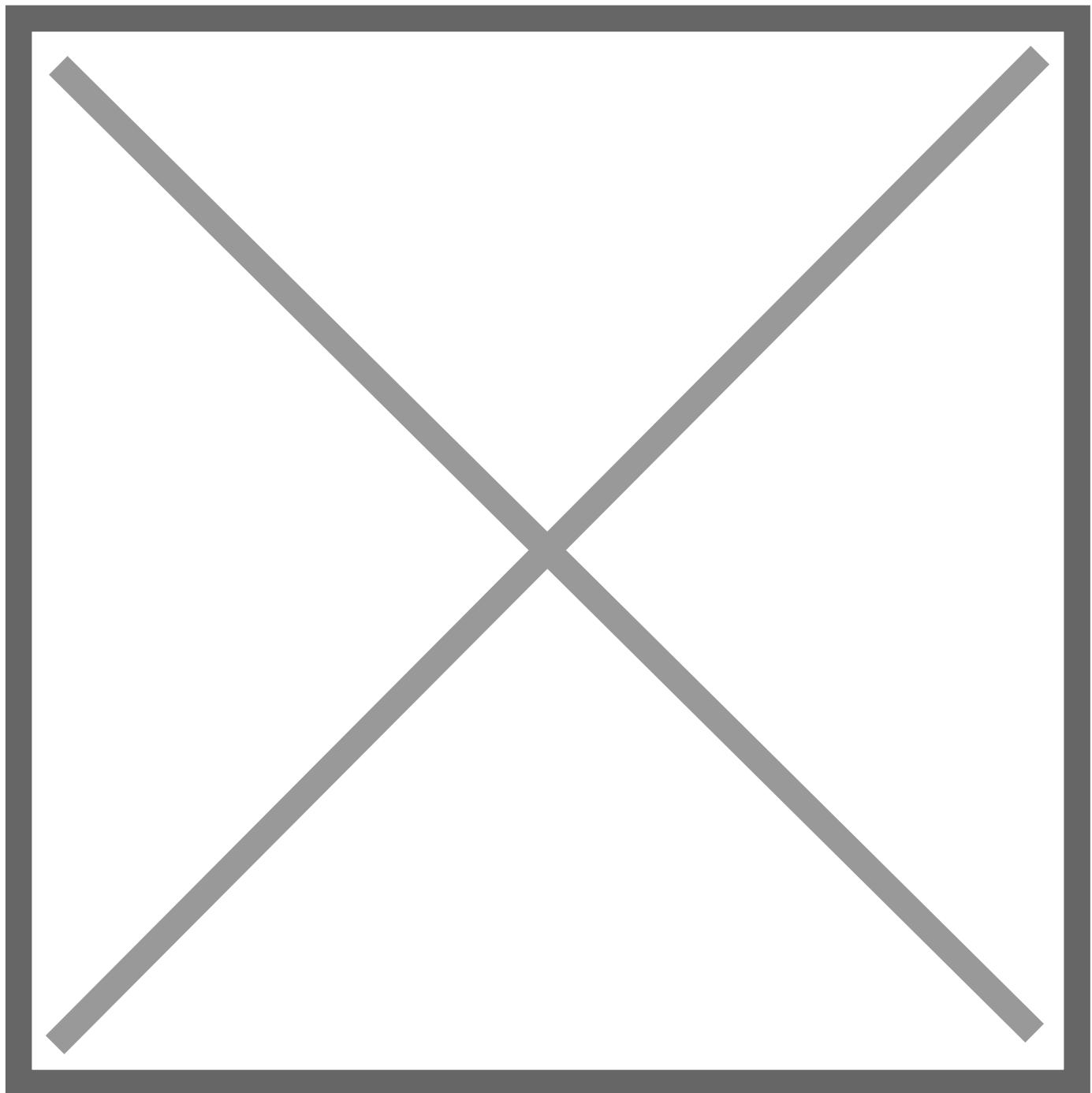
12-17

**Literatura:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

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## **Prevalence of less-than-daily fruit consumption**

**Otroci, 2009-2015**



**Vrsta ankete:**

Izmerjeni

**Starost:**

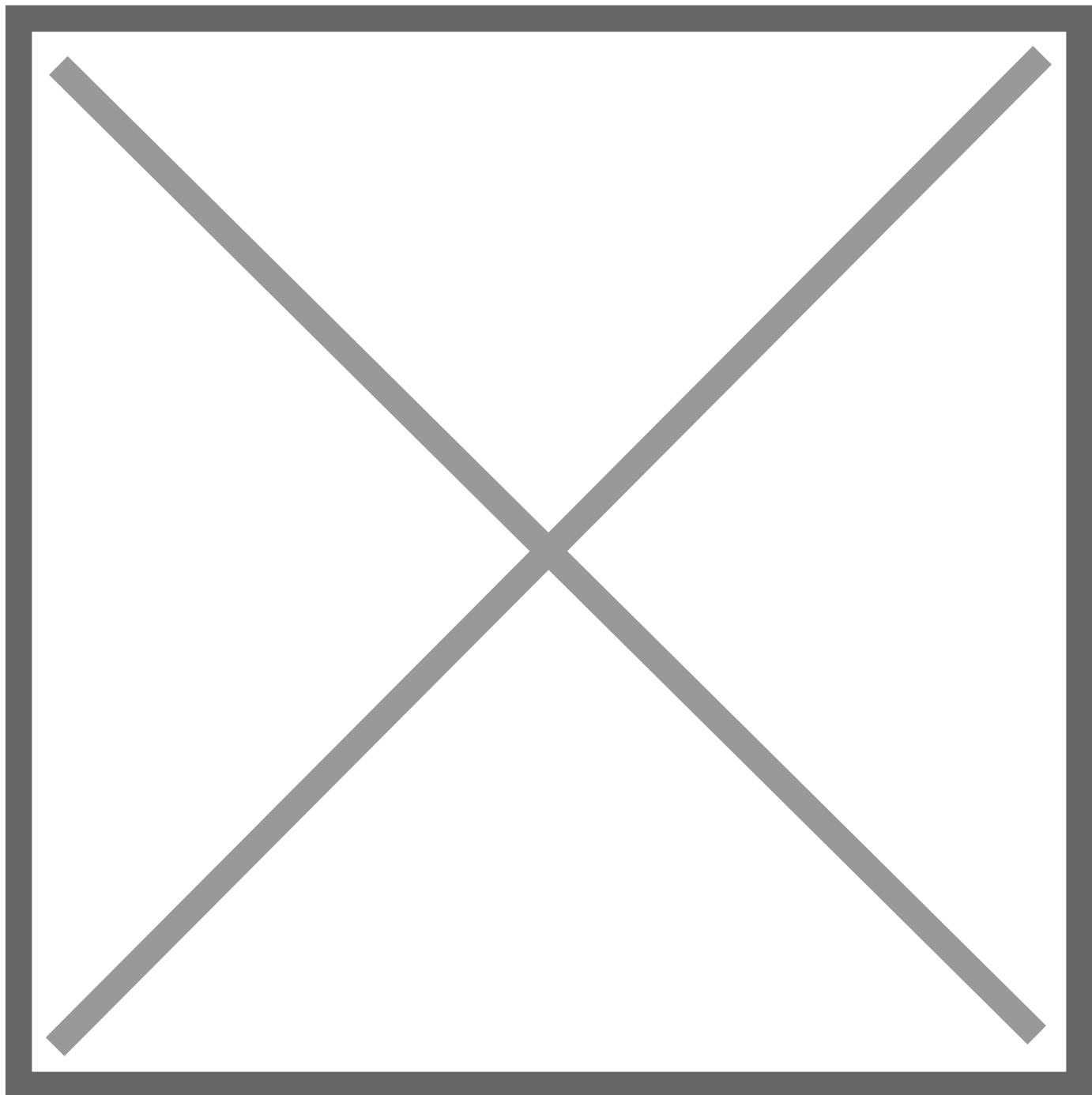
12-17

**Literatura:**

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije (na voljo samo v angleščini):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

