



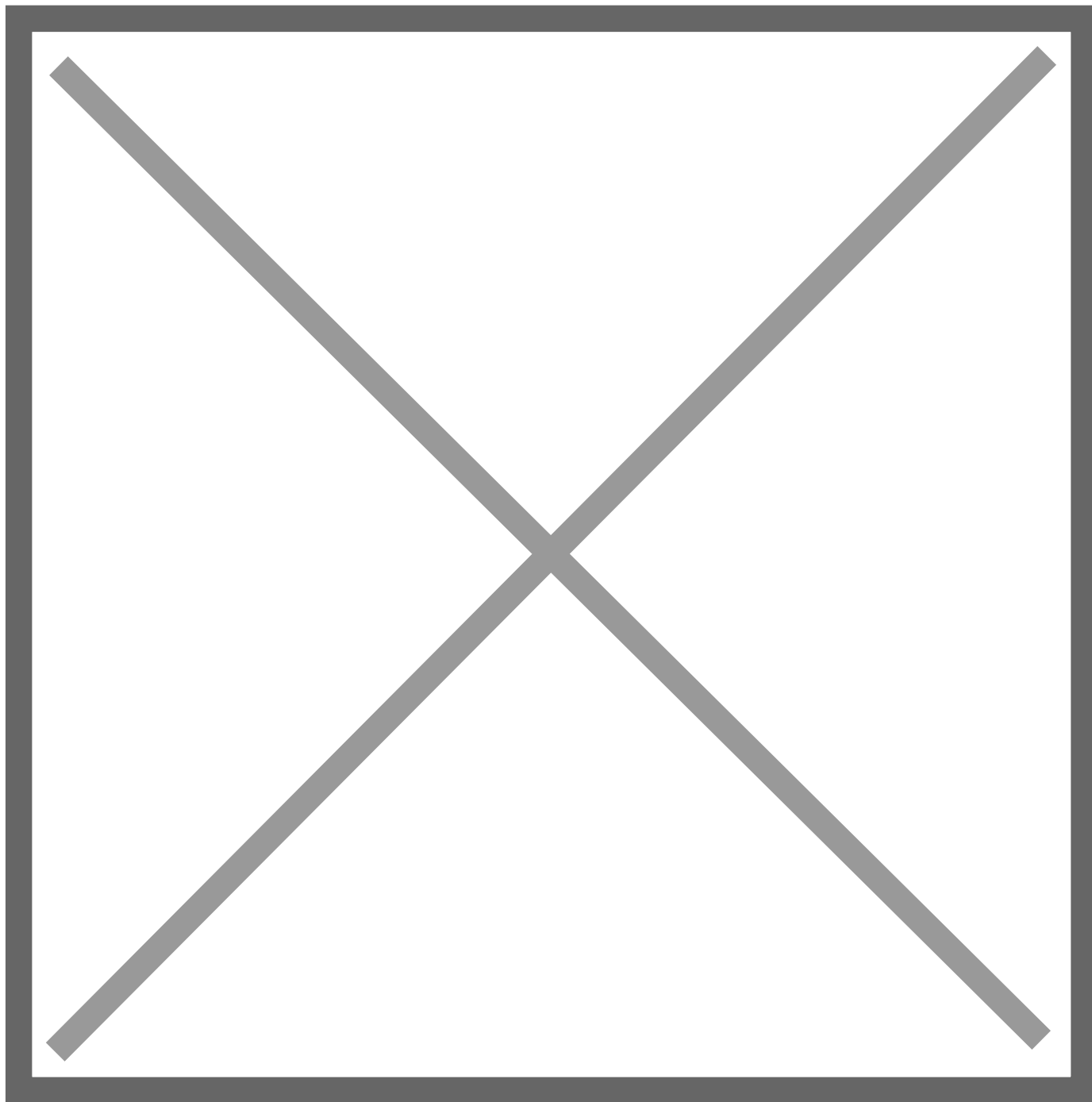
WHO amerikai régió Regional report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-americas-region-3/>.

Az elhízás első fordulása

Gyermekek



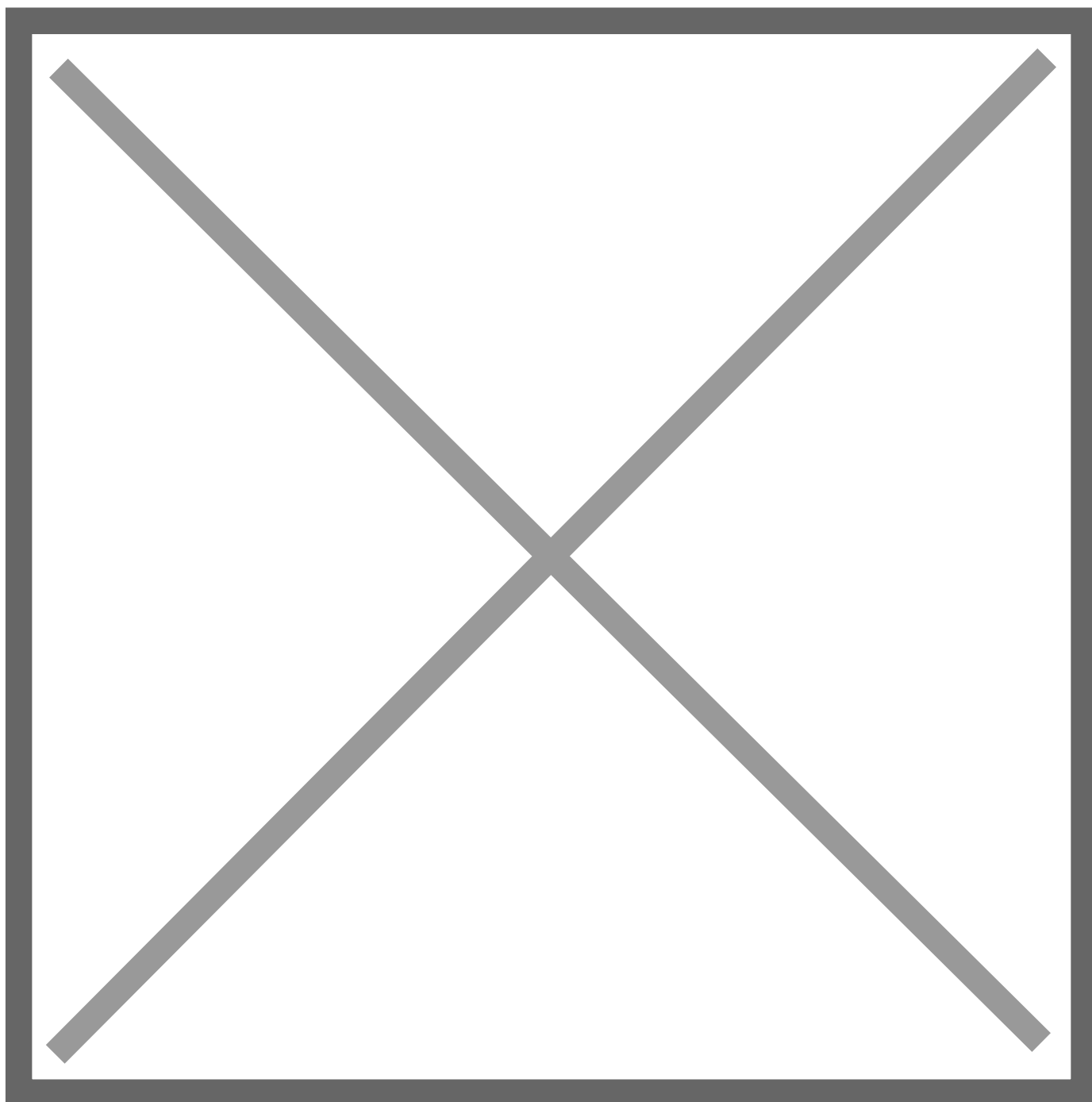
**Felmérés
társa:**

Countries marked with a * are using self-reported data.

Jegyzetek:

Different methodologies have been used to collect this data and so it is not strictly comparable.

