New Zealand: Obesity prevalence

Adults, 2018-2019

Survey type: Measured
Age: 15+
Sample size: 12,580
Area covered: National


Notes: Overweight/Obesity/ Severe Obesity based on standard adult cut off except for 15-17 year olds where IOTF International Cut offs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².