

Portugal



Economic impact of overweight and obesity

In 2019, the economic impact of overweight and obesity was estimated to be US\$4.42 billion. This is equivalent to US\$432 per capita and 1.8% of GDP. Direct costs and indirect costs made up 37% and 63% of total costs respectively.

By 2060, economic impacts are predicted to increase to US\$13.1 billion. This is equivalent to US\$1539 per capita and 2.4% of GDP, and represents a 3-fold increase in total costs.

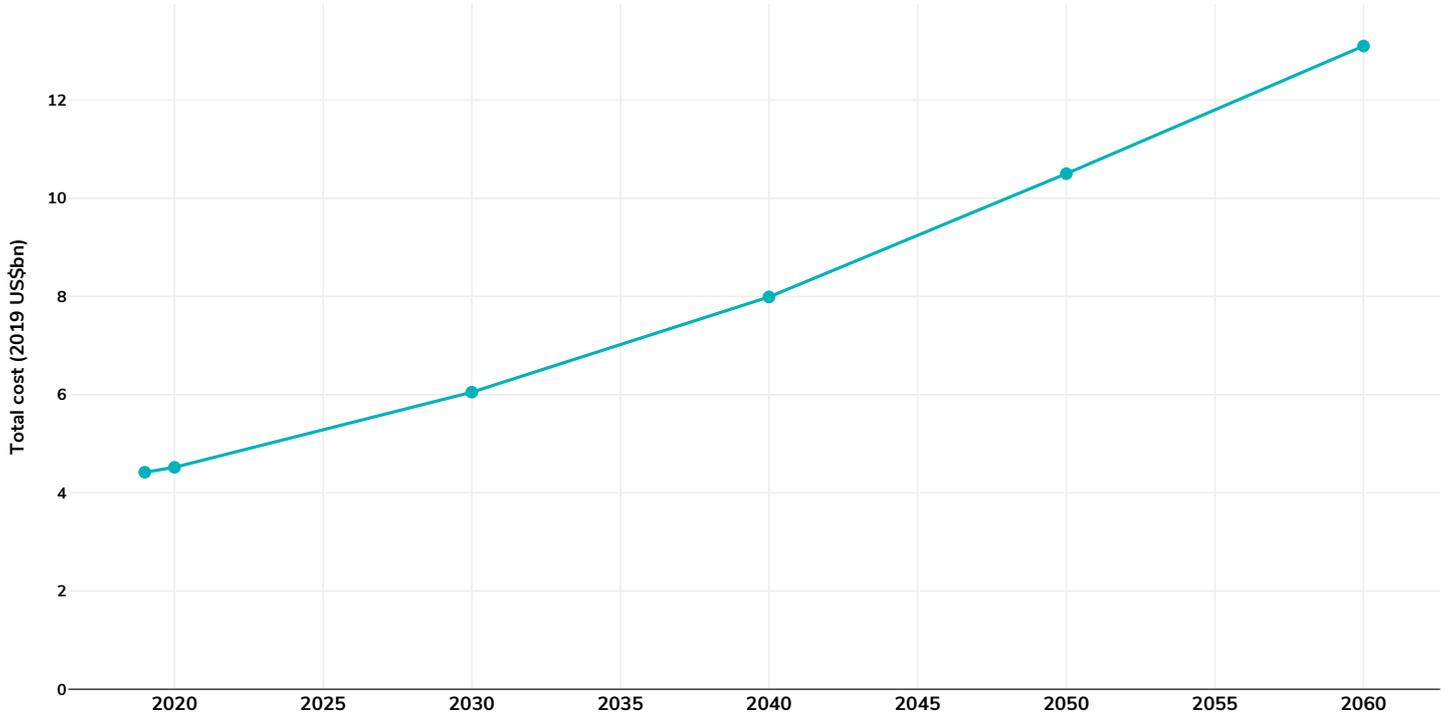
Breakdown of economic costs over time (standard model)

