

China: Overweight/obesity by region

Adultos, 2015-2017

Obesidade Excesso de peso

60

50

40

30

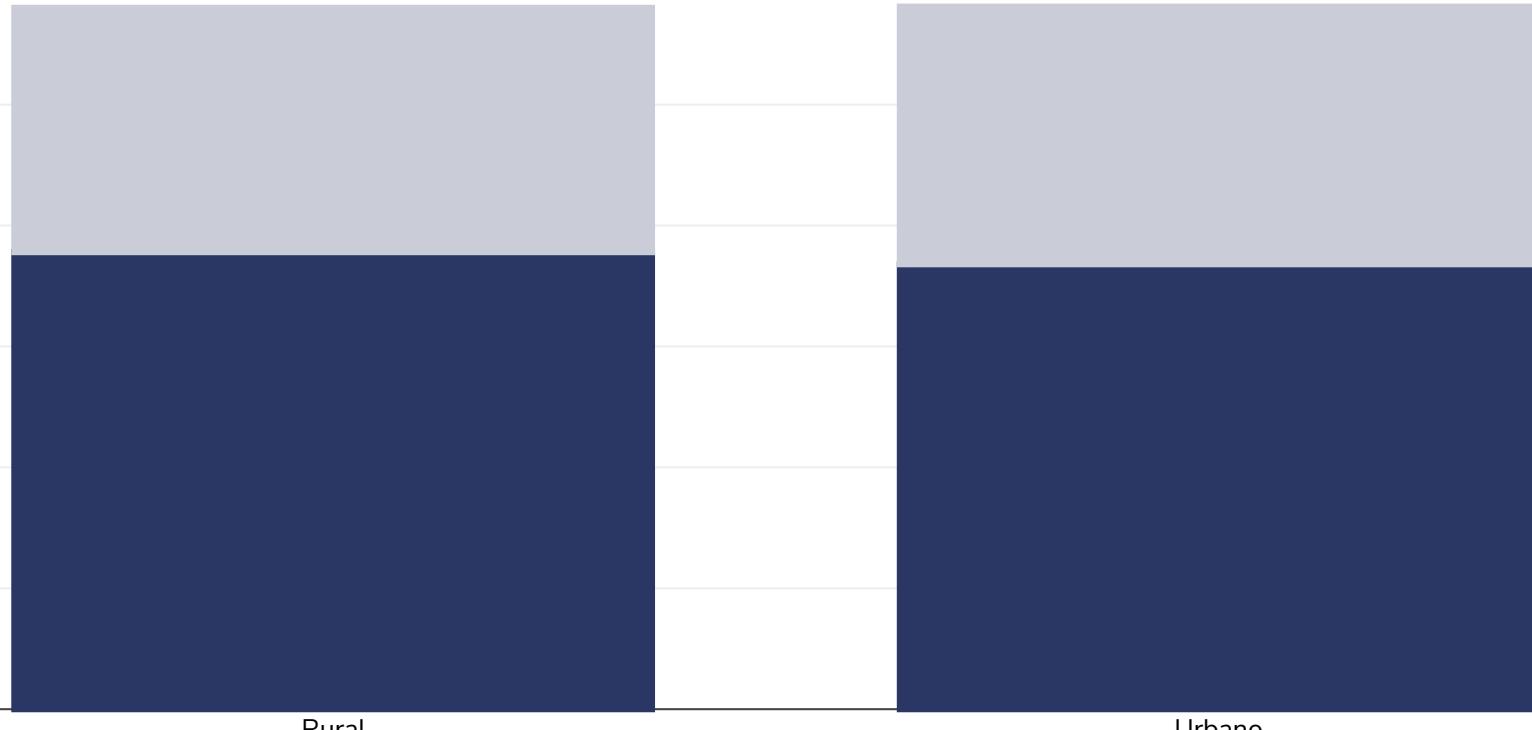
20

10

0

Rural

Urbano



Tipo de inquérito:

Medido

Idade:

20+

Tamanho da amostra:

72824

Área abrangida:

Nacional

Referências:

Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021. Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-sectional surveys. *The Lancet Regional Health-Western Pacific*, 15, p.100227.

Definições (disponível apenas em inglês):

According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m² to less than 25 kg/m², and general obesity was defined as a BMI of 25 kg/m² or greater for both men and women.

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².