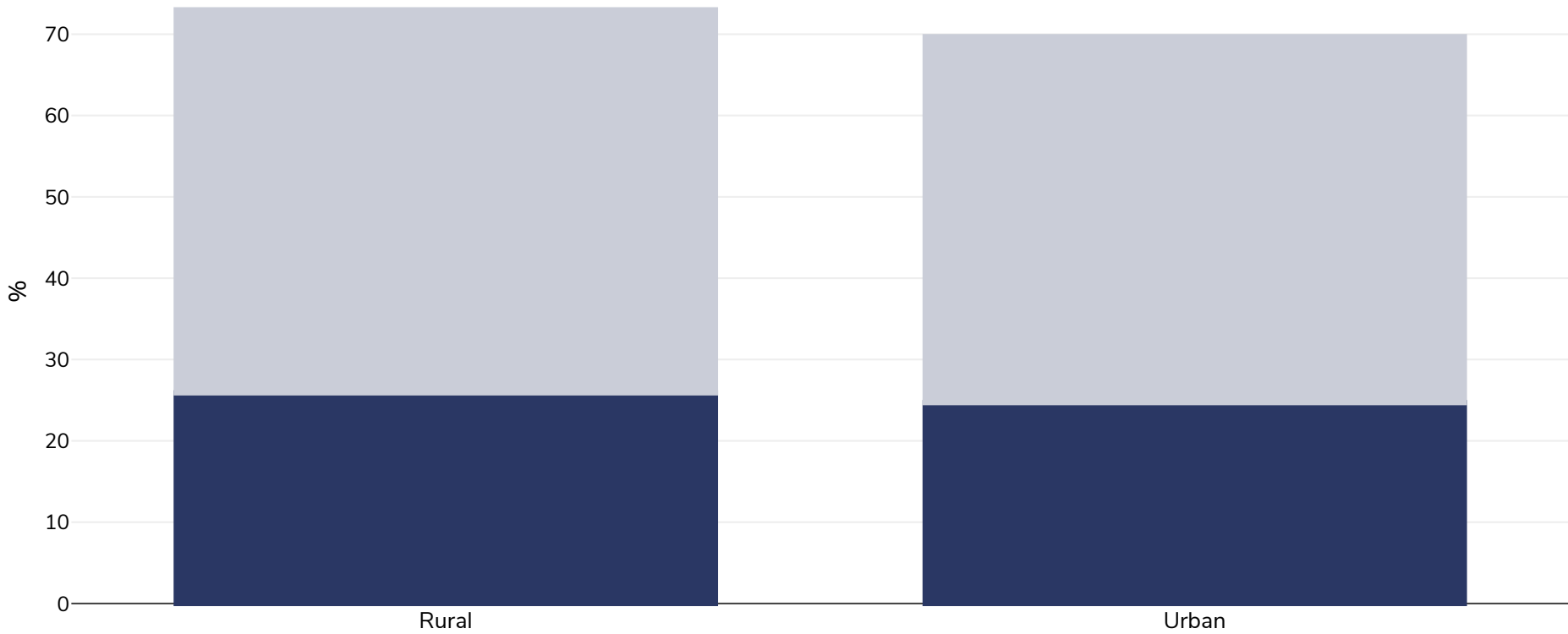


Portugal: Overweight/obesity by region

Men, 2015

■ Obesity ■ Overweight



Survey type:	Measured
Age:	25-74
Sample size:	4819
Area covered:	National
References:	Gaio, V. et al. (2017) 'Prevalence of overweight and obesity in Portugal: Results from the First Portuguese Health Examination Survey (INSEF 2015)', Obesity Research & Clinical Practice, ISSN 1871-403X. Available at: https://doi.org/10.1016/j.orcp.2017.08.002 (Accessed: 7 November 2017).
Notes:	Female = 2583, Male = 2236

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².