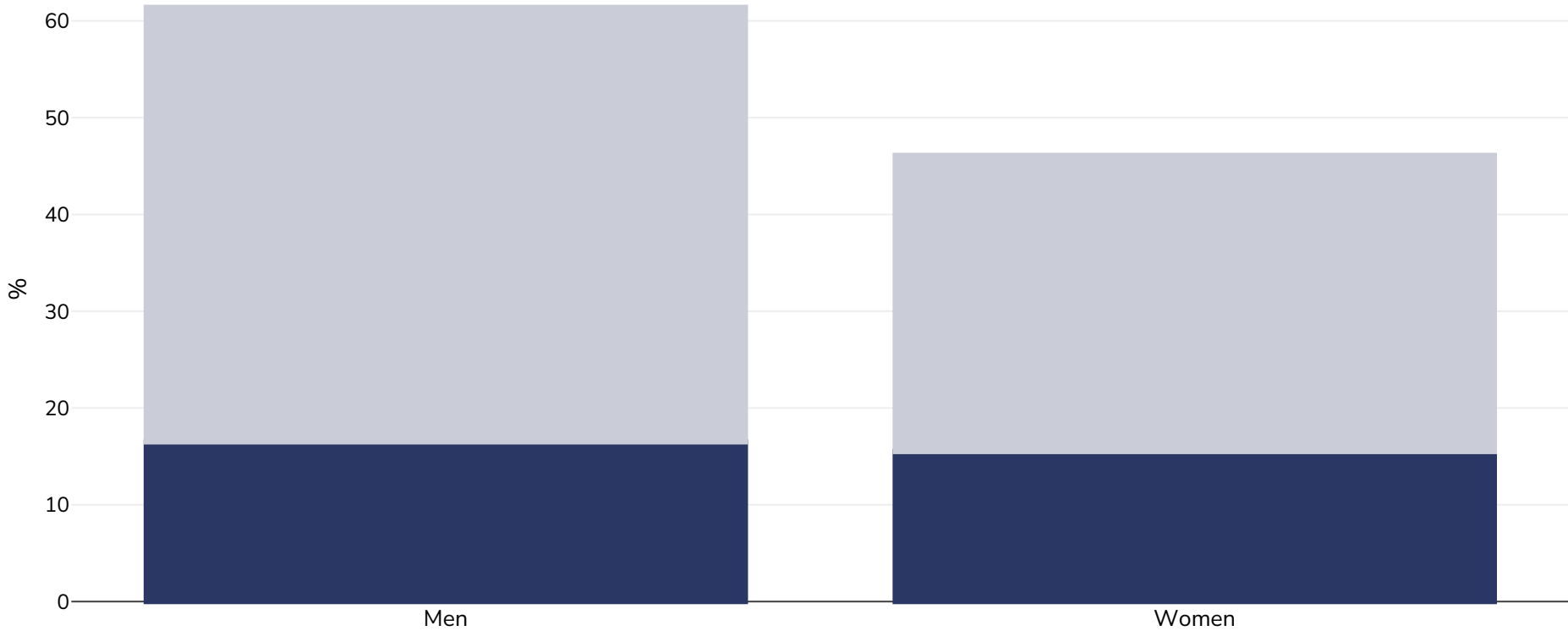


# Spain: Obesity prevalence

Adults, 2019-2020

■ Obesity ■ Overweight



Survey type: Self-reported

Age: 15+

Sample size: 22,072

Area covered: National

References: Encuesta Europea de Salud en España (ESEE) 2020. Available at: [https://www.mscbs.gob.es/estadEstudios/estadisticas/EncuestaEuropea/EncuestaEuropea2020/ESEE2020\\_inf\\_evoL\\_princip\\_result.pdf](https://www.mscbs.gob.es/estadEstudios/estadisticas/EncuestaEuropea/EncuestaEuropea2020/ESEE2020_inf_evoL_princip_result.pdf). Last accessed: 27.05.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.