

Vodiči Africký region WHO

Report cards

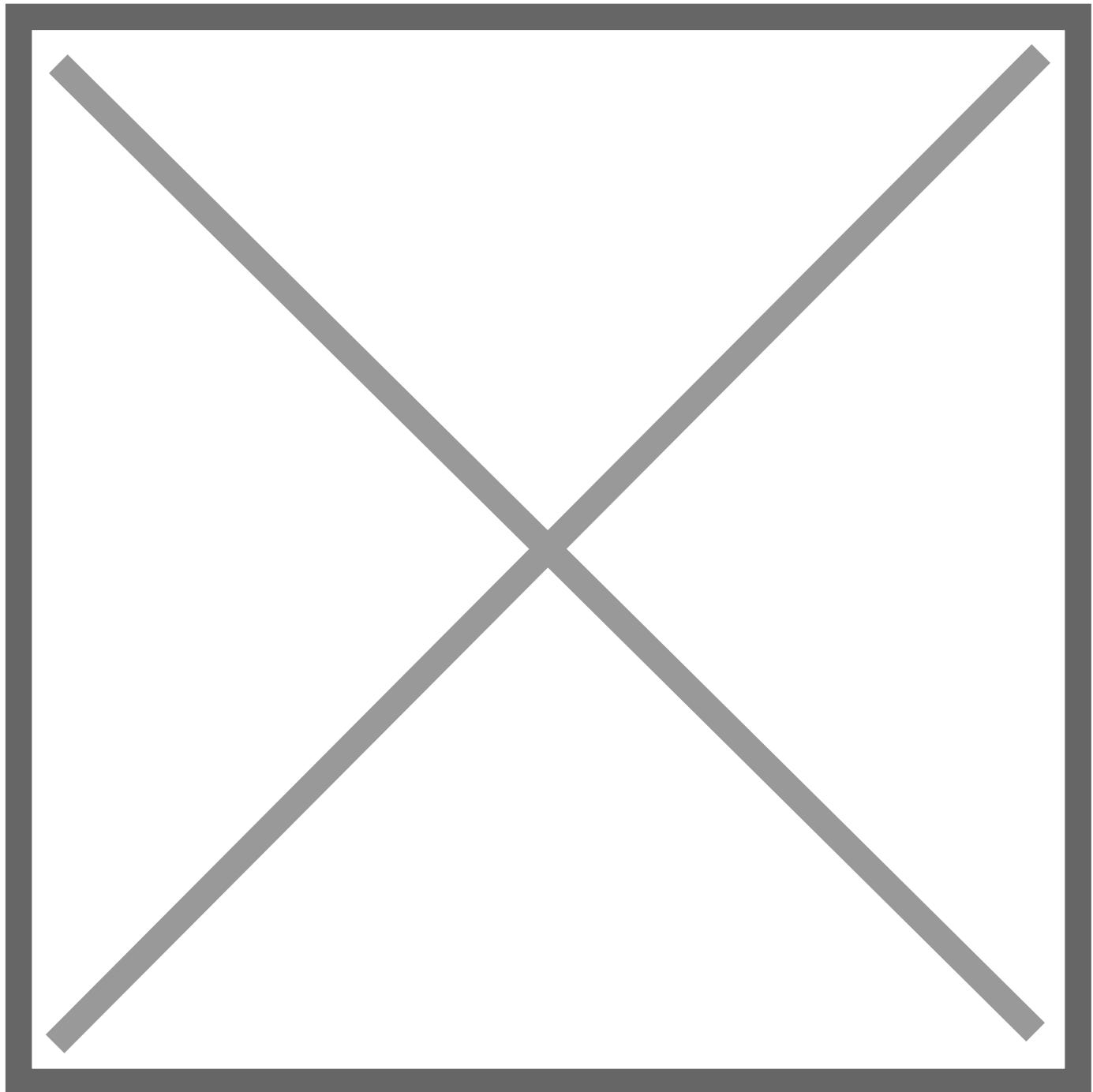
Our report cards collate all the most-recent graphics for this region. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

Report card (adult data)

Report card (child data)

Nedostatočná aktívita

Dospelí, 2016-2022



**Typ
prieskumu:**

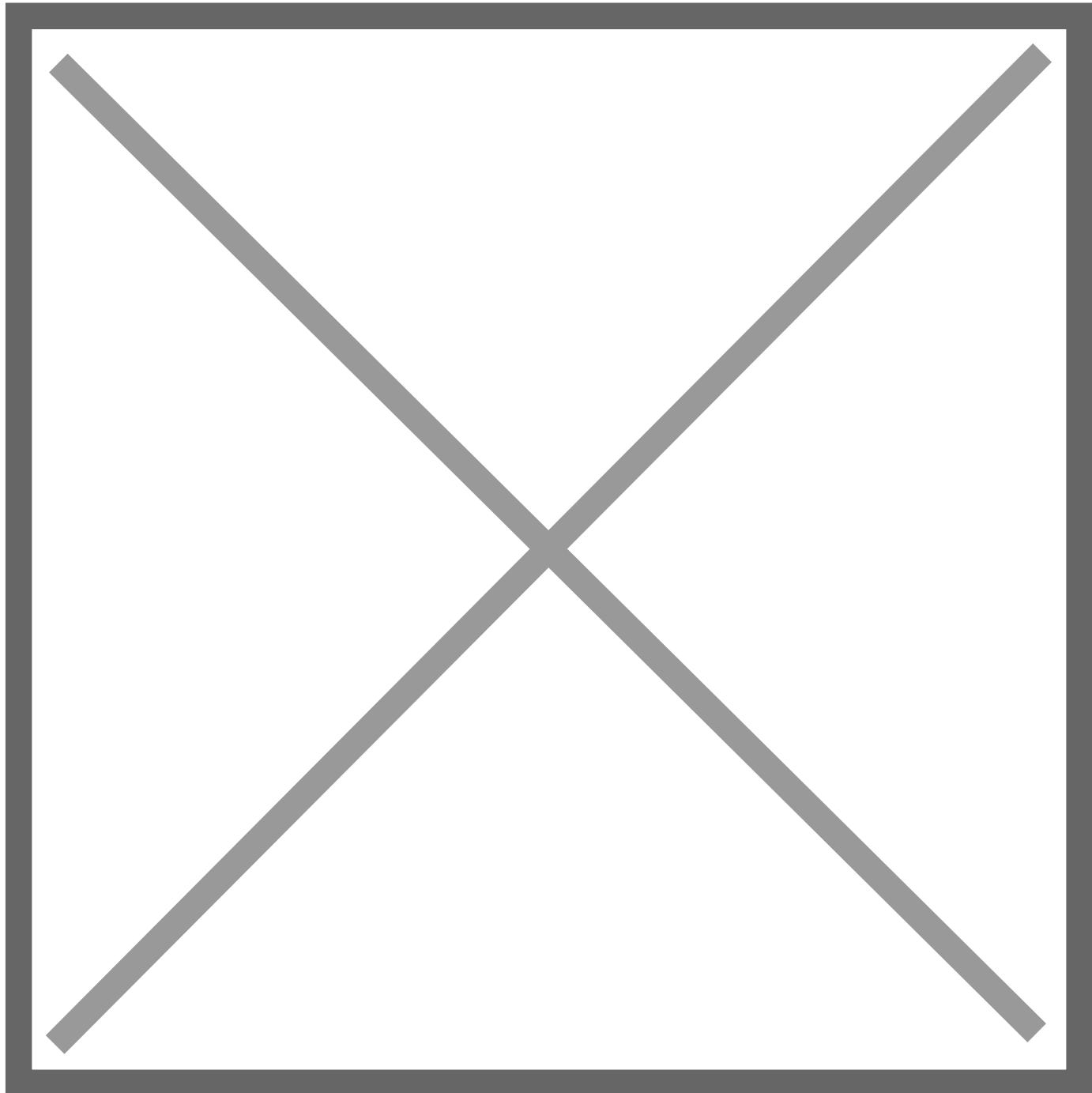
Vlastné hlásenie

**Dotknutá
oblasť:**

Národný

Odkazy:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(--)
Definície (k dispozícii iba v angličtine):	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Muži, 2016-2022



Typ prieskumu:

Vlastné hlásenie

Dotknutá oblasť:

Národný

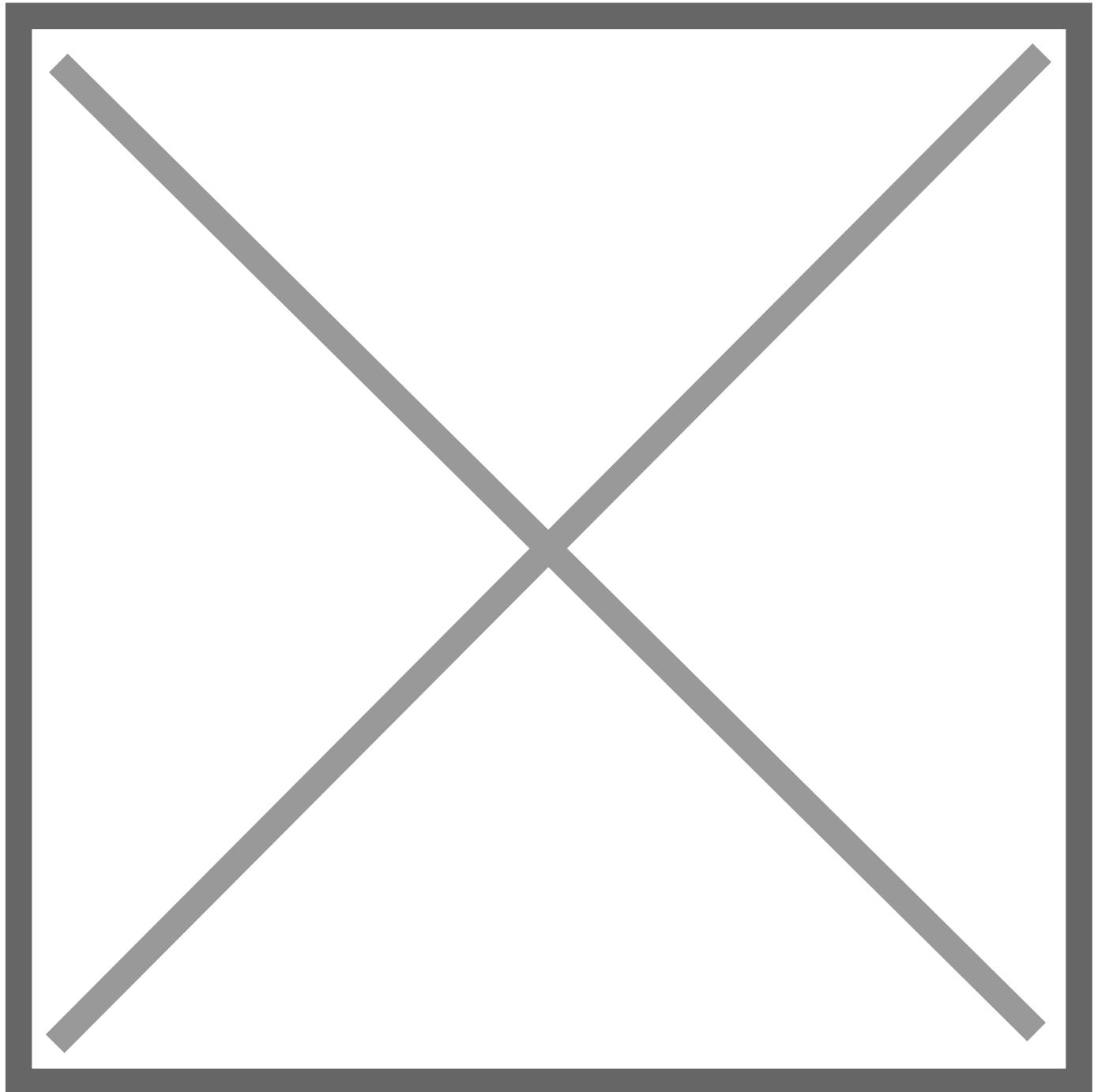
Odkazy:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022.
Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)--\(-](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)--(-)

**Definície (k
dispozícii iba
v angličtine):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Ženy, 2016-2022



Typ prieskumu:

Vlastné hlásenie

Dotknutá oblasť:

Národný

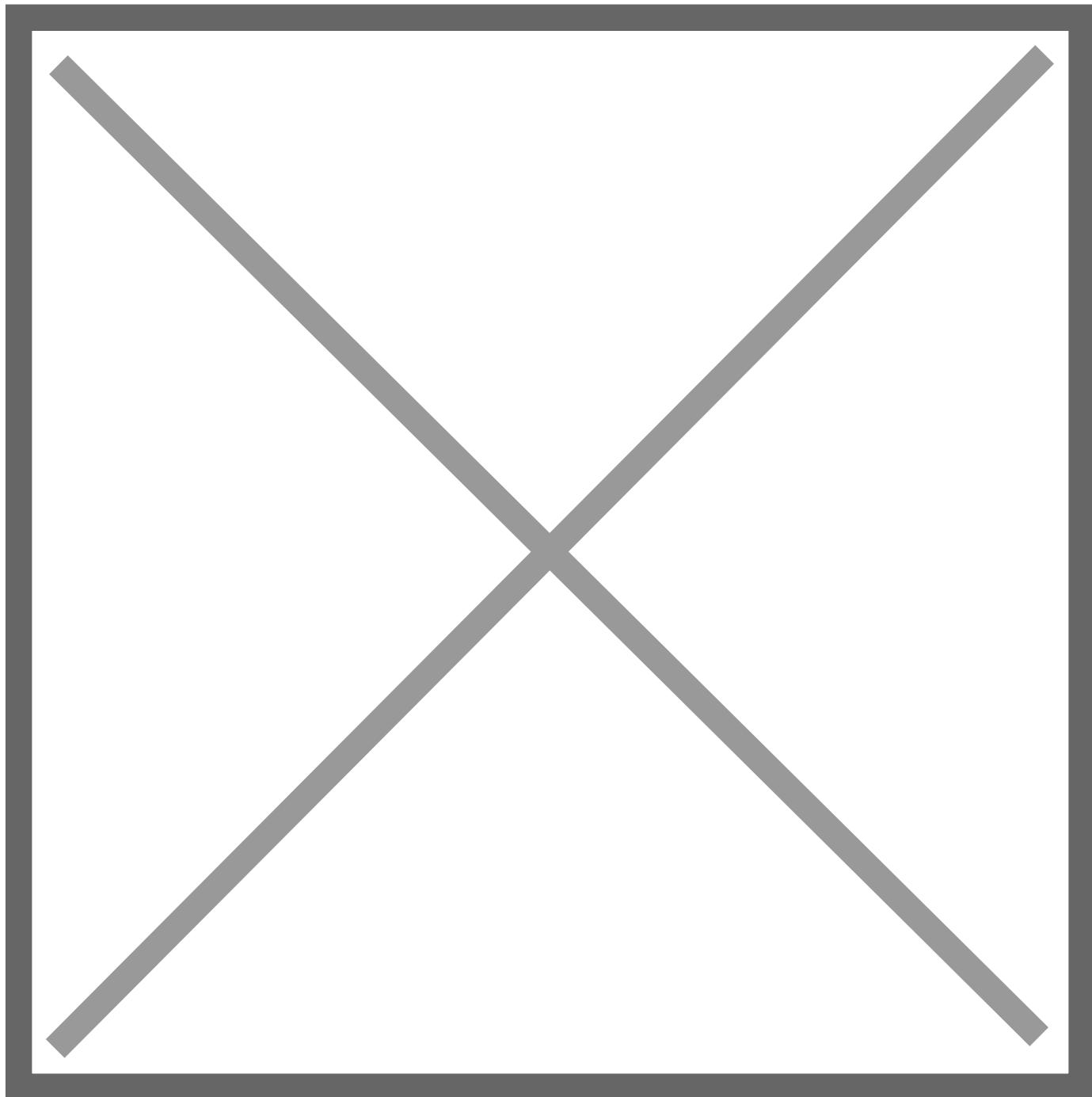
Odkazy:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022.
Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)--\(-](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)--(-)

**Definície (k
dispozícii iba
v angličtine):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Deti, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

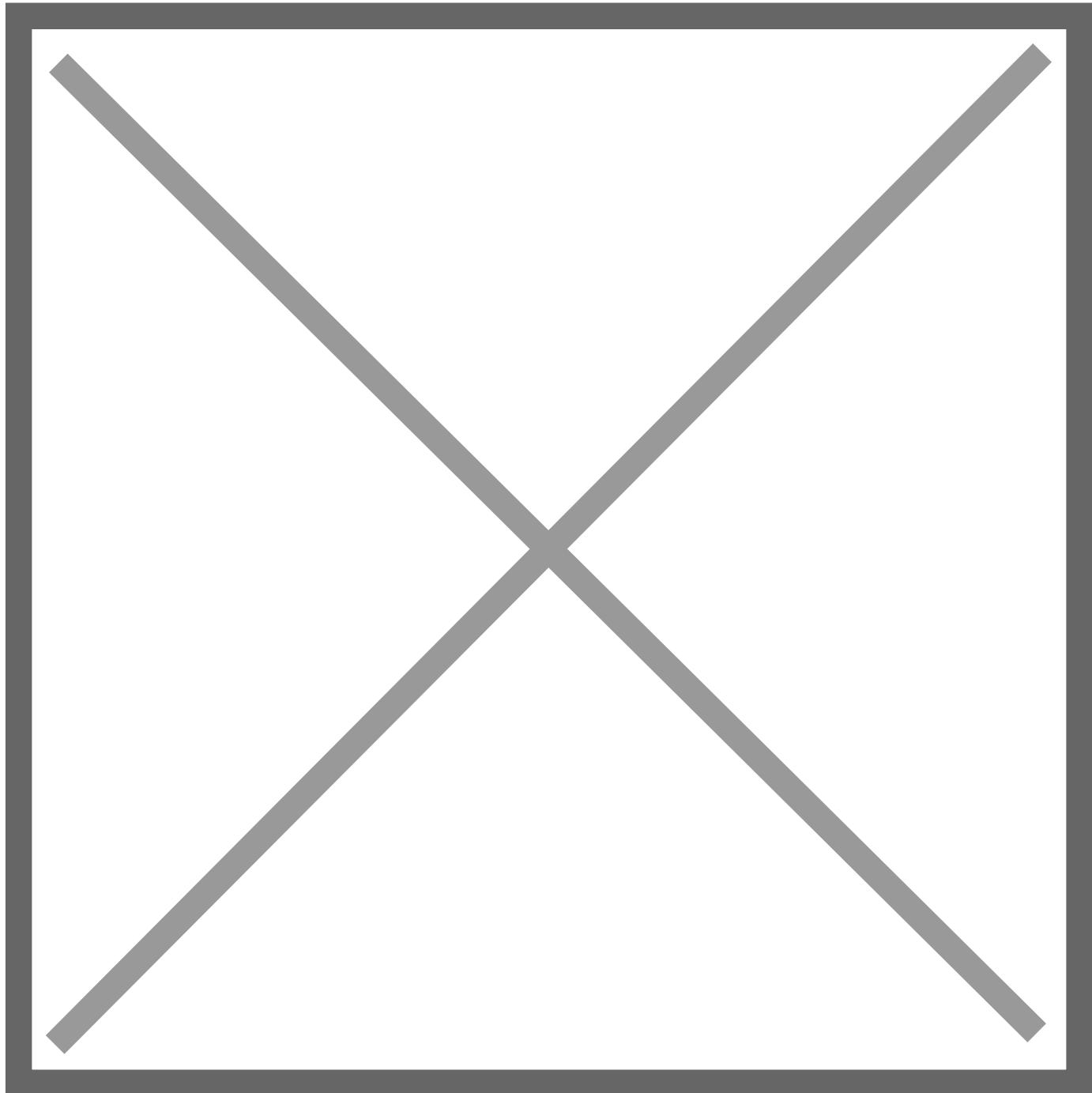
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky (k dispozícii iba v angličtine): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine): % Adolescents insufficiently active (age standardised estimate)

Chlapci, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

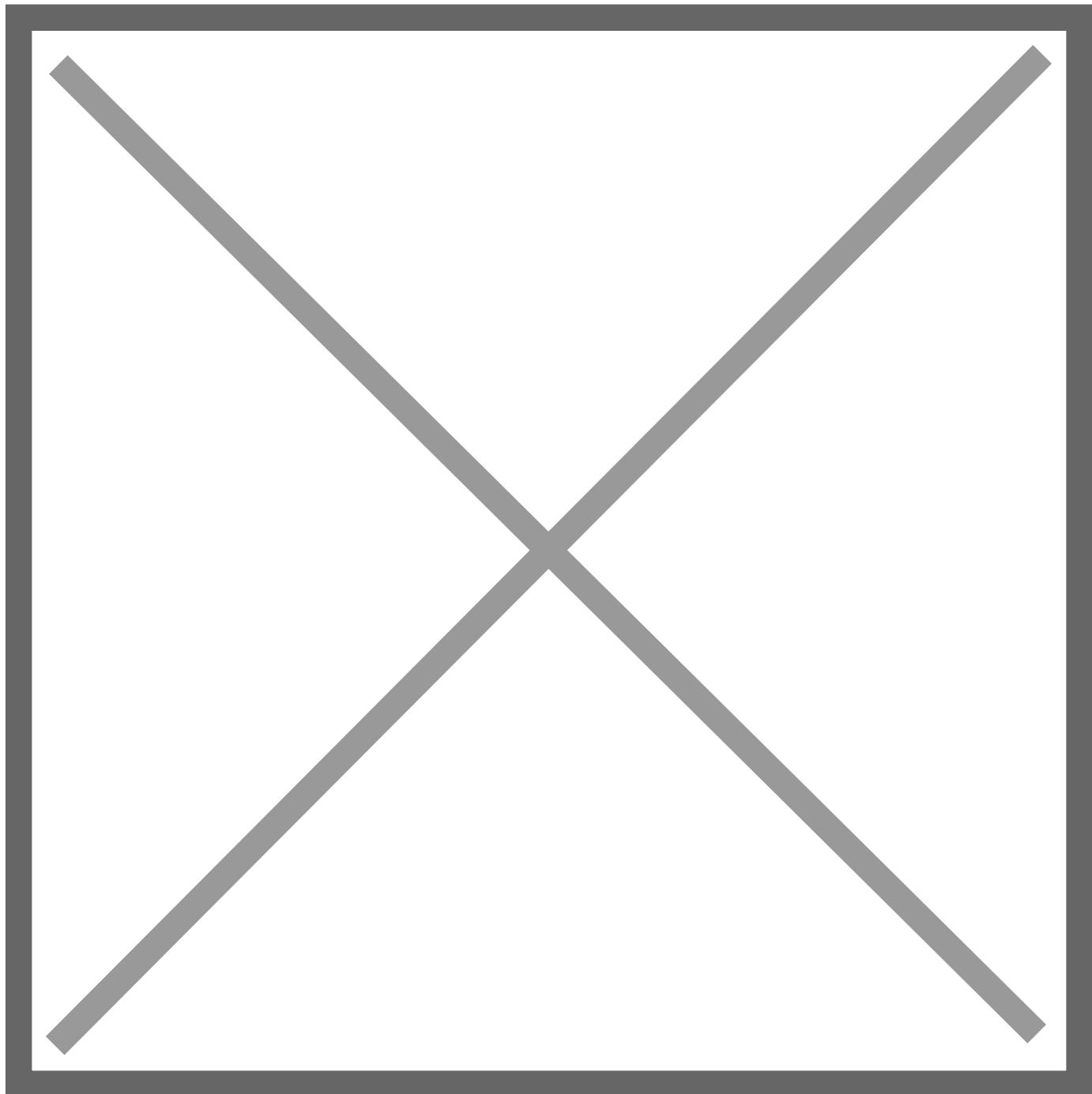
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

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Definície (k dispozícii iba v angličtine): % Adolescents insufficiently active (age standardised estimate)

