



WHO-Region Amerikas

Regional report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-amerikas-region-3/>.

Adipositasprävalenz

Kinder



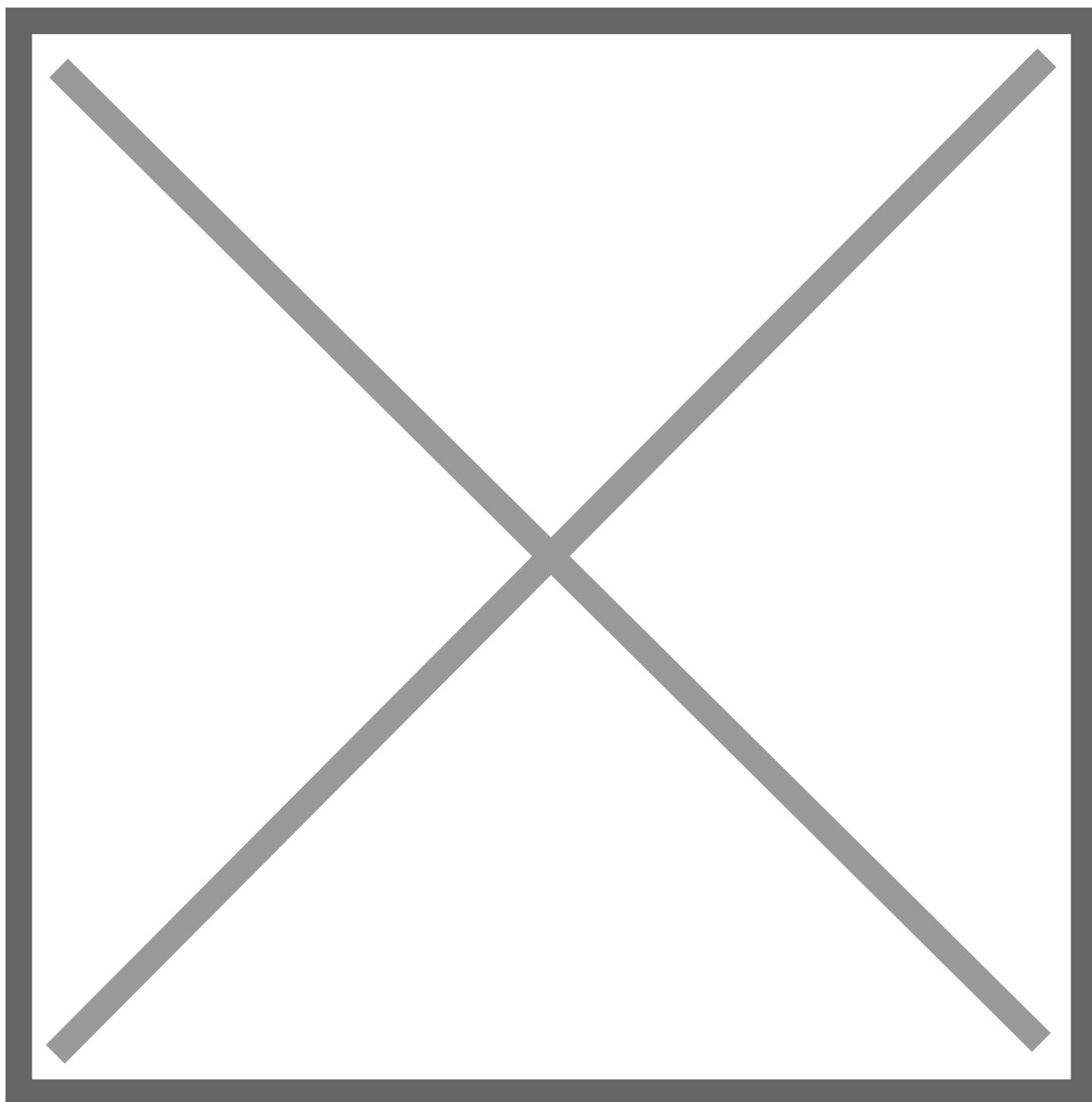
Umfragetyp:

Countries marked with a * are using self-reported data.

**Anmerkungen
(nur in
englischer
Sprache
verfügbar):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

Jungen



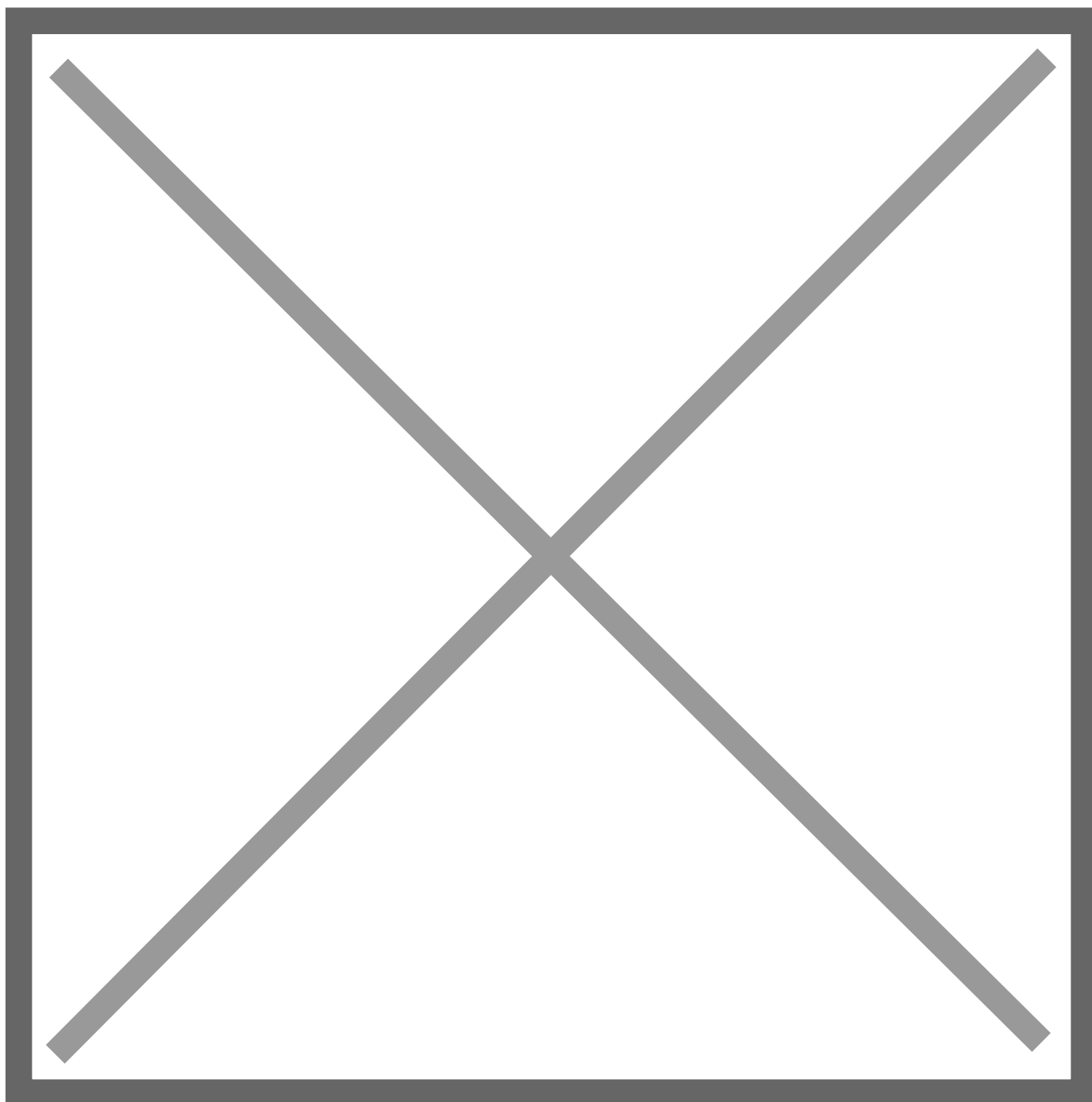
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Mädchen



Umfragetyp:

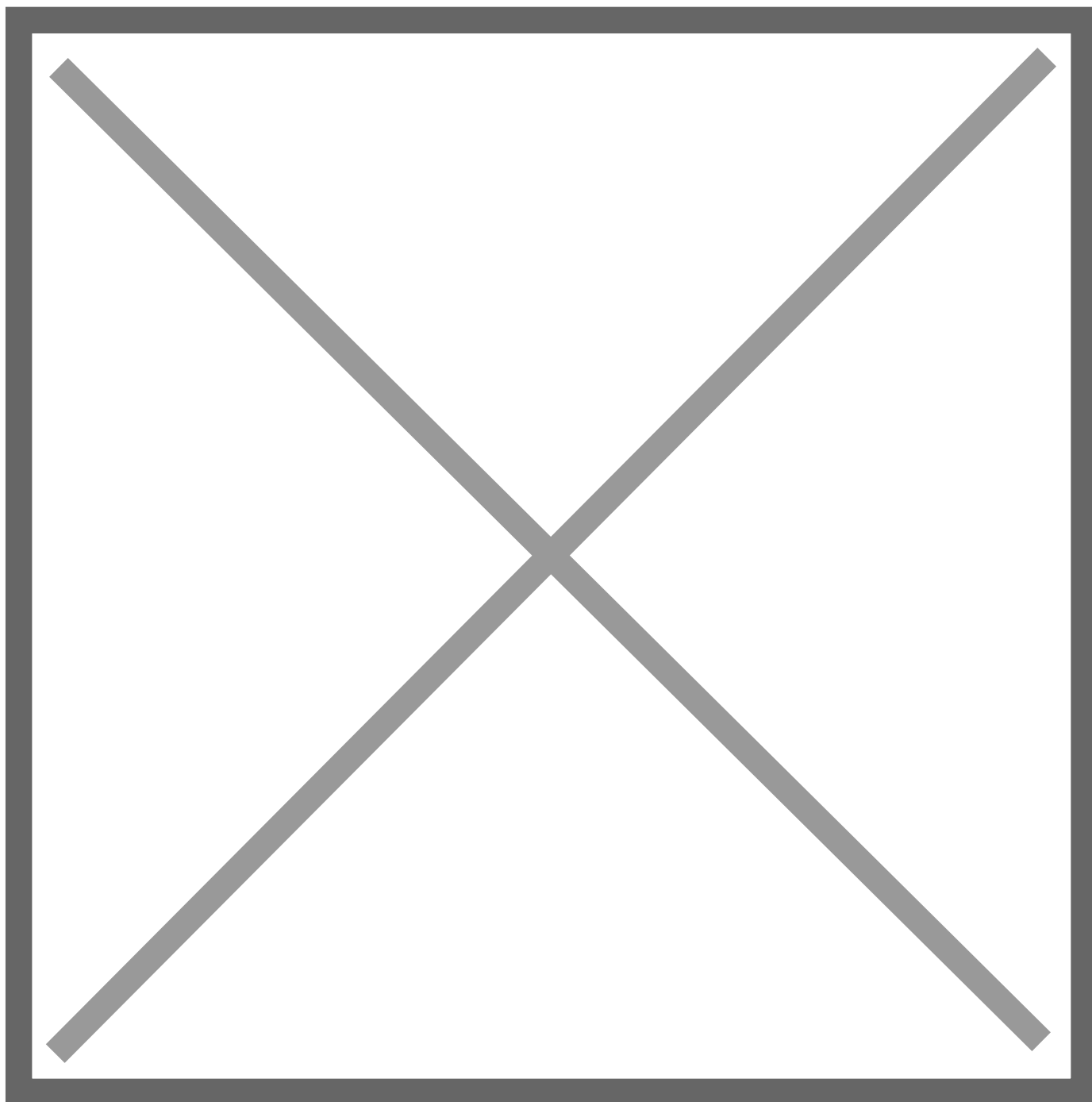
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Unzureichende Aktivität

Kinder, 2016



Umfragetyp:

Selbst berichtet

Alter:

11-17

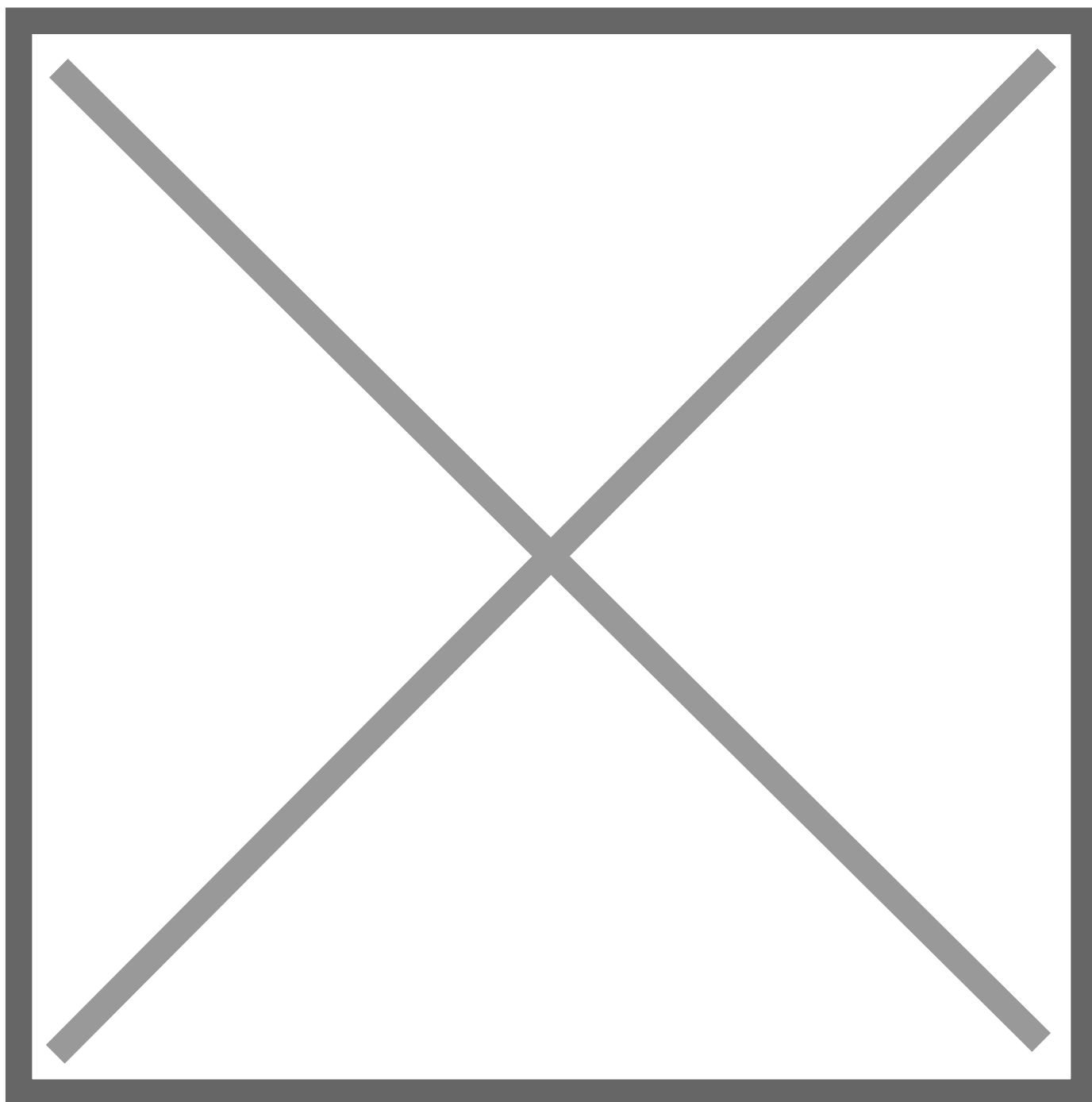
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Anmerkungen % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
(nur in
englischer
Sprache
verf  gbar):

Definitionen % Adolescents insufficiently active (age standardised estimate)
(nur in
englischer
Sprache
verf  gbar):

Jungen, 2016



Umfragetyp:

Selbst berichtet

Alter:

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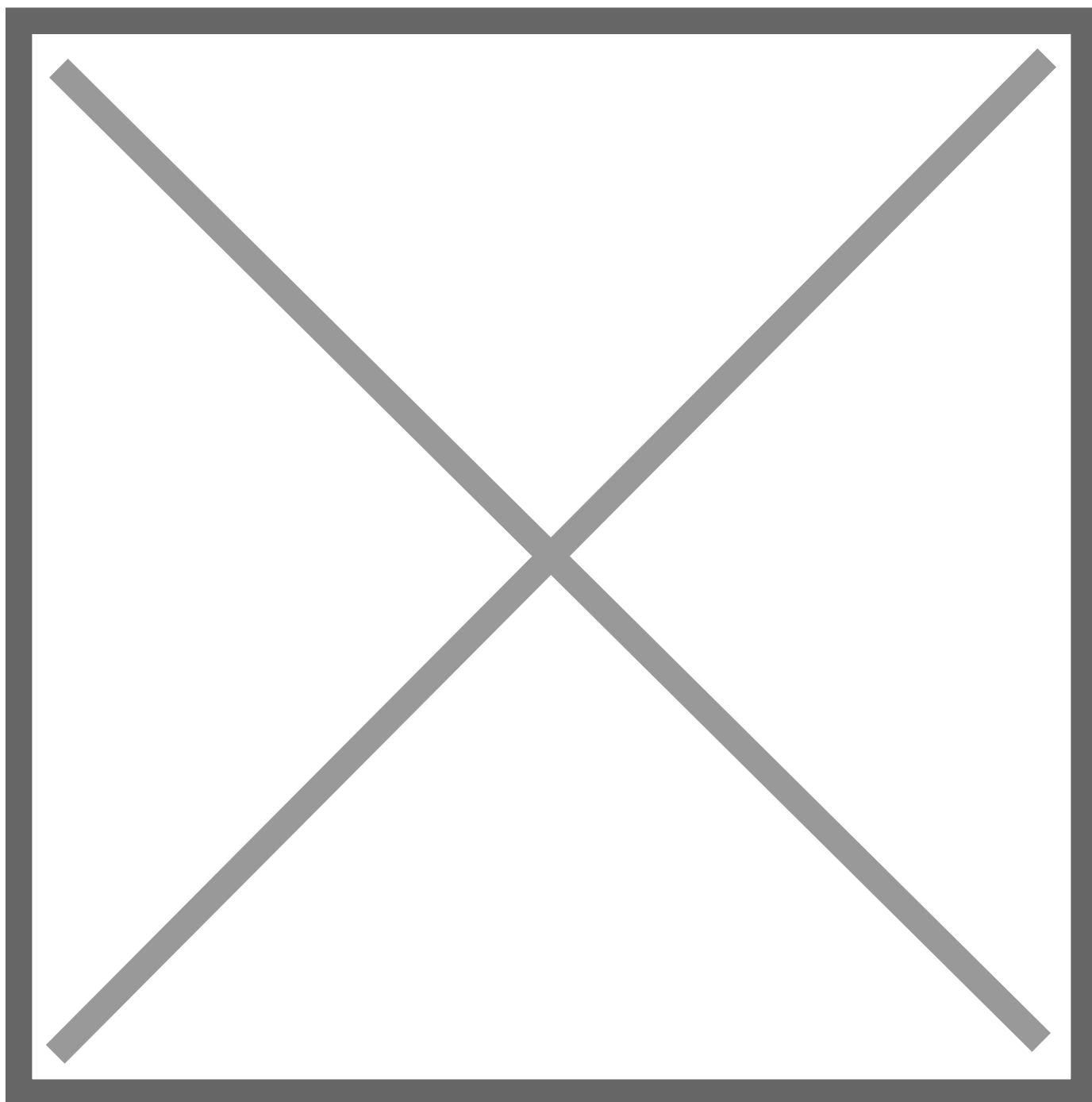
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Mädchen, 2016



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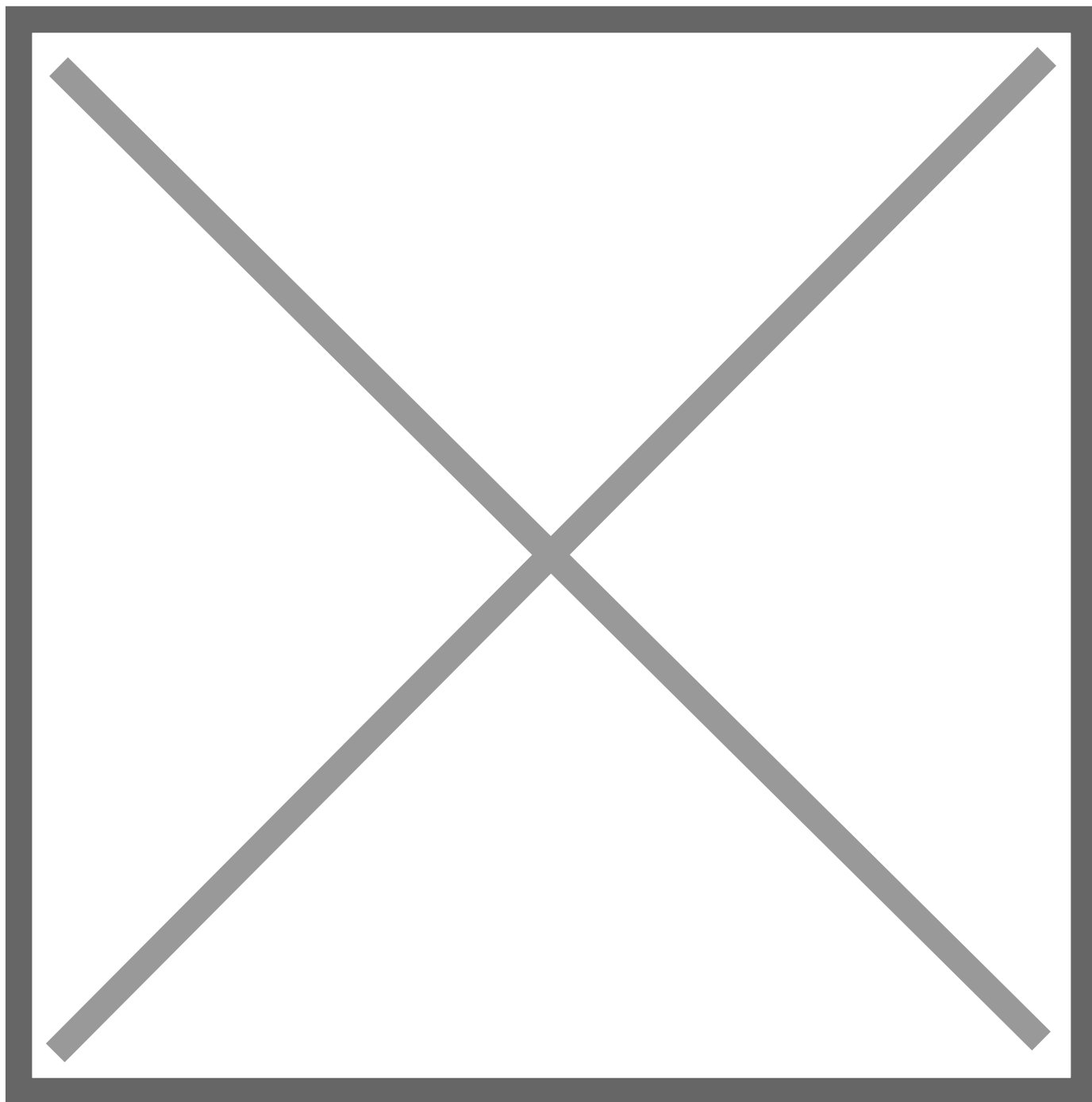
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Definitionen % Adolescents insufficiently active (age standardised estimate)
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englischer
Sprache
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Prävalenz von mindestens täglichem Verzehr von kohlenhydrathaltigen Erfrischungsgetränken

Jungen, 2021-2022



Geltungsbereich:

National

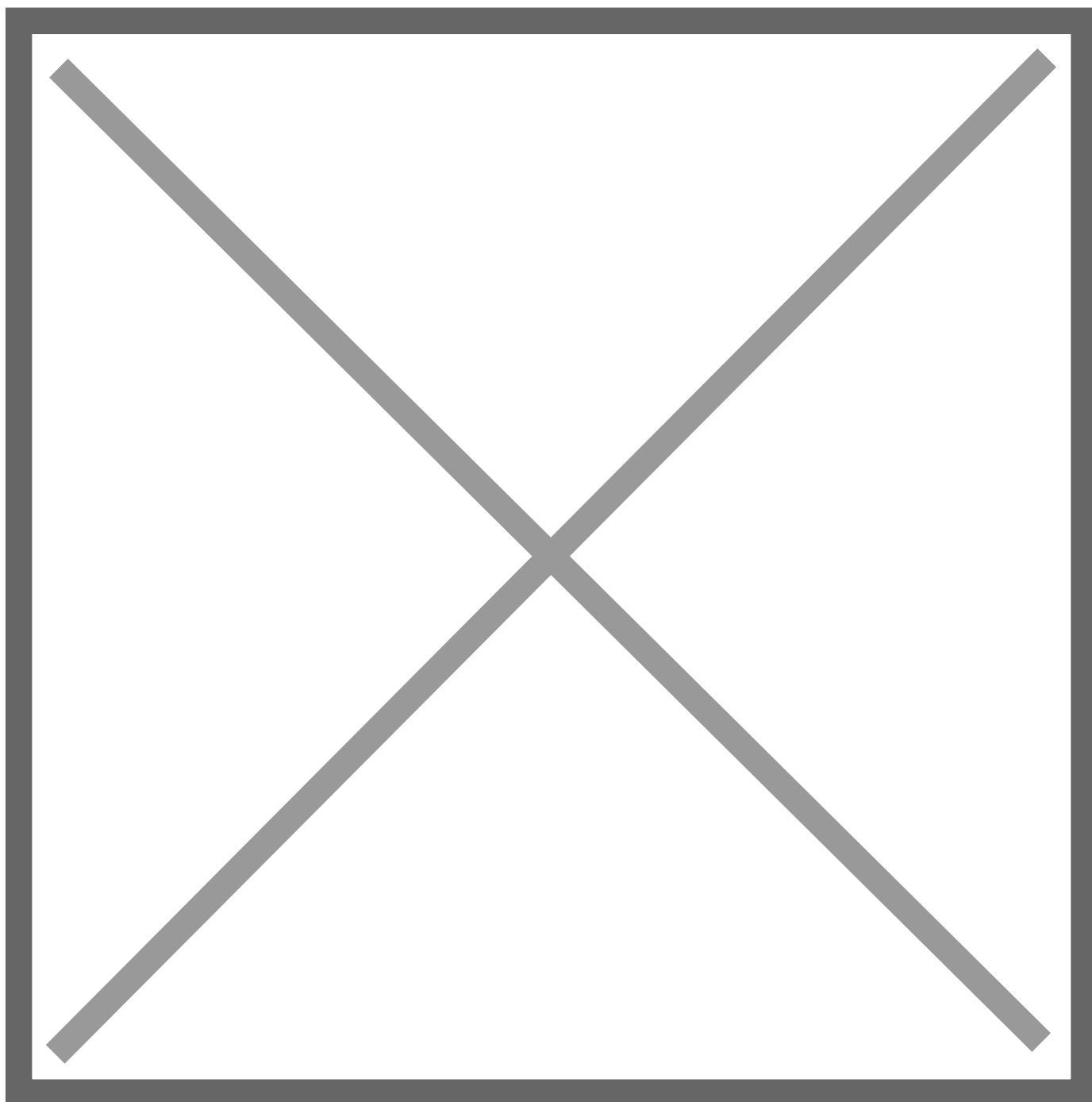
Referenzen:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org..>

**Definitionen
(nur in
englischer
Sprache
verfügbar):**

Proportion who reported drinking sugary soft drinks daily (at least once)

Mädchen, 2021-2022



Geltungsbereich:

National

Referenzen:

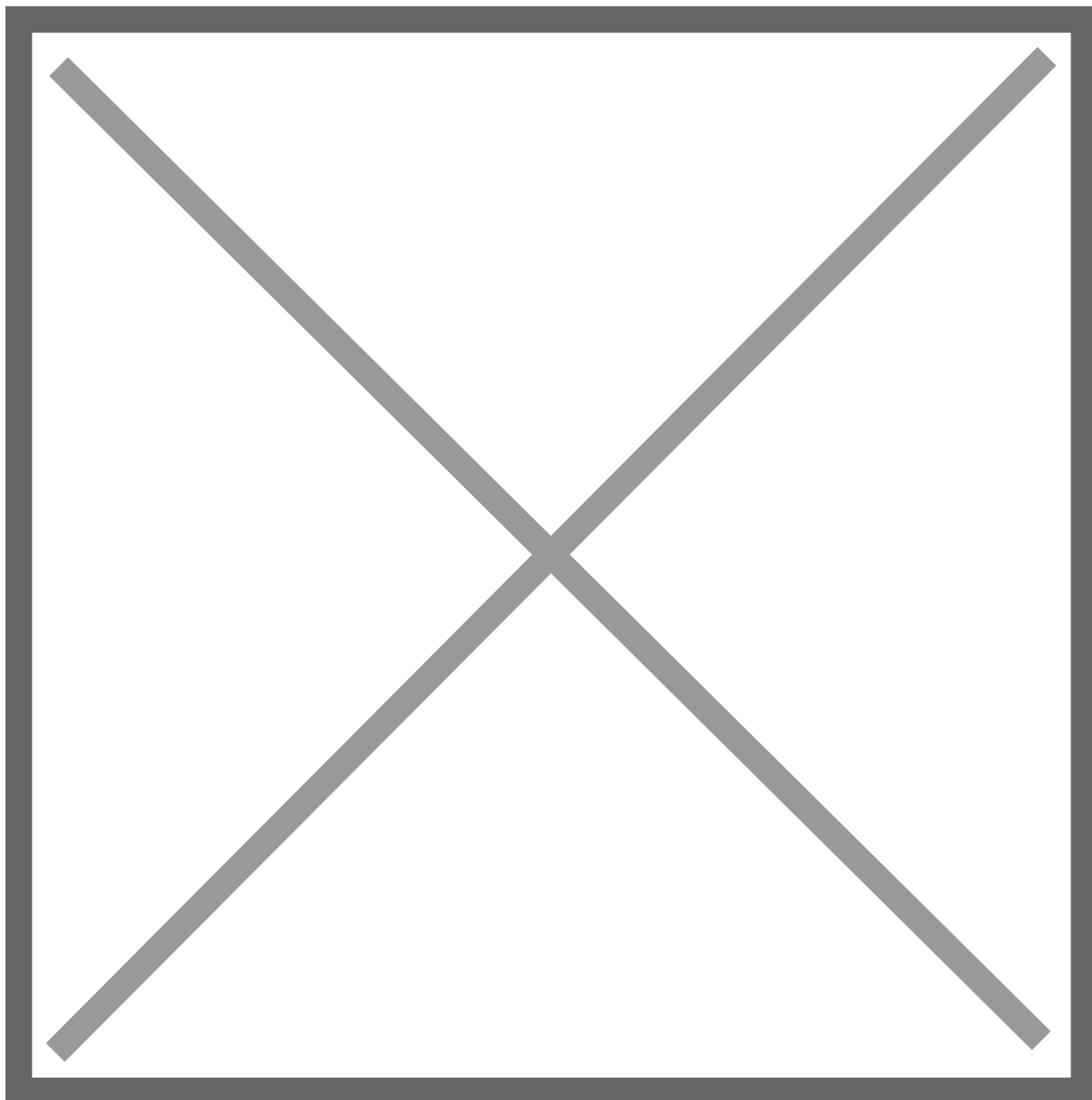
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Definitionen
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Proportion who reported drinking sugary soft drinks daily (at least once)

Durchschnittliche Häufigkeit des täglichen Konsums von kohlensäurehaltigen Erfrischungsgetränken

Kinder, 2009-2015



Umfragetyp:

Gemessen

Alter:

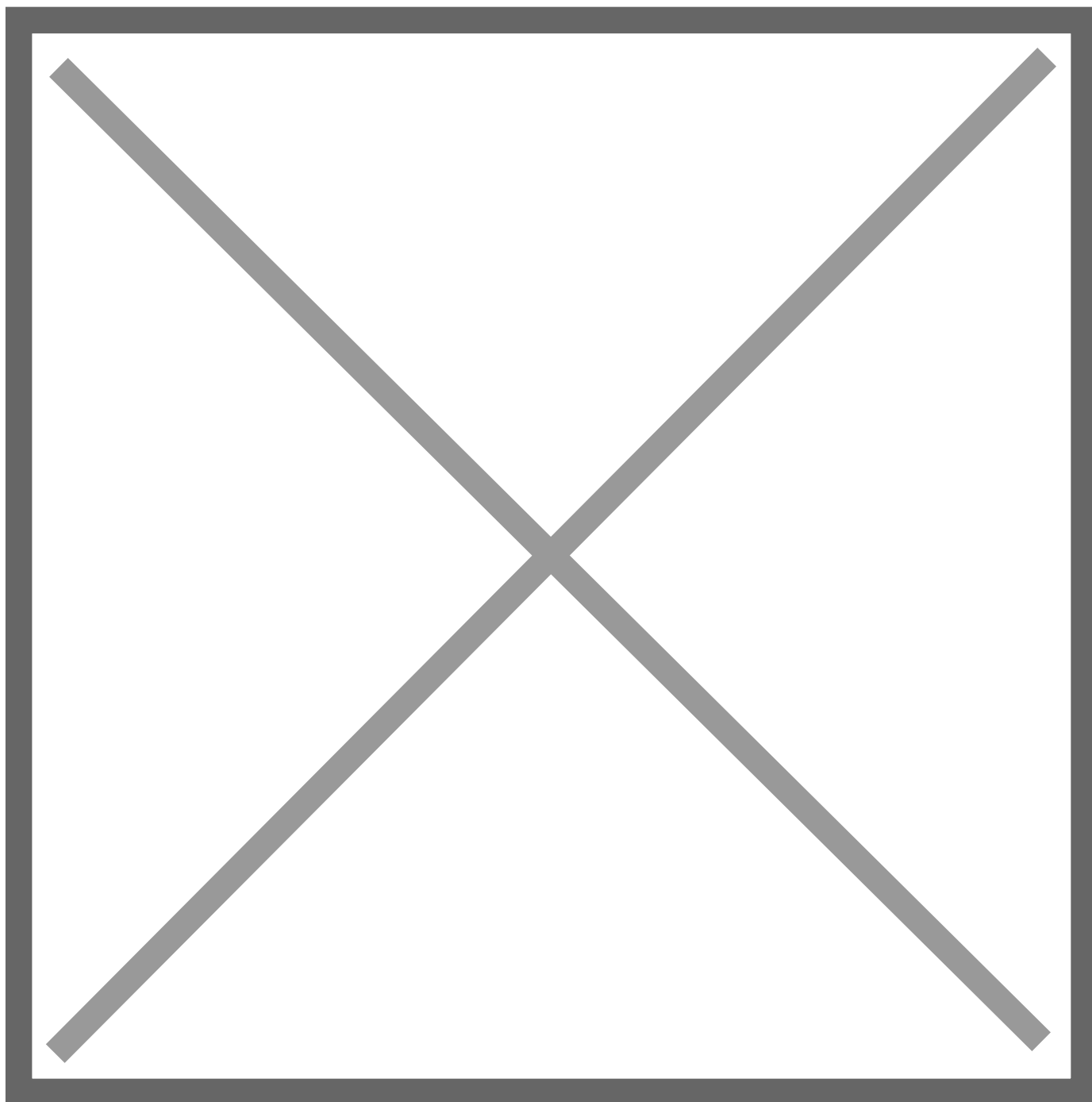
12-17

Referenzen:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalence of less-than-daily fruit consumption

Kinder, 2009-2015



Umfragetyp:

Gemessen

Alter:

12-17

Referenzen:

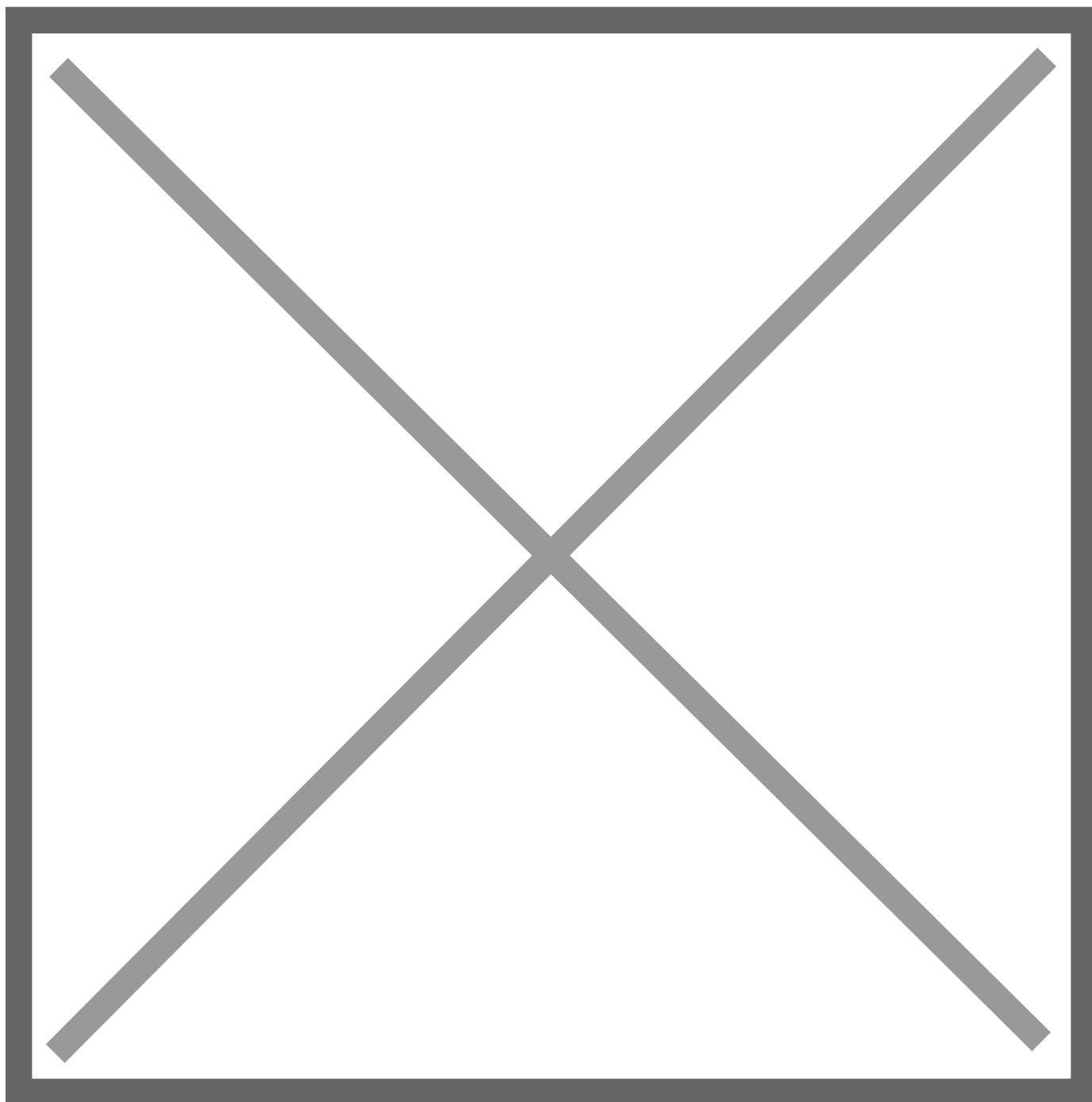
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**Definitionen
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verfÄ¼gbar):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

Kinder, 2009-2015



Umfragetyp:

Gemessen

Alter:

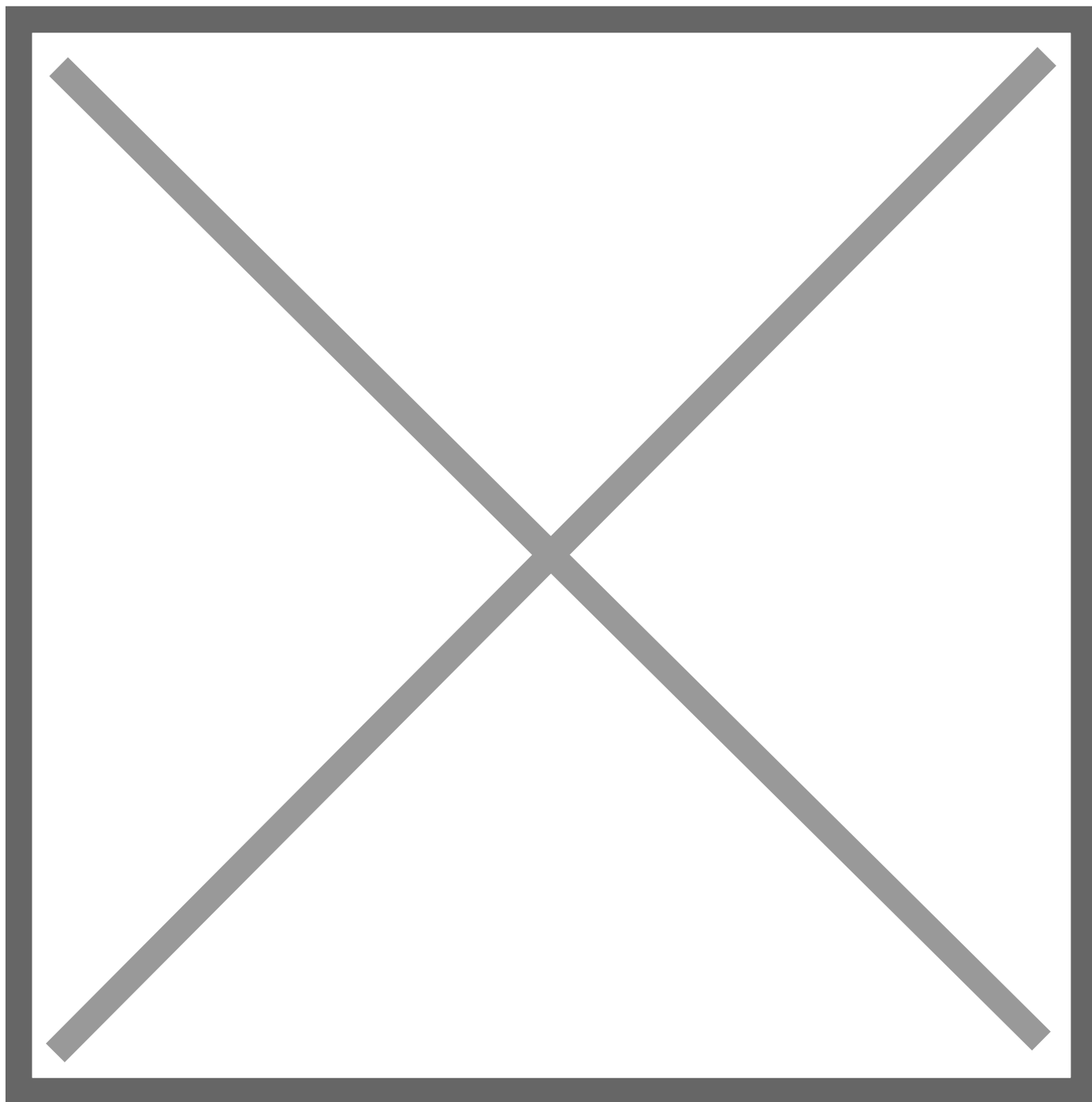
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**Definitionen
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Durchschnittliche wöchentliche Häufigkeit des Konsums von Fast-Food

