



Americas^{1/2} region³n

WHO

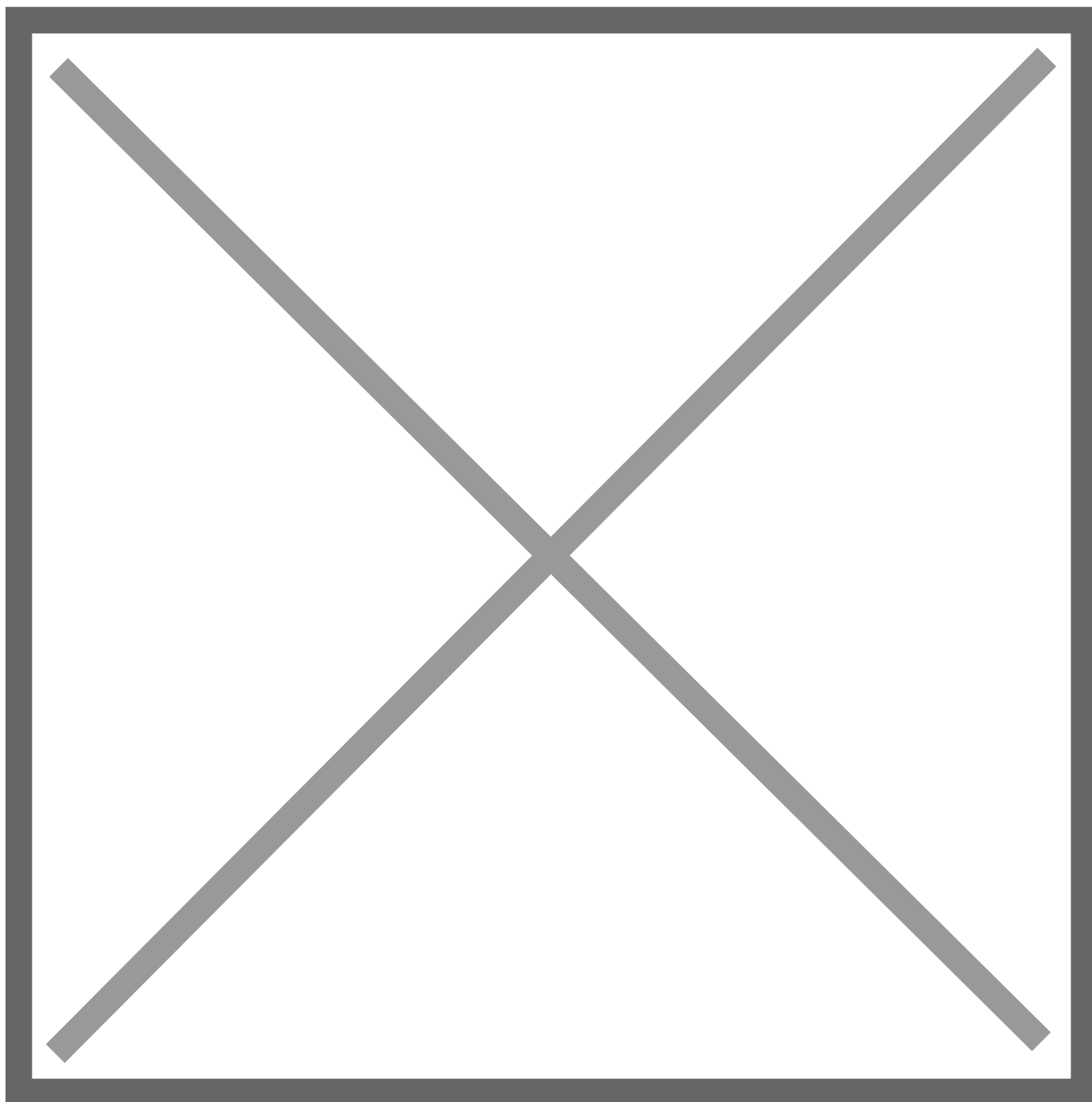
Regional report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/region/who-americas-region-3/>.

Prevalencia obezity

Dospelí



**Typ
prieskumu:**

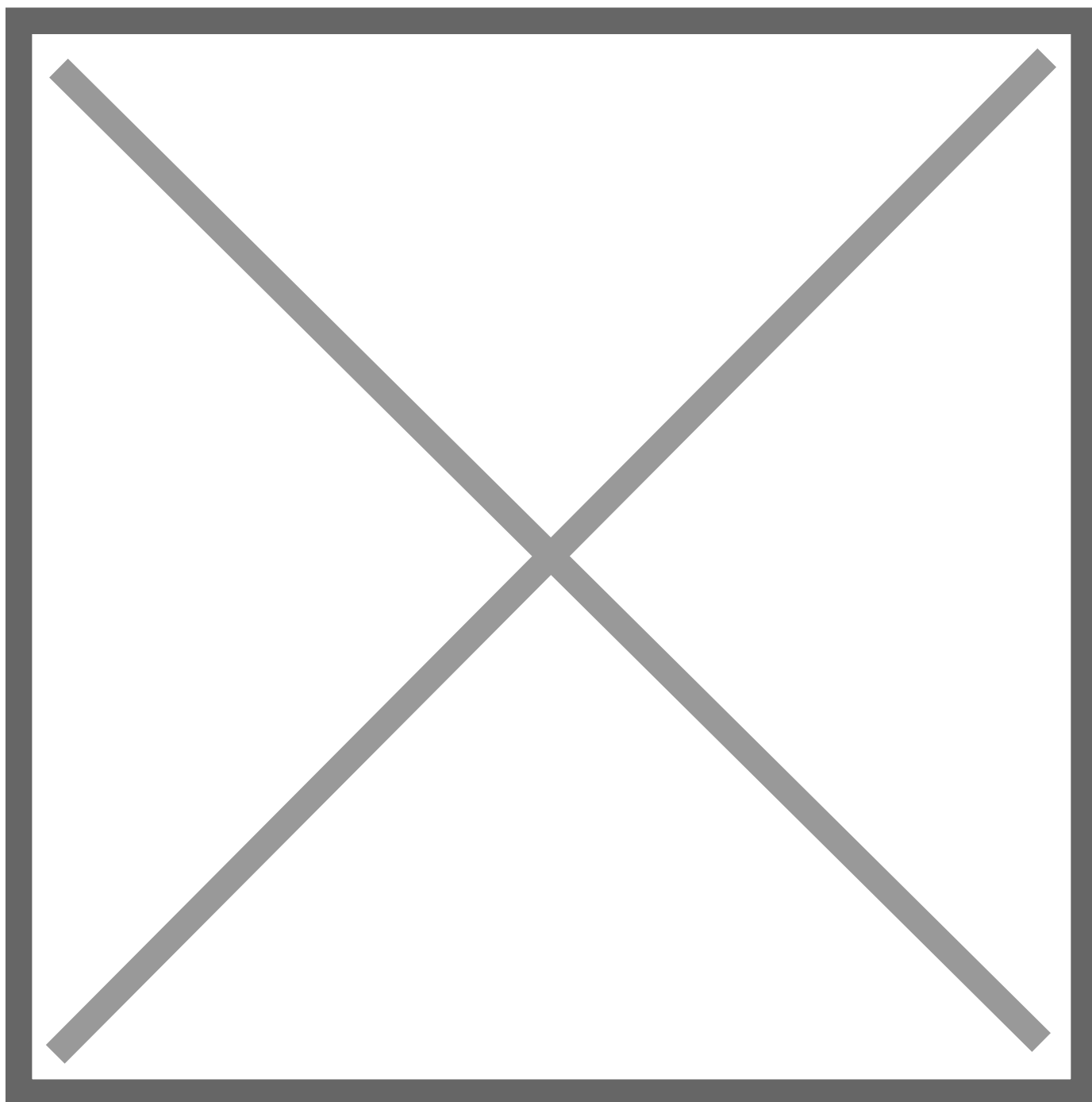
Countries marked with a * are using self-reported data.

**Poznámky (k
dispozícii iba
v angličtine):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

Ak nie je uvedená inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m² a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m².

Muži



Typ
prieskumu:

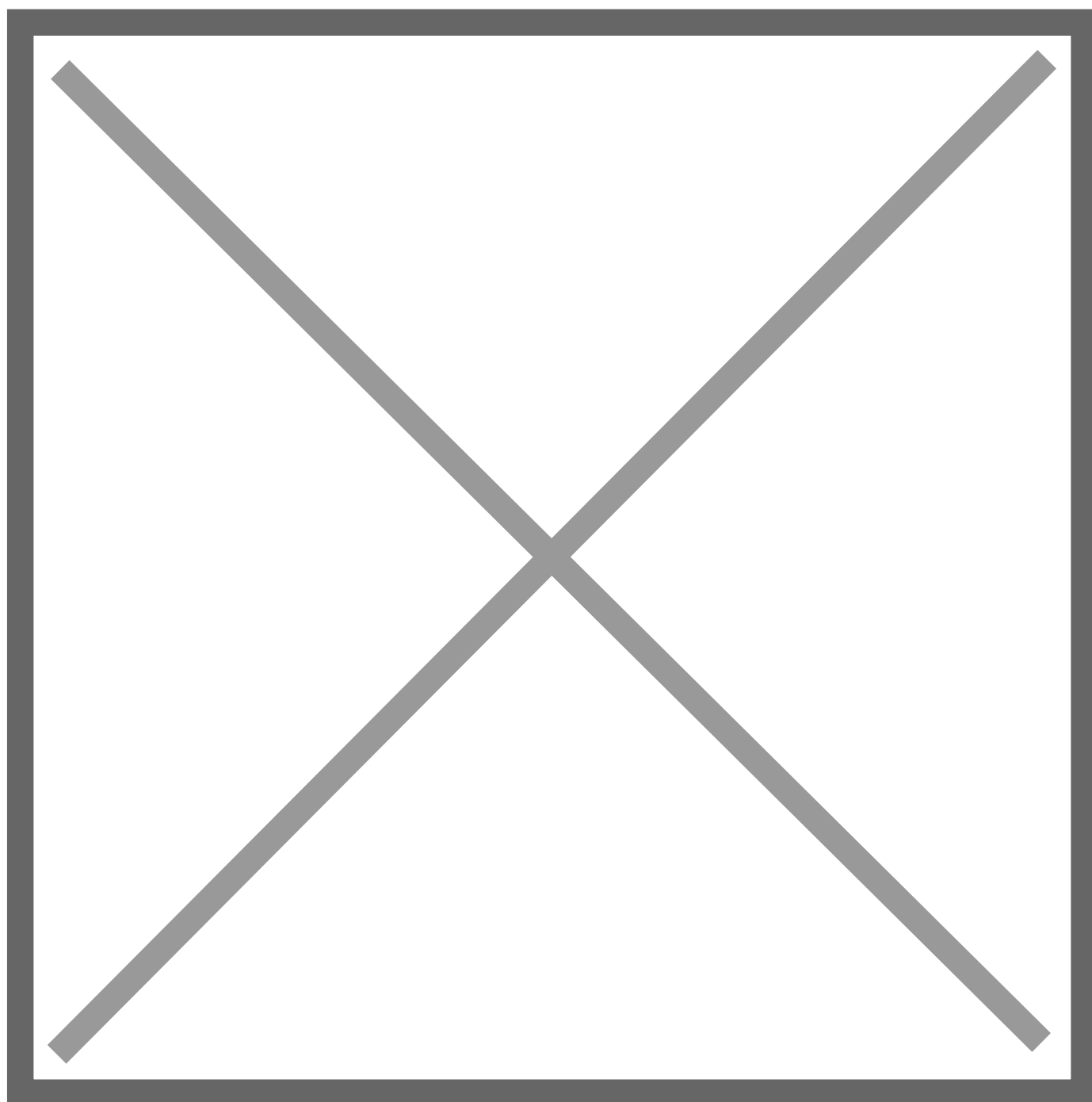
Countries marked with a * are using self-reported data.

Poznámky (k
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Príloha



**Typ
prieskumu:**

Countries marked with a * are using self-reported data.

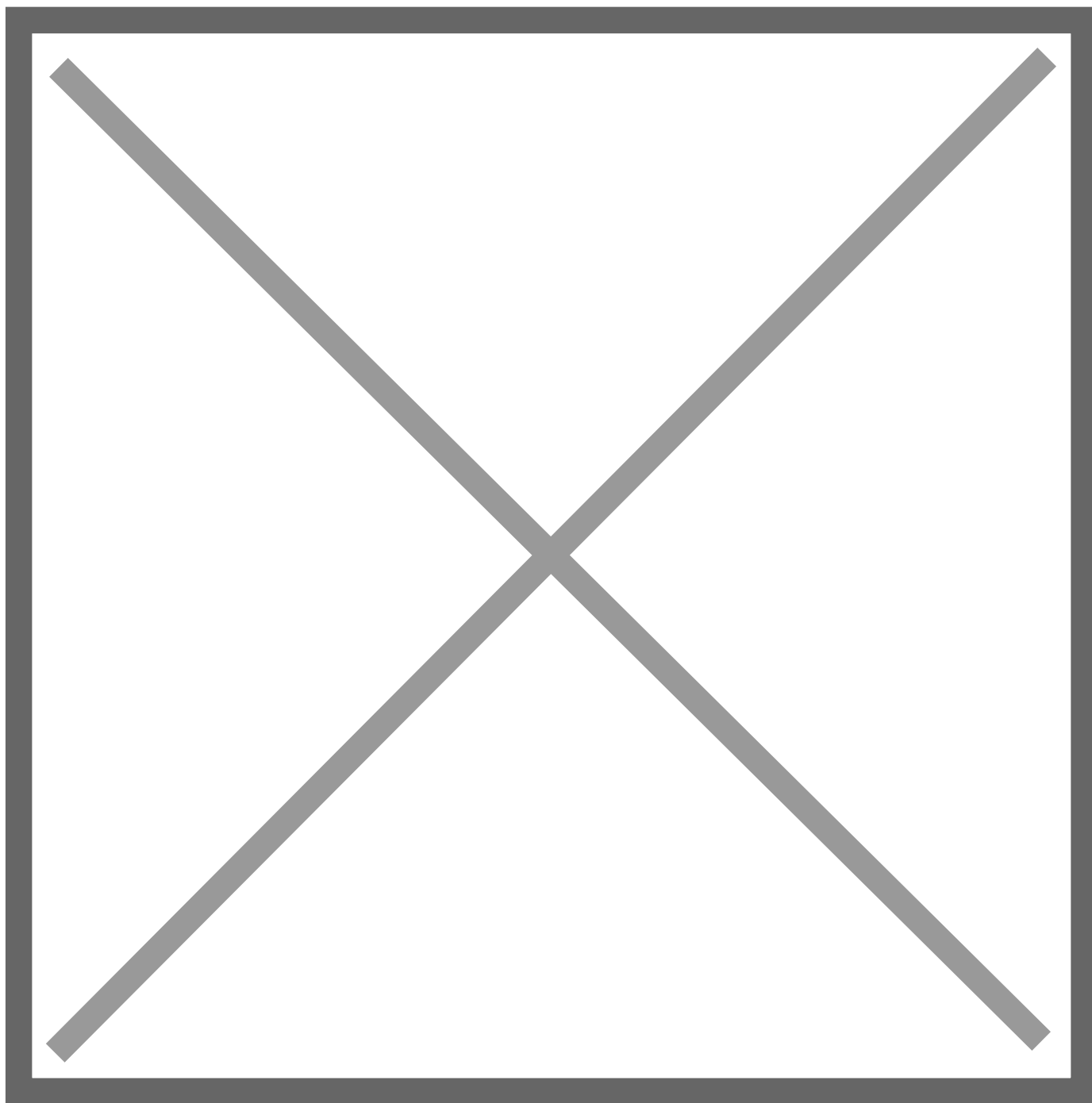
**Poznámky (k
dispozícii iba
v angličtine):**

Different methodologies have been used to collect this data and so it is not strictly comparable.

Ak nie je uvedená inak, za nadvažhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m² a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m².

Nedostatoč náj aktivita

Dospelí, 2016-2022



Typ
prieskumu:

Vlastná © hlásenie

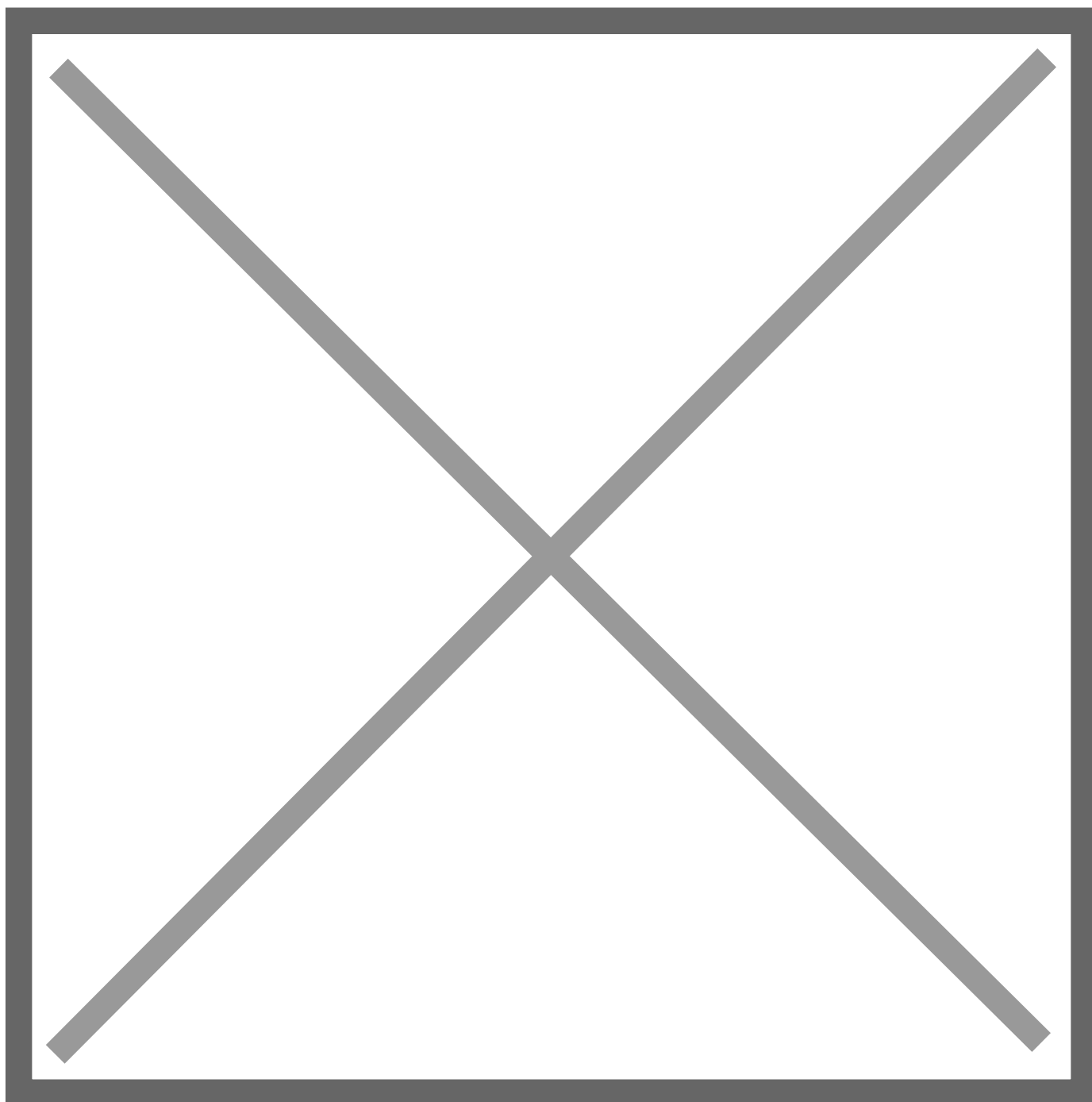
Dotknutý
oblasť:

Národná ½

Odkazy: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definície (k dispozícii iba v angličtine): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Muži, 2016-2022

Typ
prieskumu:

Vlastná hlásenie

Dotknutý
oblasť:

Národná

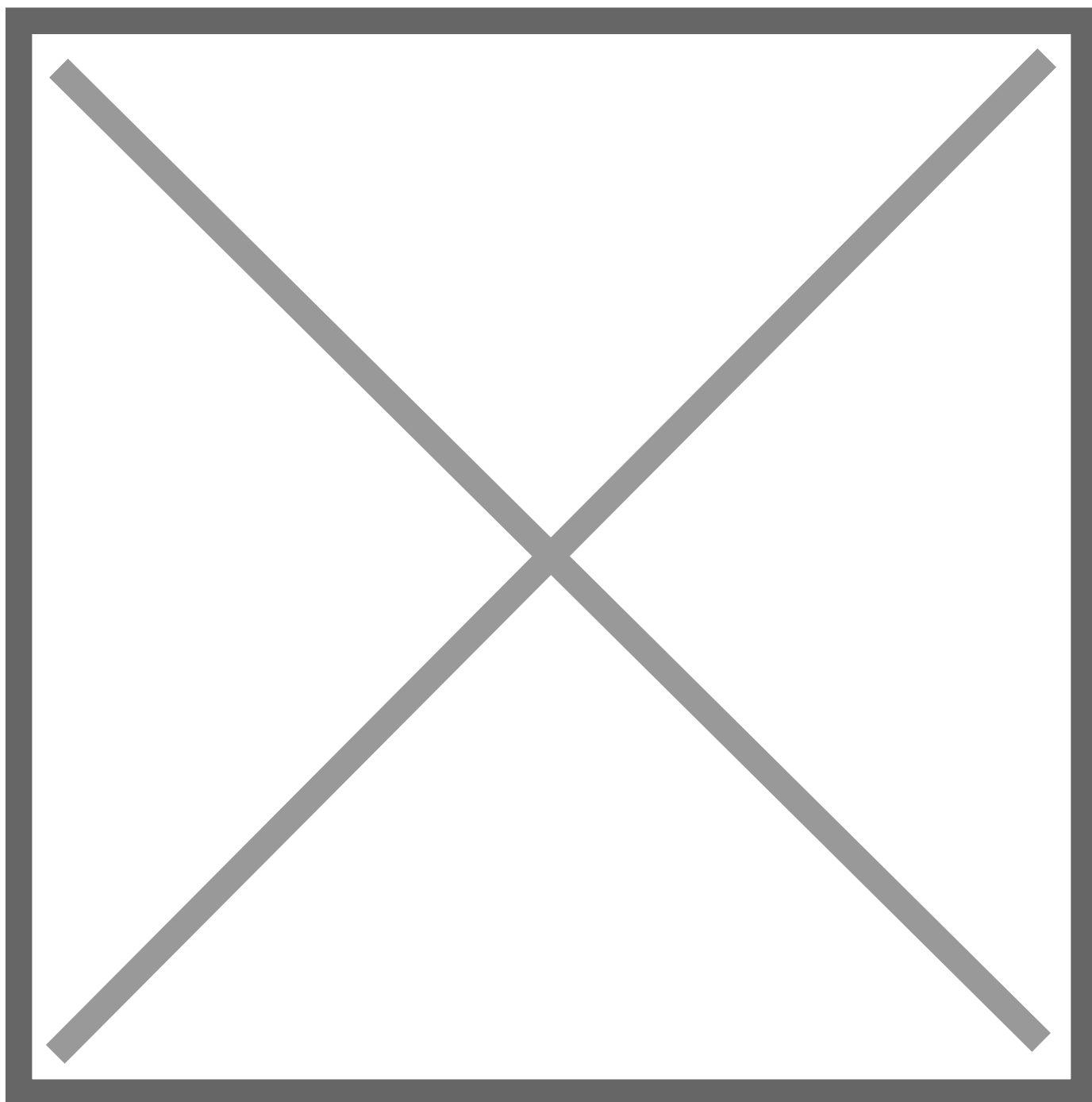
Odkazy:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definície (k
dispozícii iba
v angličtine):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Ďalšie, 2016-2022



**Typ
prieskumu:**

Vlastná hlásenie

**Dotknutá
oblasť:**

Národná

Odkazy:

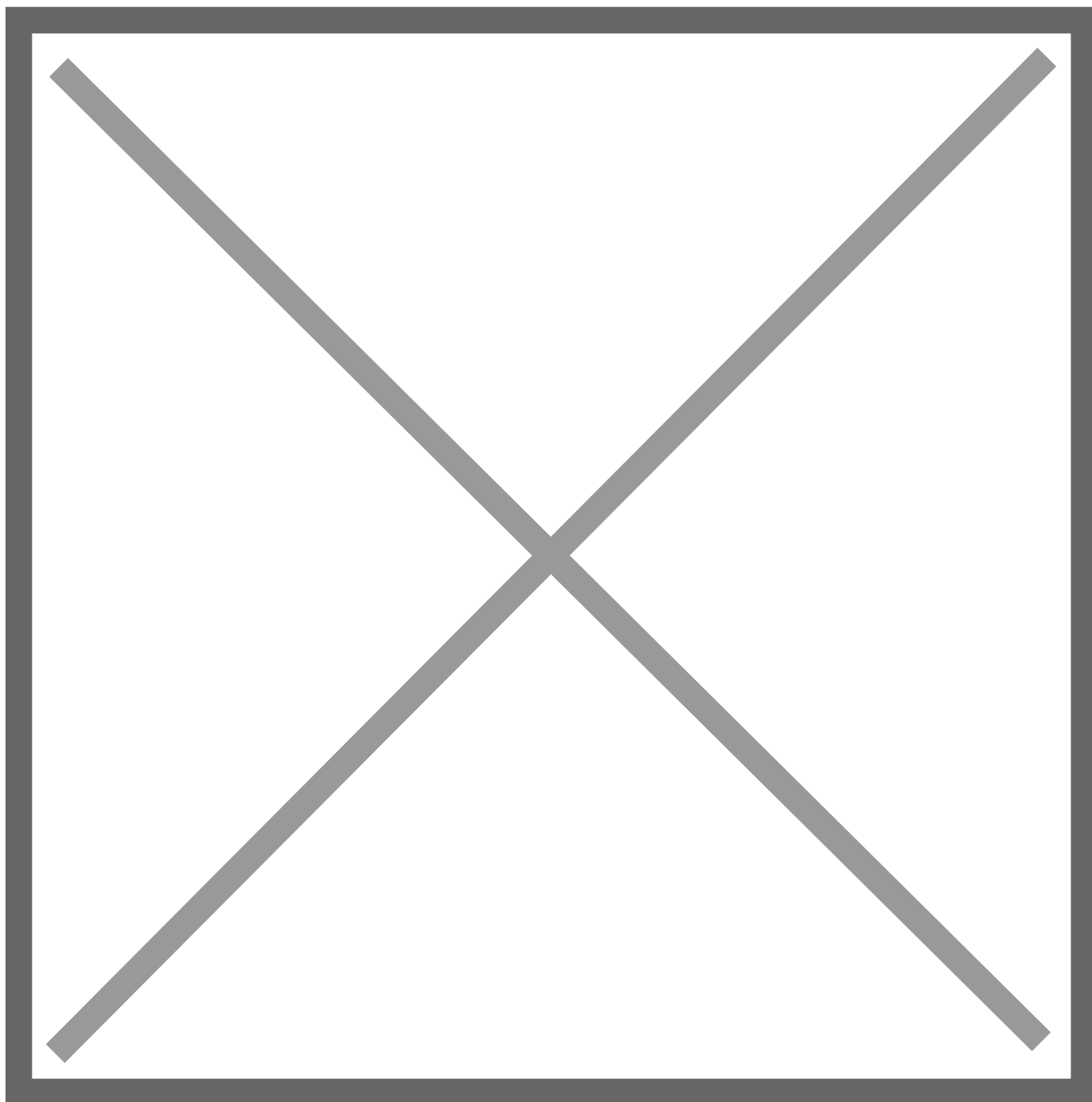
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definície (k
dispozícii iba
v angličtine):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Odhadovan½ prÅjem ovocia na obyvate¾a

Dospel½, 2017



Typ
prieskumu:

Nameran½ hodnota

Vek:

25+

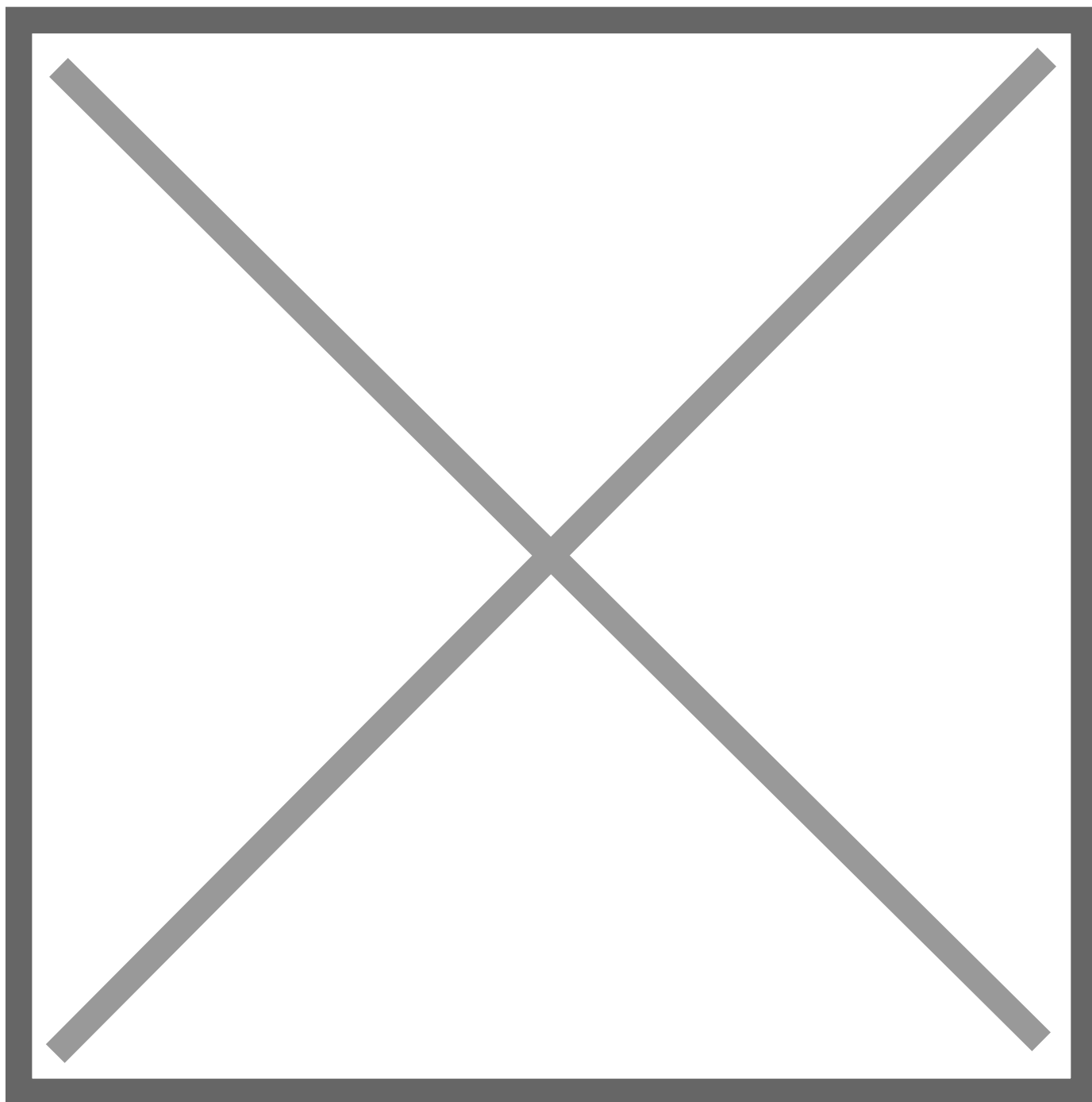
Odkazy:

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k
dispozícii iba
v angličtine):

Estimated per-capita fruit intake (g/day)

Odhadovan½ prÁjem spracovan½ho mÁŕsa na obyvate½a Dospel½, 2017



**Typ
prieskumu:**

Nameran½; hodnota

Vek:

25+

Odkazy:

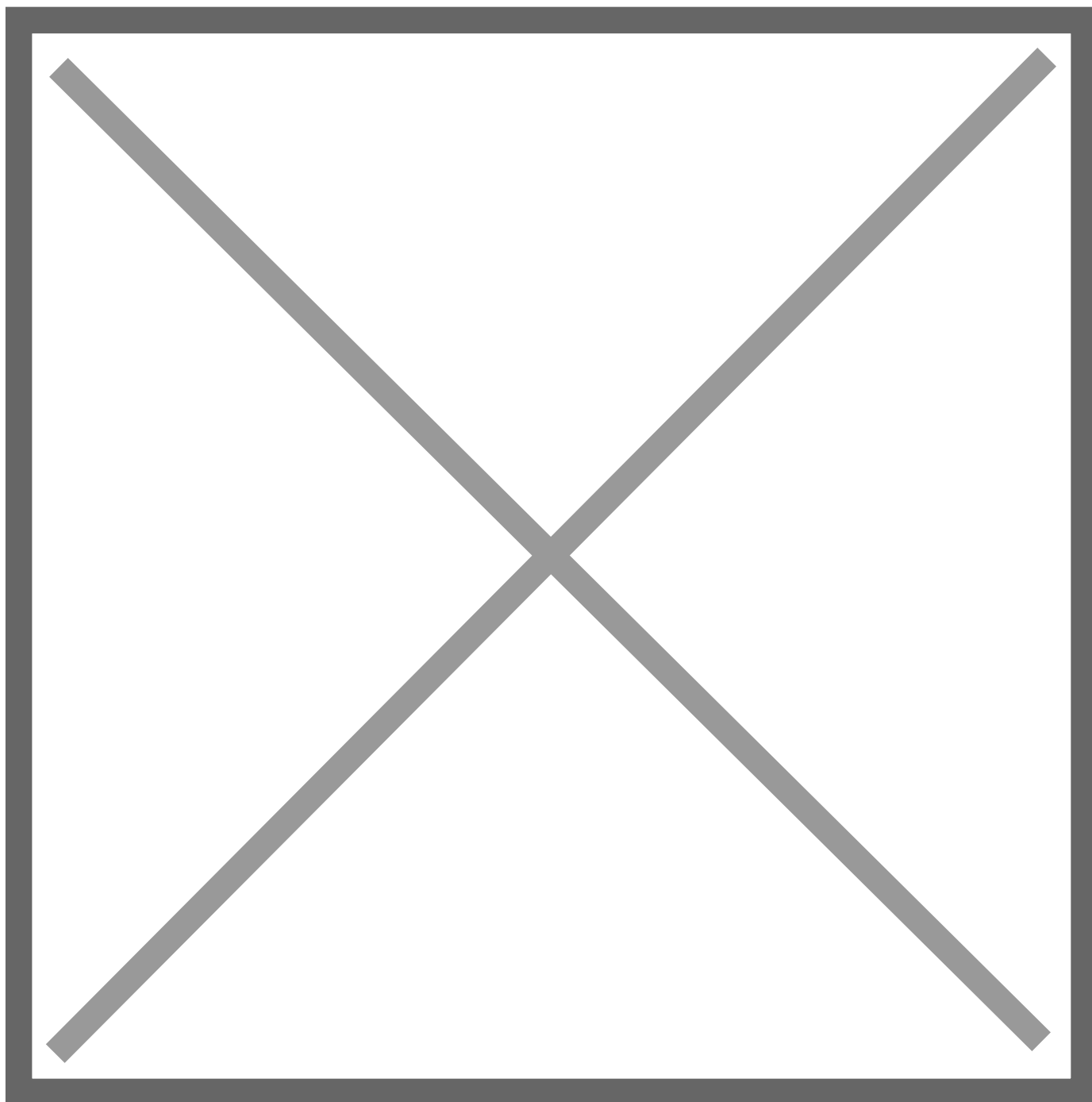
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k
dispozícii iba
v angličtine):