Dievčatá, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

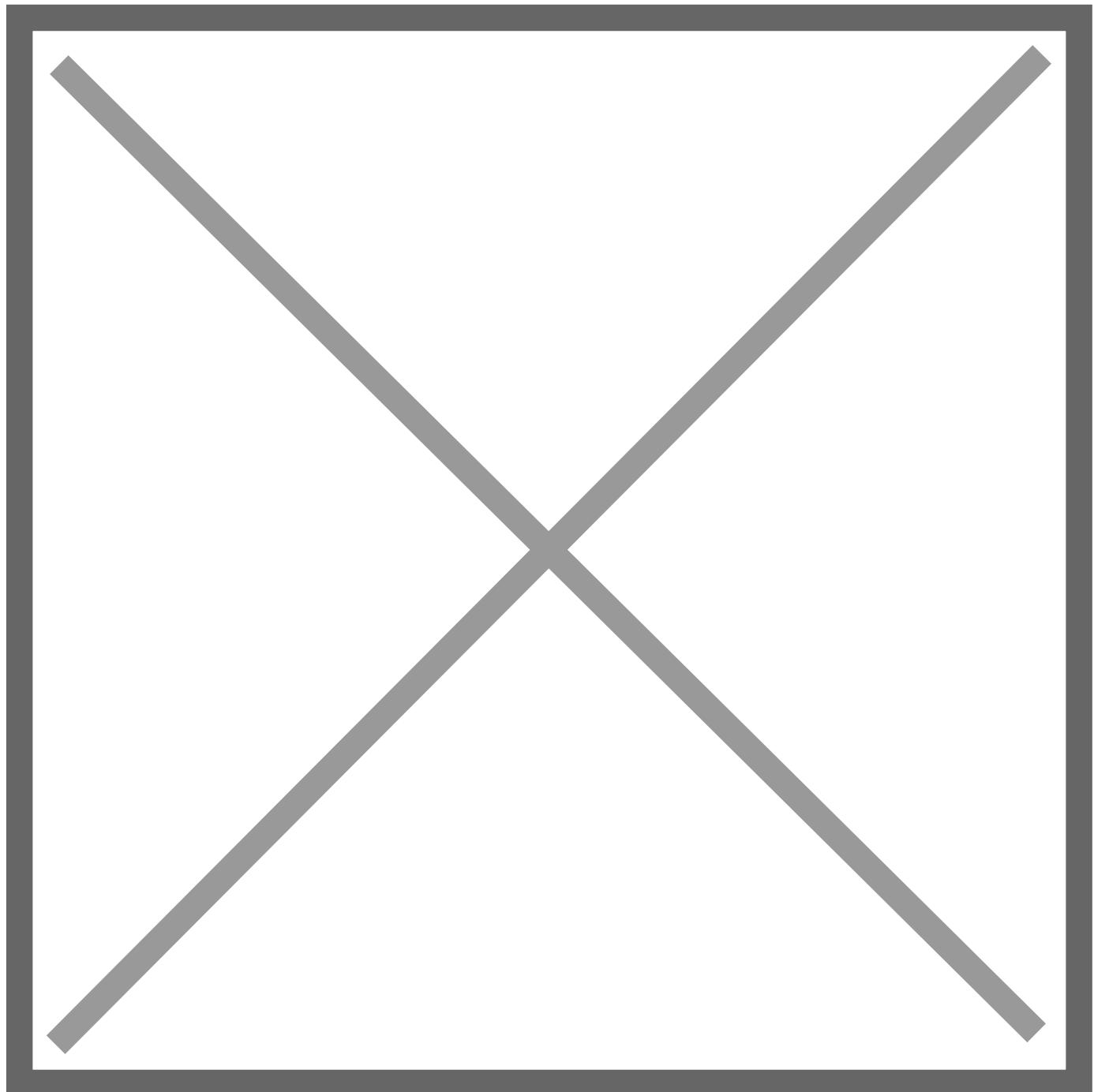
Global Health Observatory data repository, World Health Organisation,
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Poznámky (k dispozícii iba v angličtine): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine): % Adolescents insufficiently active (age standardised estimate)

Priemerná denná frekvencia spotreby sýtených nealkoholických nápojov

Deti, 2009-2015



Typ
prieskumu:

Vek:

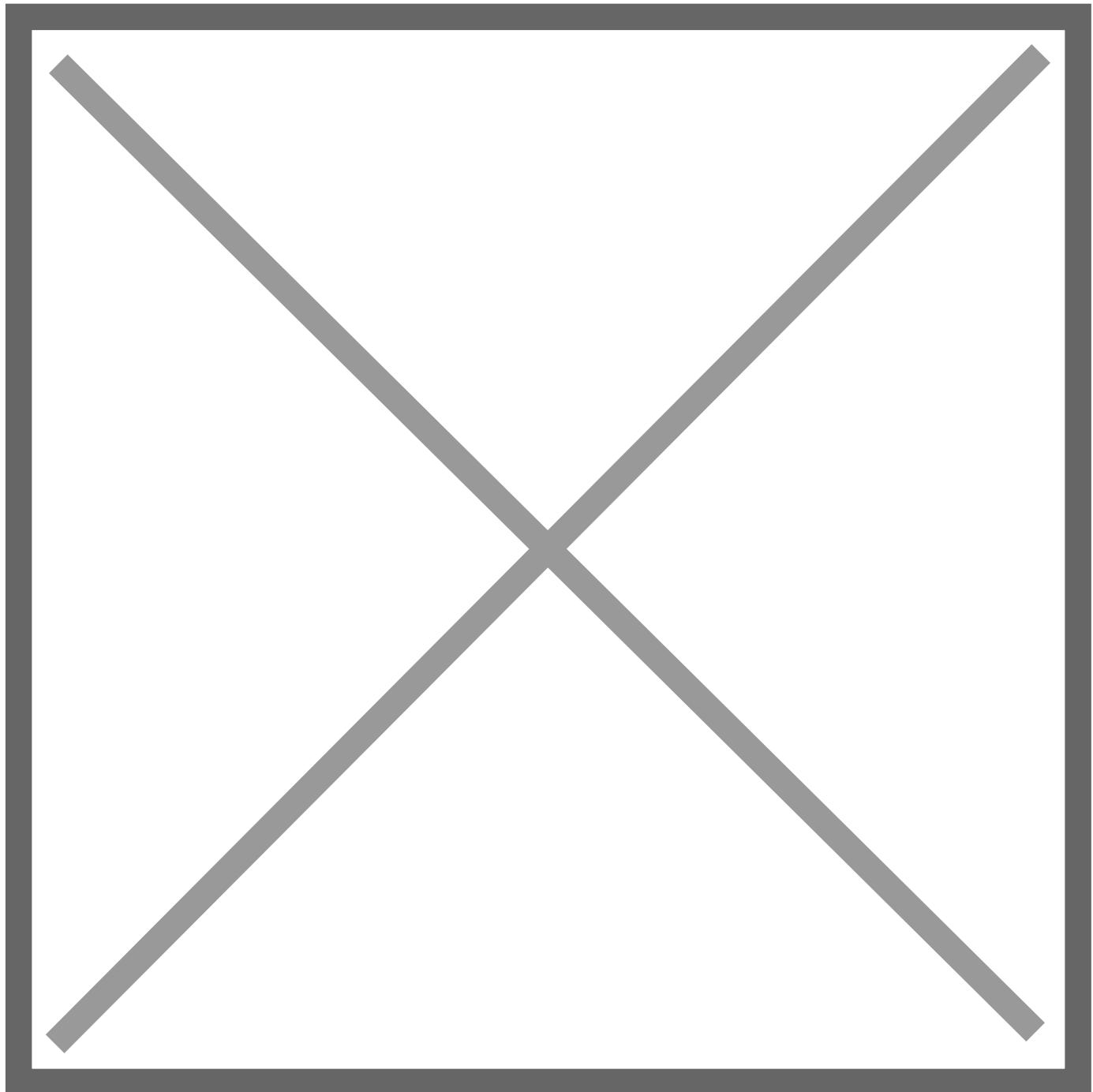
Nameraná hodnota

12-17

Odkazy: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard
<http://www.foodsystemsdashboard.org/food-system>

Odhadovaný príjem ovocia na obyvateľa

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

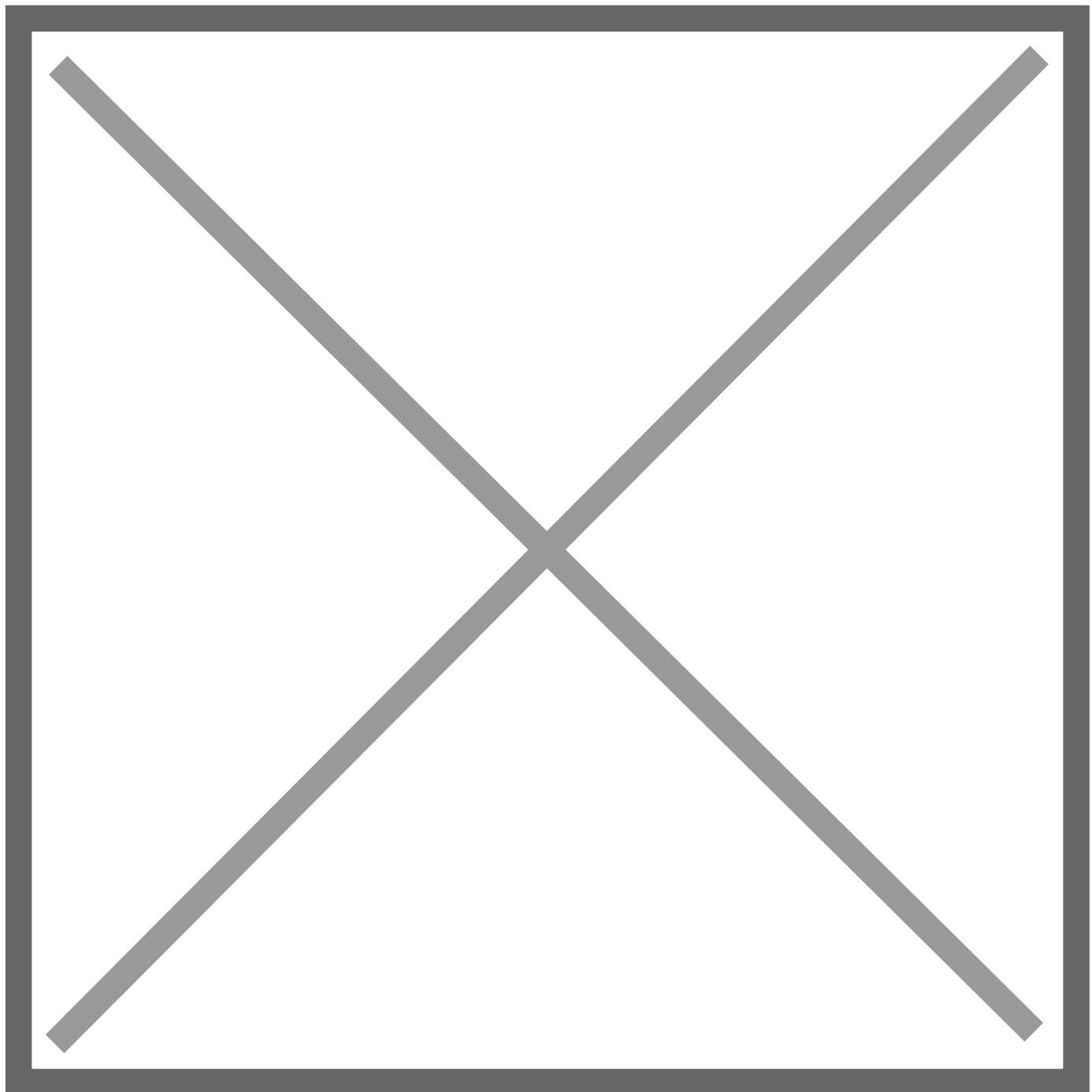
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definície (k
dispozícii iba
v angličtine):**

Estimated per-capita fruit intake (g/day)

Prevalence of less-than-daily fruit consumption

Deti, 2009-2015



Typ prieskumu:

Vek:

Nameraná hodnota

12-17

Odkazy:

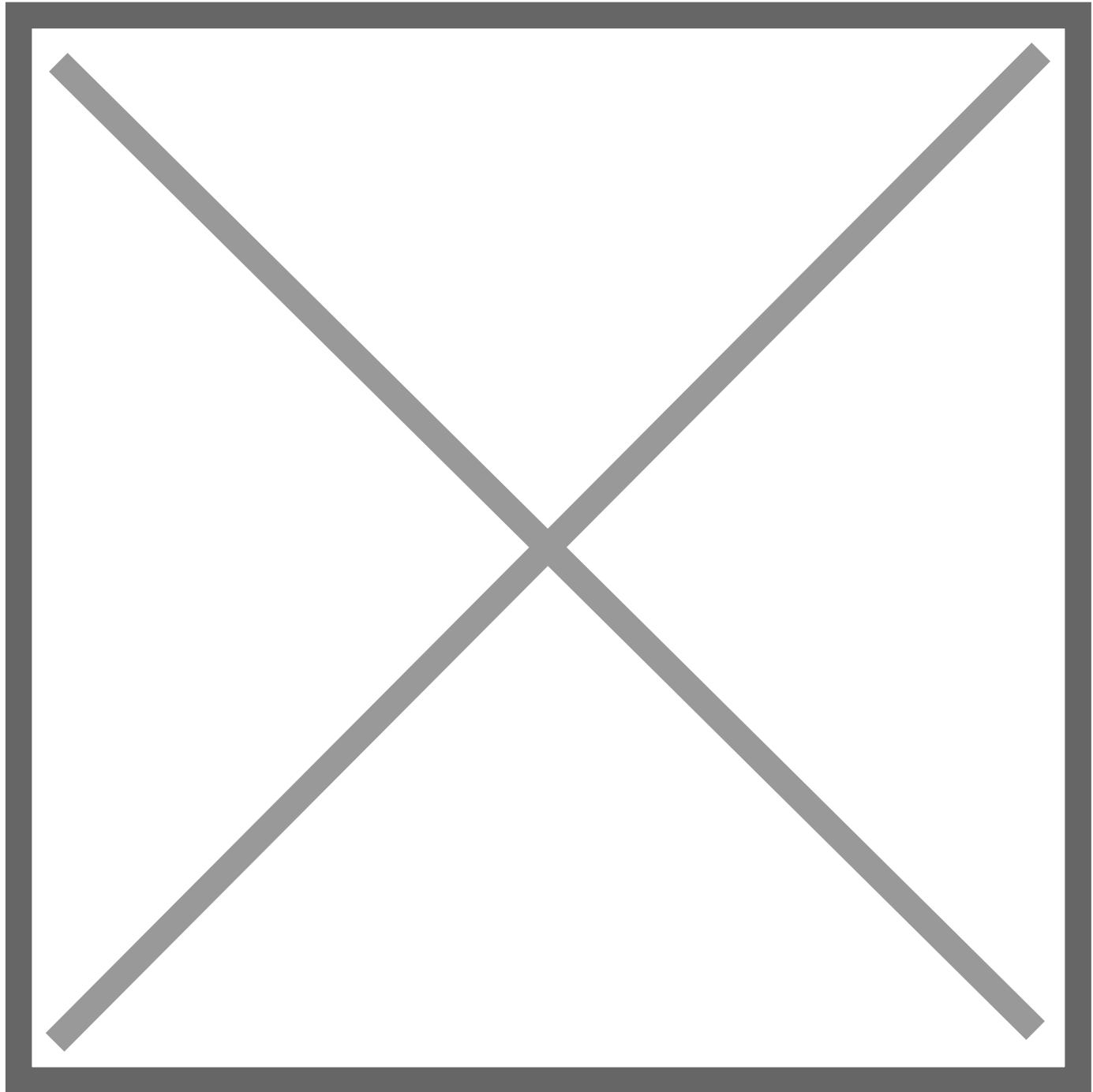
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definície (k
dispozícii iba
v angličtine):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less-than-daily vegetable consumption

Deti, 2009-2015



Typ prieskumu:

Vek:

Nameraná hodnota

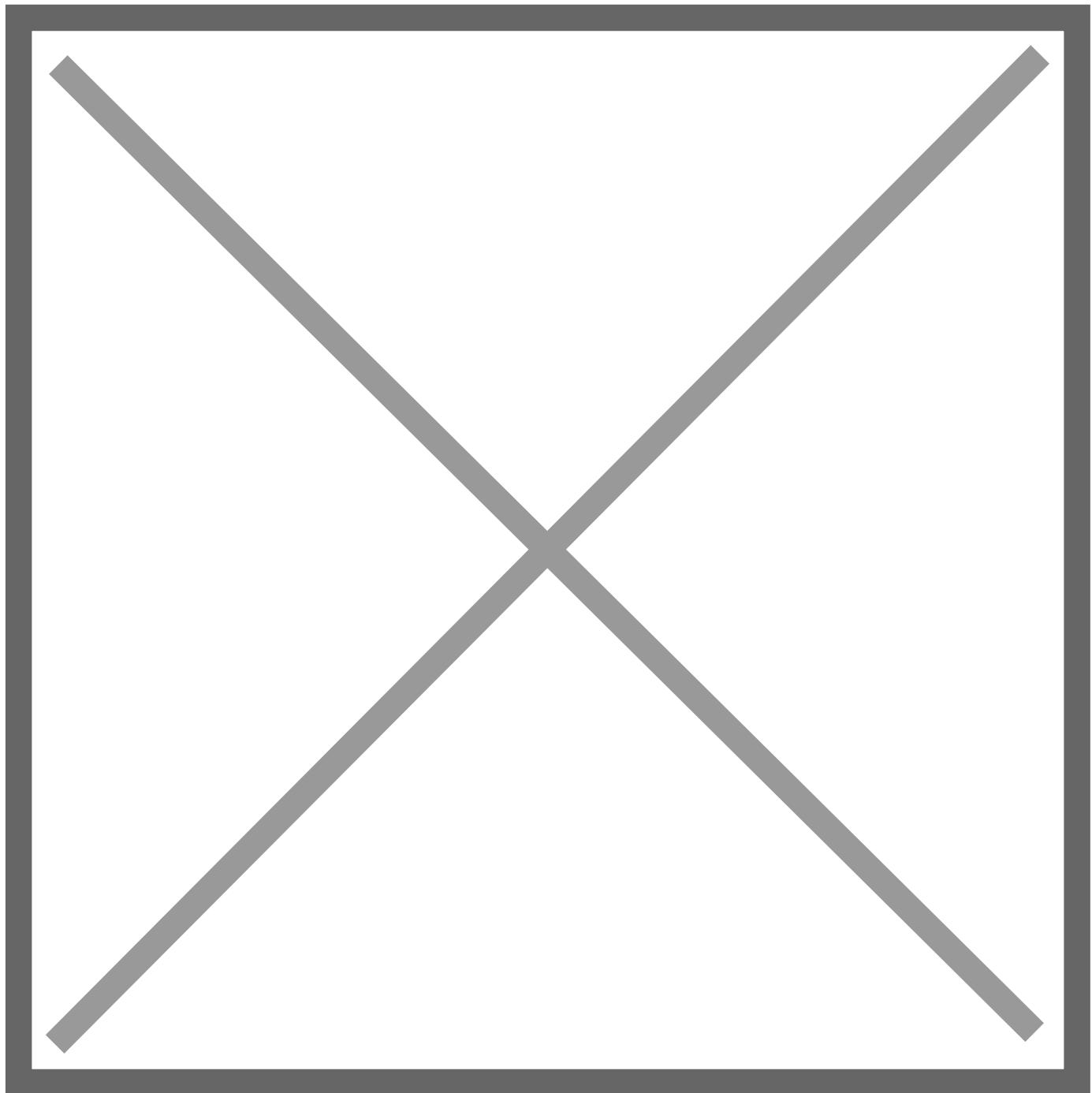
12-17

Odkazy: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard
<http://www.foodsystemsdashboard.org/food-system>

Definície (k dispozícii iba v angličtine): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Priemerná týždenná frekvencia konzumácie rýchleho občerstvenia

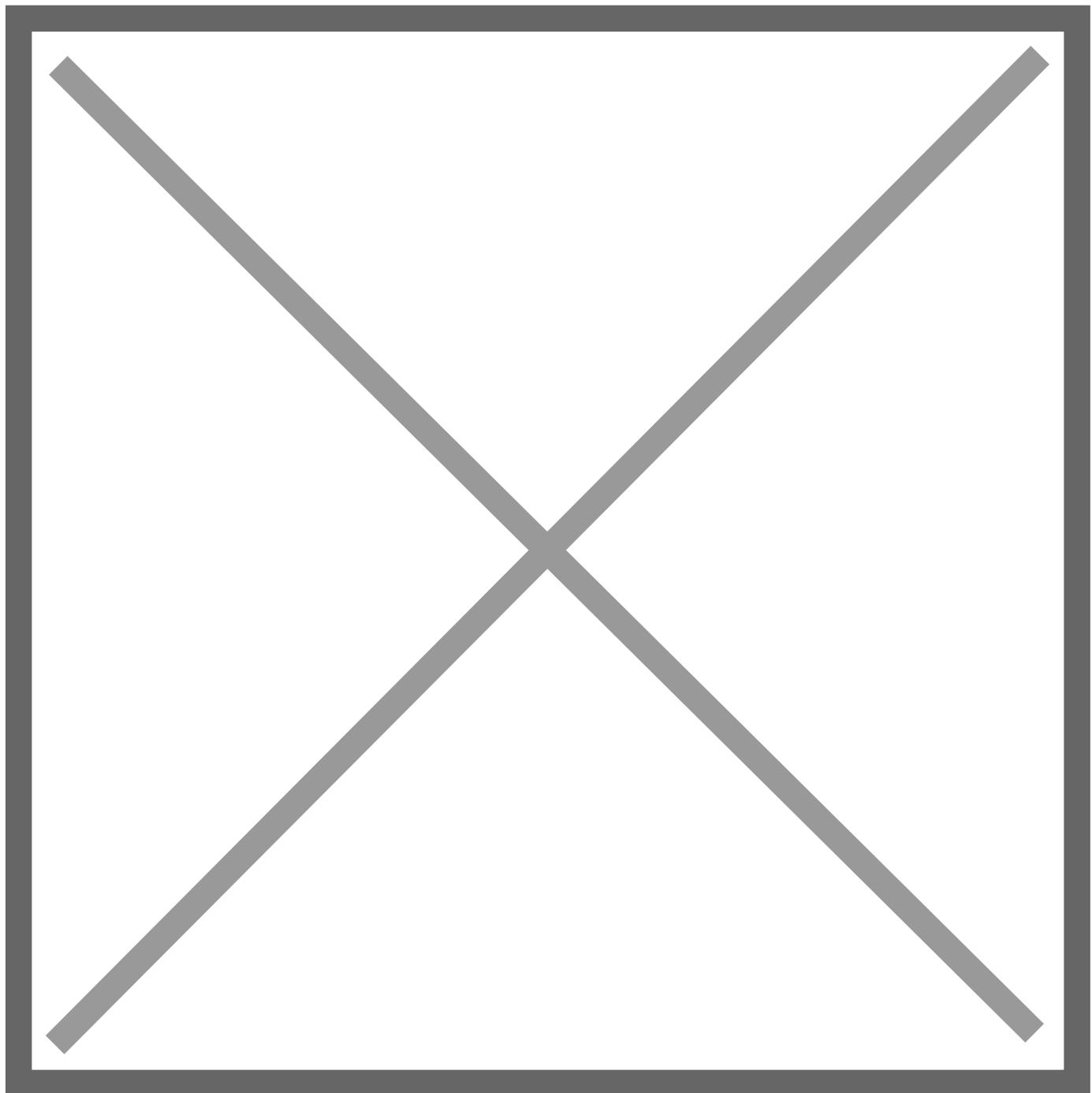
Deti, 2009-2015



- Odkazy:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard
<http://www.foodsystemsdashboard.org/food-system>
-

Odhadovaný príjem spracovaného mäsa na obyvateľa

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

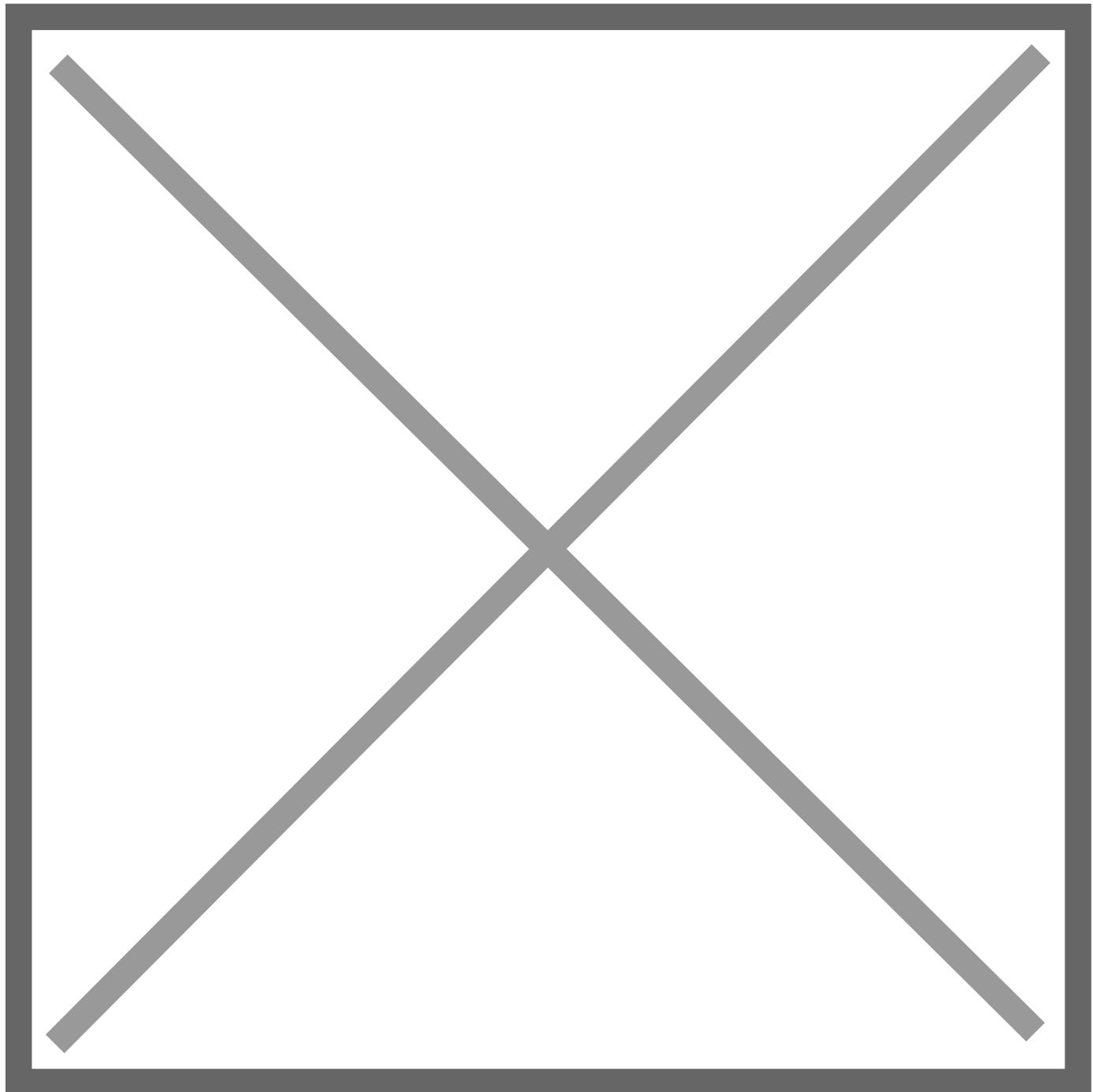
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definície (k
dispozícii iba
v angličtine):**

Estimated per-capita processed meat intake (g per day)

Odhadovaný príjem celých zŕn na obyvateľa

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

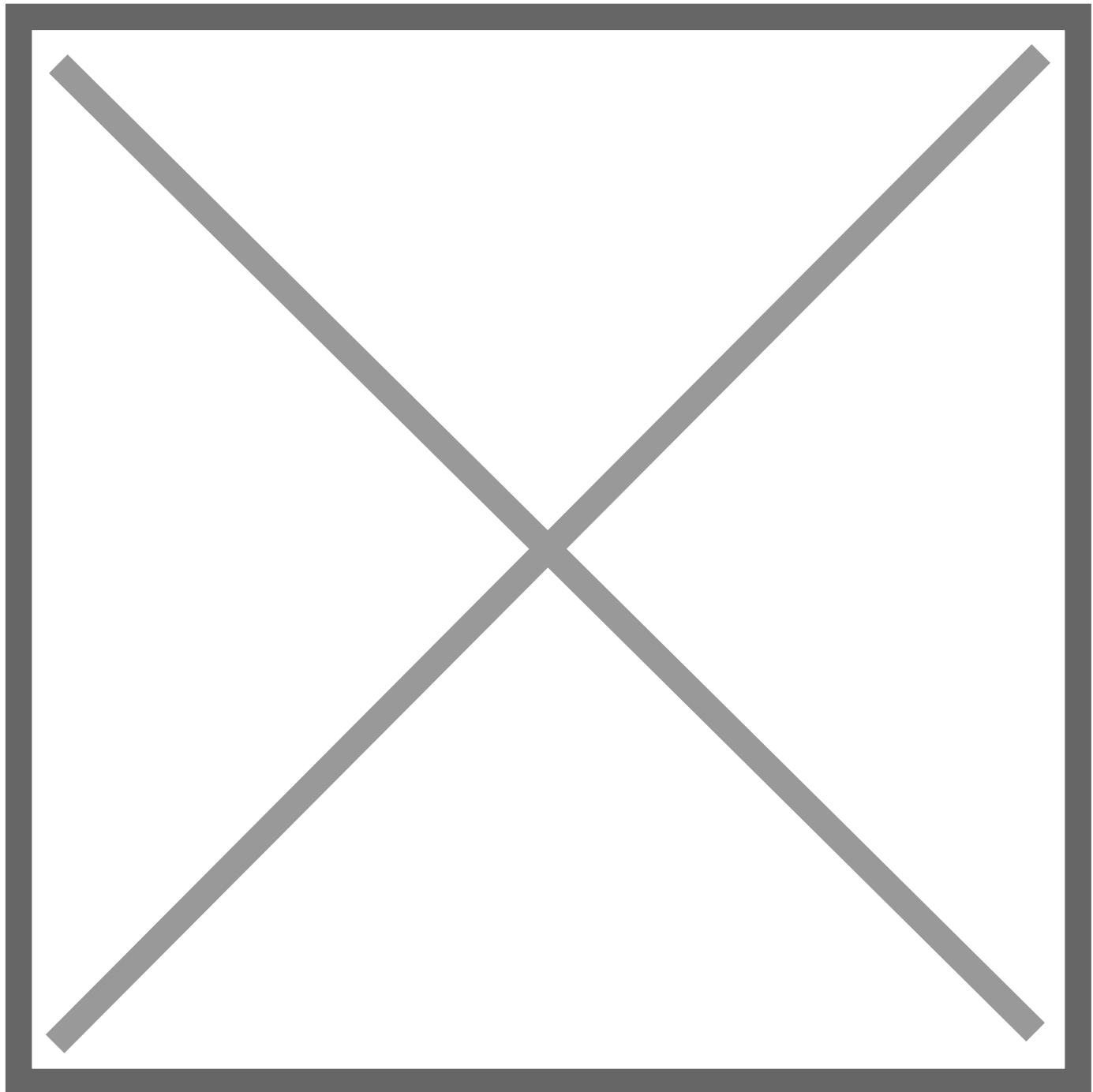
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definície (k
dispozícii iba
v angličtine):**

Estimated per-capita whole grains intake (g/day)

Duševné zdravie - poruchy depresie

Dospelí, 2021



Vek:

20+

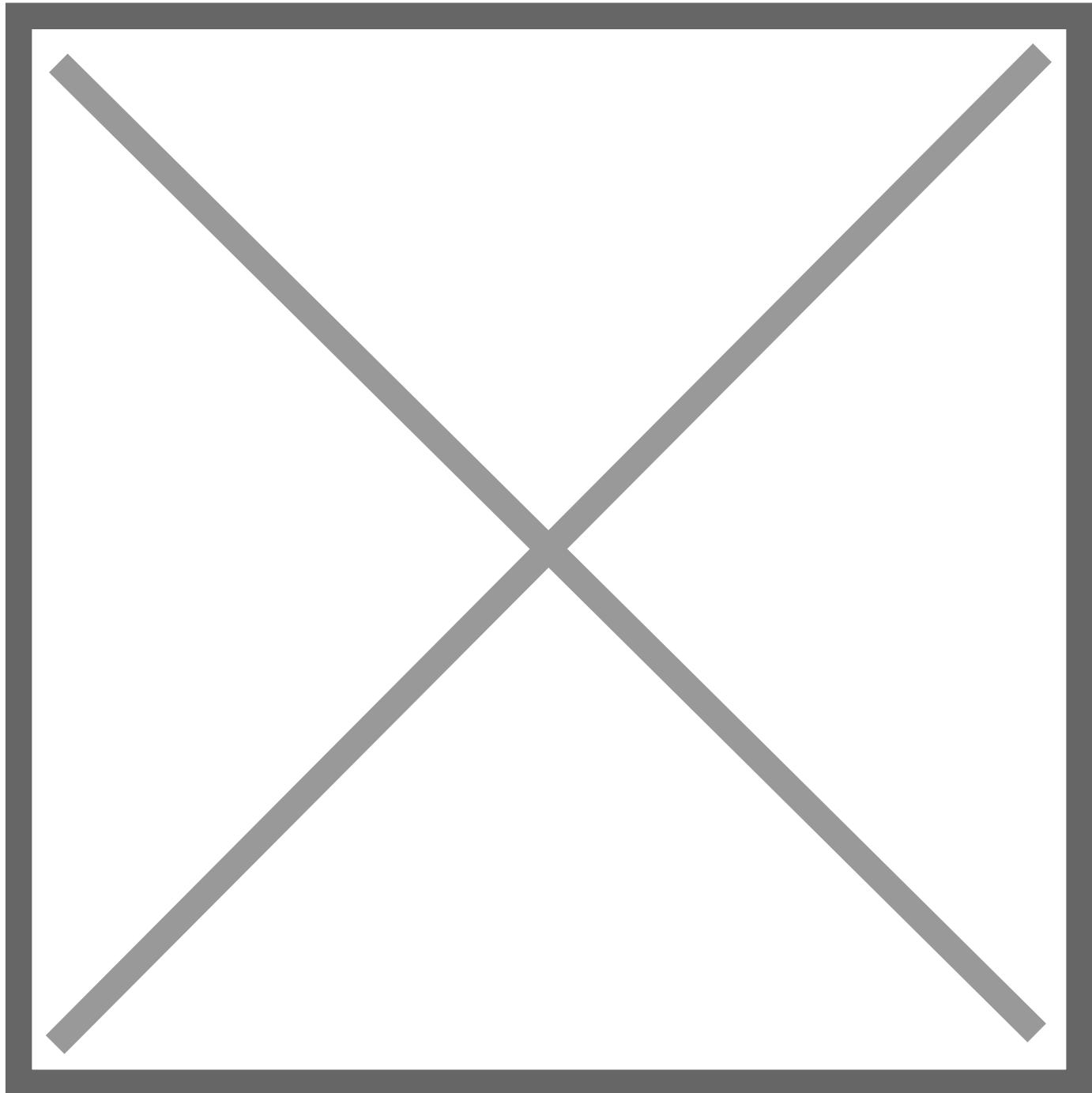
Dotknutá
oblasť:

Národný

Odkazy: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definície (k dispozícii iba v angličtine): Number living with depression per 100,000 population (adults 20+ years)

Muži, 2021



Vek:

20+

Dotknutá
oblasť:

Národný

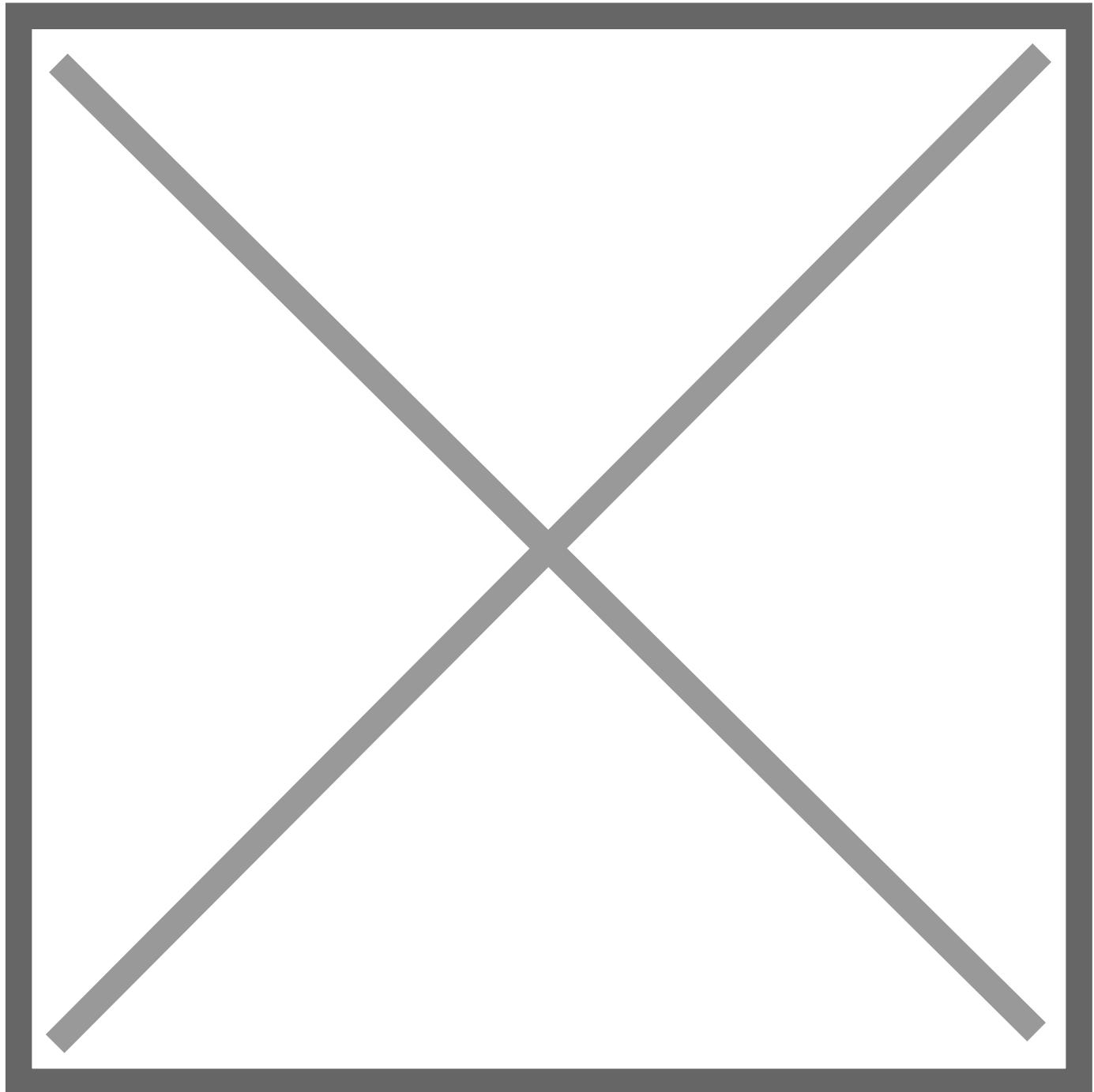
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v angličtine):**

