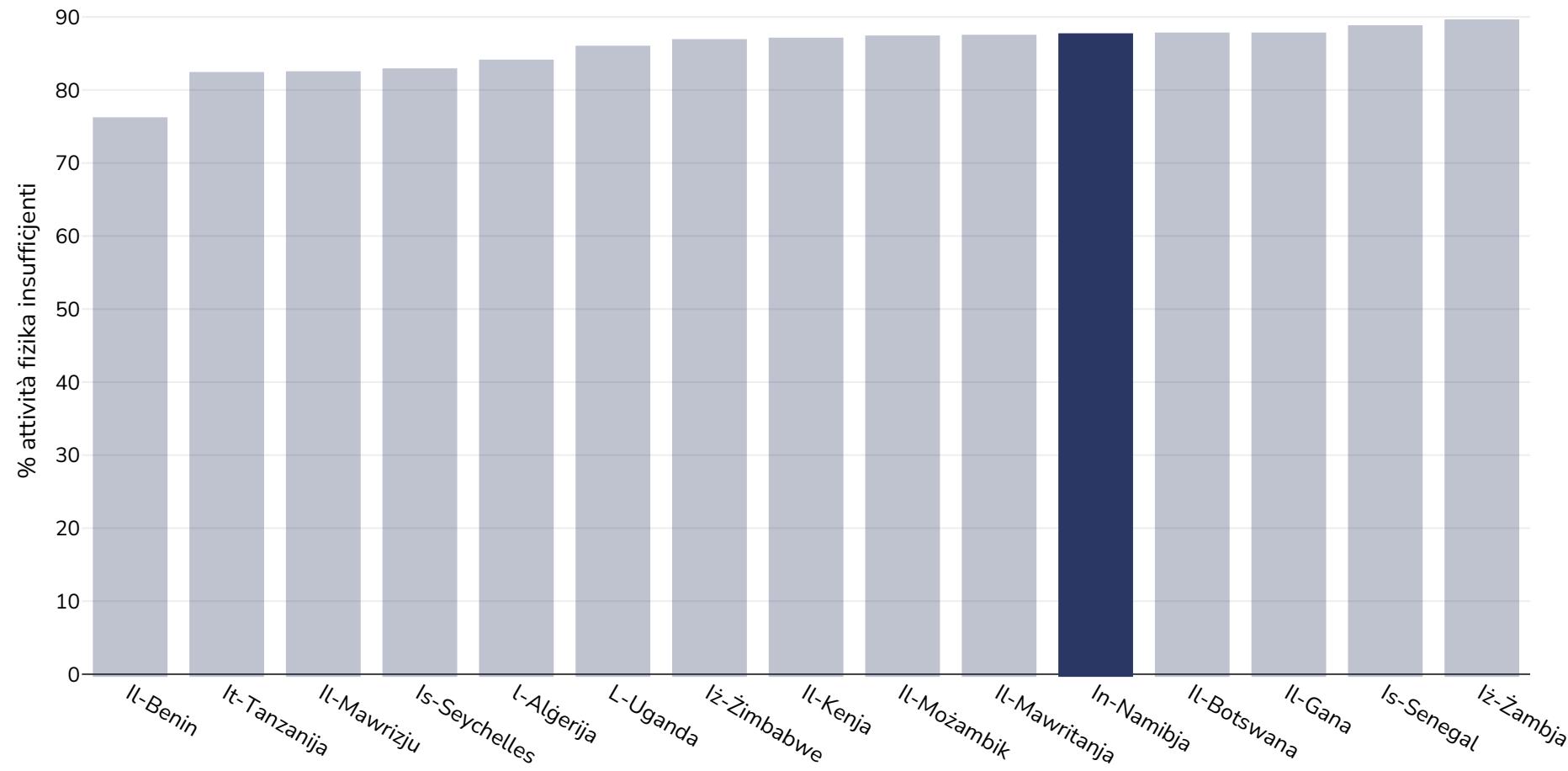


In-Namibia: Insufficient physical activity

Tfal, 2016



Tip ta' sħarrig:

Irrappurtat mill-persuna nnifisha

Età:

11-17

Referenzi:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en>
(last accessed 16.03.21)

Noti:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definizzjonijiet (disponibbli bl-Ingliz biss):

% Adolescents insufficiently active (age standardised estimate)