Estimated per-capita processed meat intake (g per day)

Odhadovaný počet celkových zranení na obyvateľa

Dospelí, 2017



Typ
prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

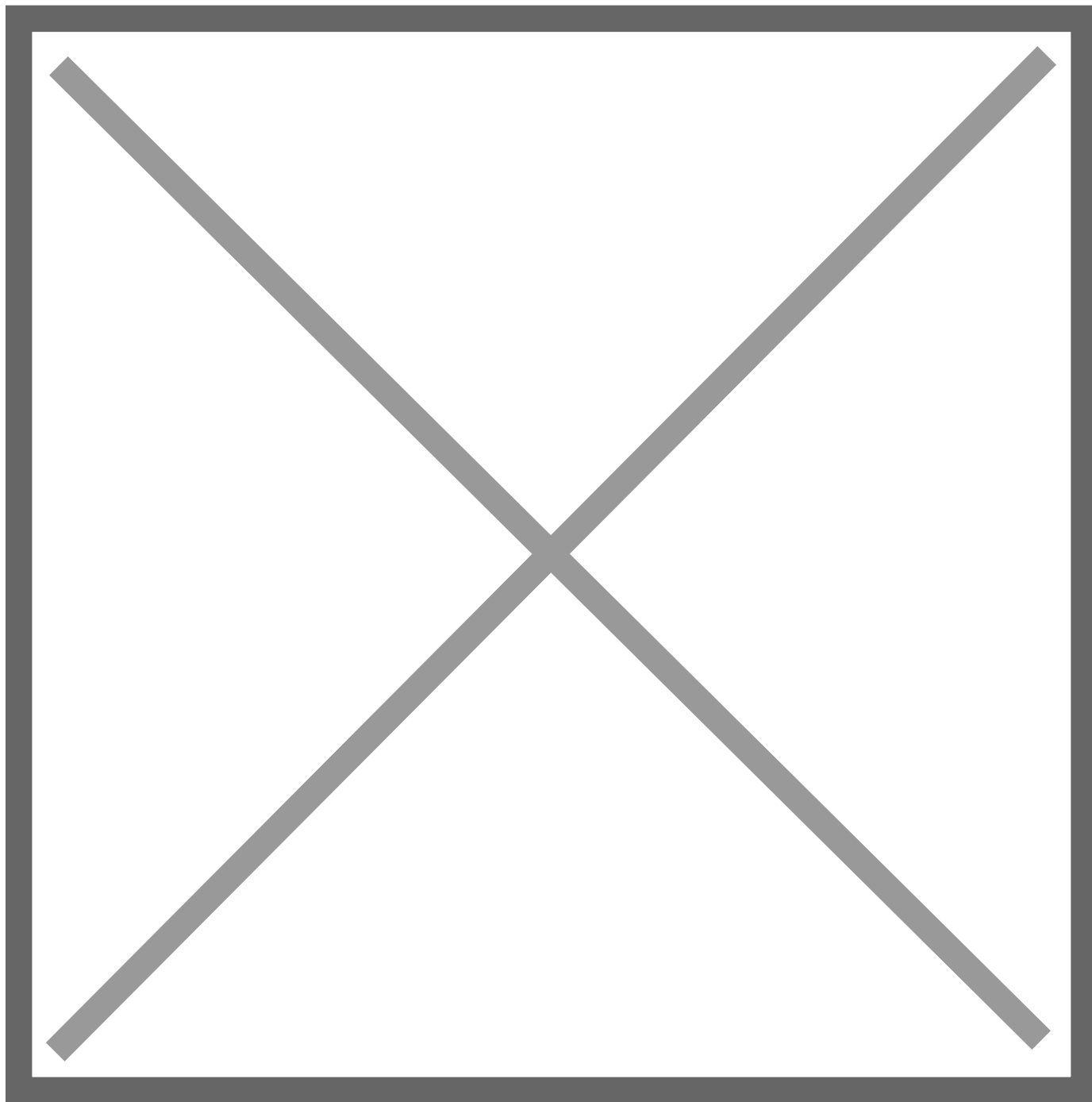
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k
dispozícii iba
v angličtine):

Estimated per-capita whole grains intake (g/day)

DuÅ¡evnÃ© zdravie - poruchy depresie

DospelÃ½, 2021



DotknutÃ½
oblasÅ¥:

NÃ¡rodnÃ½

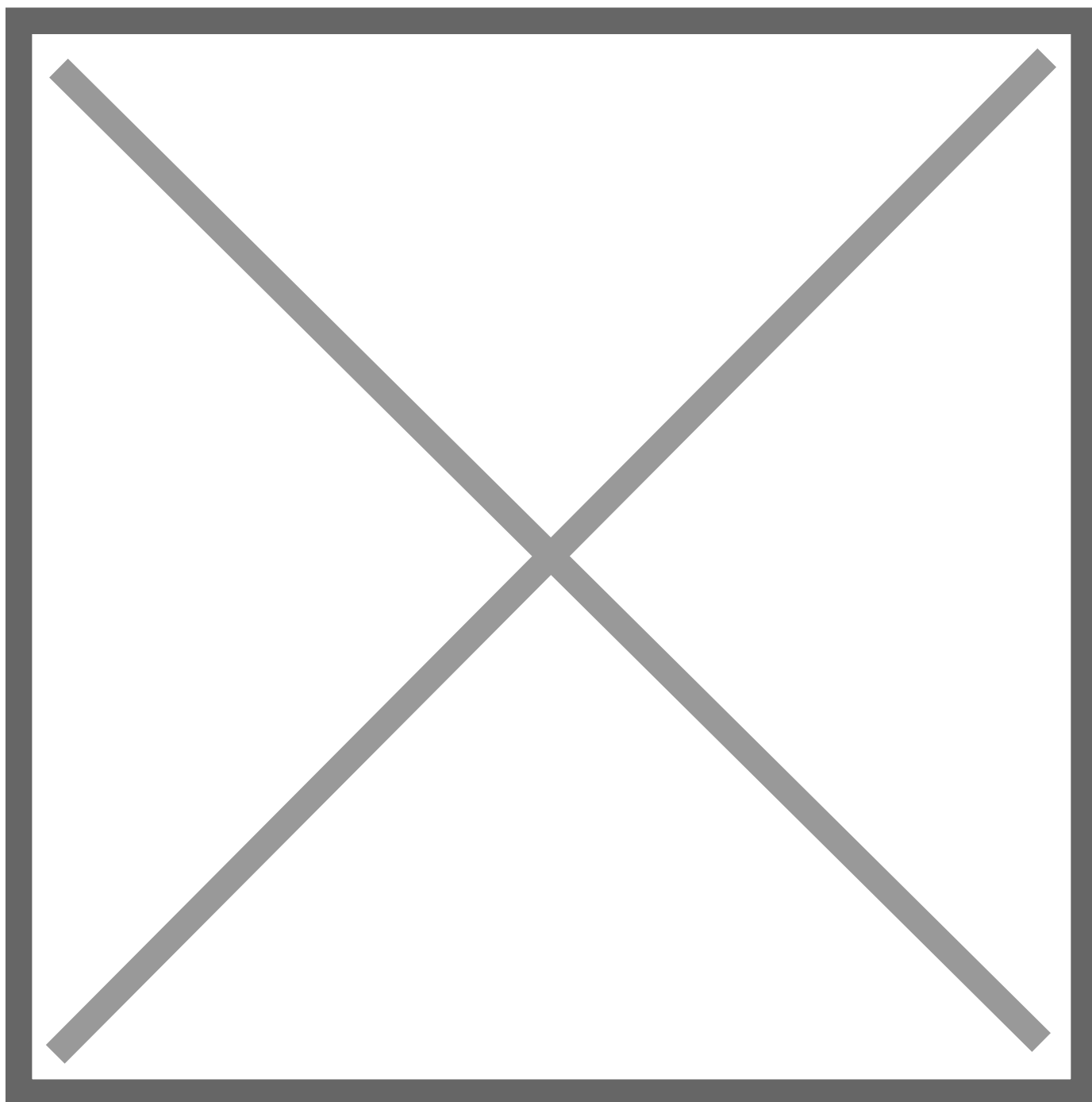
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depression per 100,000 population (adults 20+ years)

Muži, 2021



Dotknutí
oblasť:

Národná

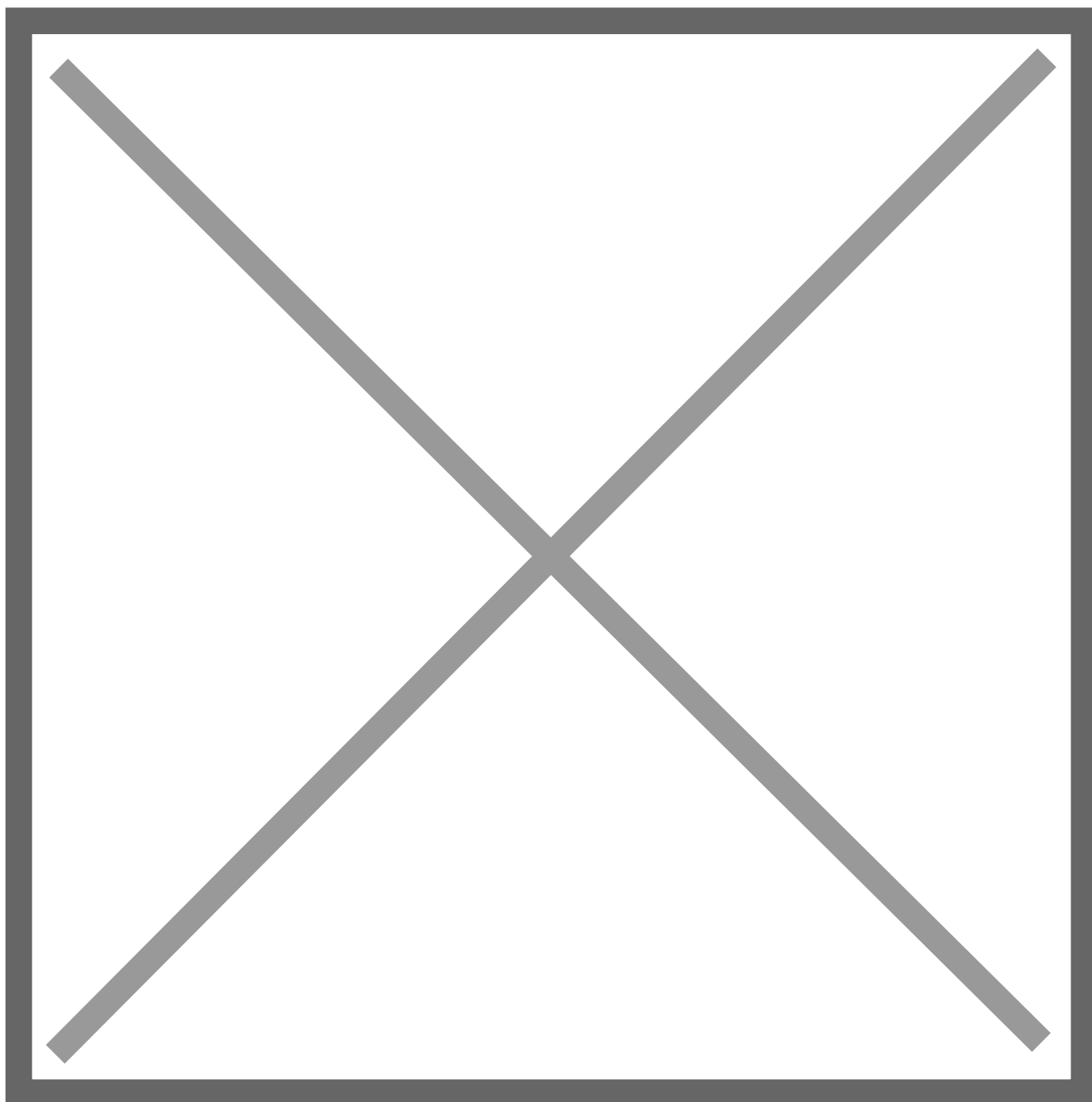
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depression per 100,000 population (adults 20+ years)

Ďalší, 2021



**Dotknutí
oblasť:**

Národná

Odkazy:

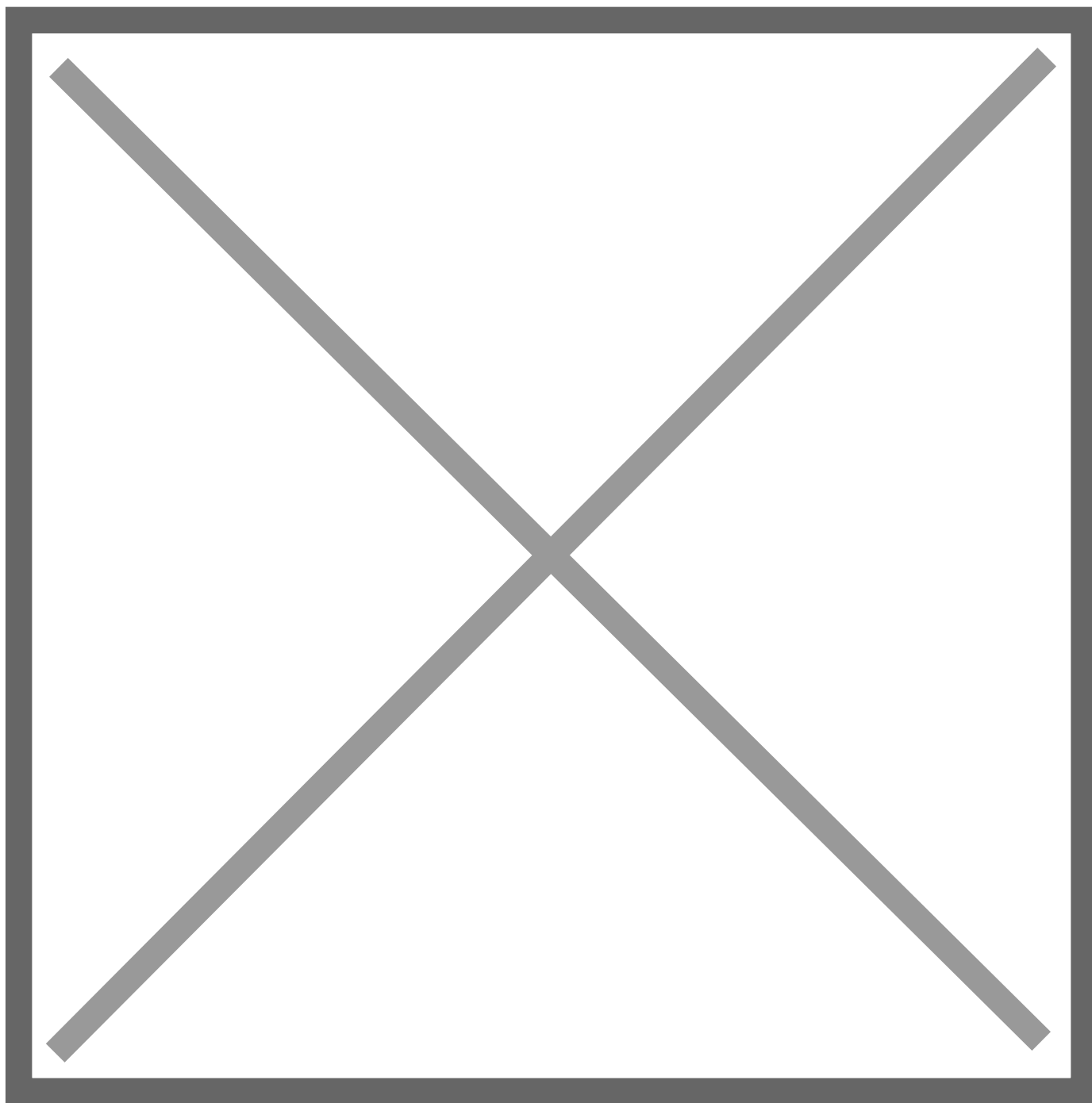
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depression per 100,000 population (adults 20+ years)

