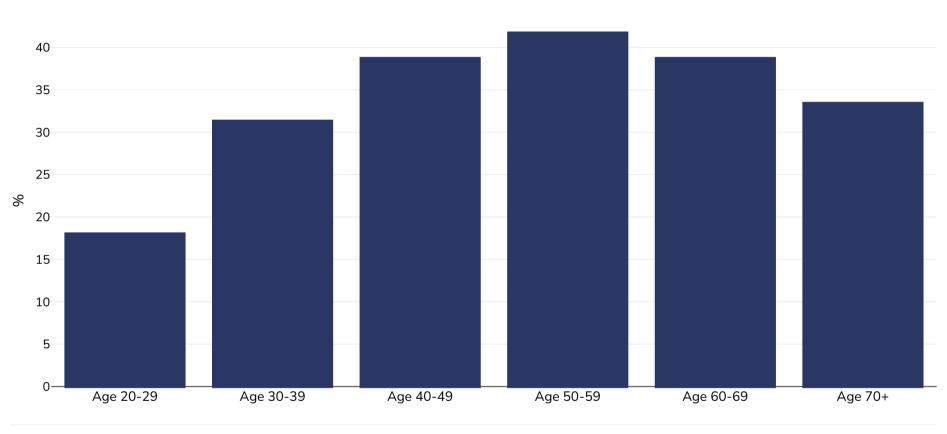
China: Overweight/obesity by age

Adults, 2007-2008

Overweight or obesity





Survey type:

Sample size:

45956

Area covered:

National

References:Li, Y., Teng, D., Shi, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021.
Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-

sectional surveys. The Lancet Regional Health-Western Pacific, 15, p.100227.

Definitions:According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m2 to less than 25 kg/m2, and general obesity was defined as a BMI of 25 kg/m2 or greater for both men and women.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².