

# Lesotho



## Economic impact of overweight and obesity

In 2019, the economic impact of overweight and obesity was estimated to be US\$48.15 million. This is equivalent to US\$23 per capita and 2.1% of GDP. Direct costs and indirect costs made up 22.8% and 77.2% of total costs respectively.

By 2060, economic impacts are predicted to increase to US\$287.35 million. This is equivalent to US\$104 per capita and 4.5% of GDP, and represents a 6-fold increase in total costs.

#### Breakdown of economic costs over time (standard model)

	2019	2030 (projected)	2060 (projected)
Total economic cost (direct + indirect costs):	\$0.05bn	\$0.08bn	\$0.29bn
Total economic cost as % of GDP:	2.05%	2.97%	4.46%
Total economic cost per capita:	\$23	\$35	\$104
Total direct costs:	\$0.01bn	\$0.02bn	\$0.1bn
Direct medical costs:	\$0.01bn	\$0.02bn	\$0.1bn
Direct-non-medical costs:	\$0bn	\$0bn	\$0bn
Total indirect costs:	\$0.04bn	\$0.06bn	\$0.19bn
Premature mortality costs:	\$0.02bn	\$0.04bn	\$0.14bn
Absenteeism costs:	\$0.01bn	\$0.01bn	\$0.02bn
Presenteeism costs:	\$0.01bn	\$0.01bn	\$0.03bn

All figures are in US\$

#### Trend graphs (standard model)

Total economic cost (in billions of 2019 US\$)



#### Total economic cost as % of GDP





### Total economic cost per capita (in 2019 US\$)



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