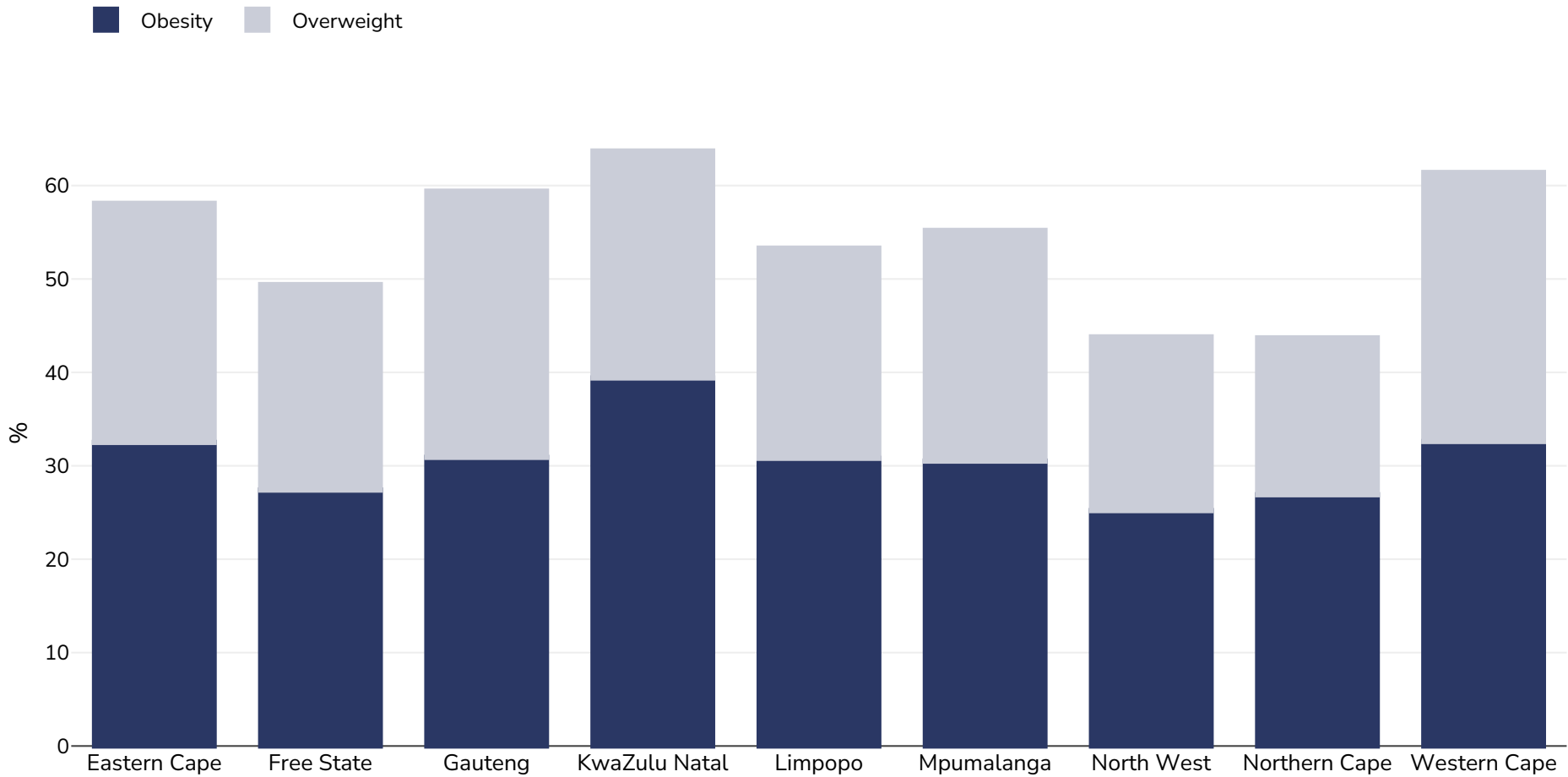


South Africa: Overweight/obesity by region



Adults, 2021-2022



Survey type:	Measured
Age:	18+
Sample size:	30136
Area covered:	National
References:	Simelane, T. Mutanga, S.S. Hongoro, C. Parker, W. Mjimba V. Zuma, K. Kajombo, R. Ngidi, M. Masamha, B. Mokhele, T. Managa, R. Ngungu, M. Sinyolo, S. Tshililo, F. Ubisi, N. Skhosana, Ndinda, C. Sithole, M. Muthige, M. Lunga, W. Tshitangano, F. Dukhi, N., F. Sewpaul, R. Mkhongi, A. Marinda, E., 2023. National Food and Nutrition Security Survey: National Report: HSRC: Pretoria.
Notes:	10099 men and 19982 women
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	