FiÁók



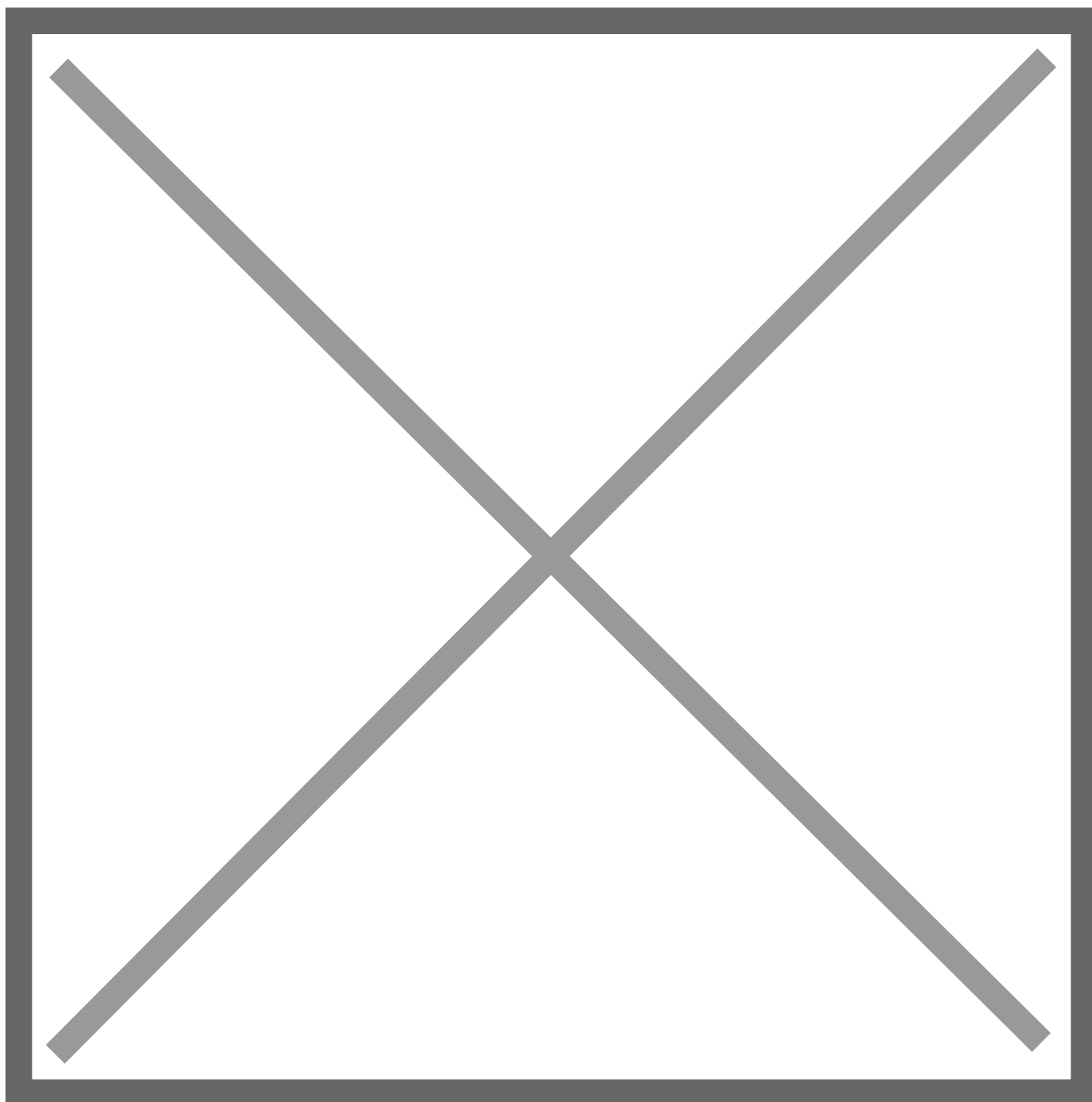
**Felmérés
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Látnyok



**Felmérés
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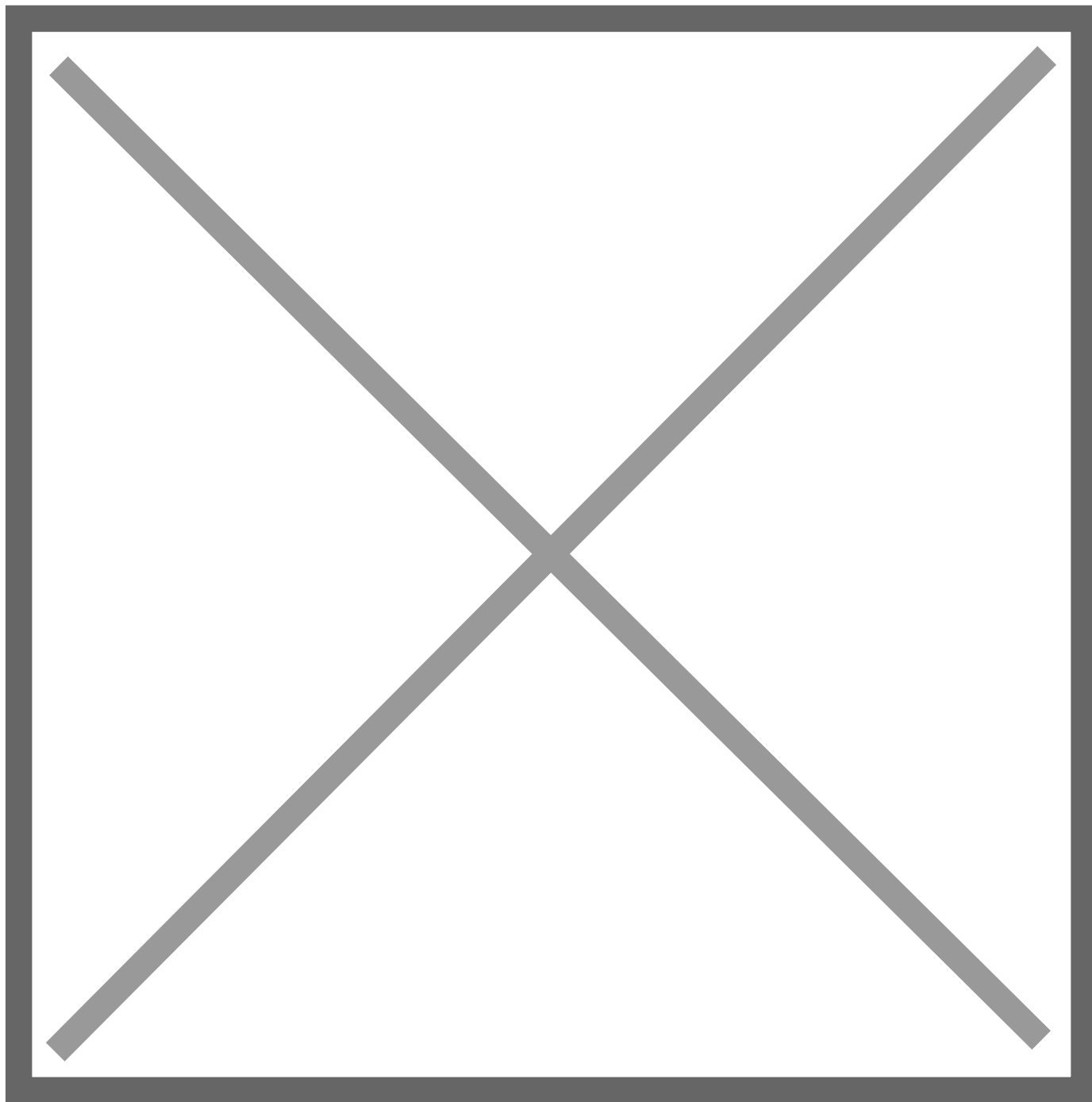
Countries marked with a * are using self-reported data.