Number living with depression per 100,000 population (adults 20+ years)

Ženy, 2021



Vek:

20+

Dotknutá
oblasť:

Národný

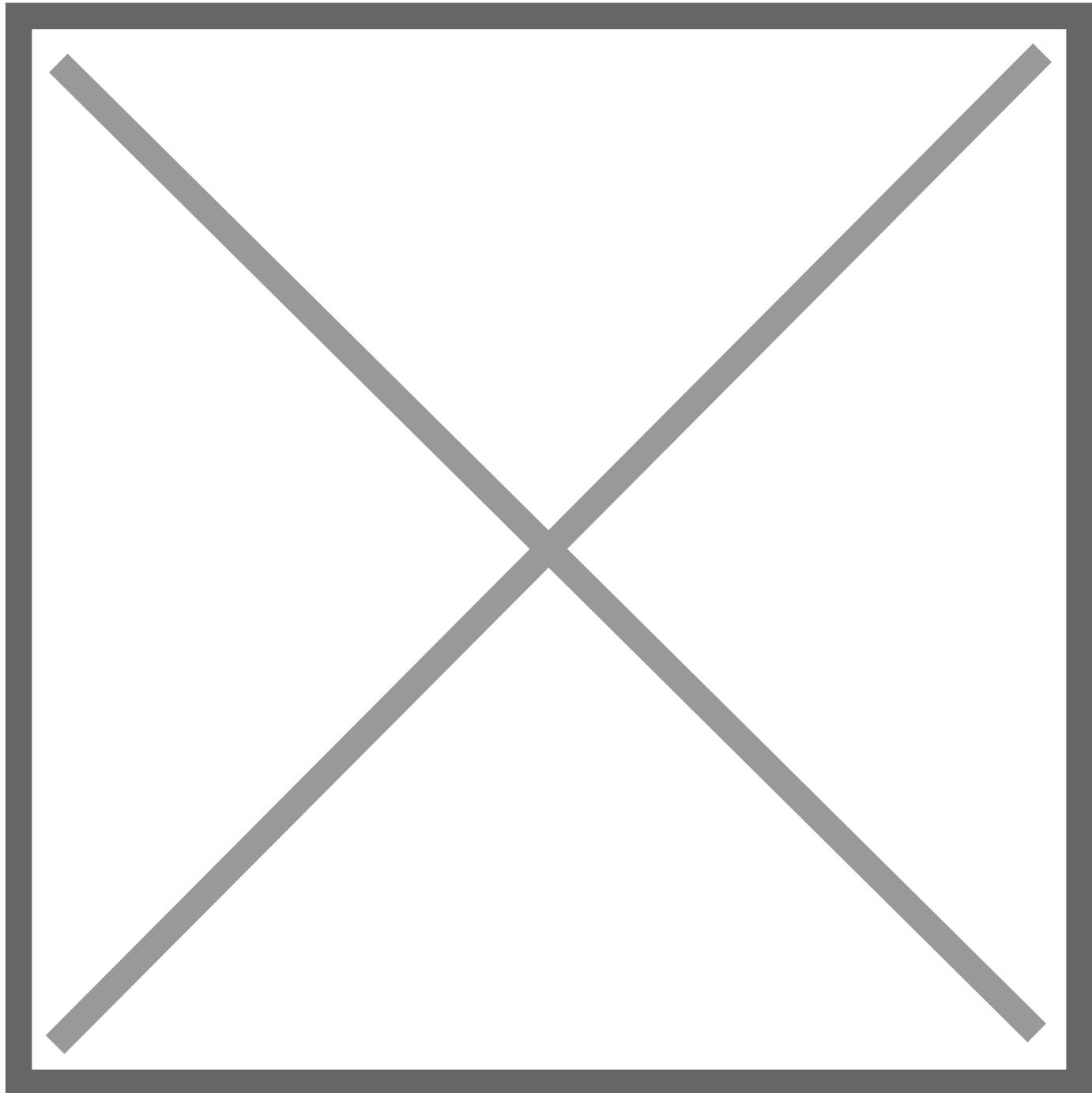
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**Definície (k
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v angličtine):**

Number living with depression per 100,000 population (adults 20+ years)

Deti, 2021



**Dotknutá
oblasť:**

Národný

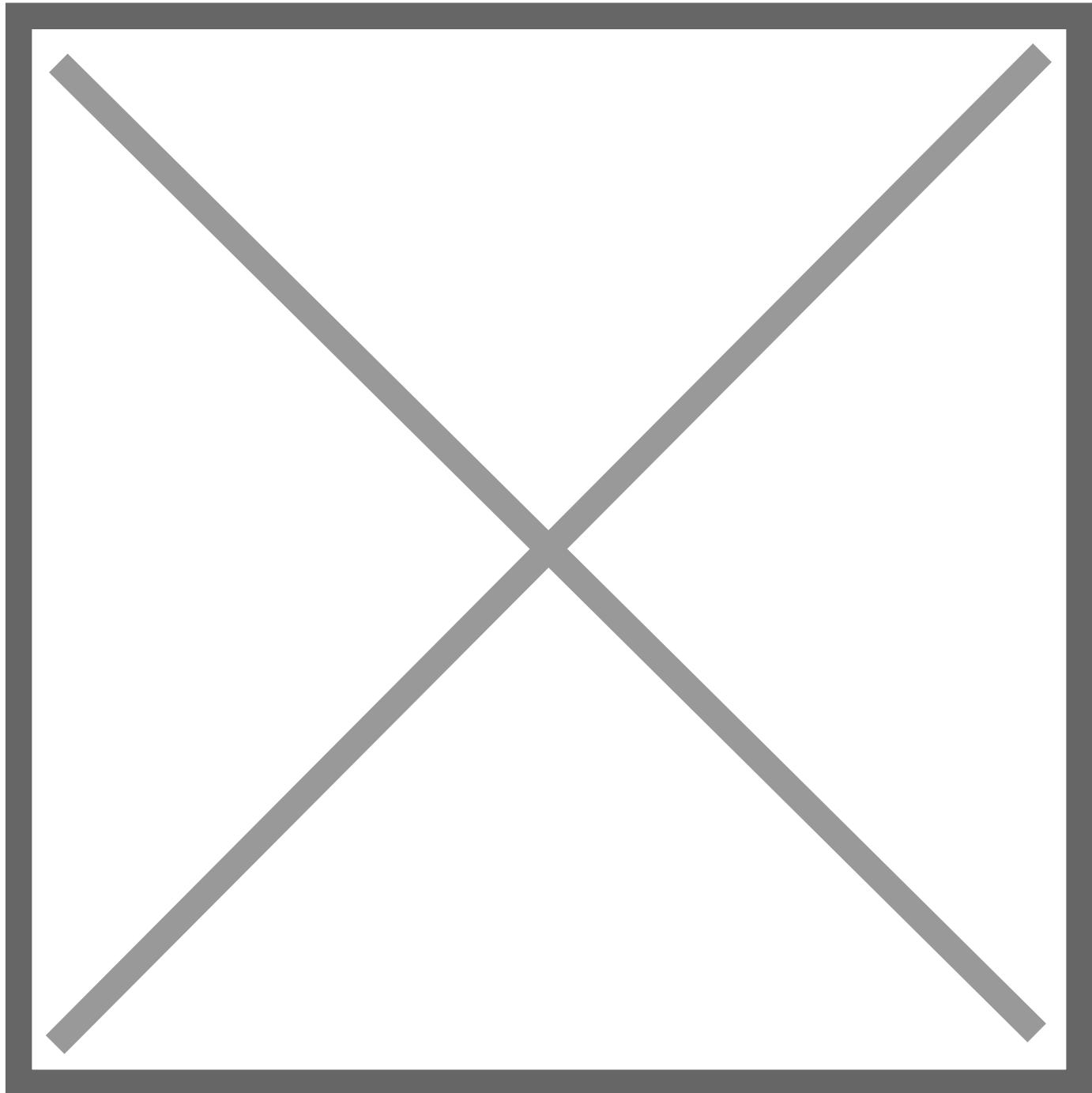
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021



**Dotknutá
oblasť:**

Národný

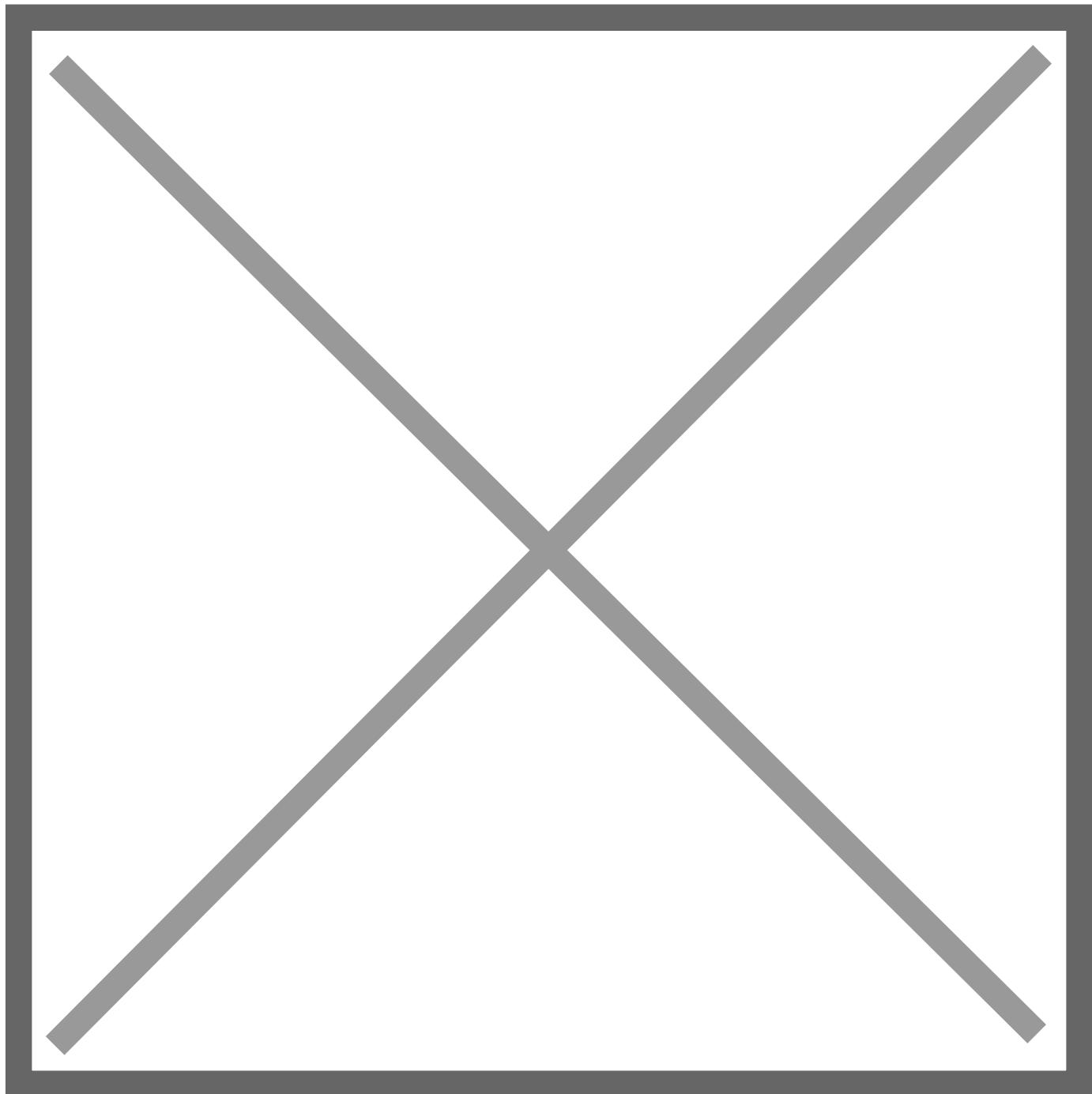
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dievčatá, 2021



**Dotknutá
oblasť:**

Národný

Odkazy:

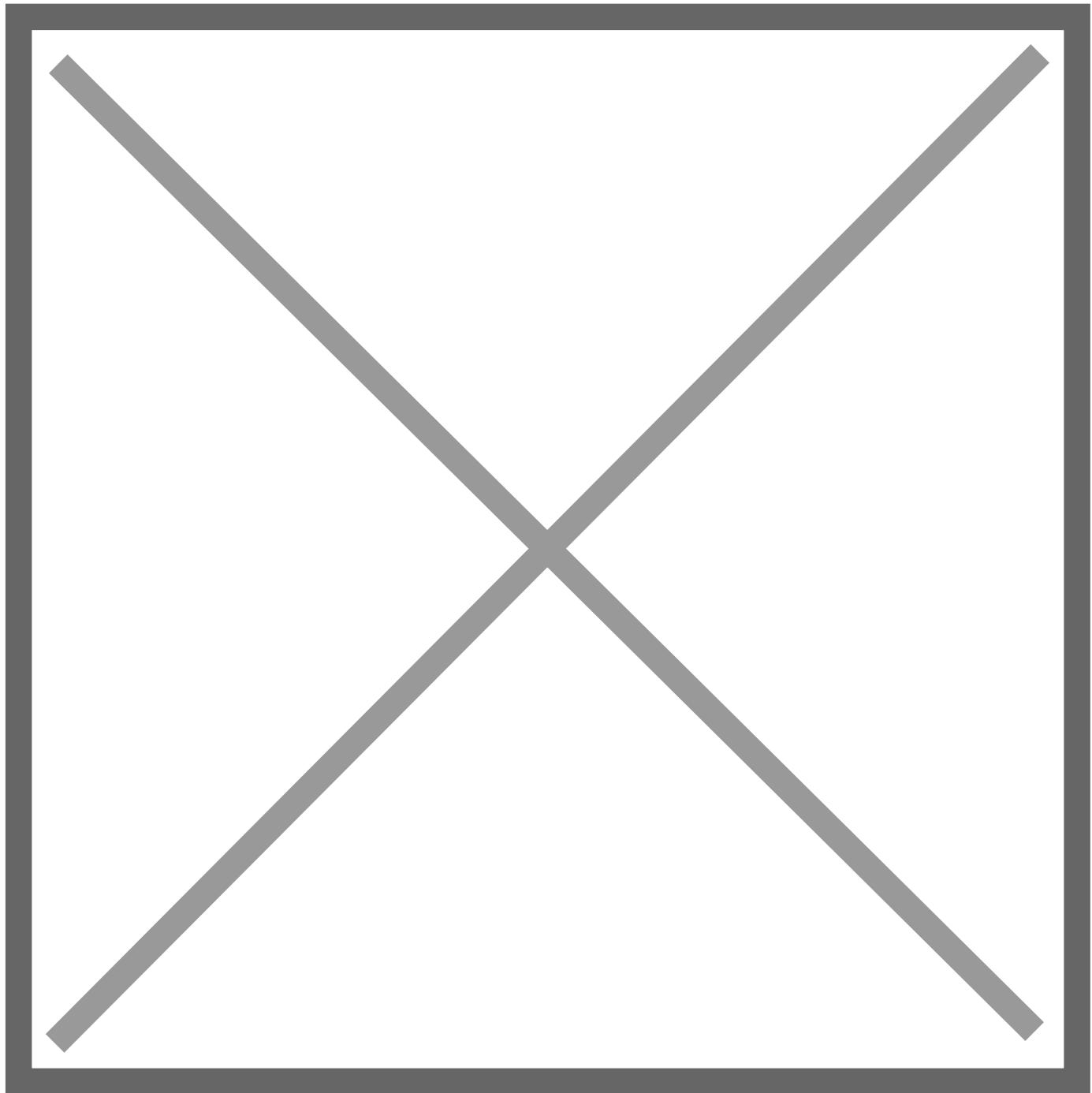
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definície (k
dispozícii iba
v angličtine):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Duševné zdravie - úzkostné poruchy

Dospelí, 2021



Vek:

20+

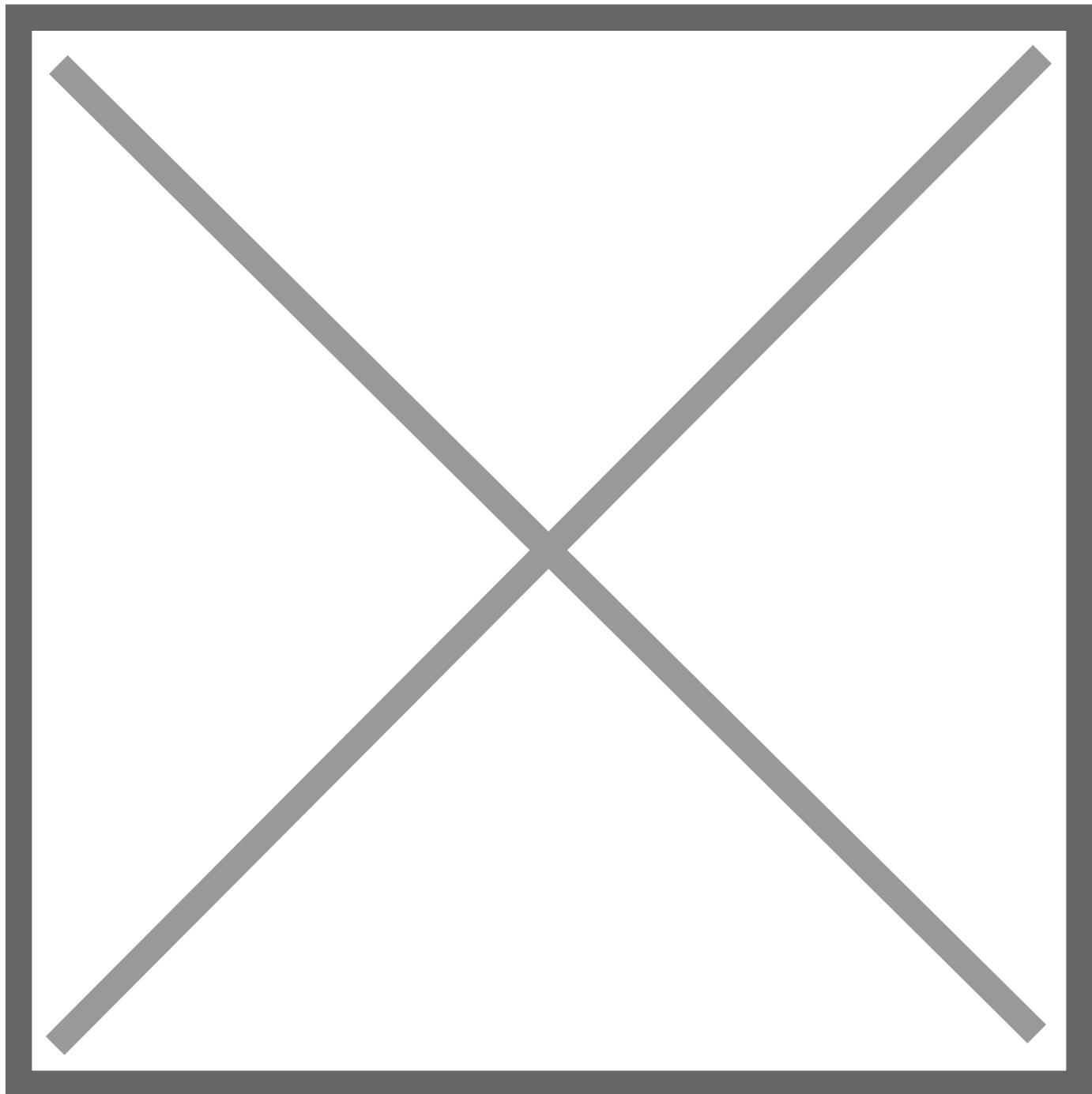
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definície (k
dispozícii iba
v angličtine):**

Number living with anxiety per 100,000 population

Muži, 2021



Vek:

20+

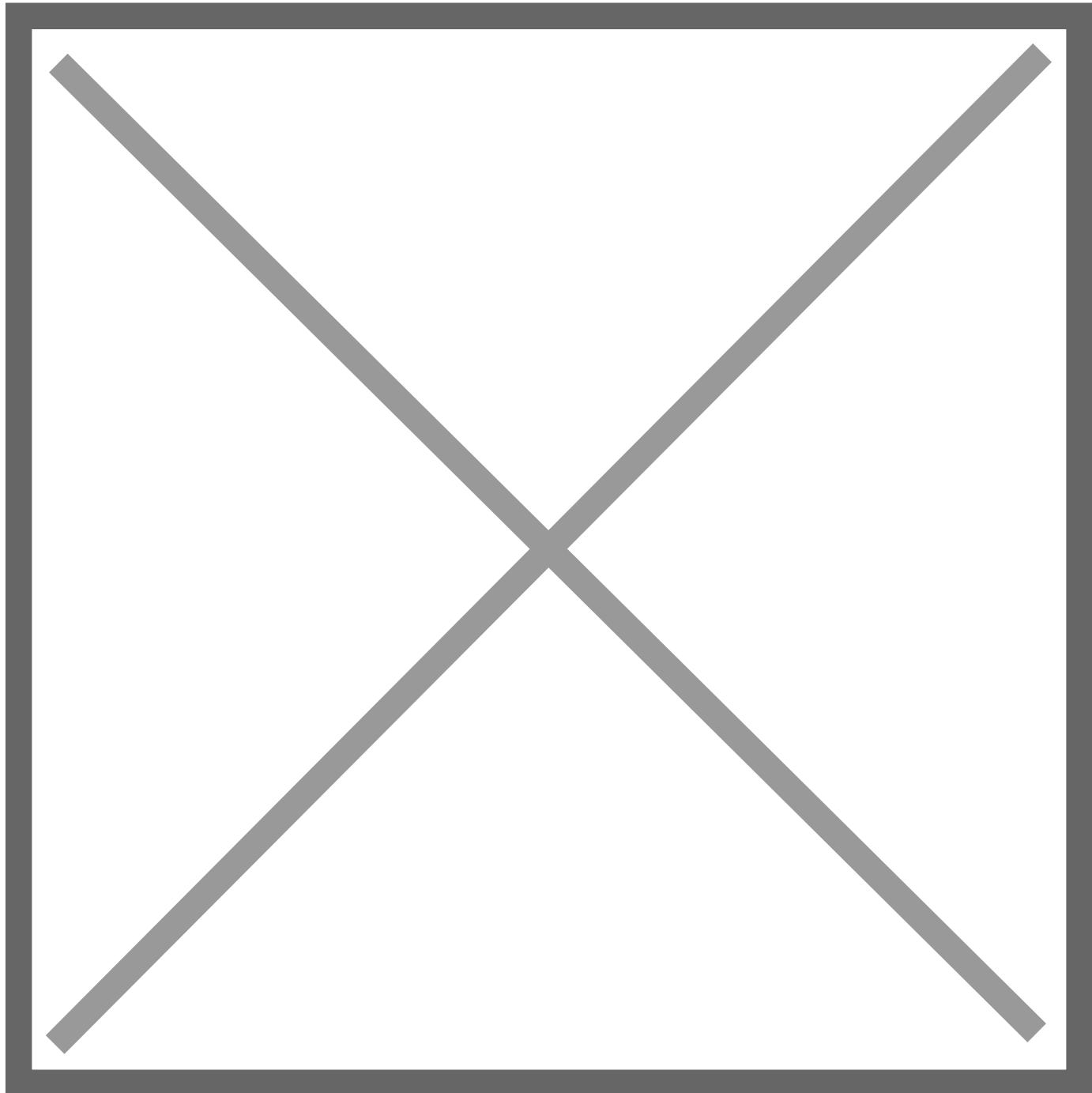
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Definície (k
dispozícii iba
v angličtine):

