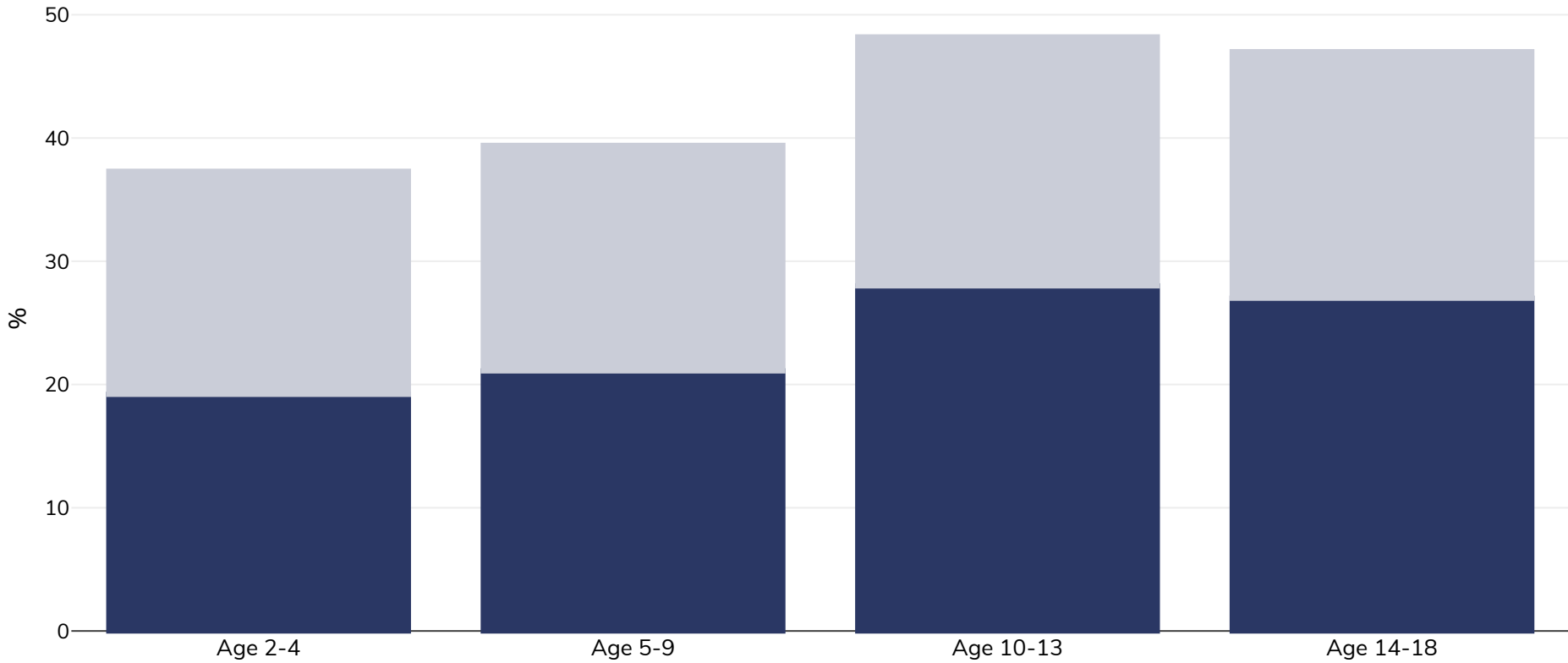


# Saudi Arabia: Overweight/obesity by age

## Children, 2006

■ Obesity   ■ Overweight



**Survey type:** Measured

**Sample size:** 7056

**Area covered:** Eastern Province

**References:** Al-Dossary SS, Sarkis PE, Hassan A, Ezz El Regal M, Fouda AE. Obesity in Saudi children: a dangerous reality. East Mediterr Health J. 2010 Sep;16(9):1003-8.

**Notes:** This study used the Centers for Disease Control and Prevention (CDC) 2000 growth charts to define BMI. The children were classified into 3 weight categories: normal weight (BMI < 85th percentile for age and sex), overweight (BMI between 85th–95th percentiles) and obese (BMI > 95th percentile).

**Cutoffs:** CDC