DuÅ¡evnÃ© zdravie - Å½zkostnÃ© poruchy

DospelÃ©, 2021



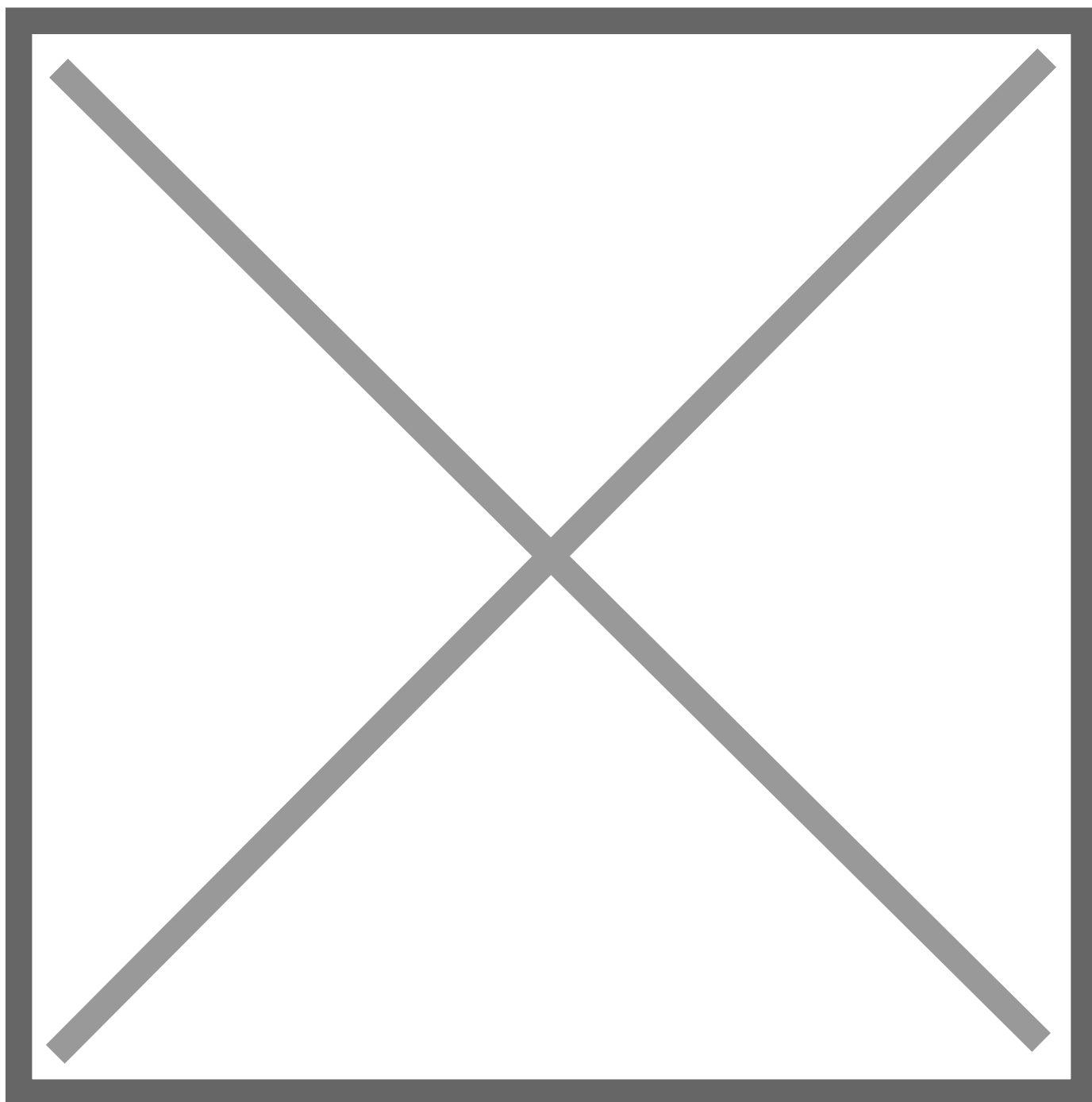
Vek: 20+

Odkazy: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definície (k
dispozícii iba
v angličtine):**

Number living with anxiety per 100,000 population

Muži, 2021

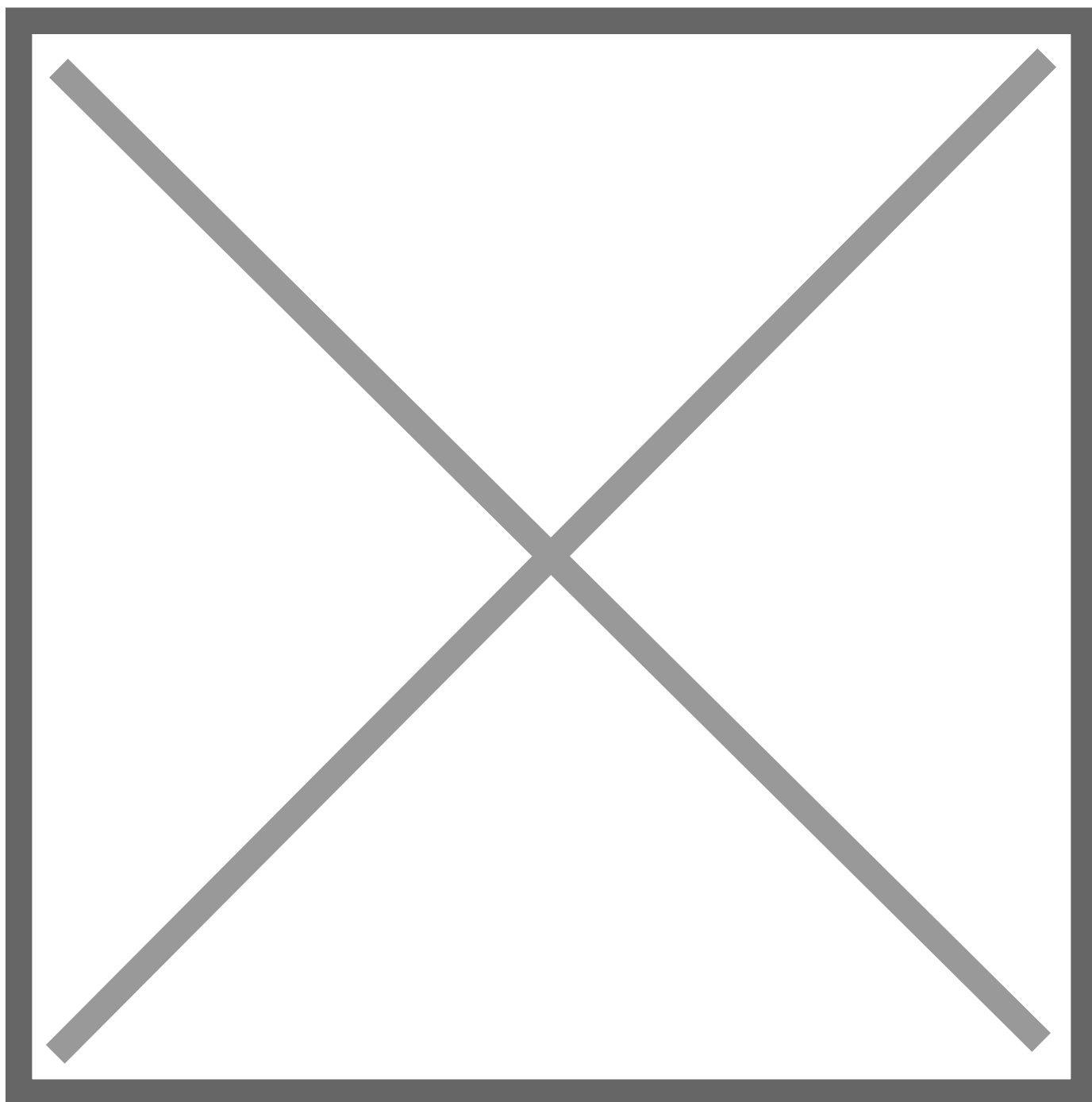


Vek: 20+

Odkazy: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definície (k dispozícii iba v angličtine): Number living with anxiety per 100,000 population

Ďalšie, 2021



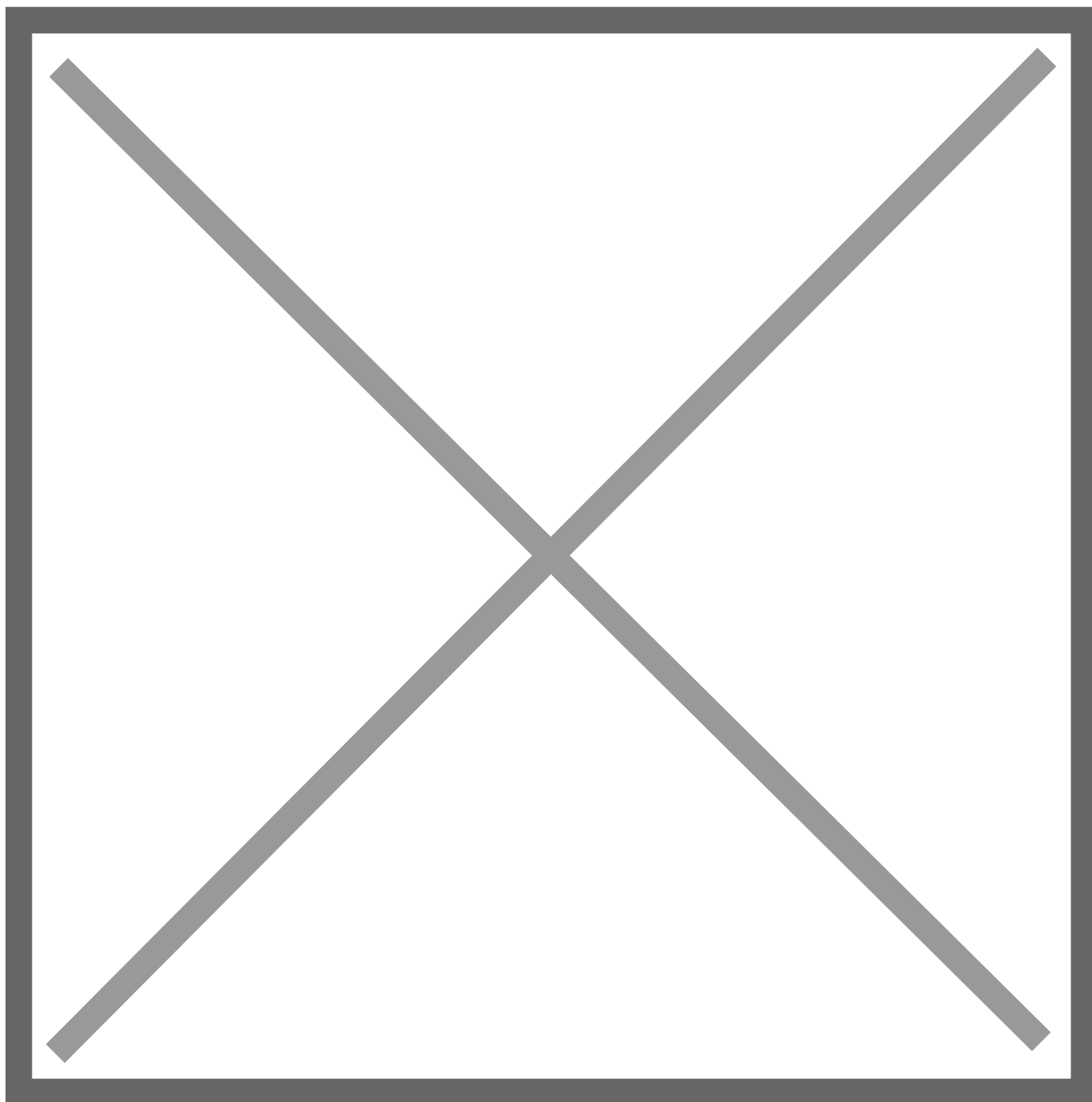
Vek: 20+

Odkazy: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definície (k dispozícii iba v angličtine): Number living with anxiety per 100,000 population

Rakovina pažeráka

Muži, 2022

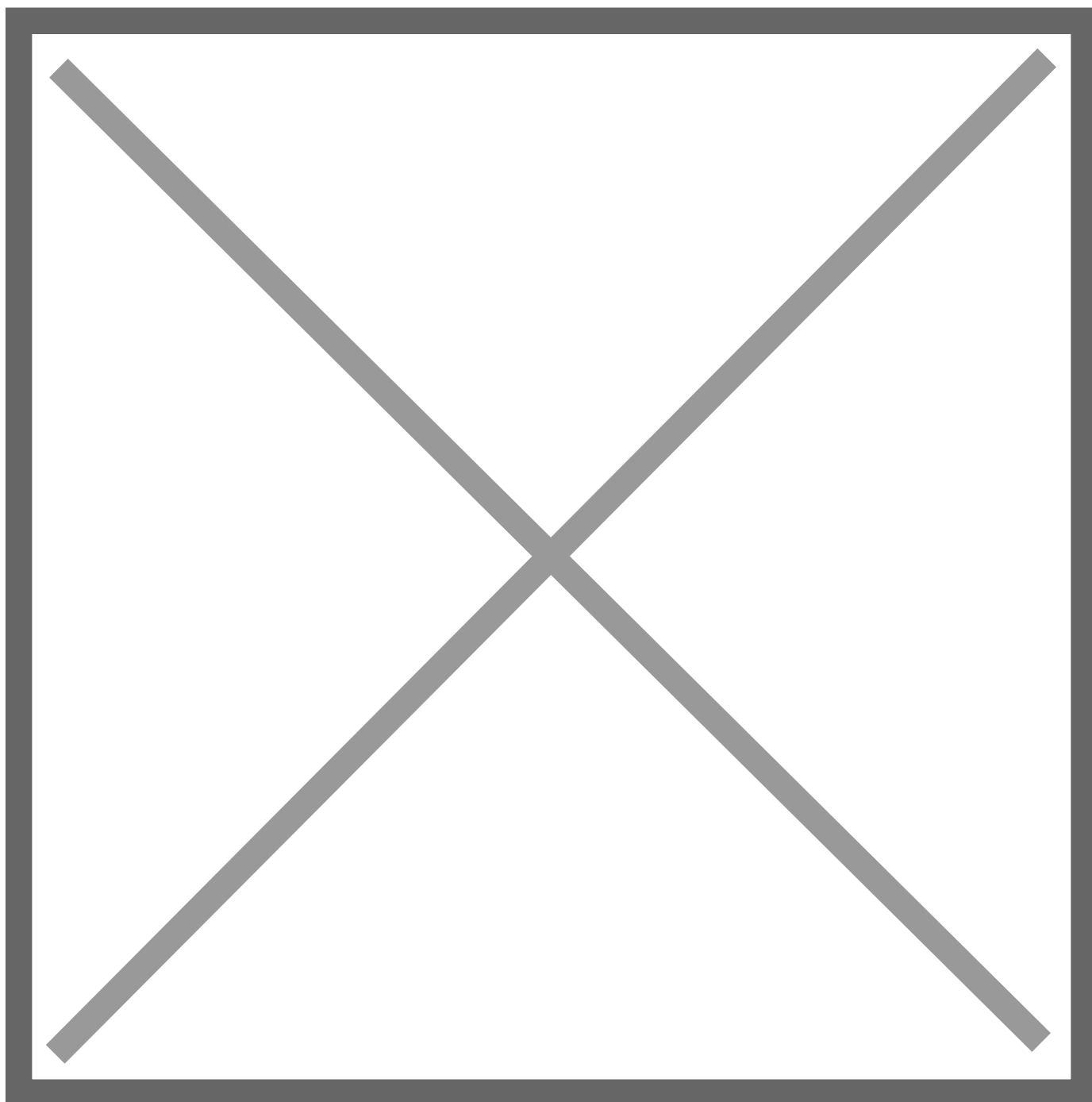


Věk:	20+
Dotknutí oblastí:	Národní

Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definície (k dispozícii iba v angličtine): Incidence per 100,000

Ā½eny, 2022



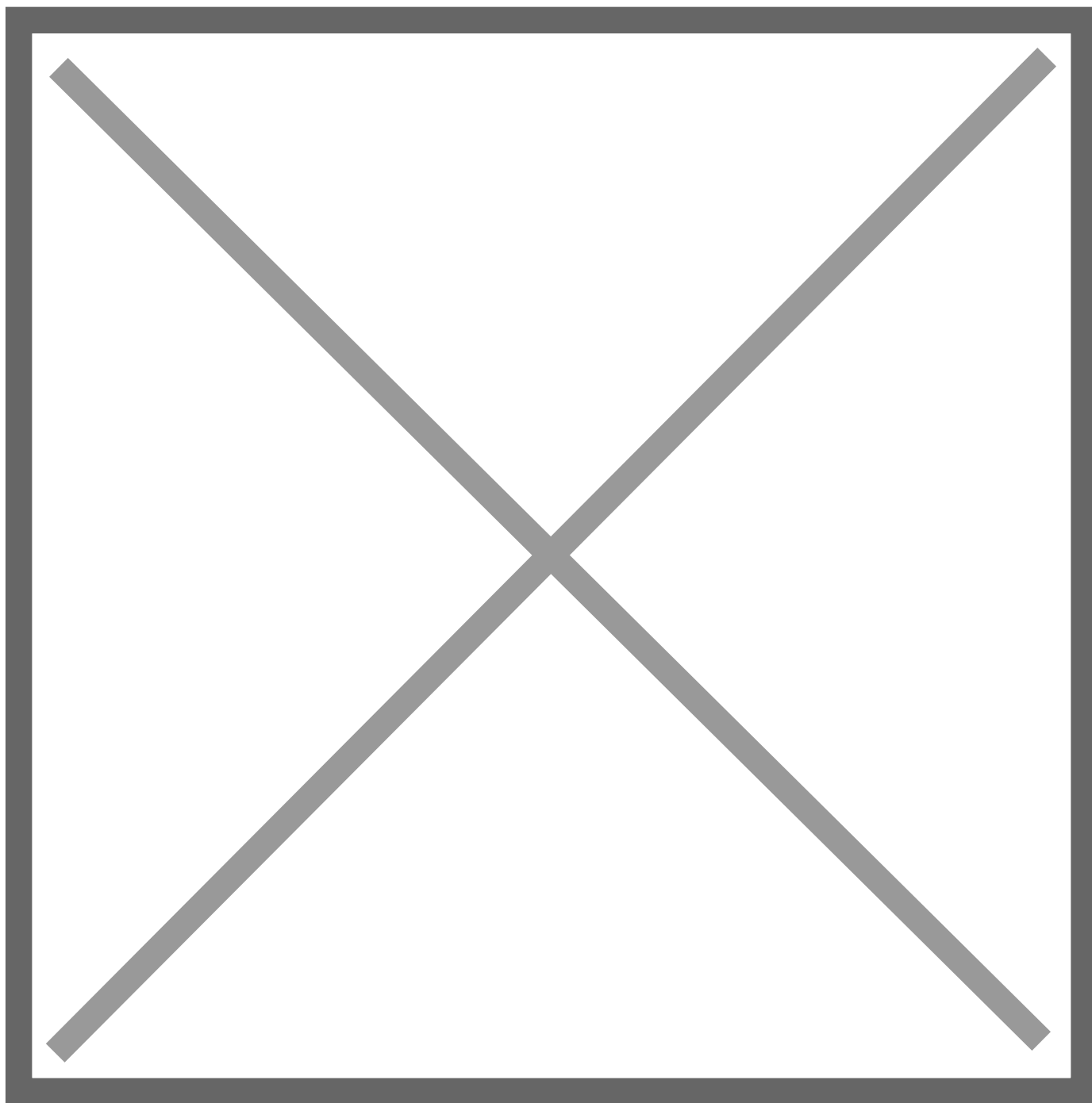
Vek:	20+
DotknutĀ; oblasĀŕ:	NĀ;rodnĀ½
Odkazy:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

