

# Kuwait: Obesity prevalence

Adults, 1998-2000

■ Obesity   ■ Overweight



**Survey type:** Measured

**Age:** 19+

**Sample size:** 9755

**Area covered:** National

**References:** Jackson RT, Al-Mousa Z, Al-Raqua M, Prakash P and Muhanna. (2001). Prevalence of coronary risk factors in healthy adult Kuwaitis. International Journal of Food Sciences and Nutrition, 52:301 - 311

**Notes:** Not a true representative of the population. Sample were those whose attended the Kuwait Medical Council (KMC) or Public Authority for Social Security (PASS) for a medical check up.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.