**Prevalence of less-than-daily vegetable consumption****Otroci, 2009-2015****Vrsta ankete:**

Izmerjeni

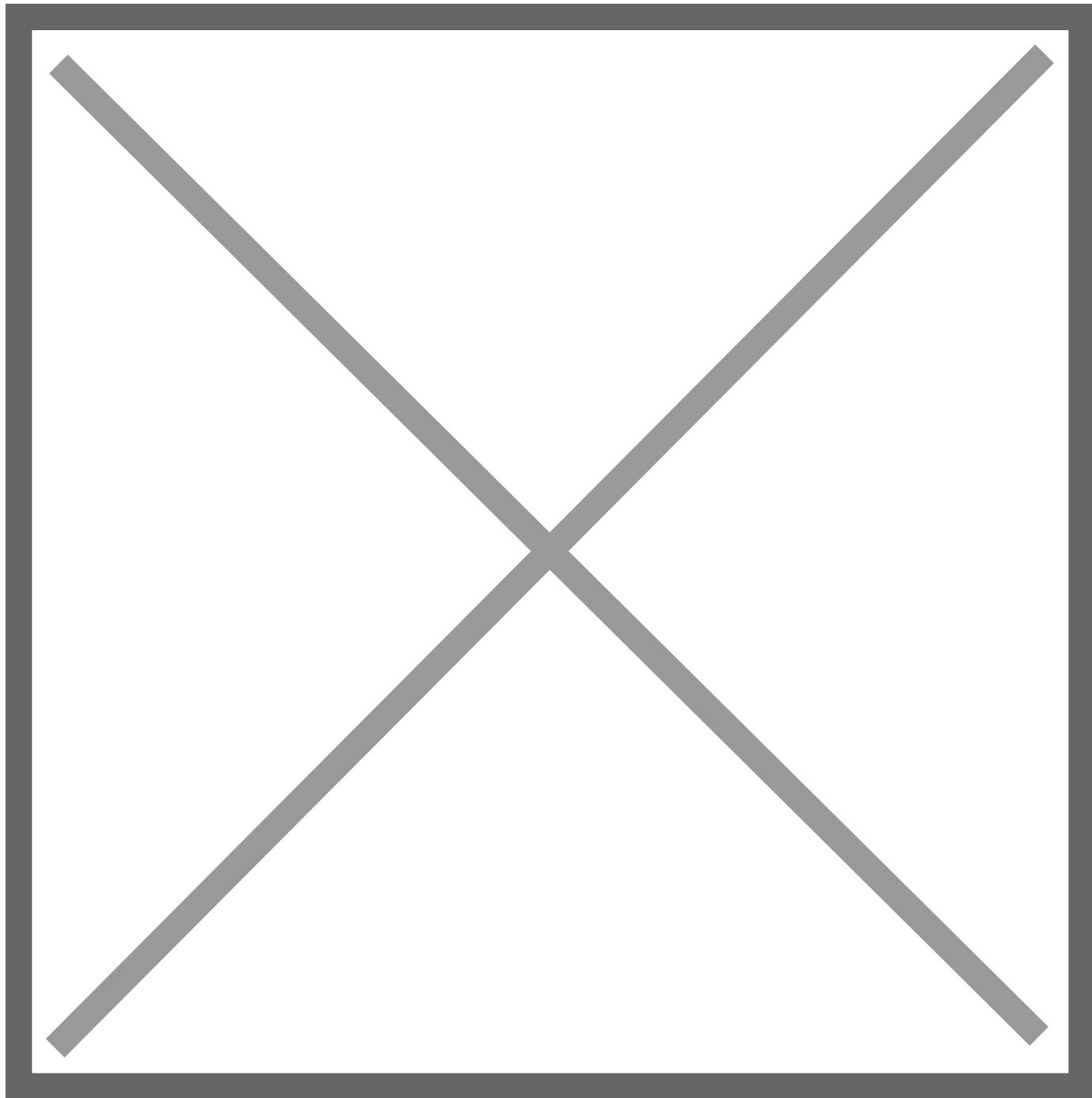
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**Literatura:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije (na voljo samo v angleščini):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