**Definície (k
dispozícii iba
v angličtine):**

Indicence per 100,000

Rakovina prsníka

1/2eny, 2022



**Dotknutí
oblasti:**

Národnost

Odkazy:

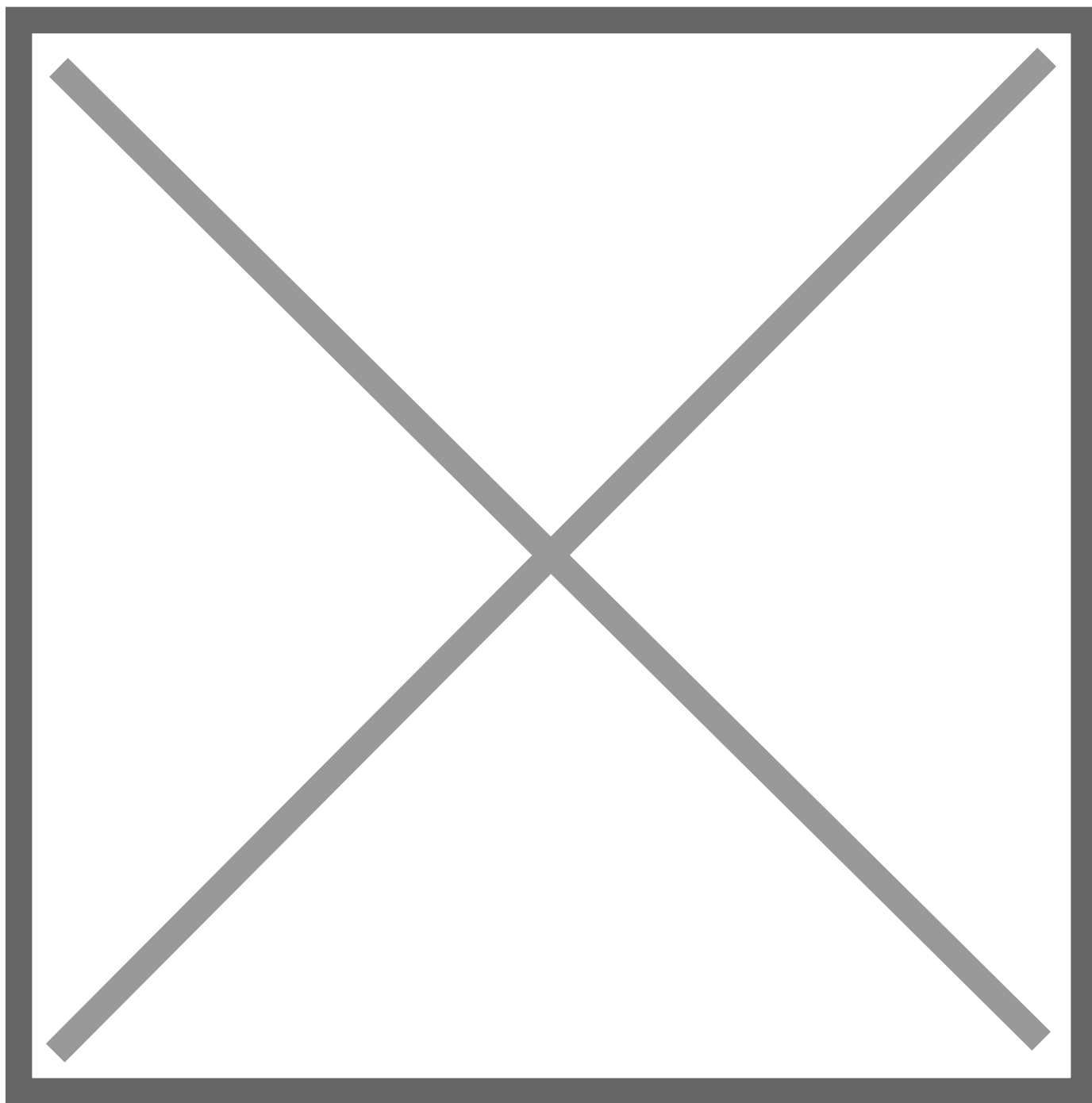
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Definície (k
dispozícii iba
v angličtine):

Incidence per 100,000

Rakovina hrubého Ä reva a koneÄ níka

MuÄi, 2022

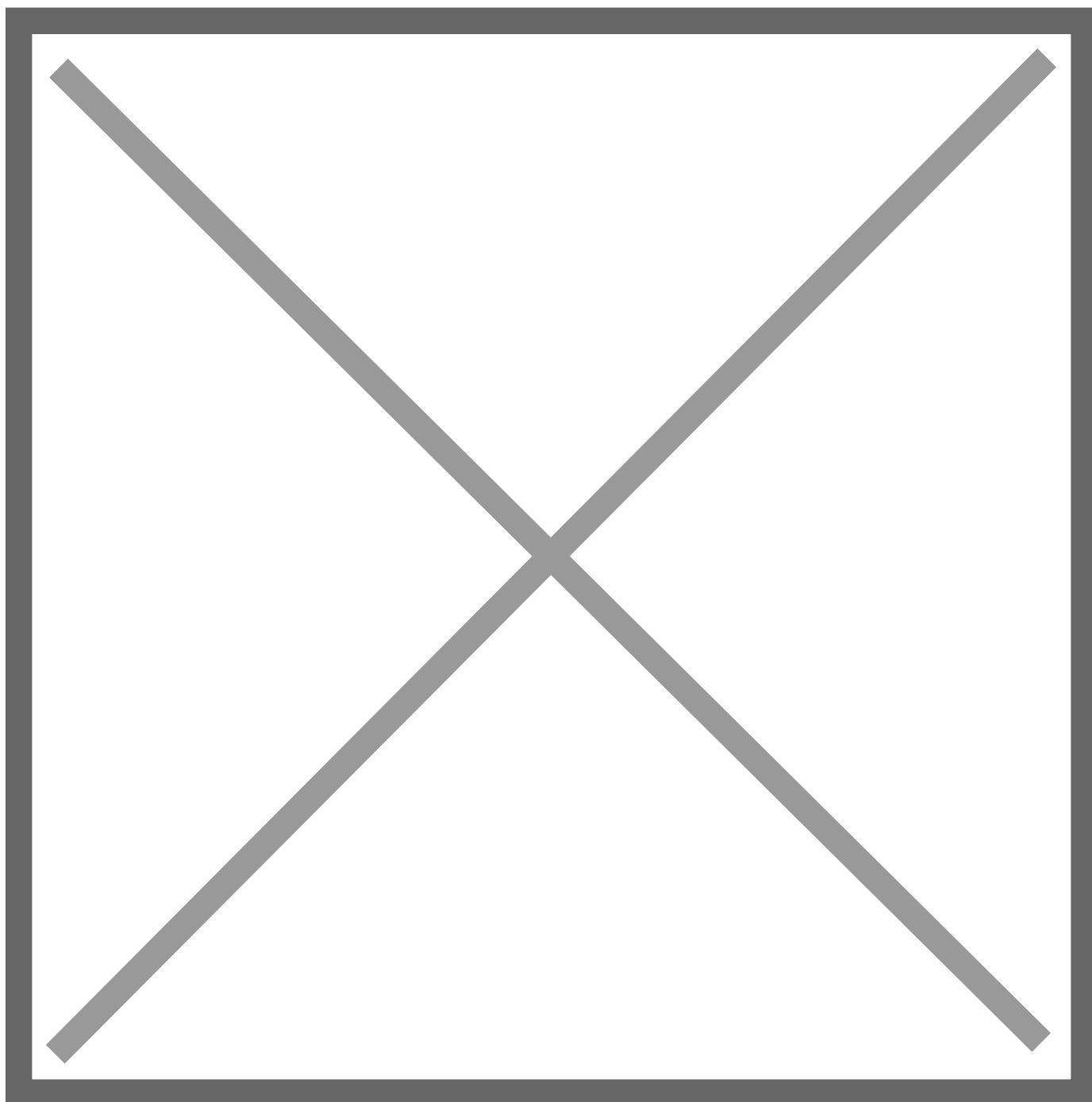


Vek:	20+
DotknutÄ oblasÄ:	NÄrodnÄ

Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definície (k dispozícii iba v angličtine): Incidence per 100,000

Ā½eny, 2022



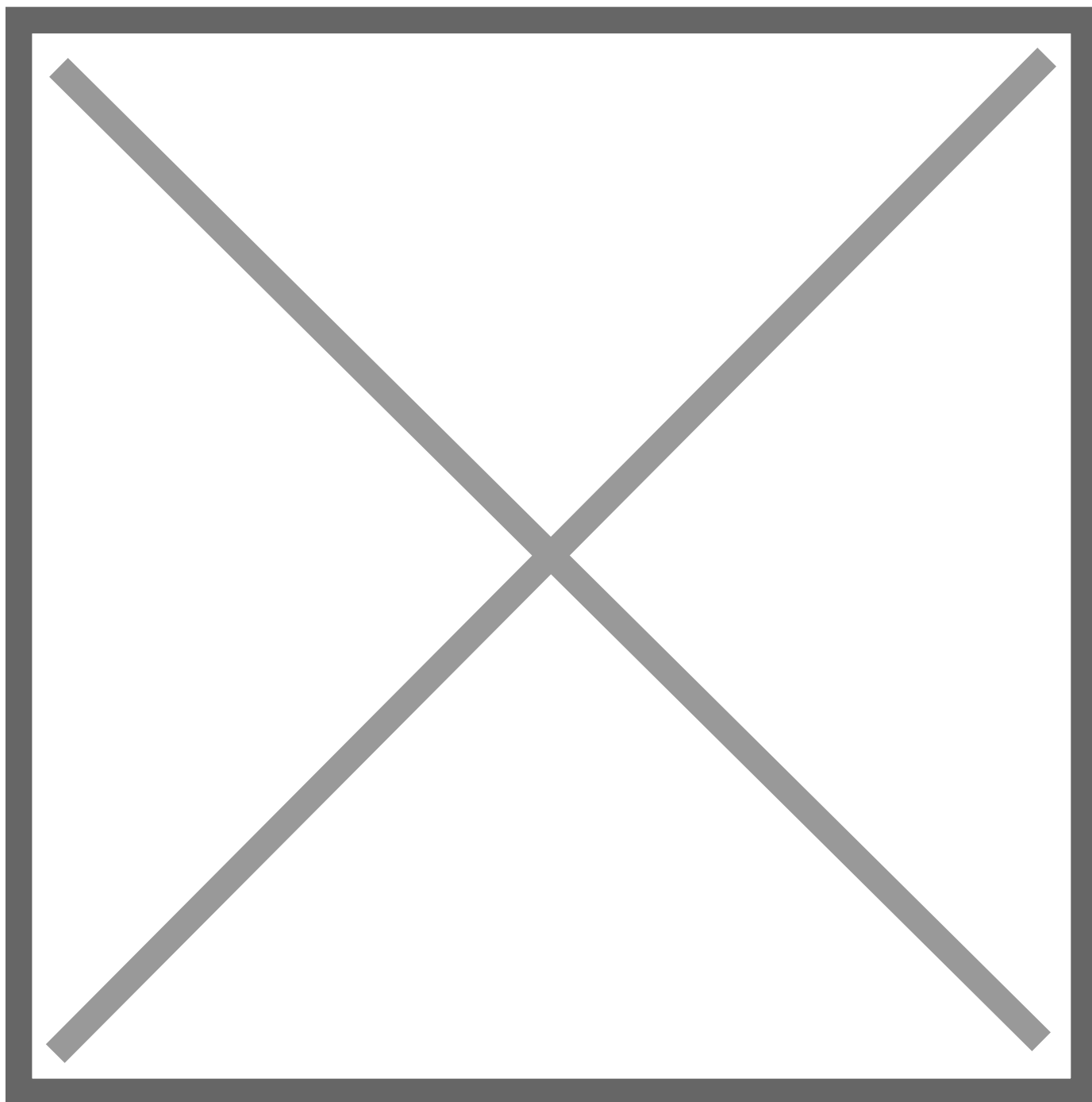
Vek:	20+
DotknutĀ; oblasĀŕ:	NĀ;rodnĀ½
Odkazy:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

Definície (k
dispozícii iba
v angličtine):

Incidence per 100,000

Rakovina pankreasu

Muži, 2022

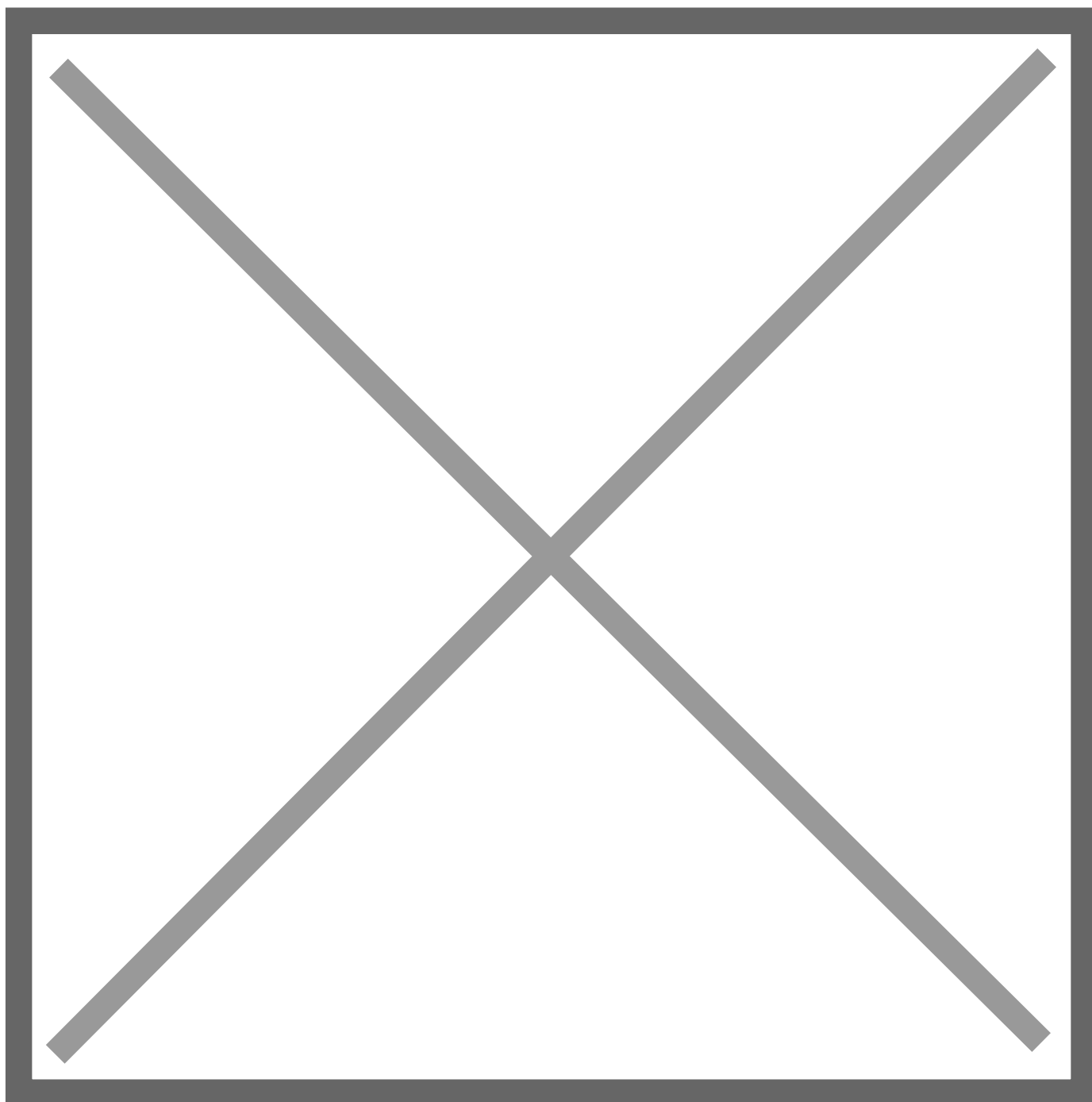


Věk:	20+
Dotknutí oblastí:	Národní

Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definície (k dispozícii iba v angličtine): Incidence per 100,000