Kinder, 2009-2015



Alter:

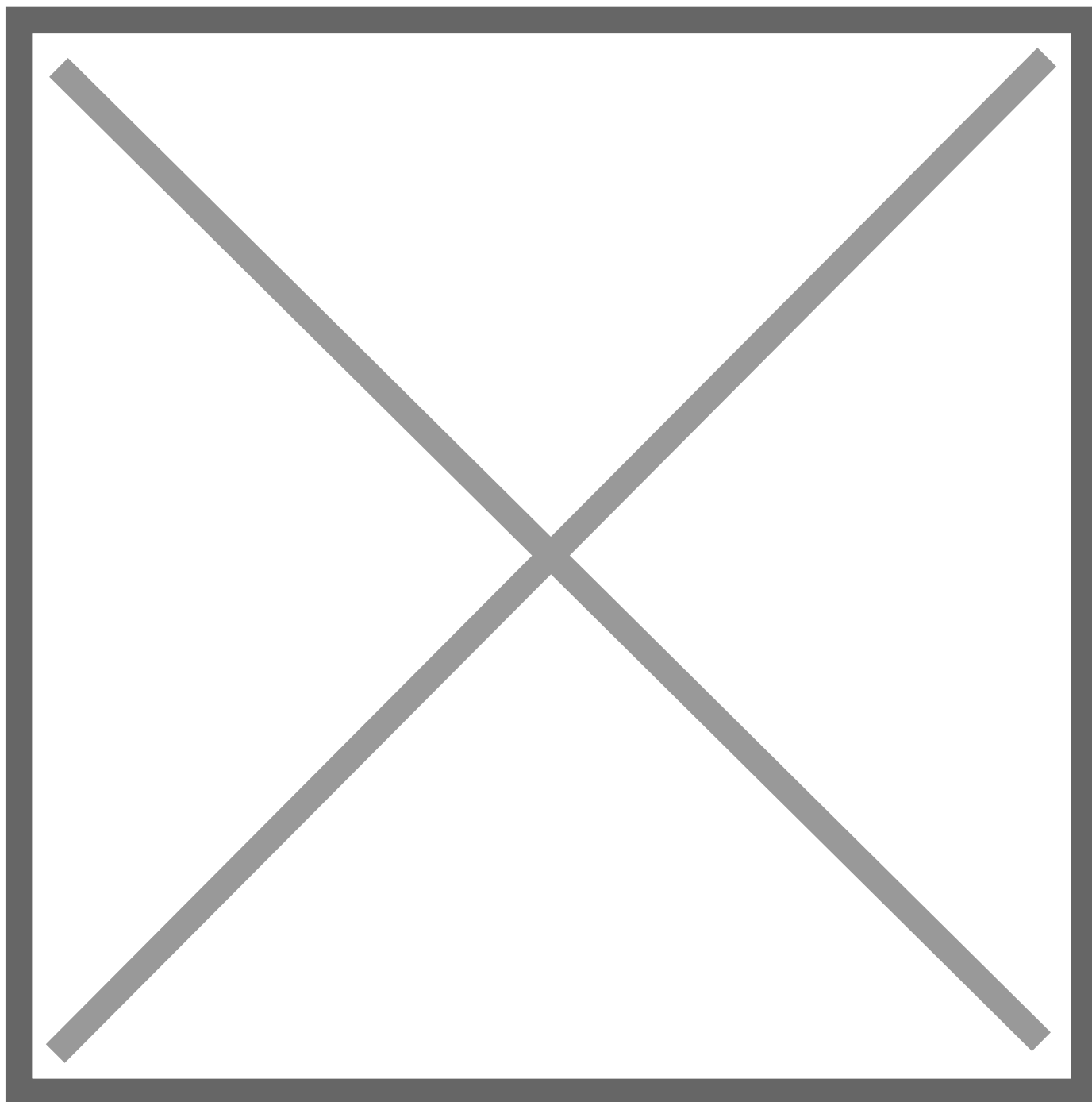
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Psychische Gesundheit & Depressionstörungen

Kinder, 2021



Geltungsbereich:

National

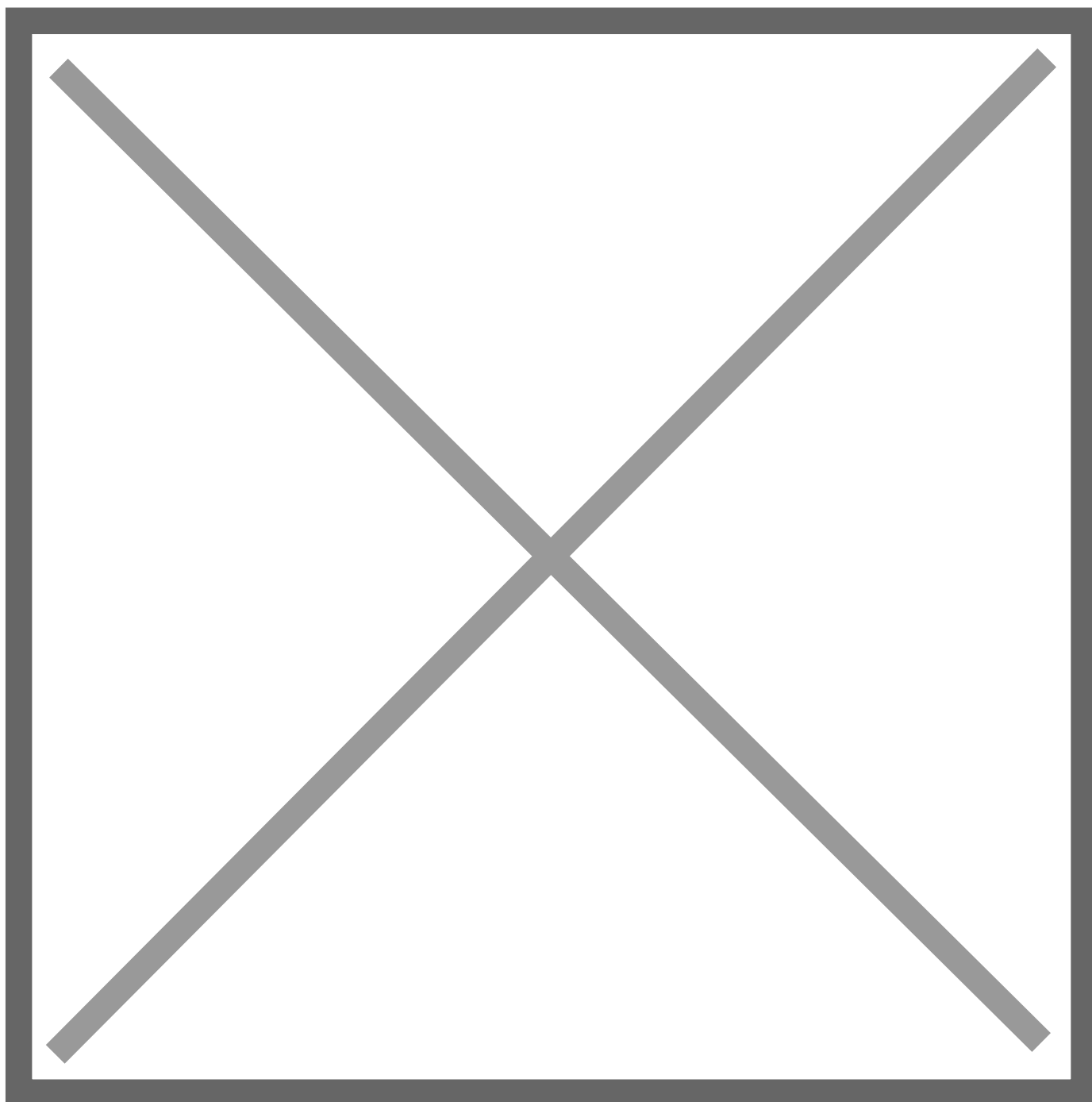
Referenzen:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitionen
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Sprache
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Number living with depressive disorder per 100,000 population (Under 20 years of age)

