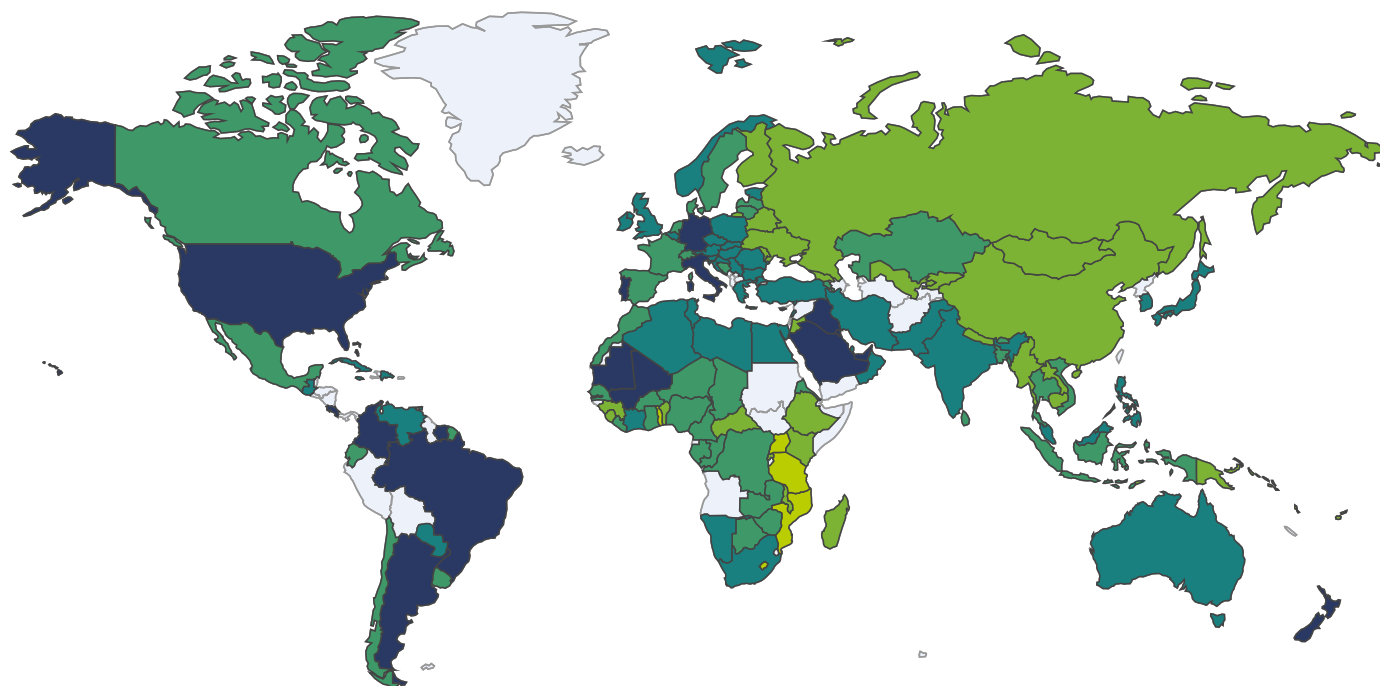
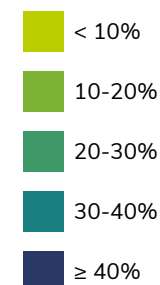


Insufficient physical activity

% Adults attaining <150 minutes of moderate-intensity physical activity per week, or <75 minutes of vigorous-intensity physical activity per week, or equivalent

Key



Africa region

Mauritania: 41.3%
Mali: 40.4%
South Africa: 38.2%
Algeria: 33.6%
Namibia: 33.4%

Americas region

Brazil: 47%
Costa Rica: 46.1%
Suriname: 44.4%
Colombia: 44%
Bahamas: 43.3%

Eastern Mediterranean region

Kuwait: 67%
Saudi Arabia: 53.1%
Iraq: 52%
United Arab Emirates: 41.4%
Qatar: 36.8%

European region

Cyprus: 44.4%
Portugal: 43.4%
Germany: 42.2%
Malta: 41.7%
Italy: 41.4%

SE Asia region

India: 34%
Maldives: 30.3%
Sri Lanka: 28.9%
Bangladesh: 27.8%
Thailand: 24.6%

Western Pacific region

Marshall Islands: 43.5%
New Zealand: 42.4%
Nauru: 42.1%
Palau: 40.9%
Kiribati: 40.4%

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