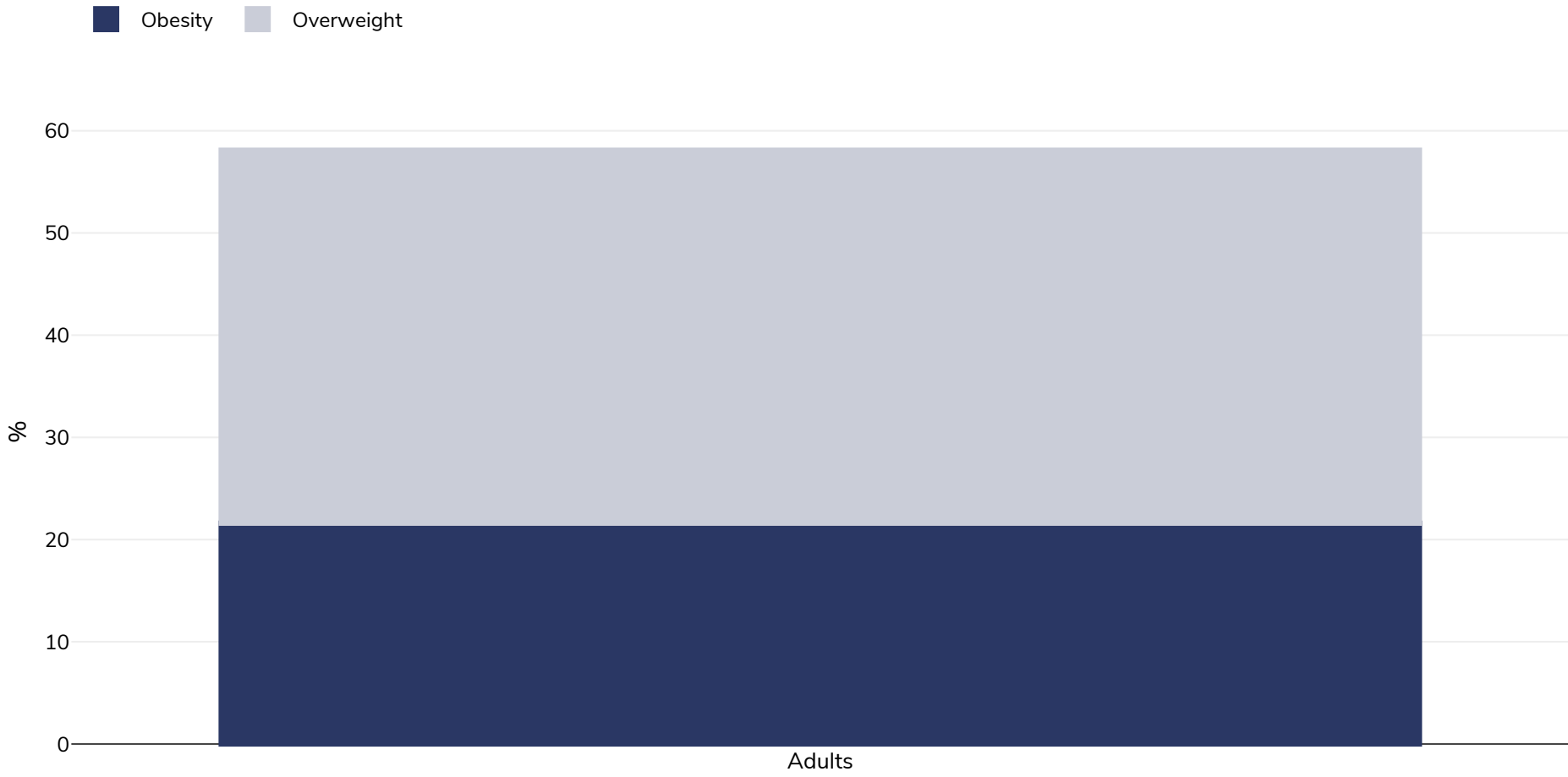


Portugal: Obesity prevalence

Adults, 2015-2016



Survey type:	Measured
Age:	18-64
Sample size:	3281
Area covered:	National
References:	Oliveira A, Araújo J, Severo M, Correia D, Ramos E, Torres D, Lopes C, The IAN-AF Consortium (2018). Prevalence of general and abdominal obesity in Portugal: comprehensive results from the National Food, nutrition and physical activity survey 2015–2016. BMC Public Health, 18, 614.
Cutoffs:	WHO

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².