Jungen, 2021



Geltungsbereich:

National

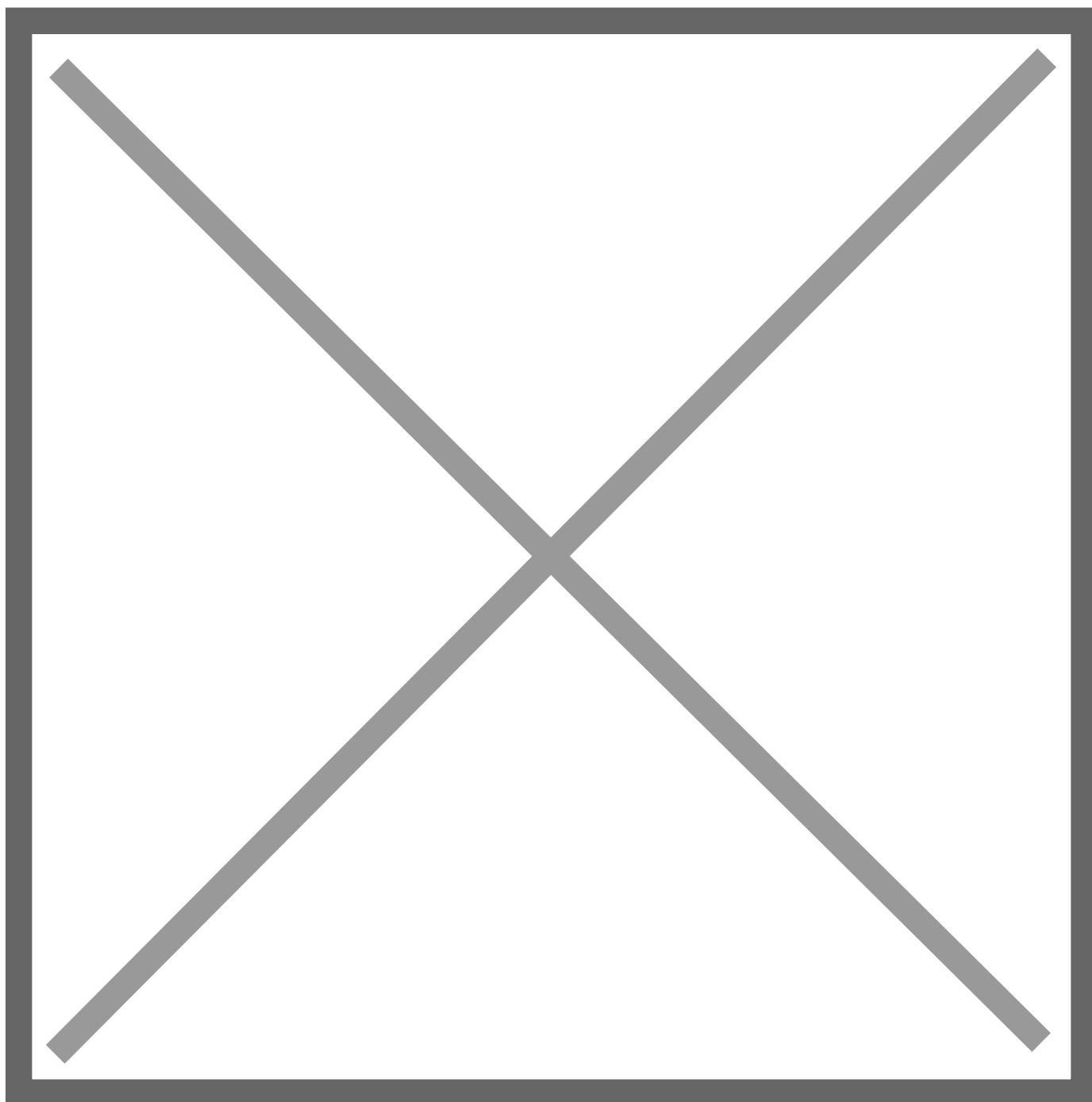
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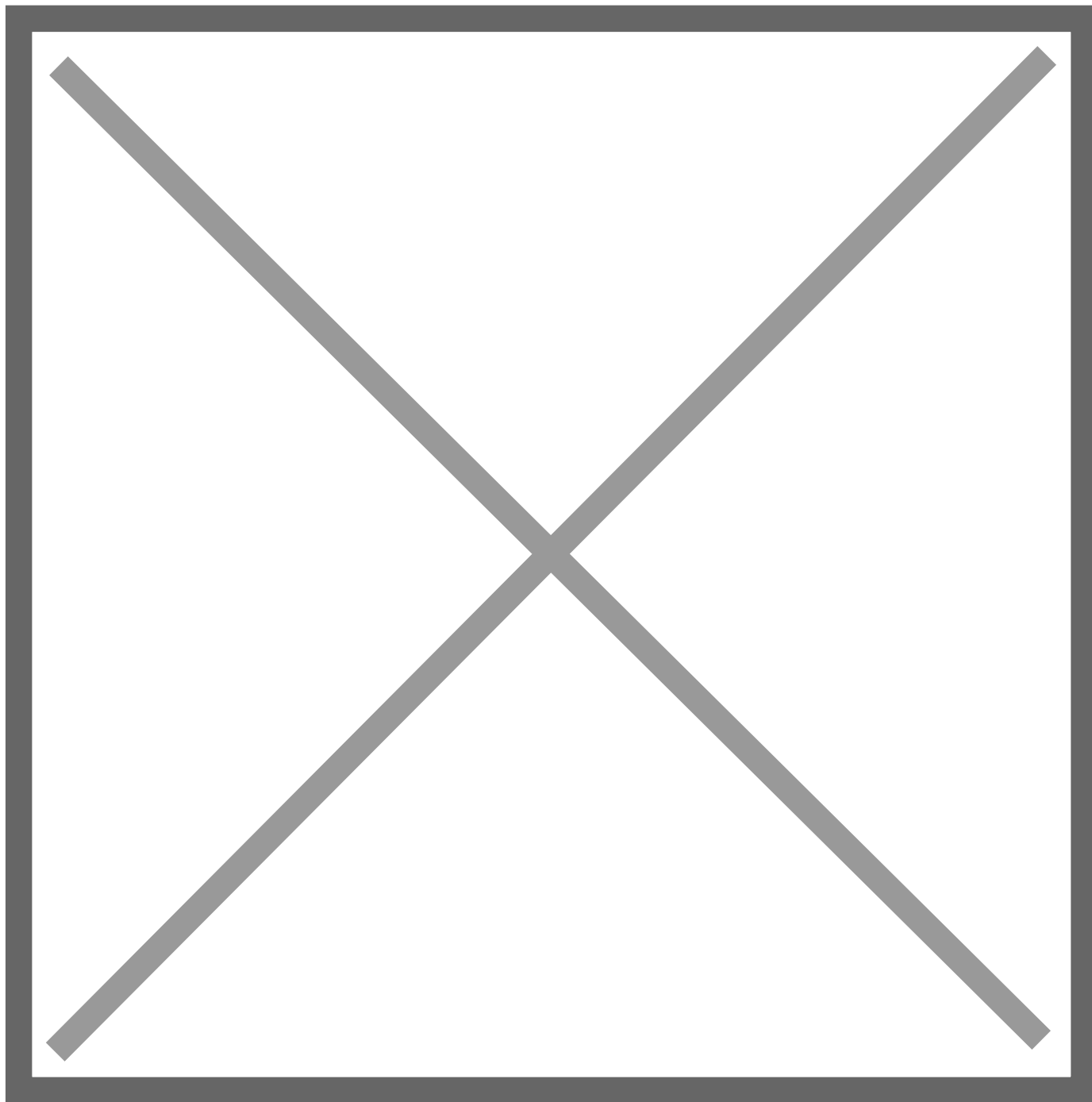
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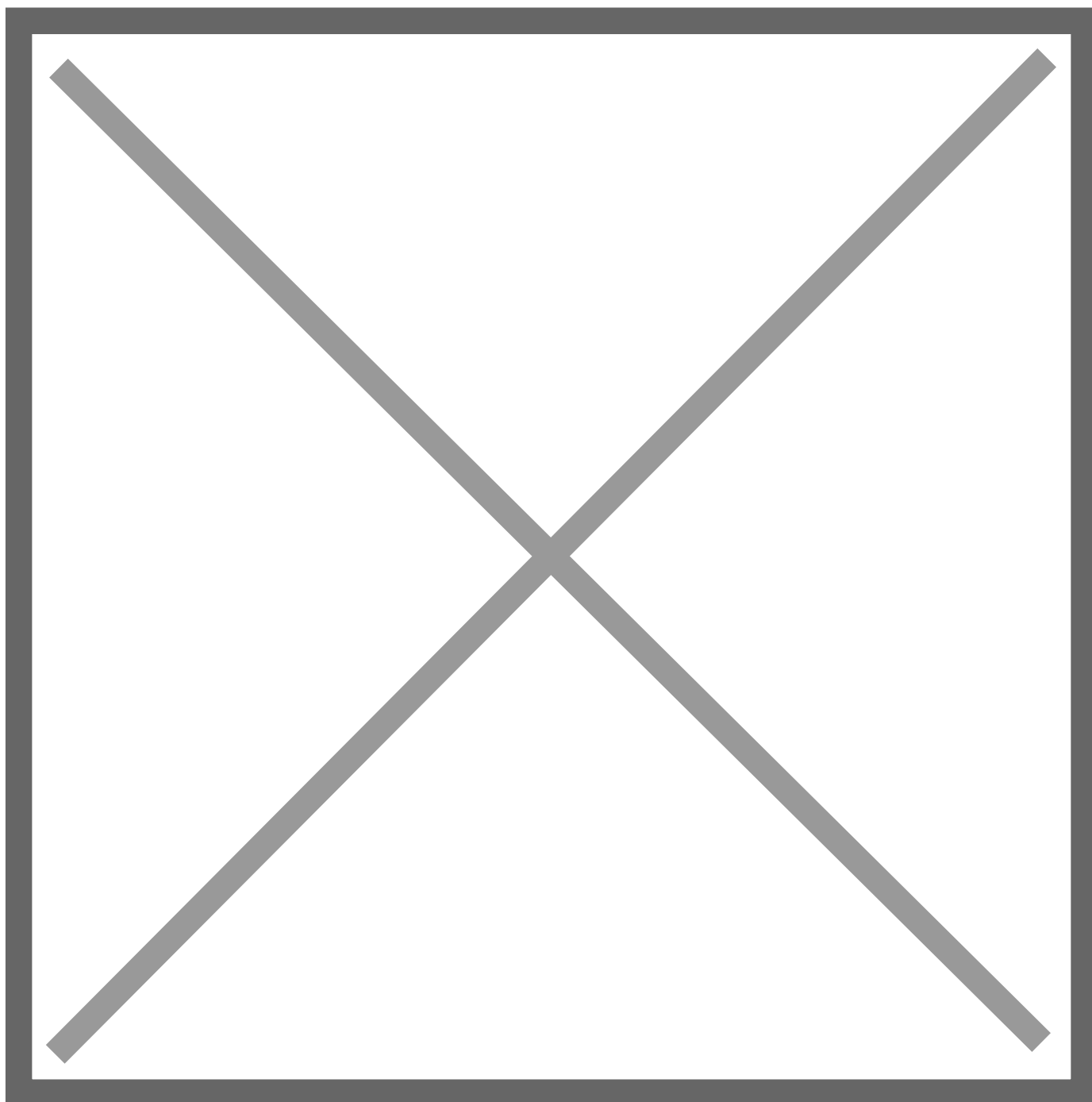
Psychische Gesundheit â¸ AngststÃ¶rungen

