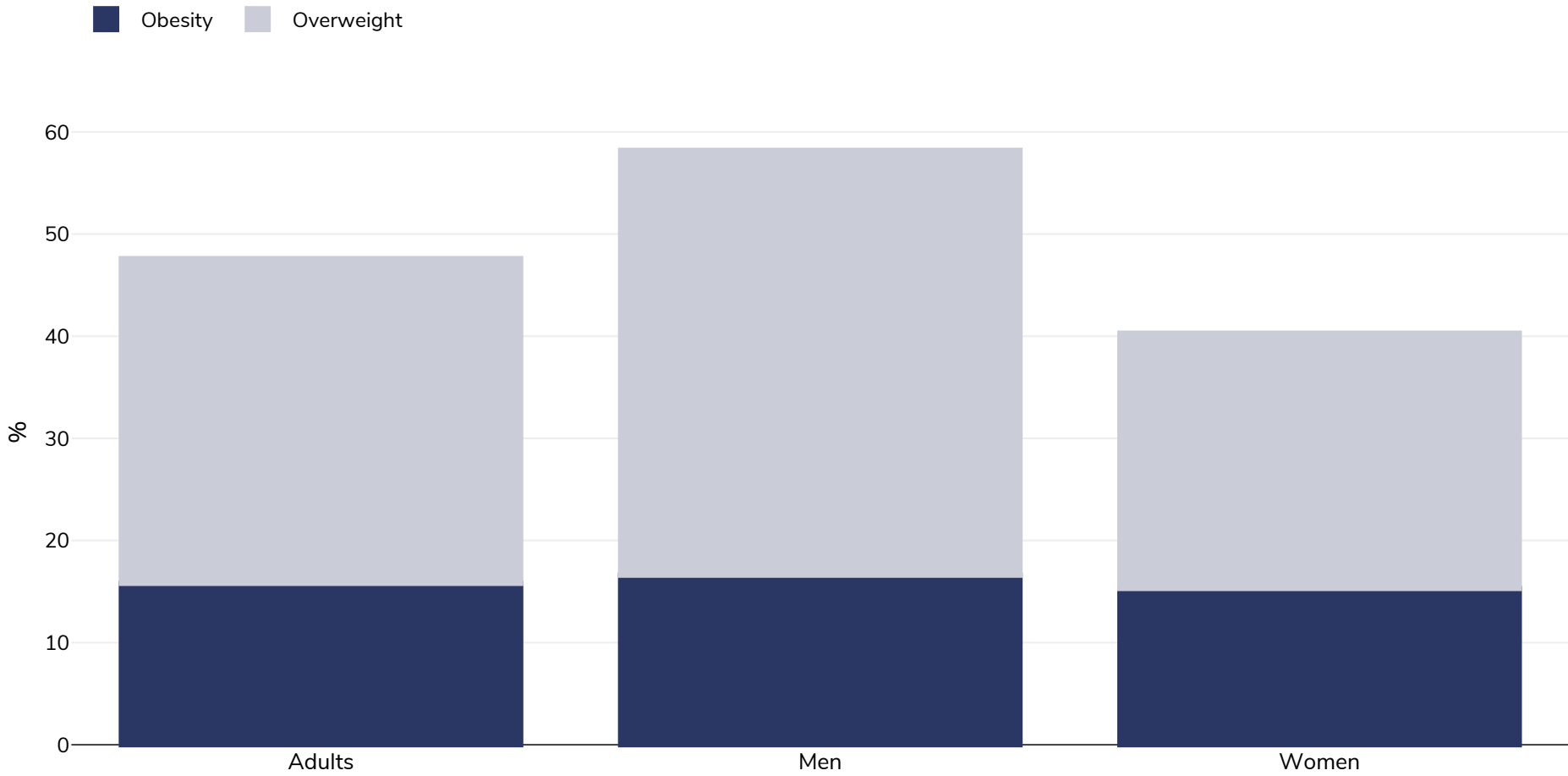


Greece: Obesity prevalence

Adults, 2013



Survey type:	Measured
Age:	18+
Sample size:	4574

References: Magriplis, E., Panagiotakos, D., Kyrou, I., Tsioufis, C., Mitsopoulou, A. V., Karageorgou, D., Dimakopoulos, I., Bakogianni, I., Chourdakis, M., Micha, R., Michas, G., Ntouroupi, T., Tsaniklidou, S. M., Argyri, K., & Zampelas, A. (2020). Presence of Hypertension Is Reduced by Mediterranean Diet Adherence in All Individuals with a More Pronounced Effect in the Obese: The Hellenic National Nutrition and Health Survey (HNNHS). *Nutrients*, 12(3), 853. <https://doi.org/10.3390/nu12030853>

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².