

Peru: Overweight/obesity by age

Adults, 2012-2013

Obesity

25

20

15

10

5

0

Age 20-29

Age 30-39

Age 40-49

Age 50-59

Age 60+

%

Survey type:

Measured

Sample size:

20535

Area covered:

National

References:

Pajuelo, Jaime & Torres, Harold & Rebatta, Fernando & Zamora, Rosa. (2019). Obesidad no morbida y morbida del adulto en el Perú, 1975 - 2013. Anales de la Facultad de Medicina. 80. 317-21. 10.15381/anales.803.16851.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².