Ā½eny, 2022



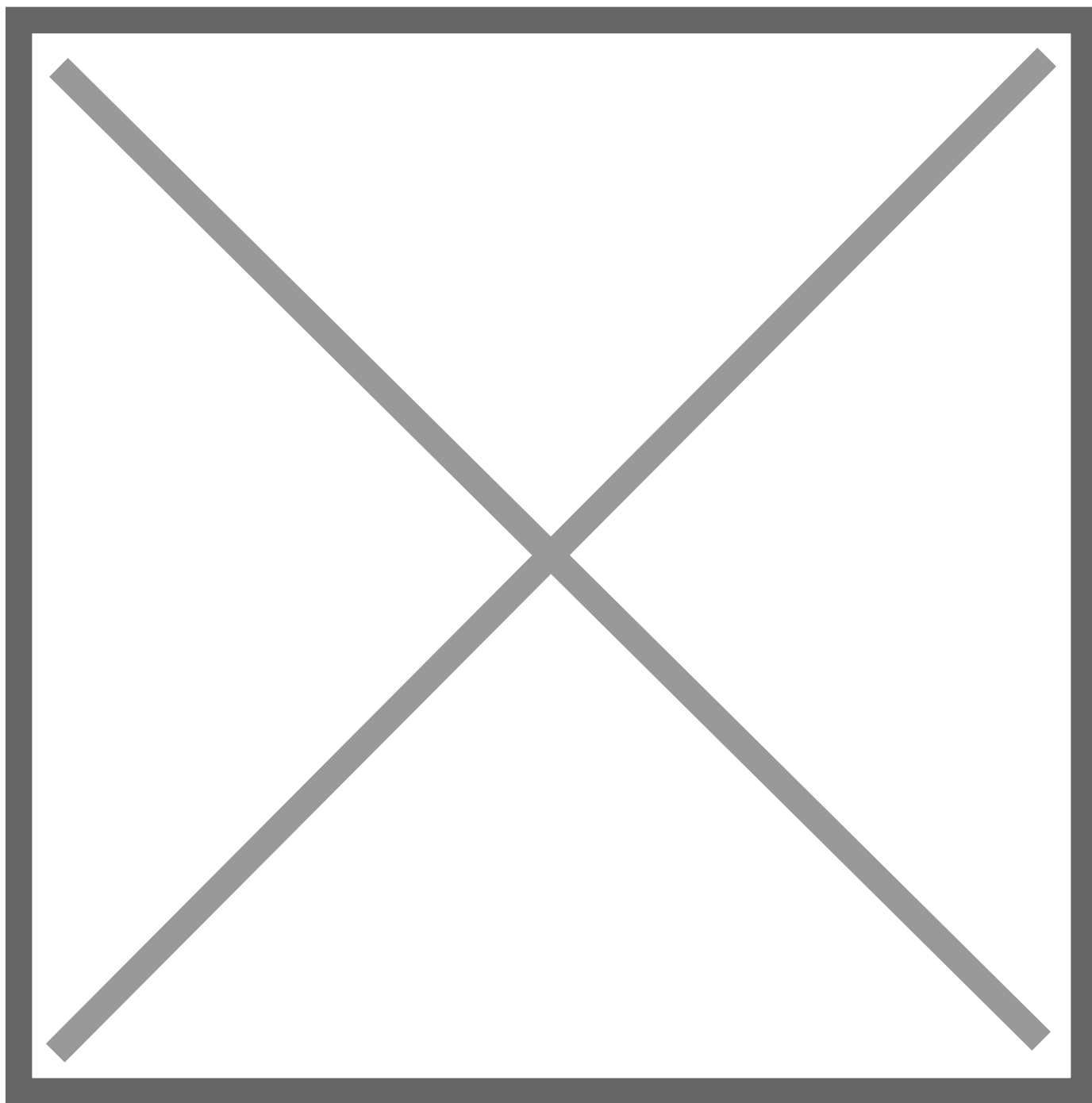
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Odkazy:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

Definície (k
dispozícii iba
v angličtine):

Incidence per 100,000

Rakovina $\frac{3}{4}$ lÄ nÄka

MuÄ $\frac{3}{4}$ i, 2022

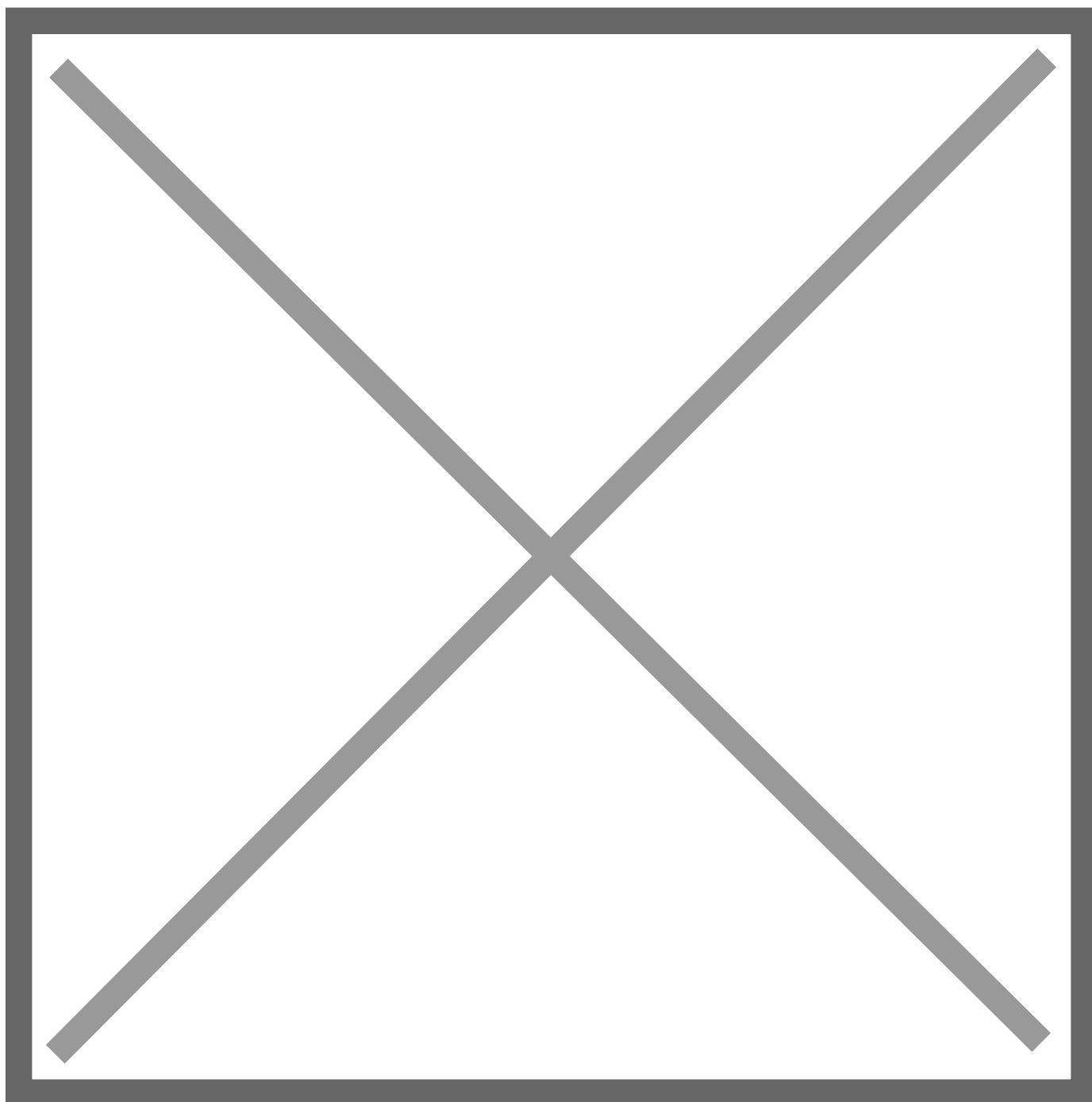


Vek:	20+
DotknutÄj oblasÄ¥:	NÄjrodnÄ½

Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definície (k dispozícii iba v angličtine): Incidence per 100,000

Ā½eny, 2022



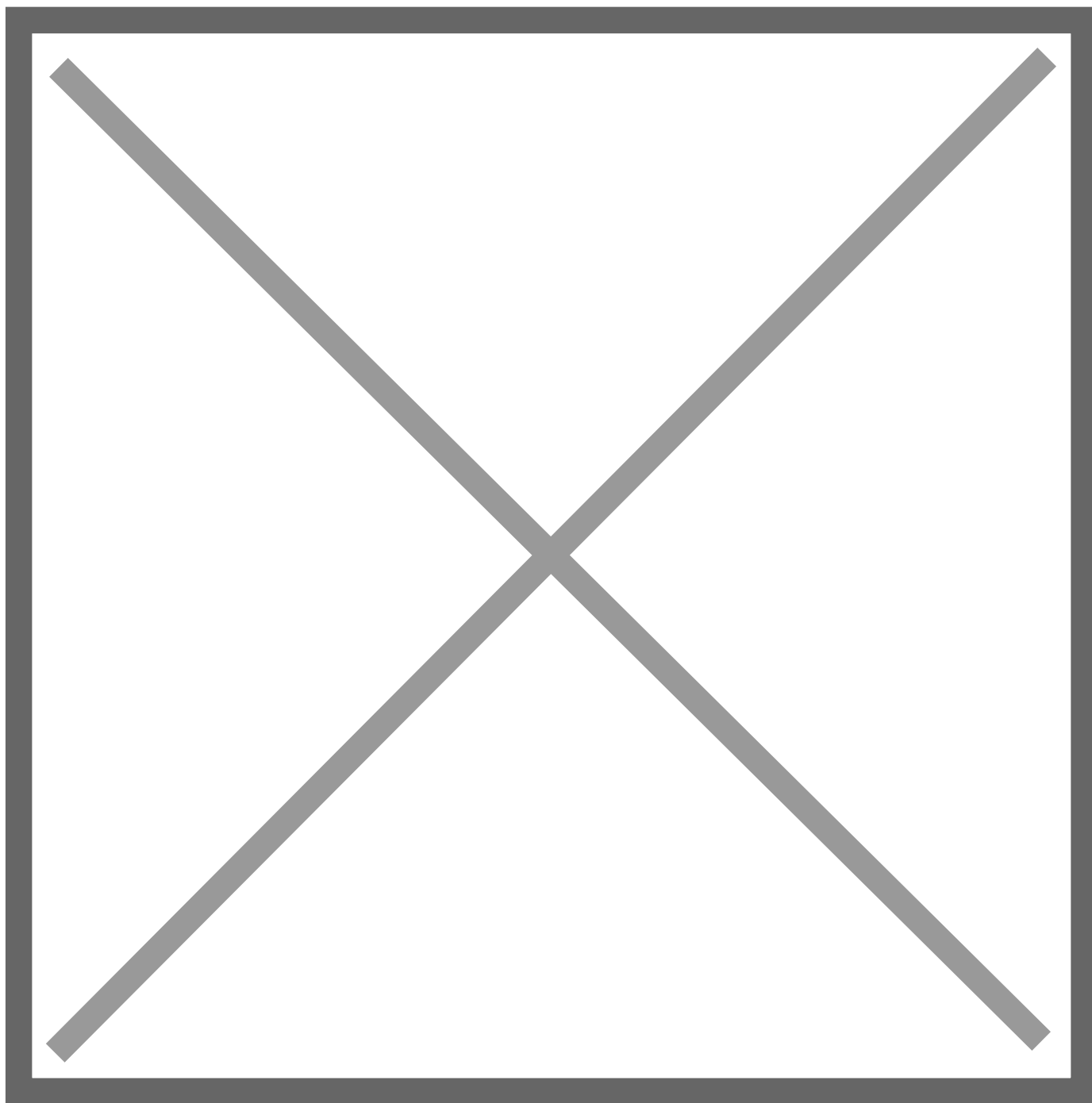
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DotknutĀ; oblasĀŕ:	NĀ;rodnĀ½
Odkazy:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

Definície (k
dispozícii iba
v angličtine):

Indicence per 100,000

Rakovina obliĎiek

MuĎi, 2022

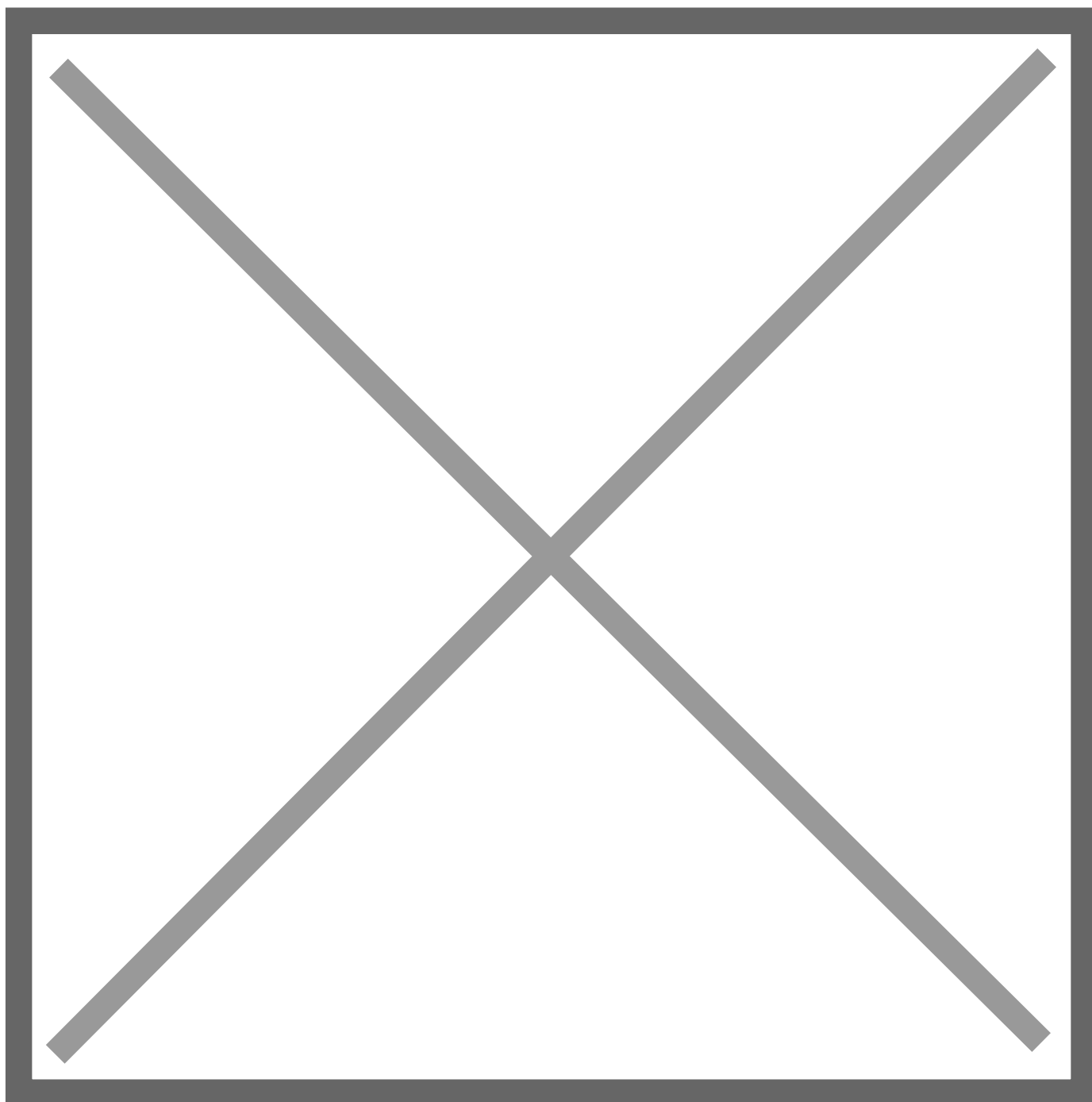


Vek:	20+
Dotknutí oblasť:	Národná

Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definície (k dispozícii iba v angličtine): Incidence per 100,000

Ā½eny, 2022



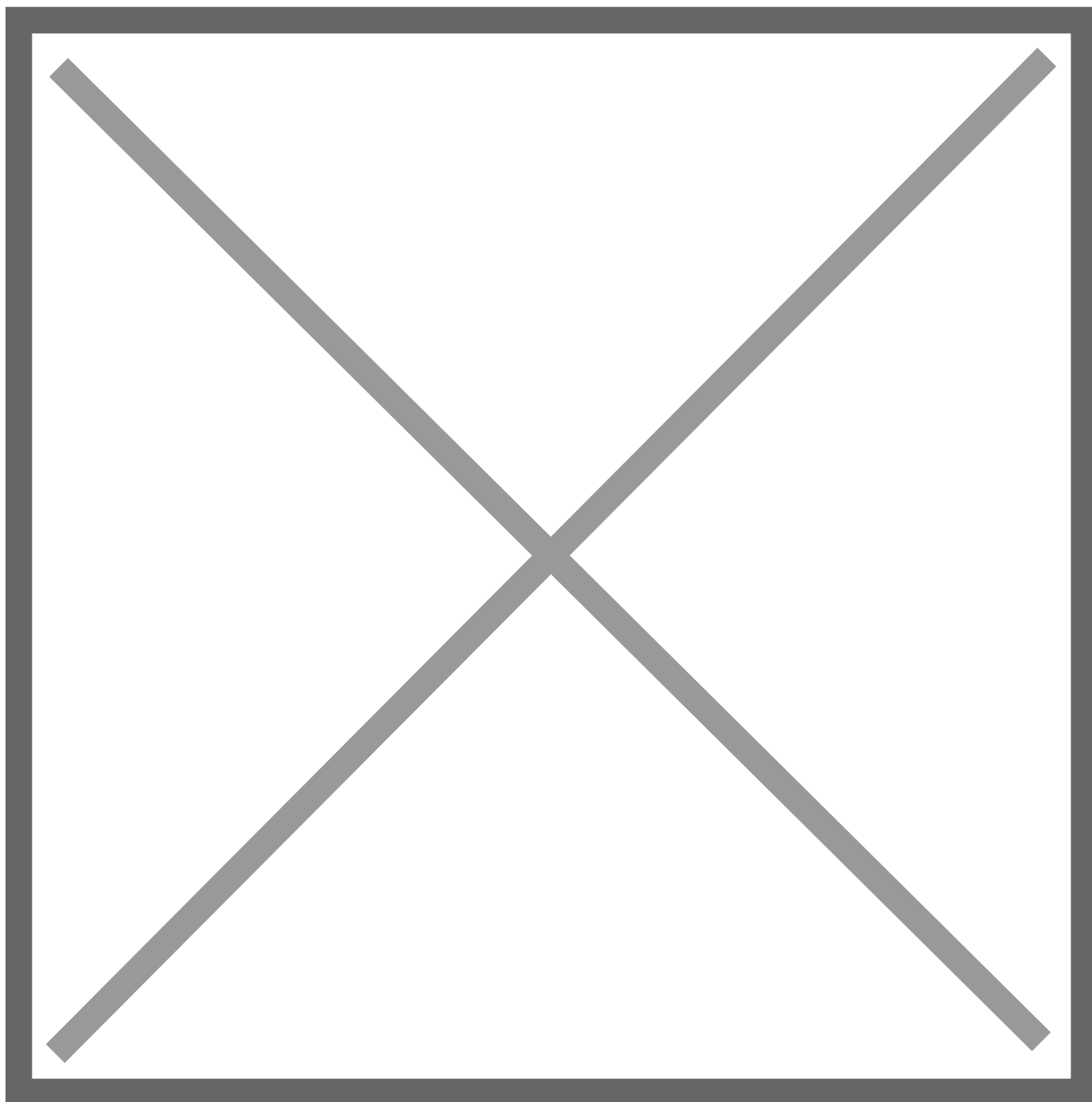
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DotknutĀ; oblasĀŕ:	NĀ;rodnĀ½
Odkazy:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

