Nigeria: Obesity prevalence

Overweight

Adults, 2011-2012

References:

Obesity





Notes:

Abia Region Years of survey not displayed in Chukwuonye II et al (2015), information found in Okpechi IG, Chukwuonye II, Tiffin N,
Madukwe OO, Onyeonoro UU, Umeizudike TI, et al. (2013) Blood Pressure Gradients and Cardiovascular Risk Factors in Urban and Rural
Populations in Abia State South Eastern Nigeria Using the WHO STEPwise Approach. PLoS ONE 8(9): e73403.

https://doi.org/10.1371/journal.pone.0073403

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Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Chukwuonye II, Chuku A, Onyeonoro U, Ukegbu A, Anyabolu E, et al. (2015) Body Mass Index, Prevalence and Predictors of Obesity in Urban and Rural Communities in Abia State South Eastern Nigeria. J Diabetes Metab 6: 570. doi:10.4172/2155-6156.1000570