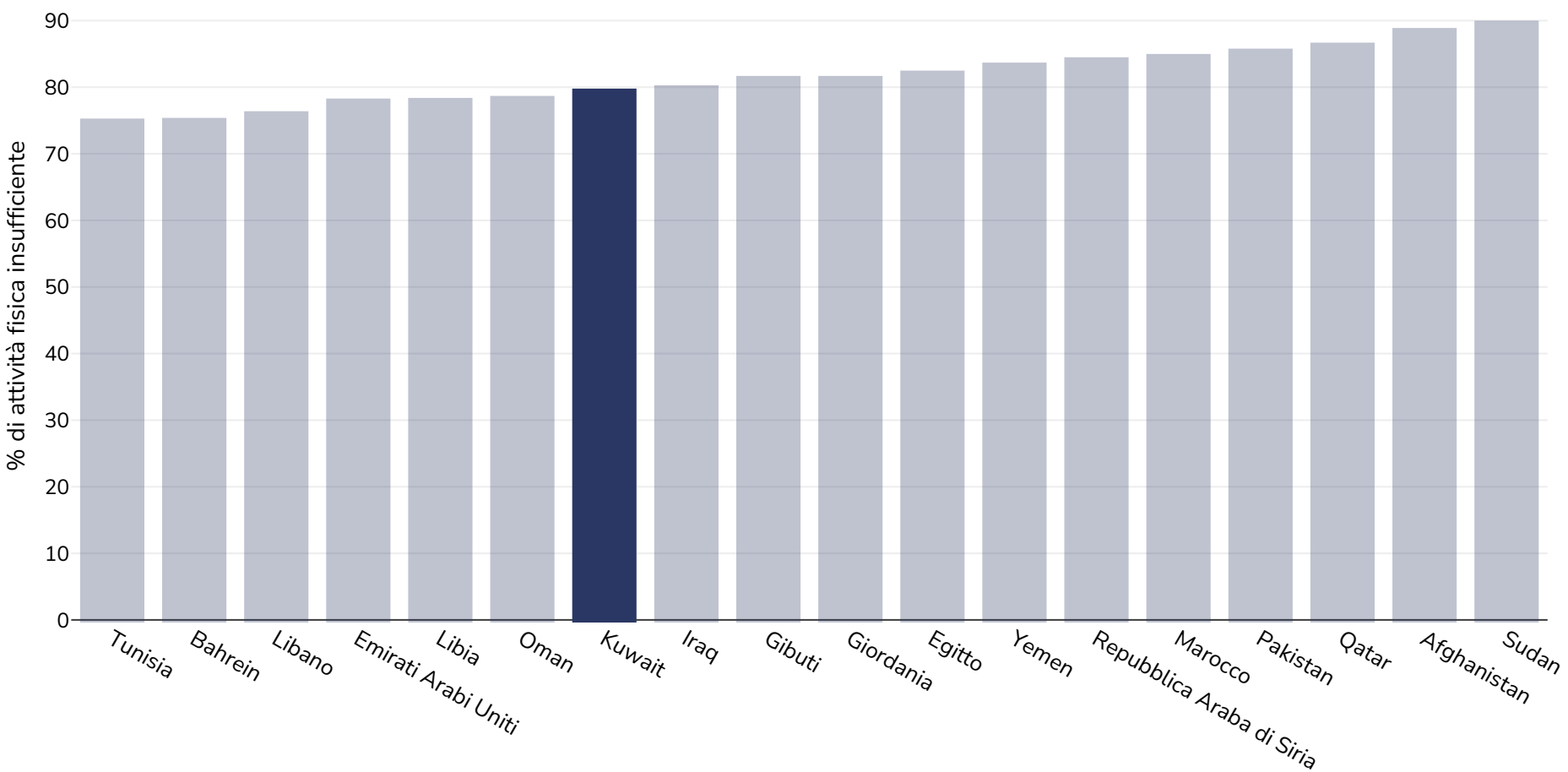


# Kuwait: Insufficient physical activity



Ragazzi, 2016



|                                            |                                                                                                                                                                                                                              |
|--------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tipo di sondaggio:                         | Auto-riferito                                                                                                                                                                                                                |
| Età:                                       | 11-17                                                                                                                                                                                                                        |
| Riferimenti:                               | Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21) |
| Note (disponibile solo in inglese):        | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.                                   |
| Definizioni (disponibile solo in inglese): | % Adolescents insufficiently active (age standardised estimate)                                                                                                                                                              |