	2019	2030 (projected)	2060 (projected)
Total economic cost (direct + indirect costs):	\$4.42bn	\$6.05bn	\$13.1bn
Total economic cost as % of GDP:	1.84%	2.13%	2.39%
Total economic cost per capita:	\$432	\$611	\$1,539
Total direct costs:	\$1.64bn	\$2bn	\$2.67bn
Direct medical costs:	\$1.64bn	\$1.99bn	\$2.67bn
Direct-non-medical costs:	\$0bn	\$0bn	\$0bn
Total indirect costs:	\$2.78bn	\$4.06bn	\$10.43bn
Premature mortality costs:	\$2.1bn	\$3.31bn	\$9.61bn
Absenteeism costs:	\$0.37bn	\$0.41bn	\$0.45bn
Presenteeism costs:	\$0.31bn	\$0.34bn	\$0.37bn

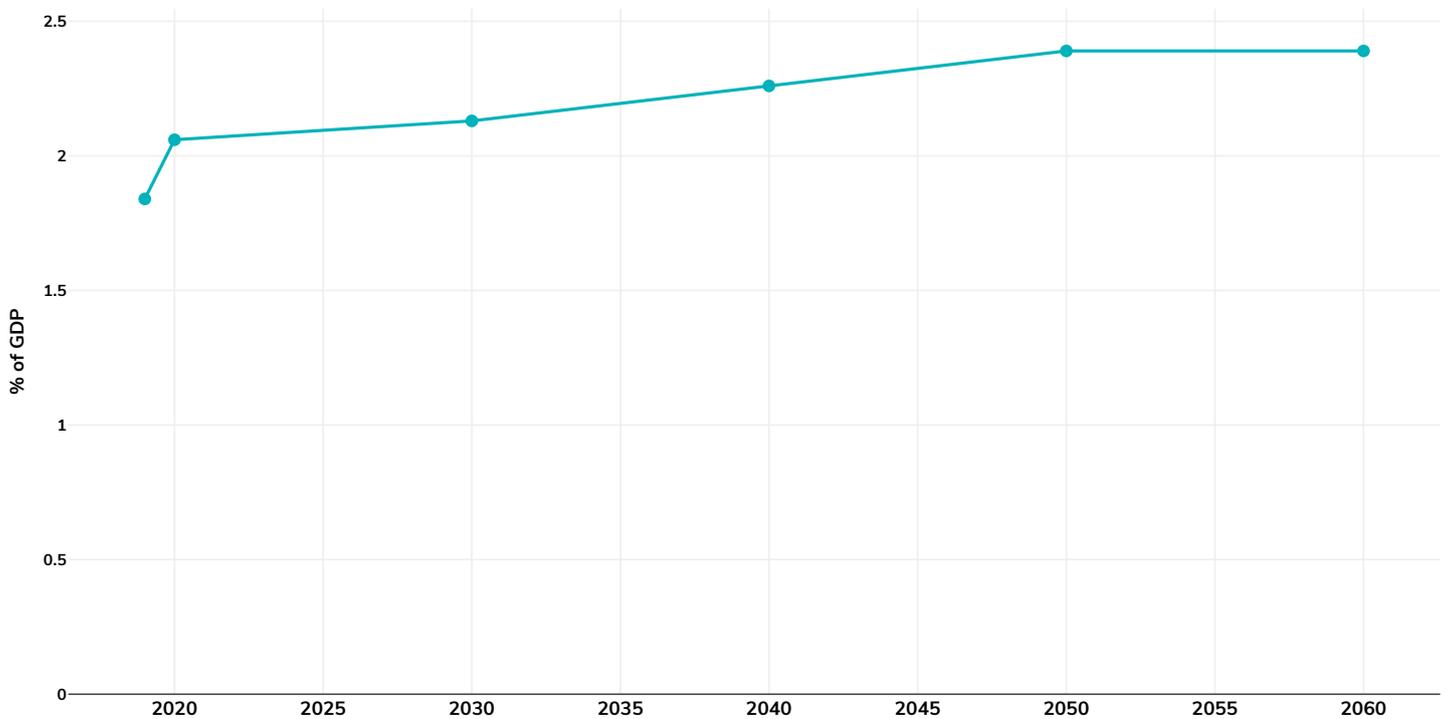
All figures are in US\$

Trend graphs (standard model)

