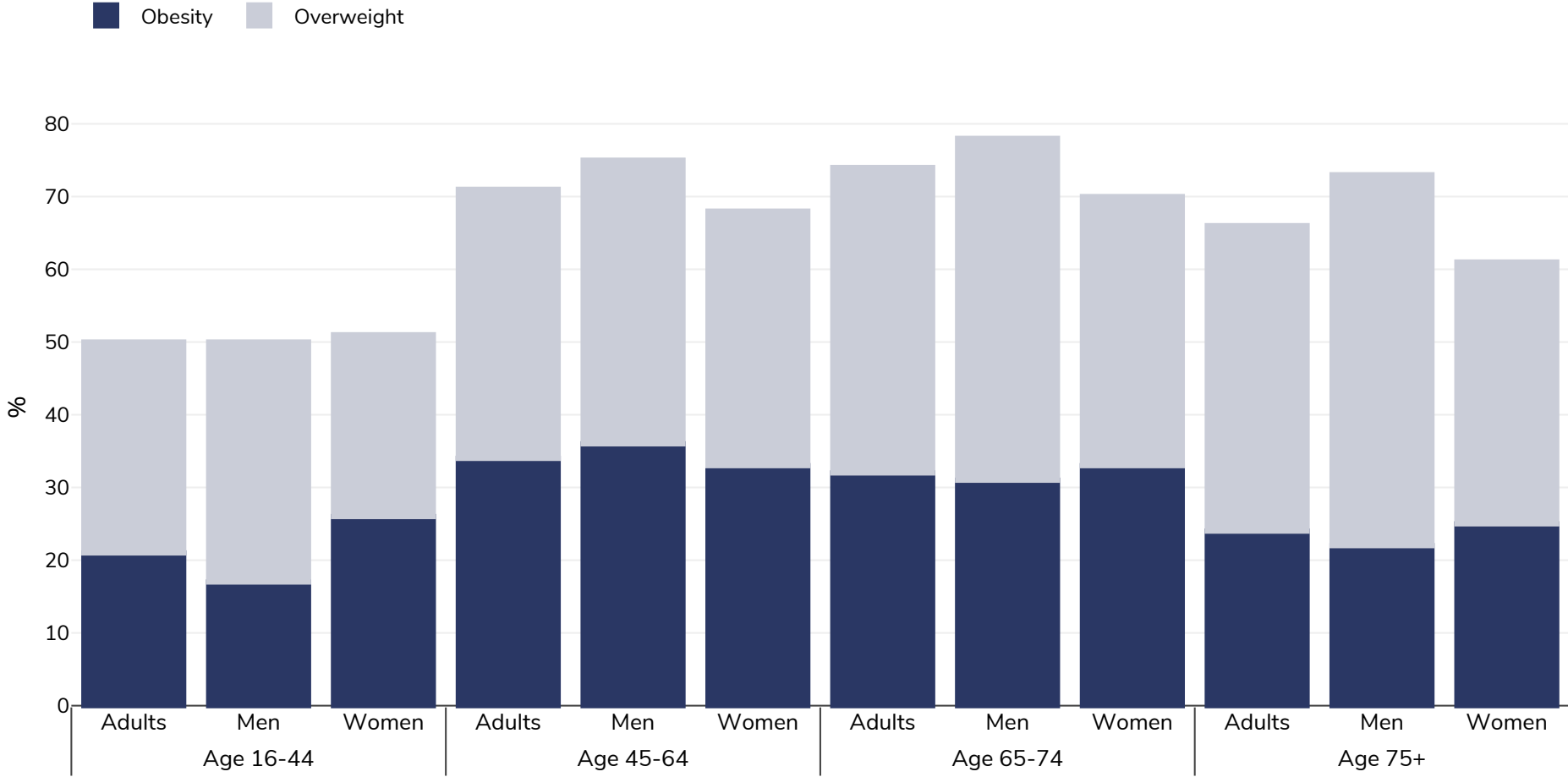


# Scotland: Overweight/obesity by age

Adults, 2020



Survey type:	Self-reported
Sample size:	1920
Area covered:	National

References: Scottish Health Survey – telephone survey – August/September 2020: main report. Available at: <https://www.gov.scot/publications/scottish-health-survey-telephone-survey-august-september-2020-main-report/>. Last accessed: 11.05.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.