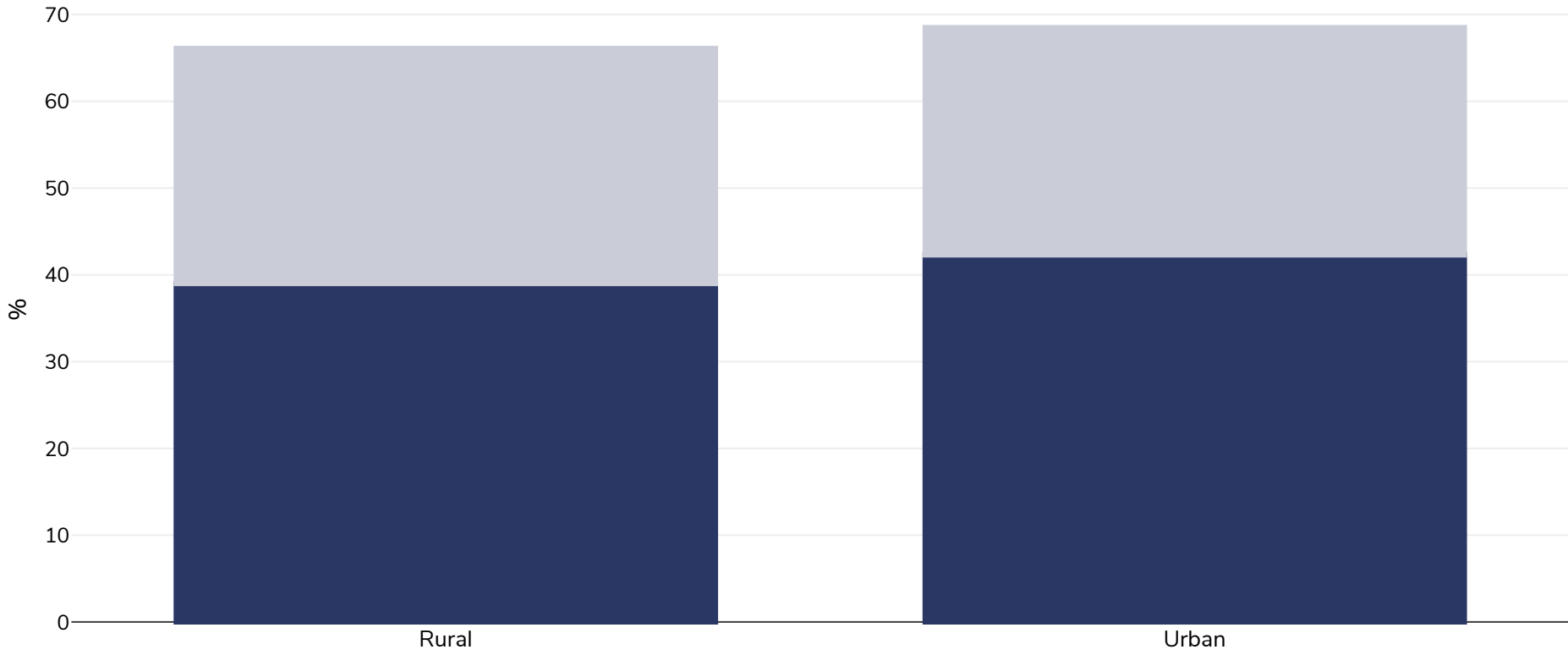


South Africa: Overweight/obesity by region



Women, 2016

■ Obesity ■ Overweight



Survey type:	Measured
Age:	15+
Sample size:	3105 Men 4662 Women
Area covered:	National
References:	National Department of Health - NDoH, Statistics South Africa - Stats SA, South African Medical Research Council - SAMRC, and ICF. 2019. South Africa Demographic and Health Survey 2016. Pretoria, South Africa, and Rockville, Maryland, USA: NDoH, Stats SA, SAMRC, and ICF.
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .