

Age:	45-54
Sample size:	14190
Area covered:	Urban (27 cities)
References:	Zejglicová K1, KratÄ•nová J, Malý M, Kubínová R. Incidence of risk factors of chronic non-infectious diseases including socioeconomic factors in the urban middle age population in the Czech Republicresults of HELEN study]. Cas Lek Cesk. 2006;145(12):936-42.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.