

# Congo: Obesity prevalence

## Women, 1986-1987

■ Obesity   ■ Overweight



**Survey type:** Measured

**Age:** 18+

**Sample size:** 2295

**References:** Shetty P, James WPT. BMI distribution in developed and developing countries. FAO Food and Nutrition Papers. 1994 No. 56

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*