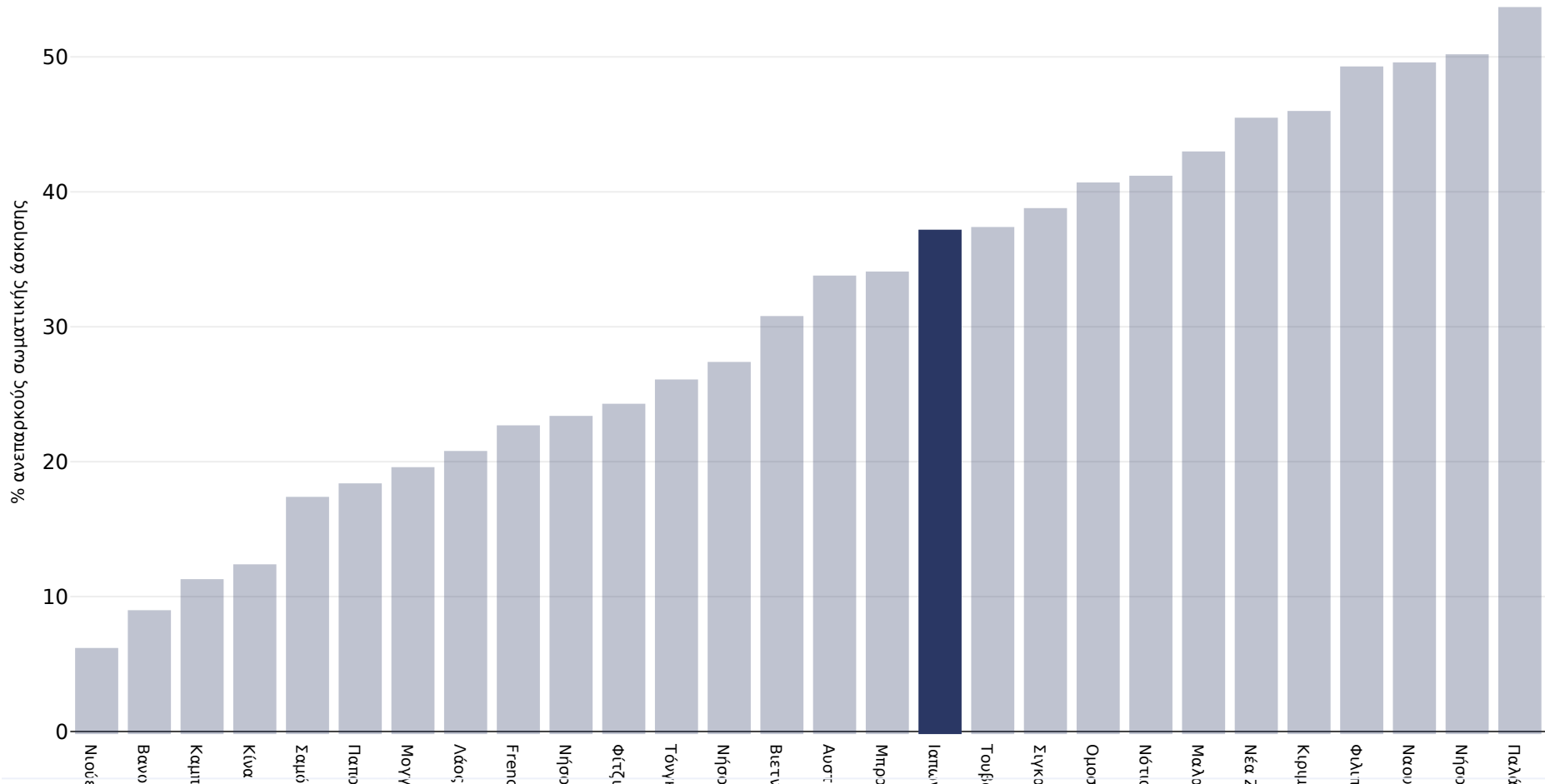


Ιαπωνία: Insufficient physical activity

Γυναίκες, 2016



Παραπομπές: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. *Lancet* 2018; [https://doi.org/10.1016/S0140-6736\(18\)30357-7](https://doi.org/10.1016/S0140-6736(18)30357-7)