**Povprečje na tedenska pogostost učenja ivanja hitre hrane****Otroci, 2009-2015****Starost:**

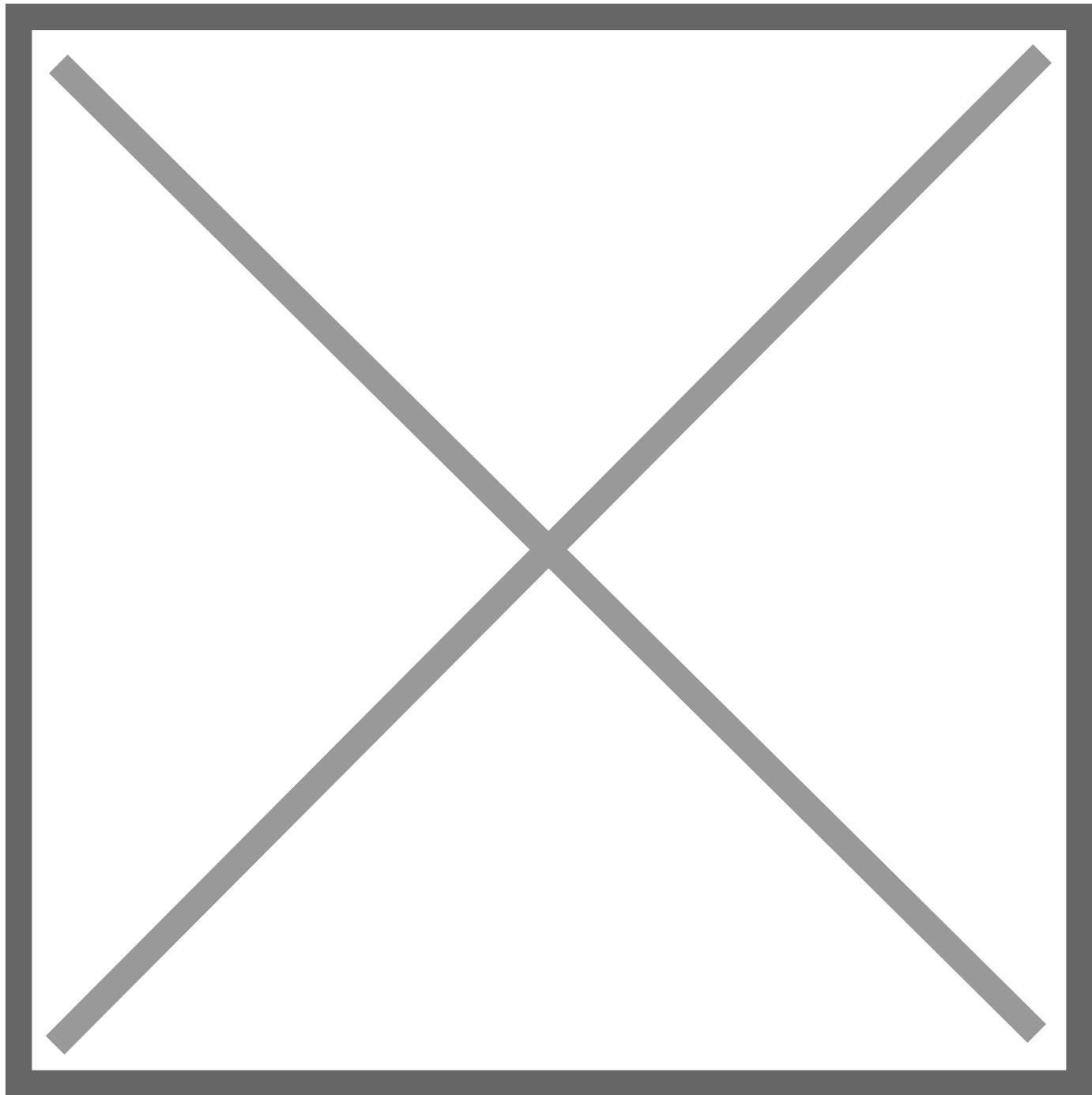
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**Literatura:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A

meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard<http://www.foodsystemsdashboard.org/food-system>

