Malawi: Overweight/obesity by region
Women, 2015-2016

Survey type: Measured
Age: 15-49
Sample size: 7180
Area covered: National (women 15-49 only)
References: Demographic Health Survey Malawi 2015-16
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².