Tanzania: Double Burden of underweight & overweight

Children, 2022

10		
8		
8 6		
4		
2		
0	Boys	Girls
Survey type:		Measured
Age:		5-19
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.	
Notes:		Age standardised estimates
Definitions:		Combined prevalence of $BMI < -2SD$ and $BMI > 2SD$ (double burden of thinness and obesity)
Cutoffs:		BMI < -2SD and BMI > 2SD

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