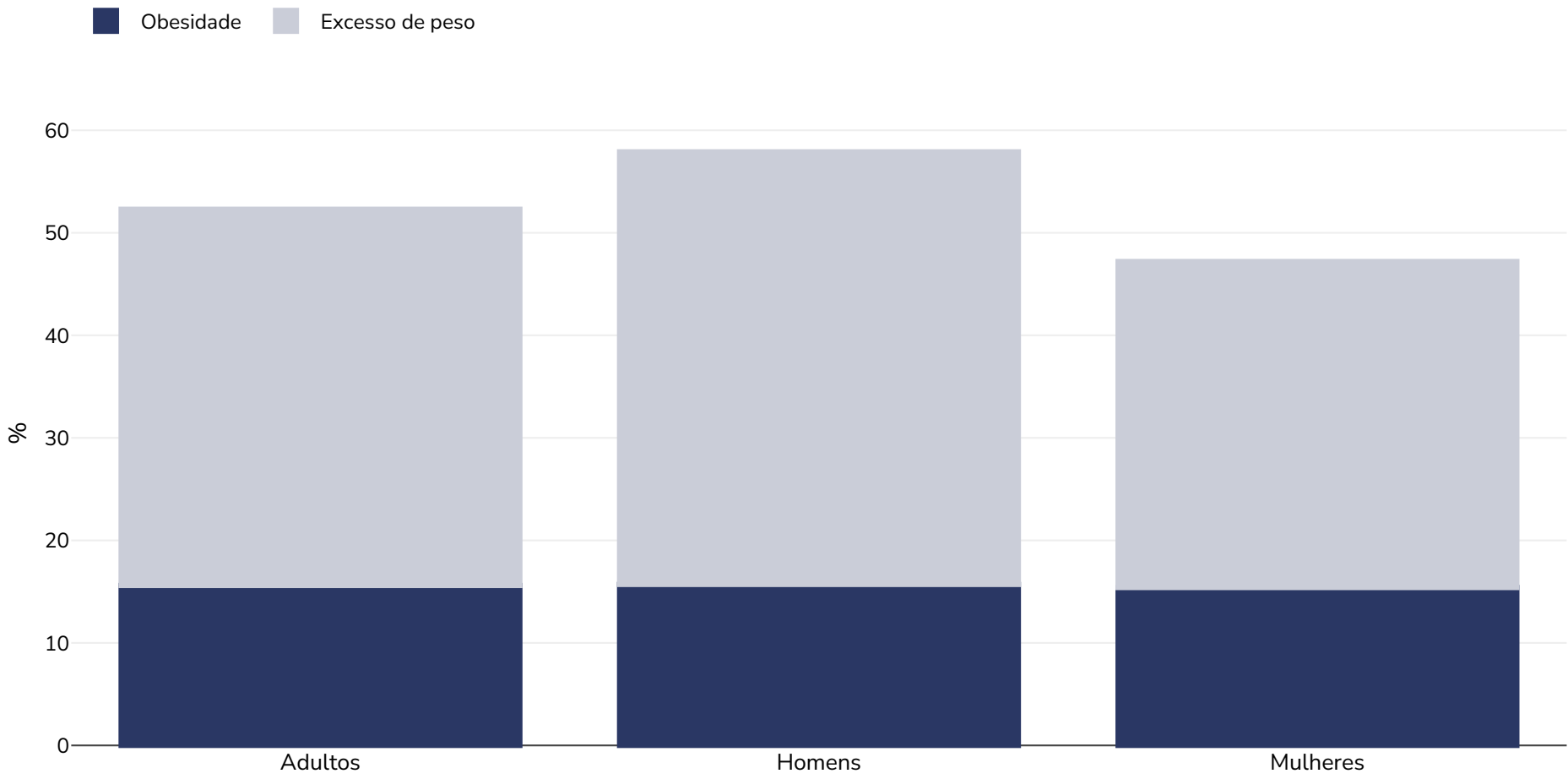


Portugal: Prevalência de obesidade



Adultos, 2022



Tipo de inquérito:	Autorreportado
Idade:	16+
Área abrangida:	Nacional
Referências:	Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 19.03.25)
Notas:	EUROSTAT 2022 data derived from EU statistics on income and living conditions (EU-SILC) survey which includes adults aged 16+ years. This differs from most EUROSTAT data which is derived from the Health Interview Surveys, which includes adults aged 15+ years (though sometimes only data from adults aged 18+ reported)
Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².	