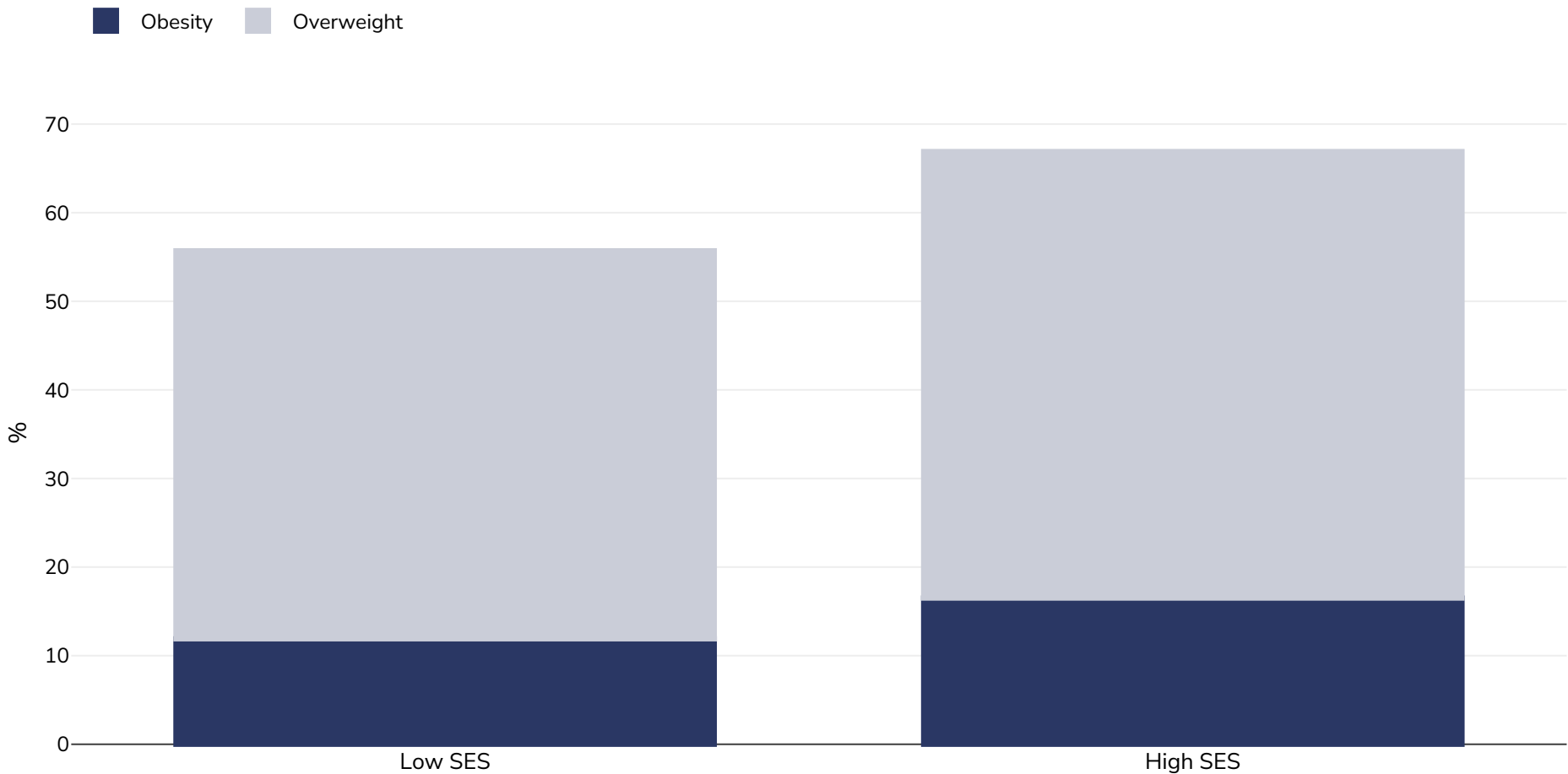


Poland: Overweight/obesity by socio-economic group



Men, 2025



Survey type:	Self-reported
Age:	20+
Sample size:	3000
Area covered:	National
References:	Poznańska, A., Rabczenko, D. and Wojtyniak, B. 2025. 13. ROZPOWSZECHNIENIE BEHAVIORALNYCH CZYNNIKÓW RYZYKA ZDROWOTNEGO (Prevalence of Behavioural Risk Factors). In B. Wotyniaka and A. Smagi (eds.), SYTUACJA ZDROWOTNA LUDNOŚCI POLSKI I JEJ UWARUNKOWANIA 2025 (Health Status of Polish Population and its Determinants 2025). Available at: https://www.pzh.gov.pl/raport-sytuacja-zdrowotna-ludnosci-polski-i-jej-uwarunkowania-2025/ (Accessed 04.06.25)
Notes:	Age-standardised
Definitions:	In this study, low socioeconomic status is represented by 'a constant or frequent lack of money for food, clothing, or housing costs in the past year'. High socioeconomic status is defined as those who did not fall in this category.
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	