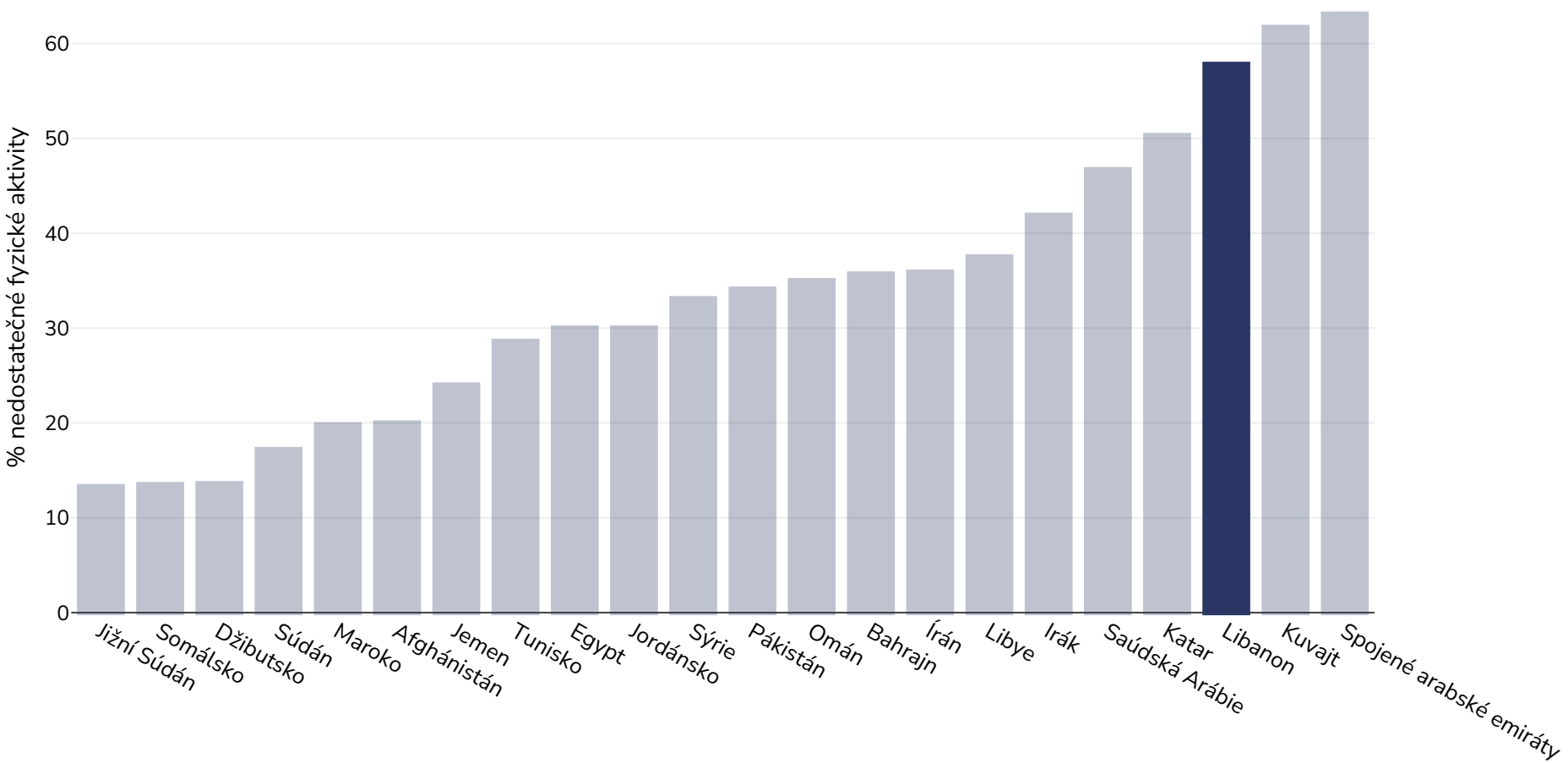


# Libanon: Insufficient physical activity



Muži, 2022



|                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Typ průzkumu:                              | Samonahlášený                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Věk:                                       | 18+                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Pokrytá oblast:                            | Národní                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Reference:                                 | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |
| Definice (k dispozici pouze v angličtině): | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.                                                                                                                                                                                                                                                                                                        |