

# South Korea: Obesity prevalence



Adults, 2017



<b>Survey type:</b>	Measured
<b>Age:</b>	19+
<b>Sample size:</b>	6126
<b>Area covered:</b>	National
<b>References:</b>	Lee J, Sa J. Regional disparities in healthy eating and nutritional status in South Korea: Korea National Health and Nutrition Examination Survey 2017. Nutr Res Pract. 2020 Dec;14(6):679-690. doi: 10.4162/nrp.2020.14.6.679. Epub 2020 Oct 7. PMID: 33282128; PMCID: PMC7683206.
<b>Definitions:</b>	World Health Organization criteria for Asians are used: 1) underweight (BMI < 18.5), 2) normal weight (18.5 ≤ BMI < 23.0), 3) overweight (23.0 ≤ BMI < 25.0), and 4) obese (BMI ≥ 25.0) [17].
<b>Cutoffs:</b>	WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.