**DuÅ¡evno zdravje â‰  depresivne motnje****Otroci, 2021****Zajeto obmoË  
â‰  je:**

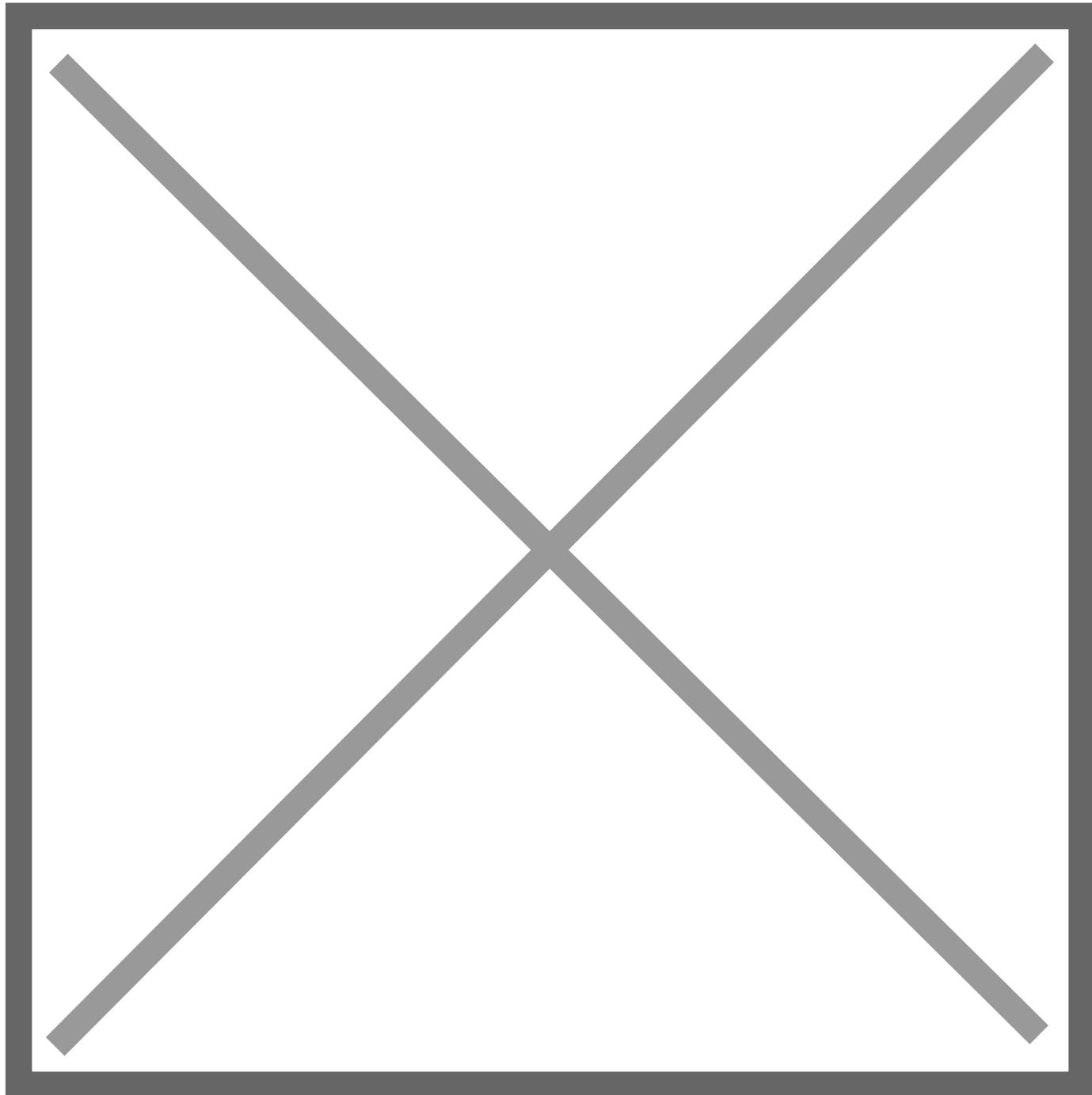
Na drâ¾avni ravni

**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije (na voljo samo v angleščini):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

**DeÄki, 2021**

Zajeto obmoÄje:

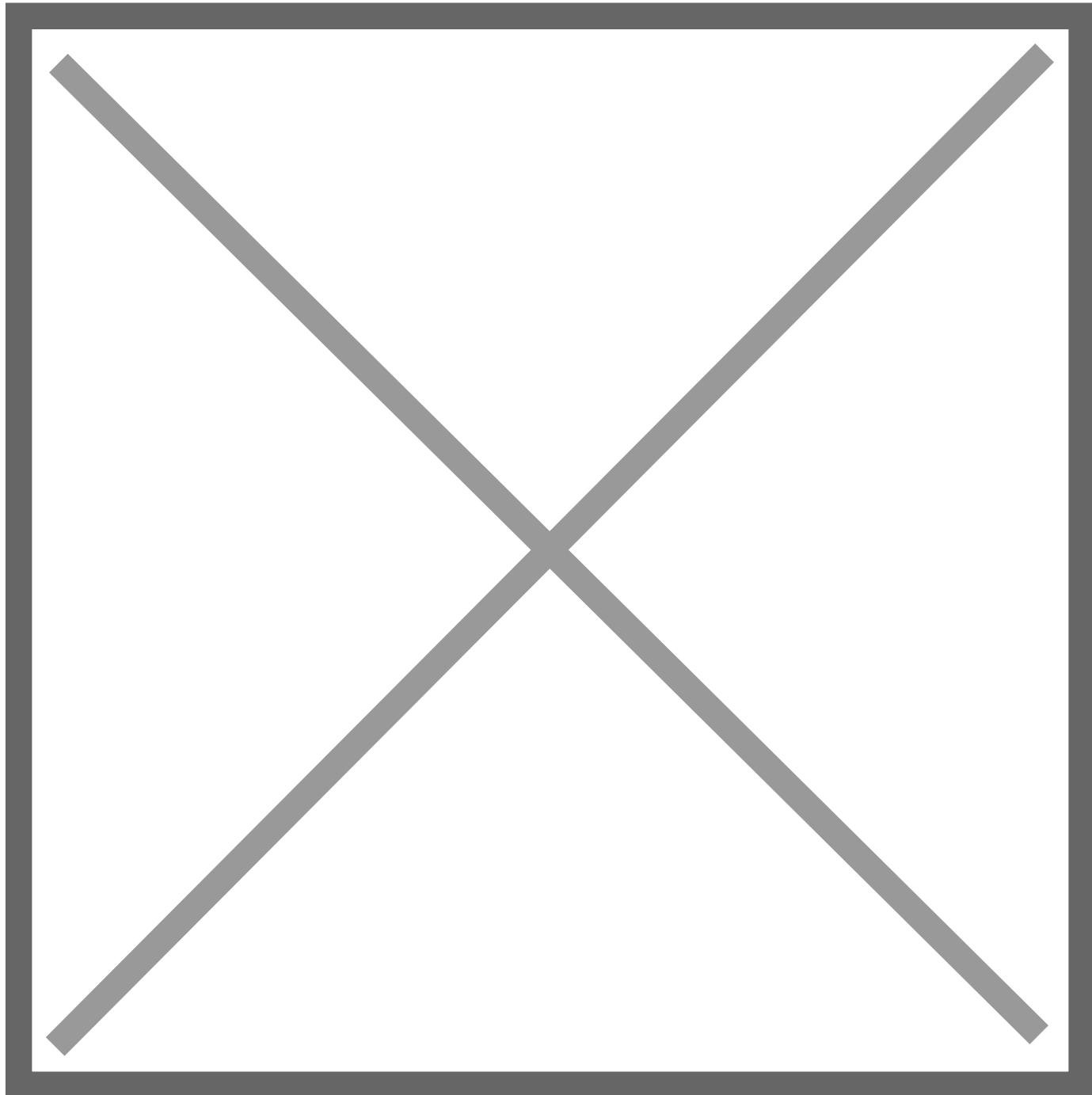
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**Deklice, 2021**

