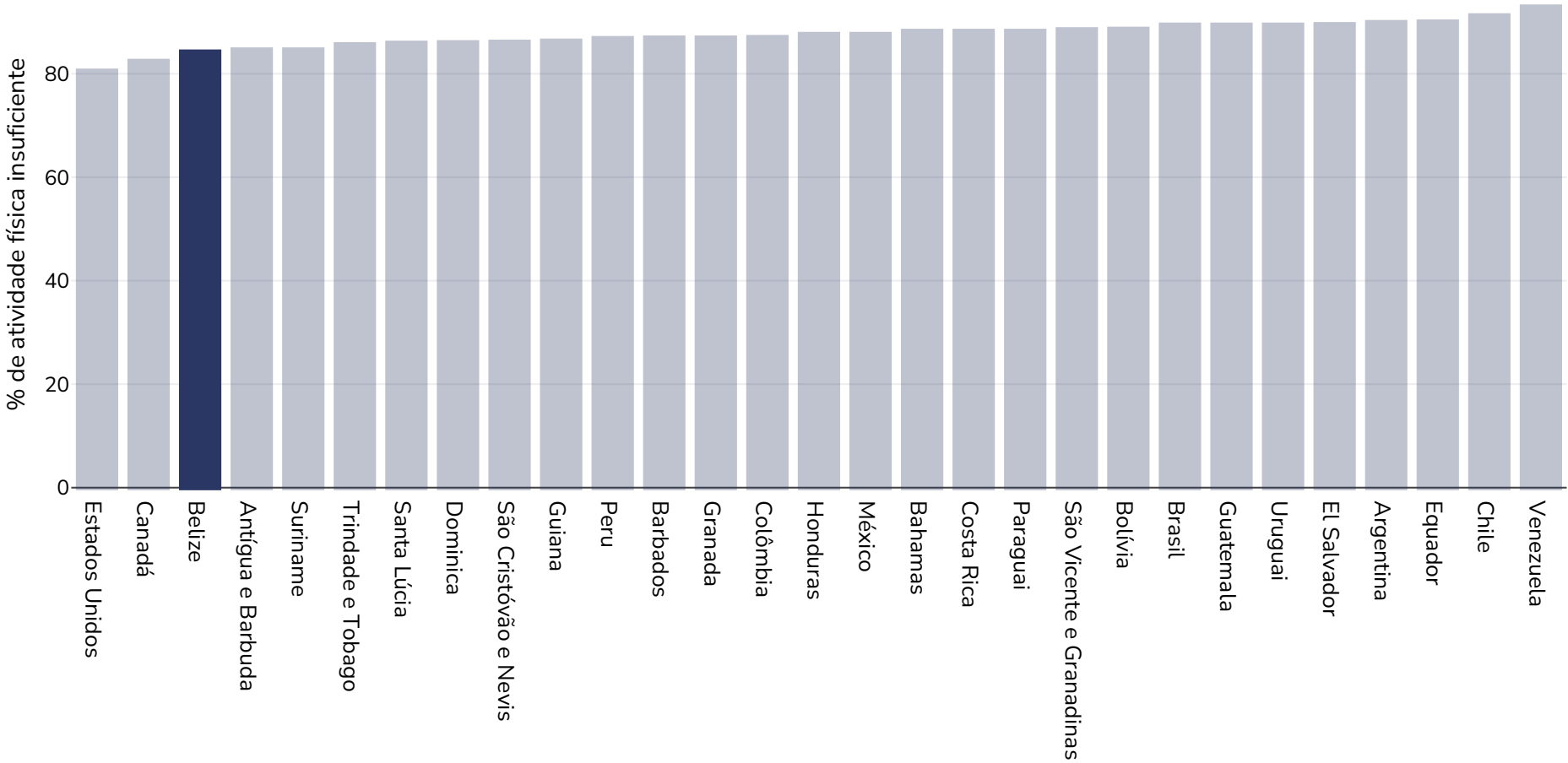


# Belize: Insufficient physical activity

Raparigas, 2016



|                                           |                                                                                                                                                                                                                              |
|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tipo de inquérito:                        | Autorreportado                                                                                                                                                                                                               |
| Idade:                                    | 11-17                                                                                                                                                                                                                        |
| Referências:                              | Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21) |
| Notas:                                    | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.                                   |
| Definições (disponível apenas em inglês): | % Adolescents insufficiently active (age standardised estimate)                                                                                                                                                              |