Jegyzetek:

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Előgtelen aktivitás

Gyermekek, 2016



Felmérés
tárgya:

Általános

Általános

11-17

Referenciák:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

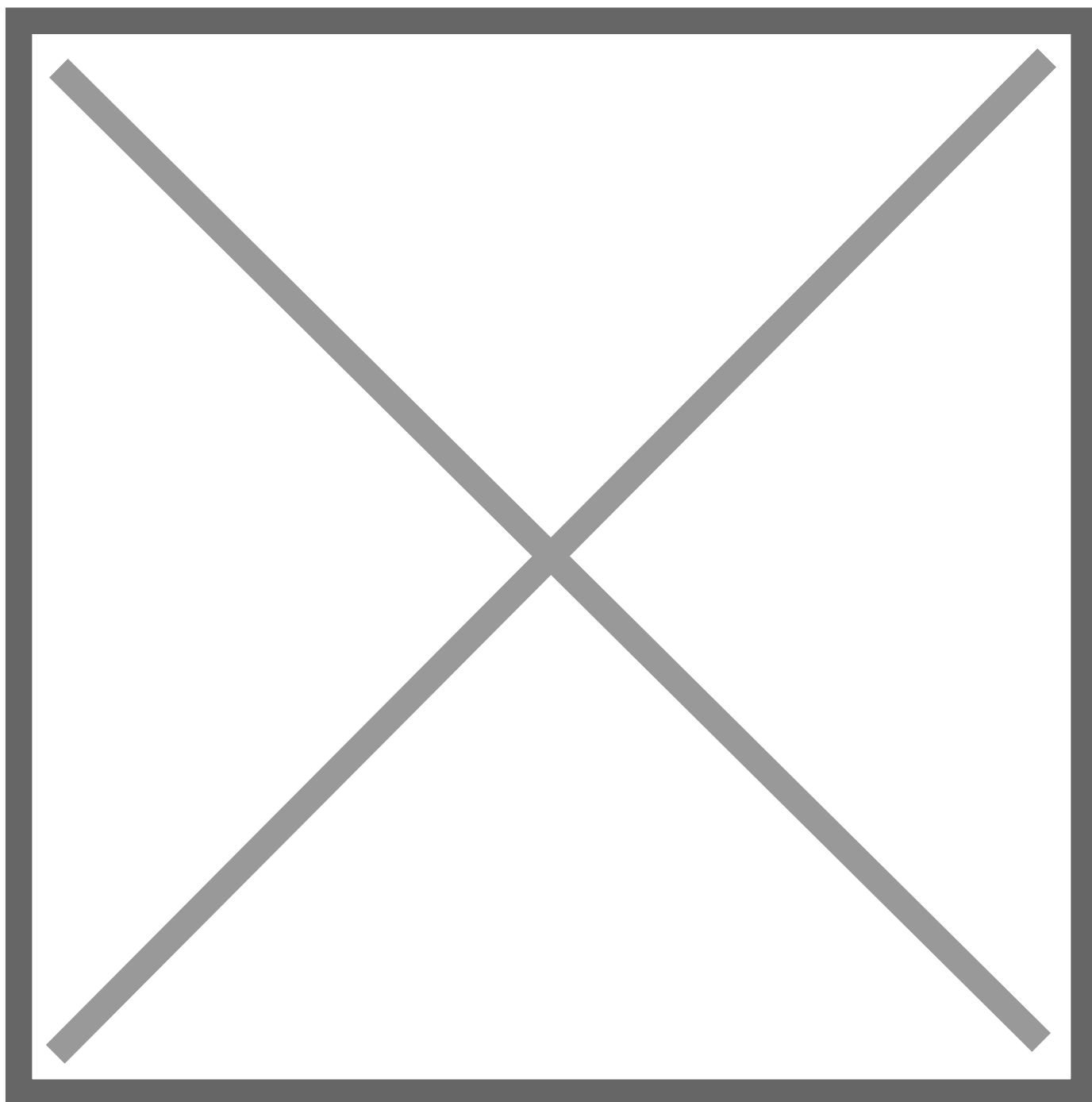
Jegyzetek:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definíciók
(csak angol
nyelven
érthetők
el):**

% Adolescents insufficiently active (age standardised estimate)

Fizikális aktivitás, 2016



**Felmérés
tárgya:**

Fizikális aktivitás

Életkor:

11-17

Referenciák:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

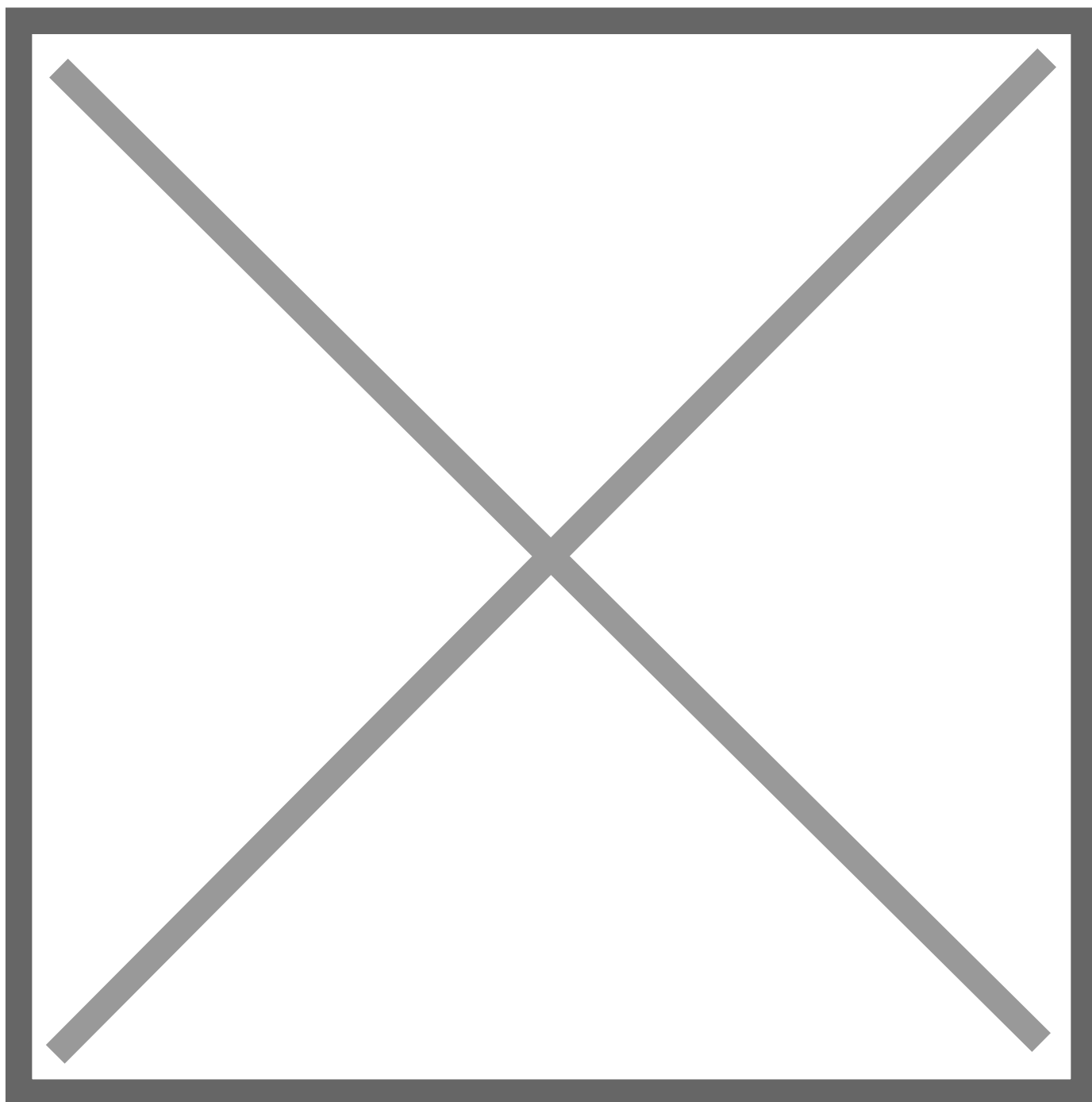
Jegyzetek:

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Definíciók
(csak angol
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érthetők
el):

% Adolescents insufficiently active (age standardised estimate)

Lányok, 2016



**Felmérés
tárgya:**

Átlagbevallás

**Általános
letkor:**

11-17

Referenciák:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Jegyzetek:

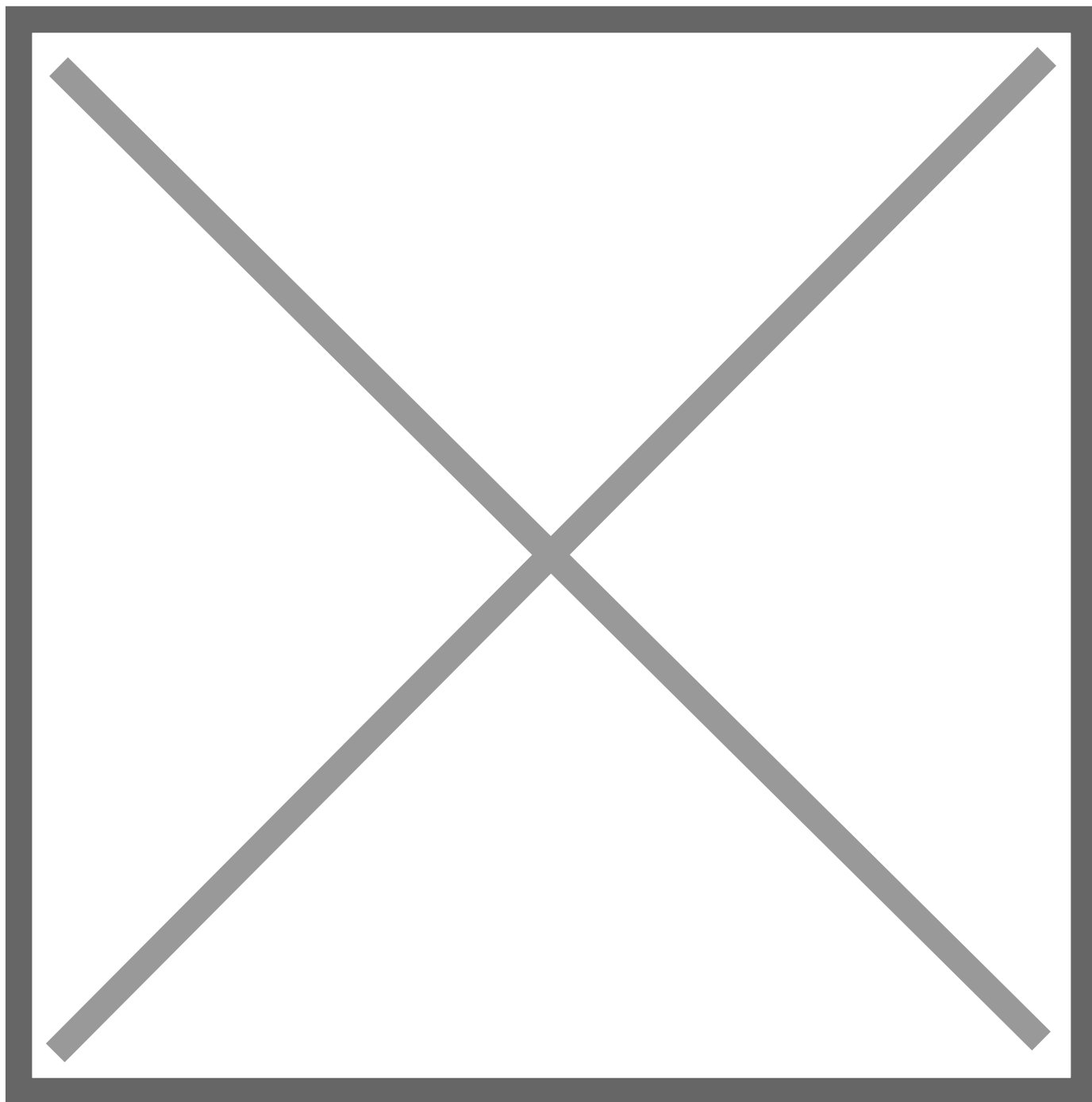
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**Definíciók
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nyelven
érthetők
el):**

% Adolescents insufficiently active (age standardised estimate)

Legalább napi egy szénhidrát ital fogyasztásának eléri fordulása

Fiúk, 2021-2022



Árnyalt
terület:

Országos

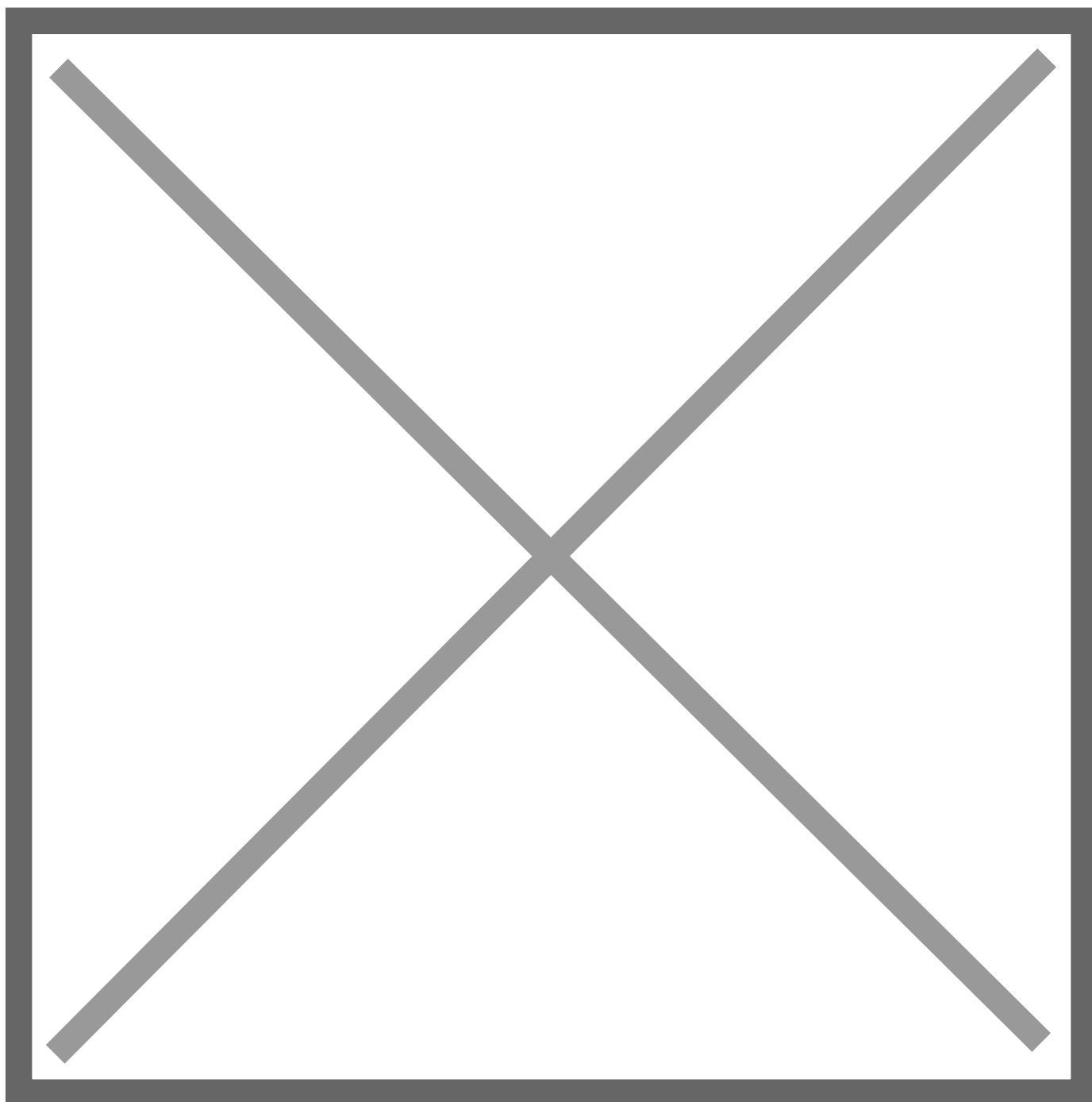
Referenciák:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org..>

**Definíciók
(csak angol
nyelven
érthetők
el):**

Proportion who reported drinking sugary soft drinks daily (at least once)

Lányok, 2021-2022



Árnyéktérkép

Országok

Referenciák:

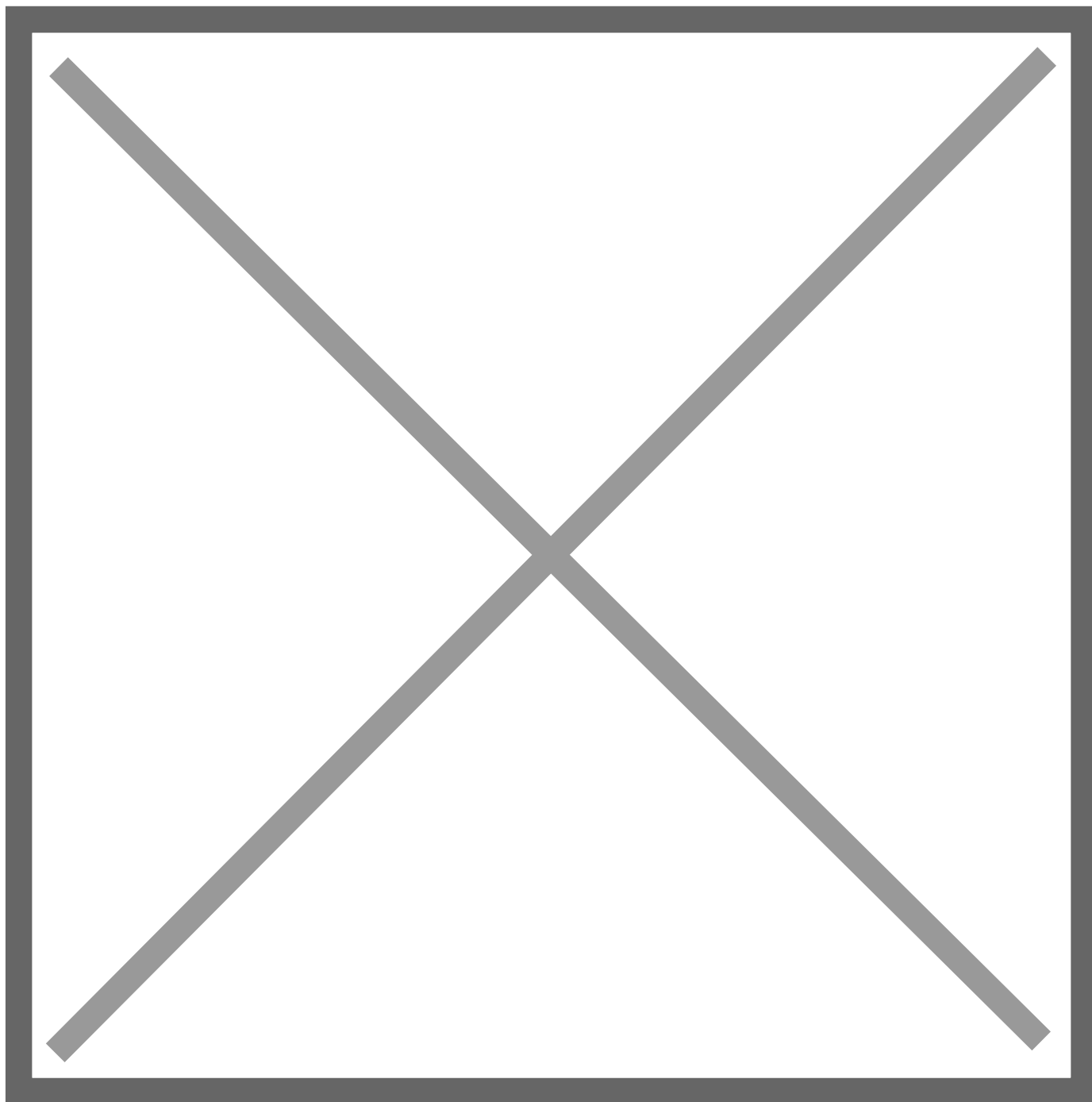
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Proportion who reported drinking sugary soft drinks daily (at least once)

Szénhidrát ital fogyasztásának átlagos napi gyakorisága

Gyermekek, 2009-2015



Felmérés
tápusa:

Mórt

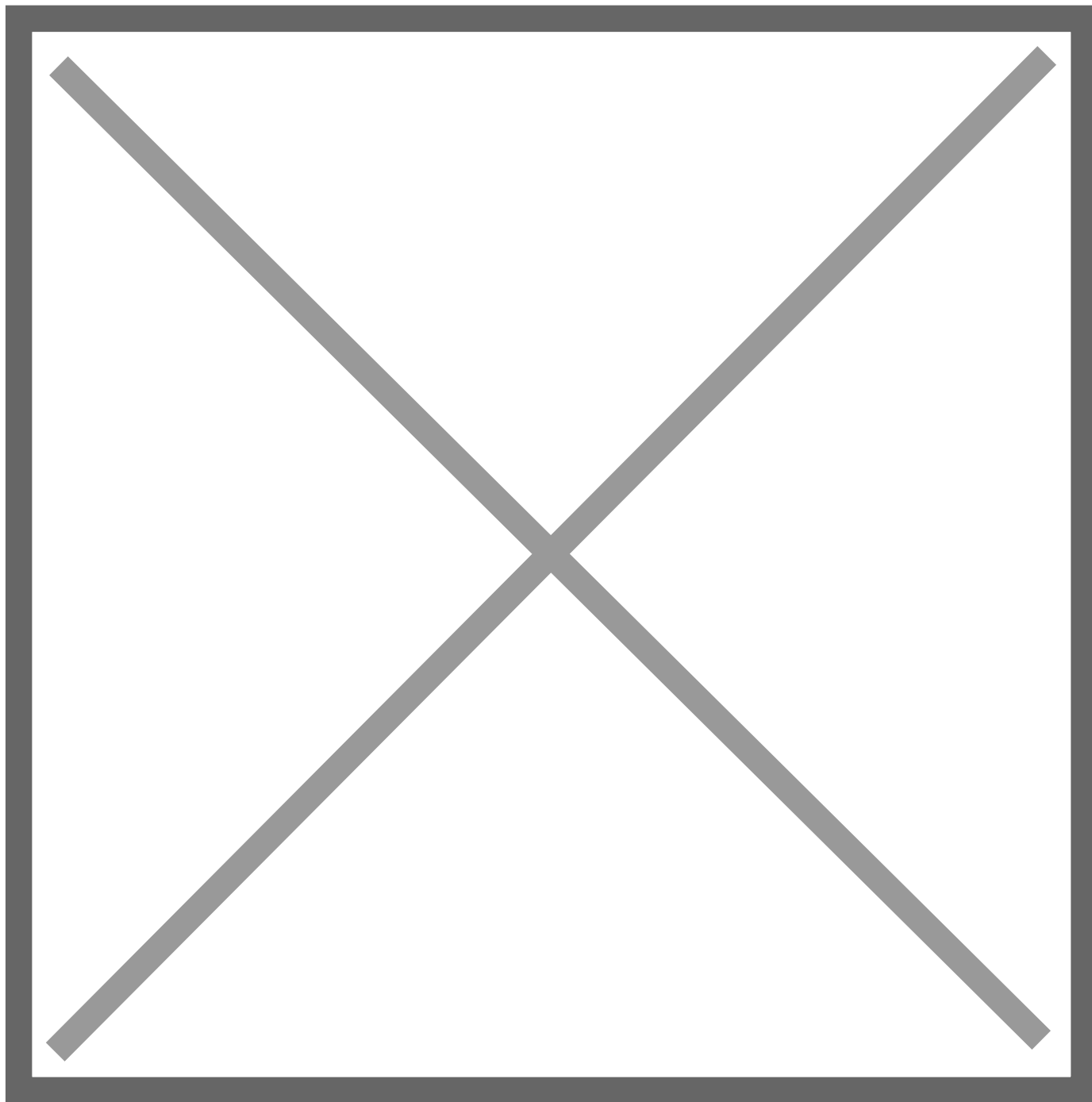
Életkor:

12-17

Referenciák: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalence of less-than-daily fruit consumption

Gyermekek, 2009-2015



Felmérés
tápusa:

Mórt

letkor:

12-17

Referenciák:

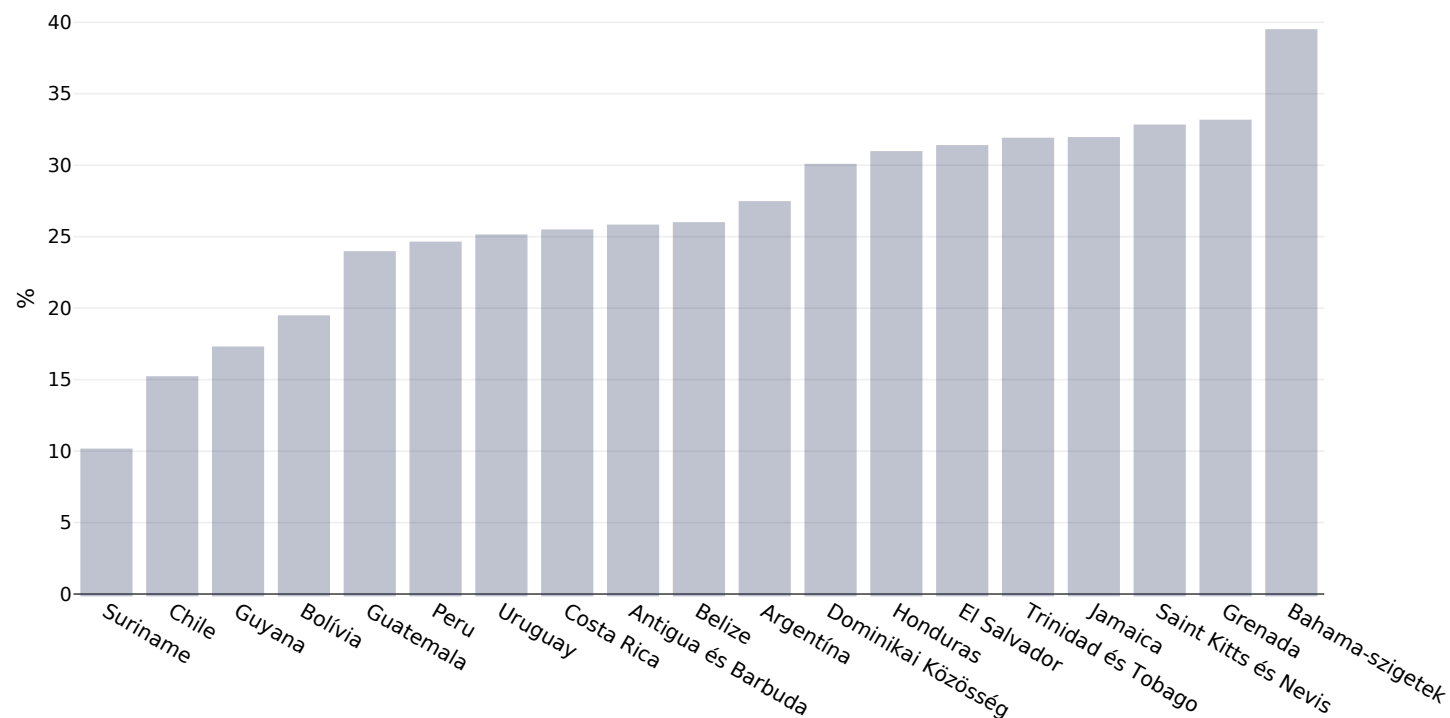
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definíciók
(csak angol
nyelven
érthetők
el):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

