

# Coreia do Sul: Prevalência de obesidade

Adultos, 2021

Excesso de peso ou obesidade

50

40

30

20

10

0

Adultos

Homens

Mulheres

%



Tipo de inquérito:

Medido

Idade:

20+

Tamanho da amostra:

16,941,423

Área abrangida:

Nacional

Referências:

Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021. Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Notas:

Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. The prevalence of obesity was standardised by age and sex based on the 2010 population and housing census.

Definições (disponível apenas em inglês):

WHO Asian cutoffs shown for BMI greater than or equal to 25kg/m<sup>2</sup> to allow comparison with non-Asian cutoffs. Data for overweight and obesity separately using WHO Asian cutoffs is not available in the paper.

Cutoffs:

WHO Asia

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.