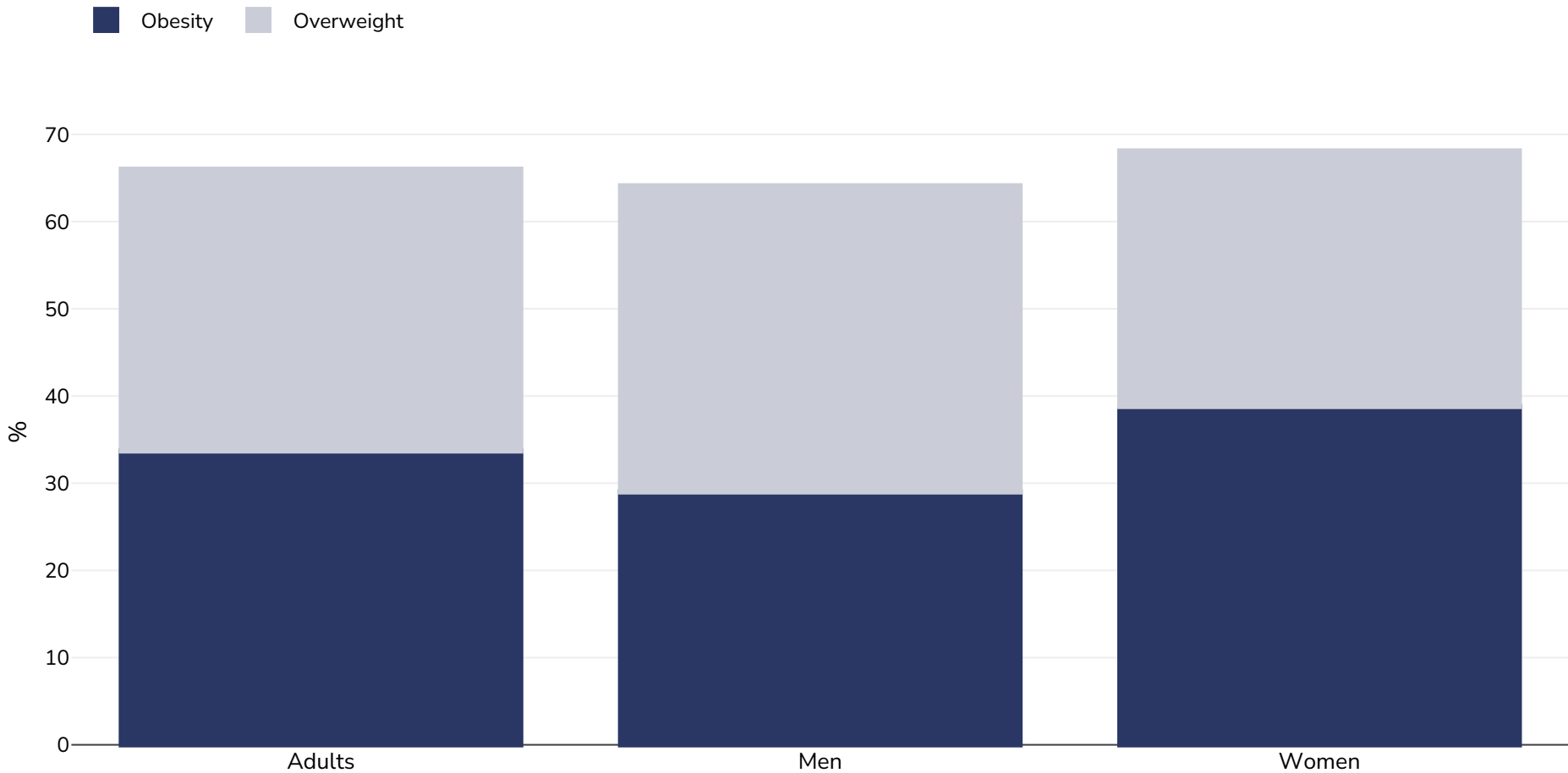


Malaysia: Obesity prevalence

Adults, 2019



Survey type:	Measured
Age:	18+
Sample size:	9811
Area covered:	National
References:	Institute for Public Health (IPH), National Institutes of Health, Ministry of Health Malaysia. 2020. National Health and Morbidity Survey (NHMS) 2019: Vol. I: NCDs – Non-Communicable Diseases: Risk Factors and other Health Problems
Definitions:	Malaysian Clinical Practice Guidelines of Obesity (2004) BMI Classification: underweight (<18.5 kg/m ²), normal (18.5 - 22.9 kg/m ²), overweight (23.0 - 27.4 kg/m ²), obesity class I (27.5 - 34.9 kg/m ²), obesity class II (35.0 - 39.9 kg/m ²) and obesity class III (≥ 40 kg/m ²).
Cutoffs:	Malaysian Clinical Practice Guidelines of Obesity (2004)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².