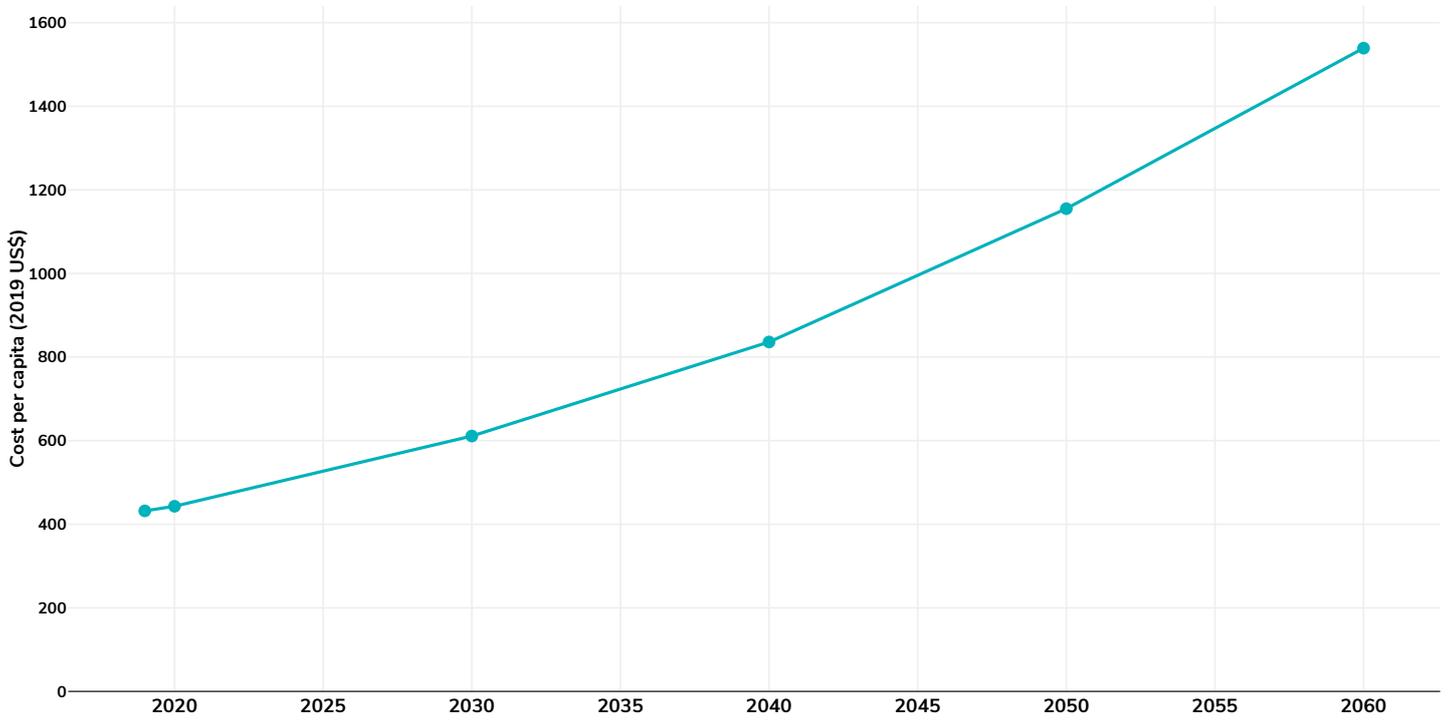
Total economic cost (in billions of 2019 US\$)



Total economic cost as % of GDP



Total economic cost per capita (in 2019 US\$)



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