Kinder, 2021

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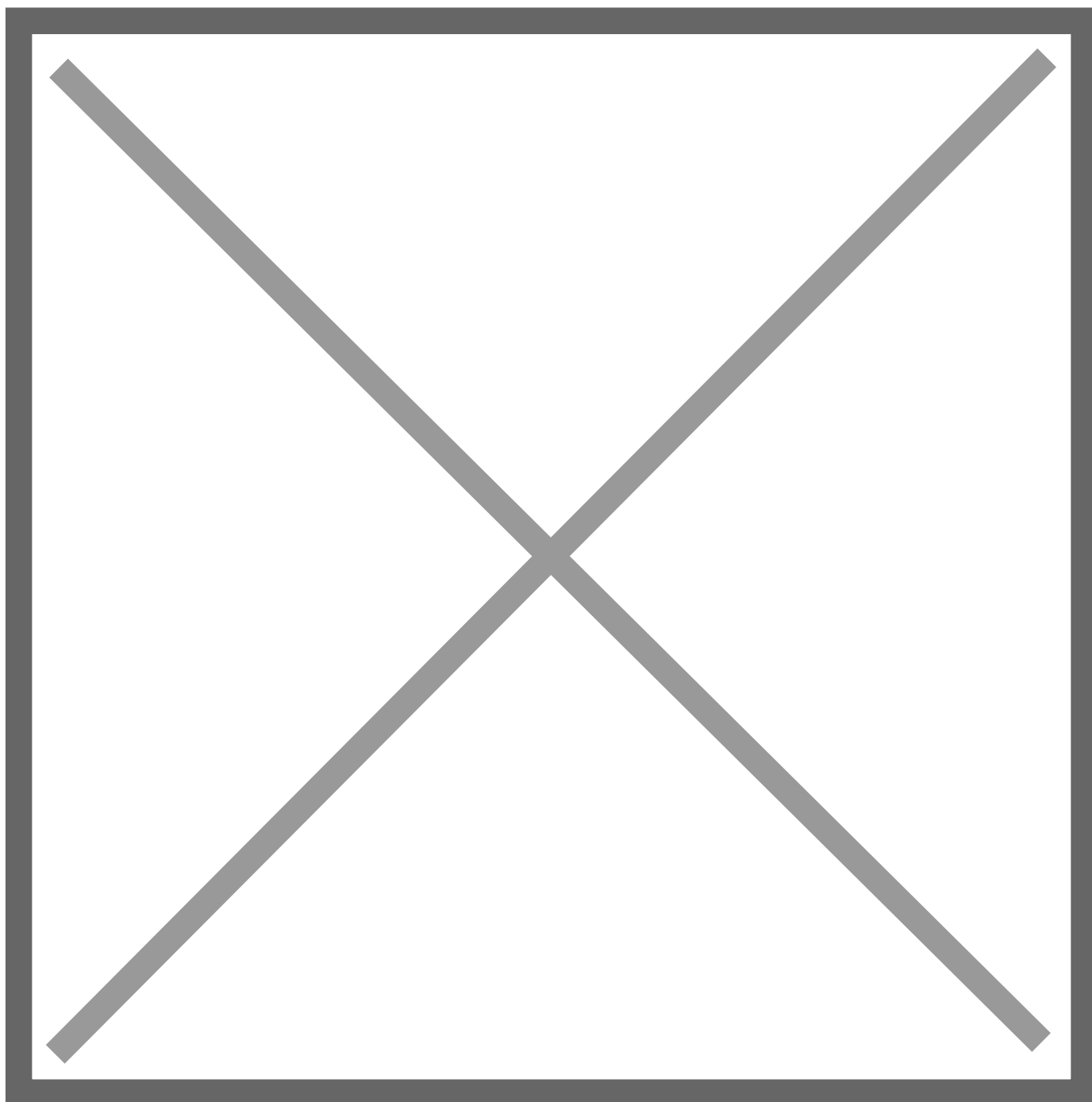
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