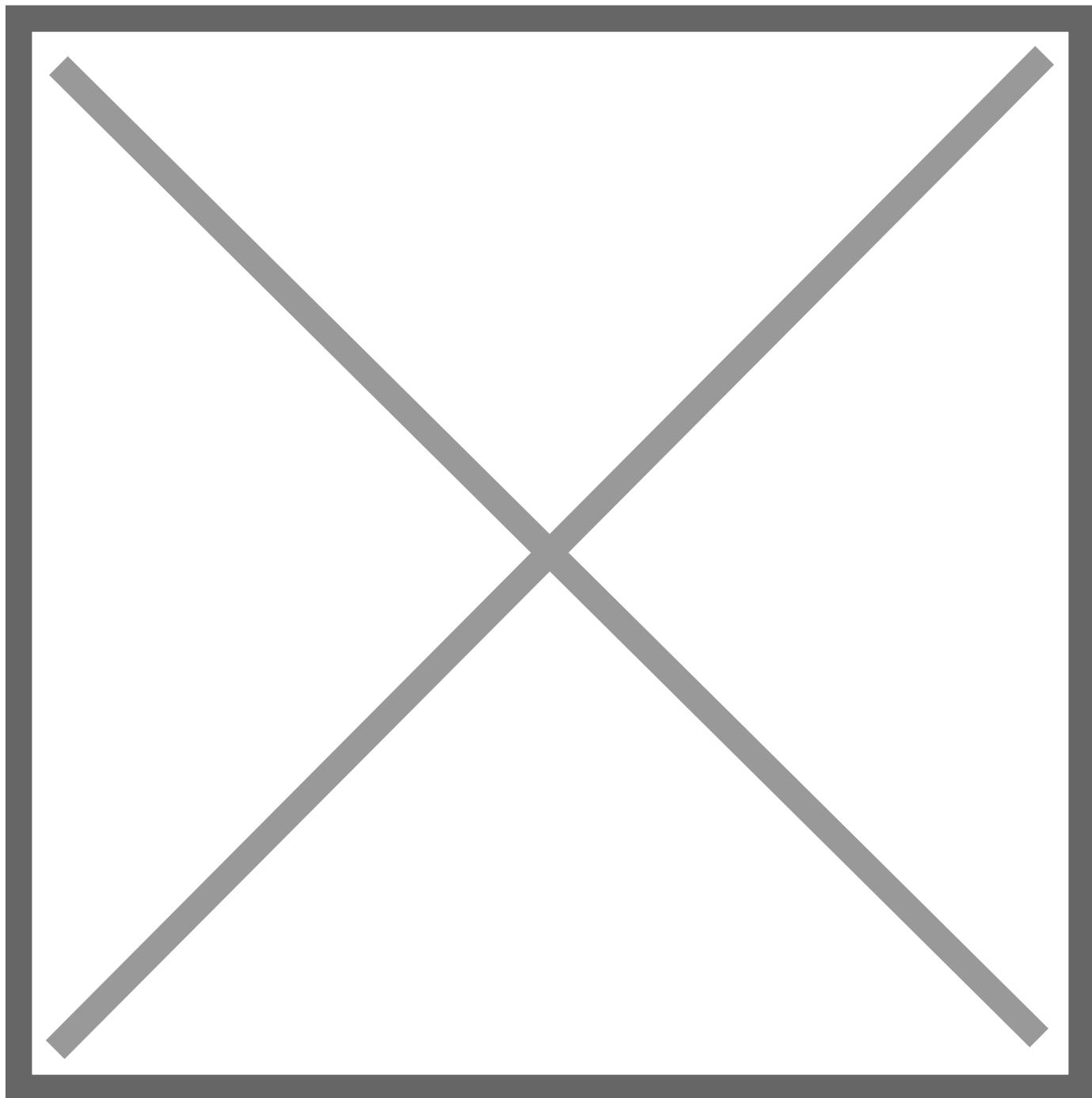
**Zajeto območje:**  
 je:

Na državnini ravni

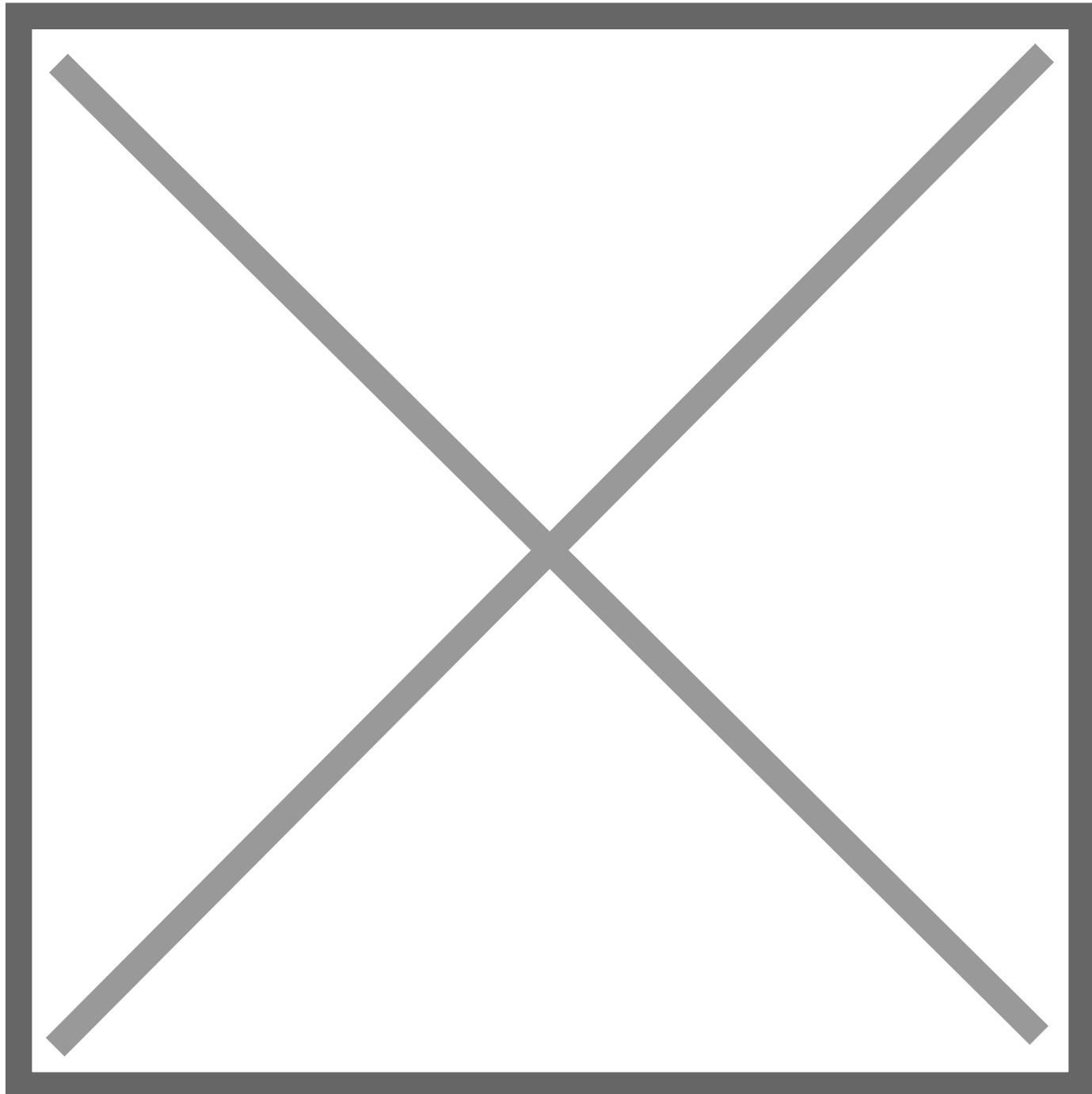
**Literatura:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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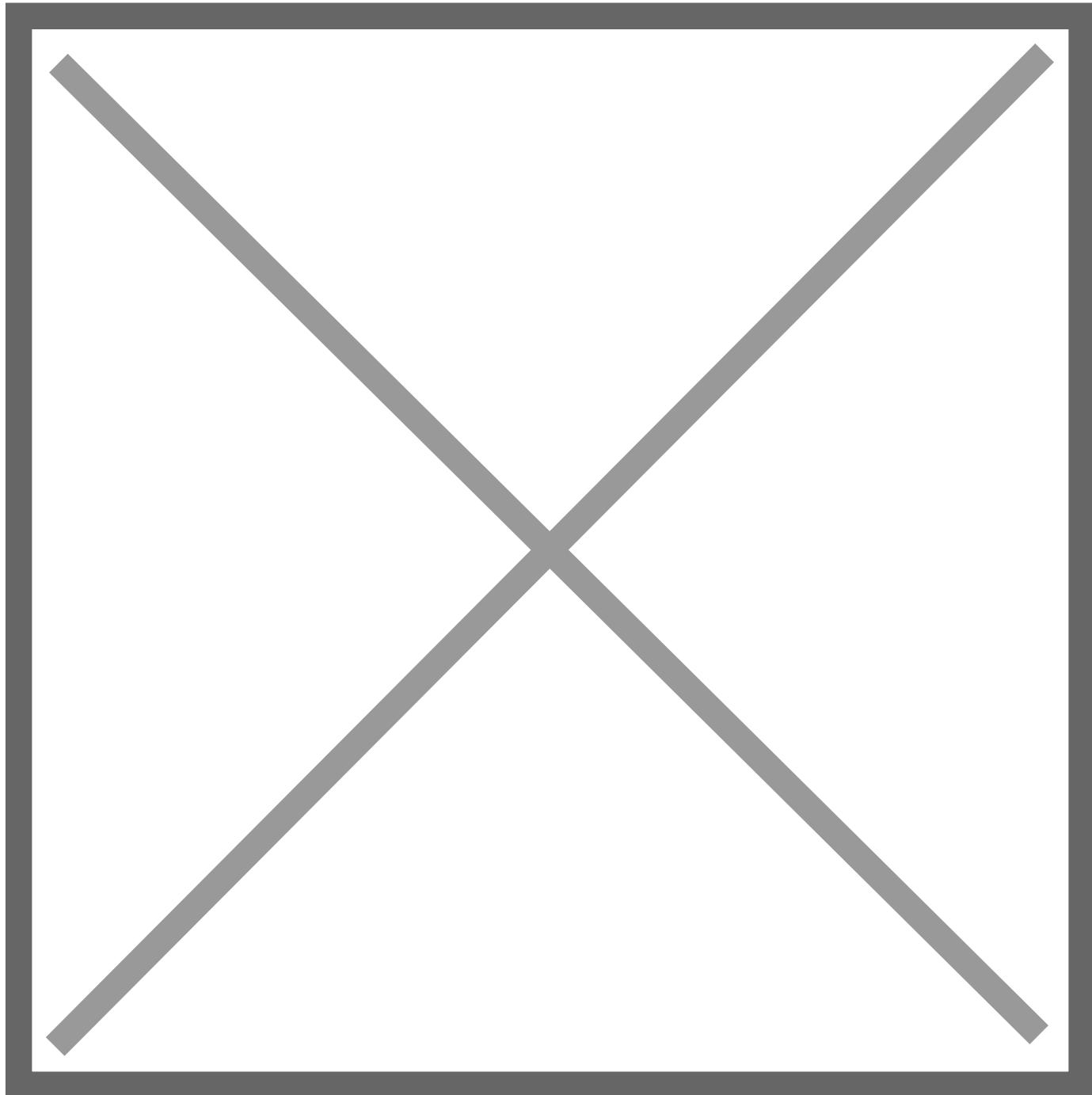
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