# Drivers

## Pacific Community

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Insufficient activity

Adults, 2016

Women, 2016

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
**Survey type:** Self-reported  
**Age:** 11-17  
**References:** Global Health Observatory data repository, World Health Organisation, [https://apps.who.int/gho/data/node.main.A893ADO?lang=en](https://apps.who.int/gho/data/node.main.A893ADO?lang=en) (last accessed 16.03.21)

**Notes:** % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitions:** % Adolescents insufficiently active (age standardised estimate)
Girls, 2016

Survey type: Self-reported

Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Average daily frequency of carbonated soft drink consumption

Children, 2010-2015

<table>
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<th>Country</th>
<th>Times per week</th>
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<tbody>
<tr>
<td>Kiribati</td>
<td>0</td>
</tr>
<tr>
<td>Vanuatu</td>
<td>0.5</td>
</tr>
<tr>
<td>Solomon Is.</td>
<td>1.0</td>
</tr>
<tr>
<td>Tuvalu</td>
<td>1.5</td>
</tr>
<tr>
<td>Cook Islands</td>
<td>2.0</td>
</tr>
<tr>
<td>Samoa</td>
<td>2.0</td>
</tr>
<tr>
<td>Tonga</td>
<td>2.0</td>
</tr>
<tr>
<td>Wallis &amp; Futuna</td>
<td>2.0</td>
</tr>
<tr>
<td>Niue</td>
<td>2.0</td>
</tr>
</tbody>
</table>

Survey type: Measured

Age: 12-17

Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less-than-daily fruit consumption

Children, 2010-2015

Vanuatu, Fiji, Cook Islands, Samoa, Solomon Is., Tokelau, Wallis & Futuna, Tonga, Tuvalu, Niue, Kiribati, Nauru

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less-than-daily vegetable consumption

Children, 2010-2015

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2010-2015

Age: 12-17

Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured

Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]

Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015

References:

Definitions:
% of population with anxiety disorders

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