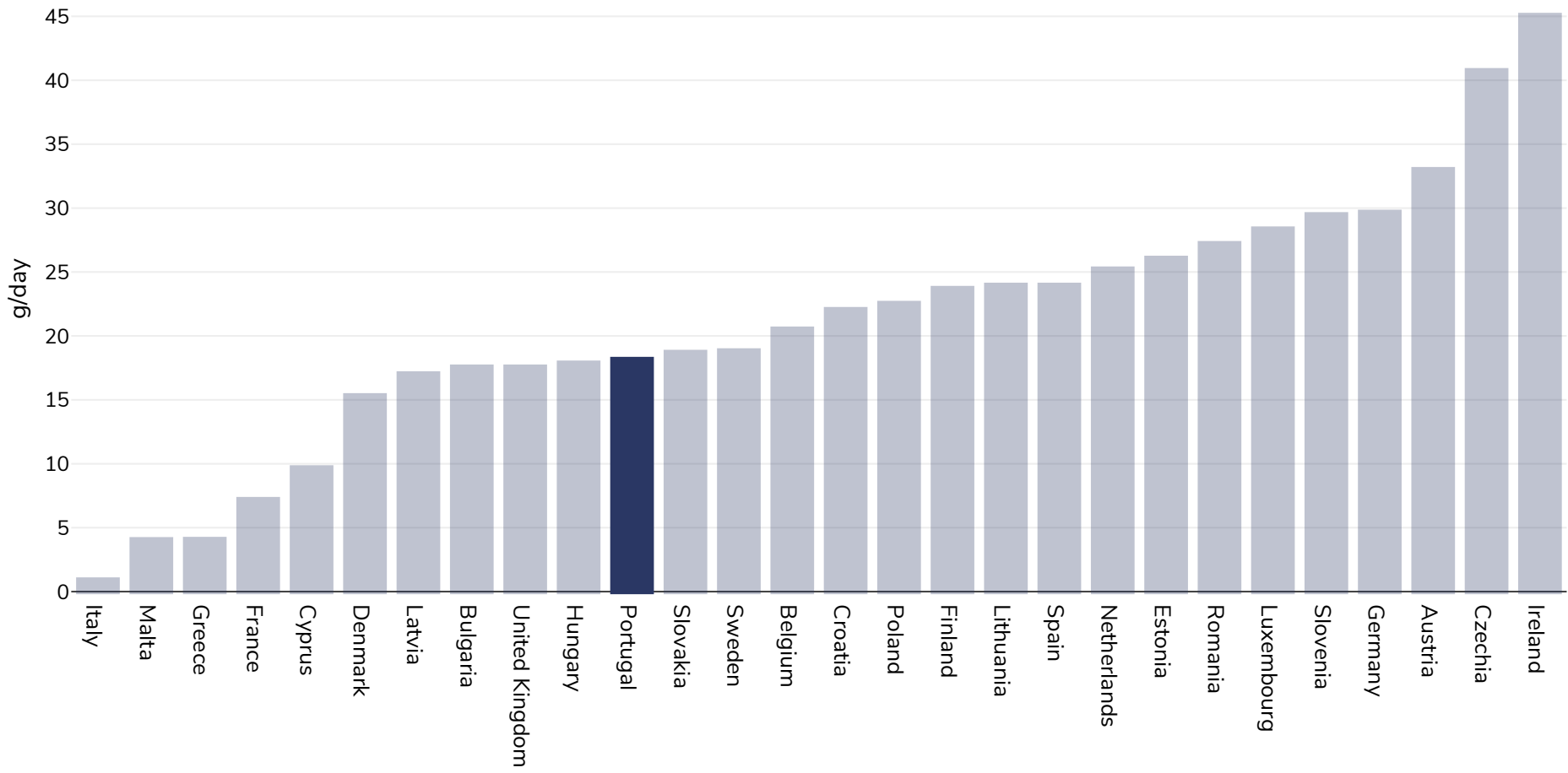


# Portugal: Estimated per capita whole grains intake

Adults, 2017



**Survey type:** Measured

**Age:** 25+

**References:** Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Definitions:** Estimated per-capita whole grains intake (g/day)