

Iran: Overweight/obesity by region

Women, 2004-2005

■ Obesity ■ Overweight



Survey type: Measured

Age: 15-65

Sample size: 89404

Area covered: National

References: Janghorbani, M., Amini, M., Willett, W. C., Gouya, M. M., Delavari, A., Alikhani, S. and Mahdavi, A. (2007), First Nationwide Survey of Prevalence of Overweight, Underweight, and Abdominal Obesity in Iranian Adults. *Obesity*, 15: 2797–2808. doi: 10.1038/oby.2007.332

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².