Number living with anxiety per 100,000 population

Ženy, 2021



Vek:

20+

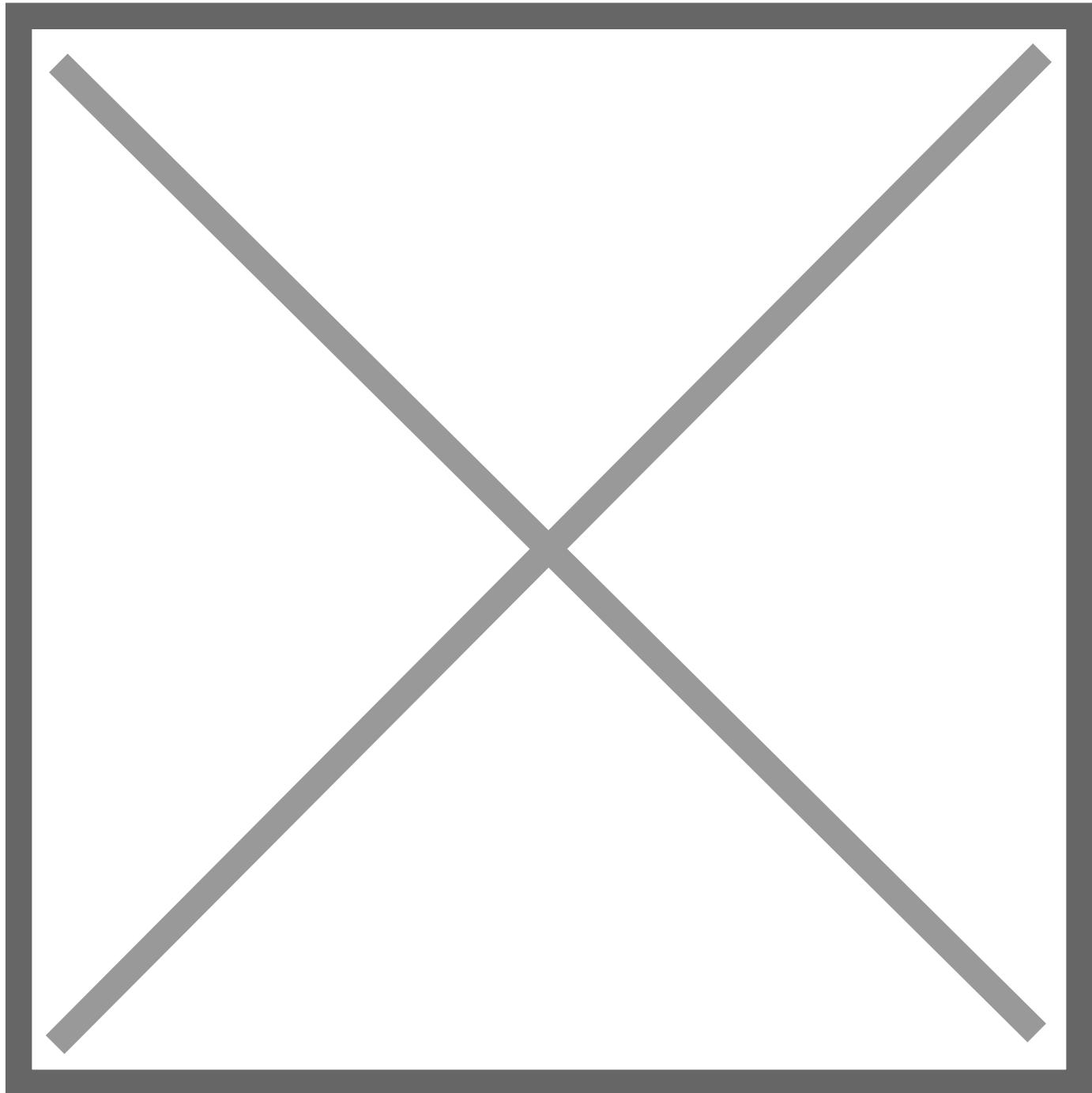
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Definície (k
dispozícii iba
v angličtine):

Number living with anxiety per 100,000 population

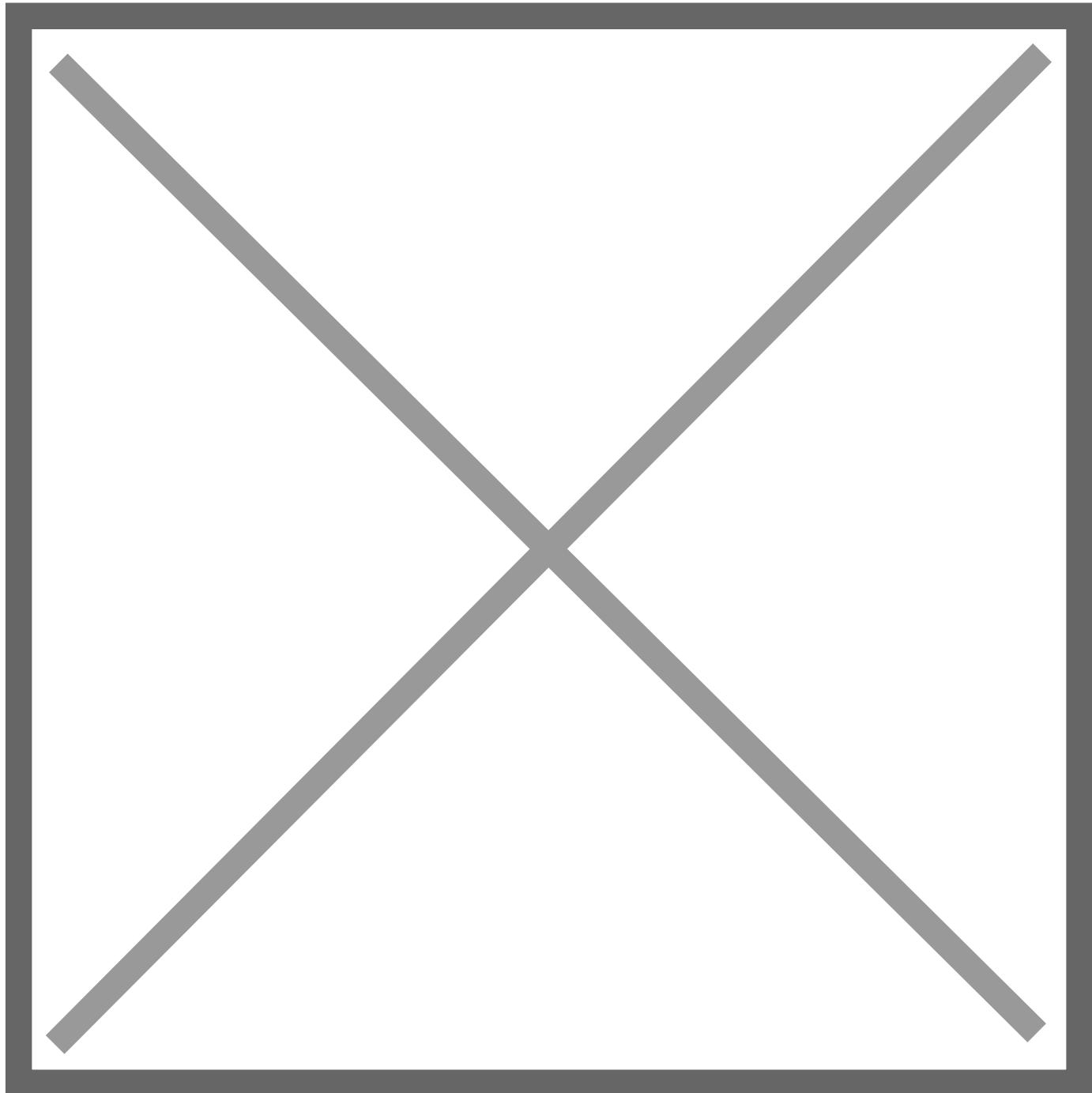
Deti, 2021



Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

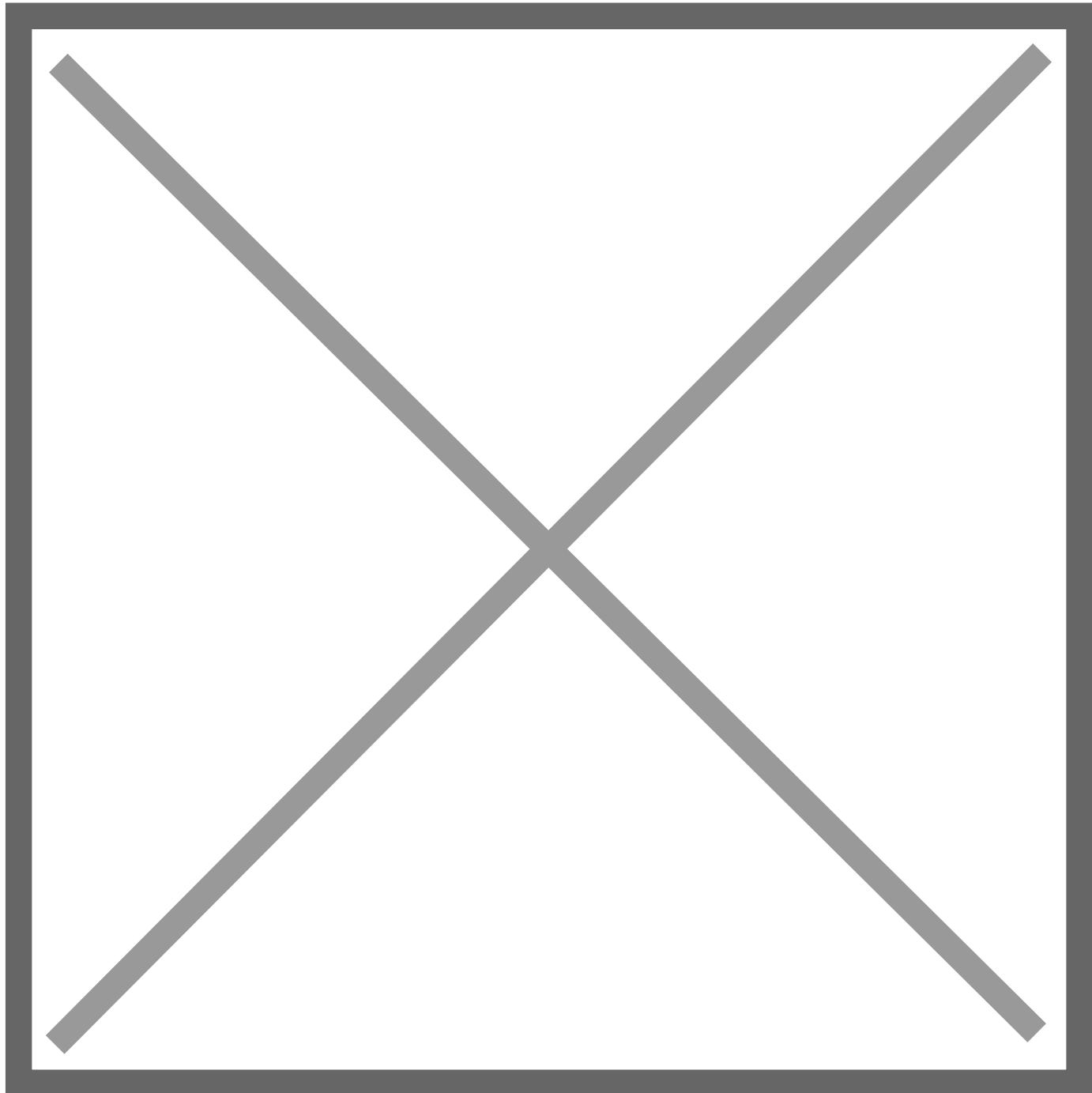
Chlapci, 2021



Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Dievčatá, 2021



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PDF created on July 16, 2025