Gyermekek, 2009-2015



**Felmérés
tápusa:**

MART

Életkor:

12-17

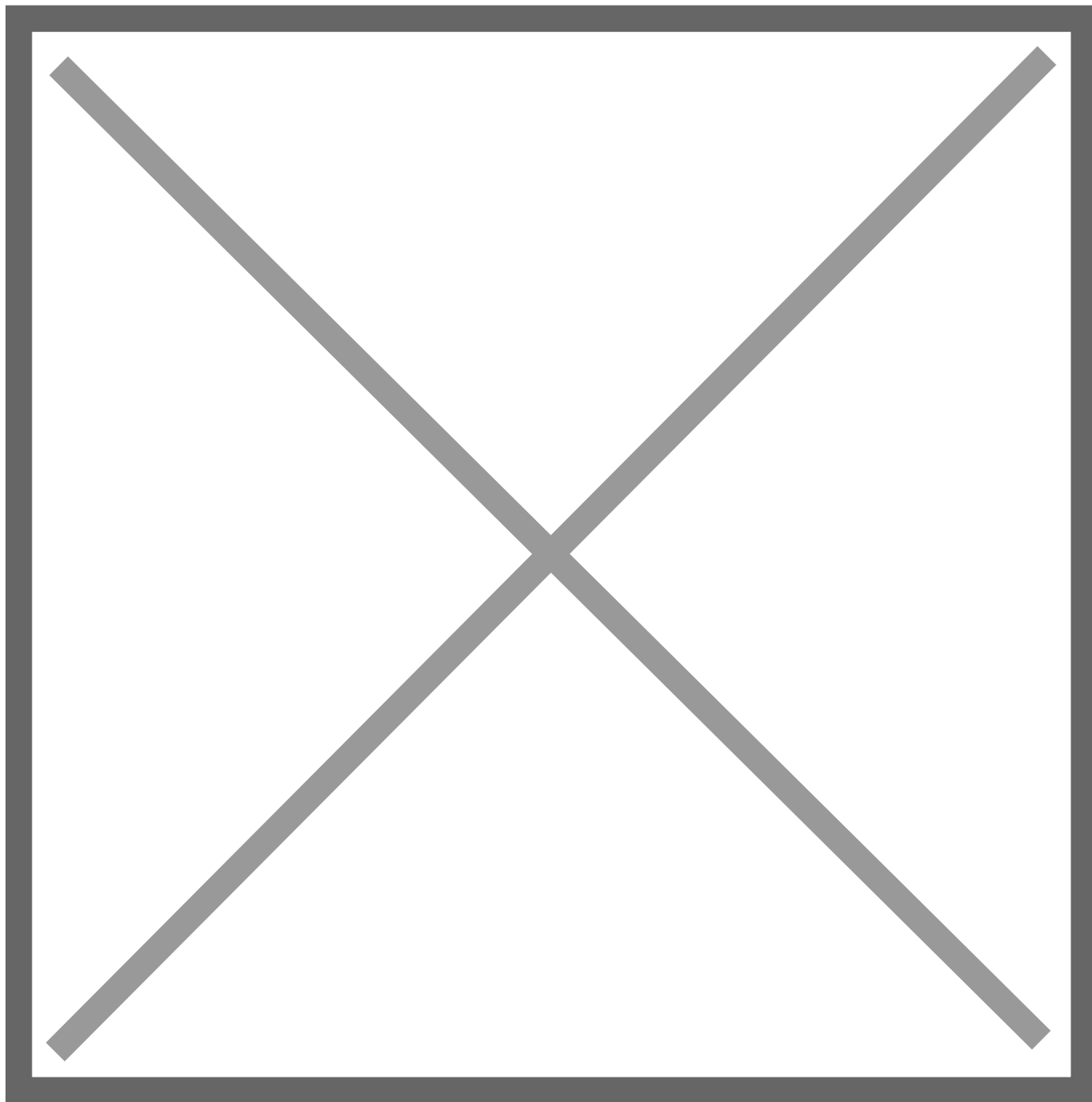
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**Definíciók
(csak angol
nyelven
érthetők
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Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Gyorséttermi fogyasztás Átlagos heti gyakorisága Gyermekek, 2009-2015

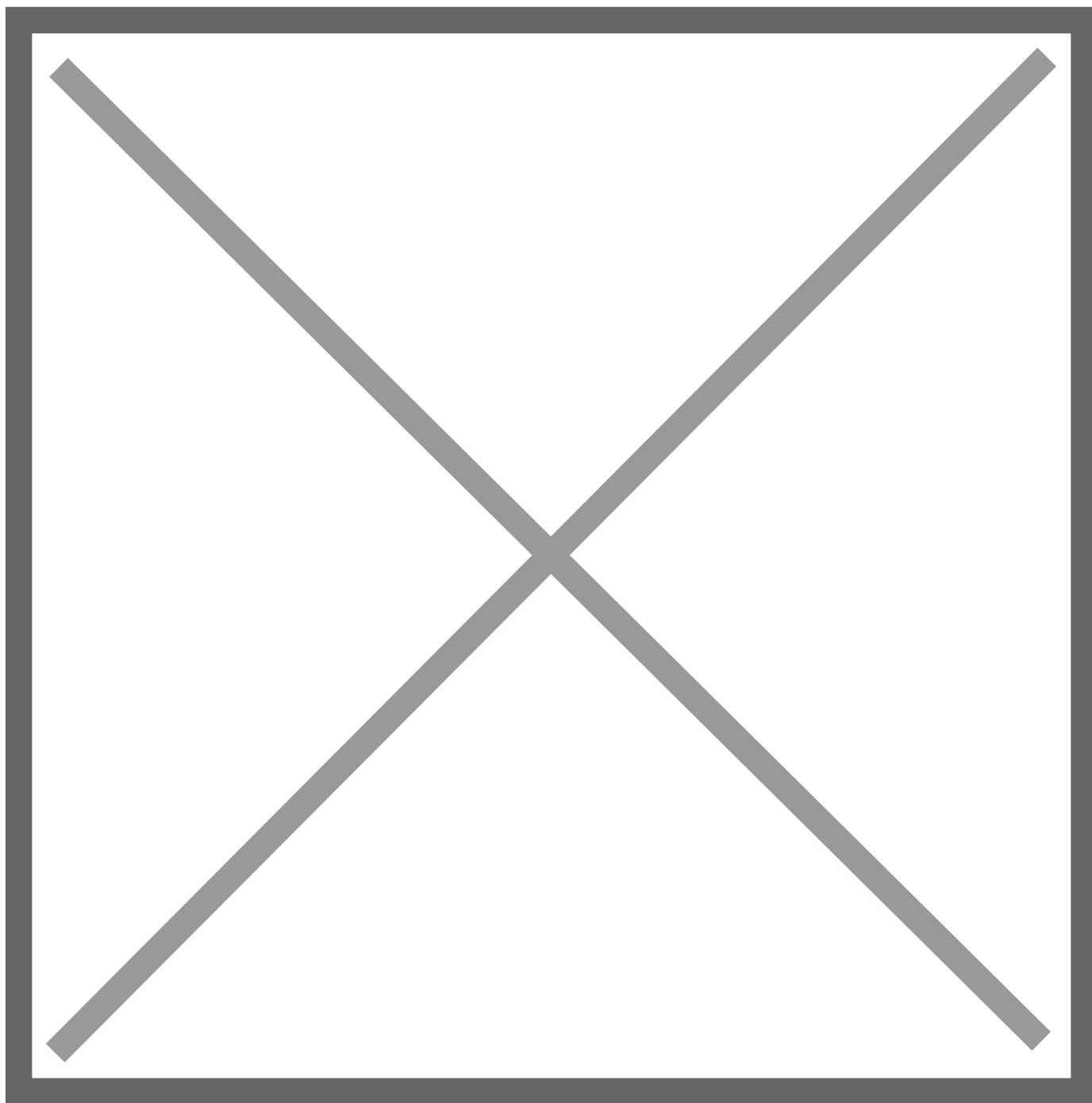


Állítvány:

12-17

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Mentális egészség és depressziós zavarok**Gyermekek, 2021****Árnyalt
terület:**

Országos

Referenciák:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definíciók
(csak angol
nyelven
érhetők
el):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

FiÅk, 2021



Å rintett
terÅlet:

OrszÅgos

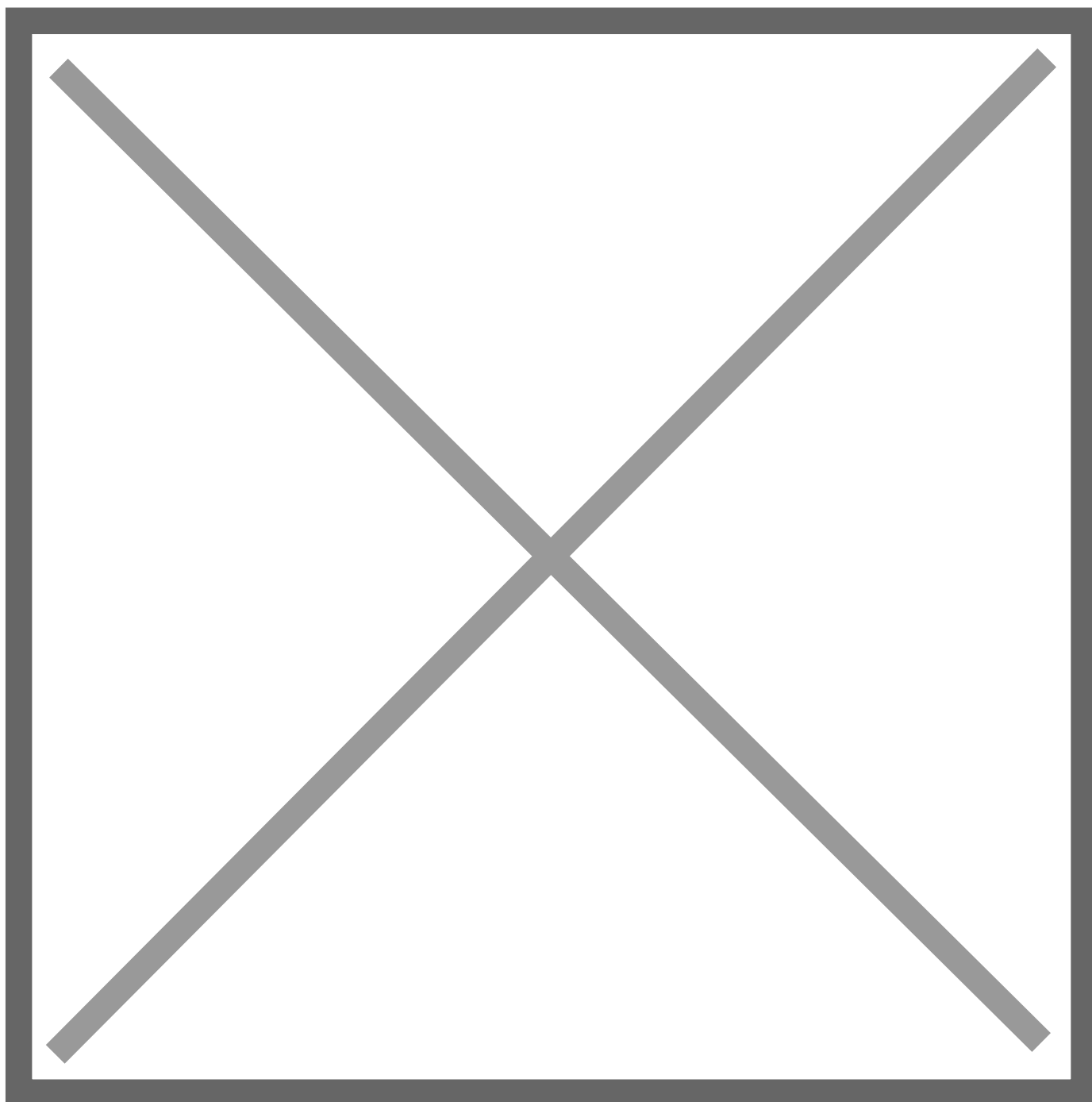
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Definíciók
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Number living with depressive disorder per 100,000 population (Under 20 years of age)

Lányok, 2021



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terület:

