

# Poland: Obesity prevalence

## Girls, 2010

■ Obesity   ■ Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	3-10
<b>Sample size:</b>	1970
<b>Area covered:</b>	Regional
<b>References:</b>	Kowal, M., Woronkiewicz, A., Kryst, Ł., Sobiecki, J., & Pilecki, M. (2016). Sex differences in prevalence of overweight and obesity, and in extent of overweight index, in children and adolescents (3–18 years) from Kraków, Poland in 1983, 2000 and 2010. <i>Public Health Nutrition</i> ,19(6), 1035-1046. doi:10.1017/S1368980015002281
<b>Notes:</b>	Kraków IOTF BMI cut-offs used Sample size girls only
<b>Cutoffs:</b>	IOTF