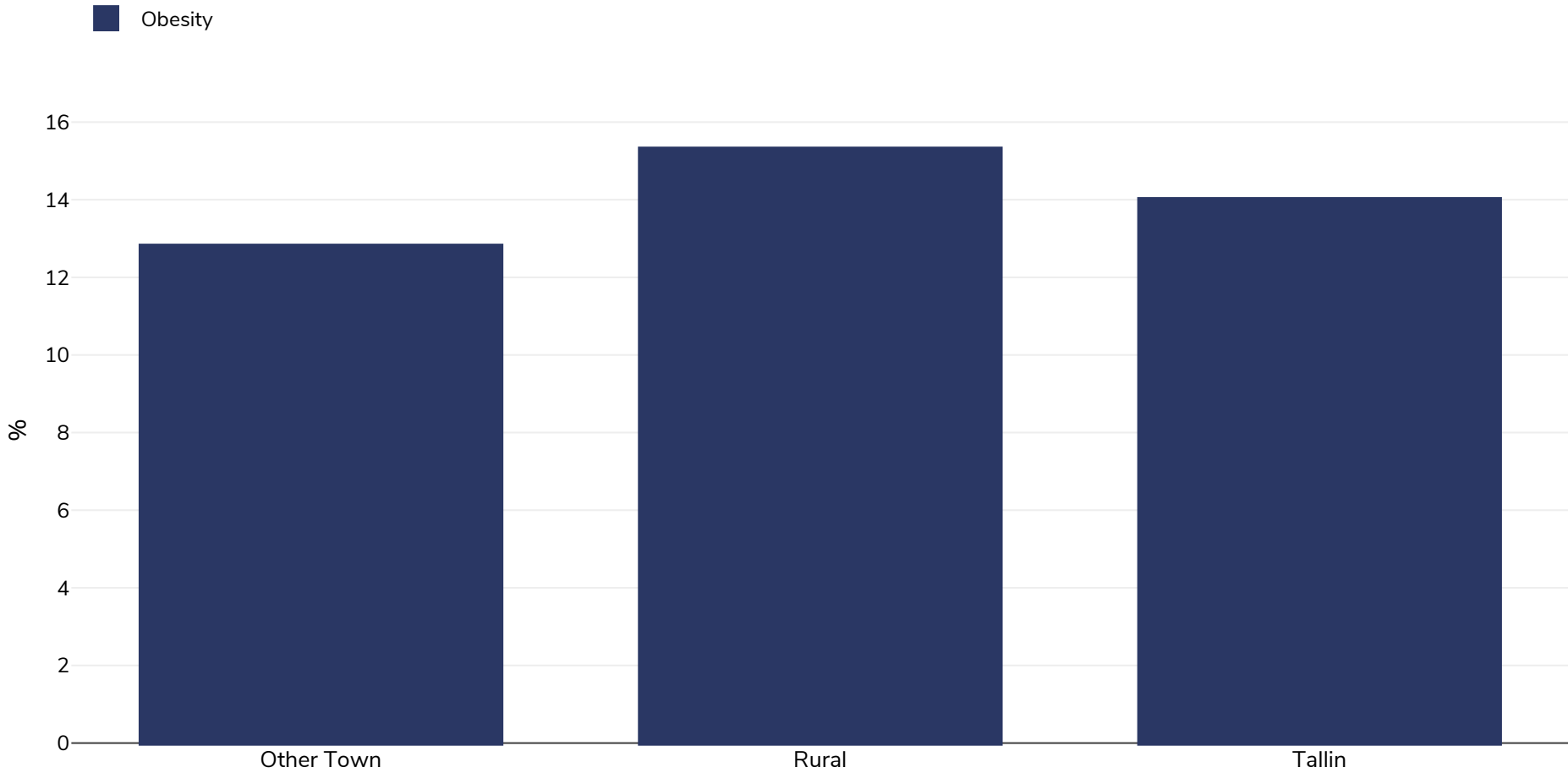


# Estonia: Overweight/obesity by region

Men, 2004



<b>Survey type:</b>	Self-reported
<b>Age:</b>	16-64
<b>Sample size:</b>	3074
<b>Area covered:</b>	National
<b>References:</b>	Tekkel M, Veideman T, Rahu M. Changes over fourteen years in adult obesity in Estonia: socioeconomic status and use of outpatient health services. Cent Eur J Public Health 2010; 18 (4): 186-191

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.