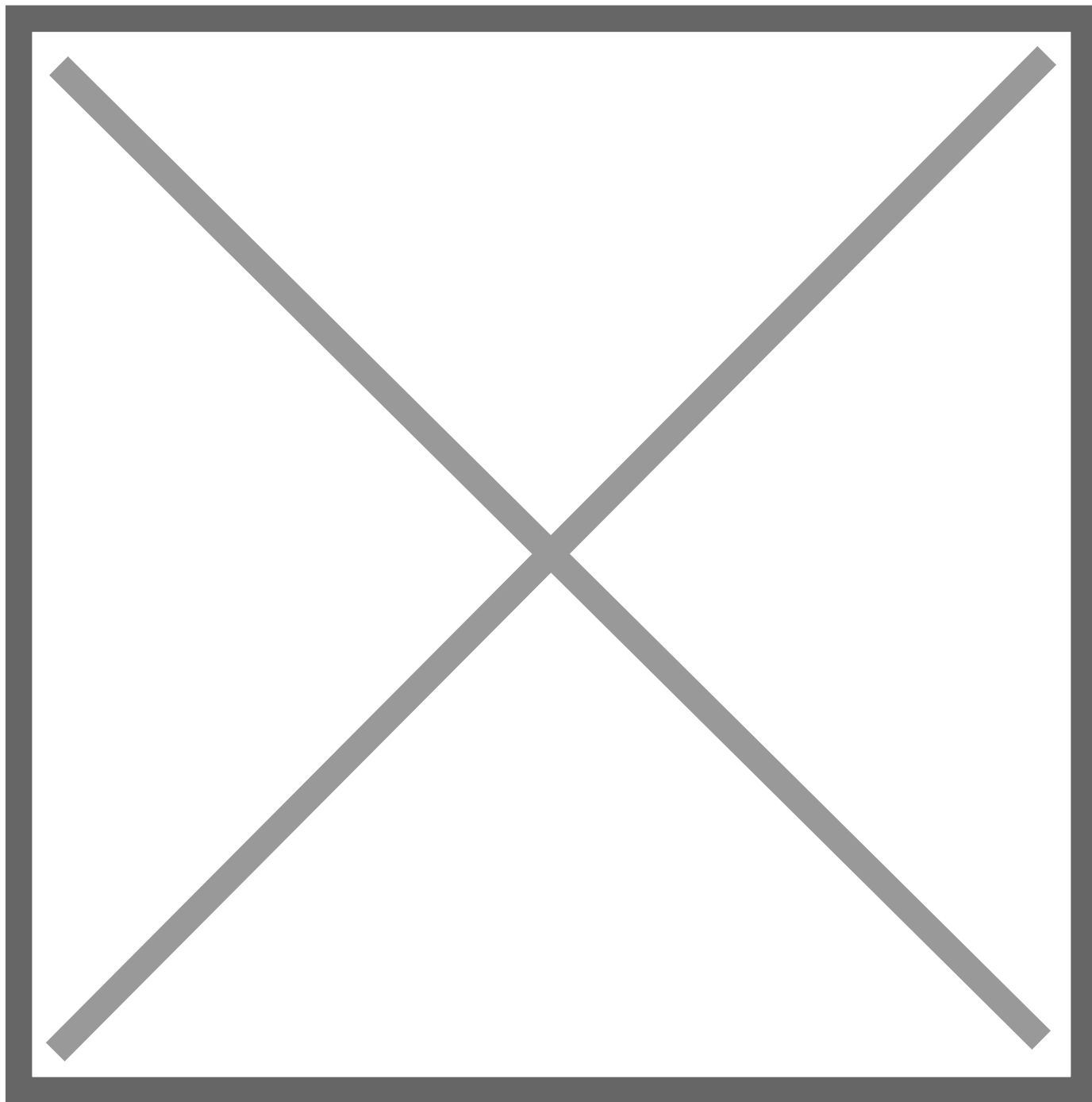
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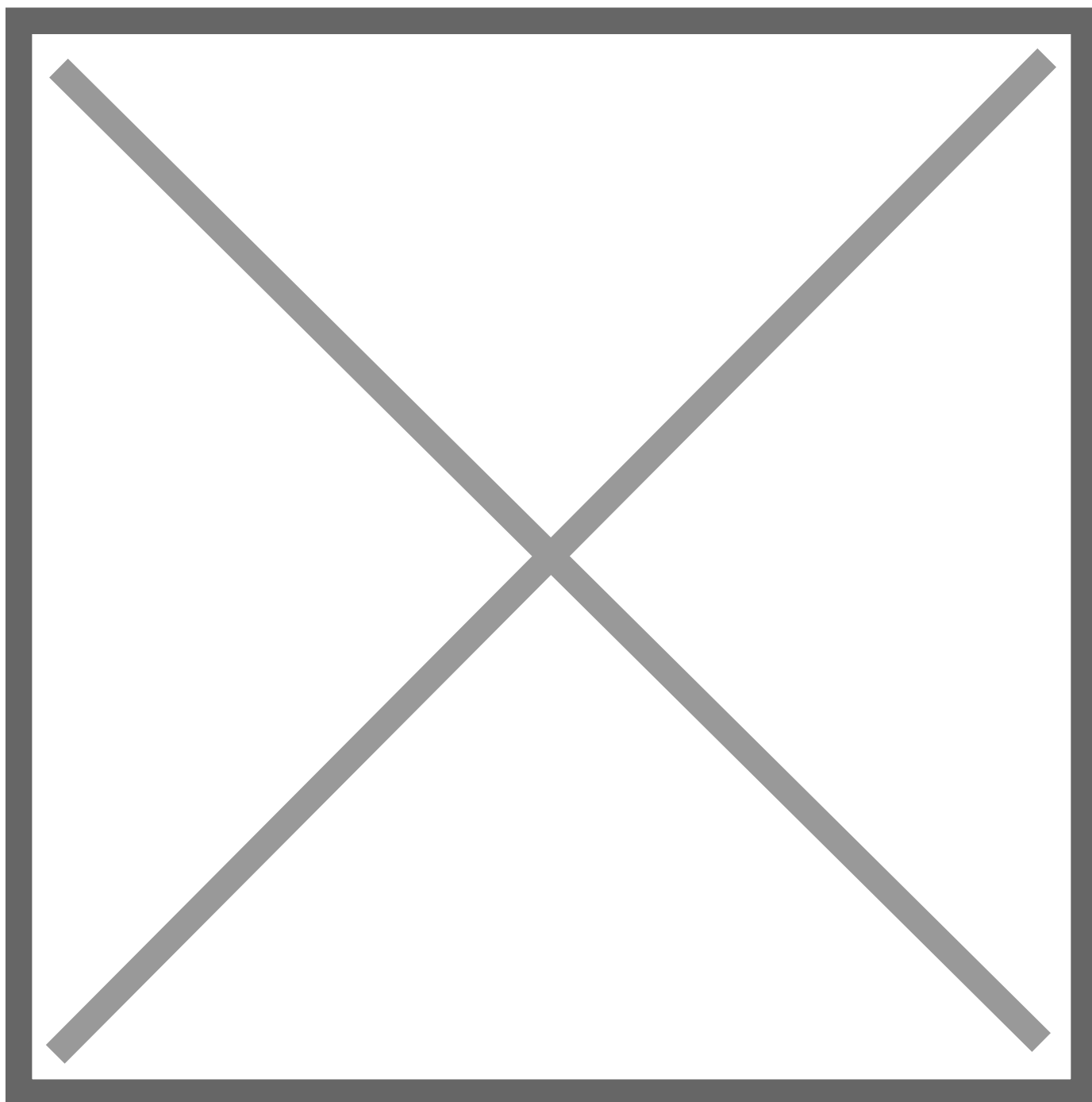
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Mentális egészség és szorongásos zavarok**Gyermekek, 2021****Referenciák:**

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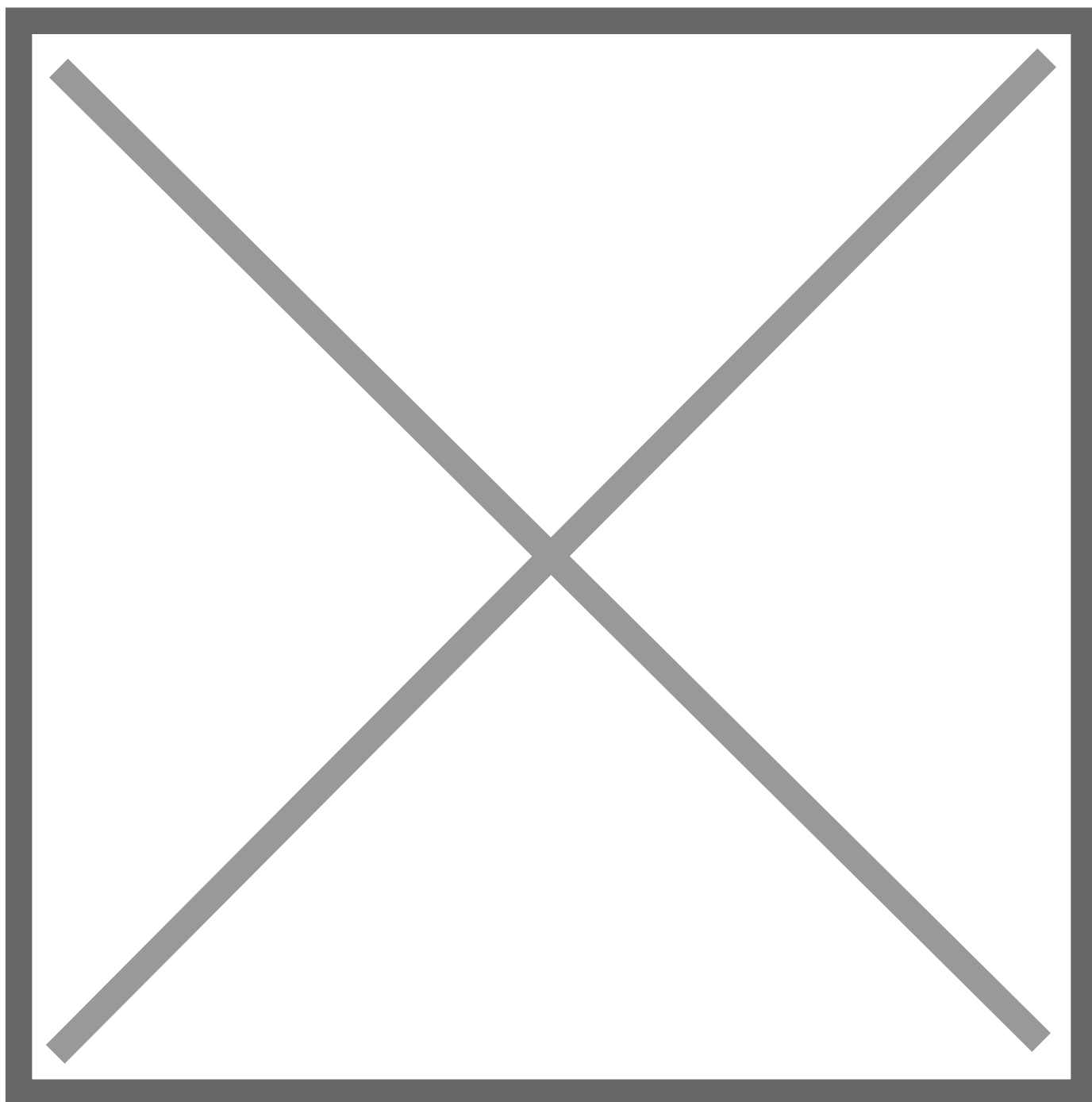
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