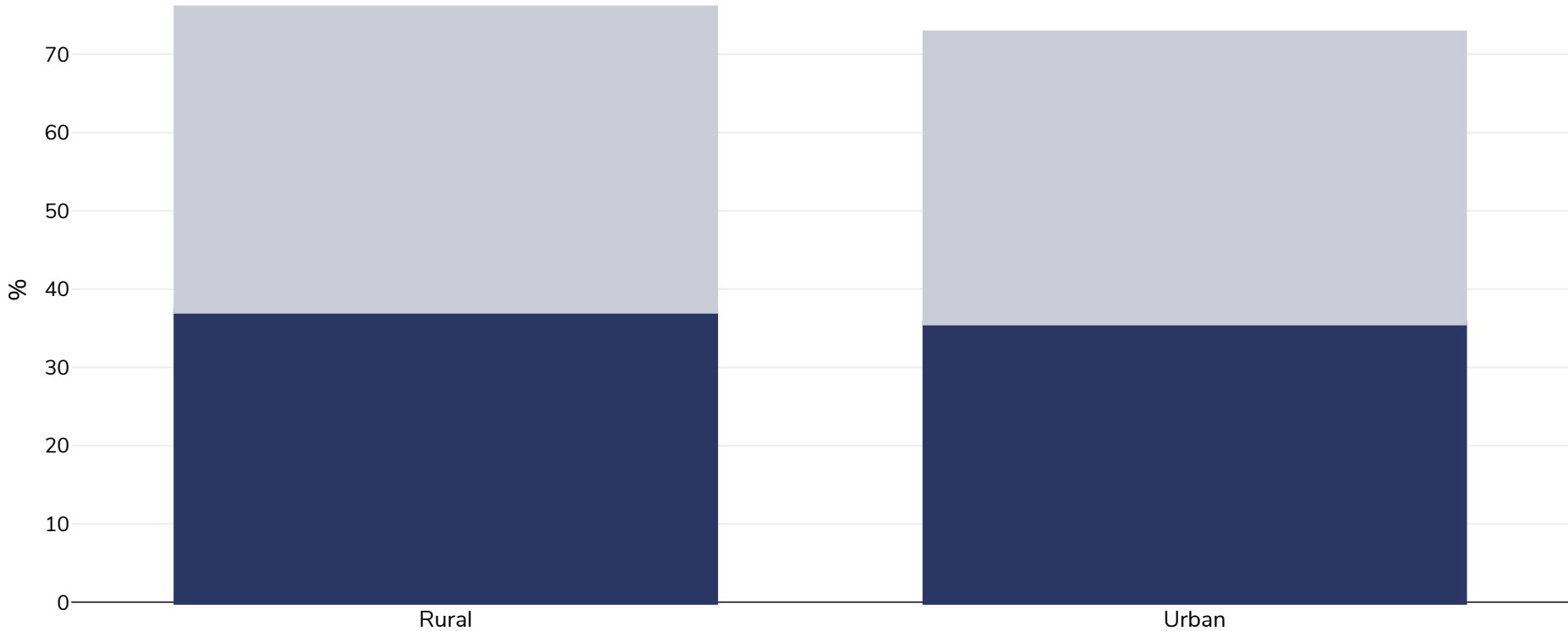


Mexico: Overweight/obesity by region

Adults, 2022

■ Obesity ■ Overweight



Survey type: Measured

Age: 20+

Sample size: 8563

Area covered: National

References: Campos-Nonato I, Galván-Valencia O, Hernández-Barrera L, Oviedo-Solís C, Barquera S. Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022. *Salud Publica Mex.* 2023;65(supl 1): S238-S247. <https://doi.org/10.21149/14809>. Available at <https://saludpublica.mx/index.php/spm/article/view/14809/12424> (last accessed 11.12.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².