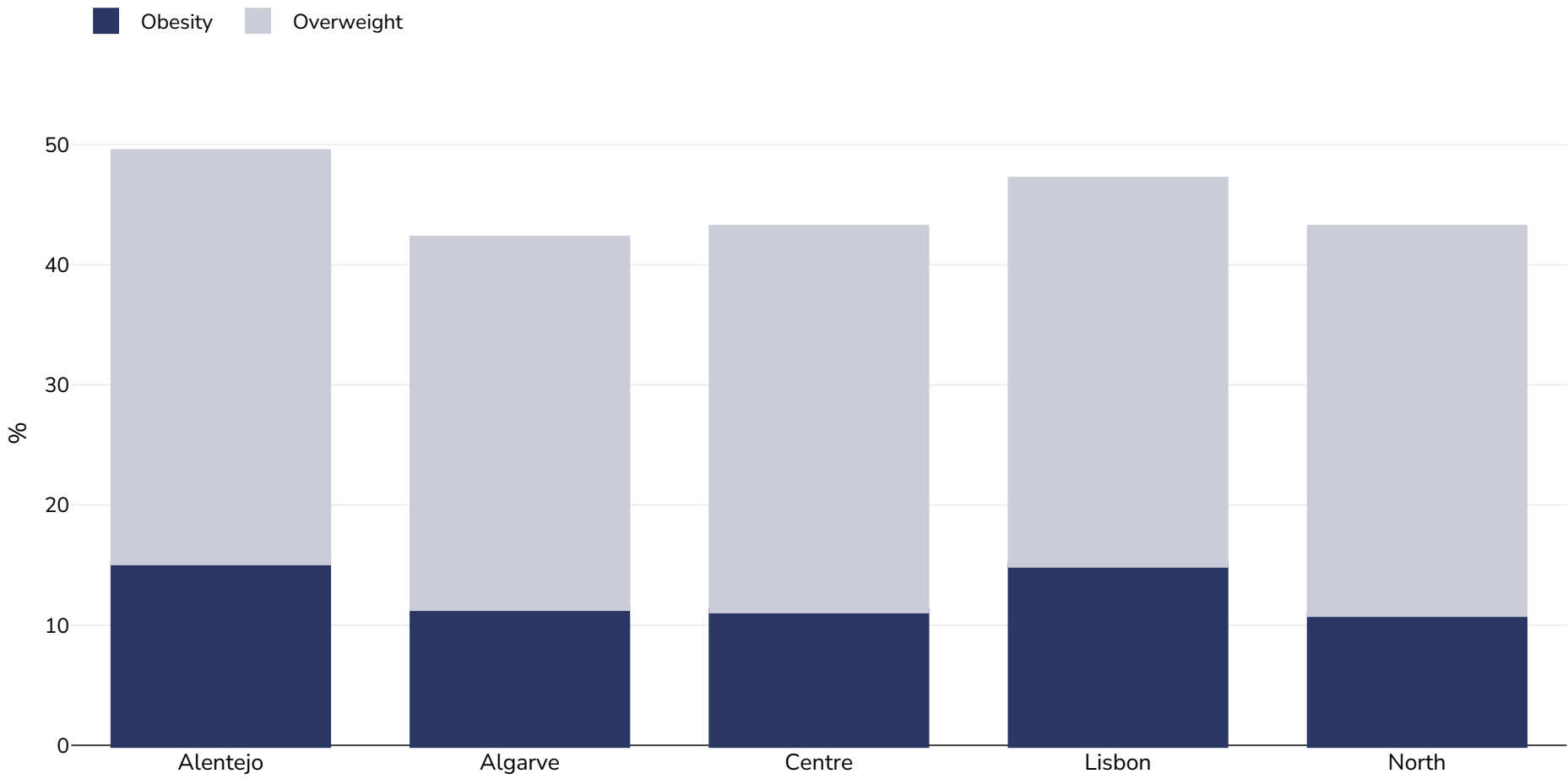


# Portugal: Overweight/obesity by region



Women, 1995-1996



Survey type:	Self-reported
Age:	20+
Sample size:	38238
Area covered:	National
References:	Marques-Vidal P and Dias CM. Trends in Overweight and Obesity in Portugal: The National Health Surveys 1995-6 and 1998-9. Obes Res. 2005; 13: 1141-1145
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	