**Definície (k
dispozícii iba
v angličtine):**

Incidence per 100,000

Rakovina matrice

1. polovina, 2022



Věk: 20+

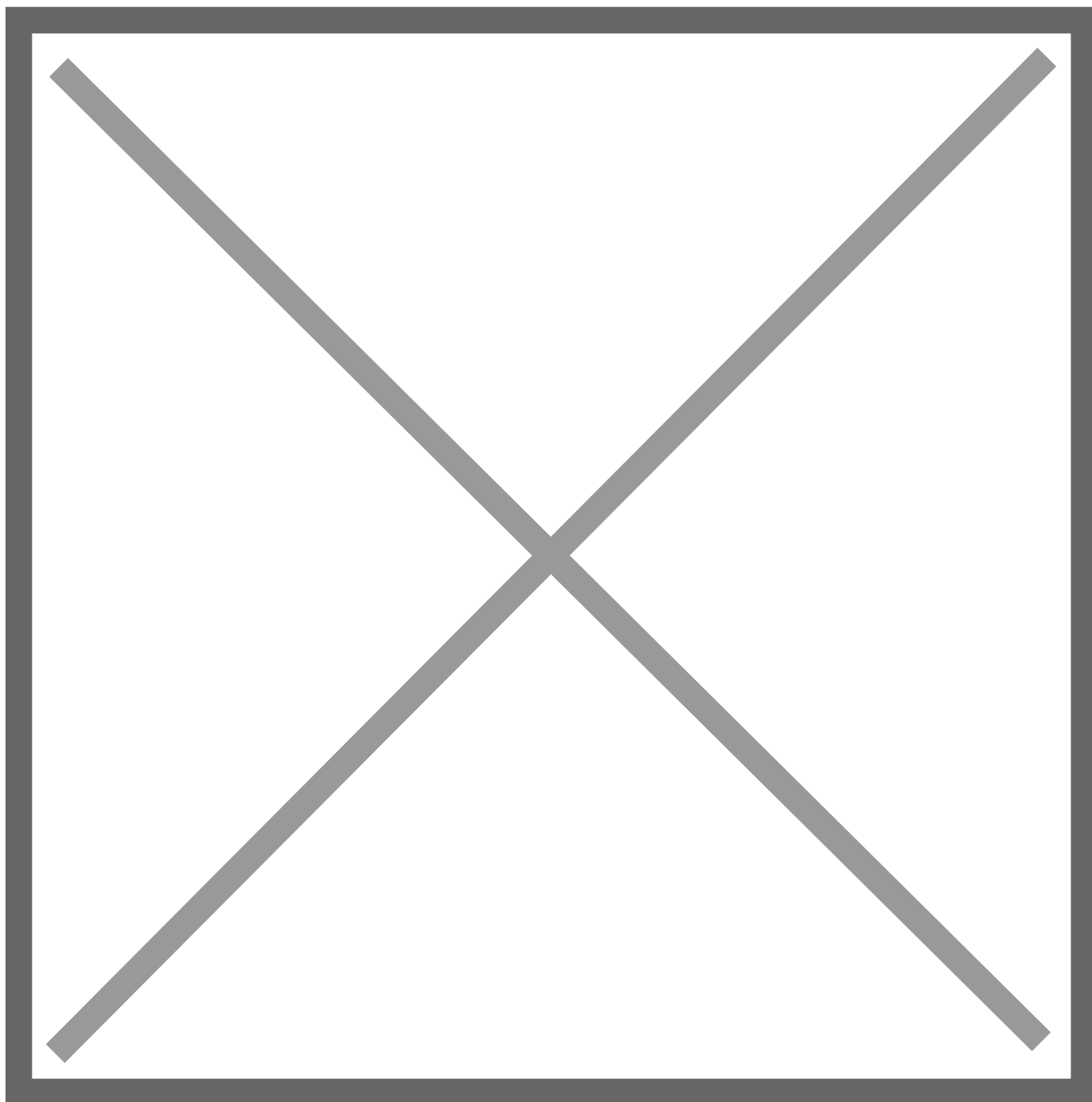
Odkazy: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definície (k
dispozícii iba
v angličtine):**

Incidence per 100,000

Zvýšená krevní tlak

Dospělí, 2015



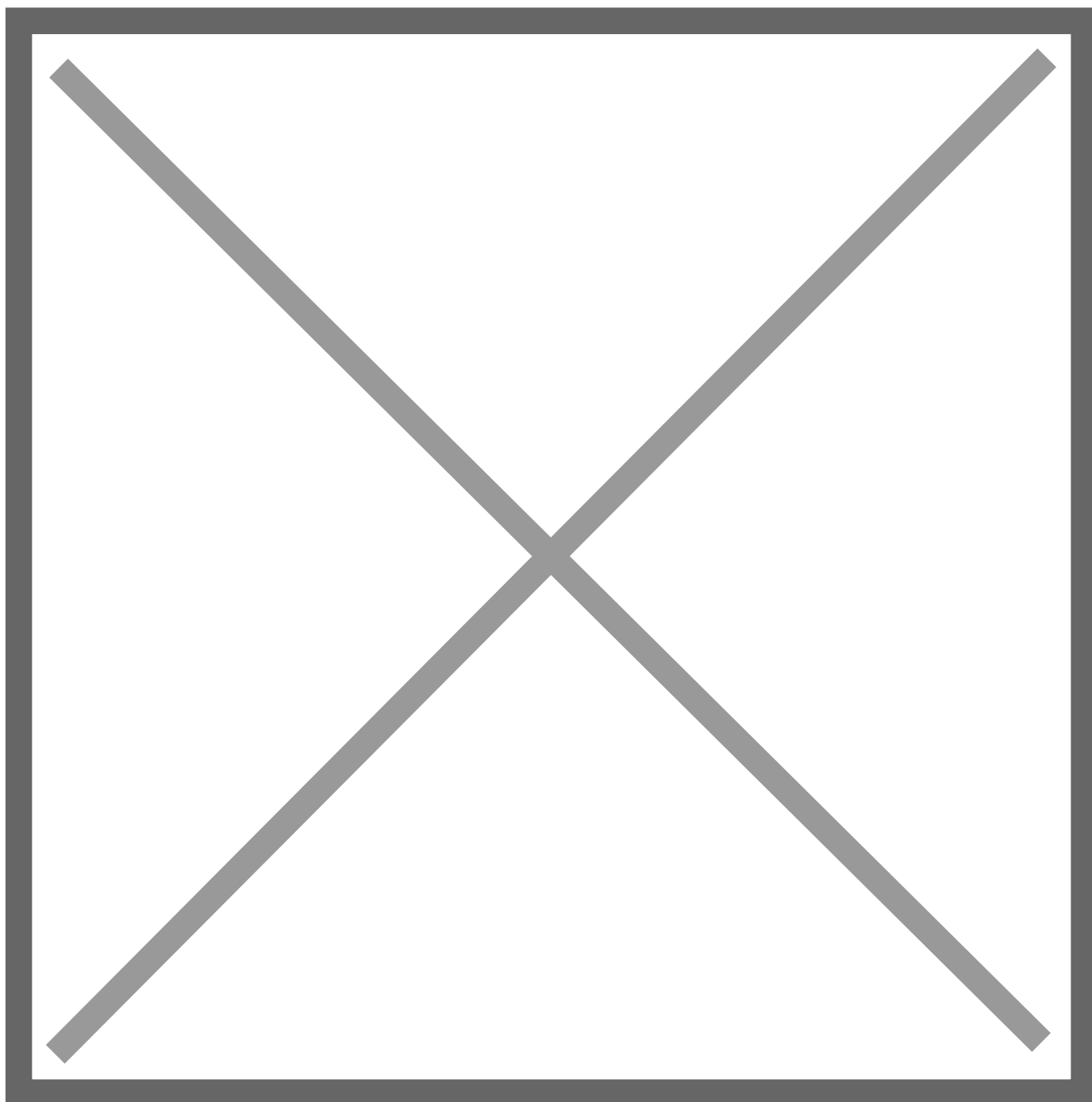
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k
dispozícii iba
v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Muži, 2015



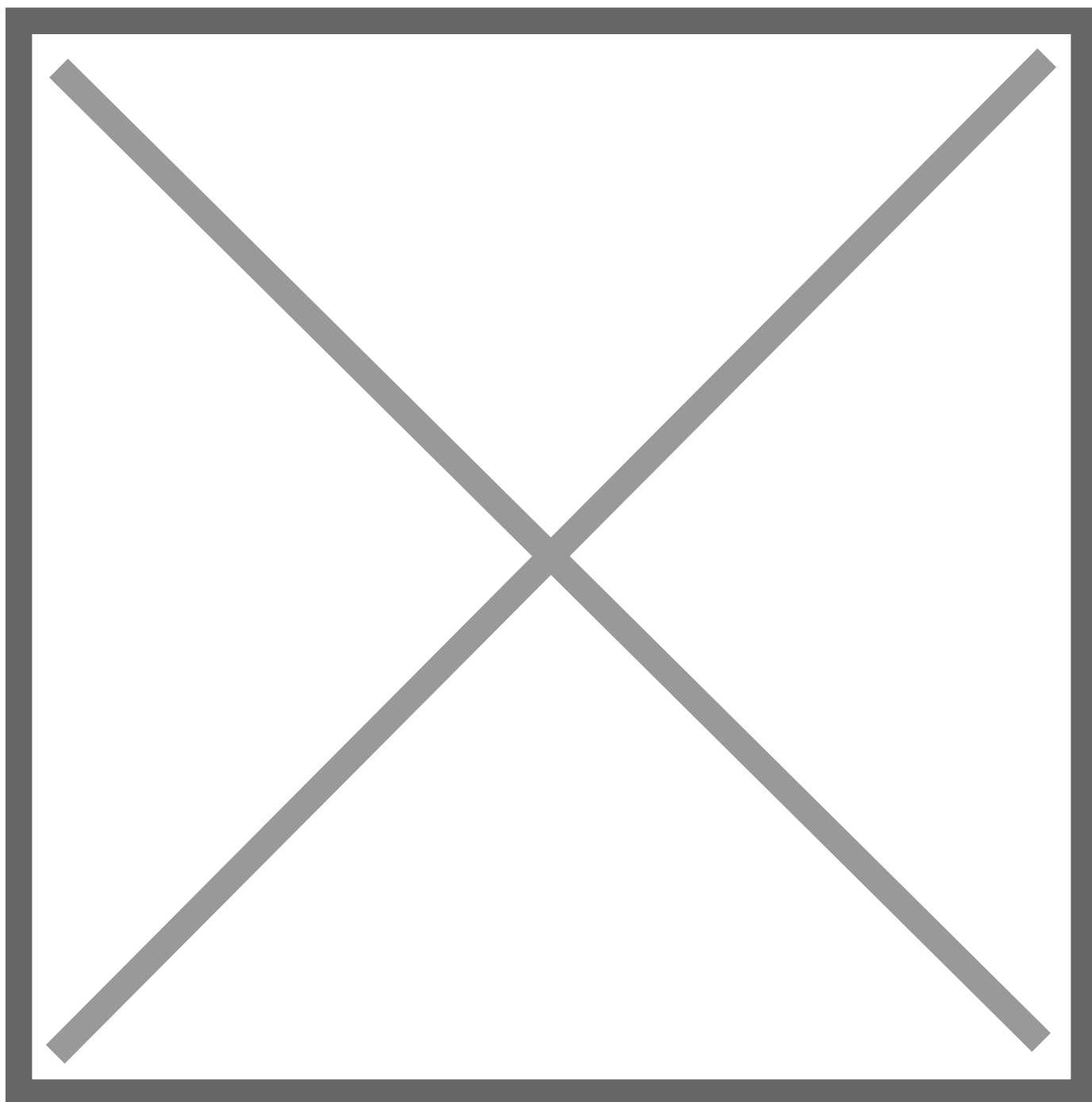
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Ďalšie, 2015



Odkazy:

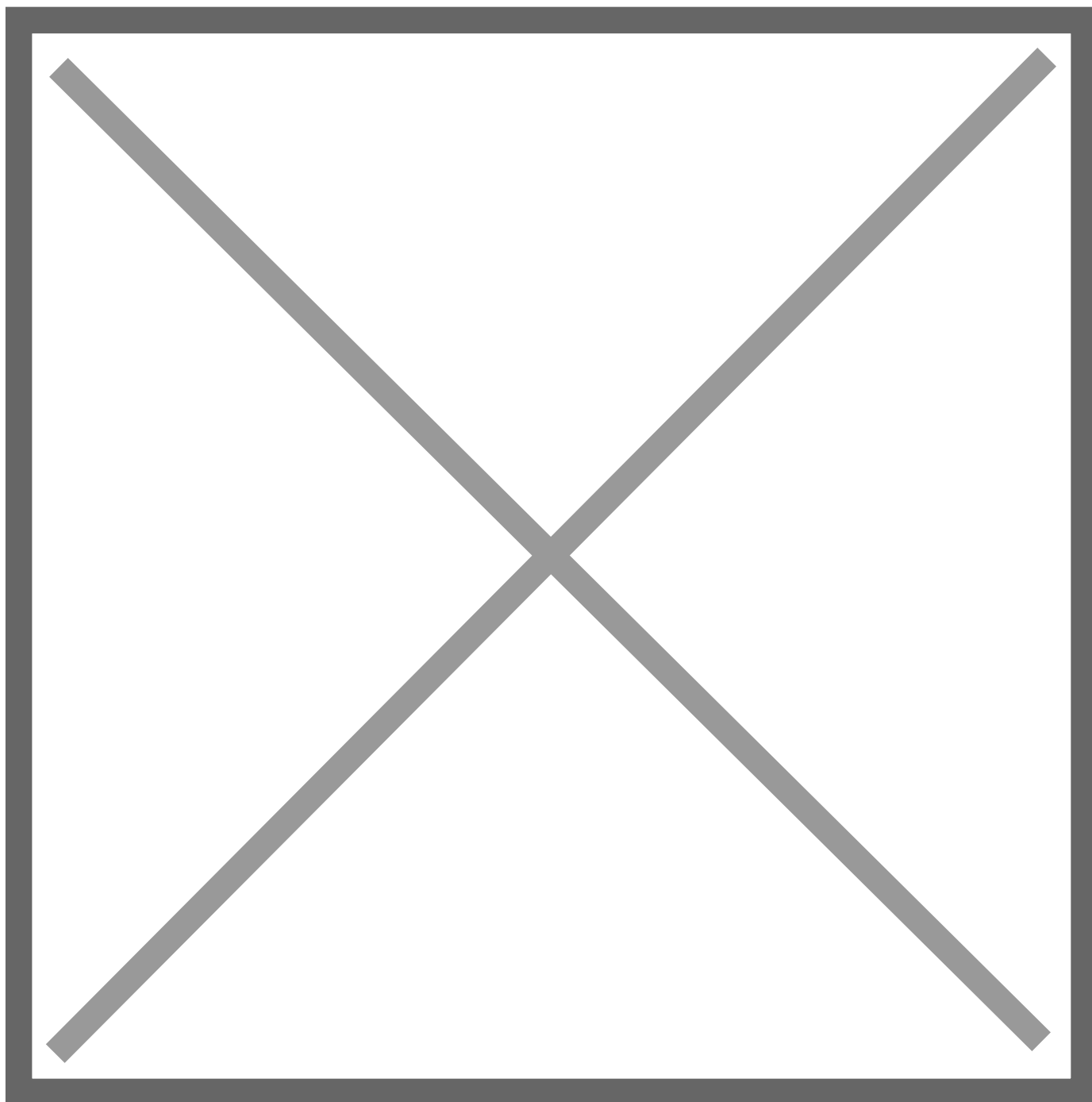
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Zvýšený cholesterol

Doplnění, 2008

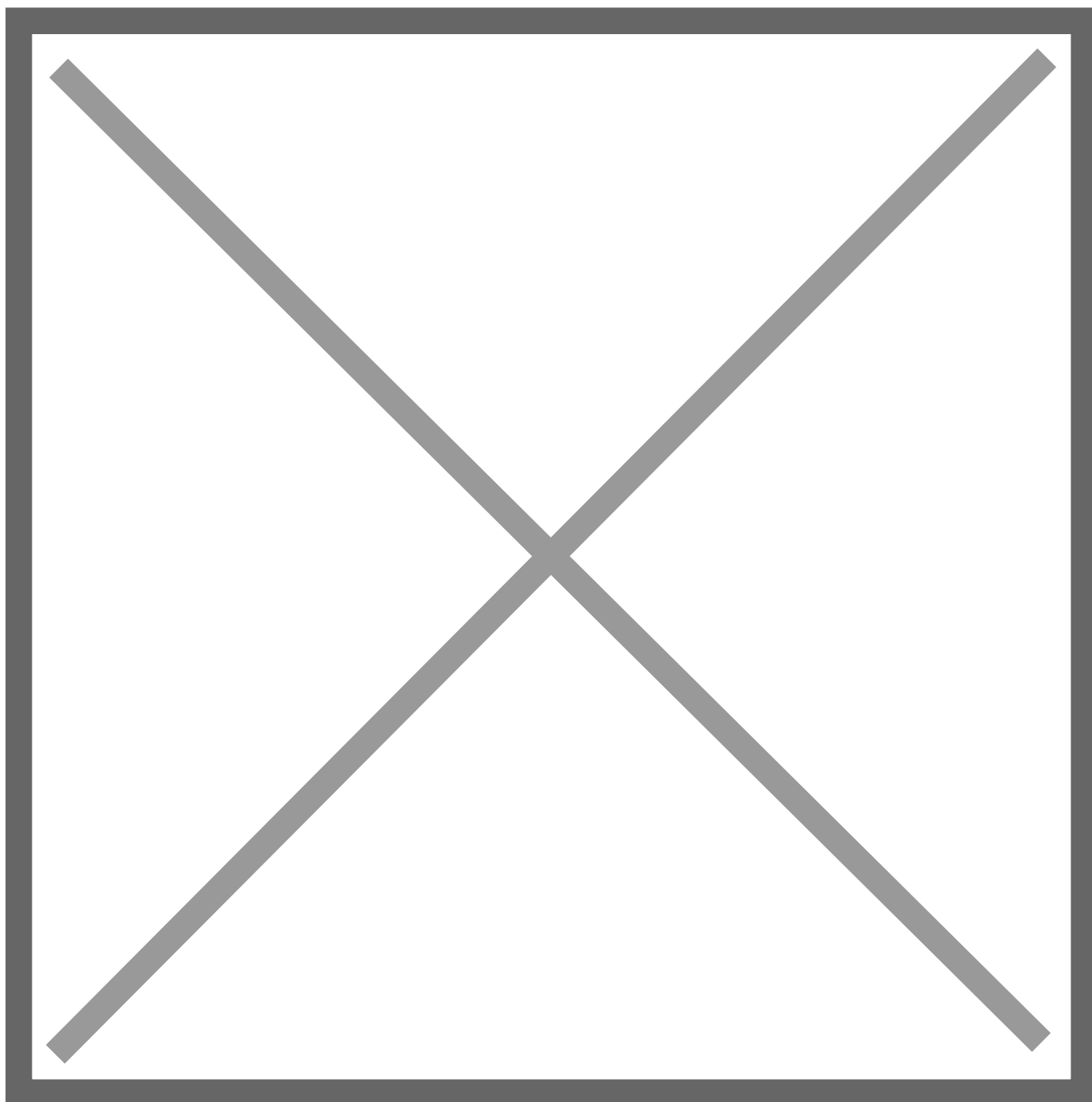


Odkazy: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definice (k
dispozici
v angličtině):**

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Muži, 2008



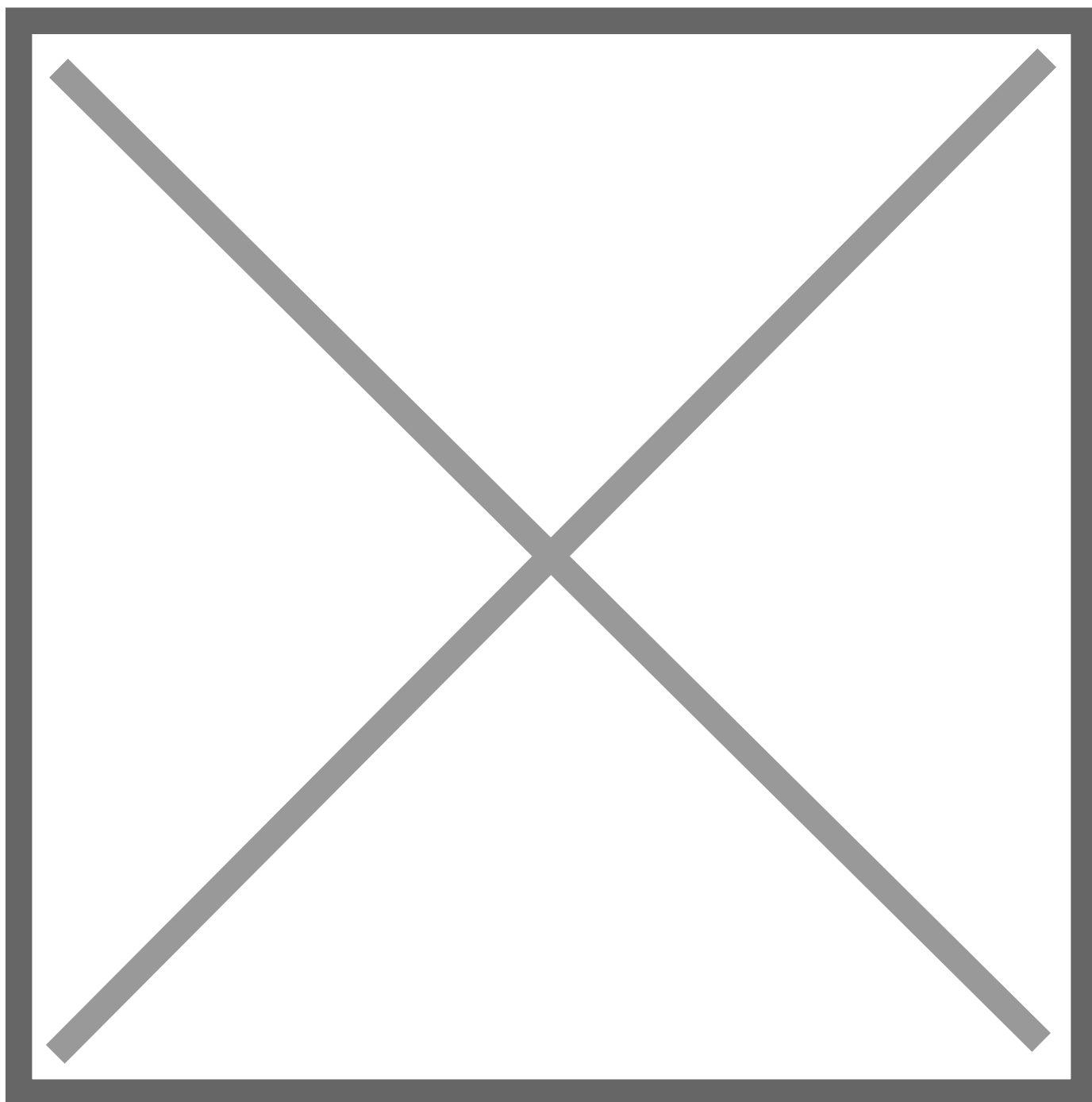
Odkazy:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Ďalšie, 2008



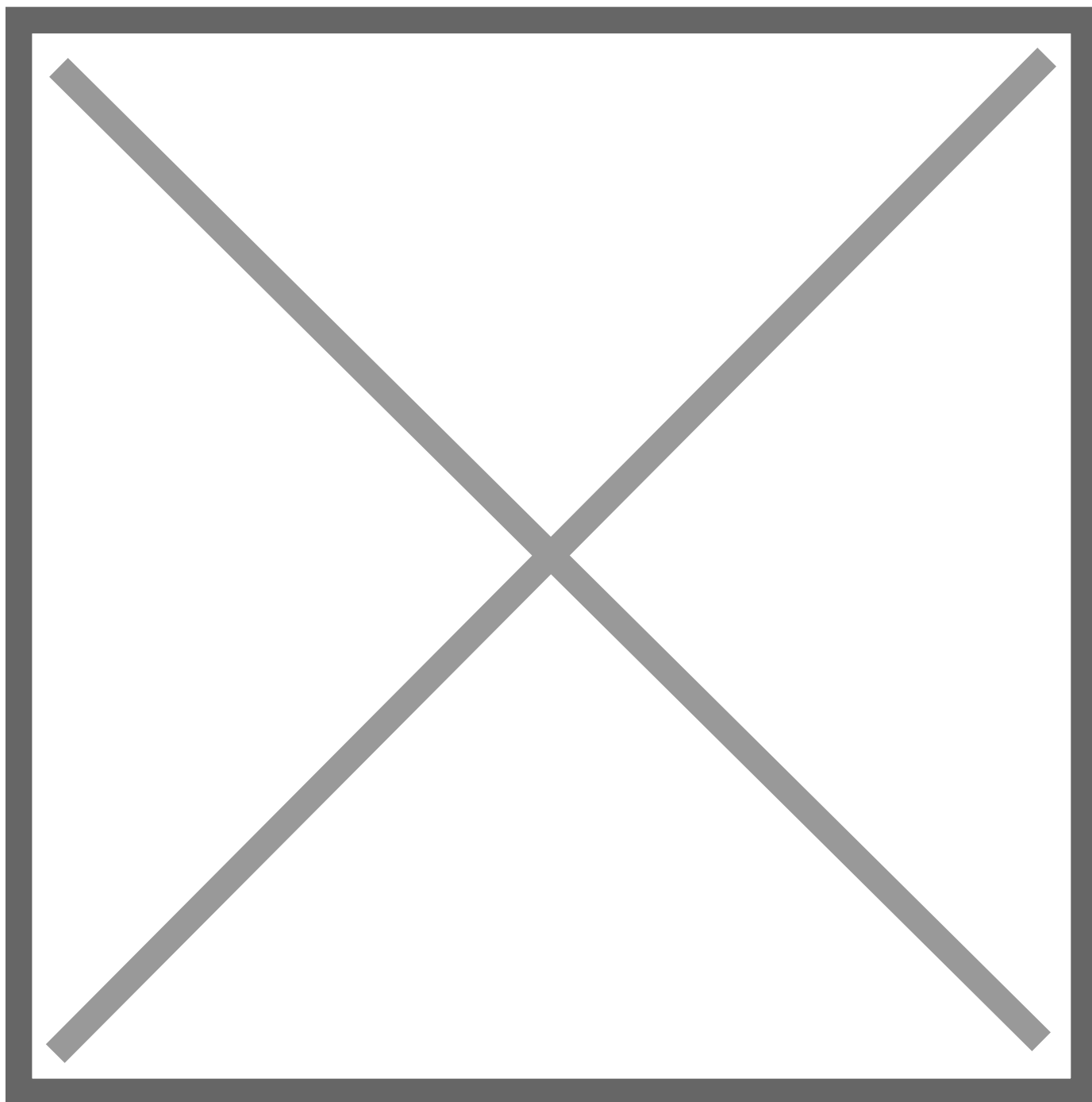
Odkazy:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Zvýšená hladina glukózy v krvi nalačno Muži, 2014



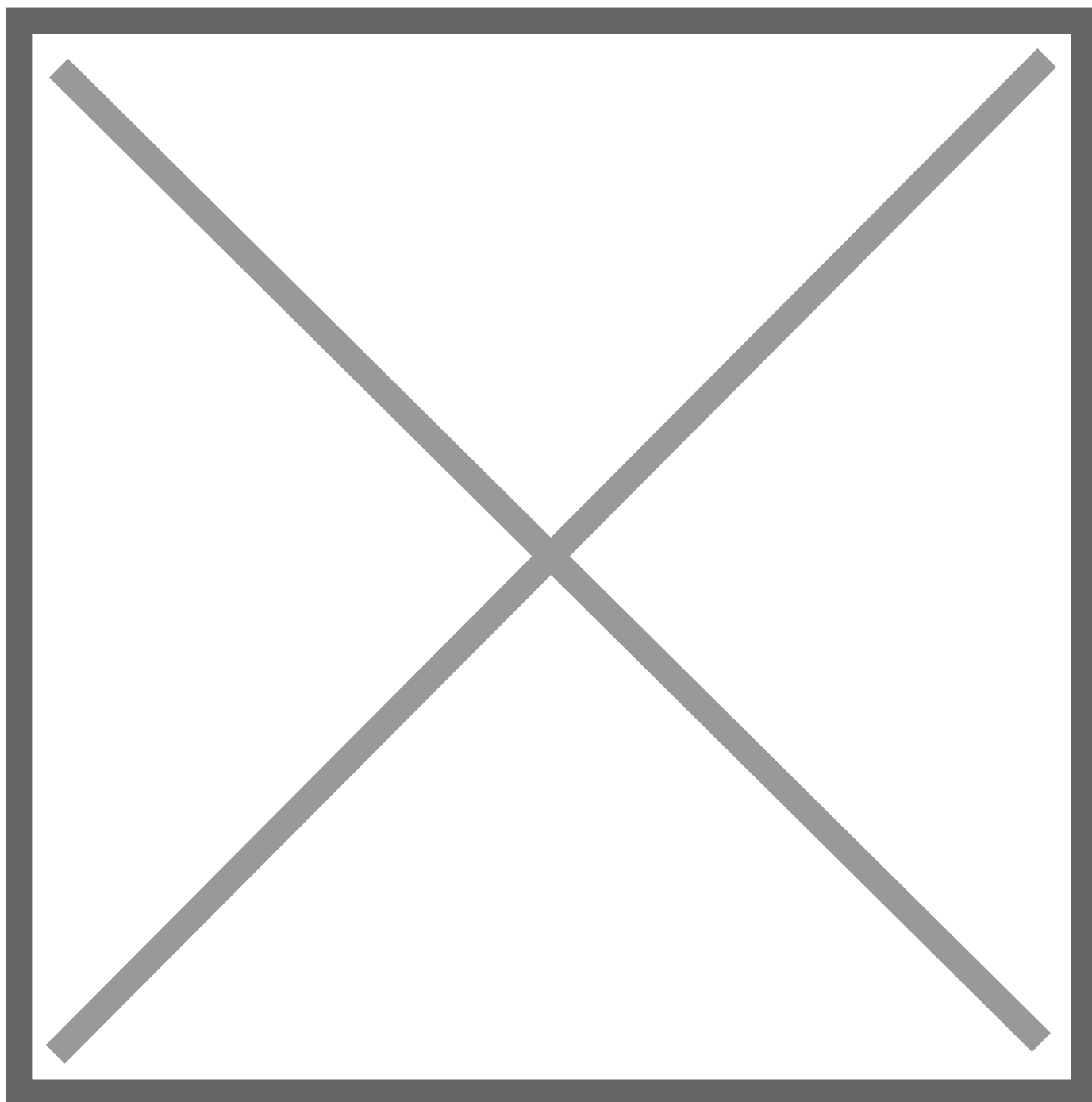
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k
dispozícii iba
v angličtine):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Ďalšie, 2014



Odkazy:

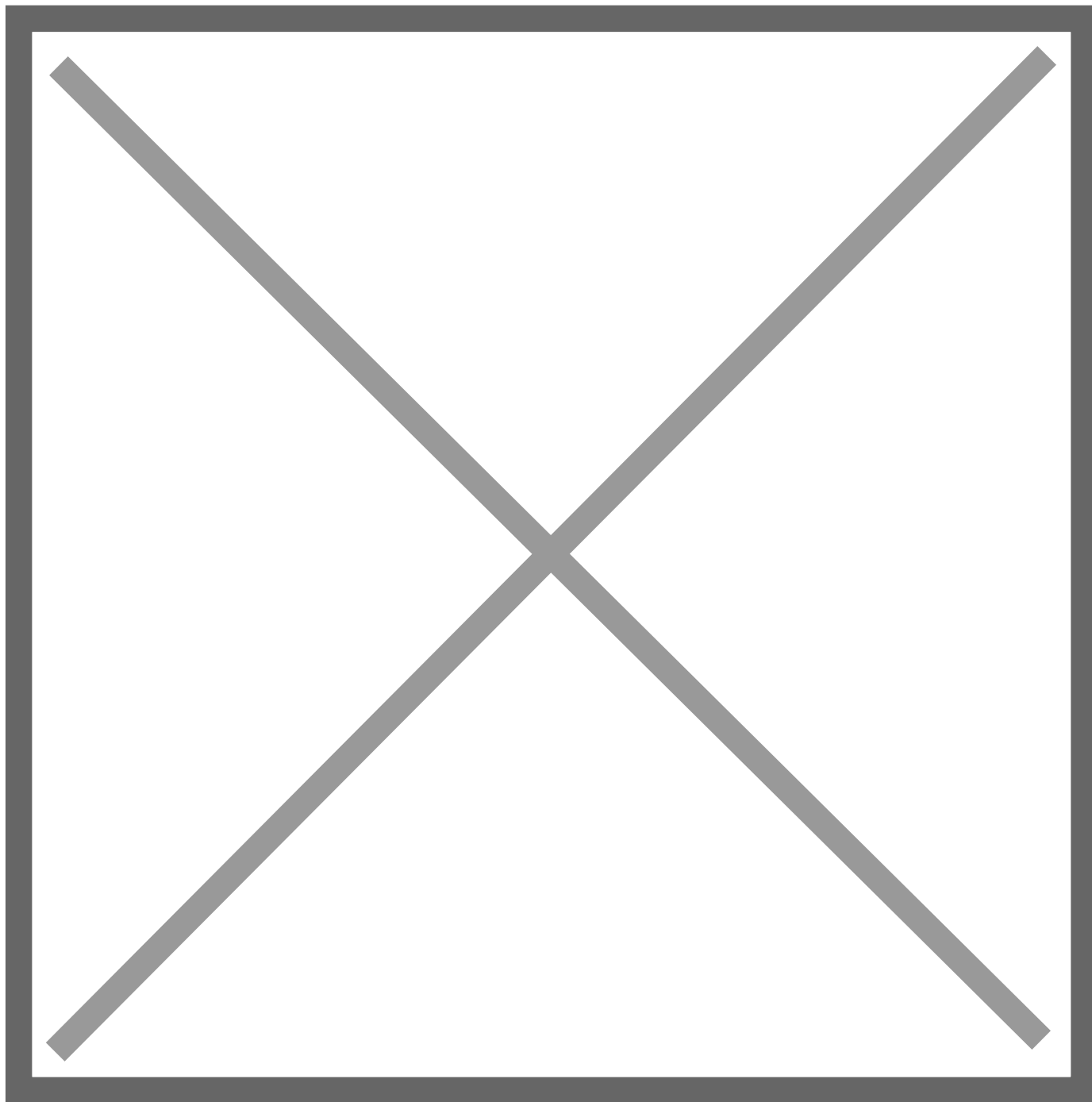
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalencia cukrovky

Dospelí, 2024



Odkazy:

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